

# IAAF SCORING TABLES OF ATHLETICS

*TABLES DE COTATION D'ATHLETISME DE L'IAAF*



**2011 REVISED EDITION**

By Dr Bojidar Spiriev  
Updated by Attila Spiriev  
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## **PRESIDENT'S MESSAGE FOR IAAF SCORING TABLES**

## **MESSAGE DU PRÉSIDENT À PROPOS DES TABLES DE COTATION DE L'IAAF**

On behalf of the IAAF, I am very pleased to introduce the latest edition of the IAAF Scoring Tables which, as usual, has been updated to take account of changes in the performance of athletes. But sadly, I must also express the sadness felt by the world athletics' family at the death, in 2010, of Dr Bojidar Spiriev, who was both the architect and the "soul" of the Scoring Tables, not only devising them but ensuring that they remained relevant and useful. Dr Spiriev will be fondly remembered not only for his genius in inventing a way to fairly measure the performances of different athletes, from so many different disciplines, but most of all for his great love and passion for athletics. For him, statistics were not simply dry facts and figures but a way to communicate the emotions and drama of sport. Thankfully, Dr Spiriev passed on this love of athletics to his son Attila and I am very happy that he will continue to honour the memory of his father by ensuring that the IAAF Scoring Tables will continue to be a vital, practical reference work for all those who work in the sport, as they have been since 1982.

The great beauty of athletics is that it has always been "many sports inside one" – but of course, this raises many challenges as well. How do you measure and compare athletes of different disciplines? – but thanks to the IAAF Scoring Tables it is possible to sit and compare, for example, a woman's best high jump performance with a man's result in the marathon. And although it is natural that people will lean towards subjectivity when evaluating athletic results, thanks to Dr Spiriev, there is an objective measure, based on mathematical principles, to ensure that "fair play" applies just as it does in the stadium, or on the roads and cross country course.

### **Lamine Diack**

#### **IAAF President**

Au nom de l'IAAF, j'ai grand plaisir à présenter la dernière édition des Tables de cotation de l'IAAF, réactualisées comme toujours pour tenir compte de l'évolution des performances des athlètes. Mais hélas, je dois également exprimer toute la tristesse éprouvée par la famille mondiale de l'athlétisme à l'annonce de la disparition du Dr Bojidar Spiriev. Il était à la fois l'architecte et "l'âme" des Tables de cotation qu'il a non seulement conçues, mais qu'il s'est attelé également à rendre toujours fiables et précieuses. On se souviendra avec affection du Dr Spiriev, non seulement pour son génie d'avoir inventé un moyen d'évaluer équitablement les performances d'athlètes différents dans tant de disciplines différentes, mais surtout pour son amour et sa passion immenses pour l'athlétisme. Pour lui, les statistiques ne consistaient pas en de simples faits et chiffres bruts, mais en un moyen de communiquer les émotions et le versant spectaculaire du sport. Par bonheur, Dr Spiriev a transmis son amour de l'athlétisme à son fils Attila et je suis très heureux que ce dernier continue d'honorer la mémoire de son père en s'assurant que les Tables de cotation de l'IAAF demeurent un ouvrage de référence important et pratique pour tous ceux qui travaillent dans le sport, comme c'est le cas depuis 1982.

La grande richesse de l'athlétisme, c'est d'avoir toujours offert "plusieurs disciplines en une seule", mais bien entendu cela s'accompagne de nombreuses difficultés. Comment évaluer et comparer en effet des athlètes pratiquant des disciplines différentes ? Grâce aux Tables de cotation de l'IAAF, c'est possible. On peut ainsi mettre en parallèle la meilleure performance d'une femme au saut en hauteur et le résultat d'un homme au marathon. Et bien qu'il soit naturel que les gens tendent à une certaine subjectivité en analysant des résultats d'athlétisme, on dispose, grâce au Dr Spiriev, d'un instrument de mesure objectif basé sur des principes mathématiques, garant du "fair-play", exactement comme au stade ou sur les routes et les parcours de cross-country.

### **Lamine Diack**

#### **Président de l'IAAF**

## AUTHORS' INTRODUCTION

The Scoring Tables of Athletics are based on exact statistical data and according to the following principles:

The scores in the tables of different events cover equivalent performances. Therefore, the tables can be used to compare results achieved in different athletic events.

Due to obvious biological differences, it is not proposed to fully compare men's and women's performances. Thus, the system contains scoring tables for men's and women's events respectively.

The tables are progressive, which means that the same improvement of results at higher levels leads to a greater increase in the scores. For example, to improve from 8.30m to 8.60m in the Long Jump is obviously more difficult than to improve from 6.30m to 6.60m. The degree of progressivity in the running (walking, hurdling) events is different than in the jumping and in the throwing events due to biomechanical reasons.

The **IAAF Scoring Tables of Athletics** can be used for multiple purposes, including:

- **To determine the Result Score of a performance for the World Rankings;**
- **To evaluate the competitions;**
- **To establish the best athlete award in a specific competition;**
- **To produce national, club, school and other rankings;**
- **To use it in championships of clubs, etc.**

To make comparisons easier, events are edited as follows:

- **Sprints, Hurdles and Relays**
- **Middle Distances**
- **Long Distances and Steeplechase**
- **Road Running**
- **Race Walking**
- **Jumping and Throwing events and Decathlon/Heptathlon**

Should a performance fall between two results on the tables the lower score shall be considered.

In view of tradition and in effort to keep things simple, the Scoring Tables include only whole number scores for expressing performances.

Hand times:

- **Sprints and Hurdles up to 200m:      add 0,24 sec**
- **300m, 400m and 400m Hurdles:      add 0,14 sec**

The tables are being continuously reviewed. When noted, discrepancies shall be removed and, if necessary, new events shall be added so that the Scoring Tables are always accurate and up to date.

*Dr. Bojidar Spiriev  
(1932-2010)*

My father passed away in early 2010 and I had the duty of continuing his work. As I had worked with him some three decades I can say I have been pretty much involved with the permanent updating of his Scoring Tables, as well.

Yet, I must admit it was one of the most difficult tasks in my life to make this current revised edition, especially emotionally...

The 2011 edition of the IAAF Scoring Tables of Athletics contains 91 athletic events (46 for men and 45 for women).

We had analyzed the 2008 and 2009 statistical data together with my father and I made the 2010 analysis.

As certain results and scores became disproportionate, corrections of different volumes had to be made with creating new formulas in the following events:

- **Men's 100m, 200m, 300m, 400m, 2000mSC, 3000mSC, 15km, 10Miles, 20km, Half Marathon, 25km, 30km, Marathon, High Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw and Javelin Throw**
- **Women's 100m, 200m, 300m, 400m, 5000m, 15km, 10Miles, 20km, Half Marathon, 25km, 30km, Marathon, High Jump, Pole Vault, Shot Put, Discus Throw, Hammer Throw and Javelin Throw**

Finally I would like to thank András Szabó, Project Manager of All-Athletics.com, for his assistance in preparing this revised edition of Dr. Bojidar Spiriev's IAAF Scoring Tables of Athletics.

*Attila Spiriev*

## INTRODUCTION DES AUTEURS

Les Tables de Cotation d'Athlétisme sont basées sur des données statistiques exactes, établies selon les principes suivants :

Les points attribués aux différentes épreuves dans les tables couvrent des performances équivalentes. Ces tables peuvent donc être utilisées pour comparer les résultats obtenus dans différentes épreuves d'athlétisme.

En raison de différences biologiques évidentes, il n'est pas possible de comparer totalement les performances des hommes et celles des femmes. Le système comprend donc des tables de cotation séparées pour les épreuves masculines et féminines.

Les tables sont progressives, ce qui signifie qu'une amélioration des résultats au plus haut niveau conduit à une augmentation plus importante des points. A titre d'exemple, progresser de 8,30m à 8,60m au saut en longueur masculin est évidemment plus difficile à réaliser que passer de 6,30m à 6,60m. Le degré de progressivité dans les courses diffère de celui observé dans les sauts et les lancers pour des raisons biomécaniques.

Les **Tables de Cotation d'Athlétisme de l'IAAF** peuvent être utilisées à des fins multiples :

- **Déterminer la valeur en points d'une performance pour les Classements Mondiaux ;**
- **Evaluer les compétitions ;**
- **Récompenser le meilleur athlète dans une compétition donnée ;**
- **Etablir des classements nationaux, d'écoles ou de clubs, et bien d'autres ;**
- **Une application aux championnats de clubs, etc.**

Pour faciliter les comparaisons, les épreuves sont groupées comme suit :

- **Sprints, Haies et Relais**
- **Courses de Demi-Fond**
- **Courses de Longue Distance et de Steeple**
- **Courses sur Route**
- **Epreuves de Marche**
- **Epreuves de saut, lancer et Décathlon / Heptathlon**

Si une performance se situe entre deux valeurs affichées dans les tables, la valeur inférieure devra être prise en compte.

Dans le respect de la tradition et dans un souci de simplification, les tables de cotation expriment les performances uniquement en nombres entiers.

Temps manuels :

- **Sprints et Haies jusqu'à 200m :**      **ajouter 0"24**
- **300m, 400m et 400m Haies :**      **ajouter 0"14**

Les tables sont constamment réexaminées. Si des écarts sont observés, ils seront gommés et, si nécessaire, de nouvelles épreuves seront ajoutées afin que les tables de cotation demeurent précises et d'actualité.

**Dr Bojidar Spiriev**  
(1932-2010)

Mon père est décédé début 2010 et il était de mon devoir de continuer son œuvre. J'ai travaillé avec lui pendant quelque trois décennies et je peux donc dire que je me suis plutôt beaucoup investi dans la mise à jour permanente des tables de cotation.

Je dois cependant reconnaître que la mise à jour de la présente édition révisée a constitué l'une des tâches les plus difficiles de ma vie, particulièrement du point de vue émotionnel...

L'édition 2011 des tables de cotation d'athlétisme de l'IAAF comprend 91 épreuves (46 chez les hommes et 45 chez les femmes).

Nous avons analysé ensemble avec mon père les données statistiques de 2008 et de 2009 et j'ai effectué l'analyse de 2010.

Certaines performances et certaines valeurs en points étant devenues disproportionnées, il a fallu apporter des corrections à différents volumes en élaborant de nouvelles formules pour les épreuves suivantes :

- **Hommes - 100m, 200m, 300m, 400m, 2000m steeple, 3000m steeple, 15km, 10 miles, 20km, semi-marathon, 25km, 30km, marathon, hauteur, perche, poids, disque, marteau et javelot**
- **Femmes - 100m, 200m, 300m, 400m, 5000m, 15km, 10 miles, 20km, semi-marathon, 25km, 30km, marathon, hauteur, perche, poids, disque, marteau et javelot**

Pour terminer, je voudrais remercier András Szabó, directeur de projet de All-Athletics.com, qui m'a aidé à préparer cette édition révisée des Tables de Cotation d'Athlétisme de l'IAAF du Dr Bojidar Spiriev.

**Attila Spiriev**



# **Men's Sprints, Hurdles and Relays**

## **Hommes Sprints, Haies et Relais**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
1400	9.46	-	-	29.47	41.75	44.57	35.87	1:15.42	2:47.04
1399	-	12.26	18.90	29.48	41.76	44.58	35.88	1:15.44	2:47.10
1398	-	-	18.91	29.49	41.78	44.60	35.89	1:15.46	2:47.15
1397	-	12.27	-	29.50	41.79	44.62	35.90	1:15.49	2:47.21
1396	9.47	-	18.92	29.51	41.81	44.64	35.91	1:15.51	2:47.27
1395	-	12.28	-	29.52	41.82	44.66	35.93	1:15.54	2:47.33
1394	-	-	18.93	29.53	41.83	44.68	35.94	1:15.56	2:47.38
1393	-	12.29	18.94	29.54	41.85	44.70	35.95	1:15.59	2:47.44
1392	9.48	-	-	29.56	41.86	44.72	35.96	1:15.61	2:47.50
1391	-	12.30	18.95	29.57	41.88	44.73	35.98	1:15.64	2:47.56
1390	-	-	-	29.58	41.89	44.75	35.99	1:15.66	2:47.62
1389	9.49	12.31	18.96	29.59	41.90	44.77	36.00	1:15.69	2:47.67
1388	-	-	18.97	29.60	41.92	44.79	36.01	1:15.71	2:47.73
1387	-	12.32	-	29.61	41.93	44.81	36.02	1:15.73	2:47.79
1386	-	-	18.98	29.62	41.95	44.83	36.04	1:15.76	2:47.85
1385	9.50	12.33	-	29.63	41.96	44.85	36.05	1:15.78	2:47.90
1384	-	-	18.99	29.64	41.98	44.87	36.06	1:15.81	2:47.96
1383	-	12.34	19.00	29.65	41.99	44.88	36.07	1:15.83	2:48.02
1382	-	-	-	29.66	42.00	44.90	36.09	1:15.86	2:48.08
1381	9.51	12.35	19.01	29.67	42.02	44.92	36.10	1:15.88	2:48.14
1380	-	-	-	29.68	42.03	44.94	36.11	1:15.91	2:48.19
1379	-	12.36	19.02	29.69	42.05	44.96	36.12	1:15.93	2:48.25
1378	9.52	-	19.03	29.70	42.06	44.98	36.13	1:15.96	2:48.31
1377	-	12.37	-	29.71	42.07	45.00	36.15	1:15.98	2:48.37
1376	-	-	19.04	29.72	42.09	45.02	36.16	1:16.01	2:48.42
1375	-	12.38	-	29.73	42.10	45.04	36.17	1:16.03	2:48.48
1374	9.53	-	19.05	29.74	42.12	45.05	36.18	1:16.05	2:48.54
1373	-	12.39	-	29.75	42.13	45.07	36.20	1:16.08	2:48.60
1372	-	-	19.06	29.76	42.14	45.09	36.21	1:16.10	2:48.66
1371	-	12.40	19.07	29.77	42.16	45.11	36.22	1:16.13	2:48.72
1370	9.54	-	-	29.78	42.17	45.13	36.23	1:16.15	2:48.77
1369	-	12.41	19.08	29.79	42.19	45.15	36.25	1:16.18	2:48.83
1368	-	-	-	29.80	42.20	45.17	36.26	1:16.20	2:48.89
1367	9.55	12.42	19.09	29.81	42.22	45.19	36.27	1:16.23	2:48.95
1366	-	-	19.10	29.82	42.23	45.21	36.28	1:16.25	2:49.01
1365	-	12.43	-	29.83	42.24	45.22	36.29	1:16.28	2:49.06
1364	-	-	19.11	29.84	42.26	45.24	36.31	1:16.30	2:49.12
1363	9.56	12.44	-	29.85	42.27	45.26	36.32	1:16.33	2:49.18
1362	-	-	19.12	29.86	42.29	45.28	36.33	1:16.35	2:49.24
1361	-	12.45	19.13	29.87	42.30	45.30	36.34	1:16.38	2:49.30
1360	-	-	-	29.88	42.31	45.32	36.36	1:16.40	2:49.36
1359	9.57	12.46	19.14	29.89	42.33	45.34	36.37	1:16.43	2:49.41
1358	-	-	-	29.90	42.34	45.36	36.38	1:16.45	2:49.47
1357	-	12.47	19.15	29.91	42.36	45.38	36.39	1:16.48	2:49.53
1356	9.58	-	19.16	29.93	42.37	45.40	36.41	1:16.50	2:49.59
1355	-	12.48	-	29.94	42.39	45.41	36.42	1:16.53	2:49.65
1354	-	-	19.17	29.95	42.40	45.43	36.43	1:16.55	2:49.71
1353	-	12.49	19.18	29.96	42.41	45.45	36.44	1:16.58	2:49.76
1352	9.59	-	-	29.97	42.43	45.47	36.46	1:16.60	2:49.82
1351	-	12.50	19.19	29.98	42.44	45.49	36.47	1:16.63	2:49.88

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	-	-	29.99	42.46	45.51	36.48	1:16.65	2:49.94	1350
-	12.51	19.20	30.00	42.47	45.53	36.49	1:16.68	2:50.00	1349
9.60	-	19.21	30.01	42.49	45.55	36.51	1:16.70	2:50.06	1348
-	12.52	-	30.02	42.50	45.57	36.52	1:16.73	2:50.12	1347
-	-	19.22	30.03	42.51	45.59	36.53	1:16.75	2:50.17	1346
9.61	12.53	-	30.04	42.53	45.61	36.54	1:16.78	2:50.23	1345
-	-	19.23	30.05	42.54	45.62	36.56	1:16.80	2:50.29	1344
-	12.54	19.24	30.06	42.56	45.64	36.57	1:16.83	2:50.35	1343
-	-	-	30.07	42.57	45.66	36.58	1:16.85	2:50.41	1342
9.62	12.55	19.25	30.08	42.59	45.68	36.59	1:16.88	2:50.47	1341
-	-	-	30.09	42.60	45.70	36.60	1:16.90	2:50.53	1340
-	12.56	19.26	30.10	42.61	45.72	36.62	1:16.93	2:50.58	1339
-	-	19.27	30.11	42.63	45.74	36.63	1:16.95	2:50.64	1338
9.63	12.57	-	30.12	42.64	45.76	36.64	1:16.98	2:50.70	1337
-	-	19.28	30.13	42.66	45.78	36.65	1:17.00	2:50.76	1336
-	12.58	-	30.14	42.67	45.80	36.67	1:17.03	2:50.82	1335
9.64	-	19.29	30.15	42.69	45.82	36.68	1:17.05	2:50.88	1334
-	12.59	19.30	30.16	42.70	45.84	36.69	1:17.08	2:50.94	1333
-	-	-	30.17	42.72	45.85	36.70	1:17.10	2:51.00	1332
-	12.60	19.31	30.19	42.73	45.87	36.72	1:17.13	2:51.06	1331
9.65	-	-	30.20	42.74	45.89	36.73	1:17.15	2:51.11	1330
-	12.61	19.32	30.21	42.76	45.91	36.74	1:17.18	2:51.17	1329
-	-	19.33	30.22	42.77	45.93	36.75	1:17.20	2:51.23	1328
-	12.62	-	30.23	42.79	45.95	36.77	1:17.23	2:51.29	1327
9.66	-	19.34	30.24	42.80	45.97	36.78	1:17.25	2:51.35	1326
-	12.63	-	30.25	42.82	45.99	36.79	1:17.28	2:51.41	1325
-	-	19.35	30.26	42.83	46.01	36.80	1:17.30	2:51.47	1324
9.67	12.64	19.36	30.27	42.84	46.03	36.82	1:17.33	2:51.53	1323
-	-	-	30.28	42.86	46.05	36.83	1:17.35	2:51.59	1322
-	12.65	19.37	30.29	42.87	46.07	36.84	1:17.38	2:51.65	1321
-	-	19.38	30.30	42.89	46.09	36.85	1:17.40	2:51.71	1320
9.68	12.66	-	30.31	42.90	46.10	36.87	1:17.43	2:51.76	1319
-	-	19.39	30.32	42.92	46.12	36.88	1:17.45	2:51.82	1318
-	12.67	-	30.33	42.93	46.14	36.89	1:17.48	2:51.88	1317
9.69	-	19.40	30.34	42.95	46.16	36.91	1:17.50	2:51.94	1316
-	12.68	19.41	30.35	42.96	46.18	36.92	1:17.53	2:52.00	1315
-	-	-	30.36	42.97	46.20	36.93	1:17.55	2:52.06	1314
-	12.69	19.42	30.37	42.99	46.22	36.94	1:17.58	2:52.12	1313
9.70	-	-	30.38	43.00	46.24	36.96	1:17.61	2:52.18	1312
-	12.70	19.43	30.39	43.02	46.26	36.97	1:17.63	2:52.24	1311
-	-	19.44	30.41	43.03	46.28	36.98	1:17.66	2:52.30	1310
-	12.71	-	30.42	43.05	46.30	36.99	1:17.68	2:52.36	1309
9.71	-	19.45	30.43	43.06	46.32	37.01	1:17.71	2:52.42	1308
-	12.72	-	30.44	43.08	46.34	37.02	1:17.73	2:52.48	1307
-	-	19.46	30.45	43.09	46.36	37.03	1:17.76	2:52.54	1306
9.72	12.73	19.47	30.46	43.11	46.38	37.04	1:17.78	2:52.60	1305
-	-	-	30.47	43.12	46.39	37.06	1:17.81	2:52.66	1304
-	12.74	19.48	30.48	43.13	46.41	37.07	1:17.83	2:52.72	1303
-	-	19.49	30.49	43.15	46.43	37.08	1:17.86	2:52.77	1302
9.73	12.75	-	30.50	43.16	46.45	37.09	1:17.88	2:52.83	1301

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
1300	-	-	19.50	30.51	43.18	46.47	37.11	1:17.91	2:52.89
1299	-	12.76	-	30.52	43.19	46.49	37.12	1:17.94	2:52.95
1298	9.74	-	19.51	30.53	43.21	46.51	37.13	1:17.96	2:53.01
1297	-	12.77	19.52	30.54	43.22	46.53	37.14	1:17.99	2:53.07
1296	-	-	-	30.55	43.24	46.55	37.16	1:18.01	2:53.13
1295	-	12.78	19.53	30.56	43.25	46.57	37.17	1:18.04	2:53.19
1294	9.75	-	-	30.57	43.27	46.59	37.18	1:18.06	2:53.25
1293	-	12.79	19.54	30.59	43.28	46.61	37.20	1:18.09	2:53.31
1292	-	-	19.55	30.60	43.29	46.63	37.21	1:18.11	2:53.37
1291	9.76	12.80	-	30.61	43.31	46.65	37.22	1:18.14	2:53.43
1290	-	-	19.56	30.62	43.32	46.67	37.23	1:18.16	2:53.49
1289	-	12.81	19.57	30.63	43.34	46.69	37.25	1:18.19	2:53.55
1288	-	-	-	30.64	43.35	46.71	37.26	1:18.22	2:53.61
1287	9.77	12.82	19.58	30.65	43.37	46.73	37.27	1:18.24	2:53.67
1286	-	-	-	30.66	43.38	46.75	37.28	1:18.27	2:53.73
1285	-	12.83	19.59	30.67	43.40	46.76	37.30	1:18.29	2:53.79
1284	-	-	19.60	30.68	43.41	46.78	37.31	1:18.32	2:53.85
1283	9.78	12.84	-	30.69	43.43	46.80	37.32	1:18.34	2:53.91
1282	-	-	19.61	30.70	43.44	46.82	37.34	1:18.37	2:53.97
1281	-	12.85	19.62	30.71	43.46	46.84	37.35	1:18.39	2:54.03
1280	9.79	-	-	30.72	43.47	46.86	37.36	1:18.42	2:54.09
1279	-	12.86	19.63	30.73	43.48	46.88	37.37	1:18.45	2:54.15
1278	-	-	-	30.74	43.50	46.90	37.39	1:18.47	2:54.21
1277	-	12.87	19.64	30.76	43.51	46.92	37.40	1:18.50	2:54.27
1276	9.80	12.88	19.65	30.77	43.53	46.94	37.41	1:18.52	2:54.33
1275	-	-	-	30.78	43.54	46.96	37.42	1:18.55	2:54.39
1274	-	12.89	19.66	30.79	43.56	46.98	37.44	1:18.57	2:54.45
1273	9.81	-	-	30.80	43.57	47.00	37.45	1:18.60	2:54.51
1272	-	12.90	19.67	30.81	43.59	47.02	37.46	1:18.63	2:54.57
1271	-	-	19.68	30.82	43.60	47.04	37.48	1:18.65	2:54.63
1270	-	12.91	-	30.83	43.62	47.06	37.49	1:18.68	2:54.69
1269	9.82	-	19.69	30.84	43.63	47.08	37.50	1:18.70	2:54.75
1268	-	12.92	19.70	30.85	43.65	47.10	37.51	1:18.73	2:54.82
1267	-	-	-	30.86	43.66	47.12	37.53	1:18.75	2:54.88
1266	9.83	12.93	19.71	30.87	43.68	47.14	37.54	1:18.78	2:54.94
1265	-	-	-	30.88	43.69	47.16	37.55	1:18.81	2:55.00
1264	-	12.94	19.72	30.89	43.71	47.18	37.57	1:18.83	2:55.06
1263	-	-	19.73	30.90	43.72	47.20	37.58	1:18.86	2:55.12
1262	9.84	12.95	-	30.92	43.73	47.22	37.59	1:18.88	2:55.18
1261	-	-	19.74	30.93	43.75	47.24	37.60	1:18.91	2:55.24
1260	-	12.96	19.75	30.94	43.76	47.26	37.62	1:18.93	2:55.30
1259	9.85	-	-	30.95	43.78	47.28	37.63	1:18.96	2:55.36
1258	-	12.97	19.76	30.96	43.79	47.30	37.64	1:18.99	2:55.42
1257	-	-	-	30.97	43.81	47.31	37.66	1:19.01	2:55.48
1256	-	12.98	19.77	30.98	43.82	47.33	37.67	1:19.04	2:55.54
1255	9.86	-	19.78	30.99	43.84	47.35	37.68	1:19.06	2:55.60
1254	-	12.99	-	31.00	43.85	47.37	37.69	1:19.09	2:55.66
1253	-	-	19.79	31.01	43.87	47.39	37.71	1:19.12	2:55.72
1252	9.87	13.00	19.80	31.02	43.88	47.41	37.72	1:19.14	2:55.78
1251	-	-	-	31.03	43.90	47.43	37.73	1:19.17	2:55.85

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	13.01	19.81	31.04	43.91	47.45	37.75	1:19.19	2:55.91	1250
-	-	-	31.06	43.93	47.47	37.76	1:19.22	2:55.97	1249
9.88	13.02	19.82	31.07	43.94	47.49	37.77	1:19.25	2:56.03	1248
-	13.03	19.83	31.08	43.96	47.51	37.78	1:19.27	2:56.09	1247
-	-	-	31.09	43.97	47.53	37.80	1:19.30	2:56.15	1246
9.89	13.04	19.84	31.10	43.99	47.55	37.81	1:19.32	2:56.21	1245
-	-	19.85	31.11	44.00	47.57	37.82	1:19.35	2:56.27	1244
-	13.05	-	31.12	44.02	47.59	37.84	1:19.37	2:56.33	1243
-	-	19.86	31.13	44.03	47.61	37.85	1:19.40	2:56.39	1242
9.90	13.06	19.87	31.14	44.05	47.63	37.86	1:19.43	2:56.45	1241
-	-	-	31.15	44.06	47.65	37.87	1:19.45	2:56.52	1240
-	13.07	19.88	31.16	44.08	47.67	37.89	1:19.48	2:56.58	1239
9.91	-	-	31.17	44.09	47.69	37.90	1:19.50	2:56.64	1238
-	13.08	19.89	31.19	44.11	47.71	37.91	1:19.53	2:56.70	1237
-	-	19.90	31.20	44.12	47.73	37.93	1:19.56	2:56.76	1236
-	13.09	-	31.21	44.14	47.75	37.94	1:19.58	2:56.82	1235
9.92	-	19.91	31.22	44.15	47.77	37.95	1:19.61	2:56.88	1234
-	13.10	19.92	31.23	44.17	47.79	37.97	1:19.64	2:56.94	1233
-	-	-	31.24	44.18	47.81	37.98	1:19.66	2:57.01	1232
9.93	13.11	19.93	31.25	44.20	47.83	37.99	1:19.69	2:57.07	1231
-	-	-	31.26	44.21	47.85	38.00	1:19.71	2:57.13	1230
-	13.12	19.94	31.27	44.22	47.87	38.02	1:19.74	2:57.19	1229
-	-	19.95	31.28	44.24	47.89	38.03	1:19.77	2:57.25	1228
9.94	13.13	-	31.29	44.25	47.91	38.04	1:19.79	2:57.31	1227
-	-	19.96	31.30	44.27	47.93	38.06	1:19.82	2:57.37	1226
-	13.14	19.97	31.32	44.28	47.95	38.07	1:19.84	2:57.43	1225
9.95	13.15	-	31.33	44.30	47.97	38.08	1:19.87	2:57.50	1224
-	-	19.98	31.34	44.31	47.99	38.10	1:19.90	2:57.56	1223
-	13.16	19.99	31.35	44.33	48.01	38.11	1:19.92	2:57.62	1222
-	-	-	31.36	44.34	48.03	38.12	1:19.95	2:57.68	1221
9.96	13.17	20.00	31.37	44.36	48.05	38.14	1:19.98	2:57.74	1220
-	-	-	31.38	44.37	48.07	38.15	1:20.00	2:57.80	1219
-	13.18	20.01	31.39	44.39	48.09	38.16	1:20.03	2:57.87	1218
9.97	-	20.02	31.40	44.40	48.11	38.17	1:20.05	2:57.93	1217
-	13.19	-	31.41	44.42	48.13	38.19	1:20.08	2:57.99	1216
-	-	20.03	31.42	44.43	48.15	38.20	1:20.11	2:58.05	1215
-	13.20	20.04	31.44	44.45	48.17	38.21	1:20.13	2:58.11	1214
9.98	-	-	31.45	44.47	48.19	38.23	1:20.16	2:58.17	1213
-	13.21	20.05	31.46	44.48	48.21	38.24	1:20.19	2:58.24	1212
-	-	20.06	31.47	44.50	48.23	38.25	1:20.21	2:58.30	1211
9.99	13.22	-	31.48	44.51	48.25	38.27	1:20.24	2:58.36	1210
-	-	20.07	31.49	44.53	48.27	38.28	1:20.26	2:58.42	1209
-	13.23	-	31.50	44.54	48.29	38.29	1:20.29	2:58.48	1208
-	-	20.08	31.51	44.56	48.31	38.31	1:20.32	2:58.54	1207
10.00	13.24	20.09	31.52	44.57	48.33	38.32	1:20.34	2:58.61	1206
-	13.25	-	31.53	44.59	48.35	38.33	1:20.37	2:58.67	1205
-	-	20.10	31.55	44.60	48.37	38.34	1:20.40	2:58.73	1204
10.01	13.26	20.11	31.56	44.62	48.39	38.36	1:20.42	2:58.79	1203
-	-	-	31.57	44.63	48.41	38.37	1:20.45	2:58.85	1202
-	13.27	20.12	31.58	44.65	48.43	38.38	1:20.48	2:58.92	1201

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
1200	-	-	20.13	31.59	44.66	48.45	38.40	1:20.50	2:58.98
1199	10.02	13.28	-	31.60	44.68	48.47	38.41	1:20.53	2:59.04
1198	-	-	20.14	31.61	44.69	48.49	38.42	1:20.56	2:59.10
1197	-	13.29	-	31.62	44.71	48.52	38.44	1:20.58	2:59.17
1196	10.03	-	20.15	31.63	44.72	48.54	38.45	1:20.61	2:59.23
1195	-	13.30	20.16	31.64	44.74	48.56	38.46	1:20.63	2:59.29
1194	-	-	-	31.66	44.75	48.58	38.48	1:20.66	2:59.35
1193	10.04	13.31	20.17	31.67	44.77	48.60	38.49	1:20.69	2:59.41
1192	-	-	20.18	31.68	44.78	48.62	38.50	1:20.71	2:59.48
1191	-	13.32	-	31.69	44.80	48.64	38.52	1:20.74	2:59.54
1190	-	13.33	20.19	31.70	44.81	48.66	38.53	1:20.77	2:59.60
1189	10.05	-	20.20	31.71	44.83	48.68	38.54	1:20.79	2:59.66
1188	-	13.34	-	31.72	44.84	48.70	38.56	1:20.82	2:59.73
1187	-	-	20.21	31.73	44.86	48.72	38.57	1:20.85	2:59.79
1186	10.06	13.35	20.22	31.74	44.87	48.74	38.58	1:20.87	2:59.85
1185	-	-	-	31.75	44.89	48.76	38.60	1:20.90	2:59.91
1184	-	13.36	20.23	31.77	44.90	48.78	38.61	1:20.93	2:59.98
1183	-	-	-	31.78	44.92	48.80	38.62	1:20.95	3:00.04
1182	10.07	13.37	20.24	31.79	44.93	48.82	38.64	1:20.98	3:00.10
1181	-	-	20.25	31.80	44.95	48.84	38.65	1:21.01	3:00.16
1180	-	13.38	-	31.81	44.97	48.86	38.66	1:21.03	3:00.23
1179	10.08	-	20.26	31.82	44.98	48.88	38.67	1:21.06	3:00.29
1178	-	13.39	20.27	31.83	45.00	48.90	38.69	1:21.09	3:00.35
1177	-	-	-	31.84	45.01	48.92	38.70	1:21.11	3:00.41
1176	10.09	13.40	20.28	31.85	45.03	48.94	38.71	1:21.14	3:00.48
1175	-	13.41	20.29	31.87	45.04	48.96	38.73	1:21.17	3:00.54
1174	-	-	-	31.88	45.06	48.98	38.74	1:21.19	3:00.60
1173	-	13.42	20.30	31.89	45.07	49.00	38.75	1:21.22	3:00.66
1172	10.10	-	20.31	31.90	45.09	49.02	38.77	1:21.25	3:00.73
1171	-	13.43	-	31.91	45.10	49.04	38.78	1:21.27	3:00.79
1170	-	-	20.32	31.92	45.12	49.07	38.79	1:21.30	3:00.85
1169	10.11	13.44	20.33	31.93	45.13	49.09	38.81	1:21.33	3:00.92
1168	-	-	-	31.94	45.15	49.11	38.82	1:21.35	3:00.98
1167	-	13.45	20.34	31.95	45.16	49.13	38.83	1:21.38	3:01.04
1166	-	-	-	31.97	45.18	49.15	38.85	1:21.41	3:01.11
1165	10.12	13.46	20.35	31.98	45.20	49.17	38.86	1:21.44	3:01.17
1164	-	-	20.36	31.99	45.21	49.19	38.87	1:21.46	3:01.23
1163	-	13.47	-	32.00	45.23	49.21	38.89	1:21.49	3:01.29
1162	10.13	-	20.37	32.01	45.24	49.23	38.90	1:21.52	3:01.36
1161	-	13.48	20.38	32.02	45.26	49.25	38.91	1:21.54	3:01.42
1160	-	13.49	-	32.03	45.27	49.27	38.93	1:21.57	3:01.48
1159	10.14	-	20.39	32.04	45.29	49.29	38.94	1:21.60	3:01.55
1158	-	13.50	20.40	32.06	45.30	49.31	38.96	1:21.62	3:01.61
1157	-	-	-	32.07	45.32	49.33	38.97	1:21.65	3:01.67
1156	-	13.51	20.41	32.08	45.33	49.35	38.98	1:21.68	3:01.74
1155	10.15	-	20.42	32.09	45.35	49.37	39.00	1:21.70	3:01.80
1154	-	13.52	-	32.10	45.36	49.39	39.01	1:21.73	3:01.86
1153	-	-	20.43	32.11	45.38	49.41	39.02	1:21.76	3:01.93
1152	10.16	13.53	20.44	32.12	45.40	49.44	39.04	1:21.79	3:01.99
1151	-	-	-	32.13	45.41	49.46	39.05	1:21.81	3:02.05

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	13.54	20.45	32.15	45.43	49.48	39.06	1:21.84	3:02.12	1150
-	13.55	20.46	32.16	45.44	49.50	39.08	1:21.87	3:02.18	1149
10.17	-	-	32.17	45.46	49.52	39.09	1:21.89	3:02.24	1148
-	13.56	20.47	32.18	45.47	49.54	39.10	1:21.92	3:02.31	1147
-	-	20.48	32.19	45.49	49.56	39.12	1:21.95	3:02.37	1146
10.18	13.57	-	32.20	45.50	49.58	39.13	1:21.97	3:02.43	1145
-	-	20.49	32.21	45.52	49.60	39.14	1:22.00	3:02.50	1144
-	13.58	20.50	32.22	45.53	49.62	39.16	1:22.03	3:02.56	1143
10.19	-	-	32.24	45.55	49.64	39.17	1:22.06	3:02.62	1142
-	13.59	20.51	32.25	45.57	49.66	39.18	1:22.08	3:02.69	1141
-	-	-	32.26	45.58	49.68	39.20	1:22.11	3:02.75	1140
-	13.60	20.52	32.27	45.60	49.70	39.21	1:22.14	3:02.82	1139
10.20	-	20.53	32.28	45.61	49.73	39.22	1:22.16	3:02.88	1138
-	13.61	-	32.29	45.63	49.75	39.24	1:22.19	3:02.94	1137
-	13.62	20.54	32.30	45.64	49.77	39.25	1:22.22	3:03.01	1136
10.21	-	20.55	32.31	45.66	49.79	39.26	1:22.25	3:03.07	1135
-	13.63	-	32.33	45.67	49.81	39.28	1:22.27	3:03.13	1134
-	-	20.56	32.34	45.69	49.83	39.29	1:22.30	3:03.20	1133
10.22	13.64	20.57	32.35	45.71	49.85	39.31	1:22.33	3:03.26	1132
-	-	-	32.36	45.72	49.87	39.32	1:22.35	3:03.33	1131
-	13.65	20.58	32.37	45.74	49.89	39.33	1:22.38	3:03.39	1130
-	-	20.59	32.38	45.75	49.91	39.35	1:22.41	3:03.45	1129
10.23	13.66	-	32.39	45.77	49.93	39.36	1:22.44	3:03.52	1128
-	-	20.60	32.40	45.78	49.95	39.37	1:22.46	3:03.58	1127
-	13.67	20.61	32.42	45.80	49.97	39.39	1:22.49	3:03.65	1126
10.24	13.68	-	32.43	45.82	50.00	39.40	1:22.52	3:03.71	1125
-	-	20.62	32.44	45.83	50.02	39.41	1:22.55	3:03.78	1124
-	13.69	20.63	32.45	45.85	50.04	39.43	1:22.57	3:03.84	1123
10.25	-	-	32.46	45.86	50.06	39.44	1:22.60	3:03.90	1122
-	13.70	20.64	32.47	45.88	50.08	39.46	1:22.63	3:03.97	1121
-	-	20.65	32.48	45.89	50.10	39.47	1:22.66	3:04.03	1120
-	13.71	-	32.50	45.91	50.12	39.48	1:22.68	3:04.10	1119
10.26	-	20.66	32.51	45.92	50.14	39.50	1:22.71	3:04.16	1118
-	13.72	20.67	32.52	45.94	50.16	39.51	1:22.74	3:04.22	1117
-	13.73	-	32.53	45.96	50.18	39.52	1:22.76	3:04.29	1116
10.27	-	20.68	32.54	45.97	50.21	39.54	1:22.79	3:04.35	1115
-	13.74	20.69	32.55	45.99	50.23	39.55	1:22.82	3:04.42	1114
-	-	-	32.56	46.00	50.25	39.56	1:22.85	3:04.48	1113
10.28	13.75	20.70	32.58	46.02	50.27	39.58	1:22.87	3:04.55	1112
-	-	20.71	32.59	46.03	50.29	39.59	1:22.90	3:04.61	1111
-	13.76	-	32.60	46.05	50.31	39.61	1:22.93	3:04.68	1110
-	-	20.72	32.61	46.07	50.33	39.62	1:22.96	3:04.74	1109
10.29	13.77	20.73	32.62	46.08	50.35	39.63	1:22.98	3:04.81	1108
-	-	-	32.63	46.10	50.37	39.65	1:23.01	3:04.87	1107
-	13.78	20.74	32.64	46.11	50.39	39.66	1:23.04	3:04.93	1106
10.30	13.79	20.75	32.66	46.13	50.42	39.67	1:23.07	3:05.00	1105
-	-	-	32.67	46.15	50.44	39.69	1:23.10	3:05.06	1104
-	13.80	20.76	32.68	46.16	50.46	39.70	1:23.12	3:05.13	1103
10.31	-	20.77	32.69	46.18	50.48	39.71	1:23.15	3:05.19	1102
-	13.81	-	32.70	46.19	50.50	39.73	1:23.18	3:05.26	1101

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
1100	-	-	20.78	32.71	46.21	50.52	39.74	1:23.21	3:05.32
1099	10.32	13.82	20.79	32.72	46.22	50.54	39.76	1:23.23	3:05.39
1098	-	-	-	32.74	46.24	50.56	39.77	1:23.26	3:05.45
1097	-	13.83	20.80	32.75	46.26	50.58	39.78	1:23.29	3:05.52
1096	-	13.84	20.81	32.76	46.27	50.61	39.80	1:23.32	3:05.58
1095	10.33	-	-	32.77	46.29	50.63	39.81	1:23.34	3:05.65
1094	-	13.85	20.82	32.78	46.30	50.65	39.83	1:23.37	3:05.71
1093	-	-	20.83	32.79	46.32	50.67	39.84	1:23.40	3:05.78
1092	10.34	13.86	-	32.81	46.33	50.69	39.85	1:23.43	3:05.84
1091	-	-	20.84	32.82	46.35	50.71	39.87	1:23.45	3:05.91
1090	-	13.87	20.85	32.83	46.37	50.73	39.88	1:23.48	3:05.97
1089	10.35	-	-	32.84	46.38	50.75	39.89	1:23.51	3:06.04
1088	-	13.88	20.86	32.85	46.40	50.78	39.91	1:23.54	3:06.10
1087	-	13.89	20.87	32.86	46.41	50.80	39.92	1:23.57	3:06.17
1086	-	-	-	32.87	46.43	50.82	39.94	1:23.59	3:06.23
1085	10.36	13.90	20.88	32.89	46.45	50.84	39.95	1:23.62	3:06.30
1084	-	-	20.89	32.90	46.46	50.86	39.96	1:23.65	3:06.36
1083	-	13.91	-	32.91	46.48	50.88	39.98	1:23.68	3:06.43
1082	10.37	-	20.90	32.92	46.49	50.90	39.99	1:23.70	3:06.50
1081	-	13.92	20.91	32.93	46.51	50.92	40.00	1:23.73	3:06.56
1080	-	-	-	32.94	46.53	50.95	40.02	1:23.76	3:06.63
1079	10.38	13.93	20.92	32.96	46.54	50.97	40.03	1:23.79	3:06.69
1078	-	13.94	20.93	32.97	46.56	50.99	40.05	1:23.82	3:06.76
1077	-	-	-	32.98	46.57	51.01	40.06	1:23.84	3:06.82
1076	10.39	13.95	20.94	32.99	46.59	51.03	40.07	1:23.87	3:06.89
1075	-	-	20.95	33.00	46.61	51.05	40.09	1:23.90	3:06.95
1074	-	13.96	-	33.01	46.62	51.07	40.10	1:23.93	3:07.02
1073	-	-	20.96	33.03	46.64	51.09	40.12	1:23.96	3:07.08
1072	10.40	13.97	20.97	33.04	46.65	51.12	40.13	1:23.98	3:07.15
1071	-	13.98	20.98	33.05	46.67	51.14	40.14	1:24.01	3:07.22
1070	-	-	-	33.06	46.69	51.16	40.16	1:24.04	3:07.28
1069	10.41	13.99	20.99	33.07	46.70	51.18	40.17	1:24.07	3:07.35
1068	-	-	21.00	33.08	46.72	51.20	40.19	1:24.10	3:07.41
1067	-	14.00	-	33.10	46.73	51.22	40.20	1:24.12	3:07.48
1066	10.42	-	21.01	33.11	46.75	51.24	40.21	1:24.15	3:07.55
1065	-	14.01	21.02	33.12	46.77	51.27	40.23	1:24.18	3:07.61
1064	-	-	-	33.13	46.78	51.29	40.24	1:24.21	3:07.68
1063	10.43	14.02	21.03	33.14	46.80	51.31	40.26	1:24.24	3:07.74
1062	-	14.03	21.04	33.15	46.81	51.33	40.27	1:24.26	3:07.81
1061	-	-	-	33.17	46.83	51.35	40.28	1:24.29	3:07.88
1060	-	14.04	21.05	33.18	46.85	51.37	40.30	1:24.32	3:07.94
1059	10.44	-	21.06	33.19	46.86	51.40	40.31	1:24.35	3:08.01
1058	-	14.05	-	33.20	46.88	51.42	40.33	1:24.38	3:08.07
1057	-	-	21.07	33.21	46.89	51.44	40.34	1:24.41	3:08.14
1056	10.45	14.06	21.08	33.22	46.91	51.46	40.35	1:24.43	3:08.21
1055	-	14.07	-	33.24	46.93	51.48	40.37	1:24.46	3:08.27
1054	-	-	21.09	33.25	46.94	51.50	40.38	1:24.49	3:08.34
1053	10.46	14.08	21.10	33.26	46.96	51.52	40.40	1:24.52	3:08.40
1052	-	-	-	33.27	46.98	51.55	40.41	1:24.55	3:08.47
1051	-	14.09	21.11	33.28	46.99	51.57	40.42	1:24.57	3:08.54



100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
10.47	-	21.12	33.29	47.01	51.59	40.44	1:24.60	3:08.60	1050
-	14.10	21.13	33.31	47.02	51.61	40.45	1:24.63	3:08.67	1049
-	-	-	33.32	47.04	51.63	40.47	1:24.66	3:08.74	1048
10.48	14.11	21.14	33.33	47.06	51.65	40.48	1:24.69	3:08.80	1047
-	14.12	21.15	33.34	47.07	51.68	40.49	1:24.72	3:08.87	1046
-	-	-	33.35	47.09	51.70	40.51	1:24.74	3:08.94	1045
-	14.13	21.16	33.37	47.11	51.72	40.52	1:24.77	3:09.00	1044
10.49	-	21.17	33.38	47.12	51.74	40.54	1:24.80	3:09.07	1043
-	14.14	-	33.39	47.14	51.76	40.55	1:24.83	3:09.14	1042
-	-	21.18	33.40	47.15	51.78	40.56	1:24.86	3:09.20	1041
10.50	14.15	21.19	33.41	47.17	51.81	40.58	1:24.89	3:09.27	1040
-	14.16	-	33.42	47.19	51.83	40.59	1:24.92	3:09.34	1039
-	-	21.20	33.44	47.20	51.85	40.61	1:24.94	3:09.40	1038
10.51	14.17	21.21	33.45	47.22	51.87	40.62	1:24.97	3:09.47	1037
-	-	-	33.46	47.24	51.89	40.64	1:25.00	3:09.54	1036
-	14.18	21.22	33.47	47.25	51.91	40.65	1:25.03	3:09.60	1035
10.52	-	21.23	33.48	47.27	51.94	40.66	1:25.06	3:09.67	1034
-	14.19	21.24	33.50	47.28	51.96	40.68	1:25.09	3:09.74	1033
-	14.20	-	33.51	47.30	51.98	40.69	1:25.11	3:09.80	1032
10.53	-	21.25	33.52	47.32	52.00	40.71	1:25.14	3:09.87	1031
-	14.21	21.26	33.53	47.33	52.02	40.72	1:25.17	3:09.94	1030
-	-	-	33.54	47.35	52.05	40.74	1:25.20	3:10.00	1029
-	14.22	21.27	33.55	47.37	52.07	40.75	1:25.23	3:10.07	1028
10.54	-	21.28	33.57	47.38	52.09	40.76	1:25.26	3:10.14	1027
-	14.23	-	33.58	47.40	52.11	40.78	1:25.29	3:10.21	1026
-	14.24	21.29	33.59	47.42	52.13	40.79	1:25.31	3:10.27	1025
10.55	-	21.30	33.60	47.43	52.16	40.81	1:25.34	3:10.34	1024
-	14.25	-	33.61	47.45	52.18	40.82	1:25.37	3:10.41	1023
-	-	21.31	33.63	47.46	52.20	40.83	1:25.40	3:10.47	1022
10.56	14.26	21.32	33.64	47.48	52.22	40.85	1:25.43	3:10.54	1021
-	-	21.33	33.65	47.50	52.24	40.86	1:25.46	3:10.61	1020
-	14.27	-	33.66	47.51	52.26	40.88	1:25.49	3:10.68	1019
10.57	14.28	21.34	33.67	47.53	52.29	40.89	1:25.52	3:10.74	1018
-	-	21.35	33.69	47.55	52.31	40.91	1:25.54	3:10.81	1017
-	14.29	-	33.70	47.56	52.33	40.92	1:25.57	3:10.88	1016
10.58	-	21.36	33.71	47.58	52.35	40.93	1:25.60	3:10.95	1015
-	14.30	21.37	33.72	47.60	52.37	40.95	1:25.63	3:11.01	1014
-	14.31	-	33.73	47.61	52.40	40.96	1:25.66	3:11.08	1013
-	-	21.38	33.75	47.63	52.42	40.98	1:25.69	3:11.15	1012
10.59	14.32	21.39	33.76	47.65	52.44	40.99	1:25.72	3:11.22	1011
-	-	-	33.77	47.66	52.46	41.01	1:25.75	3:11.28	1010
-	14.33	21.40	33.78	47.68	52.48	41.02	1:25.77	3:11.35	1009
10.60	-	21.41	33.79	47.69	52.51	41.04	1:25.80	3:11.42	1008
-	14.34	21.42	33.81	47.71	52.53	41.05	1:25.83	3:11.49	1007
-	14.35	-	33.82	47.73	52.55	41.06	1:25.86	3:11.56	1006
10.61	-	21.43	33.83	47.74	52.57	41.08	1:25.89	3:11.62	1005
-	14.36	21.44	33.84	47.76	52.60	41.09	1:25.92	3:11.69	1004
-	-	-	33.85	47.78	52.62	41.11	1:25.95	3:11.76	1003
10.62	14.37	21.45	33.87	47.79	52.64	41.12	1:25.98	3:11.83	1002
-	-	21.46	33.88	47.81	52.66	41.14	1:26.01	3:11.89	1001

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
1000	-	14.38	-	33.89	47.83	52.68	41.15	1:26.03	3:11.96
999	10.63	14.39	21.47	33.90	47.84	52.71	41.16	1:26.06	3:12.03
998	-	-	21.48	33.91	47.86	52.73	41.18	1:26.09	3:12.10
997	-	14.40	21.49	33.93	47.88	52.75	41.19	1:26.12	3:12.17
996	10.64	-	-	33.94	47.89	52.77	41.21	1:26.15	3:12.23
995	-	14.41	21.50	33.95	47.91	52.79	41.22	1:26.18	3:12.30
994	-	14.42	21.51	33.96	47.93	52.82	41.24	1:26.21	3:12.37
993	10.65	-	-	33.97	47.94	52.84	41.25	1:26.24	3:12.44
992	-	14.43	21.52	33.99	47.96	52.86	41.27	1:26.27	3:12.51
991	-	-	21.53	34.00	47.98	52.88	41.28	1:26.30	3:12.58
990	10.66	14.44	-	34.01	47.99	52.91	41.29	1:26.32	3:12.64
989	-	-	21.54	34.02	48.01	52.93	41.31	1:26.35	3:12.71
988	-	14.45	21.55	34.03	48.03	52.95	41.32	1:26.38	3:12.78
987	-	14.46	21.56	34.05	48.04	52.97	41.34	1:26.41	3:12.85
986	10.67	-	-	34.06	48.06	52.99	41.35	1:26.44	3:12.92
985	-	14.47	21.57	34.07	48.08	53.02	41.37	1:26.47	3:12.99
984	-	-	21.58	34.08	48.09	53.04	41.38	1:26.50	3:13.06
983	10.68	14.48	-	34.10	48.11	53.06	41.40	1:26.53	3:13.12
982	-	14.49	21.59	34.11	48.13	53.08	41.41	1:26.56	3:13.19
981	-	-	21.60	34.12	48.14	53.11	41.43	1:26.59	3:13.26
980	10.69	14.50	21.61	34.13	48.16	53.13	41.44	1:26.62	3:13.33
979	-	-	-	34.14	48.18	53.15	41.45	1:26.65	3:13.40
978	-	14.51	21.62	34.16	48.19	53.17	41.47	1:26.68	3:13.47
977	10.70	-	21.63	34.17	48.21	53.20	41.48	1:26.70	3:13.54
976	-	14.52	-	34.18	48.23	53.22	41.50	1:26.73	3:13.60
975	-	14.53	21.64	34.19	48.24	53.24	41.51	1:26.76	3:13.67
974	10.71	-	21.65	34.21	48.26	53.26	41.53	1:26.79	3:13.74
973	-	14.54	21.66	34.22	48.28	53.29	41.54	1:26.82	3:13.81
972	-	-	-	34.23	48.29	53.31	41.56	1:26.85	3:13.88
971	10.72	14.55	21.67	34.24	48.31	53.33	41.57	1:26.88	3:13.95
970	-	14.56	21.68	34.25	48.33	53.35	41.59	1:26.91	3:14.02
969	-	-	-	34.27	48.35	53.38	41.60	1:26.94	3:14.09
968	10.73	14.57	21.69	34.28	48.36	53.40	41.62	1:26.97	3:14.16
967	-	-	21.70	34.29	48.38	53.42	41.63	1:27.00	3:14.23
966	-	14.58	21.71	34.30	48.40	53.44	41.64	1:27.03	3:14.30
965	10.74	14.59	-	34.32	48.41	53.47	41.66	1:27.06	3:14.36
964	-	-	21.72	34.33	48.43	53.49	41.67	1:27.09	3:14.43
963	-	14.60	21.73	34.34	48.45	53.51	41.69	1:27.12	3:14.50
962	10.75	-	-	34.35	48.46	53.53	41.70	1:27.15	3:14.57
961	-	14.61	21.74	34.36	48.48	53.56	41.72	1:27.18	3:14.64
960	-	14.62	21.75	34.38	48.50	53.58	41.73	1:27.21	3:14.71
959	10.76	-	21.76	34.39	48.51	53.60	41.75	1:27.24	3:14.78
958	-	14.63	-	34.40	48.53	53.62	41.76	1:27.26	3:14.85
957	-	-	21.77	34.41	48.55	53.65	41.78	1:27.29	3:14.92
956	-	14.64	21.78	34.43	48.56	53.67	41.79	1:27.32	3:14.99
955	10.77	-	-	34.44	48.58	53.69	41.81	1:27.35	3:15.06
954	-	14.65	21.79	34.45	48.60	53.71	41.82	1:27.38	3:15.13
953	-	14.66	21.80	34.46	48.62	53.74	41.84	1:27.41	3:15.20
952	10.78	-	21.81	34.48	48.63	53.76	41.85	1:27.44	3:15.27
951	-	14.67	-	34.49	48.65	53.78	41.87	1:27.47	3:15.34

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	-	21.82	34.50	48.67	53.81	41.88	1:27.50	3:15.41	950
10.79	14.68	21.83	34.51	48.68	53.83	41.90	1:27.53	3:15.48	949
-	14.69	-	34.52	48.70	53.85	41.91	1:27.56	3:15.55	948
-	-	21.84	34.54	48.72	53.87	41.93	1:27.59	3:15.62	947
10.80	14.70	21.85	34.55	48.74	53.90	41.94	1:27.62	3:15.69	946
-	-	21.86	34.56	48.75	53.92	41.95	1:27.65	3:15.76	945
-	14.71	-	34.57	48.77	53.94	41.97	1:27.68	3:15.83	944
10.81	14.72	21.87	34.59	48.79	53.97	41.98	1:27.71	3:15.90	943
-	-	21.88	34.60	48.80	53.99	42.00	1:27.74	3:15.97	942
-	14.73	-	34.61	48.82	54.01	42.01	1:27.77	3:16.04	941
10.82	-	21.89	34.62	48.84	54.03	42.03	1:27.80	3:16.11	940
-	14.74	21.90	34.64	48.85	54.06	42.04	1:27.83	3:16.18	939
-	14.75	21.91	34.65	48.87	54.08	42.06	1:27.86	3:16.25	938
10.83	-	-	34.66	48.89	54.10	42.07	1:27.89	3:16.32	937
-	14.76	21.92	34.67	48.91	54.13	42.09	1:27.92	3:16.39	936
-	-	21.93	34.69	48.92	54.15	42.10	1:27.95	3:16.46	935
10.84	14.77	21.94	34.70	48.94	54.17	42.12	1:27.98	3:16.53	934
-	14.78	-	34.71	48.96	54.19	42.13	1:28.01	3:16.60	933
-	-	21.95	34.72	48.97	54.22	42.15	1:28.04	3:16.67	932
10.85	14.79	21.96	34.74	48.99	54.24	42.16	1:28.07	3:16.74	931
-	-	-	34.75	49.01	54.26	42.18	1:28.10	3:16.81	930
-	14.80	21.97	34.76	49.03	54.29	42.19	1:28.13	3:16.88	929
10.86	14.81	21.98	34.77	49.04	54.31	42.21	1:28.16	3:16.95	928
-	-	21.99	34.79	49.06	54.33	42.22	1:28.19	3:17.02	927
-	14.82	-	34.80	49.08	54.35	42.24	1:28.22	3:17.09	926
10.87	-	22.00	34.81	49.10	54.38	42.25	1:28.25	3:17.16	925
-	14.83	22.01	34.82	49.11	54.40	42.27	1:28.28	3:17.23	924
-	14.84	22.02	34.84	49.13	54.42	42.28	1:28.31	3:17.30	923
10.88	-	-	34.85	49.15	54.45	42.30	1:28.34	3:17.38	922
-	14.85	22.03	34.86	49.16	54.47	42.31	1:28.37	3:17.45	921
-	-	22.04	34.87	49.18	54.49	42.33	1:28.40	3:17.52	920
10.89	14.86	-	34.89	49.20	54.52	42.34	1:28.43	3:17.59	919
-	14.87	22.05	34.90	49.22	54.54	42.36	1:28.46	3:17.66	918
-	-	22.06	34.91	49.23	54.56	42.37	1:28.49	3:17.73	917
10.90	14.88	22.07	34.92	49.25	54.59	42.39	1:28.52	3:17.80	916
-	14.89	-	34.94	49.27	54.61	42.40	1:28.55	3:17.87	915
-	-	22.08	34.95	49.29	54.63	42.42	1:28.58	3:17.94	914
10.91	14.90	22.09	34.96	49.30	54.66	42.43	1:28.61	3:18.01	913
-	-	22.10	34.97	49.32	54.68	42.45	1:28.64	3:18.09	912
-	14.91	-	34.99	49.34	54.70	42.46	1:28.67	3:18.16	911
10.92	14.92	22.11	35.00	49.35	54.72	42.48	1:28.70	3:18.23	910
-	-	22.12	35.01	49.37	54.75	42.49	1:28.73	3:18.30	909
-	14.93	22.13	35.03	49.39	54.77	42.51	1:28.76	3:18.37	908
10.93	-	-	35.04	49.41	54.79	42.52	1:28.80	3:18.44	907
-	14.94	22.14	35.05	49.42	54.82	42.54	1:28.83	3:18.51	906
-	14.95	22.15	35.06	49.44	54.84	42.55	1:28.86	3:18.59	905
10.94	-	22.16	35.08	49.46	54.86	42.57	1:28.89	3:18.66	904
-	14.96	-	35.09	49.48	54.89	42.58	1:28.92	3:18.73	903
-	-	22.17	35.10	49.49	54.91	42.60	1:28.95	3:18.80	902
10.95	14.97	22.18	35.11	49.51	54.93	42.62	1:28.98	3:18.87	901

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
900	-	14.98	-	35.13	49.53	54.96	42.63	1:29.01	3:18.94
899	-	-	22.19	35.14	49.55	54.98	42.65	1:29.04	3:19.02
898	10.96	14.99	22.20	35.15	49.56	55.00	42.66	1:29.07	3:19.09
897	-	-	22.21	35.17	49.58	55.03	42.68	1:29.10	3:19.16
896	-	15.00	-	35.18	49.60	55.05	42.69	1:29.13	3:19.23
895	10.97	15.01	22.22	35.19	49.62	55.07	42.71	1:29.16	3:19.30
894	-	-	22.23	35.20	49.63	55.10	42.72	1:29.19	3:19.37
893	-	15.02	22.24	35.22	49.65	55.12	42.74	1:29.22	3:19.45
892	10.98	15.03	-	35.23	49.67	55.14	42.75	1:29.25	3:19.52
891	-	-	22.25	35.24	49.69	55.17	42.77	1:29.28	3:19.59
890	-	15.04	22.26	35.25	49.70	55.19	42.78	1:29.32	3:19.66
889	10.99	-	22.27	35.27	49.72	55.22	42.80	1:29.35	3:19.73
888	-	15.05	-	35.28	49.74	55.24	42.81	1:29.38	3:19.81
887	-	15.06	22.28	35.29	49.76	55.26	42.83	1:29.41	3:19.88
886	11.00	-	22.29	35.31	49.77	55.29	42.84	1:29.44	3:19.95
885	-	15.07	22.30	35.32	49.79	55.31	42.86	1:29.47	3:20.02
884	-	-	-	35.33	49.81	55.33	42.87	1:29.50	3:20.10
883	11.01	15.08	22.31	35.34	49.83	55.36	42.89	1:29.53	3:20.17
882	-	15.09	22.32	35.36	49.85	55.38	42.91	1:29.56	3:20.24
881	-	-	22.33	35.37	49.86	55.40	42.92	1:29.59	3:20.31
880	11.02	15.10	-	35.38	49.88	55.43	42.94	1:29.62	3:20.39
879	-	15.11	22.34	35.40	49.90	55.45	42.95	1:29.65	3:20.46
878	-	-	22.35	35.41	49.92	55.47	42.97	1:29.69	3:20.53
877	11.03	15.12	22.36	35.42	49.93	55.50	42.98	1:29.72	3:20.60
876	-	-	-	35.43	49.95	55.52	43.00	1:29.75	3:20.68
875	-	15.13	22.37	35.45	49.97	55.55	43.01	1:29.78	3:20.75
874	11.04	15.14	22.38	35.46	49.99	55.57	43.03	1:29.81	3:20.82
873	-	-	22.39	35.47	50.00	55.59	43.04	1:29.84	3:20.89
872	-	15.15	-	35.49	50.02	55.62	43.06	1:29.87	3:20.97
871	11.05	15.16	22.40	35.50	50.04	55.64	43.08	1:29.90	3:21.04
870	-	-	22.41	35.51	50.06	55.66	43.09	1:29.93	3:21.11
869	11.06	15.17	22.42	35.52	50.08	55.69	43.11	1:29.96	3:21.19
868	-	-	-	35.54	50.09	55.71	43.12	1:30.00	3:21.26
867	-	15.18	22.43	35.55	50.11	55.74	43.14	1:30.03	3:21.33
866	11.07	15.19	22.44	35.56	50.13	55.76	43.15	1:30.06	3:21.40
865	-	-	22.45	35.58	50.15	55.78	43.17	1:30.09	3:21.48
864	-	15.20	-	35.59	50.16	55.81	43.18	1:30.12	3:21.55
863	11.08	15.21	22.46	35.60	50.18	55.83	43.20	1:30.15	3:21.62
862	-	-	22.47	35.61	50.20	55.85	43.21	1:30.18	3:21.70
861	-	15.22	22.48	35.63	50.22	55.88	43.23	1:30.21	3:21.77
860	11.09	-	-	35.64	50.24	55.90	43.25	1:30.24	3:21.84
859	-	15.23	22.49	35.65	50.25	55.93	43.26	1:30.28	3:21.92
858	-	15.24	22.50	35.67	50.27	55.95	43.28	1:30.31	3:21.99
857	11.10	-	22.51	35.68	50.29	55.97	43.29	1:30.34	3:22.06
856	-	15.25	-	35.69	50.31	56.00	43.31	1:30.37	3:22.14
855	-	15.26	22.52	35.71	50.33	56.02	43.32	1:30.40	3:22.21
854	11.11	-	22.53	35.72	50.34	56.05	43.34	1:30.43	3:22.28
853	-	15.27	22.54	35.73	50.36	56.07	43.35	1:30.46	3:22.36
852	-	-	-	35.75	50.38	56.09	43.37	1:30.50	3:22.43
851	11.12	15.28	22.55	35.76	50.40	56.12	43.39	1:30.53	3:22.51

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	15.29	22.56	35.77	50.42	56.14	43.40	1:30.56	3:22.58	850
-	-	22.57	35.78	50.43	56.17	43.42	1:30.59	3:22.65	849
11.13	15.30	-	35.80	50.45	56.19	43.43	1:30.62	3:22.73	848
-	15.31	22.58	35.81	50.47	56.21	43.45	1:30.65	3:22.80	847
-	-	22.59	35.82	50.49	56.24	43.46	1:30.68	3:22.87	846
11.14	15.32	22.60	35.84	50.51	56.26	43.48	1:30.72	3:22.95	845
-	-	22.61	35.85	50.52	56.29	43.50	1:30.75	3:23.02	844
-	15.33	-	35.86	50.54	56.31	43.51	1:30.78	3:23.10	843
11.15	15.34	22.62	35.88	50.56	56.33	43.53	1:30.81	3:23.17	842
-	-	22.63	35.89	50.58	56.36	43.54	1:30.84	3:23.25	841
11.16	15.35	22.64	35.90	50.60	56.38	43.56	1:30.87	3:23.32	840
-	15.36	-	35.92	50.61	56.41	43.57	1:30.90	3:23.39	839
-	-	22.65	35.93	50.63	56.43	43.59	1:30.94	3:23.47	838
11.17	15.37	22.66	35.94	50.65	56.46	43.61	1:30.97	3:23.54	837
-	15.38	22.67	35.95	50.67	56.48	43.62	1:31.00	3:23.62	836
-	-	-	35.97	50.69	56.50	43.64	1:31.03	3:23.69	835
11.18	15.39	22.68	35.98	50.70	56.53	43.65	1:31.06	3:23.77	834
-	-	22.69	35.99	50.72	56.55	43.67	1:31.10	3:23.84	833
-	15.40	22.70	36.01	50.74	56.58	43.68	1:31.13	3:23.91	832
11.19	15.41	22.71	36.02	50.76	56.60	43.70	1:31.16	3:23.99	831
-	-	-	36.03	50.78	56.63	43.72	1:31.19	3:24.06	830
-	15.42	22.72	36.05	50.80	56.65	43.73	1:31.22	3:24.14	829
11.20	15.43	22.73	36.06	50.81	56.67	43.75	1:31.25	3:24.21	828
-	-	22.74	36.07	50.83	56.70	43.76	1:31.29	3:24.29	827
-	15.44	-	36.09	50.85	56.72	43.78	1:31.32	3:24.36	826
11.21	15.45	22.75	36.10	50.87	56.75	43.80	1:31.35	3:24.44	825
-	-	22.76	36.11	50.89	56.77	43.81	1:31.38	3:24.51	824
-	15.46	22.77	36.13	50.91	56.80	43.83	1:31.41	3:24.59	823
11.22	-	-	36.14	50.92	56.82	43.84	1:31.45	3:24.66	822
-	15.47	22.78	36.15	50.94	56.84	43.86	1:31.48	3:24.74	821
11.23	15.48	22.79	36.17	50.96	56.87	43.88	1:31.51	3:24.81	820
-	-	22.80	36.18	50.98	56.89	43.89	1:31.54	3:24.89	819
-	15.49	22.81	36.19	51.00	56.92	43.91	1:31.57	3:24.96	818
11.24	15.50	-	36.21	51.02	56.94	43.92	1:31.61	3:25.04	817
-	-	22.82	36.22	51.03	56.97	43.94	1:31.64	3:25.11	816
-	15.51	22.83	36.23	51.05	56.99	43.95	1:31.67	3:25.19	815
11.25	15.52	22.84	36.25	51.07	57.02	43.97	1:31.70	3:25.26	814
-	-	-	36.26	51.09	57.04	43.99	1:31.73	3:25.34	813
-	15.53	22.85	36.27	51.11	57.07	44.00	1:31.77	3:25.41	812
11.26	15.54	22.86	36.29	51.13	57.09	44.02	1:31.80	3:25.49	811
-	-	22.87	36.30	51.14	57.11	44.03	1:31.83	3:25.57	810
-	15.55	22.88	36.31	51.16	57.14	44.05	1:31.86	3:25.64	809
11.27	-	-	36.33	51.18	57.16	44.07	1:31.89	3:25.72	808
-	15.56	22.89	36.34	51.20	57.19	44.08	1:31.93	3:25.79	807
-	15.57	22.90	36.35	51.22	57.21	44.10	1:31.96	3:25.87	806
11.28	-	22.91	36.37	51.24	57.24	44.12	1:31.99	3:25.94	805
-	15.58	-	36.38	51.25	57.26	44.13	1:32.02	3:26.02	804
11.29	15.59	22.92	36.39	51.27	57.29	44.15	1:32.06	3:26.10	803
-	-	22.93	36.41	51.29	57.31	44.16	1:32.09	3:26.17	802
-	15.60	22.94	36.42	51.31	57.34	44.18	1:32.12	3:26.25	801

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
800	11.30	15.61	22.95	36.43	51.33	57.36	44.20	1:32.15	3:26.32
799	-	-	-	36.45	51.35	57.39	44.21	1:32.19	3:26.40
798	-	15.62	22.96	36.46	51.37	57.41	44.23	1:32.22	3:26.48
797	11.31	15.63	22.97	36.48	51.38	57.44	44.24	1:32.25	3:26.55
796	-	-	22.98	36.49	51.40	57.46	44.26	1:32.28	3:26.63
795	-	15.64	22.99	36.50	51.42	57.49	44.28	1:32.32	3:26.70
794	11.32	15.65	-	36.52	51.44	57.51	44.29	1:32.35	3:26.78
793	-	-	23.00	36.53	51.46	57.54	44.31	1:32.38	3:26.86
792	-	15.66	23.01	36.54	51.48	57.56	44.32	1:32.41	3:26.93
791	11.33	15.67	23.02	36.56	51.50	57.59	44.34	1:32.45	3:27.01
790	-	-	-	36.57	51.51	57.61	44.36	1:32.48	3:27.09
789	11.34	15.68	23.03	36.58	51.53	57.64	44.37	1:32.51	3:27.16
788	-	-	23.04	36.60	51.55	57.66	44.39	1:32.54	3:27.24
787	-	15.69	23.05	36.61	51.57	57.69	44.41	1:32.58	3:27.32
786	11.35	15.70	23.06	36.62	51.59	57.71	44.42	1:32.61	3:27.39
785	-	-	-	36.64	51.61	57.74	44.44	1:32.64	3:27.47
784	-	15.71	23.07	36.65	51.63	57.76	44.45	1:32.67	3:27.55
783	11.36	15.72	23.08	36.67	51.65	57.79	44.47	1:32.71	3:27.62
782	-	-	23.09	36.68	51.66	57.81	44.49	1:32.74	3:27.70
781	-	15.73	23.10	36.69	51.68	57.84	44.50	1:32.77	3:27.78
780	11.37	15.74	-	36.71	51.70	57.86	44.52	1:32.81	3:27.85
779	-	-	23.11	36.72	51.72	57.89	44.54	1:32.84	3:27.93
778	-	15.75	23.12	36.73	51.74	57.91	44.55	1:32.87	3:28.01
777	11.38	15.76	23.13	36.75	51.76	57.94	44.57	1:32.90	3:28.09
776	-	-	23.14	36.76	51.78	57.96	44.59	1:32.94	3:28.16
775	11.39	15.77	-	36.77	51.80	57.99	44.60	1:32.97	3:28.24
774	-	15.78	23.15	36.79	51.81	58.01	44.62	1:33.00	3:28.32
773	-	-	23.16	36.80	51.83	58.04	44.63	1:33.04	3:28.39
772	11.40	15.79	23.17	36.82	51.85	58.06	44.65	1:33.07	3:28.47
771	-	15.80	23.18	36.83	51.87	58.09	44.67	1:33.10	3:28.55
770	-	-	-	36.84	51.89	58.11	44.68	1:33.13	3:28.63
769	11.41	15.81	23.19	36.86	51.91	58.14	44.70	1:33.17	3:28.70
768	-	15.82	23.20	36.87	51.93	58.16	44.72	1:33.20	3:28.78
767	-	-	23.21	36.88	51.95	58.19	44.73	1:33.23	3:28.86
766	11.42	15.83	23.22	36.90	51.97	58.21	44.75	1:33.27	3:28.94
765	-	15.84	-	36.91	51.98	58.24	44.77	1:33.30	3:29.02
764	11.43	-	23.23	36.93	52.00	58.26	44.78	1:33.33	3:29.09
763	-	15.85	23.24	36.94	52.02	58.29	44.80	1:33.37	3:29.17
762	-	15.86	23.25	36.95	52.04	58.31	44.82	1:33.40	3:29.25
761	11.44	-	23.26	36.97	52.06	58.34	44.83	1:33.43	3:29.33
760	-	15.87	-	36.98	52.08	58.37	44.85	1:33.47	3:29.40
759	-	15.88	23.27	36.99	52.10	58.39	44.87	1:33.50	3:29.48
758	11.45	-	23.28	37.01	52.12	58.42	44.88	1:33.53	3:29.56
757	-	15.89	23.29	37.02	52.14	58.44	44.90	1:33.57	3:29.64
756	-	15.90	23.30	37.04	52.16	58.47	44.92	1:33.60	3:29.72
755	11.46	-	-	37.05	52.18	58.49	44.93	1:33.63	3:29.80
754	-	15.91	23.31	37.06	52.19	58.52	44.95	1:33.67	3:29.87
753	11.47	15.92	23.32	37.08	52.21	58.54	44.96	1:33.70	3:29.95
752	-	-	23.33	37.09	52.23	58.57	44.98	1:33.73	3:30.03
751	-	15.93	23.34	37.11	52.25	58.59	45.00	1:33.77	3:30.11

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
11.48	15.94	-	37.12	52.27	58.62	45.01	1:33.80	3:30.19	750
-	-	23.35	37.13	52.29	58.65	45.03	1:33.83	3:30.27	749
-	15.95	23.36	37.15	52.31	58.67	45.05	1:33.87	3:30.34	748
11.49	15.96	23.37	37.16	52.33	58.70	45.06	1:33.90	3:30.42	747
-	-	23.38	37.18	52.35	58.72	45.08	1:33.93	3:30.50	746
11.50	15.97	-	37.19	52.37	58.75	45.10	1:33.97	3:30.58	745
-	15.98	23.39	37.20	52.39	58.77	45.11	1:34.00	3:30.66	744
-	-	23.40	37.22	52.41	58.80	45.13	1:34.03	3:30.74	743
11.51	15.99	23.41	37.23	52.42	58.83	45.15	1:34.07	3:30.82	742
-	16.00	23.42	37.24	52.44	58.85	45.17	1:34.10	3:30.90	741
-	-	23.43	37.26	52.46	58.88	45.18	1:34.14	3:30.98	740
11.52	16.01	-	37.27	52.48	58.90	45.20	1:34.17	3:31.05	739
-	16.02	23.44	37.29	52.50	58.93	45.22	1:34.20	3:31.13	738
-	-	23.45	37.30	52.52	58.95	45.23	1:34.24	3:31.21	737
11.53	16.03	23.46	37.32	52.54	58.98	45.25	1:34.27	3:31.29	736
-	16.04	23.47	37.33	52.56	59.01	45.27	1:34.30	3:31.37	735
11.54	-	-	37.34	52.58	59.03	45.28	1:34.34	3:31.45	734
-	16.05	23.48	37.36	52.60	59.06	45.30	1:34.37	3:31.53	733
-	16.06	23.49	37.37	52.62	59.08	45.32	1:34.41	3:31.61	732
11.55	-	23.50	37.39	52.64	59.11	45.33	1:34.44	3:31.69	731
-	16.07	23.51	37.40	52.66	59.14	45.35	1:34.47	3:31.77	730
-	16.08	23.52	37.41	52.68	59.16	45.37	1:34.51	3:31.85	729
11.56	16.09	-	37.43	52.70	59.19	45.38	1:34.54	3:31.93	728
-	-	23.53	37.44	52.71	59.21	45.40	1:34.58	3:32.01	727
11.57	16.10	23.54	37.46	52.73	59.24	45.42	1:34.61	3:32.09	726
-	16.11	23.55	37.47	52.75	59.27	45.43	1:34.64	3:32.17	725
-	-	23.56	37.48	52.77	59.29	45.45	1:34.68	3:32.25	724
11.58	16.12	23.57	37.50	52.79	59.32	45.47	1:34.71	3:32.33	723
-	16.13	-	37.51	52.81	59.34	45.49	1:34.75	3:32.41	722
-	-	23.58	37.53	52.83	59.37	45.50	1:34.78	3:32.49	721
11.59	16.14	23.59	37.54	52.85	59.40	45.52	1:34.81	3:32.57	720
-	16.15	23.60	37.56	52.87	59.42	45.54	1:34.85	3:32.65	719
11.60	-	23.61	37.57	52.89	59.45	45.55	1:34.88	3:32.73	718
-	16.16	-	37.58	52.91	59.47	45.57	1:34.92	3:32.81	717
-	16.17	23.62	37.60	52.93	59.50	45.59	1:34.95	3:32.89	716
11.61	-	23.63	37.61	52.95	59.53	45.60	1:34.98	3:32.97	715
-	16.18	23.64	37.63	52.97	59.55	45.62	1:35.02	3:33.05	714
-	16.19	23.65	37.64	52.99	59.58	45.64	1:35.05	3:33.13	713
11.62	-	23.66	37.66	53.01	59.61	45.66	1:35.09	3:33.21	712
-	16.20	-	37.67	53.03	59.63	45.67	1:35.12	3:33.29	711
11.63	16.21	23.67	37.68	53.05	59.66	45.69	1:35.16	3:33.37	710
-	16.22	23.68	37.70	53.07	59.68	45.71	1:35.19	3:33.45	709
-	-	23.69	37.71	53.09	59.71	45.72	1:35.23	3:33.53	708
11.64	16.23	23.70	37.73	53.11	59.74	45.74	1:35.26	3:33.61	707
-	16.24	23.71	37.74	53.13	59.76	45.76	1:35.29	3:33.70	706
-	-	-	37.76	53.15	59.79	45.78	1:35.33	3:33.78	705
11.65	16.25	23.72	37.77	53.17	59.82	45.79	1:35.36	3:33.86	704
-	16.26	23.73	37.78	53.19	59.84	45.81	1:35.40	3:33.94	703
11.66	-	23.74	37.80	53.21	59.87	45.83	1:35.43	3:34.02	702
-	16.27	23.75	37.81	53.22	59.90	45.84	1:35.47	3:34.10	701

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
700	-	16.28	23.76	37.83	53.24	59.92	45.86	1:35.50	3:34.18
699	11.67	-	-	37.84	53.26	59.95	45.88	1:35.54	3:34.26
698	-	16.29	23.77	37.86	53.28	59.97	45.90	1:35.57	3:34.34
697	11.68	16.30	23.78	37.87	53.30	1:00.00	45.91	1:35.61	3:34.43
696	-	16.31	23.79	37.88	53.32	1:00.03	45.93	1:35.64	3:34.51
695	-	-	23.80	37.90	53.34	1:00.05	45.95	1:35.68	3:34.59
694	11.69	16.32	23.81	37.91	53.36	1:00.08	45.97	1:35.71	3:34.67
693	-	16.33	23.82	37.93	53.38	1:00.11	45.98	1:35.74	3:34.75
692	-	-	-	37.94	53.40	1:00.13	46.00	1:35.78	3:34.83
691	11.70	16.34	23.83	37.96	53.42	1:00.16	46.02	1:35.81	3:34.92
690	-	16.35	23.84	37.97	53.44	1:00.19	46.03	1:35.85	3:35.00
689	11.71	-	23.85	37.99	53.46	1:00.21	46.05	1:35.88	3:35.08
688	-	16.36	23.86	38.00	53.48	1:00.24	46.07	1:35.92	3:35.16
687	-	16.37	23.87	38.02	53.50	1:00.27	46.09	1:35.95	3:35.24
686	11.72	16.38	-	38.03	53.52	1:00.29	46.10	1:35.99	3:35.33
685	-	-	23.88	38.04	53.54	1:00.32	46.12	1:36.02	3:35.41
684	11.73	16.39	23.89	38.06	53.56	1:00.35	46.14	1:36.06	3:35.49
683	-	16.40	23.90	38.07	53.58	1:00.37	46.16	1:36.09	3:35.57
682	-	-	23.91	38.09	53.60	1:00.40	46.17	1:36.13	3:35.65
681	11.74	16.41	23.92	38.10	53.62	1:00.43	46.19	1:36.16	3:35.74
680	-	16.42	23.93	38.12	53.64	1:00.45	46.21	1:36.20	3:35.82
679	-	-	-	38.13	53.66	1:00.48	46.23	1:36.23	3:35.90
678	11.75	16.43	23.94	38.15	53.68	1:00.51	46.24	1:36.27	3:35.98
677	-	16.44	23.95	38.16	53.70	1:00.54	46.26	1:36.31	3:36.07
676	11.76	16.45	23.96	38.18	53.72	1:00.56	46.28	1:36.34	3:36.15
675	-	-	23.97	38.19	53.74	1:00.59	46.30	1:36.38	3:36.23
674	-	16.46	23.98	38.21	53.76	1:00.62	46.31	1:36.41	3:36.32
673	11.77	16.47	-	38.22	53.79	1:00.64	46.33	1:36.45	3:36.40
672	-	-	23.99	38.23	53.81	1:00.67	46.35	1:36.48	3:36.48
671	11.78	16.48	24.00	38.25	53.83	1:00.70	46.37	1:36.52	3:36.56
670	-	16.49	24.01	38.26	53.85	1:00.72	46.38	1:36.55	3:36.65
669	-	16.50	24.02	38.28	53.87	1:00.75	46.40	1:36.59	3:36.73
668	11.79	-	24.03	38.29	53.89	1:00.78	46.42	1:36.62	3:36.81
667	-	16.51	24.04	38.31	53.91	1:00.81	46.44	1:36.66	3:36.90
666	-	16.52	24.05	38.32	53.93	1:00.83	46.46	1:36.69	3:36.98
665	11.80	-	-	38.34	53.95	1:00.86	46.47	1:36.73	3:37.06
664	-	16.53	24.06	38.35	53.97	1:00.89	46.49	1:36.77	3:37.15
663	11.81	16.54	24.07	38.37	53.99	1:00.91	46.51	1:36.80	3:37.23
662	-	-	24.08	38.38	54.01	1:00.94	46.53	1:36.84	3:37.31
661	-	16.55	24.09	38.40	54.03	1:00.97	46.54	1:36.87	3:37.40
660	11.82	16.56	24.10	38.41	54.05	1:01.00	46.56	1:36.91	3:37.48
659	-	16.57	24.11	38.43	54.07	1:01.02	46.58	1:36.94	3:37.57
658	11.83	-	-	38.44	54.09	1:01.05	46.60	1:36.98	3:37.65
657	-	16.58	24.12	38.46	54.11	1:01.08	46.61	1:37.01	3:37.73
656	-	16.59	24.13	38.47	54.13	1:01.11	46.63	1:37.05	3:37.82
655	11.84	16.60	24.14	38.49	54.15	1:01.13	46.65	1:37.09	3:37.90
654	-	-	24.15	38.50	54.17	1:01.16	46.67	1:37.12	3:37.99
653	11.85	16.61	24.16	38.52	54.19	1:01.19	46.69	1:37.16	3:38.07
652	-	16.62	24.17	38.53	54.21	1:01.22	46.70	1:37.19	3:38.15
651	-	-	-	38.55	54.23	1:01.24	46.72	1:37.23	3:38.24



100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
11.86	16.63	24.18	38.56	54.25	1:01.27	46.74	1:37.27	3:38.32	650
-	16.64	24.19	38.58	54.27	1:01.30	46.76	1:37.30	3:38.41	649
11.87	16.65	24.20	38.59	54.30	1:01.33	46.78	1:37.34	3:38.49	648
-	-	24.21	38.61	54.32	1:01.35	46.79	1:37.37	3:38.58	647
-	16.66	24.22	38.62	54.34	1:01.38	46.81	1:37.41	3:38.66	646
11.88	16.67	24.23	38.64	54.36	1:01.41	46.83	1:37.45	3:38.74	645
-	-	24.24	38.65	54.38	1:01.44	46.85	1:37.48	3:38.83	644
11.89	16.68	-	38.67	54.40	1:01.46	46.87	1:37.52	3:38.91	643
-	16.69	24.25	38.68	54.42	1:01.49	46.88	1:37.55	3:39.00	642
-	16.70	24.26	38.70	54.44	1:01.52	46.90	1:37.59	3:39.08	641
11.90	-	24.27	38.71	54.46	1:01.55	46.92	1:37.63	3:39.17	640
-	16.71	24.28	38.73	54.48	1:01.57	46.94	1:37.66	3:39.25	639
11.91	16.72	24.29	38.74	54.50	1:01.60	46.96	1:37.70	3:39.34	638
-	16.73	24.30	38.76	54.52	1:01.63	46.97	1:37.74	3:39.42	637
-	-	24.31	38.77	54.54	1:01.66	46.99	1:37.77	3:39.51	636
11.92	16.74	-	38.79	54.56	1:01.68	47.01	1:37.81	3:39.60	635
-	16.75	24.32	38.80	54.59	1:01.71	47.03	1:37.84	3:39.68	634
11.93	-	24.33	38.82	54.61	1:01.74	47.05	1:37.88	3:39.77	633
-	16.76	24.34	38.83	54.63	1:01.77	47.06	1:37.92	3:39.85	632
-	16.77	24.35	38.85	54.65	1:01.80	47.08	1:37.95	3:39.94	631
11.94	16.78	24.36	38.86	54.67	1:01.82	47.10	1:37.99	3:40.02	630
-	-	24.37	38.88	54.69	1:01.85	47.12	1:38.03	3:40.11	629
11.95	16.79	24.38	38.89	54.71	1:01.88	47.14	1:38.06	3:40.19	628
-	16.80	24.39	38.91	54.73	1:01.91	47.15	1:38.10	3:40.28	627
-	16.81	-	38.92	54.75	1:01.94	47.17	1:38.14	3:40.37	626
11.96	-	24.40	38.94	54.77	1:01.96	47.19	1:38.17	3:40.45	625
-	16.82	24.41	38.95	54.79	1:01.99	47.21	1:38.21	3:40.54	624
11.97	16.83	24.42	38.97	54.82	1:02.02	47.23	1:38.25	3:40.62	623
-	-	24.43	38.98	54.84	1:02.05	47.25	1:38.28	3:40.71	622
-	16.84	24.44	39.00	54.86	1:02.08	47.26	1:38.32	3:40.80	621
11.98	16.85	24.45	39.01	54.88	1:02.10	47.28	1:38.36	3:40.88	620
-	16.86	24.46	39.03	54.90	1:02.13	47.30	1:38.39	3:40.97	619
11.99	-	24.47	39.05	54.92	1:02.16	47.32	1:38.43	3:41.06	618
-	16.87	-	39.06	54.94	1:02.19	47.34	1:38.47	3:41.14	617
-	16.88	24.48	39.08	54.96	1:02.22	47.36	1:38.50	3:41.23	616
12.00	16.89	24.49	39.09	54.98	1:02.25	47.37	1:38.54	3:41.32	615
-	-	24.50	39.11	55.01	1:02.27	47.39	1:38.58	3:41.40	614
12.01	16.90	24.51	39.12	55.03	1:02.30	47.41	1:38.62	3:41.49	613
-	16.91	24.52	39.14	55.05	1:02.33	47.43	1:38.65	3:41.58	612
-	16.92	24.53	39.15	55.07	1:02.36	47.45	1:38.69	3:41.66	611
12.02	-	24.54	39.17	55.09	1:02.39	47.47	1:38.73	3:41.75	610
-	16.93	24.55	39.18	55.11	1:02.42	47.49	1:38.76	3:41.84	609
12.03	16.94	-	39.20	55.13	1:02.44	47.50	1:38.80	3:41.92	608
-	16.95	24.56	39.21	55.15	1:02.47	47.52	1:38.84	3:42.01	607
-	-	24.57	39.23	55.18	1:02.50	47.54	1:38.88	3:42.10	606
12.04	16.96	24.58	39.25	55.20	1:02.53	47.56	1:38.91	3:42.19	605
-	16.97	24.59	39.26	55.22	1:02.56	47.58	1:38.95	3:42.27	604
12.05	16.98	24.60	39.28	55.24	1:02.59	47.60	1:38.99	3:42.36	603
-	-	24.61	39.29	55.26	1:02.61	47.61	1:39.02	3:42.45	602
12.06	16.99	24.62	39.31	55.28	1:02.64	47.63	1:39.06	3:42.54	601

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
600	-	17.00	24.63	39.32	55.30	1:02.67	47.65	1:39.10	3:42.62
599	-	17.01	24.64	39.34	55.32	1:02.70	47.67	1:39.14	3:42.71
598	12.07	-	24.65	39.35	55.35	1:02.73	47.69	1:39.17	3:42.80
597	-	17.02	-	39.37	55.37	1:02.76	47.71	1:39.21	3:42.89
596	12.08	17.03	24.66	39.39	55.39	1:02.79	47.73	1:39.25	3:42.98
595	-	17.04	24.67	39.40	55.41	1:02.81	47.75	1:39.29	3:43.06
594	-	-	24.68	39.42	55.43	1:02.84	47.76	1:39.32	3:43.15
593	12.09	17.05	24.69	39.43	55.45	1:02.87	47.78	1:39.36	3:43.24
592	-	17.06	24.70	39.45	55.48	1:02.90	47.80	1:39.40	3:43.33
591	12.10	17.07	24.71	39.46	55.50	1:02.93	47.82	1:39.44	3:43.42
590	-	-	24.72	39.48	55.52	1:02.96	47.84	1:39.47	3:43.51
589	-	17.08	24.73	39.50	55.54	1:02.99	47.86	1:39.51	3:43.60
588	12.11	17.09	24.74	39.51	55.56	1:03.02	47.88	1:39.55	3:43.68
587	-	17.10	24.75	39.53	55.58	1:03.05	47.90	1:39.59	3:43.77
586	12.12	-	-	39.54	55.60	1:03.07	47.91	1:39.63	3:43.86
585	-	17.11	24.76	39.56	55.63	1:03.10	47.93	1:39.66	3:43.95
584	12.13	17.12	24.77	39.57	55.65	1:03.13	47.95	1:39.70	3:44.04
583	-	17.13	24.78	39.59	55.67	1:03.16	47.97	1:39.74	3:44.13
582	-	-	24.79	39.61	55.69	1:03.19	47.99	1:39.78	3:44.22
581	12.14	17.14	24.80	39.62	55.71	1:03.22	48.01	1:39.82	3:44.31
580	-	17.15	24.81	39.64	55.74	1:03.25	48.03	1:39.85	3:44.40
579	12.15	17.16	24.82	39.65	55.76	1:03.28	48.05	1:39.89	3:44.49
578	-	-	24.83	39.67	55.78	1:03.31	48.07	1:39.93	3:44.57
577	-	17.17	24.84	39.68	55.80	1:03.34	48.08	1:39.97	3:44.66
576	12.16	17.18	24.85	39.70	55.82	1:03.37	48.10	1:40.01	3:44.75
575	-	17.19	24.86	39.72	55.84	1:03.39	48.12	1:40.04	3:44.84
574	12.17	17.20	24.87	39.73	55.87	1:03.42	48.14	1:40.08	3:44.93
573	-	-	-	39.75	55.89	1:03.45	48.16	1:40.12	3:45.02
572	12.18	17.21	24.88	39.76	55.91	1:03.48	48.18	1:40.16	3:45.11
571	-	17.22	24.89	39.78	55.93	1:03.51	48.20	1:40.20	3:45.20
570	-	17.23	24.90	39.80	55.95	1:03.54	48.22	1:40.24	3:45.29
569	12.19	-	24.91	39.81	55.98	1:03.57	48.24	1:40.27	3:45.38
568	-	17.24	24.92	39.83	56.00	1:03.60	48.26	1:40.31	3:45.47
567	12.20	17.25	24.93	39.84	56.02	1:03.63	48.28	1:40.35	3:45.56
566	-	17.26	24.94	39.86	56.04	1:03.66	48.29	1:40.39	3:45.65
565	12.21	-	24.95	39.88	56.06	1:03.69	48.31	1:40.43	3:45.74
564	-	17.27	24.96	39.89	56.09	1:03.72	48.33	1:40.47	3:45.83
563	-	17.28	24.97	39.91	56.11	1:03.75	48.35	1:40.51	3:45.93
562	12.22	17.29	24.98	39.92	56.13	1:03.78	48.37	1:40.54	3:46.02
561	-	17.30	24.99	39.94	56.15	1:03.81	48.39	1:40.58	3:46.11
560	12.23	-	25.00	39.96	56.17	1:03.84	48.41	1:40.62	3:46.20
559	-	17.31	25.01	39.97	56.20	1:03.87	48.43	1:40.66	3:46.29
558	12.24	17.32	-	39.99	56.22	1:03.89	48.45	1:40.70	3:46.38
557	-	17.33	25.02	40.00	56.24	1:03.92	48.47	1:40.74	3:46.47
556	-	-	25.03	40.02	56.26	1:03.95	48.49	1:40.78	3:46.56
555	12.25	17.34	25.04	40.04	56.29	1:03.98	48.51	1:40.82	3:46.65
554	-	17.35	25.05	40.05	56.31	1:04.01	48.53	1:40.85	3:46.74
553	12.26	17.36	25.06	40.07	56.33	1:04.04	48.54	1:40.89	3:46.84
552	-	17.37	25.07	40.09	56.35	1:04.07	48.56	1:40.93	3:46.93
551	12.27	-	25.08	40.10	56.37	1:04.10	48.58	1:40.97	3:47.02

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	17.38	25.09	40.12	56.40	1:04.13	48.60	1:41.01	3:47.11	550
-	17.39	25.10	40.13	56.42	1:04.16	48.62	1:41.05	3:47.20	549
12.28	17.40	25.11	40.15	56.44	1:04.19	48.64	1:41.09	3:47.29	548
-	-	25.12	40.17	56.46	1:04.22	48.66	1:41.13	3:47.39	547
12.29	17.41	25.13	40.18	56.49	1:04.25	48.68	1:41.17	3:47.48	546
-	17.42	25.14	40.20	56.51	1:04.28	48.70	1:41.21	3:47.57	545
12.30	17.43	25.15	40.22	56.53	1:04.31	48.72	1:41.25	3:47.66	544
-	17.44	25.16	40.23	56.55	1:04.34	48.74	1:41.28	3:47.75	543
-	-	25.17	40.25	56.58	1:04.37	48.76	1:41.32	3:47.85	542
12.31	17.45	25.18	40.27	56.60	1:04.40	48.78	1:41.36	3:47.94	541
-	17.46	-	40.28	56.62	1:04.43	48.80	1:41.40	3:48.03	540
12.32	17.47	25.19	40.30	56.64	1:04.46	48.82	1:41.44	3:48.12	539
-	17.48	25.20	40.31	56.67	1:04.49	48.84	1:41.48	3:48.22	538
12.33	-	25.21	40.33	56.69	1:04.52	48.86	1:41.52	3:48.31	537
-	17.49	25.22	40.35	56.71	1:04.55	48.88	1:41.56	3:48.40	536
-	17.50	25.23	40.36	56.73	1:04.58	48.90	1:41.60	3:48.50	535
12.34	17.51	25.24	40.38	56.76	1:04.61	48.92	1:41.64	3:48.59	534
-	17.52	25.25	40.40	56.78	1:04.64	48.94	1:41.68	3:48.68	533
12.35	-	25.26	40.41	56.80	1:04.68	48.96	1:41.72	3:48.78	532
-	17.53	25.27	40.43	56.83	1:04.71	48.98	1:41.76	3:48.87	531
12.36	17.54	25.28	40.45	56.85	1:04.74	49.00	1:41.80	3:48.96	530
-	17.55	25.29	40.46	56.87	1:04.77	49.02	1:41.84	3:49.06	529
-	17.56	25.30	40.48	56.89	1:04.80	49.04	1:41.88	3:49.15	528
12.37	-	25.31	40.50	56.92	1:04.83	49.06	1:41.92	3:49.24	527
-	17.57	25.32	40.51	56.94	1:04.86	49.08	1:41.96	3:49.34	526
12.38	17.58	25.33	40.53	56.96	1:04.89	49.10	1:42.00	3:49.43	525
-	17.59	25.34	40.55	56.99	1:04.92	49.11	1:42.04	3:49.52	524
12.39	17.60	25.35	40.56	57.01	1:04.95	49.13	1:42.08	3:49.62	523
-	-	25.36	40.58	57.03	1:04.98	49.15	1:42.12	3:49.71	522
12.40	17.61	25.37	40.60	57.05	1:05.01	49.17	1:42.16	3:49.81	521
-	17.62	25.38	40.61	57.08	1:05.04	49.19	1:42.20	3:49.90	520
-	17.63	25.39	40.63	57.10	1:05.07	49.21	1:42.24	3:50.00	519
12.41	17.64	25.40	40.65	57.12	1:05.10	49.23	1:42.28	3:50.09	518
-	-	25.41	40.66	57.15	1:05.13	49.25	1:42.32	3:50.18	517
12.42	17.65	25.42	40.68	57.17	1:05.16	49.27	1:42.36	3:50.28	516
-	17.66	25.43	40.70	57.19	1:05.20	49.30	1:42.40	3:50.37	515
12.43	17.67	25.44	40.71	57.22	1:05.23	49.32	1:42.44	3:50.47	514
-	17.68	25.45	40.73	57.24	1:05.26	49.34	1:42.48	3:50.56	513
12.44	-	25.46	40.75	57.26	1:05.29	49.36	1:42.52	3:50.66	512
-	17.69	25.47	40.76	57.29	1:05.32	49.38	1:42.56	3:50.75	511
-	17.70	25.48	40.78	57.31	1:05.35	49.40	1:42.60	3:50.85	510
12.45	17.71	25.49	40.80	57.33	1:05.38	49.42	1:42.64	3:50.94	509
-	17.72	25.50	40.81	57.35	1:05.41	49.44	1:42.68	3:51.04	508
12.46	-	-	40.83	57.38	1:05.44	49.46	1:42.72	3:51.13	507
-	17.73	25.51	40.85	57.40	1:05.47	49.48	1:42.77	3:51.23	506
12.47	17.74	25.52	40.87	57.42	1:05.51	49.50	1:42.81	3:51.33	505
-	17.75	25.53	40.88	57.45	1:05.54	49.52	1:42.85	3:51.42	504
12.48	17.76	25.54	40.90	57.47	1:05.57	49.54	1:42.89	3:51.52	503
-	17.77	25.55	40.92	57.49	1:05.60	49.56	1:42.93	3:51.61	502
-	-	25.56	40.93	57.52	1:05.63	49.58	1:42.97	3:51.71	501

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
500	12.49	17.78	25.57	40.95	57.54	1:05.66	49.60	1:43.01	3:51.81
499	-	17.79	25.58	40.97	57.57	1:05.69	49.62	1:43.05	3:51.90
498	12.50	17.80	25.59	40.98	57.59	1:05.72	49.64	1:43.09	3:52.00
497	-	17.81	25.60	41.00	57.61	1:05.76	49.66	1:43.13	3:52.09
496	12.51	17.82	25.61	41.02	57.64	1:05.79	49.68	1:43.17	3:52.19
495	-	-	25.62	41.04	57.66	1:05.82	49.70	1:43.22	3:52.29
494	12.52	17.83	25.63	41.05	57.68	1:05.85	49.72	1:43.26	3:52.38
493	-	17.84	25.64	41.07	57.71	1:05.88	49.74	1:43.30	3:52.48
492	12.53	17.85	25.65	41.09	57.73	1:05.91	49.76	1:43.34	3:52.58
491	-	17.86	25.66	41.10	57.75	1:05.95	49.78	1:43.38	3:52.68
490	-	-	25.67	41.12	57.78	1:05.98	49.80	1:43.42	3:52.77
489	12.54	17.87	25.68	41.14	57.80	1:06.01	49.82	1:43.46	3:52.87
488	-	17.88	25.69	41.16	57.82	1:06.04	49.84	1:43.51	3:52.97
487	12.55	17.89	25.70	41.17	57.85	1:06.07	49.87	1:43.55	3:53.06
486	-	17.90	25.71	41.19	57.87	1:06.10	49.89	1:43.59	3:53.16
485	12.56	17.91	25.72	41.21	57.90	1:06.14	49.91	1:43.63	3:53.26
484	-	-	25.73	41.23	57.92	1:06.17	49.93	1:43.67	3:53.36
483	12.57	17.92	25.74	41.24	57.94	1:06.20	49.95	1:43.71	3:53.45
482	-	17.93	25.75	41.26	57.97	1:06.23	49.97	1:43.76	3:53.55
481	12.58	17.94	25.76	41.28	57.99	1:06.26	49.99	1:43.80	3:53.65
480	-	17.95	25.77	41.29	58.02	1:06.30	50.01	1:43.84	3:53.75
479	12.59	17.96	25.78	41.31	58.04	1:06.33	50.03	1:43.88	3:53.85
478	-	-	25.79	41.33	58.06	1:06.36	50.05	1:43.92	3:53.95
477	-	17.97	25.80	41.35	58.09	1:06.39	50.07	1:43.96	3:54.04
476	12.60	17.98	25.82	41.36	58.11	1:06.42	50.09	1:44.01	3:54.14
475	-	17.99	25.83	41.38	58.14	1:06.46	50.12	1:44.05	3:54.24
474	12.61	18.00	25.84	41.40	58.16	1:06.49	50.14	1:44.09	3:54.34
473	-	18.01	25.85	41.42	58.18	1:06.52	50.16	1:44.13	3:54.44
472	12.62	18.02	25.86	41.43	58.21	1:06.55	50.18	1:44.17	3:54.54
471	-	-	25.87	41.45	58.23	1:06.58	50.20	1:44.22	3:54.64
470	12.63	18.03	25.88	41.47	58.26	1:06.62	50.22	1:44.26	3:54.74
469	-	18.04	25.89	41.49	58.28	1:06.65	50.24	1:44.30	3:54.84
468	12.64	18.05	25.90	41.50	58.30	1:06.68	50.26	1:44.34	3:54.93
467	-	18.06	25.91	41.52	58.33	1:06.71	50.28	1:44.39	3:55.03
466	12.65	18.07	25.92	41.54	58.35	1:06.75	50.30	1:44.43	3:55.13
465	-	-	25.93	41.56	58.38	1:06.78	50.33	1:44.47	3:55.23
464	-	18.08	25.94	41.58	58.40	1:06.81	50.35	1:44.51	3:55.33
463	12.66	18.09	25.95	41.59	58.43	1:06.84	50.37	1:44.56	3:55.43
462	-	18.10	25.96	41.61	58.45	1:06.88	50.39	1:44.60	3:55.53
461	12.67	18.11	25.97	41.63	58.47	1:06.91	50.41	1:44.64	3:55.63
460	-	18.12	25.98	41.65	58.50	1:06.94	50.43	1:44.68	3:55.73
459	12.68	18.13	25.99	41.66	58.52	1:06.97	50.45	1:44.73	3:55.83
458	-	-	26.00	41.68	58.55	1:07.01	50.47	1:44.77	3:55.93
457	12.69	18.14	26.01	41.70	58.57	1:07.04	50.50	1:44.81	3:56.03
456	-	18.15	26.02	41.72	58.60	1:07.07	50.52	1:44.86	3:56.14
455	12.70	18.16	26.03	41.74	58.62	1:07.11	50.54	1:44.90	3:56.24
454	-	18.17	26.04	41.75	58.65	1:07.14	50.56	1:44.94	3:56.34
453	12.71	18.18	26.05	41.77	58.67	1:07.17	50.58	1:44.98	3:56.44
452	-	18.19	26.06	41.79	58.70	1:07.20	50.60	1:45.03	3:56.54
451	12.72	18.20	26.07	41.81	58.72	1:07.24	50.62	1:45.07	3:56.64

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
-	-	26.08	41.82	58.75	1:07.27	50.65	1:45.11	3:56.74	450
12.73	18.21	26.09	41.84	58.77	1:07.30	50.67	1:45.16	3:56.84	449
-	18.22	26.10	41.86	58.79	1:07.34	50.69	1:45.20	3:56.94	448
-	18.23	26.11	41.88	58.82	1:07.37	50.71	1:45.24	3:57.05	447
12.74	18.24	26.13	41.90	58.84	1:07.40	50.73	1:45.29	3:57.15	446
-	18.25	26.14	41.91	58.87	1:07.44	50.75	1:45.33	3:57.25	445
12.75	18.26	26.15	41.93	58.89	1:07.47	50.77	1:45.37	3:57.35	444
-	-	26.16	41.95	58.92	1:07.50	50.80	1:45.42	3:57.45	443
12.76	18.27	26.17	41.97	58.94	1:07.54	50.82	1:45.46	3:57.56	442
-	18.28	26.18	41.99	58.97	1:07.57	50.84	1:45.50	3:57.66	441
12.77	18.29	26.19	42.01	58.99	1:07.60	50.86	1:45.55	3:57.76	440
-	18.30	26.20	42.02	59.02	1:07.64	50.88	1:45.59	3:57.86	439
12.78	18.31	26.21	42.04	59.04	1:07.67	50.91	1:45.64	3:57.97	438
-	18.32	26.22	42.06	59.07	1:07.70	50.93	1:45.68	3:58.07	437
12.79	18.33	26.23	42.08	59.09	1:07.74	50.95	1:45.72	3:58.17	436
-	-	26.24	42.10	59.12	1:07.77	50.97	1:45.77	3:58.28	435
12.80	18.34	26.25	42.11	59.14	1:07.80	50.99	1:45.81	3:58.38	434
-	18.35	26.26	42.13	59.17	1:07.84	51.01	1:45.86	3:58.48	433
12.81	18.36	26.27	42.15	59.19	1:07.87	51.04	1:45.90	3:58.59	432
-	18.37	26.28	42.17	59.22	1:07.90	51.06	1:45.94	3:58.69	431
12.82	18.38	26.29	42.19	59.25	1:07.94	51.08	1:45.99	3:58.79	430
-	18.39	26.31	42.21	59.27	1:07.97	51.10	1:46.03	3:58.90	429
12.83	18.40	26.32	42.23	59.30	1:08.01	51.12	1:46.08	3:59.00	428
-	18.41	26.33	42.24	59.32	1:08.04	51.15	1:46.12	3:59.10	427
12.84	-	26.34	42.26	59.35	1:08.07	51.17	1:46.16	3:59.21	426
-	18.42	26.35	42.28	59.37	1:08.11	51.19	1:46.21	3:59.31	425
12.85	18.43	26.36	42.30	59.40	1:08.14	51.21	1:46.25	3:59.42	424
-	18.44	26.37	42.32	59.42	1:08.18	51.23	1:46.30	3:59.52	423
12.86	18.45	26.38	42.34	59.45	1:08.21	51.26	1:46.34	3:59.63	422
-	18.46	26.39	42.35	59.47	1:08.24	51.28	1:46.39	3:59.73	421
12.87	18.47	26.40	42.37	59.50	1:08.28	51.30	1:46.43	3:59.84	420
-	18.48	26.41	42.39	59.53	1:08.31	51.32	1:46.48	3:59.94	419
12.88	18.49	26.42	42.41	59.55	1:08.35	51.35	1:46.52	4:00.05	418
-	-	26.43	42.43	59.58	1:08.38	51.37	1:46.57	4:00.15	417
12.89	18.50	26.45	42.45	59.60	1:08.42	51.39	1:46.61	4:00.26	416
-	18.51	26.46	42.47	59.63	1:08.45	51.41	1:46.66	4:00.36	415
12.90	18.52	26.47	42.49	59.65	1:08.48	51.44	1:46.70	4:00.47	414
-	18.53	26.48	42.50	59.68	1:08.52	51.46	1:46.75	4:00.57	413
12.91	18.54	26.49	42.52	59.71	1:08.55	51.48	1:46.79	4:00.68	412
-	18.55	26.50	42.54	59.73	1:08.59	51.50	1:46.84	4:00.79	411
12.92	18.56	26.51	42.56	59.76	1:08.62	51.53	1:46.88	4:00.89	410
-	18.57	26.52	42.58	59.78	1:08.66	51.55	1:46.93	4:01.00	409
-	18.58	26.53	42.60	59.81	1:08.69	51.57	1:46.97	4:01.10	408
12.93	18.59	26.54	42.62	59.84	1:08.73	51.59	1:47.02	4:01.21	407
-	-	26.56	42.64	59.86	1:08.76	51.62	1:47.06	4:01.32	406
12.94	18.60	26.57	42.65	59.89	1:08.80	51.64	1:47.11	4:01.42	405
-	18.61	26.58	42.67	59.91	1:08.83	51.66	1:47.15	4:01.53	404
12.95	18.62	26.59	42.69	59.94	1:08.87	51.68	1:47.20	4:01.64	403
12.96	18.63	26.60	42.71	59.97	1:08.90	51.71	1:47.25	4:01.75	402
-	18.64	26.61	42.73	59.99	1:08.94	51.73	1:47.29	4:01.85	401

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
400	12.97	18.65	26.62	42.75	1:00.02	1:08.97	51.75	1:47.34	4:01.96
399	-	18.66	26.63	42.77	1:00.04	1:09.01	51.77	1:47.38	4:02.07
398	12.98	18.67	26.64	42.79	1:00.07	1:09.04	51.80	1:47.43	4:02.18
397	-	18.68	26.65	42.81	1:00.10	1:09.08	51.82	1:47.48	4:02.28
396	12.99	18.69	26.67	42.83	1:00.12	1:09.11	51.84	1:47.52	4:02.39
395	-	18.70	26.68	42.85	1:00.15	1:09.15	51.87	1:47.57	4:02.50
394	13.00	-	26.69	42.86	1:00.18	1:09.18	51.89	1:47.61	4:02.61
393	-	18.71	26.70	42.88	1:00.20	1:09.22	51.91	1:47.66	4:02.72
392	13.01	18.72	26.71	42.90	1:00.23	1:09.25	51.94	1:47.71	4:02.83
391	-	18.73	26.72	42.92	1:00.26	1:09.29	51.96	1:47.75	4:02.93
390	13.02	18.74	26.73	42.94	1:00.28	1:09.32	51.98	1:47.80	4:03.04
389	-	18.75	26.74	42.96	1:00.31	1:09.36	52.00	1:47.85	4:03.15
388	13.03	18.76	26.76	42.98	1:00.33	1:09.39	52.03	1:47.89	4:03.26
387	-	18.77	26.77	43.00	1:00.36	1:09.43	52.05	1:47.94	4:03.37
386	13.04	18.78	26.78	43.02	1:00.39	1:09.46	52.07	1:47.98	4:03.48
385	-	18.79	26.79	43.04	1:00.41	1:09.50	52.10	1:48.03	4:03.59
384	13.05	18.80	26.80	43.06	1:00.44	1:09.54	52.12	1:48.08	4:03.70
383	-	18.81	26.81	43.08	1:00.47	1:09.57	52.14	1:48.12	4:03.81
382	13.06	18.82	26.82	43.10	1:00.50	1:09.61	52.17	1:48.17	4:03.92
381	-	18.83	26.83	43.12	1:00.52	1:09.64	52.19	1:48.22	4:04.03
380	13.07	18.84	26.85	43.14	1:00.55	1:09.68	52.21	1:48.27	4:04.14
379	-	-	26.86	43.16	1:00.58	1:09.72	52.24	1:48.31	4:04.25
378	13.08	18.85	26.87	43.17	1:00.60	1:09.75	52.26	1:48.36	4:04.36
377	-	18.86	26.88	43.19	1:00.63	1:09.79	52.28	1:48.41	4:04.47
376	13.09	18.87	26.89	43.21	1:00.66	1:09.82	52.31	1:48.45	4:04.58
375	-	18.88	26.90	43.23	1:00.68	1:09.86	52.33	1:48.50	4:04.69
374	13.10	18.89	26.91	43.25	1:00.71	1:09.90	52.35	1:48.55	4:04.80
373	-	18.90	26.93	43.27	1:00.74	1:09.93	52.38	1:48.60	4:04.91
372	13.11	18.91	26.94	43.29	1:00.77	1:09.97	52.40	1:48.64	4:05.03
371	-	18.92	26.95	43.31	1:00.79	1:10.01	52.43	1:48.69	4:05.14
370	13.12	18.93	26.96	43.33	1:00.82	1:10.04	52.45	1:48.74	4:05.25
369	-	18.94	26.97	43.35	1:00.85	1:10.08	52.47	1:48.79	4:05.36
368	13.13	18.95	26.98	43.37	1:00.87	1:10.11	52.50	1:48.83	4:05.47
367	-	18.96	27.00	43.39	1:00.90	1:10.15	52.52	1:48.88	4:05.59
366	13.14	18.97	27.01	43.41	1:00.93	1:10.19	52.54	1:48.93	4:05.70
365	13.15	18.98	27.02	43.43	1:00.96	1:10.22	52.57	1:48.98	4:05.81
364	-	18.99	27.03	43.45	1:00.98	1:10.26	52.59	1:49.03	4:05.92
363	13.16	19.00	27.04	43.47	1:01.01	1:10.30	52.62	1:49.07	4:06.04
362	-	19.01	27.05	43.49	1:01.04	1:10.33	52.64	1:49.12	4:06.15
361	13.17	19.02	27.07	43.51	1:01.07	1:10.37	52.66	1:49.17	4:06.26
360	-	19.03	27.08	43.53	1:01.09	1:10.41	52.69	1:49.22	4:06.38
359	13.18	19.04	27.09	43.55	1:01.12	1:10.45	52.71	1:49.27	4:06.49
358	-	19.05	27.10	43.57	1:01.15	1:10.48	52.74	1:49.32	4:06.60
357	13.19	19.06	27.11	43.59	1:01.18	1:10.52	52.76	1:49.36	4:06.72
356	-	19.07	27.12	43.61	1:01.21	1:10.56	52.78	1:49.41	4:06.83
355	13.20	-	27.14	43.63	1:01.23	1:10.59	52.81	1:49.46	4:06.94
354	-	19.08	27.15	43.65	1:01.26	1:10.63	52.83	1:49.51	4:07.06
353	13.21	19.09	27.16	43.67	1:01.29	1:10.67	52.86	1:49.56	4:07.17
352	-	19.10	27.17	43.69	1:01.32	1:10.71	52.88	1:49.61	4:07.29
351	13.22	19.11	27.18	43.71	1:01.34	1:10.74	52.91	1:49.66	4:07.40

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
13.23	19.12	27.19	43.73	1:01.37	1:10.78	52.93	1:49.71	4:07.52	350
-	19.13	27.21	43.75	1:01.40	1:10.82	52.95	1:49.75	4:07.63	349
13.24	19.14	27.22	43.78	1:01.43	1:10.86	52.98	1:49.80	4:07.75	348
-	19.15	27.23	43.80	1:01.46	1:10.89	53.00	1:49.85	4:07.86	347
13.25	19.16	27.24	43.82	1:01.49	1:10.93	53.03	1:49.90	4:07.98	346
-	19.17	27.25	43.84	1:01.51	1:10.97	53.05	1:49.95	4:08.09	345
13.26	19.18	27.27	43.86	1:01.54	1:11.01	53.08	1:50.00	4:08.21	344
-	19.19	27.28	43.88	1:01.57	1:11.04	53.10	1:50.05	4:08.33	343
13.27	19.20	27.29	43.90	1:01.60	1:11.08	53.13	1:50.10	4:08.44	342
-	19.21	27.30	43.92	1:01.63	1:11.12	53.15	1:50.15	4:08.56	341
13.28	19.22	27.31	43.94	1:01.65	1:11.16	53.18	1:50.20	4:08.68	340
13.29	19.23	27.33	43.96	1:01.68	1:11.20	53.20	1:50.25	4:08.79	339
-	19.24	27.34	43.98	1:01.71	1:11.23	53.23	1:50.30	4:08.91	338
13.30	19.25	27.35	44.00	1:01.74	1:11.27	53.25	1:50.35	4:09.03	337
-	19.26	27.36	44.02	1:01.77	1:11.31	53.28	1:50.40	4:09.14	336
13.31	19.27	27.37	44.04	1:01.80	1:11.35	53.30	1:50.45	4:09.26	335
-	19.28	27.39	44.06	1:01.83	1:11.39	53.32	1:50.50	4:09.38	334
13.32	19.29	27.40	44.08	1:01.86	1:11.42	53.35	1:50.55	4:09.50	333
-	19.30	27.41	44.11	1:01.88	1:11.46	53.37	1:50.60	4:09.61	332
13.33	19.31	27.42	44.13	1:01.91	1:11.50	53.40	1:50.65	4:09.73	331
-	19.32	27.44	44.15	1:01.94	1:11.54	53.42	1:50.70	4:09.85	330
13.34	19.33	27.45	44.17	1:01.97	1:11.58	53.45	1:50.75	4:09.97	329
13.35	19.34	27.46	44.19	1:02.00	1:11.62	53.48	1:50.80	4:10.09	328
-	19.35	27.47	44.21	1:02.03	1:11.66	53.50	1:50.85	4:10.21	327
13.36	19.36	27.48	44.23	1:02.06	1:11.69	53.53	1:50.90	4:10.33	326
-	19.37	27.50	44.25	1:02.09	1:11.73	53.55	1:50.95	4:10.44	325
13.37	19.38	27.51	44.27	1:02.12	1:11.77	53.58	1:51.00	4:10.56	324
-	19.39	27.52	44.30	1:02.14	1:11.81	53.60	1:51.05	4:10.68	323
13.38	19.40	27.53	44.32	1:02.17	1:11.85	53.63	1:51.11	4:10.80	322
-	19.41	27.55	44.34	1:02.20	1:11.89	53.65	1:51.16	4:10.92	321
13.39	19.42	27.56	44.36	1:02.23	1:11.93	53.68	1:51.21	4:11.04	320
13.40	19.44	27.57	44.38	1:02.26	1:11.97	53.70	1:51.26	4:11.16	319
-	19.45	27.58	44.40	1:02.29	1:12.01	53.73	1:51.31	4:11.28	318
13.41	19.46	27.60	44.42	1:02.32	1:12.05	53.75	1:51.36	4:11.41	317
-	19.47	27.61	44.44	1:02.35	1:12.09	53.78	1:51.41	4:11.53	316
13.42	19.48	27.62	44.47	1:02.38	1:12.13	53.81	1:51.46	4:11.65	315
-	19.49	27.63	44.49	1:02.41	1:12.16	53.83	1:51.52	4:11.77	314
13.43	19.50	27.65	44.51	1:02.44	1:12.20	53.86	1:51.57	4:11.89	313
13.44	19.51	27.66	44.53	1:02.47	1:12.24	53.88	1:51.62	4:12.01	312
-	19.52	27.67	44.55	1:02.50	1:12.28	53.91	1:51.67	4:12.13	311
13.45	19.53	27.68	44.57	1:02.53	1:12.32	53.93	1:51.72	4:12.26	310
-	19.54	27.70	44.60	1:02.56	1:12.36	53.96	1:51.78	4:12.38	309
13.46	19.55	27.71	44.62	1:02.59	1:12.40	53.99	1:51.83	4:12.50	308
-	19.56	27.72	44.64	1:02.62	1:12.44	54.01	1:51.88	4:12.62	307
13.47	19.57	27.73	44.66	1:02.65	1:12.48	54.04	1:51.93	4:12.75	306
13.48	19.58	27.75	44.68	1:02.68	1:12.52	54.07	1:51.99	4:12.87	305
-	19.59	27.76	44.70	1:02.71	1:12.56	54.09	1:52.04	4:12.99	304
13.49	19.60	27.77	44.73	1:02.74	1:12.60	54.12	1:52.09	4:13.12	303
-	19.61	27.78	44.75	1:02.77	1:12.64	54.14	1:52.14	4:13.24	302
13.50	19.62	27.80	44.77	1:02.80	1:12.68	54.17	1:52.20	4:13.36	301

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
300	-	19.63	27.81	44.79	1:02.83	1:12.72	54.20	1:52.25	4:13.49
299	13.51	19.64	27.82	44.81	1:02.86	1:12.77	54.22	1:52.30	4:13.61
298	13.52	19.65	27.84	44.84	1:02.89	1:12.81	54.25	1:52.35	4:13.74
297	-	19.67	27.85	44.86	1:02.92	1:12.85	54.28	1:52.41	4:13.86
296	13.53	19.68	27.86	44.88	1:02.95	1:12.89	54.30	1:52.46	4:13.99
295	-	19.69	27.87	44.90	1:02.98	1:12.93	54.33	1:52.51	4:14.11
294	13.54	19.70	27.89	44.92	1:03.01	1:12.97	54.35	1:52.57	4:14.24
293	13.55	19.71	27.90	44.95	1:03.04	1:13.01	54.38	1:52.62	4:14.36
292	-	19.72	27.91	44.97	1:03.07	1:13.05	54.41	1:52.67	4:14.49
291	13.56	19.73	27.93	44.99	1:03.10	1:13.09	54.43	1:52.73	4:14.61
290	-	19.74	27.94	45.01	1:03.13	1:13.13	54.46	1:52.78	4:14.74
289	13.57	19.75	27.95	45.04	1:03.16	1:13.17	54.49	1:52.84	4:14.87
288	13.58	19.76	27.97	45.06	1:03.20	1:13.22	54.52	1:52.89	4:14.99
287	-	19.77	27.98	45.08	1:03.23	1:13.26	54.54	1:52.94	4:15.12
286	13.59	19.78	27.99	45.10	1:03.26	1:13.30	54.57	1:53.00	4:15.25
285	-	19.79	28.00	45.13	1:03.29	1:13.34	54.60	1:53.05	4:15.37
284	13.60	19.81	28.02	45.15	1:03.32	1:13.38	54.62	1:53.11	4:15.50
283	13.61	19.82	28.03	45.17	1:03.35	1:13.42	54.65	1:53.16	4:15.63
282	-	19.83	28.04	45.19	1:03.38	1:13.46	54.68	1:53.22	4:15.76
281	13.62	19.84	28.06	45.22	1:03.41	1:13.51	54.70	1:53.27	4:15.89
280	-	19.85	28.07	45.24	1:03.44	1:13.55	54.73	1:53.33	4:16.01
279	13.63	19.86	28.08	45.26	1:03.48	1:13.59	54.76	1:53.38	4:16.14
278	13.64	19.87	28.10	45.29	1:03.51	1:13.63	54.79	1:53.43	4:16.27
277	-	19.88	28.11	45.31	1:03.54	1:13.67	54.81	1:53.49	4:16.40
276	13.65	19.89	28.12	45.33	1:03.57	1:13.72	54.84	1:53.55	4:16.53
275	-	19.90	28.14	45.35	1:03.60	1:13.76	54.87	1:53.60	4:16.66
274	13.66	19.92	28.15	45.38	1:03.63	1:13.80	54.90	1:53.66	4:16.79
273	13.67	19.93	28.16	45.40	1:03.66	1:13.84	54.92	1:53.71	4:16.92
272	-	19.94	28.18	45.42	1:03.70	1:13.89	54.95	1:53.77	4:17.05
271	13.68	19.95	28.19	45.45	1:03.73	1:13.93	54.98	1:53.82	4:17.18
270	-	19.96	28.20	45.47	1:03.76	1:13.97	55.01	1:53.88	4:17.31
269	13.69	19.97	28.22	45.49	1:03.79	1:14.01	55.03	1:53.93	4:17.44
268	13.70	19.98	28.23	45.52	1:03.82	1:14.06	55.06	1:53.99	4:17.57
267	-	19.99	28.25	45.54	1:03.86	1:14.10	55.09	1:54.05	4:17.70
266	13.71	20.00	28.26	45.56	1:03.89	1:14.14	55.12	1:54.10	4:17.84
265	-	20.02	28.27	45.59	1:03.92	1:14.18	55.15	1:54.16	4:17.97
264	13.72	20.03	28.29	45.61	1:03.95	1:14.23	55.17	1:54.21	4:18.10
263	13.73	20.04	28.30	45.63	1:03.99	1:14.27	55.20	1:54.27	4:18.23
262	-	20.05	28.31	45.66	1:04.02	1:14.31	55.23	1:54.33	4:18.37
261	13.74	20.06	28.33	45.68	1:04.05	1:14.36	55.26	1:54.38	4:18.50
260	13.75	20.07	28.34	45.70	1:04.08	1:14.40	55.29	1:54.44	4:18.63
259	-	20.08	28.35	45.73	1:04.12	1:14.44	55.32	1:54.50	4:18.77
258	13.76	20.10	28.37	45.75	1:04.15	1:14.49	55.34	1:54.55	4:18.90
257	-	20.11	28.38	45.77	1:04.18	1:14.53	55.37	1:54.61	4:19.03
256	13.77	20.12	28.40	45.80	1:04.21	1:14.58	55.40	1:54.67	4:19.17
255	13.78	20.13	28.41	45.82	1:04.25	1:14.62	55.43	1:54.73	4:19.30
254	-	20.14	28.42	45.85	1:04.28	1:14.66	55.46	1:54.78	4:19.44
253	13.79	20.15	28.44	45.87	1:04.31	1:14.71	55.49	1:54.84	4:19.57
252	13.80	20.16	28.45	45.89	1:04.34	1:14.75	55.52	1:54.90	4:19.71
251	-	20.18	28.47	45.92	1:04.38	1:14.80	55.54	1:54.96	4:19.84



100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
13.81	20.19	28.48	45.94	1:04.41	1:14.84	55.57	1:55.01	4:19.98	250
13.82	20.20	28.49	45.97	1:04.44	1:14.88	55.60	1:55.07	4:20.11	249
-	20.21	28.51	45.99	1:04.48	1:14.93	55.63	1:55.13	4:20.25	248
13.83	20.22	28.52	46.01	1:04.51	1:14.97	55.66	1:55.19	4:20.39	247
-	20.23	28.54	46.04	1:04.54	1:15.02	55.69	1:55.25	4:20.53	246
13.84	20.25	28.55	46.06	1:04.58	1:15.06	55.72	1:55.31	4:20.66	245
13.85	20.26	28.56	46.09	1:04.61	1:15.11	55.75	1:55.36	4:20.80	244
-	20.27	28.58	46.11	1:04.64	1:15.15	55.78	1:55.42	4:20.94	243
13.86	20.28	28.59	46.14	1:04.68	1:15.20	55.81	1:55.48	4:21.08	242
13.87	20.29	28.61	46.16	1:04.71	1:15.24	55.83	1:55.54	4:21.21	241
-	20.31	28.62	46.19	1:04.75	1:15.29	55.86	1:55.60	4:21.35	240
13.88	20.32	28.64	46.21	1:04.78	1:15.33	55.89	1:55.66	4:21.49	239
13.89	20.33	28.65	46.24	1:04.81	1:15.38	55.92	1:55.72	4:21.63	238
-	20.34	28.66	46.26	1:04.85	1:15.42	55.95	1:55.78	4:21.77	237
13.90	20.35	28.68	46.28	1:04.88	1:15.47	55.98	1:55.84	4:21.91	236
13.91	20.36	28.69	46.31	1:04.92	1:15.51	56.01	1:55.90	4:22.05	235
-	20.38	28.71	46.33	1:04.95	1:15.56	56.04	1:55.96	4:22.19	234
13.92	20.39	28.72	46.36	1:04.98	1:15.61	56.07	1:56.02	4:22.33	233
13.93	20.40	28.74	46.38	1:05.02	1:15.65	56.10	1:56.08	4:22.47	232
-	20.41	28.75	46.41	1:05.05	1:15.70	56.13	1:56.14	4:22.61	231
13.94	20.42	28.77	46.43	1:05.09	1:15.74	56.16	1:56.20	4:22.76	230
13.95	20.44	28.78	46.46	1:05.12	1:15.79	56.19	1:56.26	4:22.90	229
-	20.45	28.80	46.48	1:05.16	1:15.84	56.22	1:56.32	4:23.04	228
13.96	20.46	28.81	46.51	1:05.19	1:15.88	56.25	1:56.38	4:23.18	227
13.97	20.47	28.83	46.54	1:05.23	1:15.93	56.28	1:56.44	4:23.33	226
-	20.49	28.84	46.56	1:05.26	1:15.98	56.31	1:56.50	4:23.47	225
13.98	20.50	28.85	46.59	1:05.30	1:16.02	56.34	1:56.56	4:23.61	224
13.99	20.51	28.87	46.61	1:05.33	1:16.07	56.37	1:56.62	4:23.76	223
-	20.52	28.88	46.64	1:05.37	1:16.12	56.40	1:56.69	4:23.90	222
14.00	20.53	28.90	46.66	1:05.40	1:16.16	56.43	1:56.75	4:24.05	221
14.01	20.55	28.91	46.69	1:05.44	1:16.21	56.47	1:56.81	4:24.19	220
-	20.56	28.93	46.71	1:05.47	1:16.26	56.50	1:56.87	4:24.34	219
14.02	20.57	28.94	46.74	1:05.51	1:16.31	56.53	1:56.93	4:24.48	218
14.03	20.58	28.96	46.77	1:05.54	1:16.35	56.56	1:57.00	4:24.63	217
-	20.60	28.97	46.79	1:05.58	1:16.40	56.59	1:57.06	4:24.77	216
14.04	20.61	28.99	46.82	1:05.62	1:16.45	56.62	1:57.12	4:24.92	215
14.05	20.62	29.00	46.84	1:05.65	1:16.50	56.65	1:57.18	4:25.07	214
-	20.63	29.02	46.87	1:05.69	1:16.54	56.68	1:57.25	4:25.21	213
14.06	20.65	29.03	46.90	1:05.72	1:16.59	56.71	1:57.31	4:25.36	212
14.07	20.66	29.05	46.92	1:05.76	1:16.64	56.75	1:57.37	4:25.51	211
14.08	20.67	29.07	46.95	1:05.80	1:16.69	56.78	1:57.43	4:25.66	210
-	20.69	29.08	46.97	1:05.83	1:16.74	56.81	1:57.50	4:25.81	209
14.09	20.70	29.10	47.00	1:05.87	1:16.79	56.84	1:57.56	4:25.95	208
14.10	20.71	29.11	47.03	1:05.90	1:16.83	56.87	1:57.62	4:26.10	207
-	20.72	29.13	47.05	1:05.94	1:16.88	56.90	1:57.69	4:26.25	206
14.11	20.74	29.14	47.08	1:05.98	1:16.93	56.94	1:57.75	4:26.40	205
14.12	20.75	29.16	47.11	1:06.01	1:16.98	56.97	1:57.82	4:26.55	204
-	20.76	29.17	47.13	1:06.05	1:17.03	57.00	1:57.88	4:26.70	203
14.13	20.77	29.19	47.16	1:06.09	1:17.08	57.03	1:57.94	4:26.86	202
14.14	20.79	29.20	47.19	1:06.12	1:17.13	57.06	1:58.01	4:27.01	201

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
200	14.15	20.80	29.22	47.21	1:06.16	1:17.18	57.10	1:58.07	4:27.16
199	-	20.81	29.24	47.24	1:06.20	1:17.23	57.13	1:58.14	4:27.31
198	14.16	20.83	29.25	47.27	1:06.24	1:17.28	57.16	1:58.20	4:27.46
197	14.17	20.84	29.27	47.30	1:06.27	1:17.33	57.19	1:58.27	4:27.62
196	-	20.85	29.28	47.32	1:06.31	1:17.38	57.22	1:58.33	4:27.77
195	14.18	20.87	29.30	47.35	1:06.35	1:17.43	57.26	1:58.40	4:27.92
194	14.19	20.88	29.32	47.38	1:06.39	1:17.48	57.29	1:58.47	4:28.08
193	14.20	20.89	29.33	47.41	1:06.42	1:17.53	57.32	1:58.53	4:28.23
192	-	20.91	29.35	47.43	1:06.46	1:17.58	57.36	1:58.60	4:28.39
191	14.21	20.92	29.36	47.46	1:06.50	1:17.63	57.39	1:58.66	4:28.54
190	14.22	20.93	29.38	47.49	1:06.54	1:17.68	57.42	1:58.73	4:28.70
189	-	20.95	29.40	47.52	1:06.58	1:17.73	57.46	1:58.80	4:28.86
188	14.23	20.96	29.41	47.54	1:06.61	1:17.78	57.49	1:58.86	4:29.01
187	14.24	20.97	29.43	47.57	1:06.65	1:17.83	57.52	1:58.93	4:29.17
186	14.25	20.99	29.44	47.60	1:06.69	1:17.88	57.55	1:59.00	4:29.33
185	-	21.00	29.46	47.63	1:06.73	1:17.94	57.59	1:59.07	4:29.49
184	14.26	21.01	29.48	47.66	1:06.77	1:17.99	57.62	1:59.13	4:29.64
183	14.27	21.03	29.49	47.68	1:06.81	1:18.04	57.66	1:59.20	4:29.80
182	14.28	21.04	29.51	47.71	1:06.85	1:18.09	57.69	1:59.27	4:29.96
181	-	21.05	29.53	47.74	1:06.88	1:18.14	57.72	1:59.34	4:30.12
180	14.29	21.07	29.54	47.77	1:06.92	1:18.20	57.76	1:59.40	4:30.28
179	14.30	21.08	29.56	47.80	1:06.96	1:18.25	57.79	1:59.47	4:30.44
178	14.31	21.09	29.58	47.83	1:07.00	1:18.30	57.83	1:59.54	4:30.60
177	-	21.11	29.59	47.85	1:07.04	1:18.35	57.86	1:59.61	4:30.76
176	14.32	21.12	29.61	47.88	1:07.08	1:18.41	57.89	1:59.68	4:30.93
175	14.33	21.14	29.63	47.91	1:07.12	1:18.46	57.93	1:59.75	4:31.09
174	14.34	21.15	29.64	47.94	1:07.16	1:18.51	57.96	1:59.82	4:31.25
173	-	21.16	29.66	47.97	1:07.20	1:18.56	58.00	1:59.89	4:31.41
172	14.35	21.18	29.68	48.00	1:07.24	1:18.62	58.03	1:59.96	4:31.58
171	14.36	21.19	29.69	48.03	1:07.28	1:18.67	58.07	2:00.03	4:31.74
170	14.37	21.21	29.71	48.06	1:07.32	1:18.72	58.10	2:00.10	4:31.91
169	14.38	21.22	29.73	48.09	1:07.36	1:18.78	58.14	2:00.17	4:32.07
168	-	21.23	29.74	48.11	1:07.40	1:18.83	58.17	2:00.24	4:32.24
167	14.39	21.25	29.76	48.14	1:07.44	1:18.89	58.21	2:00.31	4:32.40
166	14.40	21.26	29.78	48.17	1:07.48	1:18.94	58.24	2:00.38	4:32.57
165	14.41	21.28	29.80	48.20	1:07.52	1:19.00	58.28	2:00.45	4:32.74
164	-	21.29	29.81	48.23	1:07.56	1:19.05	58.31	2:00.52	4:32.91
163	14.42	21.31	29.83	48.26	1:07.60	1:19.11	58.35	2:00.59	4:33.07
162	14.43	21.32	29.85	48.29	1:07.65	1:19.16	58.39	2:00.67	4:33.24
161	14.44	21.33	29.87	48.32	1:07.69	1:19.22	58.42	2:00.74	4:33.41
160	14.45	21.35	29.88	48.35	1:07.73	1:19.27	58.46	2:00.81	4:33.58
159	-	21.36	29.90	48.38	1:07.77	1:19.33	58.49	2:00.88	4:33.75
158	14.46	21.38	29.92	48.41	1:07.81	1:19.38	58.53	2:00.96	4:33.92
157	14.47	21.39	29.94	48.44	1:07.85	1:19.44	58.57	2:01.03	4:34.09
156	14.48	21.41	29.95	48.47	1:07.89	1:19.49	58.60	2:01.10	4:34.27
155	14.49	21.42	29.97	48.50	1:07.94	1:19.55	58.64	2:01.18	4:34.44
154	-	21.44	29.99	48.54	1:07.98	1:19.61	58.68	2:01.25	4:34.61
153	14.50	21.45	30.01	48.57	1:08.02	1:19.66	58.71	2:01.32	4:34.79
152	14.51	21.47	30.02	48.60	1:08.06	1:19.72	58.75	2:01.40	4:34.96
151	14.52	21.48	30.04	48.63	1:08.11	1:19.78	58.79	2:01.47	4:35.13

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
14.53	21.50	30.06	48.66	1:08.15	1:19.83	58.82	2:01.55	4:35.31	150
14.54	21.51	30.08	48.69	1:08.19	1:19.89	58.86	2:01.62	4:35.49	149
-	21.53	30.10	48.72	1:08.24	1:19.95	58.90	2:01.70	4:35.66	148
14.55	21.54	30.12	48.75	1:08.28	1:20.01	58.94	2:01.77	4:35.84	147
14.56	21.56	30.13	48.78	1:08.32	1:20.06	58.97	2:01.85	4:36.02	146
14.57	21.57	30.15	48.82	1:08.37	1:20.12	59.01	2:01.92	4:36.20	145
14.58	21.59	30.17	48.85	1:08.41	1:20.18	59.05	2:02.00	4:36.37	144
14.59	21.60	30.19	48.88	1:08.45	1:20.24	59.09	2:02.08	4:36.55	143
-	21.62	30.21	48.91	1:08.50	1:20.30	59.13	2:02.15	4:36.73	142
14.60	21.63	30.23	48.94	1:08.54	1:20.36	59.16	2:02.23	4:36.91	141
14.61	21.65	30.25	48.98	1:08.58	1:20.42	59.20	2:02.31	4:37.10	140
14.62	21.66	30.26	49.01	1:08.63	1:20.47	59.24	2:02.39	4:37.28	139
14.63	21.68	30.28	49.04	1:08.67	1:20.53	59.28	2:02.46	4:37.46	138
14.64	21.70	30.30	49.07	1:08.72	1:20.59	59.32	2:02.54	4:37.64	137
14.65	21.71	30.32	49.11	1:08.76	1:20.65	59.36	2:02.62	4:37.83	136
-	21.73	30.34	49.14	1:08.81	1:20.71	59.40	2:02.70	4:38.01	135
14.66	21.74	30.36	49.17	1:08.85	1:20.77	59.44	2:02.78	4:38.20	134
14.67	21.76	30.38	49.20	1:08.90	1:20.84	59.48	2:02.86	4:38.39	133
14.68	21.78	30.40	49.24	1:08.94	1:20.90	59.52	2:02.94	4:38.57	132
14.69	21.79	30.42	49.27	1:08.99	1:20.96	59.55	2:03.02	4:38.76	131
14.70	21.81	30.44	49.30	1:09.04	1:21.02	59.59	2:03.10	4:38.95	130
14.71	21.82	30.46	49.34	1:09.08	1:21.08	59.63	2:03.18	4:39.14	129
14.72	21.84	30.48	49.37	1:09.13	1:21.14	59.68	2:03.26	4:39.33	128
-	21.86	30.50	49.40	1:09.17	1:21.20	59.72	2:03.34	4:39.52	127
14.73	21.87	30.51	49.44	1:09.22	1:21.27	59.76	2:03.42	4:39.71	126
14.74	21.89	30.53	49.47	1:09.27	1:21.33	59.80	2:03.50	4:39.90	125
14.75	21.91	30.55	49.51	1:09.32	1:21.39	59.84	2:03.58	4:40.09	124
14.76	21.92	30.57	49.54	1:09.36	1:21.45	59.88	2:03.67	4:40.29	123
14.77	21.94	30.59	49.58	1:09.41	1:21.52	59.92	2:03.75	4:40.48	122
14.78	21.95	30.61	49.61	1:09.46	1:21.58	59.96	2:03.83	4:40.68	121
14.79	21.97	30.63	49.64	1:09.51	1:21.65	1:00.00	2:03.92	4:40.87	120
14.80	21.99	30.66	49.68	1:09.55	1:21.71	1:00.04	2:04.00	4:41.07	119
14.81	22.01	30.68	49.71	1:09.60	1:21.77	1:00.09	2:04.08	4:41.27	118
14.82	22.02	30.70	49.75	1:09.65	1:21.84	1:00.13	2:04.17	4:41.46	117
-	22.04	30.72	49.79	1:09.70	1:21.90	1:00.17	2:04.25	4:41.66	116
14.83	22.06	30.74	49.82	1:09.75	1:21.97	1:00.21	2:04.34	4:41.86	115
14.84	22.07	30.76	49.86	1:09.80	1:22.03	1:00.26	2:04.43	4:42.07	114
14.85	22.09	30.78	49.89	1:09.85	1:22.10	1:00.30	2:04.51	4:42.27	113
14.86	22.11	30.80	49.93	1:09.89	1:22.17	1:00.34	2:04.60	4:42.47	112
14.87	22.13	30.82	49.96	1:09.94	1:22.23	1:00.38	2:04.68	4:42.67	111
14.88	22.14	30.84	50.00	1:09.99	1:22.30	1:00.43	2:04.77	4:42.88	110
14.89	22.16	30.86	50.04	1:10.04	1:22.37	1:00.47	2:04.86	4:43.08	109
14.90	22.18	30.88	50.07	1:10.09	1:22.43	1:00.52	2:04.95	4:43.29	108
14.91	22.20	30.91	50.11	1:10.15	1:22.50	1:00.56	2:05.04	4:43.50	107
14.92	22.21	30.93	50.15	1:10.20	1:22.57	1:00.60	2:05.12	4:43.71	106
14.93	22.23	30.95	50.18	1:10.25	1:22.64	1:00.65	2:05.21	4:43.92	105
14.94	22.25	30.97	50.22	1:10.30	1:22.71	1:00.69	2:05.30	4:44.13	104
14.95	22.27	30.99	50.26	1:10.35	1:22.77	1:00.74	2:05.39	4:44.34	103
14.96	22.29	31.01	50.30	1:10.40	1:22.84	1:00.78	2:05.48	4:44.55	102
14.97	22.30	31.04	50.33	1:10.45	1:22.91	1:00.83	2:05.57	4:44.76	101

Points	100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m
100	14.98	22.32	31.06	50.37	1:10.51	1:22.98	1:00.87	2:05.67	4:44.98
99	14.99	22.34	31.08	50.41	1:10.56	1:23.05	1:00.92	2:05.76	4:45.19
98	15.00	22.36	31.10	50.45	1:10.61	1:23.12	1:00.97	2:05.85	4:45.41
97	15.01	22.38	31.13	50.49	1:10.66	1:23.19	1:01.01	2:05.94	4:45.63
96	15.02	22.40	31.15	50.53	1:10.72	1:23.27	1:01.06	2:06.04	4:45.85
95	15.03	22.42	31.17	50.57	1:10.77	1:23.34	1:01.10	2:06.13	4:46.07
94	15.04	22.43	31.19	50.60	1:10.83	1:23.41	1:01.15	2:06.22	4:46.29
93	15.05	22.45	31.22	50.64	1:10.88	1:23.48	1:01.20	2:06.32	4:46.51
92	15.06	22.47	31.24	50.68	1:10.93	1:23.55	1:01.25	2:06.41	4:46.73
91	15.07	22.49	31.26	50.72	1:10.99	1:23.63	1:01.29	2:06.51	4:46.96
90	15.08	22.51	31.29	50.76	1:11.04	1:23.70	1:01.34	2:06.61	4:47.19
89	15.09	22.53	31.31	50.80	1:11.10	1:23.78	1:01.39	2:06.70	4:47.41
88	15.10	22.55	31.33	50.84	1:11.16	1:23.85	1:01.44	2:06.80	4:47.64
87	15.12	22.57	31.36	50.89	1:11.21	1:23.93	1:01.49	2:06.90	4:47.87
86	15.13	22.59	31.38	50.93	1:11.27	1:24.00	1:01.54	2:07.00	4:48.10
85	15.14	22.61	31.40	50.97	1:11.32	1:24.08	1:01.59	2:07.10	4:48.34
84	15.15	22.63	31.43	51.01	1:11.38	1:24.15	1:01.64	2:07.20	4:48.57
83	15.16	22.65	31.45	51.05	1:11.44	1:24.23	1:01.68	2:07.30	4:48.80
82	15.17	22.67	31.48	51.09	1:11.50	1:24.31	1:01.74	2:07.40	4:49.04
81	15.18	22.69	31.50	51.13	1:11.56	1:24.38	1:01.79	2:07.50	4:49.28
80	15.19	22.71	31.53	51.18	1:11.61	1:24.46	1:01.84	2:07.60	4:49.52
79	15.20	22.73	31.55	51.22	1:11.67	1:24.54	1:01.89	2:07.70	4:49.76
78	15.22	22.75	31.58	51.26	1:11.73	1:24.62	1:01.94	2:07.81	4:50.00
77	15.23	22.77	31.60	51.31	1:11.79	1:24.70	1:01.99	2:07.91	4:50.25
76	15.24	22.79	31.63	51.35	1:11.85	1:24.78	1:02.04	2:08.02	4:50.49
75	15.25	22.81	31.65	51.39	1:11.91	1:24.86	1:02.10	2:08.12	4:50.74
74	15.26	22.84	31.68	51.44	1:11.97	1:24.94	1:02.15	2:08.23	4:50.99
73	15.27	22.86	31.70	51.48	1:12.03	1:25.02	1:02.20	2:08.33	4:51.24
72	15.29	22.88	31.73	51.53	1:12.10	1:25.11	1:02.26	2:08.44	4:51.49
71	15.30	22.90	31.76	51.57	1:12.16	1:25.19	1:02.31	2:08.55	4:51.75
70	15.31	22.92	31.78	51.62	1:12.22	1:25.27	1:02.36	2:08.66	4:52.00
69	15.32	22.94	31.81	51.66	1:12.28	1:25.36	1:02.42	2:08.77	4:52.26
68	15.33	22.97	31.84	51.71	1:12.35	1:25.44	1:02.47	2:08.88	4:52.52
67	15.35	22.99	31.86	51.76	1:12.41	1:25.53	1:02.53	2:08.99	4:52.78
66	15.36	23.01	31.89	51.80	1:12.47	1:25.61	1:02.58	2:09.10	4:53.05
65	15.37	23.03	31.92	51.85	1:12.54	1:25.70	1:02.64	2:09.22	4:53.31
64	15.38	23.06	31.95	51.90	1:12.60	1:25.79	1:02.70	2:09.33	4:53.58
63	15.40	23.08	31.97	51.94	1:12.67	1:25.87	1:02.76	2:09.45	4:53.85
62	15.41	23.10	32.00	51.99	1:12.74	1:25.96	1:02.81	2:09.56	4:54.12
61	15.42	23.13	32.03	52.04	1:12.80	1:26.05	1:02.87	2:09.68	4:54.40
60	15.43	23.15	32.06	52.09	1:12.87	1:26.14	1:02.93	2:09.80	4:54.67
59	15.45	23.17	32.09	52.14	1:12.94	1:26.23	1:02.99	2:09.92	4:54.95
58	15.46	23.20	32.12	52.19	1:13.01	1:26.32	1:03.05	2:10.04	4:55.23
57	15.47	23.22	32.15	52.24	1:13.08	1:26.42	1:03.11	2:10.16	4:55.52
56	15.49	23.25	32.17	52.29	1:13.15	1:26.51	1:03.17	2:10.28	4:55.80
55	15.50	23.27	32.20	52.34	1:13.22	1:26.60	1:03.23	2:10.40	4:56.09
54	15.51	23.30	32.23	52.39	1:13.29	1:26.70	1:03.29	2:10.53	4:56.38
53	15.53	23.32	32.26	52.45	1:13.36	1:26.79	1:03.35	2:10.65	4:56.68
52	15.54	23.35	32.30	52.50	1:13.43	1:26.89	1:03.42	2:10.78	4:56.97
51	15.56	23.37	32.33	52.55	1:13.50	1:26.99	1:03.48	2:10.91	4:57.27

100m	110m H	200m	300m	400m	400m H	4x100m	4x200m	4x400m	Points
15.57	23.40	32.36	52.60	1:13.58	1:27.09	1:03.55	2:11.03	4:57.58	50
15.58	23.42	32.39	52.66	1:13.65	1:27.19	1:03.61	2:11.16	4:57.88	49
15.60	23.45	32.42	52.71	1:13.73	1:27.29	1:03.68	2:11.30	4:58.19	48
15.61	23.48	32.45	52.77	1:13.80	1:27.39	1:03.74	2:11.43	4:58.50	47
15.63	23.50	32.49	52.83	1:13.88	1:27.49	1:03.81	2:11.56	4:58.82	46
15.64	23.53	32.52	52.88	1:13.96	1:27.60	1:03.88	2:11.70	4:59.14	45
15.66	23.56	32.55	52.94	1:14.04	1:27.70	1:03.94	2:11.84	4:59.46	44
15.67	23.59	32.59	53.00	1:14.12	1:27.81	1:04.01	2:11.98	4:59.79	43
15.69	23.61	32.62	53.05	1:14.20	1:27.91	1:04.08	2:12.12	5:00.12	42
15.70	23.64	32.65	53.11	1:14.28	1:28.02	1:04.15	2:12.26	5:00.45	41
15.72	23.67	32.69	53.17	1:14.36	1:28.13	1:04.23	2:12.40	5:00.79	40
15.74	23.70	32.72	53.23	1:14.44	1:28.24	1:04.30	2:12.55	5:01.13	39
15.75	23.73	32.76	53.30	1:14.53	1:28.36	1:04.37	2:12.70	5:01.48	38
15.77	23.76	32.80	53.36	1:14.62	1:28.47	1:04.45	2:12.85	5:01.83	37
15.79	23.79	32.83	53.42	1:14.70	1:28.59	1:04.52	2:13.00	5:02.18	36
15.80	23.82	32.87	53.49	1:14.79	1:28.71	1:04.60	2:13.15	5:02.55	35
15.82	23.85	32.91	53.55	1:14.88	1:28.82	1:04.68	2:13.31	5:02.91	34
15.84	23.89	32.95	53.62	1:14.97	1:28.95	1:04.76	2:13.47	5:03.28	33
15.86	23.92	32.99	53.68	1:15.06	1:29.07	1:04.84	2:13.63	5:03.66	32
15.87	23.95	33.02	53.75	1:15.16	1:29.19	1:04.92	2:13.79	5:04.04	31
15.89	23.98	33.06	53.82	1:15.25	1:29.32	1:05.00	2:13.96	5:04.43	30
15.91	24.02	33.11	53.89	1:15.35	1:29.45	1:05.08	2:14.12	5:04.83	29
15.93	24.05	33.15	53.96	1:15.44	1:29.58	1:05.17	2:14.30	5:05.23	28
15.95	24.09	33.19	54.03	1:15.54	1:29.71	1:05.26	2:14.47	5:05.64	27
15.97	24.12	33.23	54.11	1:15.65	1:29.85	1:05.34	2:14.65	5:06.06	26
15.99	24.16	33.28	54.18	1:15.75	1:29.99	1:05.43	2:14.83	5:06.49	25
16.01	24.20	33.32	54.26	1:15.86	1:30.13	1:05.53	2:15.02	5:06.92	24
16.03	24.23	33.37	54.34	1:15.96	1:30.27	1:05.62	2:15.20	5:07.36	23
16.05	24.27	33.41	54.42	1:16.08	1:30.42	1:05.72	2:15.40	5:07.82	22
16.07	24.31	33.46	54.50	1:16.19	1:30.57	1:05.82	2:15.60	5:08.28	21
16.09	24.35	33.51	54.59	1:16.30	1:30.73	1:05.92	2:15.80	5:08.76	20
16.12	24.39	33.56	54.67	1:16.42	1:30.89	1:06.02	2:16.01	5:09.24	19
16.14	24.44	33.61	54.76	1:16.55	1:31.05	1:06.13	2:16.22	5:09.74	18
16.16	24.48	33.67	54.85	1:16.67	1:31.22	1:06.23	2:16.44	5:10.26	17
16.19	24.53	33.72	54.95	1:16.80	1:31.39	1:06.35	2:16.66	5:10.79	16
16.21	24.57	33.78	55.04	1:16.93	1:31.57	1:06.46	2:16.90	5:11.33	15
16.24	24.62	33.83	55.14	1:17.07	1:31.75	1:06.58	2:17.14	5:11.90	14
16.27	24.67	33.90	55.25	1:17.21	1:31.94	1:06.71	2:17.39	5:12.48	13
16.30	24.72	33.96	55.35	1:17.36	1:32.14	1:06.84	2:17.65	5:13.09	12
16.33	24.78	34.02	55.47	1:17.52	1:32.35	1:06.97	2:17.92	5:13.73	11
16.36	24.83	34.09	55.58	1:17.68	1:32.56	1:07.11	2:18.20	5:14.39	10
16.39	24.89	34.16	55.71	1:17.85	1:32.79	1:07.26	2:18.50	5:15.09	9
16.43	24.96	34.24	55.84	1:18.03	1:33.03	1:07.42	2:18.81	5:15.83	8
16.46	25.02	34.32	55.98	1:18.22	1:33.29	1:07.58	2:19.15	5:16.61	7
16.50	25.10	34.41	56.13	1:18.43	1:33.56	1:07.76	2:19.51	5:17.46	6
16.54	25.17	34.50	56.29	1:18.65	1:33.86	1:07.96	2:19.90	5:18.38	5
16.59	25.26	34.61	56.47	1:18.90	1:34.19	1:08.17	2:20.33	5:19.39	4
16.65	25.36	34.73	56.67	1:19.18	1:34.57	1:08.42	2:20.82	5:20.54	3
16.71	25.48	34.87	56.92	1:19.51	1:35.01	1:08.71	2:21.40	5:21.91	2
16.79	25.63	35.05	57.23	1:19.95	1:35.59	1:09.08	2:22.16	5:23.69	1



# **Men's Middle Distances**

## **Hommes Courses de Demi-Fond**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	600m	800m	1000m	1500m	Mile	2000m
1400	1:09.23	1:37.65	2:05.82	3:19.44	3:35.28	4:34.64
1399	1:09.25	1:37.68	2:05.86	3:19.50	3:35.35	4:34.73
1398	1:09.28	1:37.71	2:05.90	3:19.57	3:35.42	4:34.82
1397	1:09.30	1:37.74	2:05.94	3:19.64	3:35.49	4:34.91
1396	1:09.32	1:37.77	2:05.99	3:19.70	3:35.57	4:35.00
1395	1:09.34	1:37.80	2:06.03	3:19.77	3:35.64	4:35.09
1394	1:09.36	1:37.83	2:06.07	3:19.83	3:35.71	4:35.18
1393	1:09.39	1:37.87	2:06.11	3:19.90	3:35.78	4:35.27
1392	1:09.41	1:37.90	2:06.15	3:19.97	3:35.85	4:35.36
1391	1:09.43	1:37.93	2:06.19	3:20.03	3:35.92	4:35.45
1390	1:09.45	1:37.96	2:06.23	3:20.10	3:35.99	4:35.54
1389	1:09.47	1:37.99	2:06.27	3:20.17	3:36.07	4:35.63
1388	1:09.50	1:38.02	2:06.31	3:20.23	3:36.14	4:35.72
1387	1:09.52	1:38.05	2:06.35	3:20.30	3:36.21	4:35.82
1386	1:09.54	1:38.08	2:06.39	3:20.37	3:36.28	4:35.91
1385	1:09.56	1:38.11	2:06.44	3:20.43	3:36.35	4:36.00
1384	1:09.59	1:38.14	2:06.48	3:20.50	3:36.42	4:36.09
1383	1:09.61	1:38.18	2:06.52	3:20.57	3:36.50	4:36.18
1382	1:09.63	1:38.21	2:06.56	3:20.63	3:36.57	4:36.27
1381	1:09.65	1:38.24	2:06.60	3:20.70	3:36.64	4:36.36
1380	1:09.67	1:38.27	2:06.64	3:20.77	3:36.71	4:36.45
1379	1:09.70	1:38.30	2:06.68	3:20.83	3:36.78	4:36.54
1378	1:09.72	1:38.33	2:06.72	3:20.90	3:36.86	4:36.63
1377	1:09.74	1:38.36	2:06.76	3:20.97	3:36.93	4:36.73
1376	1:09.76	1:38.39	2:06.81	3:21.03	3:37.00	4:36.82
1375	1:09.79	1:38.42	2:06.85	3:21.10	3:37.07	4:36.91
1374	1:09.81	1:38.46	2:06.89	3:21.17	3:37.14	4:37.00
1373	1:09.83	1:38.49	2:06.93	3:21.23	3:37.22	4:37.09
1372	1:09.85	1:38.52	2:06.97	3:21.30	3:37.29	4:37.18
1371	1:09.87	1:38.55	2:07.01	3:21.37	3:37.36	4:37.27
1370	1:09.90	1:38.58	2:07.05	3:21.44	3:37.43	4:37.37
1369	1:09.92	1:38.61	2:07.09	3:21.50	3:37.50	4:37.46
1368	1:09.94	1:38.64	2:07.13	3:21.57	3:37.58	4:37.55
1367	1:09.96	1:38.67	2:07.18	3:21.64	3:37.65	4:37.64
1366	1:09.99	1:38.70	2:07.22	3:21.70	3:37.72	4:37.73
1365	1:10.01	1:38.74	2:07.26	3:21.77	3:37.79	4:37.82
1364	1:10.03	1:38.77	2:07.30	3:21.84	3:37.86	4:37.91
1363	1:10.05	1:38.80	2:07.34	3:21.91	3:37.94	4:38.01
1362	1:10.08	1:38.83	2:07.38	3:21.97	3:38.01	4:38.10
1361	1:10.10	1:38.86	2:07.42	3:22.04	3:38.08	4:38.19
1360	1:10.12	1:38.89	2:07.47	3:22.11	3:38.15	4:38.28
1359	1:10.14	1:38.92	2:07.51	3:22.17	3:38.23	4:38.37
1358	1:10.17	1:38.95	2:07.55	3:22.24	3:38.30	4:38.47
1357	1:10.19	1:38.99	2:07.59	3:22.31	3:38.37	4:38.56
1356	1:10.21	1:39.02	2:07.63	3:22.38	3:38.44	4:38.65
1355	1:10.23	1:39.05	2:07.67	3:22.44	3:38.52	4:38.74
1354	1:10.25	1:39.08	2:07.71	3:22.51	3:38.59	4:38.83
1353	1:10.28	1:39.11	2:07.76	3:22.58	3:38.66	4:38.93
1352	1:10.30	1:39.14	2:07.80	3:22.65	3:38.73	4:39.02
1351	1:10.32	1:39.17	2:07.84	3:22.71	3:38.81	4:39.11



600m	800m	1000m	1500m	Mile	2000m	Points
1:10.34	1:39.21	2:07.88	3:22.78	3:38.88	4:39.20	1350
1:10.37	1:39.24	2:07.92	3:22.85	3:38.95	4:39.29	1349
1:10.39	1:39.27	2:07.96	3:22.92	3:39.02	4:39.39	1348
1:10.41	1:39.30	2:08.00	3:22.98	3:39.10	4:39.48	1347
1:10.43	1:39.33	2:08.05	3:23.05	3:39.17	4:39.57	1346
1:10.46	1:39.36	2:08.09	3:23.12	3:39.24	4:39.66	1345
1:10.48	1:39.39	2:08.13	3:23.19	3:39.32	4:39.75	1344
1:10.50	1:39.43	2:08.17	3:23.25	3:39.39	4:39.85	1343
1:10.52	1:39.46	2:08.21	3:23.32	3:39.46	4:39.94	1342
1:10.55	1:39.49	2:08.25	3:23.39	3:39.53	4:40.03	1341
1:10.57	1:39.52	2:08.30	3:23.46	3:39.61	4:40.12	1340
1:10.59	1:39.55	2:08.34	3:23.52	3:39.68	4:40.22	1339
1:10.61	1:39.58	2:08.38	3:23.59	3:39.75	4:40.31	1338
1:10.64	1:39.61	2:08.42	3:23.66	3:39.83	4:40.40	1337
1:10.66	1:39.65	2:08.46	3:23.73	3:39.90	4:40.49	1336
1:10.68	1:39.68	2:08.50	3:23.80	3:39.97	4:40.59	1335
1:10.71	1:39.71	2:08.55	3:23.86	3:40.04	4:40.68	1334
1:10.73	1:39.74	2:08.59	3:23.93	3:40.12	4:40.77	1333
1:10.75	1:39.77	2:08.63	3:24.00	3:40.19	4:40.87	1332
1:10.77	1:39.80	2:08.67	3:24.07	3:40.26	4:40.96	1331
1:10.80	1:39.84	2:08.71	3:24.14	3:40.34	4:41.05	1330
1:10.82	1:39.87	2:08.76	3:24.20	3:40.41	4:41.14	1329
1:10.84	1:39.90	2:08.80	3:24.27	3:40.48	4:41.24	1328
1:10.86	1:39.93	2:08.84	3:24.34	3:40.56	4:41.33	1327
1:10.89	1:39.96	2:08.88	3:24.41	3:40.63	4:41.42	1326
1:10.91	1:39.99	2:08.92	3:24.48	3:40.70	4:41.52	1325
1:10.93	1:40.03	2:08.96	3:24.54	3:40.78	4:41.61	1324
1:10.95	1:40.06	2:09.01	3:24.61	3:40.85	4:41.70	1323
1:10.98	1:40.09	2:09.05	3:24.68	3:40.92	4:41.80	1322
1:11.00	1:40.12	2:09.09	3:24.75	3:41.00	4:41.89	1321
1:11.02	1:40.15	2:09.13	3:24.82	3:41.07	4:41.98	1320
1:11.04	1:40.18	2:09.17	3:24.88	3:41.14	4:42.07	1319
1:11.07	1:40.22	2:09.22	3:24.95	3:41.22	4:42.17	1318
1:11.09	1:40.25	2:09.26	3:25.02	3:41.29	4:42.26	1317
1:11.11	1:40.28	2:09.30	3:25.09	3:41.36	4:42.35	1316
1:11.14	1:40.31	2:09.34	3:25.16	3:41.44	4:42.45	1315
1:11.16	1:40.34	2:09.38	3:25.23	3:41.51	4:42.54	1314
1:11.18	1:40.38	2:09.43	3:25.29	3:41.59	4:42.63	1313
1:11.20	1:40.41	2:09.47	3:25.36	3:41.66	4:42.73	1312
1:11.23	1:40.44	2:09.51	3:25.43	3:41.73	4:42.82	1311
1:11.25	1:40.47	2:09.55	3:25.50	3:41.81	4:42.92	1310
1:11.27	1:40.50	2:09.60	3:25.57	3:41.88	4:43.01	1309
1:11.30	1:40.53	2:09.64	3:25.64	3:41.95	4:43.10	1308
1:11.32	1:40.57	2:09.68	3:25.71	3:42.03	4:43.20	1307
1:11.34	1:40.60	2:09.72	3:25.77	3:42.10	4:43.29	1306
1:11.36	1:40.63	2:09.76	3:25.84	3:42.18	4:43.38	1305
1:11.39	1:40.66	2:09.81	3:25.91	3:42.25	4:43.48	1304
1:11.41	1:40.69	2:09.85	3:25.98	3:42.32	4:43.57	1303
1:11.43	1:40.73	2:09.89	3:26.05	3:42.40	4:43.66	1302
1:11.46	1:40.76	2:09.93	3:26.12	3:42.47	4:43.76	1301

Points	600m	800m	1000m	1500m	Mile	2000m
1300	1:11.48	1:40.79	2:09.98	3:26.19	3:42.54	4:43.85
1299	1:11.50	1:40.82	2:10.02	3:26.26	3:42.62	4:43.95
1298	1:11.52	1:40.85	2:10.06	3:26.32	3:42.69	4:44.04
1297	1:11.55	1:40.89	2:10.10	3:26.39	3:42.77	4:44.13
1296	1:11.57	1:40.92	2:10.14	3:26.46	3:42.84	4:44.23
1295	1:11.59	1:40.95	2:10.19	3:26.53	3:42.92	4:44.32
1294	1:11.62	1:40.98	2:10.23	3:26.60	3:42.99	4:44.42
1293	1:11.64	1:41.01	2:10.27	3:26.67	3:43.06	4:44.51
1292	1:11.66	1:41.05	2:10.31	3:26.74	3:43.14	4:44.60
1291	1:11.68	1:41.08	2:10.36	3:26.81	3:43.21	4:44.70
1290	1:11.71	1:41.11	2:10.40	3:26.88	3:43.29	4:44.79
1289	1:11.73	1:41.14	2:10.44	3:26.94	3:43.36	4:44.89
1288	1:11.75	1:41.18	2:10.48	3:27.01	3:43.44	4:44.98
1287	1:11.78	1:41.21	2:10.53	3:27.08	3:43.51	4:45.08
1286	1:11.80	1:41.24	2:10.57	3:27.15	3:43.58	4:45.17
1285	1:11.82	1:41.27	2:10.61	3:27.22	3:43.66	4:45.26
1284	1:11.85	1:41.30	2:10.65	3:27.29	3:43.73	4:45.36
1283	1:11.87	1:41.34	2:10.70	3:27.36	3:43.81	4:45.45
1282	1:11.89	1:41.37	2:10.74	3:27.43	3:43.88	4:45.55
1281	1:11.91	1:41.40	2:10.78	3:27.50	3:43.96	4:45.64
1280	1:11.94	1:41.43	2:10.83	3:27.57	3:44.03	4:45.74
1279	1:11.96	1:41.47	2:10.87	3:27.64	3:44.11	4:45.83
1278	1:11.98	1:41.50	2:10.91	3:27.71	3:44.18	4:45.93
1277	1:12.01	1:41.53	2:10.95	3:27.78	3:44.25	4:46.02
1276	1:12.03	1:41.56	2:11.00	3:27.84	3:44.33	4:46.12
1275	1:12.05	1:41.59	2:11.04	3:27.91	3:44.40	4:46.21
1274	1:12.08	1:41.63	2:11.08	3:27.98	3:44.48	4:46.31
1273	1:12.10	1:41.66	2:11.12	3:28.05	3:44.55	4:46.40
1272	1:12.12	1:41.69	2:11.17	3:28.12	3:44.63	4:46.50
1271	1:12.15	1:41.72	2:11.21	3:28.19	3:44.70	4:46.59
1270	1:12.17	1:41.76	2:11.25	3:28.26	3:44.78	4:46.69
1269	1:12.19	1:41.79	2:11.30	3:28.33	3:44.85	4:46.78
1268	1:12.22	1:41.82	2:11.34	3:28.40	3:44.93	4:46.88
1267	1:12.24	1:41.85	2:11.38	3:28.47	3:45.00	4:46.97
1266	1:12.26	1:41.89	2:11.42	3:28.54	3:45.08	4:47.07
1265	1:12.28	1:41.92	2:11.47	3:28.61	3:45.15	4:47.16
1264	1:12.31	1:41.95	2:11.51	3:28.68	3:45.23	4:47.26
1263	1:12.33	1:41.98	2:11.55	3:28.75	3:45.30	4:47.35
1262	1:12.35	1:42.02	2:11.60	3:28.82	3:45.38	4:47.45
1261	1:12.38	1:42.05	2:11.64	3:28.89	3:45.45	4:47.54
1260	1:12.40	1:42.08	2:11.68	3:28.96	3:45.53	4:47.64
1259	1:12.42	1:42.11	2:11.72	3:29.03	3:45.60	4:47.73
1258	1:12.45	1:42.15	2:11.77	3:29.10	3:45.68	4:47.83
1257	1:12.47	1:42.18	2:11.81	3:29.17	3:45.75	4:47.92
1256	1:12.49	1:42.21	2:11.85	3:29.24	3:45.83	4:48.02
1255	1:12.52	1:42.24	2:11.90	3:29.31	3:45.91	4:48.12
1254	1:12.54	1:42.28	2:11.94	3:29.38	3:45.98	4:48.21
1253	1:12.56	1:42.31	2:11.98	3:29.45	3:46.06	4:48.31
1252	1:12.59	1:42.34	2:12.03	3:29.52	3:46.13	4:48.40
1251	1:12.61	1:42.37	2:12.07	3:29.59	3:46.21	4:48.50

600m	800m	1000m	1500m	Mile	2000m	Points
1:12.63	1:42.41	2:12.11	3:29.66	3:46.28	4:48.59	1250
1:12.66	1:42.44	2:12.16	3:29.73	3:46.36	4:48.69	1249
1:12.68	1:42.47	2:12.20	3:29.80	3:46.43	4:48.78	1248
1:12.70	1:42.50	2:12.24	3:29.87	3:46.51	4:48.88	1247
1:12.73	1:42.54	2:12.28	3:29.94	3:46.58	4:48.98	1246
1:12.75	1:42.57	2:12.33	3:30.01	3:46.66	4:49.07	1245
1:12.77	1:42.60	2:12.37	3:30.08	3:46.74	4:49.17	1244
1:12.80	1:42.64	2:12.41	3:30.15	3:46.81	4:49.26	1243
1:12.82	1:42.67	2:12.46	3:30.22	3:46.89	4:49.36	1242
1:12.84	1:42.70	2:12.50	3:30.29	3:46.96	4:49.46	1241
1:12.87	1:42.73	2:12.54	3:30.36	3:47.04	4:49.55	1240
1:12.89	1:42.77	2:12.59	3:30.43	3:47.11	4:49.65	1239
1:12.91	1:42.80	2:12.63	3:30.50	3:47.19	4:49.75	1238
1:12.94	1:42.83	2:12.67	3:30.57	3:47.27	4:49.84	1237
1:12.96	1:42.86	2:12.72	3:30.64	3:47.34	4:49.94	1236
1:12.99	1:42.90	2:12.76	3:30.71	3:47.42	4:50.03	1235
1:13.01	1:42.93	2:12.80	3:30.78	3:47.49	4:50.13	1234
1:13.03	1:42.96	2:12.85	3:30.86	3:47.57	4:50.23	1233
1:13.06	1:43.00	2:12.89	3:30.93	3:47.65	4:50.32	1232
1:13.08	1:43.03	2:12.94	3:31.00	3:47.72	4:50.42	1231
1:13.10	1:43.06	2:12.98	3:31.07	3:47.80	4:50.52	1230
1:13.13	1:43.09	2:13.02	3:31.14	3:47.87	4:50.61	1229
1:13.15	1:43.13	2:13.07	3:31.21	3:47.95	4:50.71	1228
1:13.17	1:43.16	2:13.11	3:31.28	3:48.03	4:50.81	1227
1:13.20	1:43.19	2:13.15	3:31.35	3:48.10	4:50.90	1226
1:13.22	1:43.23	2:13.20	3:31.42	3:48.18	4:51.00	1225
1:13.24	1:43.26	2:13.24	3:31.49	3:48.26	4:51.10	1224
1:13.27	1:43.29	2:13.28	3:31.56	3:48.33	4:51.19	1223
1:13.29	1:43.33	2:13.33	3:31.63	3:48.41	4:51.29	1222
1:13.32	1:43.36	2:13.37	3:31.70	3:48.48	4:51.39	1221
1:13.34	1:43.39	2:13.41	3:31.78	3:48.56	4:51.48	1220
1:13.36	1:43.42	2:13.46	3:31.85	3:48.64	4:51.58	1219
1:13.39	1:43.46	2:13.50	3:31.92	3:48.71	4:51.68	1218
1:13.41	1:43.49	2:13.55	3:31.99	3:48.79	4:51.77	1217
1:13.43	1:43.52	2:13.59	3:32.06	3:48.87	4:51.87	1216
1:13.46	1:43.56	2:13.63	3:32.13	3:48.94	4:51.97	1215
1:13.48	1:43.59	2:13.68	3:32.20	3:49.02	4:52.07	1214
1:13.50	1:43.62	2:13.72	3:32.27	3:49.10	4:52.16	1213
1:13.53	1:43.66	2:13.76	3:32.34	3:49.17	4:52.26	1212
1:13.55	1:43.69	2:13.81	3:32.42	3:49.25	4:52.36	1211
1:13.58	1:43.72	2:13.85	3:32.49	3:49.33	4:52.45	1210
1:13.60	1:43.76	2:13.90	3:32.56	3:49.40	4:52.55	1209
1:13.62	1:43.79	2:13.94	3:32.63	3:49.48	4:52.65	1208
1:13.65	1:43.82	2:13.98	3:32.70	3:49.56	4:52.75	1207
1:13.67	1:43.86	2:14.03	3:32.77	3:49.63	4:52.84	1206
1:13.69	1:43.89	2:14.07	3:32.84	3:49.71	4:52.94	1205
1:13.72	1:43.92	2:14.12	3:32.92	3:49.79	4:53.04	1204
1:13.74	1:43.95	2:14.16	3:32.99	3:49.86	4:53.14	1203
1:13.77	1:43.99	2:14.20	3:33.06	3:49.94	4:53.23	1202
1:13.79	1:44.02	2:14.25	3:33.13	3:50.02	4:53.33	1201

Points	600m	800m	1000m	1500m	Mile	2000m
1200	1:13.81	1:44.05	2:14.29	3:33.20	3:50.09	4:53.43
1199	1:13.84	1:44.09	2:14.34	3:33.27	3:50.17	4:53.53
1198	1:13.86	1:44.12	2:14.38	3:33.34	3:50.25	4:53.63
1197	1:13.88	1:44.15	2:14.42	3:33.42	3:50.33	4:53.72
1196	1:13.91	1:44.19	2:14.47	3:33.49	3:50.40	4:53.82
1195	1:13.93	1:44.22	2:14.51	3:33.56	3:50.48	4:53.92
1194	1:13.96	1:44.25	2:14.56	3:33.63	3:50.56	4:54.02
1193	1:13.98	1:44.29	2:14.60	3:33.70	3:50.64	4:54.12
1192	1:14.00	1:44.32	2:14.64	3:33.78	3:50.71	4:54.21
1191	1:14.03	1:44.36	2:14.69	3:33.85	3:50.79	4:54.31
1190	1:14.05	1:44.39	2:14.73	3:33.92	3:50.87	4:54.41
1189	1:14.08	1:44.42	2:14.78	3:33.99	3:50.94	4:54.51
1188	1:14.10	1:44.46	2:14.82	3:34.06	3:51.02	4:54.61
1187	1:14.12	1:44.49	2:14.87	3:34.13	3:51.10	4:54.70
1186	1:14.15	1:44.52	2:14.91	3:34.21	3:51.18	4:54.80
1185	1:14.17	1:44.56	2:14.95	3:34.28	3:51.25	4:54.90
1184	1:14.20	1:44.59	2:15.00	3:34.35	3:51.33	4:55.00
1183	1:14.22	1:44.62	2:15.04	3:34.42	3:51.41	4:55.10
1182	1:14.24	1:44.66	2:15.09	3:34.49	3:51.49	4:55.20
1181	1:14.27	1:44.69	2:15.13	3:34.57	3:51.56	4:55.29
1180	1:14.29	1:44.72	2:15.18	3:34.64	3:51.64	4:55.39
1179	1:14.32	1:44.76	2:15.22	3:34.71	3:51.72	4:55.49
1178	1:14.34	1:44.79	2:15.27	3:34.78	3:51.80	4:55.59
1177	1:14.36	1:44.82	2:15.31	3:34.86	3:51.88	4:55.69
1176	1:14.39	1:44.86	2:15.35	3:34.93	3:51.95	4:55.79
1175	1:14.41	1:44.89	2:15.40	3:35.00	3:52.03	4:55.89
1174	1:14.44	1:44.93	2:15.44	3:35.07	3:52.11	4:55.99
1173	1:14.46	1:44.96	2:15.49	3:35.15	3:52.19	4:56.08
1172	1:14.48	1:44.99	2:15.53	3:35.22	3:52.26	4:56.18
1171	1:14.51	1:45.03	2:15.58	3:35.29	3:52.34	4:56.28
1170	1:14.53	1:45.06	2:15.62	3:35.36	3:52.42	4:56.38
1169	1:14.56	1:45.09	2:15.67	3:35.43	3:52.50	4:56.48
1168	1:14.58	1:45.13	2:15.71	3:35.51	3:52.58	4:56.58
1167	1:14.60	1:45.16	2:15.76	3:35.58	3:52.66	4:56.68
1166	1:14.63	1:45.20	2:15.80	3:35.65	3:52.73	4:56.78
1165	1:14.65	1:45.23	2:15.84	3:35.73	3:52.81	4:56.88
1164	1:14.68	1:45.26	2:15.89	3:35.80	3:52.89	4:56.98
1163	1:14.70	1:45.30	2:15.93	3:35.87	3:52.97	4:57.07
1162	1:14.73	1:45.33	2:15.98	3:35.94	3:53.05	4:57.17
1161	1:14.75	1:45.36	2:16.02	3:36.02	3:53.12	4:57.27
1160	1:14.77	1:45.40	2:16.07	3:36.09	3:53.20	4:57.37
1159	1:14.80	1:45.43	2:16.11	3:36.16	3:53.28	4:57.47
1158	1:14.82	1:45.47	2:16.16	3:36.23	3:53.36	4:57.57
1157	1:14.85	1:45.50	2:16.20	3:36.31	3:53.44	4:57.67
1156	1:14.87	1:45.53	2:16.25	3:36.38	3:53.52	4:57.77
1155	1:14.90	1:45.57	2:16.29	3:36.45	3:53.59	4:57.87
1154	1:14.92	1:45.60	2:16.34	3:36.53	3:53.67	4:57.97
1153	1:14.94	1:45.64	2:16.38	3:36.60	3:53.75	4:58.07
1152	1:14.97	1:45.67	2:16.43	3:36.67	3:53.83	4:58.17
1151	1:14.99	1:45.70	2:16.47	3:36.75	3:53.91	4:58.27

600m	800m	1000m	1500m	Mile	2000m	Points
1:15.02	1:45.74	2:16.52	3:36.82	3:53.99	4:58.37	1150
1:15.04	1:45.77	2:16.56	3:36.89	3:54.07	4:58.47	1149
1:15.07	1:45.81	2:16.61	3:36.96	3:54.15	4:58.57	1148
1:15.09	1:45.84	2:16.65	3:37.04	3:54.22	4:58.67	1147
1:15.11	1:45.87	2:16.70	3:37.11	3:54.30	4:58.77	1146
1:15.14	1:45.91	2:16.74	3:37.18	3:54.38	4:58.87	1145
1:15.16	1:45.94	2:16.79	3:37.26	3:54.46	4:58.97	1144
1:15.19	1:45.98	2:16.83	3:37.33	3:54.54	4:59.07	1143
1:15.21	1:46.01	2:16.88	3:37.40	3:54.62	4:59.17	1142
1:15.24	1:46.04	2:16.92	3:37.48	3:54.70	4:59.27	1141
1:15.26	1:46.08	2:16.97	3:37.55	3:54.78	4:59.37	1140
1:15.29	1:46.11	2:17.01	3:37.62	3:54.86	4:59.47	1139
1:15.31	1:46.15	2:17.06	3:37.70	3:54.93	4:59.57	1138
1:15.33	1:46.18	2:17.10	3:37.77	3:55.01	4:59.67	1137
1:15.36	1:46.22	2:17.15	3:37.85	3:55.09	4:59.77	1136
1:15.38	1:46.25	2:17.19	3:37.92	3:55.17	4:59.87	1135
1:15.41	1:46.28	2:17.24	3:37.99	3:55.25	4:59.97	1134
1:15.43	1:46.32	2:17.28	3:38.07	3:55.33	5:00.07	1133
1:15.46	1:46.35	2:17.33	3:38.14	3:55.41	5:00.17	1132
1:15.48	1:46.39	2:17.38	3:38.21	3:55.49	5:00.27	1131
1:15.51	1:46.42	2:17.42	3:38.29	3:55.57	5:00.37	1130
1:15.53	1:46.46	2:17.47	3:38.36	3:55.65	5:00.48	1129
1:15.56	1:46.49	2:17.51	3:38.43	3:55.73	5:00.58	1128
1:15.58	1:46.52	2:17.56	3:38.51	3:55.81	5:00.68	1127
1:15.60	1:46.56	2:17.60	3:38.58	3:55.89	5:00.78	1126
1:15.63	1:46.59	2:17.65	3:38.66	3:55.97	5:00.88	1125
1:15.65	1:46.63	2:17.69	3:38.73	3:56.05	5:00.98	1124
1:15.68	1:46.66	2:17.74	3:38.80	3:56.13	5:01.08	1123
1:15.70	1:46.70	2:17.78	3:38.88	3:56.21	5:01.18	1122
1:15.73	1:46.73	2:17.83	3:38.95	3:56.28	5:01.28	1121
1:15.75	1:46.77	2:17.88	3:39.03	3:56.36	5:01.38	1120
1:15.78	1:46.80	2:17.92	3:39.10	3:56.44	5:01.49	1119
1:15.80	1:46.83	2:17.97	3:39.17	3:56.52	5:01.59	1118
1:15.83	1:46.87	2:18.01	3:39.25	3:56.60	5:01.69	1117
1:15.85	1:46.90	2:18.06	3:39.32	3:56.68	5:01.79	1116
1:15.88	1:46.94	2:18.10	3:39.40	3:56.76	5:01.89	1115
1:15.90	1:46.97	2:18.15	3:39.47	3:56.84	5:01.99	1114
1:15.93	1:47.01	2:18.20	3:39.55	3:56.92	5:02.09	1113
1:15.95	1:47.04	2:18.24	3:39.62	3:57.00	5:02.19	1112
1:15.97	1:47.08	2:18.29	3:39.69	3:57.08	5:02.30	1111
1:16.00	1:47.11	2:18.33	3:39.77	3:57.16	5:02.40	1110
1:16.02	1:47.15	2:18.38	3:39.84	3:57.24	5:02.50	1109
1:16.05	1:47.18	2:18.42	3:39.92	3:57.32	5:02.60	1108
1:16.07	1:47.21	2:18.47	3:39.99	3:57.40	5:02.70	1107
1:16.10	1:47.25	2:18.52	3:40.07	3:57.48	5:02.80	1106
1:16.12	1:47.28	2:18.56	3:40.14	3:57.56	5:02.91	1105
1:16.15	1:47.32	2:18.61	3:40.22	3:57.65	5:03.01	1104
1:16.17	1:47.35	2:18.65	3:40.29	3:57.73	5:03.11	1103
1:16.20	1:47.39	2:18.70	3:40.37	3:57.81	5:03.21	1102
1:16.22	1:47.42	2:18.75	3:40.44	3:57.89	5:03.31	1101

Points	600m	800m	1000m	1500m	Mile	2000m
1100	1:16.25	1:47.46	2:18.79	3:40.52	3:57.97	5:03.42
1099	1:16.27	1:47.49	2:18.84	3:40.59	3:58.05	5:03.52
1098	1:16.30	1:47.53	2:18.88	3:40.66	3:58.13	5:03.62
1097	1:16.32	1:47.56	2:18.93	3:40.74	3:58.21	5:03.72
1096	1:16.35	1:47.60	2:18.98	3:40.81	3:58.29	5:03.83
1095	1:16.37	1:47.63	2:19.02	3:40.89	3:58.37	5:03.93
1094	1:16.40	1:47.67	2:19.07	3:40.96	3:58.45	5:04.03
1093	1:16.42	1:47.70	2:19.11	3:41.04	3:58.53	5:04.13
1092	1:16.45	1:47.74	2:19.16	3:41.11	3:58.61	5:04.23
1091	1:16.47	1:47.77	2:19.21	3:41.19	3:58.69	5:04.34
1090	1:16.50	1:47.81	2:19.25	3:41.26	3:58.77	5:04.44
1089	1:16.52	1:47.84	2:19.30	3:41.34	3:58.85	5:04.54
1088	1:16.55	1:47.88	2:19.35	3:41.41	3:58.93	5:04.64
1087	1:16.57	1:47.91	2:19.39	3:41.49	3:59.02	5:04.75
1086	1:16.60	1:47.95	2:19.44	3:41.57	3:59.10	5:04.85
1085	1:16.62	1:47.98	2:19.48	3:41.64	3:59.18	5:04.95
1084	1:16.65	1:48.02	2:19.53	3:41.72	3:59.26	5:05.06
1083	1:16.67	1:48.05	2:19.58	3:41.79	3:59.34	5:05.16
1082	1:16.70	1:48.09	2:19.62	3:41.87	3:59.42	5:05.26
1081	1:16.72	1:48.12	2:19.67	3:41.94	3:59.50	5:05.36
1080	1:16.75	1:48.16	2:19.72	3:42.02	3:59.58	5:05.47
1079	1:16.77	1:48.19	2:19.76	3:42.09	3:59.66	5:05.57
1078	1:16.80	1:48.23	2:19.81	3:42.17	3:59.75	5:05.67
1077	1:16.82	1:48.26	2:19.86	3:42.24	3:59.83	5:05.78
1076	1:16.85	1:48.30	2:19.90	3:42.32	3:59.91	5:05.88
1075	1:16.87	1:48.33	2:19.95	3:42.39	3:59.99	5:05.98
1074	1:16.90	1:48.37	2:20.00	3:42.47	4:00.07	5:06.09
1073	1:16.92	1:48.40	2:20.04	3:42.55	4:00.15	5:06.19
1072	1:16.95	1:48.44	2:20.09	3:42.62	4:00.23	5:06.29
1071	1:16.97	1:48.47	2:20.13	3:42.70	4:00.32	5:06.40
1070	1:17.00	1:48.51	2:20.18	3:42.77	4:00.40	5:06.50
1069	1:17.02	1:48.54	2:20.23	3:42.85	4:00.48	5:06.60
1068	1:17.05	1:48.58	2:20.27	3:42.93	4:00.56	5:06.71
1067	1:17.08	1:48.61	2:20.32	3:43.00	4:00.64	5:06.81
1066	1:17.10	1:48.65	2:20.37	3:43.08	4:00.72	5:06.91
1065	1:17.13	1:48.69	2:20.41	3:43.15	4:00.81	5:07.02
1064	1:17.15	1:48.72	2:20.46	3:43.23	4:00.89	5:07.12
1063	1:17.18	1:48.76	2:20.51	3:43.31	4:00.97	5:07.23
1062	1:17.20	1:48.79	2:20.56	3:43.38	4:01.05	5:07.33
1061	1:17.23	1:48.83	2:20.60	3:43.46	4:01.13	5:07.43
1060	1:17.25	1:48.86	2:20.65	3:43.53	4:01.22	5:07.54
1059	1:17.28	1:48.90	2:20.70	3:43.61	4:01.30	5:07.64
1058	1:17.30	1:48.93	2:20.74	3:43.69	4:01.38	5:07.75
1057	1:17.33	1:48.97	2:20.79	3:43.76	4:01.46	5:07.85
1056	1:17.35	1:49.00	2:20.84	3:43.84	4:01.54	5:07.95
1055	1:17.38	1:49.04	2:20.88	3:43.91	4:01.63	5:08.06
1054	1:17.40	1:49.08	2:20.93	3:43.99	4:01.71	5:08.16
1053	1:17.43	1:49.11	2:20.98	3:44.07	4:01.79	5:08.27
1052	1:17.46	1:49.15	2:21.02	3:44.14	4:01.87	5:08.37
1051	1:17.48	1:49.18	2:21.07	3:44.22	4:01.95	5:08.48

600m	800m	1000m	1500m	Mile	2000m	Points
1:17.51	1:49.22	2:21.12	3:44.30	4:02.04	5:08.58	1050
1:17.53	1:49.25	2:21.17	3:44.37	4:02.12	5:08.68	1049
1:17.56	1:49.29	2:21.21	3:44.45	4:02.20	5:08.79	1048
1:17.58	1:49.32	2:21.26	3:44.53	4:02.28	5:08.89	1047
1:17.61	1:49.36	2:21.31	3:44.60	4:02.37	5:09.00	1046
1:17.63	1:49.40	2:21.35	3:44.68	4:02.45	5:09.10	1045
1:17.66	1:49.43	2:21.40	3:44.76	4:02.53	5:09.21	1044
1:17.68	1:49.47	2:21.45	3:44.83	4:02.61	5:09.31	1043
1:17.71	1:49.50	2:21.50	3:44.91	4:02.70	5:09.42	1042
1:17.74	1:49.54	2:21.54	3:44.99	4:02.78	5:09.52	1041
1:17.76	1:49.57	2:21.59	3:45.06	4:02.86	5:09.63	1040
1:17.79	1:49.61	2:21.64	3:45.14	4:02.95	5:09.73	1039
1:17.81	1:49.65	2:21.69	3:45.22	4:03.03	5:09.84	1038
1:17.84	1:49.68	2:21.73	3:45.29	4:03.11	5:09.94	1037
1:17.86	1:49.72	2:21.78	3:45.37	4:03.19	5:10.05	1036
1:17.89	1:49.75	2:21.83	3:45.45	4:03.28	5:10.15	1035
1:17.92	1:49.79	2:21.87	3:45.53	4:03.36	5:10.26	1034
1:17.94	1:49.83	2:21.92	3:45.60	4:03.44	5:10.36	1033
1:17.97	1:49.86	2:21.97	3:45.68	4:03.53	5:10.47	1032
1:17.99	1:49.90	2:22.02	3:45.76	4:03.61	5:10.57	1031
1:18.02	1:49.93	2:22.06	3:45.83	4:03.69	5:10.68	1030
1:18.04	1:49.97	2:22.11	3:45.91	4:03.78	5:10.78	1029
1:18.07	1:50.01	2:22.16	3:45.99	4:03.86	5:10.89	1028
1:18.10	1:50.04	2:22.21	3:46.07	4:03.94	5:11.00	1027
1:18.12	1:50.08	2:22.26	3:46.14	4:04.02	5:11.10	1026
1:18.15	1:50.11	2:22.30	3:46.22	4:04.11	5:11.21	1025
1:18.17	1:50.15	2:22.35	3:46.30	4:04.19	5:11.31	1024
1:18.20	1:50.19	2:22.40	3:46.38	4:04.28	5:11.42	1023
1:18.22	1:50.22	2:22.45	3:46.45	4:04.36	5:11.53	1022
1:18.25	1:50.26	2:22.49	3:46.53	4:04.44	5:11.63	1021
1:18.28	1:50.29	2:22.54	3:46.61	4:04.53	5:11.74	1020
1:18.30	1:50.33	2:22.59	3:46.69	4:04.61	5:11.84	1019
1:18.33	1:50.37	2:22.64	3:46.76	4:04.69	5:11.95	1018
1:18.35	1:50.40	2:22.68	3:46.84	4:04.78	5:12.06	1017
1:18.38	1:50.44	2:22.73	3:46.92	4:04.86	5:12.16	1016
1:18.41	1:50.47	2:22.78	3:47.00	4:04.94	5:12.27	1015
1:18.43	1:50.51	2:22.83	3:47.08	4:05.03	5:12.37	1014
1:18.46	1:50.55	2:22.88	3:47.15	4:05.11	5:12.48	1013
1:18.48	1:50.58	2:22.92	3:47.23	4:05.20	5:12.59	1012
1:18.51	1:50.62	2:22.97	3:47.31	4:05.28	5:12.69	1011
1:18.54	1:50.66	2:23.02	3:47.39	4:05.36	5:12.80	1010
1:18.56	1:50.69	2:23.07	3:47.47	4:05.45	5:12.91	1009
1:18.59	1:50.73	2:23.12	3:47.54	4:05.53	5:13.01	1008
1:18.61	1:50.76	2:23.16	3:47.62	4:05.62	5:13.12	1007
1:18.64	1:50.80	2:23.21	3:47.70	4:05.70	5:13.23	1006
1:18.67	1:50.84	2:23.26	3:47.78	4:05.78	5:13.33	1005
1:18.69	1:50.87	2:23.31	3:47.86	4:05.87	5:13.44	1004
1:18.72	1:50.91	2:23.36	3:47.93	4:05.95	5:13.55	1003
1:18.74	1:50.95	2:23.41	3:48.01	4:06.04	5:13.65	1002
1:18.77	1:50.98	2:23.45	3:48.09	4:06.12	5:13.76	1001

Points	600m	800m	1000m	1500m	Mile	2000m
1000	1:18.80	1:51.02	2:23.50	3:48.17	4:06.21	5:13.87
999	1:18.82	1:51.06	2:23.55	3:48.25	4:06.29	5:13.97
998	1:18.85	1:51.09	2:23.60	3:48.33	4:06.37	5:14.08
997	1:18.87	1:51.13	2:23.65	3:48.41	4:06.46	5:14.19
996	1:18.90	1:51.17	2:23.69	3:48.48	4:06.54	5:14.30
995	1:18.93	1:51.20	2:23.74	3:48.56	4:06.63	5:14.40
994	1:18.95	1:51.24	2:23.79	3:48.64	4:06.71	5:14.51
993	1:18.98	1:51.28	2:23.84	3:48.72	4:06.80	5:14.62
992	1:19.00	1:51.31	2:23.89	3:48.80	4:06.88	5:14.73
991	1:19.03	1:51.35	2:23.94	3:48.88	4:06.97	5:14.83
990	1:19.06	1:51.39	2:23.99	3:48.96	4:07.05	5:14.94
989	1:19.08	1:51.42	2:24.03	3:49.03	4:07.14	5:15.05
988	1:19.11	1:51.46	2:24.08	3:49.11	4:07.22	5:15.16
987	1:19.14	1:51.50	2:24.13	3:49.19	4:07.31	5:15.26
986	1:19.16	1:51.53	2:24.18	3:49.27	4:07.39	5:15.37
985	1:19.19	1:51.57	2:24.23	3:49.35	4:07.48	5:15.48
984	1:19.21	1:51.61	2:24.28	3:49.43	4:07.56	5:15.59
983	1:19.24	1:51.64	2:24.33	3:49.51	4:07.65	5:15.70
982	1:19.27	1:51.68	2:24.37	3:49.59	4:07.73	5:15.80
981	1:19.29	1:51.72	2:24.42	3:49.67	4:07.82	5:15.91
980	1:19.32	1:51.75	2:24.47	3:49.75	4:07.90	5:16.02
979	1:19.35	1:51.79	2:24.52	3:49.83	4:07.99	5:16.13
978	1:19.37	1:51.83	2:24.57	3:49.90	4:08.07	5:16.24
977	1:19.40	1:51.86	2:24.62	3:49.98	4:08.16	5:16.34
976	1:19.43	1:51.90	2:24.67	3:50.06	4:08.24	5:16.45
975	1:19.45	1:51.94	2:24.72	3:50.14	4:08.33	5:16.56
974	1:19.48	1:51.97	2:24.76	3:50.22	4:08.41	5:16.67
973	1:19.50	1:52.01	2:24.81	3:50.30	4:08.50	5:16.78
972	1:19.53	1:52.05	2:24.86	3:50.38	4:08.58	5:16.89
971	1:19.56	1:52.09	2:24.91	3:50.46	4:08.67	5:17.00
970	1:19.58	1:52.12	2:24.96	3:50.54	4:08.76	5:17.10
969	1:19.61	1:52.16	2:25.01	3:50.62	4:08.84	5:17.21
968	1:19.64	1:52.20	2:25.06	3:50.70	4:08.93	5:17.32
967	1:19.66	1:52.23	2:25.11	3:50.78	4:09.01	5:17.43
966	1:19.69	1:52.27	2:25.16	3:50.86	4:09.10	5:17.54
965	1:19.72	1:52.31	2:25.21	3:50.94	4:09.19	5:17.65
964	1:19.74	1:52.35	2:25.25	3:51.02	4:09.27	5:17.76
963	1:19.77	1:52.38	2:25.30	3:51.10	4:09.36	5:17.87
962	1:19.80	1:52.42	2:25.35	3:51.18	4:09.44	5:17.98
961	1:19.82	1:52.46	2:25.40	3:51.26	4:09.53	5:18.08
960	1:19.85	1:52.49	2:25.45	3:51.34	4:09.62	5:18.19
959	1:19.88	1:52.53	2:25.50	3:51.42	4:09.70	5:18.30
958	1:19.90	1:52.57	2:25.55	3:51.50	4:09.79	5:18.41
957	1:19.93	1:52.61	2:25.60	3:51.58	4:09.87	5:18.52
956	1:19.96	1:52.64	2:25.65	3:51.66	4:09.96	5:18.63
955	1:19.98	1:52.68	2:25.70	3:51.74	4:10.05	5:18.74
954	1:20.01	1:52.72	2:25.75	3:51.82	4:10.13	5:18.85
953	1:20.04	1:52.76	2:25.80	3:51.90	4:10.22	5:18.96
952	1:20.06	1:52.79	2:25.85	3:51.98	4:10.31	5:19.07
951	1:20.09	1:52.83	2:25.90	3:52.06	4:10.39	5:19.18



600m	800m	1000m	1500m	Mile	2000m	Points
1:20.12	1:52.87	2:25.94	3:52.14	4:10.48	5:19.29	950
1:20.14	1:52.91	2:25.99	3:52.22	4:10.57	5:19.40	949
1:20.17	1:52.94	2:26.04	3:52.30	4:10.65	5:19.51	948
1:20.20	1:52.98	2:26.09	3:52.38	4:10.74	5:19.62	947
1:20.22	1:53.02	2:26.14	3:52.46	4:10.83	5:19.73	946
1:20.25	1:53.05	2:26.19	3:52.54	4:10.91	5:19.84	945
1:20.28	1:53.09	2:26.24	3:52.62	4:11.00	5:19.95	944
1:20.30	1:53.13	2:26.29	3:52.70	4:11.09	5:20.06	943
1:20.33	1:53.17	2:26.34	3:52.79	4:11.17	5:20.17	942
1:20.36	1:53.21	2:26.39	3:52.87	4:11.26	5:20.28	941
1:20.39	1:53.24	2:26.44	3:52.95	4:11.35	5:20.39	940
1:20.41	1:53.28	2:26.49	3:53.03	4:11.43	5:20.50	939
1:20.44	1:53.32	2:26.54	3:53.11	4:11.52	5:20.61	938
1:20.47	1:53.36	2:26.59	3:53.19	4:11.61	5:20.72	937
1:20.49	1:53.39	2:26.64	3:53.27	4:11.70	5:20.83	936
1:20.52	1:53.43	2:26.69	3:53.35	4:11.78	5:20.94	935
1:20.55	1:53.47	2:26.74	3:53.43	4:11.87	5:21.05	934
1:20.57	1:53.51	2:26.79	3:53.51	4:11.96	5:21.17	933
1:20.60	1:53.54	2:26.84	3:53.60	4:12.04	5:21.28	932
1:20.63	1:53.58	2:26.89	3:53.68	4:12.13	5:21.39	931
1:20.66	1:53.62	2:26.94	3:53.76	4:12.22	5:21.50	930
1:20.68	1:53.66	2:26.99	3:53.84	4:12.31	5:21.61	929
1:20.71	1:53.70	2:27.04	3:53.92	4:12.40	5:21.72	928
1:20.74	1:53.73	2:27.09	3:54.00	4:12.48	5:21.83	927
1:20.76	1:53.77	2:27.14	3:54.08	4:12.57	5:21.94	926
1:20.79	1:53.81	2:27.19	3:54.17	4:12.66	5:22.05	925
1:20.82	1:53.85	2:27.24	3:54.25	4:12.75	5:22.17	924
1:20.85	1:53.89	2:27.29	3:54.33	4:12.83	5:22.28	923
1:20.87	1:53.92	2:27.34	3:54.41	4:12.92	5:22.39	922
1:20.90	1:53.96	2:27.39	3:54.49	4:13.01	5:22.50	921
1:20.93	1:54.00	2:27.44	3:54.57	4:13.10	5:22.61	920
1:20.95	1:54.04	2:27.49	3:54.66	4:13.19	5:22.72	919
1:20.98	1:54.08	2:27.54	3:54.74	4:13.27	5:22.83	918
1:21.01	1:54.11	2:27.59	3:54.82	4:13.36	5:22.95	917
1:21.04	1:54.15	2:27.64	3:54.90	4:13.45	5:23.06	916
1:21.06	1:54.19	2:27.69	3:54.98	4:13.54	5:23.17	915
1:21.09	1:54.23	2:27.74	3:55.06	4:13.63	5:23.28	914
1:21.12	1:54.27	2:27.79	3:55.15	4:13.71	5:23.39	913
1:21.15	1:54.30	2:27.85	3:55.23	4:13.80	5:23.51	912
1:21.17	1:54.34	2:27.90	3:55.31	4:13.89	5:23.62	911
1:21.20	1:54.38	2:27.95	3:55.39	4:13.98	5:23.73	910
1:21.23	1:54.42	2:28.00	3:55.48	4:14.07	5:23.84	909
1:21.25	1:54.46	2:28.05	3:55.56	4:14.16	5:23.96	908
1:21.28	1:54.50	2:28.10	3:55.64	4:14.25	5:24.07	907
1:21.31	1:54.53	2:28.15	3:55.72	4:14.33	5:24.18	906
1:21.34	1:54.57	2:28.20	3:55.80	4:14.42	5:24.29	905
1:21.36	1:54.61	2:28.25	3:55.89	4:14.51	5:24.41	904
1:21.39	1:54.65	2:28.30	3:55.97	4:14.60	5:24.52	903
1:21.42	1:54.69	2:28.35	3:56.05	4:14.69	5:24.63	902
1:21.45	1:54.73	2:28.40	3:56.13	4:14.78	5:24.74	901

Points	600m	800m	1000m	1500m	Mile	2000m
900	1:21.47	1:54.76	2:28.45	3:56.22	4:14.87	5:24.86
899	1:21.50	1:54.80	2:28.50	3:56.30	4:14.96	5:24.97
898	1:21.53	1:54.84	2:28.56	3:56.38	4:15.04	5:25.08
897	1:21.56	1:54.88	2:28.61	3:56.47	4:15.13	5:25.19
896	1:21.58	1:54.92	2:28.66	3:56.55	4:15.22	5:25.31
895	1:21.61	1:54.96	2:28.71	3:56.63	4:15.31	5:25.42
894	1:21.64	1:55.00	2:28.76	3:56.71	4:15.40	5:25.53
893	1:21.67	1:55.03	2:28.81	3:56.80	4:15.49	5:25.65
892	1:21.69	1:55.07	2:28.86	3:56.88	4:15.58	5:25.76
891	1:21.72	1:55.11	2:28.91	3:56.96	4:15.67	5:25.87
890	1:21.75	1:55.15	2:28.96	3:57.05	4:15.76	5:25.99
889	1:21.78	1:55.19	2:29.01	3:57.13	4:15.85	5:26.10
888	1:21.81	1:55.23	2:29.07	3:57.21	4:15.94	5:26.21
887	1:21.83	1:55.27	2:29.12	3:57.30	4:16.03	5:26.33
886	1:21.86	1:55.31	2:29.17	3:57.38	4:16.12	5:26.44
885	1:21.89	1:55.34	2:29.22	3:57.46	4:16.21	5:26.56
884	1:21.92	1:55.38	2:29.27	3:57.55	4:16.30	5:26.67
883	1:21.94	1:55.42	2:29.32	3:57.63	4:16.39	5:26.78
882	1:21.97	1:55.46	2:29.37	3:57.71	4:16.48	5:26.90
881	1:22.00	1:55.50	2:29.42	3:57.80	4:16.57	5:27.01
880	1:22.03	1:55.54	2:29.48	3:57.88	4:16.66	5:27.13
879	1:22.06	1:55.58	2:29.53	3:57.96	4:16.75	5:27.24
878	1:22.08	1:55.62	2:29.58	3:58.05	4:16.84	5:27.35
877	1:22.11	1:55.65	2:29.63	3:58.13	4:16.93	5:27.47
876	1:22.14	1:55.69	2:29.68	3:58.21	4:17.02	5:27.58
875	1:22.17	1:55.73	2:29.73	3:58.30	4:17.11	5:27.70
874	1:22.19	1:55.77	2:29.79	3:58.38	4:17.20	5:27.81
873	1:22.22	1:55.81	2:29.84	3:58.47	4:17.29	5:27.93
872	1:22.25	1:55.85	2:29.89	3:58.55	4:17.38	5:28.04
871	1:22.28	1:55.89	2:29.94	3:58.63	4:17.47	5:28.16
870	1:22.31	1:55.93	2:29.99	3:58.72	4:17.56	5:28.27
869	1:22.33	1:55.97	2:30.04	3:58.80	4:17.65	5:28.39
868	1:22.36	1:56.01	2:30.10	3:58.89	4:17.74	5:28.50
867	1:22.39	1:56.05	2:30.15	3:58.97	4:17.83	5:28.61
866	1:22.42	1:56.08	2:30.20	3:59.05	4:17.92	5:28.73
865	1:22.45	1:56.12	2:30.25	3:59.14	4:18.01	5:28.85
864	1:22.47	1:56.16	2:30.30	3:59.22	4:18.10	5:28.96
863	1:22.50	1:56.20	2:30.35	3:59.31	4:18.19	5:29.08
862	1:22.53	1:56.24	2:30.41	3:59.39	4:18.28	5:29.19
861	1:22.56	1:56.28	2:30.46	3:59.48	4:18.37	5:29.31
860	1:22.59	1:56.32	2:30.51	3:59.56	4:18.47	5:29.42
859	1:22.62	1:56.36	2:30.56	3:59.65	4:18.56	5:29.54
858	1:22.64	1:56.40	2:30.61	3:59.73	4:18.65	5:29.65
857	1:22.67	1:56.44	2:30.67	3:59.82	4:18.74	5:29.77
856	1:22.70	1:56.48	2:30.72	3:59.90	4:18.83	5:29.88
855	1:22.73	1:56.52	2:30.77	3:59.98	4:18.92	5:30.00
854	1:22.76	1:56.56	2:30.82	4:00.07	4:19.01	5:30.12
853	1:22.78	1:56.60	2:30.88	4:00.15	4:19.10	5:30.23
852	1:22.81	1:56.64	2:30.93	4:00.24	4:19.20	5:30.35
851	1:22.84	1:56.68	2:30.98	4:00.32	4:19.29	5:30.46

600m	800m	1000m	1500m	Mile	2000m	Points
1:22.87	1:56.72	2:31.03	4:00.41	4:19.38	5:30.58	850
1:22.90	1:56.75	2:31.08	4:00.49	4:19.47	5:30.70	849
1:22.93	1:56.79	2:31.14	4:00.58	4:19.56	5:30.81	848
1:22.95	1:56.83	2:31.19	4:00.66	4:19.65	5:30.93	847
1:22.98	1:56.87	2:31.24	4:00.75	4:19.74	5:31.04	846
1:23.01	1:56.91	2:31.29	4:00.84	4:19.84	5:31.16	845
1:23.04	1:56.95	2:31.35	4:00.92	4:19.93	5:31.28	844
1:23.07	1:56.99	2:31.40	4:01.01	4:20.02	5:31.39	843
1:23.10	1:57.03	2:31.45	4:01.09	4:20.11	5:31.51	842
1:23.12	1:57.07	2:31.50	4:01.18	4:20.20	5:31.63	841
1:23.15	1:57.11	2:31.56	4:01.26	4:20.30	5:31.74	840
1:23.18	1:57.15	2:31.61	4:01.35	4:20.39	5:31.86	839
1:23.21	1:57.19	2:31.66	4:01.43	4:20.48	5:31.98	838
1:23.24	1:57.23	2:31.72	4:01.52	4:20.57	5:32.09	837
1:23.27	1:57.27	2:31.77	4:01.60	4:20.67	5:32.21	836
1:23.30	1:57.31	2:31.82	4:01.69	4:20.76	5:32.33	835
1:23.32	1:57.35	2:31.87	4:01.78	4:20.85	5:32.45	834
1:23.35	1:57.39	2:31.93	4:01.86	4:20.94	5:32.56	833
1:23.38	1:57.43	2:31.98	4:01.95	4:21.03	5:32.68	832
1:23.41	1:57.47	2:32.03	4:02.03	4:21.13	5:32.80	831
1:23.44	1:57.51	2:32.09	4:02.12	4:21.22	5:32.92	830
1:23.47	1:57.55	2:32.14	4:02.21	4:21.31	5:33.03	829
1:23.50	1:57.59	2:32.19	4:02.29	4:21.41	5:33.15	828
1:23.52	1:57.63	2:32.24	4:02.38	4:21.50	5:33.27	827
1:23.55	1:57.67	2:32.30	4:02.46	4:21.59	5:33.39	826
1:23.58	1:57.71	2:32.35	4:02.55	4:21.68	5:33.50	825
1:23.61	1:57.75	2:32.40	4:02.64	4:21.78	5:33.62	824
1:23.64	1:57.79	2:32.46	4:02.72	4:21.87	5:33.74	823
1:23.67	1:57.83	2:32.51	4:02.81	4:21.96	5:33.86	822
1:23.70	1:57.87	2:32.56	4:02.90	4:22.06	5:33.98	821
1:23.73	1:57.91	2:32.62	4:02.98	4:22.15	5:34.09	820
1:23.76	1:57.95	2:32.67	4:03.07	4:22.24	5:34.21	819
1:23.78	1:57.99	2:32.72	4:03.16	4:22.34	5:34.33	818
1:23.81	1:58.03	2:32.78	4:03.24	4:22.43	5:34.45	817
1:23.84	1:58.07	2:32.83	4:03.33	4:22.52	5:34.57	816
1:23.87	1:58.11	2:32.88	4:03.42	4:22.62	5:34.69	815
1:23.90	1:58.16	2:32.94	4:03.50	4:22.71	5:34.81	814
1:23.93	1:58.20	2:32.99	4:03.59	4:22.80	5:34.92	813
1:23.96	1:58.24	2:33.04	4:03.68	4:22.90	5:35.04	812
1:23.99	1:58.28	2:33.10	4:03.77	4:22.99	5:35.16	811
1:24.02	1:58.32	2:33.15	4:03.85	4:23.08	5:35.28	810
1:24.04	1:58.36	2:33.20	4:03.94	4:23.18	5:35.40	809
1:24.07	1:58.40	2:33.26	4:04.03	4:23.27	5:35.52	808
1:24.10	1:58.44	2:33.31	4:04.11	4:23.37	5:35.64	807
1:24.13	1:58.48	2:33.37	4:04.20	4:23.46	5:35.76	806
1:24.16	1:58.52	2:33.42	4:04.29	4:23.55	5:35.88	805
1:24.19	1:58.56	2:33.47	4:04.38	4:23.65	5:36.00	804
1:24.22	1:58.60	2:33.53	4:04.46	4:23.74	5:36.11	803
1:24.25	1:58.64	2:33.58	4:04.55	4:23.84	5:36.23	802
1:24.28	1:58.68	2:33.63	4:04.64	4:23.93	5:36.35	801

Points	600m	800m	1000m	1500m	Mile	2000m
800	1:24.31	1:58.72	2:33.69	4:04.73	4:24.02	5:36.47
799	1:24.34	1:58.76	2:33.74	4:04.81	4:24.12	5:36.59
798	1:24.36	1:58.81	2:33.80	4:04.90	4:24.21	5:36.71
797	1:24.39	1:58.85	2:33.85	4:04.99	4:24.31	5:36.83
796	1:24.42	1:58.89	2:33.90	4:05.08	4:24.40	5:36.95
795	1:24.45	1:58.93	2:33.96	4:05.17	4:24.50	5:37.07
794	1:24.48	1:58.97	2:34.01	4:05.25	4:24.59	5:37.19
793	1:24.51	1:59.01	2:34.07	4:05.34	4:24.69	5:37.31
792	1:24.54	1:59.05	2:34.12	4:05.43	4:24.78	5:37.43
791	1:24.57	1:59.09	2:34.18	4:05.52	4:24.88	5:37.55
790	1:24.60	1:59.13	2:34.23	4:05.61	4:24.97	5:37.67
789	1:24.63	1:59.17	2:34.28	4:05.69	4:25.07	5:37.79
788	1:24.66	1:59.22	2:34.34	4:05.78	4:25.16	5:37.92
787	1:24.69	1:59.26	2:34.39	4:05.87	4:25.26	5:38.04
786	1:24.72	1:59.30	2:34.45	4:05.96	4:25.35	5:38.16
785	1:24.75	1:59.34	2:34.50	4:06.05	4:25.45	5:38.28
784	1:24.78	1:59.38	2:34.56	4:06.14	4:25.54	5:38.40
783	1:24.81	1:59.42	2:34.61	4:06.22	4:25.64	5:38.52
782	1:24.83	1:59.46	2:34.67	4:06.31	4:25.73	5:38.64
781	1:24.86	1:59.50	2:34.72	4:06.40	4:25.83	5:38.76
780	1:24.89	1:59.55	2:34.77	4:06.49	4:25.92	5:38.88
779	1:24.92	1:59.59	2:34.83	4:06.58	4:26.02	5:39.00
778	1:24.95	1:59.63	2:34.88	4:06.67	4:26.12	5:39.13
777	1:24.98	1:59.67	2:34.94	4:06.76	4:26.21	5:39.25
776	1:25.01	1:59.71	2:34.99	4:06.85	4:26.31	5:39.37
775	1:25.04	1:59.75	2:35.05	4:06.94	4:26.40	5:39.49
774	1:25.07	1:59.79	2:35.10	4:07.02	4:26.50	5:39.61
773	1:25.10	1:59.83	2:35.16	4:07.11	4:26.59	5:39.73
772	1:25.13	1:59.88	2:35.21	4:07.20	4:26.69	5:39.86
771	1:25.16	1:59.92	2:35.27	4:07.29	4:26.79	5:39.98
770	1:25.19	1:59.96	2:35.32	4:07.38	4:26.88	5:40.10
769	1:25.22	2:00.00	2:35.38	4:07.47	4:26.98	5:40.22
768	1:25.25	2:00.04	2:35.43	4:07.56	4:27.07	5:40.34
767	1:25.28	2:00.08	2:35.49	4:07.65	4:27.17	5:40.47
766	1:25.31	2:00.13	2:35.54	4:07.74	4:27.27	5:40.59
765	1:25.34	2:00.17	2:35.60	4:07.83	4:27.36	5:40.71
764	1:25.37	2:00.21	2:35.65	4:07.92	4:27.46	5:40.83
763	1:25.40	2:00.25	2:35.71	4:08.01	4:27.56	5:40.96
762	1:25.43	2:00.29	2:35.76	4:08.10	4:27.65	5:41.08
761	1:25.46	2:00.33	2:35.82	4:08.19	4:27.75	5:41.20
760	1:25.49	2:00.38	2:35.87	4:08.28	4:27.85	5:41.32
759	1:25.52	2:00.42	2:35.93	4:08.37	4:27.94	5:41.45
758	1:25.55	2:00.46	2:35.98	4:08.46	4:28.04	5:41.57
757	1:25.58	2:00.50	2:36.04	4:08.55	4:28.14	5:41.69
756	1:25.61	2:00.54	2:36.10	4:08.64	4:28.24	5:41.81
755	1:25.64	2:00.59	2:36.15	4:08.73	4:28.33	5:41.94
754	1:25.67	2:00.63	2:36.21	4:08.82	4:28.43	5:42.06
753	1:25.70	2:00.67	2:36.26	4:08.91	4:28.53	5:42.18
752	1:25.73	2:00.71	2:36.32	4:09.00	4:28.62	5:42.31
751	1:25.76	2:00.75	2:36.37	4:09.09	4:28.72	5:42.43

600m	800m	1000m	1500m	Mile	2000m	Points
1:25.79	2:00.80	2:36.43	4:09.18	4:28.82	5:42.56	750
1:25.82	2:00.84	2:36.48	4:09.27	4:28.92	5:42.68	749
1:25.85	2:00.88	2:36.54	4:09.36	4:29.01	5:42.80	748
1:25.88	2:00.92	2:36.60	4:09.45	4:29.11	5:42.93	747
1:25.91	2:00.97	2:36.65	4:09.54	4:29.21	5:43.05	746
1:25.94	2:01.01	2:36.71	4:09.63	4:29.31	5:43.17	745
1:25.97	2:01.05	2:36.76	4:09.72	4:29.40	5:43.30	744
1:26.00	2:01.09	2:36.82	4:09.82	4:29.50	5:43.42	743
1:26.03	2:01.13	2:36.88	4:09.91	4:29.60	5:43.55	742
1:26.06	2:01.18	2:36.93	4:10.00	4:29.70	5:43.67	741
1:26.09	2:01.22	2:36.99	4:10.09	4:29.80	5:43.80	740
1:26.12	2:01.26	2:37.04	4:10.18	4:29.89	5:43.92	739
1:26.15	2:01.30	2:37.10	4:10.27	4:29.99	5:44.04	738
1:26.18	2:01.35	2:37.16	4:10.36	4:30.09	5:44.17	737
1:26.21	2:01.39	2:37.21	4:10.45	4:30.19	5:44.29	736
1:26.24	2:01.43	2:37.27	4:10.55	4:30.29	5:44.42	735
1:26.27	2:01.47	2:37.33	4:10.64	4:30.39	5:44.54	734
1:26.30	2:01.52	2:37.38	4:10.73	4:30.48	5:44.67	733
1:26.33	2:01.56	2:37.44	4:10.82	4:30.58	5:44.79	732
1:26.37	2:01.60	2:37.49	4:10.91	4:30.68	5:44.92	731
1:26.40	2:01.64	2:37.55	4:11.00	4:30.78	5:45.04	730
1:26.43	2:01.69	2:37.61	4:11.10	4:30.88	5:45.17	729
1:26.46	2:01.73	2:37.66	4:11.19	4:30.98	5:45.30	728
1:26.49	2:01.77	2:37.72	4:11.28	4:31.08	5:45.42	727
1:26.52	2:01.82	2:37.78	4:11.37	4:31.18	5:45.55	726
1:26.55	2:01.86	2:37.83	4:11.46	4:31.28	5:45.67	725
1:26.58	2:01.90	2:37.89	4:11.56	4:31.37	5:45.80	724
1:26.61	2:01.94	2:37.95	4:11.65	4:31.47	5:45.92	723
1:26.64	2:01.99	2:38.00	4:11.74	4:31.57	5:46.05	722
1:26.67	2:02.03	2:38.06	4:11.83	4:31.67	5:46.18	721
1:26.70	2:02.07	2:38.12	4:11.92	4:31.77	5:46.30	720
1:26.73	2:02.12	2:38.17	4:12.02	4:31.87	5:46.43	719
1:26.76	2:02.16	2:38.23	4:12.11	4:31.97	5:46.55	718
1:26.79	2:02.20	2:38.29	4:12.20	4:32.07	5:46.68	717
1:26.83	2:02.25	2:38.35	4:12.29	4:32.17	5:46.81	716
1:26.86	2:02.29	2:38.40	4:12.39	4:32.27	5:46.93	715
1:26.89	2:02.33	2:38.46	4:12.48	4:32.37	5:47.06	714
1:26.92	2:02.38	2:38.52	4:12.57	4:32.47	5:47.19	713
1:26.95	2:02.42	2:38.57	4:12.67	4:32.57	5:47.31	712
1:26.98	2:02.46	2:38.63	4:12.76	4:32.67	5:47.44	711
1:27.01	2:02.50	2:38.69	4:12.85	4:32.77	5:47.57	710
1:27.04	2:02.55	2:38.75	4:12.94	4:32.87	5:47.70	709
1:27.07	2:02.59	2:38.80	4:13.04	4:32.97	5:47.82	708
1:27.10	2:02.64	2:38.86	4:13.13	4:33.07	5:47.95	707
1:27.13	2:02.68	2:38.92	4:13.22	4:33.17	5:48.08	706
1:27.17	2:02.72	2:38.97	4:13.32	4:33.27	5:48.20	705
1:27.20	2:02.77	2:39.03	4:13.41	4:33.37	5:48.33	704
1:27.23	2:02.81	2:39.09	4:13.50	4:33.47	5:48.46	703
1:27.26	2:02.85	2:39.15	4:13.60	4:33.57	5:48.59	702
1:27.29	2:02.90	2:39.21	4:13.69	4:33.67	5:48.72	701

Points	600m	800m	1000m	1500m	Mile	2000m
700	1:27.32	2:02.94	2:39.26	4:13.79	4:33.78	5:48.84
699	1:27.35	2:02.98	2:39.32	4:13.88	4:33.88	5:48.97
698	1:27.38	2:03.03	2:39.38	4:13.97	4:33.98	5:49.10
697	1:27.42	2:03.07	2:39.44	4:14.07	4:34.08	5:49.23
696	1:27.45	2:03.11	2:39.49	4:14.16	4:34.18	5:49.36
695	1:27.48	2:03.16	2:39.55	4:14.25	4:34.28	5:49.48
694	1:27.51	2:03.20	2:39.61	4:14.35	4:34.38	5:49.61
693	1:27.54	2:03.25	2:39.67	4:14.44	4:34.48	5:49.74
692	1:27.57	2:03.29	2:39.73	4:14.54	4:34.58	5:49.87
691	1:27.60	2:03.33	2:39.78	4:14.63	4:34.69	5:50.00
690	1:27.63	2:03.38	2:39.84	4:14.73	4:34.79	5:50.13
689	1:27.67	2:03.42	2:39.90	4:14.82	4:34.89	5:50.26
688	1:27.70	2:03.47	2:39.96	4:14.91	4:34.99	5:50.39
687	1:27.73	2:03.51	2:40.02	4:15.01	4:35.09	5:50.51
686	1:27.76	2:03.55	2:40.07	4:15.10	4:35.19	5:50.64
685	1:27.79	2:03.60	2:40.13	4:15.20	4:35.30	5:50.77
684	1:27.82	2:03.64	2:40.19	4:15.29	4:35.40	5:50.90
683	1:27.86	2:03.69	2:40.25	4:15.39	4:35.50	5:51.03
682	1:27.89	2:03.73	2:40.31	4:15.48	4:35.60	5:51.16
681	1:27.92	2:03.77	2:40.37	4:15.58	4:35.70	5:51.29
680	1:27.95	2:03.82	2:40.42	4:15.67	4:35.81	5:51.42
679	1:27.98	2:03.86	2:40.48	4:15.77	4:35.91	5:51.55
678	1:28.01	2:03.91	2:40.54	4:15.86	4:36.01	5:51.68
677	1:28.05	2:03.95	2:40.60	4:15.96	4:36.11	5:51.81
676	1:28.08	2:04.00	2:40.66	4:16.05	4:36.22	5:51.94
675	1:28.11	2:04.04	2:40.72	4:16.15	4:36.32	5:52.07
674	1:28.14	2:04.08	2:40.78	4:16.25	4:36.42	5:52.20
673	1:28.17	2:04.13	2:40.84	4:16.34	4:36.53	5:52.33
672	1:28.20	2:04.17	2:40.89	4:16.44	4:36.63	5:52.46
671	1:28.24	2:04.22	2:40.95	4:16.53	4:36.73	5:52.59
670	1:28.27	2:04.26	2:41.01	4:16.63	4:36.83	5:52.72
669	1:28.30	2:04.31	2:41.07	4:16.72	4:36.94	5:52.86
668	1:28.33	2:04.35	2:41.13	4:16.82	4:37.04	5:52.99
667	1:28.36	2:04.40	2:41.19	4:16.92	4:37.14	5:53.12
666	1:28.40	2:04.44	2:41.25	4:17.01	4:37.25	5:53.25
665	1:28.43	2:04.49	2:41.31	4:17.11	4:37.35	5:53.38
664	1:28.46	2:04.53	2:41.37	4:17.20	4:37.45	5:53.51
663	1:28.49	2:04.58	2:41.43	4:17.30	4:37.56	5:53.64
662	1:28.52	2:04.62	2:41.48	4:17.40	4:37.66	5:53.77
661	1:28.56	2:04.66	2:41.54	4:17.49	4:37.77	5:53.91
660	1:28.59	2:04.71	2:41.60	4:17.59	4:37.87	5:54.04
659	1:28.62	2:04.75	2:41.66	4:17.69	4:37.97	5:54.17
658	1:28.65	2:04.80	2:41.72	4:17.78	4:38.08	5:54.30
657	1:28.68	2:04.84	2:41.78	4:17.88	4:38.18	5:54.43
656	1:28.72	2:04.89	2:41.84	4:17.98	4:38.29	5:54.57
655	1:28.75	2:04.93	2:41.90	4:18.07	4:38.39	5:54.70
654	1:28.78	2:04.98	2:41.96	4:18.17	4:38.49	5:54.83
653	1:28.81	2:05.02	2:42.02	4:18.27	4:38.60	5:54.96
652	1:28.85	2:05.07	2:42.08	4:18.36	4:38.70	5:55.09
651	1:28.88	2:05.12	2:42.14	4:18.46	4:38.81	5:55.23

600m	800m	1000m	1500m	Mile	2000m	Points
1:28.91	2:05.16	2:42.20	4:18.56	4:38.91	5:55.36	650
1:28.94	2:05.21	2:42.26	4:18.66	4:39.02	5:55.49	649
1:28.98	2:05.25	2:42.32	4:18.75	4:39.12	5:55.63	648
1:29.01	2:05.30	2:42.38	4:18.85	4:39.23	5:55.76	647
1:29.04	2:05.34	2:42.44	4:18.95	4:39.33	5:55.89	646
1:29.07	2:05.39	2:42.50	4:19.05	4:39.44	5:56.03	645
1:29.11	2:05.43	2:42.56	4:19.14	4:39.54	5:56.16	644
1:29.14	2:05.48	2:42.62	4:19.24	4:39.65	5:56.29	643
1:29.17	2:05.52	2:42.68	4:19.34	4:39.75	5:56.43	642
1:29.20	2:05.57	2:42.74	4:19.44	4:39.86	5:56.56	641
1:29.24	2:05.61	2:42.80	4:19.53	4:39.96	5:56.69	640
1:29.27	2:05.66	2:42.86	4:19.63	4:40.07	5:56.83	639
1:29.30	2:05.71	2:42.92	4:19.73	4:40.17	5:56.96	638
1:29.33	2:05.75	2:42.98	4:19.83	4:40.28	5:57.10	637
1:29.37	2:05.80	2:43.04	4:19.93	4:40.39	5:57.23	636
1:29.40	2:05.84	2:43.10	4:20.03	4:40.49	5:57.36	635
1:29.43	2:05.89	2:43.16	4:20.12	4:40.60	5:57.50	634
1:29.46	2:05.93	2:43.22	4:20.22	4:40.70	5:57.63	633
1:29.50	2:05.98	2:43.28	4:20.32	4:40.81	5:57.77	632
1:29.53	2:06.03	2:43.34	4:20.42	4:40.92	5:57.90	631
1:29.56	2:06.07	2:43.41	4:20.52	4:41.02	5:58.04	630
1:29.60	2:06.12	2:43.47	4:20.62	4:41.13	5:58.17	629
1:29.63	2:06.16	2:43.53	4:20.72	4:41.23	5:58.31	628
1:29.66	2:06.21	2:43.59	4:20.82	4:41.34	5:58.44	627
1:29.69	2:06.26	2:43.65	4:20.91	4:41.45	5:58.58	626
1:29.73	2:06.30	2:43.71	4:21.01	4:41.55	5:58.71	625
1:29.76	2:06.35	2:43.77	4:21.11	4:41.66	5:58.85	624
1:29.79	2:06.40	2:43.83	4:21.21	4:41.77	5:58.98	623
1:29.83	2:06.44	2:43.89	4:21.31	4:41.88	5:59.12	622
1:29.86	2:06.49	2:43.95	4:21.41	4:41.98	5:59.26	621
1:29.89	2:06.53	2:44.02	4:21.51	4:42.09	5:59.39	620
1:29.93	2:06.58	2:44.08	4:21.61	4:42.20	5:59.53	619
1:29.96	2:06.63	2:44.14	4:21.71	4:42.30	5:59.66	618
1:29.99	2:06.67	2:44.20	4:21.81	4:42.41	5:59.80	617
1:30.03	2:06.72	2:44.26	4:21.91	4:42.52	5:59.94	616
1:30.06	2:06.77	2:44.32	4:22.01	4:42.63	6:00.07	615
1:30.09	2:06.81	2:44.38	4:22.11	4:42.73	6:00.21	614
1:30.13	2:06.86	2:44.45	4:22.21	4:42.84	6:00.35	613
1:30.16	2:06.91	2:44.51	4:22.31	4:42.95	6:00.48	612
1:30.19	2:06.95	2:44.57	4:22.41	4:43.06	6:00.62	611
1:30.23	2:07.00	2:44.63	4:22.51	4:43.17	6:00.76	610
1:30.26	2:07.05	2:44.69	4:22.61	4:43.27	6:00.89	609
1:30.29	2:07.09	2:44.75	4:22.71	4:43.38	6:01.03	608
1:30.33	2:07.14	2:44.82	4:22.81	4:43.49	6:01.17	607
1:30.36	2:07.19	2:44.88	4:22.91	4:43.60	6:01.31	606
1:30.39	2:07.23	2:44.94	4:23.01	4:43.71	6:01.44	605
1:30.43	2:07.28	2:45.00	4:23.11	4:43.82	6:01.58	604
1:30.46	2:07.33	2:45.06	4:23.22	4:43.92	6:01.72	603
1:30.49	2:07.37	2:45.13	4:23.32	4:44.03	6:01.86	602
1:30.53	2:07.42	2:45.19	4:23.42	4:44.14	6:01.99	601

Points	600m	800m	1000m	1500m	Mile	2000m
600	1:30.56	2:07.47	2:45.25	4:23.52	4:44.25	6:02.13
599	1:30.60	2:07.52	2:45.31	4:23.62	4:44.36	6:02.27
598	1:30.63	2:07.56	2:45.38	4:23.72	4:44.47	6:02.41
597	1:30.66	2:07.61	2:45.44	4:23.82	4:44.58	6:02.55
596	1:30.70	2:07.66	2:45.50	4:23.92	4:44.69	6:02.69
595	1:30.73	2:07.70	2:45.56	4:24.03	4:44.80	6:02.83
594	1:30.76	2:07.75	2:45.63	4:24.13	4:44.91	6:02.96
593	1:30.80	2:07.80	2:45.69	4:24.23	4:45.02	6:03.10
592	1:30.83	2:07.85	2:45.75	4:24.33	4:45.13	6:03.24
591	1:30.87	2:07.89	2:45.81	4:24.43	4:45.24	6:03.38
590	1:30.90	2:07.94	2:45.88	4:24.54	4:45.35	6:03.52
589	1:30.93	2:07.99	2:45.94	4:24.64	4:45.45	6:03.66
588	1:30.97	2:08.04	2:46.00	4:24.74	4:45.56	6:03.80
587	1:31.00	2:08.08	2:46.07	4:24.84	4:45.68	6:03.94
586	1:31.04	2:08.13	2:46.13	4:24.94	4:45.79	6:04.08
585	1:31.07	2:08.18	2:46.19	4:25.05	4:45.90	6:04.22
584	1:31.10	2:08.23	2:46.25	4:25.15	4:46.01	6:04.36
583	1:31.14	2:08.28	2:46.32	4:25.25	4:46.12	6:04.50
582	1:31.17	2:08.32	2:46.38	4:25.35	4:46.23	6:04.64
581	1:31.21	2:08.37	2:46.44	4:25.46	4:46.34	6:04.78
580	1:31.24	2:08.42	2:46.51	4:25.56	4:46.45	6:04.92
579	1:31.28	2:08.47	2:46.57	4:25.66	4:46.56	6:05.06
578	1:31.31	2:08.51	2:46.63	4:25.77	4:46.67	6:05.20
577	1:31.34	2:08.56	2:46.70	4:25.87	4:46.78	6:05.34
576	1:31.38	2:08.61	2:46.76	4:25.97	4:46.89	6:05.48
575	1:31.41	2:08.66	2:46.83	4:26.08	4:47.00	6:05.62
574	1:31.45	2:08.71	2:46.89	4:26.18	4:47.12	6:05.77
573	1:31.48	2:08.76	2:46.95	4:26.28	4:47.23	6:05.91
572	1:31.52	2:08.80	2:47.02	4:26.39	4:47.34	6:06.05
571	1:31.55	2:08.85	2:47.08	4:26.49	4:47.45	6:06.19
570	1:31.59	2:08.90	2:47.14	4:26.59	4:47.56	6:06.33
569	1:31.62	2:08.95	2:47.21	4:26.70	4:47.67	6:06.47
568	1:31.65	2:09.00	2:47.27	4:26.80	4:47.79	6:06.62
567	1:31.69	2:09.05	2:47.34	4:26.91	4:47.90	6:06.76
566	1:31.72	2:09.09	2:47.40	4:27.01	4:48.01	6:06.90
565	1:31.76	2:09.14	2:47.46	4:27.11	4:48.12	6:07.04
564	1:31.79	2:09.19	2:47.53	4:27.22	4:48.23	6:07.19
563	1:31.83	2:09.24	2:47.59	4:27.32	4:48.35	6:07.33
562	1:31.86	2:09.29	2:47.66	4:27.43	4:48.46	6:07.47
561	1:31.90	2:09.34	2:47.72	4:27.53	4:48.57	6:07.61
560	1:31.93	2:09.39	2:47.79	4:27.64	4:48.68	6:07.76
559	1:31.97	2:09.43	2:47.85	4:27.74	4:48.80	6:07.90
558	1:32.00	2:09.48	2:47.91	4:27.85	4:48.91	6:08.04
557	1:32.04	2:09.53	2:47.98	4:27.95	4:49.02	6:08.19
556	1:32.07	2:09.58	2:48.04	4:28.06	4:49.14	6:08.33
555	1:32.11	2:09.63	2:48.11	4:28.16	4:49.25	6:08.47
554	1:32.14	2:09.68	2:48.17	4:28.27	4:49.36	6:08.62
553	1:32.18	2:09.73	2:48.24	4:28.37	4:49.48	6:08.76
552	1:32.21	2:09.78	2:48.30	4:28.48	4:49.59	6:08.91
551	1:32.25	2:09.83	2:48.37	4:28.58	4:49.70	6:09.05



600m	800m	1000m	1500m	Mile	2000m	Points
1:32.28	2:09.88	2:48.43	4:28.69	4:49.82	6:09.19	550
1:32.32	2:09.92	2:48.50	4:28.80	4:49.93	6:09.34	549
1:32.35	2:09.97	2:48.56	4:28.90	4:50.04	6:09.48	548
1:32.39	2:10.02	2:48.63	4:29.01	4:50.16	6:09.63	547
1:32.42	2:10.07	2:48.69	4:29.11	4:50.27	6:09.77	546
1:32.46	2:10.12	2:48.76	4:29.22	4:50.39	6:09.92	545
1:32.49	2:10.17	2:48.82	4:29.33	4:50.50	6:10.06	544
1:32.53	2:10.22	2:48.89	4:29.43	4:50.62	6:10.21	543
1:32.57	2:10.27	2:48.96	4:29.54	4:50.73	6:10.35	542
1:32.60	2:10.32	2:49.02	4:29.65	4:50.85	6:10.50	541
1:32.64	2:10.37	2:49.09	4:29.75	4:50.96	6:10.64	540
1:32.67	2:10.42	2:49.15	4:29.86	4:51.08	6:10.79	539
1:32.71	2:10.47	2:49.22	4:29.97	4:51.19	6:10.94	538
1:32.74	2:10.52	2:49.28	4:30.07	4:51.31	6:11.08	537
1:32.78	2:10.57	2:49.35	4:30.18	4:51.42	6:11.23	536
1:32.81	2:10.62	2:49.42	4:30.29	4:51.54	6:11.37	535
1:32.85	2:10.67	2:49.48	4:30.39	4:51.65	6:11.52	534
1:32.89	2:10.72	2:49.55	4:30.50	4:51.77	6:11.67	533
1:32.92	2:10.77	2:49.61	4:30.61	4:51.88	6:11.81	532
1:32.96	2:10.82	2:49.68	4:30.72	4:52.00	6:11.96	531
1:32.99	2:10.87	2:49.75	4:30.82	4:52.11	6:12.11	530
1:33.03	2:10.92	2:49.81	4:30.93	4:52.23	6:12.26	529
1:33.06	2:10.97	2:49.88	4:31.04	4:52.35	6:12.40	528
1:33.10	2:11.02	2:49.95	4:31.15	4:52.46	6:12.55	527
1:33.14	2:11.07	2:50.01	4:31.26	4:52.58	6:12.70	526
1:33.17	2:11.12	2:50.08	4:31.36	4:52.70	6:12.84	525
1:33.21	2:11.17	2:50.15	4:31.47	4:52.81	6:12.99	524
1:33.24	2:11.22	2:50.21	4:31.58	4:52.93	6:13.14	523
1:33.28	2:11.27	2:50.28	4:31.69	4:53.05	6:13.29	522
1:33.32	2:11.32	2:50.35	4:31.80	4:53.16	6:13.44	521
1:33.35	2:11.37	2:50.41	4:31.91	4:53.28	6:13.59	520
1:33.39	2:11.42	2:50.48	4:32.02	4:53.40	6:13.73	519
1:33.43	2:11.47	2:50.55	4:32.12	4:53.51	6:13.88	518
1:33.46	2:11.52	2:50.61	4:32.23	4:53.63	6:14.03	517
1:33.50	2:11.57	2:50.68	4:32.34	4:53.75	6:14.18	516
1:33.53	2:11.63	2:50.75	4:32.45	4:53.87	6:14.33	515
1:33.57	2:11.68	2:50.82	4:32.56	4:53.98	6:14.48	514
1:33.61	2:11.73	2:50.88	4:32.67	4:54.10	6:14.63	513
1:33.64	2:11.78	2:50.95	4:32.78	4:54.22	6:14.78	512
1:33.68	2:11.83	2:51.02	4:32.89	4:54.34	6:14.93	511
1:33.72	2:11.88	2:51.08	4:33.00	4:54.45	6:15.08	510
1:33.75	2:11.93	2:51.15	4:33.11	4:54.57	6:15.23	509
1:33.79	2:11.98	2:51.22	4:33.22	4:54.69	6:15.38	508
1:33.83	2:12.03	2:51.29	4:33.33	4:54.81	6:15.53	507
1:33.86	2:12.09	2:51.36	4:33.44	4:54.93	6:15.68	506
1:33.90	2:12.14	2:51.42	4:33.55	4:55.05	6:15.83	505
1:33.94	2:12.19	2:51.49	4:33.66	4:55.17	6:15.98	504
1:33.97	2:12.24	2:51.56	4:33.77	4:55.28	6:16.13	503
1:34.01	2:12.29	2:51.63	4:33.88	4:55.40	6:16.28	502
1:34.05	2:12.34	2:51.70	4:33.99	4:55.52	6:16.43	501

Points	600m	800m	1000m	1500m	Mile	2000m
500	1:34.08	2:12.39	2:51.76	4:34.10	4:55.64	6:16.58
499	1:34.12	2:12.45	2:51.83	4:34.21	4:55.76	6:16.74
498	1:34.16	2:12.50	2:51.90	4:34.32	4:55.88	6:16.89
497	1:34.20	2:12.55	2:51.97	4:34.44	4:56.00	6:17.04
496	1:34.23	2:12.60	2:52.04	4:34.55	4:56.12	6:17.19
495	1:34.27	2:12.65	2:52.11	4:34.66	4:56.24	6:17.34
494	1:34.31	2:12.70	2:52.17	4:34.77	4:56.36	6:17.50
493	1:34.34	2:12.76	2:52.24	4:34.88	4:56.48	6:17.65
492	1:34.38	2:12.81	2:52.31	4:34.99	4:56.60	6:17.80
491	1:34.42	2:12.86	2:52.38	4:35.11	4:56.72	6:17.95
490	1:34.46	2:12.91	2:52.45	4:35.22	4:56.84	6:18.11
489	1:34.49	2:12.96	2:52.52	4:35.33	4:56.96	6:18.26
488	1:34.53	2:13.02	2:52.59	4:35.44	4:57.08	6:18.41
487	1:34.57	2:13.07	2:52.66	4:35.55	4:57.20	6:18.57
486	1:34.60	2:13.12	2:52.73	4:35.67	4:57.33	6:18.72
485	1:34.64	2:13.17	2:52.80	4:35.78	4:57.45	6:18.87
484	1:34.68	2:13.23	2:52.86	4:35.89	4:57.57	6:19.03
483	1:34.72	2:13.28	2:52.93	4:36.00	4:57.69	6:19.18
482	1:34.75	2:13.33	2:53.00	4:36.12	4:57.81	6:19.33
481	1:34.79	2:13.38	2:53.07	4:36.23	4:57.93	6:19.49
480	1:34.83	2:13.44	2:53.14	4:36.34	4:58.05	6:19.64
479	1:34.87	2:13.49	2:53.21	4:36.46	4:58.18	6:19.80
478	1:34.91	2:13.54	2:53.28	4:36.57	4:58.30	6:19.95
477	1:34.94	2:13.59	2:53.35	4:36.68	4:58.42	6:20.11
476	1:34.98	2:13.65	2:53.42	4:36.80	4:58.54	6:20.26
475	1:35.02	2:13.70	2:53.49	4:36.91	4:58.66	6:20.42
474	1:35.06	2:13.75	2:53.56	4:37.02	4:58.79	6:20.57
473	1:35.09	2:13.81	2:53.63	4:37.14	4:58.91	6:20.73
472	1:35.13	2:13.86	2:53.70	4:37.25	4:59.03	6:20.88
471	1:35.17	2:13.91	2:53.77	4:37.37	4:59.16	6:21.04
470	1:35.21	2:13.97	2:53.84	4:37.48	4:59.28	6:21.20
469	1:35.25	2:14.02	2:53.91	4:37.60	4:59.40	6:21.35
468	1:35.28	2:14.07	2:53.98	4:37.71	4:59.52	6:21.51
467	1:35.32	2:14.13	2:54.05	4:37.82	4:59.65	6:21.67
466	1:35.36	2:14.18	2:54.12	4:37.94	4:59.77	6:21.82
465	1:35.40	2:14.23	2:54.20	4:38.05	4:59.90	6:21.98
464	1:35.44	2:14.29	2:54.27	4:38.17	5:00.02	6:22.14
463	1:35.48	2:14.34	2:54.34	4:38.28	5:00.14	6:22.29
462	1:35.51	2:14.39	2:54.41	4:38.40	5:00.27	6:22.45
461	1:35.55	2:14.45	2:54.48	4:38.52	5:00.39	6:22.61
460	1:35.59	2:14.50	2:54.55	4:38.63	5:00.52	6:22.77
459	1:35.63	2:14.55	2:54.62	4:38.75	5:00.64	6:22.92
458	1:35.67	2:14.61	2:54.69	4:38.86	5:00.77	6:23.08
457	1:35.71	2:14.66	2:54.76	4:38.98	5:00.89	6:23.24
456	1:35.75	2:14.72	2:54.84	4:39.09	5:01.01	6:23.40
455	1:35.78	2:14.77	2:54.91	4:39.21	5:01.14	6:23.56
454	1:35.82	2:14.82	2:54.98	4:39.33	5:01.27	6:23.72
453	1:35.86	2:14.88	2:55.05	4:39.44	5:01.39	6:23.88
452	1:35.90	2:14.93	2:55.12	4:39.56	5:01.52	6:24.04
451	1:35.94	2:14.99	2:55.19	4:39.68	5:01.64	6:24.19

600m	800m	1000m	1500m	Mile	2000m	Points
1:35.98	2:15.04	2:55.27	4:39.79	5:01.77	6:24.35	450
1:36.02	2:15.10	2:55.34	4:39.91	5:01.89	6:24.51	449
1:36.06	2:15.15	2:55.41	4:40.03	5:02.02	6:24.67	448
1:36.10	2:15.21	2:55.48	4:40.14	5:02.15	6:24.83	447
1:36.13	2:15.26	2:55.55	4:40.26	5:02.27	6:24.99	446
1:36.17	2:15.31	2:55.63	4:40.38	5:02.40	6:25.15	445
1:36.21	2:15.37	2:55.70	4:40.50	5:02.52	6:25.31	444
1:36.25	2:15.42	2:55.77	4:40.61	5:02.65	6:25.48	443
1:36.29	2:15.48	2:55.84	4:40.73	5:02.78	6:25.64	442
1:36.33	2:15.53	2:55.92	4:40.85	5:02.91	6:25.80	441
1:36.37	2:15.59	2:55.99	4:40.97	5:03.03	6:25.96	440
1:36.41	2:15.64	2:56.06	4:41.09	5:03.16	6:26.12	439
1:36.45	2:15.70	2:56.13	4:41.21	5:03.29	6:26.28	438
1:36.49	2:15.75	2:56.21	4:41.32	5:03.41	6:26.44	437
1:36.53	2:15.81	2:56.28	4:41.44	5:03.54	6:26.61	436
1:36.57	2:15.86	2:56.35	4:41.56	5:03.67	6:26.77	435
1:36.61	2:15.92	2:56.43	4:41.68	5:03.80	6:26.93	434
1:36.65	2:15.98	2:56.50	4:41.80	5:03.93	6:27.09	433
1:36.69	2:16.03	2:56.57	4:41.92	5:04.05	6:27.26	432
1:36.73	2:16.09	2:56.65	4:42.04	5:04.18	6:27.42	431
1:36.77	2:16.14	2:56.72	4:42.16	5:04.31	6:27.58	430
1:36.81	2:16.20	2:56.79	4:42.28	5:04.44	6:27.75	429
1:36.85	2:16.25	2:56.87	4:42.40	5:04.57	6:27.91	428
1:36.89	2:16.31	2:56.94	4:42.52	5:04.70	6:28.07	427
1:36.93	2:16.37	2:57.01	4:42.64	5:04.83	6:28.24	426
1:36.97	2:16.42	2:57.09	4:42.76	5:04.96	6:28.40	425
1:37.01	2:16.48	2:57.16	4:42.88	5:05.09	6:28.57	424
1:37.05	2:16.53	2:57.24	4:43.00	5:05.22	6:28.73	423
1:37.09	2:16.59	2:57.31	4:43.12	5:05.35	6:28.89	422
1:37.13	2:16.65	2:57.39	4:43.24	5:05.48	6:29.06	421
1:37.17	2:16.70	2:57.46	4:43.36	5:05.61	6:29.22	420
1:37.21	2:16.76	2:57.53	4:43.48	5:05.74	6:29.39	419
1:37.25	2:16.81	2:57.61	4:43.60	5:05.87	6:29.56	418
1:37.29	2:16.87	2:57.68	4:43.72	5:06.00	6:29.72	417
1:37.33	2:16.93	2:57.76	4:43.85	5:06.13	6:29.89	416
1:37.37	2:16.98	2:57.83	4:43.97	5:06.26	6:30.05	415
1:37.41	2:17.04	2:57.91	4:44.09	5:06.39	6:30.22	414
1:37.45	2:17.10	2:57.98	4:44.21	5:06.52	6:30.39	413
1:37.49	2:17.15	2:58.06	4:44.33	5:06.65	6:30.55	412
1:37.53	2:17.21	2:58.13	4:44.46	5:06.79	6:30.72	411
1:37.57	2:17.27	2:58.21	4:44.58	5:06.92	6:30.89	410
1:37.61	2:17.33	2:58.28	4:44.70	5:07.05	6:31.05	409
1:37.65	2:17.38	2:58.36	4:44.82	5:07.18	6:31.22	408
1:37.69	2:17.44	2:58.44	4:44.95	5:07.31	6:31.39	407
1:37.73	2:17.50	2:58.51	4:45.07	5:07.45	6:31.56	406
1:37.78	2:17.55	2:58.59	4:45.19	5:07.58	6:31.73	405
1:37.82	2:17.61	2:58.66	4:45.32	5:07.71	6:31.89	404
1:37.86	2:17.67	2:58.74	4:45.44	5:07.84	6:32.06	403
1:37.90	2:17.73	2:58.81	4:45.56	5:07.98	6:32.23	402
1:37.94	2:17.78	2:58.89	4:45.69	5:08.11	6:32.40	401

Points	600m	800m	1000m	1500m	Mile	2000m
400	1:37.98	2:17.84	2:58.97	4:45.81	5:08.24	6:32.57
399	1:38.02	2:17.90	2:59.04	4:45.93	5:08.38	6:32.74
398	1:38.06	2:17.96	2:59.12	4:46.06	5:08.51	6:32.91
397	1:38.11	2:18.01	2:59.20	4:46.18	5:08.64	6:33.08
396	1:38.15	2:18.07	2:59.27	4:46.31	5:08.78	6:33.25
395	1:38.19	2:18.13	2:59.35	4:46.43	5:08.91	6:33.42
394	1:38.23	2:18.19	2:59.43	4:46.56	5:09.05	6:33.59
393	1:38.27	2:18.25	2:59.50	4:46.68	5:09.18	6:33.76
392	1:38.31	2:18.31	2:59.58	4:46.81	5:09.32	6:33.93
391	1:38.35	2:18.36	2:59.66	4:46.93	5:09.45	6:34.10
390	1:38.40	2:18.42	2:59.73	4:47.06	5:09.59	6:34.27
389	1:38.44	2:18.48	2:59.81	4:47.18	5:09.72	6:34.44
388	1:38.48	2:18.54	2:59.89	4:47.31	5:09.86	6:34.62
387	1:38.52	2:18.60	2:59.97	4:47.43	5:09.99	6:34.79
386	1:38.56	2:18.66	3:00.04	4:47.56	5:10.13	6:34.96
385	1:38.61	2:18.72	3:00.12	4:47.69	5:10.26	6:35.13
384	1:38.65	2:18.77	3:00.20	4:47.81	5:10.40	6:35.31
383	1:38.69	2:18.83	3:00.28	4:47.94	5:10.54	6:35.48
382	1:38.73	2:18.89	3:00.36	4:48.07	5:10.67	6:35.65
381	1:38.77	2:18.95	3:00.43	4:48.19	5:10.81	6:35.82
380	1:38.82	2:19.01	3:00.51	4:48.32	5:10.95	6:36.00
379	1:38.86	2:19.07	3:00.59	4:48.45	5:11.08	6:36.17
378	1:38.90	2:19.13	3:00.67	4:48.58	5:11.22	6:36.35
377	1:38.94	2:19.19	3:00.75	4:48.70	5:11.36	6:36.52
376	1:38.99	2:19.25	3:00.83	4:48.83	5:11.49	6:36.69
375	1:39.03	2:19.31	3:00.91	4:48.96	5:11.63	6:36.87
374	1:39.07	2:19.37	3:00.98	4:49.09	5:11.77	6:37.04
373	1:39.11	2:19.43	3:01.06	4:49.22	5:11.91	6:37.22
372	1:39.16	2:19.49	3:01.14	4:49.34	5:12.05	6:37.39
371	1:39.20	2:19.55	3:01.22	4:49.47	5:12.19	6:37.57
370	1:39.24	2:19.61	3:01.30	4:49.60	5:12.32	6:37.75
369	1:39.29	2:19.67	3:01.38	4:49.73	5:12.46	6:37.92
368	1:39.33	2:19.73	3:01.46	4:49.86	5:12.60	6:38.10
367	1:39.37	2:19.79	3:01.54	4:49.99	5:12.74	6:38.28
366	1:39.42	2:19.85	3:01.62	4:50.12	5:12.88	6:38.45
365	1:39.46	2:19.91	3:01.70	4:50.25	5:13.02	6:38.63
364	1:39.50	2:19.97	3:01.78	4:50.38	5:13.16	6:38.81
363	1:39.55	2:20.03	3:01.86	4:50.51	5:13.30	6:38.98
362	1:39.59	2:20.09	3:01.94	4:50.64	5:13.44	6:39.16
361	1:39.63	2:20.15	3:02.02	4:50.77	5:13.58	6:39.34
360	1:39.68	2:20.21	3:02.10	4:50.90	5:13.72	6:39.52
359	1:39.72	2:20.27	3:02.18	4:51.03	5:13.86	6:39.70
358	1:39.76	2:20.33	3:02.26	4:51.16	5:14.00	6:39.88
357	1:39.81	2:20.39	3:02.34	4:51.29	5:14.14	6:40.06
356	1:39.85	2:20.45	3:02.42	4:51.42	5:14.29	6:40.23
355	1:39.89	2:20.52	3:02.50	4:51.56	5:14.43	6:40.41
354	1:39.94	2:20.58	3:02.58	4:51.69	5:14.57	6:40.59
353	1:39.98	2:20.64	3:02.66	4:51.82	5:14.71	6:40.77
352	1:40.03	2:20.70	3:02.75	4:51.95	5:14.85	6:40.95
351	1:40.07	2:20.76	3:02.83	4:52.08	5:15.00	6:41.13

600m	800m	1000m	1500m	Mile	2000m	Points
1:40.11	2:20.82	3:02.91	4:52.22	5:15.14	6:41.32	350
1:40.16	2:20.88	3:02.99	4:52.35	5:15.28	6:41.50	349
1:40.20	2:20.95	3:03.07	4:52.48	5:15.42	6:41.68	348
1:40.25	2:21.01	3:03.15	4:52.61	5:15.57	6:41.86	347
1:40.29	2:21.07	3:03.24	4:52.75	5:15.71	6:42.04	346
1:40.33	2:21.13	3:03.32	4:52.88	5:15.85	6:42.22	345
1:40.38	2:21.19	3:03.40	4:53.01	5:16.00	6:42.41	344
1:40.42	2:21.26	3:03.48	4:53.15	5:16.14	6:42.59	343
1:40.47	2:21.32	3:03.56	4:53.28	5:16.29	6:42.77	342
1:40.51	2:21.38	3:03.65	4:53.42	5:16.43	6:42.95	341
1:40.56	2:21.44	3:03.73	4:53.55	5:16.57	6:43.14	340
1:40.60	2:21.51	3:03.81	4:53.69	5:16.72	6:43.32	339
1:40.65	2:21.57	3:03.90	4:53.82	5:16.86	6:43.51	338
1:40.69	2:21.63	3:03.98	4:53.96	5:17.01	6:43.69	337
1:40.74	2:21.69	3:04.06	4:54.09	5:17.16	6:43.87	336
1:40.78	2:21.76	3:04.15	4:54.23	5:17.30	6:44.06	335
1:40.83	2:21.82	3:04.23	4:54.36	5:17.45	6:44.24	334
1:40.87	2:21.88	3:04.31	4:54.50	5:17.59	6:44.43	333
1:40.92	2:21.95	3:04.40	4:54.63	5:17.74	6:44.62	332
1:40.96	2:22.01	3:04.48	4:54.77	5:17.89	6:44.80	331
1:41.01	2:22.07	3:04.56	4:54.91	5:18.03	6:44.99	330
1:41.05	2:22.14	3:04.65	4:55.04	5:18.18	6:45.17	329
1:41.10	2:22.20	3:04.73	4:55.18	5:18.33	6:45.36	328
1:41.15	2:22.26	3:04.82	4:55.32	5:18.47	6:45.55	327
1:41.19	2:22.33	3:04.90	4:55.45	5:18.62	6:45.74	326
1:41.24	2:22.39	3:04.99	4:55.59	5:18.77	6:45.92	325
1:41.28	2:22.46	3:05.07	4:55.73	5:18.92	6:46.11	324
1:41.33	2:22.52	3:05.15	4:55.87	5:19.07	6:46.30	323
1:41.37	2:22.59	3:05.24	4:56.00	5:19.22	6:46.49	322
1:41.42	2:22.65	3:05.32	4:56.14	5:19.36	6:46.68	321
1:41.47	2:22.71	3:05.41	4:56.28	5:19.51	6:46.87	320
1:41.51	2:22.78	3:05.50	4:56.42	5:19.66	6:47.06	319
1:41.56	2:22.84	3:05.58	4:56.56	5:19.81	6:47.25	318
1:41.61	2:22.91	3:05.67	4:56.70	5:19.96	6:47.44	317
1:41.65	2:22.97	3:05.75	4:56.84	5:20.11	6:47.63	316
1:41.70	2:23.04	3:05.84	4:56.98	5:20.26	6:47.82	315
1:41.74	2:23.10	3:05.92	4:57.12	5:20.41	6:48.01	314
1:41.79	2:23.17	3:06.01	4:57.26	5:20.56	6:48.20	313
1:41.84	2:23.23	3:06.10	4:57.40	5:20.71	6:48.39	312
1:41.88	2:23.30	3:06.18	4:57.54	5:20.87	6:48.58	311
1:41.93	2:23.36	3:06.27	4:57.68	5:21.02	6:48.77	310
1:41.98	2:23.43	3:06.36	4:57.82	5:21.17	6:48.97	309
1:42.03	2:23.50	3:06.44	4:57.96	5:21.32	6:49.16	308
1:42.07	2:23.56	3:06.53	4:58.10	5:21.47	6:49.35	307
1:42.12	2:23.63	3:06.62	4:58.24	5:21.63	6:49.55	306
1:42.17	2:23.69	3:06.70	4:58.39	5:21.78	6:49.74	305
1:42.21	2:23.76	3:06.79	4:58.53	5:21.93	6:49.93	304
1:42.26	2:23.83	3:06.88	4:58.67	5:22.08	6:50.13	303
1:42.31	2:23.89	3:06.97	4:58.81	5:22.24	6:50.32	302
1:42.36	2:23.96	3:07.06	4:58.96	5:22.39	6:50.52	301

Points	600m	800m	1000m	1500m	Mile	2000m
300	1:42.40	2:24.02	3:07.14	4:59.10	5:22.54	6:50.71
299	1:42.45	2:24.09	3:07.23	4:59.24	5:22.70	6:50.91
298	1:42.50	2:24.16	3:07.32	4:59.39	5:22.85	6:51.10
297	1:42.55	2:24.23	3:07.41	4:59.53	5:23.01	6:51.30
296	1:42.60	2:24.29	3:07.50	4:59.67	5:23.16	6:51.50
295	1:42.64	2:24.36	3:07.59	4:59.82	5:23.32	6:51.69
294	1:42.69	2:24.43	3:07.67	4:59.96	5:23.47	6:51.89
293	1:42.74	2:24.49	3:07.76	5:00.11	5:23.63	6:52.09
292	1:42.79	2:24.56	3:07.85	5:00.25	5:23.79	6:52.29
291	1:42.84	2:24.63	3:07.94	5:00.40	5:23.94	6:52.49
290	1:42.88	2:24.70	3:08.03	5:00.54	5:24.10	6:52.68
289	1:42.93	2:24.76	3:08.12	5:00.69	5:24.26	6:52.88
288	1:42.98	2:24.83	3:08.21	5:00.83	5:24.41	6:53.08
287	1:43.03	2:24.90	3:08.30	5:00.98	5:24.57	6:53.28
286	1:43.08	2:24.97	3:08.39	5:01.13	5:24.73	6:53.48
285	1:43.13	2:25.04	3:08.48	5:01.27	5:24.89	6:53.68
284	1:43.18	2:25.11	3:08.57	5:01.42	5:25.04	6:53.88
283	1:43.23	2:25.17	3:08.66	5:01.57	5:25.20	6:54.08
282	1:43.28	2:25.24	3:08.75	5:01.71	5:25.36	6:54.29
281	1:43.32	2:25.31	3:08.84	5:01.86	5:25.52	6:54.49
280	1:43.37	2:25.38	3:08.94	5:02.01	5:25.68	6:54.69
279	1:43.42	2:25.45	3:09.03	5:02.16	5:25.84	6:54.89
278	1:43.47	2:25.52	3:09.12	5:02.31	5:26.00	6:55.09
277	1:43.52	2:25.59	3:09.21	5:02.46	5:26.16	6:55.30
276	1:43.57	2:25.66	3:09.30	5:02.61	5:26.32	6:55.50
275	1:43.62	2:25.73	3:09.39	5:02.76	5:26.48	6:55.71
274	1:43.67	2:25.80	3:09.49	5:02.90	5:26.64	6:55.91
273	1:43.72	2:25.87	3:09.58	5:03.05	5:26.80	6:56.11
272	1:43.77	2:25.94	3:09.67	5:03.20	5:26.96	6:56.32
271	1:43.82	2:26.01	3:09.76	5:03.36	5:27.13	6:56.53
270	1:43.87	2:26.08	3:09.86	5:03.51	5:27.29	6:56.73
269	1:43.92	2:26.15	3:09.95	5:03.66	5:27.45	6:56.94
268	1:43.97	2:26.22	3:10.04	5:03.81	5:27.61	6:57.14
267	1:44.02	2:26.29	3:10.13	5:03.96	5:27.78	6:57.35
266	1:44.07	2:26.36	3:10.23	5:04.11	5:27.94	6:57.56
265	1:44.12	2:26.43	3:10.32	5:04.26	5:28.11	6:57.77
264	1:44.17	2:26.50	3:10.42	5:04.42	5:28.27	6:57.97
263	1:44.23	2:26.57	3:10.51	5:04.57	5:28.43	6:58.18
262	1:44.28	2:26.64	3:10.60	5:04.72	5:28.60	6:58.39
261	1:44.33	2:26.71	3:10.70	5:04.88	5:28.76	6:58.60
260	1:44.38	2:26.78	3:10.79	5:05.03	5:28.93	6:58.81
259	1:44.43	2:26.86	3:10.89	5:05.18	5:29.09	6:59.02
258	1:44.48	2:26.93	3:10.98	5:05.34	5:29.26	6:59.23
257	1:44.53	2:27.00	3:11.08	5:05.49	5:29.43	6:59.44
256	1:44.58	2:27.07	3:11.17	5:05.65	5:29.59	6:59.65
255	1:44.64	2:27.14	3:11.27	5:05.80	5:29.76	6:59.87
254	1:44.69	2:27.22	3:11.36	5:05.96	5:29.93	7:00.08
253	1:44.74	2:27.29	3:11.46	5:06.11	5:30.10	7:00.29
252	1:44.79	2:27.36	3:11.56	5:06.27	5:30.26	7:00.50
251	1:44.84	2:27.43	3:11.65	5:06.43	5:30.43	7:00.72

600m	800m	1000m	1500m	Mile	2000m	Points
1:44.90	2:27.51	3:11.75	5:06.58	5:30.60	7:00.93	250
1:44.95	2:27.58	3:11.84	5:06.74	5:30.77	7:01.15	249
1:45.00	2:27.65	3:11.94	5:06.90	5:30.94	7:01.36	248
1:45.05	2:27.73	3:12.04	5:07.05	5:31.11	7:01.58	247
1:45.10	2:27.80	3:12.14	5:07.21	5:31.28	7:01.79	246
1:45.16	2:27.87	3:12.23	5:07.37	5:31.45	7:02.01	245
1:45.21	2:27.95	3:12.33	5:07.53	5:31.62	7:02.22	244
1:45.26	2:28.02	3:12.43	5:07.69	5:31.79	7:02.44	243
1:45.32	2:28.10	3:12.53	5:07.85	5:31.96	7:02.66	242
1:45.37	2:28.17	3:12.62	5:08.01	5:32.13	7:02.88	241
1:45.42	2:28.24	3:12.72	5:08.17	5:32.31	7:03.09	240
1:45.48	2:28.32	3:12.82	5:08.33	5:32.48	7:03.31	239
1:45.53	2:28.39	3:12.92	5:08.49	5:32.65	7:03.53	238
1:45.58	2:28.47	3:13.02	5:08.65	5:32.82	7:03.75	237
1:45.64	2:28.54	3:13.12	5:08.81	5:33.00	7:03.97	236
1:45.69	2:28.62	3:13.22	5:08.97	5:33.17	7:04.19	235
1:45.74	2:28.69	3:13.32	5:09.13	5:33.35	7:04.41	234
1:45.80	2:28.77	3:13.42	5:09.30	5:33.52	7:04.64	233
1:45.85	2:28.85	3:13.52	5:09.46	5:33.70	7:04.86	232
1:45.91	2:28.92	3:13.62	5:09.62	5:33.87	7:05.08	231
1:45.96	2:29.00	3:13.72	5:09.78	5:34.05	7:05.30	230
1:46.02	2:29.07	3:13.82	5:09.95	5:34.22	7:05.53	229
1:46.07	2:29.15	3:13.92	5:10.11	5:34.40	7:05.75	228
1:46.12	2:29.23	3:14.02	5:10.28	5:34.58	7:05.98	227
1:46.18	2:29.30	3:14.12	5:10.44	5:34.75	7:06.20	226
1:46.23	2:29.38	3:14.22	5:10.61	5:34.93	7:06.43	225
1:46.29	2:29.46	3:14.33	5:10.77	5:35.11	7:06.65	224
1:46.34	2:29.53	3:14.43	5:10.94	5:35.29	7:06.88	223
1:46.40	2:29.61	3:14.53	5:11.10	5:35.47	7:07.10	222
1:46.46	2:29.69	3:14.63	5:11.27	5:35.65	7:07.33	221
1:46.51	2:29.77	3:14.74	5:11.44	5:35.83	7:07.56	220
1:46.57	2:29.84	3:14.84	5:11.60	5:36.01	7:07.79	219
1:46.62	2:29.92	3:14.94	5:11.77	5:36.19	7:08.02	218
1:46.68	2:30.00	3:15.05	5:11.94	5:36.37	7:08.25	217
1:46.73	2:30.08	3:15.15	5:12.11	5:36.55	7:08.48	216
1:46.79	2:30.16	3:15.25	5:12.28	5:36.73	7:08.71	215
1:46.85	2:30.24	3:15.36	5:12.45	5:36.91	7:08.94	214
1:46.90	2:30.32	3:15.46	5:12.62	5:37.10	7:09.17	213
1:46.96	2:30.39	3:15.57	5:12.79	5:37.28	7:09.40	212
1:47.02	2:30.47	3:15.67	5:12.96	5:37.46	7:09.64	211
1:47.07	2:30.55	3:15.78	5:13.13	5:37.65	7:09.87	210
1:47.13	2:30.63	3:15.88	5:13.30	5:37.83	7:10.10	209
1:47.19	2:30.71	3:15.99	5:13.47	5:38.01	7:10.34	208
1:47.25	2:30.79	3:16.09	5:13.64	5:38.20	7:10.57	207
1:47.30	2:30.87	3:16.20	5:13.82	5:38.39	7:10.81	206
1:47.36	2:30.95	3:16.31	5:13.99	5:38.57	7:11.04	205
1:47.42	2:31.03	3:16.41	5:14.16	5:38.76	7:11.28	204
1:47.48	2:31.12	3:16.52	5:14.34	5:38.95	7:11.52	203
1:47.53	2:31.20	3:16.63	5:14.51	5:39.13	7:11.76	202
1:47.59	2:31.28	3:16.73	5:14.69	5:39.32	7:12.00	201

Points	600m	800m	1000m	1500m	Mile	2000m
200	1:47.65	2:31.36	3:16.84	5:14.86	5:39.51	7:12.23
199	1:47.71	2:31.44	3:16.95	5:15.04	5:39.70	7:12.47
198	1:47.77	2:31.52	3:17.06	5:15.21	5:39.89	7:12.71
197	1:47.83	2:31.61	3:17.17	5:15.39	5:40.08	7:12.96
196	1:47.89	2:31.69	3:17.28	5:15.57	5:40.27	7:13.20
195	1:47.94	2:31.77	3:17.38	5:15.74	5:40.46	7:13.44
194	1:48.00	2:31.85	3:17.49	5:15.92	5:40.65	7:13.68
193	1:48.06	2:31.94	3:17.60	5:16.10	5:40.84	7:13.93
192	1:48.12	2:32.02	3:17.71	5:16.28	5:41.03	7:14.17
191	1:48.18	2:32.10	3:17.82	5:16.46	5:41.23	7:14.41
190	1:48.24	2:32.19	3:17.93	5:16.64	5:41.42	7:14.66
189	1:48.30	2:32.27	3:18.05	5:16.82	5:41.62	7:14.90
188	1:48.36	2:32.35	3:18.16	5:17.00	5:41.81	7:15.15
187	1:48.42	2:32.44	3:18.27	5:17.18	5:42.00	7:15.40
186	1:48.48	2:32.52	3:18.38	5:17.36	5:42.20	7:15.65
185	1:48.54	2:32.61	3:18.49	5:17.54	5:42.40	7:15.90
184	1:48.60	2:32.69	3:18.60	5:17.72	5:42.59	7:16.14
183	1:48.66	2:32.78	3:18.72	5:17.91	5:42.79	7:16.39
182	1:48.73	2:32.86	3:18.83	5:18.09	5:42.99	7:16.65
181	1:48.79	2:32.95	3:18.94	5:18.28	5:43.18	7:16.90
180	1:48.85	2:33.03	3:19.06	5:18.46	5:43.38	7:17.15
179	1:48.91	2:33.12	3:19.17	5:18.64	5:43.58	7:17.40
178	1:48.97	2:33.21	3:19.28	5:18.83	5:43.78	7:17.65
177	1:49.03	2:33.29	3:19.40	5:19.02	5:43.98	7:17.91
176	1:49.10	2:33.38	3:19.51	5:19.20	5:44.18	7:18.16
175	1:49.16	2:33.47	3:19.63	5:19.39	5:44.39	7:18.42
174	1:49.22	2:33.55	3:19.74	5:19.58	5:44.59	7:18.68
173	1:49.28	2:33.64	3:19.86	5:19.77	5:44.79	7:18.93
172	1:49.35	2:33.73	3:19.98	5:19.95	5:44.99	7:19.19
171	1:49.41	2:33.82	3:20.09	5:20.14	5:45.20	7:19.45
170	1:49.47	2:33.91	3:20.21	5:20.33	5:45.40	7:19.71
169	1:49.54	2:34.00	3:20.33	5:20.52	5:45.61	7:19.97
168	1:49.60	2:34.08	3:20.44	5:20.72	5:45.81	7:20.23
167	1:49.66	2:34.17	3:20.56	5:20.91	5:46.02	7:20.49
166	1:49.73	2:34.26	3:20.68	5:21.10	5:46.22	7:20.75
165	1:49.79	2:34.35	3:20.80	5:21.29	5:46.43	7:21.02
164	1:49.86	2:34.44	3:20.92	5:21.49	5:46.64	7:21.28
163	1:49.92	2:34.53	3:21.04	5:21.68	5:46.85	7:21.54
162	1:49.99	2:34.62	3:21.16	5:21.87	5:47.06	7:21.81
161	1:50.05	2:34.71	3:21.28	5:22.07	5:47.27	7:22.08
160	1:50.12	2:34.80	3:21.40	5:22.26	5:47.48	7:22.34
159	1:50.18	2:34.90	3:21.52	5:22.46	5:47.69	7:22.61
158	1:50.25	2:34.99	3:21.64	5:22.66	5:47.90	7:22.88
157	1:50.31	2:35.08	3:21.76	5:22.86	5:48.11	7:23.15
156	1:50.38	2:35.17	3:21.88	5:23.05	5:48.33	7:23.42
155	1:50.44	2:35.26	3:22.01	5:23.25	5:48.54	7:23.69
154	1:50.51	2:35.36	3:22.13	5:23.45	5:48.76	7:23.97
153	1:50.58	2:35.45	3:22.25	5:23.65	5:48.97	7:24.24
152	1:50.64	2:35.54	3:22.37	5:23.85	5:49.19	7:24.51
151	1:50.71	2:35.64	3:22.50	5:24.05	5:49.41	7:24.79



600m	800m	1000m	1500m	Mile	2000m	Points
1:50.78	2:35.73	3:22.62	5:24.26	5:49.62	7:25.06	150
1:50.85	2:35.83	3:22.75	5:24.46	5:49.84	7:25.34	149
1:50.91	2:35.92	3:22.87	5:24.66	5:50.06	7:25.62	148
1:50.98	2:36.02	3:23.00	5:24.87	5:50.28	7:25.90	147
1:51.05	2:36.11	3:23.12	5:25.07	5:50.50	7:26.18	146
1:51.12	2:36.21	3:23.25	5:25.28	5:50.72	7:26.46	145
1:51.19	2:36.30	3:23.38	5:25.48	5:50.94	7:26.74	144
1:51.26	2:36.40	3:23.51	5:25.69	5:51.17	7:27.02	143
1:51.32	2:36.50	3:23.63	5:25.90	5:51.39	7:27.31	142
1:51.39	2:36.59	3:23.76	5:26.11	5:51.61	7:27.59	141
1:51.46	2:36.69	3:23.89	5:26.32	5:51.84	7:27.88	140
1:51.53	2:36.79	3:24.02	5:26.53	5:52.07	7:28.16	139
1:51.60	2:36.89	3:24.15	5:26.74	5:52.29	7:28.45	138
1:51.67	2:36.98	3:24.28	5:26.95	5:52.52	7:28.74	137
1:51.74	2:37.08	3:24.41	5:27.16	5:52.75	7:29.03	136
1:51.82	2:37.18	3:24.54	5:27.37	5:52.98	7:29.32	135
1:51.89	2:37.28	3:24.67	5:27.59	5:53.21	7:29.61	134
1:51.96	2:37.38	3:24.80	5:27.80	5:53.44	7:29.90	133
1:52.03	2:37.48	3:24.94	5:28.02	5:53.67	7:30.20	132
1:52.10	2:37.58	3:25.07	5:28.23	5:53.90	7:30.49	131
1:52.17	2:37.68	3:25.20	5:28.45	5:54.14	7:30.79	130
1:52.25	2:37.78	3:25.34	5:28.67	5:54.37	7:31.09	129
1:52.32	2:37.89	3:25.47	5:28.89	5:54.61	7:31.39	128
1:52.39	2:37.99	3:25.61	5:29.11	5:54.84	7:31.69	127
1:52.47	2:38.09	3:25.74	5:29.33	5:55.08	7:31.99	126
1:52.54	2:38.19	3:25.88	5:29.55	5:55.32	7:32.29	125
1:52.61	2:38.30	3:26.02	5:29.77	5:55.56	7:32.59	124
1:52.69	2:38.40	3:26.15	5:29.99	5:55.80	7:32.90	123
1:52.76	2:38.51	3:26.29	5:30.22	5:56.04	7:33.20	122
1:52.84	2:38.61	3:26.43	5:30.44	5:56.28	7:33.51	121
1:52.91	2:38.72	3:26.57	5:30.67	5:56.52	7:33.82	120
1:52.99	2:38.82	3:26.71	5:30.90	5:56.77	7:34.13	119
1:53.06	2:38.93	3:26.85	5:31.12	5:57.01	7:34.44	118
1:53.14	2:39.03	3:26.99	5:31.35	5:57.26	7:34.75	117
1:53.22	2:39.14	3:27.13	5:31.58	5:57.51	7:35.07	116
1:53.29	2:39.25	3:27.27	5:31.81	5:57.76	7:35.38	115
1:53.37	2:39.36	3:27.42	5:32.04	5:58.00	7:35.70	114
1:53.45	2:39.46	3:27.56	5:32.28	5:58.26	7:36.02	113
1:53.53	2:39.57	3:27.70	5:32.51	5:58.51	7:36.33	112
1:53.60	2:39.68	3:27.85	5:32.75	5:58.76	7:36.65	111
1:53.68	2:39.79	3:27.99	5:32.98	5:59.01	7:36.98	110
1:53.76	2:39.90	3:28.14	5:33.22	5:59.27	7:37.30	109
1:53.84	2:40.01	3:28.28	5:33.46	5:59.52	7:37.63	108
1:53.92	2:40.12	3:28.43	5:33.70	5:59.78	7:37.95	107
1:54.00	2:40.24	3:28.58	5:33.94	6:00.04	7:38.28	106
1:54.08	2:40.35	3:28.73	5:34.18	6:00.30	7:38.61	105
1:54.16	2:40.46	3:28.88	5:34.42	6:00.56	7:38.94	104
1:54.24	2:40.57	3:29.03	5:34.66	6:00.82	7:39.27	103
1:54.32	2:40.69	3:29.18	5:34.91	6:01.09	7:39.61	102
1:54.41	2:40.80	3:29.33	5:35.16	6:01.35	7:39.94	101

Points	600m	800m	1000m	1500m	Mile	2000m
100	1:54.49	2:40.92	3:29.48	5:35.40	6:01.62	7:40.28
99	1:54.57	2:41.03	3:29.63	5:35.65	6:01.89	7:40.62
98	1:54.65	2:41.15	3:29.79	5:35.90	6:02.16	7:40.96
97	1:54.74	2:41.27	3:29.94	5:36.15	6:02.43	7:41.31
96	1:54.82	2:41.38	3:30.10	5:36.40	6:02.70	7:41.65
95	1:54.91	2:41.50	3:30.25	5:36.66	6:02.97	7:42.00
94	1:54.99	2:41.62	3:30.41	5:36.91	6:03.24	7:42.34
93	1:55.08	2:41.74	3:30.57	5:37.17	6:03.52	7:42.69
92	1:55.16	2:41.86	3:30.73	5:37.43	6:03.80	7:43.05
91	1:55.25	2:41.98	3:30.89	5:37.69	6:04.08	7:43.40
90	1:55.34	2:42.10	3:31.05	5:37.95	6:04.36	7:43.76
89	1:55.42	2:42.22	3:31.21	5:38.21	6:04.64	7:44.11
88	1:55.51	2:42.35	3:31.37	5:38.47	6:04.92	7:44.47
87	1:55.60	2:42.47	3:31.53	5:38.74	6:05.21	7:44.84
86	1:55.69	2:42.59	3:31.70	5:39.00	6:05.50	7:45.20
85	1:55.78	2:42.72	3:31.86	5:39.27	6:05.78	7:45.57
84	1:55.87	2:42.84	3:32.03	5:39.54	6:06.08	7:45.93
83	1:55.96	2:42.97	3:32.20	5:39.81	6:06.37	7:46.31
82	1:56.05	2:43.10	3:32.36	5:40.09	6:06.66	7:46.68
81	1:56.14	2:43.23	3:32.53	5:40.36	6:06.96	7:47.05
80	1:56.23	2:43.35	3:32.70	5:40.64	6:07.25	7:47.43
79	1:56.32	2:43.48	3:32.87	5:40.92	6:07.55	7:47.81
78	1:56.42	2:43.61	3:33.05	5:41.20	6:07.85	7:48.19
77	1:56.51	2:43.75	3:33.22	5:41.48	6:08.16	7:48.58
76	1:56.60	2:43.88	3:33.39	5:41.76	6:08.46	7:48.96
75	1:56.70	2:44.01	3:33.57	5:42.05	6:08.77	7:49.35
74	1:56.80	2:44.14	3:33.75	5:42.33	6:09.08	7:49.75
73	1:56.89	2:44.28	3:33.92	5:42.62	6:09.39	7:50.14
72	1:56.99	2:44.41	3:34.10	5:42.91	6:09.70	7:50.54
71	1:57.09	2:44.55	3:34.28	5:43.21	6:10.02	7:50.94
70	1:57.18	2:44.69	3:34.47	5:43.50	6:10.34	7:51.34
69	1:57.28	2:44.83	3:34.65	5:43.80	6:10.66	7:51.75
68	1:57.38	2:44.97	3:34.83	5:44.10	6:10.98	7:52.16
67	1:57.48	2:45.11	3:35.02	5:44.40	6:11.30	7:52.57
66	1:57.58	2:45.25	3:35.21	5:44.71	6:11.63	7:52.98
65	1:57.69	2:45.39	3:35.39	5:45.01	6:11.96	7:53.40
64	1:57.79	2:45.53	3:35.58	5:45.32	6:12.29	7:53.82
63	1:57.89	2:45.68	3:35.78	5:45.63	6:12.63	7:54.25
62	1:58.00	2:45.82	3:35.97	5:45.95	6:12.97	7:54.68
61	1:58.10	2:45.97	3:36.16	5:46.26	6:13.31	7:55.11
60	1:58.21	2:46.12	3:36.36	5:46.58	6:13.65	7:55.54
59	1:58.32	2:46.27	3:36.56	5:46.90	6:14.00	7:55.98
58	1:58.42	2:46.42	3:36.76	5:47.23	6:14.35	7:56.43
57	1:58.53	2:46.57	3:36.96	5:47.55	6:14.70	7:56.87
56	1:58.64	2:46.73	3:37.16	5:47.88	6:15.05	7:57.32
55	1:58.75	2:46.88	3:37.37	5:48.22	6:15.41	7:57.78
54	1:58.86	2:47.04	3:37.57	5:48.55	6:15.77	7:58.24
53	1:58.98	2:47.19	3:37.78	5:48.89	6:16.14	7:58.70
52	1:59.09	2:47.35	3:37.99	5:49.23	6:16.50	7:59.17
51	1:59.21	2:47.51	3:38.20	5:49.58	6:16.88	7:59.64

600m	800m	1000m	1500m	Mile	2000m	Points
1:59.32	2:47.68	3:38.42	5:49.93	6:17.25	8:00.11	50
1:59.44	2:47.84	3:38.64	5:50.28	6:17.63	8:00.60	49
1:59.56	2:48.01	3:38.85	5:50.64	6:18.01	8:01.08	48
1:59.68	2:48.17	3:39.08	5:51.00	6:18.40	8:01.57	47
1:59.80	2:48.34	3:39.30	5:51.36	6:18.79	8:02.07	46
1:59.92	2:48.51	3:39.53	5:51.73	6:19.19	8:02.57	45
2:00.05	2:48.69	3:39.75	5:52.10	6:19.59	8:03.08	44
2:00.17	2:48.86	3:39.99	5:52.47	6:19.99	8:03.59	43
2:00.30	2:49.04	3:40.22	5:52.86	6:20.40	8:04.11	42
2:00.43	2:49.22	3:40.46	5:53.24	6:20.82	8:04.64	41
2:00.56	2:49.40	3:40.70	5:53.63	6:21.24	8:05.17	40
2:00.69	2:49.58	3:40.94	5:54.02	6:21.66	8:05.71	39
2:00.82	2:49.77	3:41.18	5:54.42	6:22.09	8:06.25	38
2:00.95	2:49.96	3:41.43	5:54.83	6:22.53	8:06.81	37
2:01.09	2:50.15	3:41.69	5:55.24	6:22.97	8:07.37	36
2:01.23	2:50.34	3:41.94	5:55.66	6:23.42	8:07.94	35
2:01.37	2:50.54	3:42.20	5:56.08	6:23.87	8:08.51	34
2:01.51	2:50.74	3:42.47	5:56.51	6:24.33	8:09.10	33
2:01.66	2:50.94	3:42.73	5:56.94	6:24.80	8:09.69	32
2:01.80	2:51.15	3:43.01	5:57.38	6:25.28	8:10.29	31
2:01.95	2:51.36	3:43.28	5:57.83	6:25.76	8:10.91	30
2:02.11	2:51.57	3:43.56	5:58.29	6:26.25	8:11.53	29
2:02.26	2:51.78	3:43.85	5:58.75	6:26.75	8:12.16	28
2:02.42	2:52.00	3:44.14	5:59.23	6:27.26	8:12.81	27
2:02.58	2:52.23	3:44.44	5:59.71	6:27.78	8:13.47	26
2:02.74	2:52.46	3:44.74	6:00.20	6:28.31	8:14.14	25
2:02.91	2:52.69	3:45.05	6:00.70	6:28.85	8:14.82	24
2:03.08	2:52.93	3:45.36	6:01.21	6:29.40	8:15.52	23
2:03.25	2:53.17	3:45.68	6:01.73	6:29.96	8:16.23	22
2:03.43	2:53.42	3:46.01	6:02.27	6:30.54	8:16.96	21
2:03.61	2:53.67	3:46.35	6:02.82	6:31.12	8:17.71	20
2:03.80	2:53.94	3:46.69	6:03.38	6:31.73	8:18.48	19
2:03.99	2:54.20	3:47.05	6:03.95	6:32.35	8:19.27	18
2:04.19	2:54.48	3:47.41	6:04.55	6:32.99	8:20.08	17
2:04.39	2:54.76	3:47.79	6:05.16	6:33.64	8:20.91	16
2:04.60	2:55.06	3:48.18	6:05.79	6:34.32	8:21.77	15
2:04.82	2:55.36	3:48.58	6:06.44	6:35.02	8:22.66	14
2:05.04	2:55.67	3:48.99	6:07.11	6:35.75	8:23.58	13
2:05.28	2:56.00	3:49.42	6:07.82	6:36.50	8:24.54	12
2:05.52	2:56.34	3:49.87	6:08.55	6:37.29	8:25.54	11
2:05.78	2:56.70	3:50.35	6:09.31	6:38.12	8:26.58	10
2:06.04	2:57.07	3:50.84	6:10.12	6:38.98	8:27.68	9
2:06.33	2:57.47	3:51.36	6:10.97	6:39.90	8:28.84	8
2:06.63	2:57.89	3:51.92	6:11.87	6:40.87	8:30.08	7
2:06.95	2:58.34	3:52.52	6:12.85	6:41.92	8:31.41	6
2:07.30	2:58.83	3:53.17	6:13.91	6:43.06	8:32.85	5
2:07.69	2:59.38	3:53.89	6:15.08	6:44.32	8:34.45	4
2:08.14	3:00.00	3:54.71	6:16.41	6:45.75	8:36.27	3
2:08.66	3:00.73	3:55.68	6:17.98	6:47.45	8:38.42	2
2:09.34	3:01.69	3:56.94	6:20.04	6:49.66	8:41.22	1



# **Men's Long Distances and Steeplechase** **Hommes Courses de Longue Distance et de Steeple**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1400	4:50.06	7:05.53	7:30.46	7:38.54	12:10.09	25:15.44
1399	4:50.19	7:05.68	7:30.66	7:38.70	12:10.35	25:16.03
1398	4:50.32	7:05.83	7:30.86	7:38.86	12:10.60	25:16.61
1397	4:50.46	7:05.98	7:31.07	7:39.02	12:10.85	25:17.20
1396	4:50.59	7:06.13	7:31.27	7:39.17	12:11.11	25:17.78
1395	4:50.72	7:06.27	7:31.47	7:39.33	12:11.36	25:18.37
1394	4:50.85	7:06.42	7:31.68	7:39.49	12:11.62	25:18.95
1393	4:50.99	7:06.57	7:31.88	7:39.65	12:11.87	25:19.54
1392	4:51.12	7:06.72	7:32.09	7:39.81	12:12.13	25:20.12
1391	4:51.25	7:06.87	7:32.29	7:39.97	12:12.38	25:20.71
1390	4:51.38	7:07.02	7:32.49	7:40.13	12:12.63	25:21.29
1389	4:51.52	7:07.16	7:32.70	7:40.29	12:12.89	25:21.88
1388	4:51.65	7:07.31	7:32.90	7:40.45	12:13.14	25:22.46
1387	4:51.78	7:07.46	7:33.11	7:40.61	12:13.40	25:23.05
1386	4:51.91	7:07.61	7:33.31	7:40.77	12:13.65	25:23.64
1385	4:52.05	7:07.76	7:33.52	7:40.93	12:13.91	25:24.22
1384	4:52.18	7:07.91	7:33.72	7:41.09	12:14.16	25:24.81
1383	4:52.31	7:08.06	7:33.92	7:41.25	12:14.42	25:25.40
1382	4:52.45	7:08.21	7:34.13	7:41.41	12:14.67	25:25.99
1381	4:52.58	7:08.35	7:34.33	7:41.58	12:14.93	25:26.57
1380	4:52.71	7:08.50	7:34.54	7:41.74	12:15.18	25:27.16
1379	4:52.84	7:08.65	7:34.74	7:41.90	12:15.44	25:27.75
1378	4:52.98	7:08.80	7:34.95	7:42.06	12:15.69	25:28.34
1377	4:53.11	7:08.95	7:35.15	7:42.22	12:15.95	25:28.93
1376	4:53.24	7:09.10	7:35.36	7:42.38	12:16.20	25:29.52
1375	4:53.38	7:09.25	7:35.56	7:42.54	12:16.46	25:30.10
1374	4:53.51	7:09.40	7:35.77	7:42.70	12:16.72	25:30.69
1373	4:53.64	7:09.55	7:35.97	7:42.86	12:16.97	25:31.28
1372	4:53.78	7:09.70	7:36.18	7:43.02	12:17.23	25:31.87
1371	4:53.91	7:09.85	7:36.39	7:43.18	12:17.48	25:32.46
1370	4:54.04	7:10.00	7:36.59	7:43.34	12:17.74	25:33.05
1369	4:54.18	7:10.15	7:36.80	7:43.51	12:18.00	25:33.64
1368	4:54.31	7:10.30	7:37.00	7:43.67	12:18.25	25:34.23
1367	4:54.45	7:10.45	7:37.21	7:43.83	12:18.51	25:34.82
1366	4:54.58	7:10.60	7:37.41	7:43.99	12:18.77	25:35.41
1365	4:54.71	7:10.75	7:37.62	7:44.15	12:19.02	25:36.01
1364	4:54.85	7:10.90	7:37.83	7:44.31	12:19.28	25:36.60
1363	4:54.98	7:11.05	7:38.03	7:44.47	12:19.54	25:37.19
1362	4:55.11	7:11.20	7:38.24	7:44.63	12:19.79	25:37.78
1361	4:55.25	7:11.35	7:38.45	7:44.80	12:20.05	25:38.37
1360	4:55.38	7:11.50	7:38.65	7:44.96	12:20.31	25:38.96
1359	4:55.52	7:11.65	7:38.86	7:45.12	12:20.57	25:39.56
1358	4:55.65	7:11.80	7:39.06	7:45.28	12:20.82	25:40.15
1357	4:55.78	7:11.95	7:39.27	7:45.44	12:21.08	25:40.74
1356	4:55.92	7:12.10	7:39.48	7:45.61	12:21.34	25:41.34
1355	4:56.05	7:12.25	7:39.68	7:45.77	12:21.60	25:41.93
1354	4:56.19	7:12.40	7:39.89	7:45.93	12:21.85	25:42.52
1353	4:56.32	7:12.55	7:40.10	7:46.09	12:22.11	25:43.12
1352	4:56.46	7:12.70	7:40.30	7:46.25	12:22.37	25:43.71
1351	4:56.59	7:12.85	7:40.51	7:46.42	12:22.63	25:44.30

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
4:56.73	7:13.00	7:40.72	7:46.58	12:22.89	25:44.90	1350
4:56.86	7:13.15	7:40.93	7:46.74	12:23.14	25:45.49	1349
4:56.99	7:13.30	7:41.13	7:46.90	12:23.40	25:46.09	1348
4:57.13	7:13.45	7:41.34	7:47.07	12:23.66	25:46.68	1347
4:57.26	7:13.60	7:41.55	7:47.23	12:23.92	25:47.28	1346
4:57.40	7:13.76	7:41.76	7:47.39	12:24.18	25:47.87	1345
4:57.53	7:13.91	7:41.96	7:47.55	12:24.44	25:48.47	1344
4:57.67	7:14.06	7:42.17	7:47.72	12:24.70	25:49.06	1343
4:57.80	7:14.21	7:42.38	7:47.88	12:24.95	25:49.66	1342
4:57.94	7:14.36	7:42.59	7:48.04	12:25.21	25:50.26	1341
4:58.07	7:14.51	7:42.79	7:48.20	12:25.47	25:50.85	1340
4:58.21	7:14.66	7:43.00	7:48.37	12:25.73	25:51.45	1339
4:58.34	7:14.81	7:43.21	7:48.53	12:25.99	25:52.05	1338
4:58.48	7:14.97	7:43.42	7:48.69	12:26.25	25:52.65	1337
4:58.61	7:15.12	7:43.63	7:48.86	12:26.51	25:53.24	1336
4:58.75	7:15.27	7:43.83	7:49.02	12:26.77	25:53.84	1335
4:58.88	7:15.42	7:44.04	7:49.18	12:27.03	25:54.44	1334
4:59.02	7:15.57	7:44.25	7:49.35	12:27.29	25:55.04	1333
4:59.16	7:15.72	7:44.46	7:49.51	12:27.55	25:55.63	1332
4:59.29	7:15.88	7:44.67	7:49.67	12:27.81	25:56.23	1331
4:59.43	7:16.03	7:44.88	7:49.84	12:28.07	25:56.83	1330
4:59.56	7:16.18	7:45.09	7:50.00	12:28.33	25:57.43	1329
4:59.70	7:16.33	7:45.29	7:50.16	12:28.59	25:58.03	1328
4:59.83	7:16.48	7:45.50	7:50.33	12:28.85	25:58.63	1327
4:59.97	7:16.63	7:45.71	7:50.49	12:29.11	25:59.23	1326
5:00.10	7:16.79	7:45.92	7:50.65	12:29.37	25:59.83	1325
5:00.24	7:16.94	7:46.13	7:50.82	12:29.63	26:00.43	1324
5:00.38	7:17.09	7:46.34	7:50.98	12:29.89	26:01.03	1323
5:00.51	7:17.24	7:46.55	7:51.15	12:30.15	26:01.63	1322
5:00.65	7:17.40	7:46.76	7:51.31	12:30.41	26:02.23	1321
5:00.78	7:17.55	7:46.97	7:51.47	12:30.68	26:02.83	1320
5:00.92	7:17.70	7:47.18	7:51.64	12:30.94	26:03.43	1319
5:01.06	7:17.85	7:47.39	7:51.80	12:31.20	26:04.04	1318
5:01.19	7:18.01	7:47.60	7:51.97	12:31.46	26:04.64	1317
5:01.33	7:18.16	7:47.81	7:52.13	12:31.72	26:05.24	1316
5:01.47	7:18.31	7:48.02	7:52.30	12:31.98	26:05.84	1315
5:01.60	7:18.46	7:48.23	7:52.46	12:32.24	26:06.44	1314
5:01.74	7:18.62	7:48.44	7:52.62	12:32.51	26:07.05	1313
5:01.87	7:18.77	7:48.65	7:52.79	12:32.77	26:07.65	1312
5:02.01	7:18.92	7:48.86	7:52.95	12:33.03	26:08.25	1311
5:02.15	7:19.08	7:49.07	7:53.12	12:33.29	26:08.86	1310
5:02.28	7:19.23	7:49.28	7:53.28	12:33.55	26:09.46	1309
5:02.42	7:19.38	7:49.49	7:53.45	12:33.82	26:10.06	1308
5:02.56	7:19.54	7:49.70	7:53.61	12:34.08	26:10.67	1307
5:02.69	7:19.69	7:49.91	7:53.78	12:34.34	26:11.27	1306
5:02.83	7:19.84	7:50.12	7:53.94	12:34.60	26:11.88	1305
5:02.97	7:20.00	7:50.33	7:54.11	12:34.87	26:12.48	1304
5:03.10	7:20.15	7:50.54	7:54.27	12:35.13	26:13.09	1303
5:03.24	7:20.30	7:50.75	7:54.44	12:35.39	26:13.69	1302
5:03.38	7:20.46	7:50.96	7:54.60	12:35.65	26:14.30	1301

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1300	5:03.52	7:20.61	7:51.17	7:54.77	12:35.92	26:14.90
1299	5:03.65	7:20.76	7:51.38	7:54.94	12:36.18	26:15.51
1298	5:03.79	7:20.92	7:51.60	7:55.10	12:36.44	26:16.11
1297	5:03.93	7:21.07	7:51.81	7:55.27	12:36.71	26:16.72
1296	5:04.06	7:21.22	7:52.02	7:55.43	12:36.97	26:17.33
1295	5:04.20	7:21.38	7:52.23	7:55.60	12:37.23	26:17.93
1294	5:04.34	7:21.53	7:52.44	7:55.76	12:37.50	26:18.54
1293	5:04.48	7:21.69	7:52.65	7:55.93	12:37.76	26:19.15
1292	5:04.61	7:21.84	7:52.86	7:56.09	12:38.03	26:19.76
1291	5:04.75	7:21.99	7:53.08	7:56.26	12:38.29	26:20.36
1290	5:04.89	7:22.15	7:53.29	7:56.43	12:38.55	26:20.97
1289	5:05.03	7:22.30	7:53.50	7:56.59	12:38.82	26:21.58
1288	5:05.17	7:22.46	7:53.71	7:56.76	12:39.08	26:22.19
1287	5:05.30	7:22.61	7:53.92	7:56.93	12:39.35	26:22.80
1286	5:05.44	7:22.77	7:54.14	7:57.09	12:39.61	26:23.41
1285	5:05.58	7:22.92	7:54.35	7:57.26	12:39.88	26:24.02
1284	5:05.72	7:23.07	7:54.56	7:57.42	12:40.14	26:24.63
1283	5:05.85	7:23.23	7:54.77	7:57.59	12:40.40	26:25.24
1282	5:05.99	7:23.38	7:54.99	7:57.76	12:40.67	26:25.85
1281	5:06.13	7:23.54	7:55.20	7:57.92	12:40.93	26:26.46
1280	5:06.27	7:23.69	7:55.41	7:58.09	12:41.20	26:27.07
1279	5:06.41	7:23.85	7:55.62	7:58.26	12:41.46	26:27.68
1278	5:06.55	7:24.00	7:55.84	7:58.42	12:41.73	26:28.29
1277	5:06.68	7:24.16	7:56.05	7:58.59	12:42.00	26:28.90
1276	5:06.82	7:24.31	7:56.26	7:58.76	12:42.26	26:29.51
1275	5:06.96	7:24.47	7:56.48	7:58.92	12:42.53	26:30.12
1274	5:07.10	7:24.62	7:56.69	7:59.09	12:42.79	26:30.73
1273	5:07.24	7:24.78	7:56.90	7:59.26	12:43.06	26:31.35
1272	5:07.38	7:24.93	7:57.12	7:59.43	12:43.32	26:31.96
1271	5:07.51	7:25.09	7:57.33	7:59.59	12:43.59	26:32.57
1270	5:07.65	7:25.24	7:57.54	7:59.76	12:43.86	26:33.18
1269	5:07.79	7:25.40	7:57.76	7:59.93	12:44.12	26:33.80
1268	5:07.93	7:25.56	7:57.97	8:00.10	12:44.39	26:34.41
1267	5:08.07	7:25.71	7:58.18	8:00.26	12:44.66	26:35.02
1266	5:08.21	7:25.87	7:58.40	8:00.43	12:44.92	26:35.64
1265	5:08.35	7:26.02	7:58.61	8:00.60	12:45.19	26:36.25
1264	5:08.49	7:26.18	7:58.83	8:00.77	12:45.46	26:36.86
1263	5:08.63	7:26.33	7:59.04	8:00.93	12:45.72	26:37.48
1262	5:08.76	7:26.49	7:59.25	8:01.10	12:45.99	26:38.09
1261	5:08.90	7:26.65	7:59.47	8:01.27	12:46.26	26:38.71
1260	5:09.04	7:26.80	7:59.68	8:01.44	12:46.52	26:39.32
1259	5:09.18	7:26.96	7:59.90	8:01.61	12:46.79	26:39.94
1258	5:09.32	7:27.11	8:00.11	8:01.77	12:47.06	26:40.56
1257	5:09.46	7:27.27	8:00.33	8:01.94	12:47.33	26:41.17
1256	5:09.60	7:27.43	8:00.54	8:02.11	12:47.59	26:41.79
1255	5:09.74	7:27.58	8:00.76	8:02.28	12:47.86	26:42.40
1254	5:09.88	7:27.74	8:00.97	8:02.45	12:48.13	26:43.02
1253	5:10.02	7:27.90	8:01.19	8:02.61	12:48.40	26:43.64
1252	5:10.16	7:28.05	8:01.40	8:02.78	12:48.67	26:44.25
1251	5:10.30	7:28.21	8:01.62	8:02.95	12:48.93	26:44.87



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:10.44	7:28.36	8:01.83	8:03.12	12:49.20	26:45.49	1250
5:10.58	7:28.52	8:02.05	8:03.29	12:49.47	26:46.11	1249
5:10.72	7:28.68	8:02.26	8:03.46	12:49.74	26:46.73	1248
5:10.86	7:28.84	8:02.48	8:03.63	12:50.01	26:47.34	1247
5:11.00	7:28.99	8:02.69	8:03.80	12:50.28	26:47.96	1246
5:11.14	7:29.15	8:02.91	8:03.96	12:50.54	26:48.58	1245
5:11.28	7:29.31	8:03.12	8:04.13	12:50.81	26:49.20	1244
5:11.42	7:29.46	8:03.34	8:04.30	12:51.08	26:49.82	1243
5:11.56	7:29.62	8:03.56	8:04.47	12:51.35	26:50.44	1242
5:11.70	7:29.78	8:03.77	8:04.64	12:51.62	26:51.06	1241
5:11.84	7:29.93	8:03.99	8:04.81	12:51.89	26:51.68	1240
5:11.98	7:30.09	8:04.20	8:04.98	12:52.16	26:52.30	1239
5:12.12	7:30.25	8:04.42	8:05.15	12:52.43	26:52.92	1238
5:12.26	7:30.41	8:04.64	8:05.32	12:52.70	26:53.54	1237
5:12.40	7:30.56	8:04.85	8:05.49	12:52.97	26:54.16	1236
5:12.54	7:30.72	8:05.07	8:05.66	12:53.24	26:54.78	1235
5:12.68	7:30.88	8:05.29	8:05.83	12:53.51	26:55.41	1234
5:12.82	7:31.04	8:05.50	8:06.00	12:53.78	26:56.03	1233
5:12.96	7:31.19	8:05.72	8:06.17	12:54.05	26:56.65	1232
5:13.11	7:31.35	8:05.94	8:06.34	12:54.32	26:57.27	1231
5:13.25	7:31.51	8:06.15	8:06.51	12:54.59	26:57.90	1230
5:13.39	7:31.67	8:06.37	8:06.68	12:54.86	26:58.52	1229
5:13.53	7:31.83	8:06.59	8:06.85	12:55.13	26:59.14	1228
5:13.67	7:31.98	8:06.81	8:07.02	12:55.40	26:59.77	1227
5:13.81	7:32.14	8:07.02	8:07.19	12:55.67	27:00.39	1226
5:13.95	7:32.30	8:07.24	8:07.36	12:55.94	27:01.01	1225
5:14.09	7:32.46	8:07.46	8:07.53	12:56.21	27:01.64	1224
5:14.23	7:32.62	8:07.68	8:07.70	12:56.49	27:02.26	1223
5:14.38	7:32.78	8:07.89	8:07.87	12:56.76	27:02.89	1222
5:14.52	7:32.93	8:08.11	8:08.04	12:57.03	27:03.51	1221
5:14.66	7:33.09	8:08.33	8:08.21	12:57.30	27:04.14	1220
5:14.80	7:33.25	8:08.55	8:08.38	12:57.57	27:04.76	1219
5:14.94	7:33.41	8:08.76	8:08.55	12:57.84	27:05.39	1218
5:15.08	7:33.57	8:08.98	8:08.72	12:58.12	27:06.01	1217
5:15.23	7:33.73	8:09.20	8:08.89	12:58.39	27:06.64	1216
5:15.37	7:33.89	8:09.42	8:09.07	12:58.66	27:07.27	1215
5:15.51	7:34.05	8:09.64	8:09.24	12:58.93	27:07.89	1214
5:15.65	7:34.20	8:09.86	8:09.41	12:59.20	27:08.52	1213
5:15.79	7:34.36	8:10.07	8:09.58	12:59.48	27:09.15	1212
5:15.93	7:34.52	8:10.29	8:09.75	12:59.75	27:09.78	1211
5:16.08	7:34.68	8:10.51	8:09.92	13:00.02	27:10.40	1210
5:16.22	7:34.84	8:10.73	8:10.09	13:00.29	27:11.03	1209
5:16.36	7:35.00	8:10.95	8:10.27	13:00.57	27:11.66	1208
5:16.50	7:35.16	8:11.17	8:10.44	13:00.84	27:12.29	1207
5:16.65	7:35.32	8:11.39	8:10.61	13:01.11	27:12.92	1206
5:16.79	7:35.48	8:11.61	8:10.78	13:01.39	27:13.55	1205
5:16.93	7:35.64	8:11.83	8:10.95	13:01.66	27:14.18	1204
5:17.07	7:35.80	8:12.05	8:11.12	13:01.93	27:14.80	1203
5:17.22	7:35.96	8:12.27	8:11.30	13:02.21	27:15.43	1202
5:17.36	7:36.12	8:12.48	8:11.47	13:02.48	27:16.06	1201

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1200	5:17.50	7:36.28	8:12.70	8:11.64	13:02.75	27:16.70
1199	5:17.64	7:36.44	8:12.92	8:11.81	13:03.03	27:17.33
1198	5:17.79	7:36.60	8:13.14	8:11.98	13:03.30	27:17.96
1197	5:17.93	7:36.76	8:13.36	8:12.16	13:03.58	27:18.59
1196	5:18.07	7:36.92	8:13.58	8:12.33	13:03.85	27:19.22
1195	5:18.22	7:37.08	8:13.80	8:12.50	13:04.12	27:19.85
1194	5:18.36	7:37.24	8:14.02	8:12.67	13:04.40	27:20.48
1193	5:18.50	7:37.40	8:14.24	8:12.85	13:04.67	27:21.12
1192	5:18.64	7:37.56	8:14.47	8:13.02	13:04.95	27:21.75
1191	5:18.79	7:37.72	8:14.69	8:13.19	13:05.22	27:22.38
1190	5:18.93	7:37.88	8:14.91	8:13.37	13:05.50	27:23.01
1189	5:19.07	7:38.04	8:15.13	8:13.54	13:05.77	27:23.65
1188	5:19.22	7:38.20	8:15.35	8:13.71	13:06.05	27:24.28
1187	5:19.36	7:38.36	8:15.57	8:13.88	13:06.32	27:24.91
1186	5:19.50	7:38.52	8:15.79	8:14.06	13:06.60	27:25.55
1185	5:19.65	7:38.68	8:16.01	8:14.23	13:06.87	27:26.18
1184	5:19.79	7:38.84	8:16.23	8:14.40	13:07.15	27:26.82
1183	5:19.94	7:39.01	8:16.45	8:14.58	13:07.43	27:27.45
1182	5:20.08	7:39.17	8:16.67	8:14.75	13:07.70	27:28.09
1181	5:20.22	7:39.33	8:16.90	8:14.92	13:07.98	27:28.72
1180	5:20.37	7:39.49	8:17.12	8:15.10	13:08.25	27:29.36
1179	5:20.51	7:39.65	8:17.34	8:15.27	13:08.53	27:29.99
1178	5:20.66	7:39.81	8:17.56	8:15.44	13:08.81	27:30.63
1177	5:20.80	7:39.97	8:17.78	8:15.62	13:09.08	27:31.27
1176	5:20.94	7:40.13	8:18.00	8:15.79	13:09.36	27:31.90
1175	5:21.09	7:40.30	8:18.23	8:15.97	13:09.64	27:32.54
1174	5:21.23	7:40.46	8:18.45	8:16.14	13:09.91	27:33.18
1173	5:21.38	7:40.62	8:18.67	8:16.31	13:10.19	27:33.82
1172	5:21.52	7:40.78	8:18.89	8:16.49	13:10.47	27:34.45
1171	5:21.66	7:40.94	8:19.11	8:16.66	13:10.74	27:35.09
1170	5:21.81	7:41.10	8:19.34	8:16.84	13:11.02	27:35.73
1169	5:21.95	7:41.27	8:19.56	8:17.01	13:11.30	27:36.37
1168	5:22.10	7:41.43	8:19.78	8:17.19	13:11.58	27:37.01
1167	5:22.24	7:41.59	8:20.01	8:17.36	13:11.85	27:37.65
1166	5:22.39	7:41.75	8:20.23	8:17.54	13:12.13	27:38.29
1165	5:22.53	7:41.91	8:20.45	8:17.71	13:12.41	27:38.93
1164	5:22.68	7:42.08	8:20.67	8:17.88	13:12.69	27:39.57
1163	5:22.82	7:42.24	8:20.90	8:18.06	13:12.97	27:40.21
1162	5:22.97	7:42.40	8:21.12	8:18.23	13:13.24	27:40.85
1161	5:23.11	7:42.56	8:21.34	8:18.41	13:13.52	27:41.49
1160	5:23.26	7:42.73	8:21.57	8:18.58	13:13.80	27:42.13
1159	5:23.40	7:42.89	8:21.79	8:18.76	13:14.08	27:42.77
1158	5:23.55	7:43.05	8:22.01	8:18.93	13:14.36	27:43.41
1157	5:23.69	7:43.21	8:22.24	8:19.11	13:14.64	27:44.06
1156	5:23.84	7:43.38	8:22.46	8:19.29	13:14.92	27:44.70
1155	5:23.98	7:43.54	8:22.69	8:19.46	13:15.20	27:45.34
1154	5:24.13	7:43.70	8:22.91	8:19.64	13:15.47	27:45.98
1153	5:24.28	7:43.87	8:23.13	8:19.81	13:15.75	27:46.63
1152	5:24.42	7:44.03	8:23.36	8:19.99	13:16.03	27:47.27
1151	5:24.57	7:44.19	8:23.58	8:20.16	13:16.31	27:47.91

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:24.71	7:44.36	8:23.81	8:20.34	13:16.59	27:48.56	1150
5:24.86	7:44.52	8:24.03	8:20.51	13:16.87	27:49.20	1149
5:25.00	7:44.68	8:24.26	8:20.69	13:17.15	27:49.85	1148
5:25.15	7:44.85	8:24.48	8:20.87	13:17.43	27:50.49	1147
5:25.30	7:45.01	8:24.71	8:21.04	13:17.71	27:51.14	1146
5:25.44	7:45.17	8:24.93	8:21.22	13:17.99	27:51.78	1145
5:25.59	7:45.34	8:25.15	8:21.40	13:18.27	27:52.43	1144
5:25.73	7:45.50	8:25.38	8:21.57	13:18.55	27:53.07	1143
5:25.88	7:45.67	8:25.61	8:21.75	13:18.83	27:53.72	1142
5:26.03	7:45.83	8:25.83	8:21.92	13:19.12	27:54.37	1141
5:26.17	7:45.99	8:26.06	8:22.10	13:19.40	27:55.01	1140
5:26.32	7:46.16	8:26.28	8:22.28	13:19.68	27:55.66	1139
5:26.47	7:46.32	8:26.51	8:22.45	13:19.96	27:56.31	1138
5:26.61	7:46.49	8:26.73	8:22.63	13:20.24	27:56.95	1137
5:26.76	7:46.65	8:26.96	8:22.81	13:20.52	27:57.60	1136
5:26.91	7:46.81	8:27.18	8:22.99	13:20.80	27:58.25	1135
5:27.05	7:46.98	8:27.41	8:23.16	13:21.08	27:58.90	1134
5:27.20	7:47.14	8:27.64	8:23.34	13:21.37	27:59.55	1133
5:27.35	7:47.31	8:27.86	8:23.52	13:21.65	28:00.20	1132
5:27.49	7:47.47	8:28.09	8:23.69	13:21.93	28:00.85	1131
5:27.64	7:47.64	8:28.31	8:23.87	13:22.21	28:01.50	1130
5:27.79	7:47.80	8:28.54	8:24.05	13:22.49	28:02.15	1129
5:27.93	7:47.97	8:28.77	8:24.23	13:22.78	28:02.80	1128
5:28.08	7:48.13	8:28.99	8:24.40	13:23.06	28:03.45	1127
5:28.23	7:48.30	8:29.22	8:24.58	13:23.34	28:04.10	1126
5:28.38	7:48.46	8:29.45	8:24.76	13:23.62	28:04.75	1125
5:28.52	7:48.63	8:29.68	8:24.94	13:23.91	28:05.40	1124
5:28.67	7:48.79	8:29.90	8:25.12	13:24.19	28:06.05	1123
5:28.82	7:48.96	8:30.13	8:25.29	13:24.47	28:06.70	1122
5:28.97	7:49.12	8:30.36	8:25.47	13:24.76	28:07.36	1121
5:29.11	7:49.29	8:30.58	8:25.65	13:25.04	28:08.01	1120
5:29.26	7:49.45	8:30.81	8:25.83	13:25.32	28:08.66	1119
5:29.41	7:49.62	8:31.04	8:26.01	13:25.61	28:09.31	1118
5:29.56	7:49.79	8:31.27	8:26.18	13:25.89	28:09.97	1117
5:29.71	7:49.95	8:31.49	8:26.36	13:26.17	28:10.62	1116
5:29.85	7:50.12	8:31.72	8:26.54	13:26.46	28:11.28	1115
5:30.00	7:50.28	8:31.95	8:26.72	13:26.74	28:11.93	1114
5:30.15	7:50.45	8:32.18	8:26.90	13:27.03	28:12.58	1113
5:30.30	7:50.61	8:32.41	8:27.08	13:27.31	28:13.24	1112
5:30.45	7:50.78	8:32.63	8:27.26	13:27.60	28:13.89	1111
5:30.59	7:50.95	8:32.86	8:27.44	13:27.88	28:14.55	1110
5:30.74	7:51.11	8:33.09	8:27.61	13:28.17	28:15.21	1109
5:30.89	7:51.28	8:33.32	8:27.79	13:28.45	28:15.86	1108
5:31.04	7:51.45	8:33.55	8:27.97	13:28.74	28:16.52	1107
5:31.19	7:51.61	8:33.78	8:28.15	13:29.02	28:17.17	1106
5:31.34	7:51.78	8:34.01	8:28.33	13:29.31	28:17.83	1105
5:31.49	7:51.95	8:34.24	8:28.51	13:29.59	28:18.49	1104
5:31.64	7:52.11	8:34.46	8:28.69	13:29.88	28:19.15	1103
5:31.78	7:52.28	8:34.69	8:28.87	13:30.16	28:19.80	1102
5:31.93	7:52.45	8:34.92	8:29.05	13:30.45	28:20.46	1101

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1100	5:32.08	7:52.61	8:35.15	8:29.23	13:30.73	28:21.12
1099	5:32.23	7:52.78	8:35.38	8:29.41	13:31.02	28:21.78
1098	5:32.38	7:52.95	8:35.61	8:29.59	13:31.31	28:22.44
1097	5:32.53	7:53.11	8:35.84	8:29.77	13:31.59	28:23.10
1096	5:32.68	7:53.28	8:36.07	8:29.95	13:31.88	28:23.76
1095	5:32.83	7:53.45	8:36.30	8:30.13	13:32.17	28:24.42
1094	5:32.98	7:53.62	8:36.53	8:30.31	13:32.45	28:25.08
1093	5:33.13	7:53.78	8:36.76	8:30.49	13:32.74	28:25.74
1092	5:33.28	7:53.95	8:36.99	8:30.67	13:33.03	28:26.40
1091	5:33.43	7:54.12	8:37.22	8:30.85	13:33.31	28:27.06
1090	5:33.58	7:54.29	8:37.45	8:31.03	13:33.60	28:27.72
1089	5:33.73	7:54.45	8:37.68	8:31.21	13:33.89	28:28.38
1088	5:33.88	7:54.62	8:37.91	8:31.39	13:34.18	28:29.05
1087	5:34.03	7:54.79	8:38.14	8:31.57	13:34.46	28:29.71
1086	5:34.18	7:54.96	8:38.38	8:31.75	13:34.75	28:30.37
1085	5:34.33	7:55.13	8:38.61	8:31.94	13:35.04	28:31.03
1084	5:34.48	7:55.29	8:38.84	8:32.12	13:35.33	28:31.70
1083	5:34.63	7:55.46	8:39.07	8:32.30	13:35.62	28:32.36
1082	5:34.78	7:55.63	8:39.30	8:32.48	13:35.90	28:33.02
1081	5:34.93	7:55.80	8:39.53	8:32.66	13:36.19	28:33.69
1080	5:35.08	7:55.97	8:39.76	8:32.84	13:36.48	28:34.35
1079	5:35.23	7:56.14	8:40.00	8:33.02	13:36.77	28:35.02
1078	5:35.38	7:56.31	8:40.23	8:33.20	13:37.06	28:35.68
1077	5:35.53	7:56.47	8:40.46	8:33.39	13:37.35	28:36.35
1076	5:35.68	7:56.64	8:40.69	8:33.57	13:37.64	28:37.01
1075	5:35.83	7:56.81	8:40.92	8:33.75	13:37.93	28:37.68
1074	5:35.98	7:56.98	8:41.15	8:33.93	13:38.22	28:38.35
1073	5:36.13	7:57.15	8:41.39	8:34.11	13:38.51	28:39.01
1072	5:36.28	7:57.32	8:41.62	8:34.30	13:38.80	28:39.68
1071	5:36.43	7:57.49	8:41.85	8:34.48	13:39.09	28:40.35
1070	5:36.58	7:57.66	8:42.08	8:34.66	13:39.37	28:41.01
1069	5:36.74	7:57.83	8:42.32	8:34.84	13:39.67	28:41.68
1068	5:36.89	7:58.00	8:42.55	8:35.03	13:39.96	28:42.35
1067	5:37.04	7:58.17	8:42.78	8:35.21	13:40.25	28:43.02
1066	5:37.19	7:58.34	8:43.02	8:35.39	13:40.54	28:43.69
1065	5:37.34	7:58.51	8:43.25	8:35.57	13:40.83	28:44.36
1064	5:37.49	7:58.67	8:43.48	8:35.76	13:41.12	28:45.03
1063	5:37.64	7:58.84	8:43.72	8:35.94	13:41.41	28:45.70
1062	5:37.80	7:59.01	8:43.95	8:36.12	13:41.70	28:46.37
1061	5:37.95	7:59.18	8:44.18	8:36.30	13:41.99	28:47.04
1060	5:38.10	7:59.35	8:44.42	8:36.49	13:42.28	28:47.71
1059	5:38.25	7:59.52	8:44.65	8:36.67	13:42.57	28:48.38
1058	5:38.40	7:59.70	8:44.88	8:36.85	13:42.86	28:49.05
1057	5:38.56	7:59.87	8:45.12	8:37.04	13:43.16	28:49.72
1056	5:38.71	8:00.04	8:45.35	8:37.22	13:43.45	28:50.39
1055	5:38.86	8:00.21	8:45.59	8:37.40	13:43.74	28:51.07
1054	5:39.01	8:00.38	8:45.82	8:37.59	13:44.03	28:51.74
1053	5:39.16	8:00.55	8:46.06	8:37.77	13:44.32	28:52.41
1052	5:39.32	8:00.72	8:46.29	8:37.96	13:44.62	28:53.09
1051	5:39.47	8:00.89	8:46.53	8:38.14	13:44.91	28:53.76

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:39.62	8:01.06	8:46.76	8:38.32	13:45.20	28:54.43	1050
5:39.77	8:01.23	8:46.99	8:38.51	13:45.50	28:55.11	1049
5:39.93	8:01.40	8:47.23	8:38.69	13:45.79	28:55.78	1048
5:40.08	8:01.57	8:47.47	8:38.88	13:46.08	28:56.46	1047
5:40.23	8:01.74	8:47.70	8:39.06	13:46.37	28:57.13	1046
5:40.39	8:01.92	8:47.94	8:39.25	13:46.67	28:57.81	1045
5:40.54	8:02.09	8:48.17	8:39.43	13:46.96	28:58.48	1044
5:40.69	8:02.26	8:48.41	8:39.61	13:47.26	28:59.16	1043
5:40.84	8:02.43	8:48.64	8:39.80	13:47.55	28:59.84	1042
5:41.00	8:02.60	8:48.88	8:39.98	13:47.84	29:00.51	1041
5:41.15	8:02.77	8:49.11	8:40.17	13:48.14	29:01.19	1040
5:41.30	8:02.95	8:49.35	8:40.35	13:48.43	29:01.87	1039
5:41.46	8:03.12	8:49.59	8:40.54	13:48.73	29:02.54	1038
5:41.61	8:03.29	8:49.82	8:40.72	13:49.02	29:03.22	1037
5:41.76	8:03.46	8:50.06	8:40.91	13:49.31	29:03.90	1036
5:41.92	8:03.63	8:50.30	8:41.09	13:49.61	29:04.58	1035
5:42.07	8:03.81	8:50.53	8:41.28	13:49.90	29:05.26	1034
5:42.23	8:03.98	8:50.77	8:41.47	13:50.20	29:05.94	1033
5:42.38	8:04.15	8:51.01	8:41.65	13:50.49	29:06.62	1032
5:42.53	8:04.32	8:51.24	8:41.84	13:50.79	29:07.30	1031
5:42.69	8:04.49	8:51.48	8:42.02	13:51.09	29:07.98	1030
5:42.84	8:04.67	8:51.72	8:42.21	13:51.38	29:08.66	1029
5:43.00	8:04.84	8:51.95	8:42.39	13:51.68	29:09.34	1028
5:43.15	8:05.01	8:52.19	8:42.58	13:51.97	29:10.02	1027
5:43.30	8:05.19	8:52.43	8:42.77	13:52.27	29:10.70	1026
5:43.46	8:05.36	8:52.67	8:42.95	13:52.57	29:11.39	1025
5:43.61	8:05.53	8:52.90	8:43.14	13:52.86	29:12.07	1024
5:43.77	8:05.70	8:53.14	8:43.33	13:53.16	29:12.75	1023
5:43.92	8:05.88	8:53.38	8:43.51	13:53.46	29:13.43	1022
5:44.08	8:06.05	8:53.62	8:43.70	13:53.75	29:14.12	1021
5:44.23	8:06.22	8:53.86	8:43.88	13:54.05	29:14.80	1020
5:44.39	8:06.40	8:54.10	8:44.07	13:54.35	29:15.49	1019
5:44.54	8:06.57	8:54.33	8:44.26	13:54.64	29:16.17	1018
5:44.70	8:06.75	8:54.57	8:44.45	13:54.94	29:16.85	1017
5:44.85	8:06.92	8:54.81	8:44.63	13:55.24	29:17.54	1016
5:45.01	8:07.09	8:55.05	8:44.82	13:55.54	29:18.23	1015
5:45.16	8:07.27	8:55.29	8:45.01	13:55.83	29:18.91	1014
5:45.32	8:07.44	8:55.53	8:45.19	13:56.13	29:19.60	1013
5:45.47	8:07.61	8:55.77	8:45.38	13:56.43	29:20.28	1012
5:45.63	8:07.79	8:56.01	8:45.57	13:56.73	29:20.97	1011
5:45.78	8:07.96	8:56.25	8:45.76	13:57.03	29:21.66	1010
5:45.94	8:08.14	8:56.49	8:45.94	13:57.33	29:22.35	1009
5:46.09	8:08.31	8:56.73	8:46.13	13:57.62	29:23.03	1008
5:46.25	8:08.49	8:56.97	8:46.32	13:57.92	29:23.72	1007
5:46.41	8:08.66	8:57.20	8:46.51	13:58.22	29:24.41	1006
5:46.56	8:08.84	8:57.45	8:46.70	13:58.52	29:25.10	1005
5:46.72	8:09.01	8:57.69	8:46.88	13:58.82	29:25.79	1004
5:46.87	8:09.19	8:57.93	8:47.07	13:59.12	29:26.48	1003
5:47.03	8:09.36	8:58.17	8:47.26	13:59.42	29:27.17	1002
5:47.19	8:09.54	8:58.41	8:47.45	13:59.72	29:27.86	1001

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1000	5:47.34	8:09.71	8:58.65	8:47.64	14:00.02	29:28.55
999	5:47.50	8:09.89	8:58.89	8:47.83	14:00.32	29:29.24
998	5:47.66	8:10.06	8:59.13	8:48.02	14:00.62	29:29.93
997	5:47.81	8:10.24	8:59.37	8:48.20	14:00.92	29:30.62
996	5:47.97	8:10.41	8:59.61	8:48.39	14:01.22	29:31.31
995	5:48.12	8:10.59	8:59.85	8:48.58	14:01.52	29:32.01
994	5:48.28	8:10.76	9:00.09	8:48.77	14:01.82	29:32.70
993	5:48.44	8:10.94	9:00.33	8:48.96	14:02.12	29:33.39
992	5:48.60	8:11.11	9:00.58	8:49.15	14:02.42	29:34.08
991	5:48.75	8:11.29	9:00.82	8:49.34	14:02.72	29:34.78
990	5:48.91	8:11.47	9:01.06	8:49.53	14:03.03	29:35.47
989	5:49.07	8:11.64	9:01.30	8:49.72	14:03.33	29:36.17
988	5:49.22	8:11.82	9:01.54	8:49.91	14:03.63	29:36.86
987	5:49.38	8:11.99	9:01.79	8:50.10	14:03.93	29:37.56
986	5:49.54	8:12.17	9:02.03	8:50.29	14:04.23	29:38.25
985	5:49.70	8:12.35	9:02.27	8:50.48	14:04.54	29:38.95
984	5:49.85	8:12.52	9:02.51	8:50.67	14:04.84	29:39.64
983	5:50.01	8:12.70	9:02.76	8:50.86	14:05.14	29:40.34
982	5:50.17	8:12.88	9:03.00	8:51.05	14:05.44	29:41.04
981	5:50.33	8:13.05	9:03.24	8:51.24	14:05.75	29:41.73
980	5:50.48	8:13.23	9:03.48	8:51.43	14:06.05	29:42.43
979	5:50.64	8:13.41	9:03.73	8:51.62	14:06.35	29:43.13
978	5:50.80	8:13.58	9:03.97	8:51.81	14:06.66	29:43.83
977	5:50.96	8:13.76	9:04.21	8:52.00	14:06.96	29:44.53
976	5:51.12	8:13.94	9:04.46	8:52.19	14:07.26	29:45.23
975	5:51.28	8:14.12	9:04.70	8:52.38	14:07.57	29:45.92
974	5:51.43	8:14.29	9:04.95	8:52.57	14:07.87	29:46.62
973	5:51.59	8:14.47	9:05.19	8:52.76	14:08.17	29:47.32
972	5:51.75	8:14.65	9:05.43	8:52.96	14:08.48	29:48.03
971	5:51.91	8:14.83	9:05.68	8:53.15	14:08.78	29:48.73
970	5:52.07	8:15.00	9:05.92	8:53.34	14:09.09	29:49.43
969	5:52.23	8:15.18	9:06.17	8:53.53	14:09.39	29:50.13
968	5:52.39	8:15.36	9:06.41	8:53.72	14:09.70	29:50.83
967	5:52.54	8:15.54	9:06.66	8:53.91	14:10.00	29:51.53
966	5:52.70	8:15.72	9:06.90	8:54.10	14:10.31	29:52.24
965	5:52.86	8:15.89	9:07.15	8:54.30	14:10.61	29:52.94
964	5:53.02	8:16.07	9:07.39	8:54.49	14:10.92	29:53.64
963	5:53.18	8:16.25	9:07.64	8:54.68	14:11.22	29:54.35
962	5:53.34	8:16.43	9:07.88	8:54.87	14:11.53	29:55.05
961	5:53.50	8:16.61	9:08.13	8:55.07	14:11.83	29:55.75
960	5:53.66	8:16.79	9:08.37	8:55.26	14:12.14	29:56.46
959	5:53.82	8:16.97	9:08.62	8:55.45	14:12.45	29:57.16
958	5:53.98	8:17.15	9:08.86	8:55.64	14:12.75	29:57.87
957	5:54.14	8:17.32	9:09.11	8:55.84	14:13.06	29:58.58
956	5:54.30	8:17.50	9:09.36	8:56.03	14:13.37	29:59.28
955	5:54.46	8:17.68	9:09.60	8:56.22	14:13.67	29:59.99
954	5:54.62	8:17.86	9:09.85	8:56.41	14:13.98	30:00.69
953	5:54.78	8:18.04	9:10.09	8:56.61	14:14.29	30:01.40
952	5:54.94	8:18.22	9:10.34	8:56.80	14:14.60	30:02.11
951	5:55.10	8:18.40	9:10.59	8:56.99	14:14.90	30:02.82

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:55.26	8:18.58	9:10.83	8:57.19	14:15.21	30:03.53	950
5:55.42	8:18.76	9:11.08	8:57.38	14:15.52	30:04.24	949
5:55.58	8:18.94	9:11.33	8:57.57	14:15.83	30:04.94	948
5:55.74	8:19.12	9:11.58	8:57.77	14:16.13	30:05.65	947
5:55.90	8:19.30	9:11.82	8:57.96	14:16.44	30:06.36	946
5:56.06	8:19.48	9:12.07	8:58.16	14:16.75	30:07.07	945
5:56.22	8:19.66	9:12.32	8:58.35	14:17.06	30:07.79	944
5:56.38	8:19.84	9:12.57	8:58.54	14:17.37	30:08.50	943
5:56.54	8:20.02	9:12.81	8:58.74	14:17.68	30:09.21	942
5:56.71	8:20.20	9:13.06	8:58.93	14:17.99	30:09.92	941
5:56.87	8:20.38	9:13.31	8:59.13	14:18.30	30:10.63	940
5:57.03	8:20.56	9:13.56	8:59.32	14:18.61	30:11.34	939
5:57.19	8:20.74	9:13.81	8:59.52	14:18.92	30:12.06	938
5:57.35	8:20.92	9:14.06	8:59.71	14:19.23	30:12.77	937
5:57.51	8:21.10	9:14.30	8:59.91	14:19.54	30:13.48	936
5:57.67	8:21.29	9:14.55	9:00.10	14:19.85	30:14.20	935
5:57.84	8:21.47	9:14.80	9:00.30	14:20.16	30:14.91	934
5:58.00	8:21.65	9:15.05	9:00.49	14:20.47	30:15.63	933
5:58.16	8:21.83	9:15.30	9:00.69	14:20.78	30:16.34	932
5:58.32	8:22.01	9:15.55	9:00.88	14:21.09	30:17.06	931
5:58.48	8:22.19	9:15.80	9:01.08	14:21.40	30:17.78	930
5:58.65	8:22.37	9:16.05	9:01.27	14:21.71	30:18.49	929
5:58.81	8:22.56	9:16.30	9:01.47	14:22.02	30:19.21	928
5:58.97	8:22.74	9:16.55	9:01.66	14:22.33	30:19.93	927
5:59.13	8:22.92	9:16.80	9:01.86	14:22.64	30:20.64	926
5:59.30	8:23.10	9:17.05	9:02.06	14:22.96	30:21.36	925
5:59.46	8:23.28	9:17.30	9:02.25	14:23.27	30:22.08	924
5:59.62	8:23.47	9:17.55	9:02.45	14:23.58	30:22.80	923
5:59.78	8:23.65	9:17.80	9:02.65	14:23.89	30:23.52	922
5:59.95	8:23.83	9:18.05	9:02.84	14:24.21	30:24.24	921
6:00.11	8:24.01	9:18.30	9:03.04	14:24.52	30:24.96	920
6:00.27	8:24.20	9:18.55	9:03.24	14:24.83	30:25.68	919
6:00.44	8:24.38	9:18.80	9:03.43	14:25.14	30:26.40	918
6:00.60	8:24.56	9:19.06	9:03.63	14:25.46	30:27.12	917
6:00.76	8:24.74	9:19.31	9:03.83	14:25.77	30:27.84	916
6:00.93	8:24.93	9:19.56	9:04.02	14:26.08	30:28.56	915
6:01.09	8:25.11	9:19.81	9:04.22	14:26.40	30:29.29	914
6:01.25	8:25.29	9:20.06	9:04.42	14:26.71	30:30.01	913
6:01.42	8:25.48	9:20.31	9:04.61	14:27.03	30:30.73	912
6:01.58	8:25.66	9:20.57	9:04.81	14:27.34	30:31.45	911
6:01.74	8:25.84	9:20.82	9:05.01	14:27.65	30:32.18	910
6:01.91	8:26.03	9:21.07	9:05.21	14:27.97	30:32.90	909
6:02.07	8:26.21	9:21.32	9:05.41	14:28.28	30:33.63	908
6:02.24	8:26.40	9:21.58	9:05.60	14:28.60	30:34.35	907
6:02.40	8:26.58	9:21.83	9:05.80	14:28.91	30:35.08	906
6:02.56	8:26.76	9:22.08	9:06.00	14:29.23	30:35.80	905
6:02.73	8:26.95	9:22.33	9:06.20	14:29.54	30:36.53	904
6:02.89	8:27.13	9:22.59	9:06.40	14:29.86	30:37.26	903
6:03.06	8:27.32	9:22.84	9:06.59	14:30.18	30:37.98	902
6:03.22	8:27.50	9:23.09	9:06.79	14:30.49	30:38.71	901

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
900	6:03.39	8:27.69	9:23.35	9:06.99	14:30.81	30:39.44
899	6:03.55	8:27.87	9:23.60	9:07.19	14:31.12	30:40.17
898	6:03.72	8:28.06	9:23.86	9:07.39	14:31.44	30:40.90
897	6:03.88	8:28.24	9:24.11	9:07.59	14:31.76	30:41.62
896	6:04.05	8:28.43	9:24.36	9:07.79	14:32.07	30:42.35
895	6:04.21	8:28.61	9:24.62	9:07.99	14:32.39	30:43.08
894	6:04.38	8:28.80	9:24.87	9:08.19	14:32.71	30:43.81
893	6:04.54	8:28.98	9:25.13	9:08.39	14:33.03	30:44.55
892	6:04.71	8:29.17	9:25.38	9:08.59	14:33.34	30:45.28
891	6:04.87	8:29.35	9:25.64	9:08.79	14:33.66	30:46.01
890	6:05.04	8:29.54	9:25.89	9:08.99	14:33.98	30:46.74
889	6:05.20	8:29.72	9:26.15	9:09.19	14:34.30	30:47.47
888	6:05.37	8:29.91	9:26.40	9:09.39	14:34.62	30:48.21
887	6:05.54	8:30.09	9:26.66	9:09.59	14:34.93	30:48.94
886	6:05.70	8:30.28	9:26.91	9:09.79	14:35.25	30:49.67
885	6:05.87	8:30.47	9:27.17	9:09.99	14:35.57	30:50.41
884	6:06.03	8:30.65	9:27.43	9:10.19	14:35.89	30:51.14
883	6:06.20	8:30.84	9:27.68	9:10.39	14:36.21	30:51.88
882	6:06.37	8:31.03	9:27.94	9:10.59	14:36.53	30:52.61
881	6:06.53	8:31.21	9:28.19	9:10.79	14:36.85	30:53.35
880	6:06.70	8:31.40	9:28.45	9:10.99	14:37.17	30:54.08
879	6:06.87	8:31.59	9:28.71	9:11.19	14:37.49	30:54.82
878	6:07.03	8:31.77	9:28.96	9:11.39	14:37.81	30:55.56
877	6:07.20	8:31.96	9:29.22	9:11.59	14:38.13	30:56.29
876	6:07.37	8:32.15	9:29.48	9:11.80	14:38.45	30:57.03
875	6:07.54	8:32.33	9:29.74	9:12.00	14:38.77	30:57.77
874	6:07.70	8:32.52	9:29.99	9:12.20	14:39.09	30:58.51
873	6:07.87	8:32.71	9:30.25	9:12.40	14:39.41	30:59.25
872	6:08.04	8:32.90	9:30.51	9:12.60	14:39.73	30:59.99
871	6:08.20	8:33.08	9:30.77	9:12.80	14:40.05	31:00.73
870	6:08.37	8:33.27	9:31.02	9:13.01	14:40.37	31:01.47
869	6:08.54	8:33.46	9:31.28	9:13.21	14:40.70	31:02.21
868	6:08.71	8:33.65	9:31.54	9:13.41	14:41.02	31:02.95
867	6:08.88	8:33.83	9:31.80	9:13.61	14:41.34	31:03.69
866	6:09.04	8:34.02	9:32.06	9:13.82	14:41.66	31:04.43
865	6:09.21	8:34.21	9:32.32	9:14.02	14:41.99	31:05.17
864	6:09.38	8:34.40	9:32.57	9:14.22	14:42.31	31:05.92
863	6:09.55	8:34.59	9:32.83	9:14.42	14:42.63	31:06.66
862	6:09.72	8:34.78	9:33.09	9:14.63	14:42.95	31:07.40
861	6:09.88	8:34.97	9:33.35	9:14.83	14:43.28	31:08.15
860	6:10.05	8:35.15	9:33.61	9:15.03	14:43.60	31:08.89
859	6:10.22	8:35.34	9:33.87	9:15.24	14:43.92	31:09.64
858	6:10.39	8:35.53	9:34.13	9:15.44	14:44.25	31:10.38
857	6:10.56	8:35.72	9:34.39	9:15.64	14:44.57	31:11.13
856	6:10.73	8:35.91	9:34.65	9:15.85	14:44.90	31:11.88
855	6:10.90	8:36.10	9:34.91	9:16.05	14:45.22	31:12.62
854	6:11.07	8:36.29	9:35.17	9:16.26	14:45.54	31:13.37
853	6:11.24	8:36.48	9:35.43	9:16.46	14:45.87	31:14.12
852	6:11.40	8:36.67	9:35.69	9:16.66	14:46.19	31:14.87
851	6:11.57	8:36.86	9:35.95	9:16.87	14:46.52	31:15.61



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:11.74	8:37.05	9:36.21	9:17.07	14:46.84	31:16.36	850
6:11.91	8:37.24	9:36.48	9:17.28	14:47.17	31:17.11	849
6:12.08	8:37.43	9:36.74	9:17.48	14:47.50	31:17.86	848
6:12.25	8:37.62	9:37.00	9:17.69	14:47.82	31:18.61	847
6:12.42	8:37.81	9:37.26	9:17.89	14:48.15	31:19.36	846
6:12.59	8:38.00	9:37.52	9:18.10	14:48.47	31:20.11	845
6:12.76	8:38.19	9:37.78	9:18.30	14:48.80	31:20.87	844
6:12.93	8:38.38	9:38.05	9:18.51	14:49.13	31:21.62	843
6:13.10	8:38.57	9:38.31	9:18.71	14:49.45	31:22.37	842
6:13.27	8:38.76	9:38.57	9:18.92	14:49.78	31:23.12	841
6:13.44	8:38.95	9:38.83	9:19.12	14:50.11	31:23.88	840
6:13.61	8:39.14	9:39.09	9:19.33	14:50.44	31:24.63	839
6:13.79	8:39.34	9:39.36	9:19.54	14:50.76	31:25.39	838
6:13.96	8:39.53	9:39.62	9:19.74	14:51.09	31:26.14	837
6:14.13	8:39.72	9:39.88	9:19.95	14:51.42	31:26.90	836
6:14.30	8:39.91	9:40.15	9:20.16	14:51.75	31:27.65	835
6:14.47	8:40.10	9:40.41	9:20.36	14:52.08	31:28.41	834
6:14.64	8:40.29	9:40.67	9:20.57	14:52.40	31:29.16	833
6:14.81	8:40.49	9:40.94	9:20.77	14:52.73	31:29.92	832
6:14.98	8:40.68	9:41.20	9:20.98	14:53.06	31:30.68	831
6:15.15	8:40.87	9:41.47	9:21.19	14:53.39	31:31.44	830
6:15.33	8:41.06	9:41.73	9:21.40	14:53.72	31:32.19	829
6:15.50	8:41.26	9:41.99	9:21.60	14:54.05	31:32.95	828
6:15.67	8:41.45	9:42.26	9:21.81	14:54.38	31:33.71	827
6:15.84	8:41.64	9:42.52	9:22.02	14:54.71	31:34.47	826
6:16.01	8:41.83	9:42.79	9:22.23	14:55.04	31:35.23	825
6:16.19	8:42.03	9:43.05	9:22.43	14:55.37	31:35.99	824
6:16.36	8:42.22	9:43.32	9:22.64	14:55.70	31:36.75	823
6:16.53	8:42.41	9:43.58	9:22.85	14:56.03	31:37.52	822
6:16.70	8:42.61	9:43.85	9:23.06	14:56.36	31:38.28	821
6:16.88	8:42.80	9:44.12	9:23.26	14:56.69	31:39.04	820
6:17.05	8:42.99	9:44.38	9:23.47	14:57.03	31:39.80	819
6:17.22	8:43.19	9:44.65	9:23.68	14:57.36	31:40.57	818
6:17.39	8:43.38	9:44.91	9:23.89	14:57.69	31:41.33	817
6:17.57	8:43.57	9:45.18	9:24.10	14:58.02	31:42.10	816
6:17.74	8:43.77	9:45.45	9:24.31	14:58.35	31:42.86	815
6:17.91	8:43.96	9:45.71	9:24.52	14:58.68	31:43.63	814
6:18.09	8:44.16	9:45.98	9:24.73	14:59.02	31:44.39	813
6:18.26	8:44.35	9:46.25	9:24.93	14:59.35	31:45.16	812
6:18.43	8:44.54	9:46.51	9:25.14	14:59.68	31:45.93	811
6:18.61	8:44.74	9:46.78	9:25.35	15:00.02	31:46.69	810
6:18.78	8:44.93	9:47.05	9:25.56	15:00.35	31:47.46	809
6:18.96	8:45.13	9:47.32	9:25.77	15:00.68	31:48.23	808
6:19.13	8:45.32	9:47.58	9:25.98	15:01.02	31:49.00	807
6:19.30	8:45.52	9:47.85	9:26.19	15:01.35	31:49.77	806
6:19.48	8:45.71	9:48.12	9:26.40	15:01.69	31:50.54	805
6:19.65	8:45.91	9:48.39	9:26.61	15:02.02	31:51.31	804
6:19.83	8:46.10	9:48.66	9:26.82	15:02.35	31:52.08	803
6:20.00	8:46.30	9:48.93	9:27.03	15:02.69	31:52.85	802
6:20.18	8:46.50	9:49.20	9:27.24	15:03.02	31:53.62	801

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
800	6:20.35	8:46.69	9:49.46	9:27.46	15:03.36	31:54.39
799	6:20.52	8:46.89	9:49.73	9:27.67	15:03.70	31:55.16
798	6:20.70	8:47.08	9:50.00	9:27.88	15:04.03	31:55.94
797	6:20.87	8:47.28	9:50.27	9:28.09	15:04.37	31:56.71
796	6:21.05	8:47.48	9:50.54	9:28.30	15:04.70	31:57.48
795	6:21.23	8:47.67	9:50.81	9:28.51	15:05.04	31:58.26
794	6:21.40	8:47.87	9:51.08	9:28.72	15:05.38	31:59.03
793	6:21.58	8:48.06	9:51.35	9:28.93	15:05.71	31:59.81
792	6:21.75	8:48.26	9:51.62	9:29.15	15:06.05	32:00.58
791	6:21.93	8:48.46	9:51.89	9:29.36	15:06.39	32:01.36
790	6:22.10	8:48.66	9:52.16	9:29.57	15:06.72	32:02.14
789	6:22.28	8:48.85	9:52.43	9:29.78	15:07.06	32:02.92
788	6:22.46	8:49.05	9:52.71	9:30.00	15:07.40	32:03.69
787	6:22.63	8:49.25	9:52.98	9:30.21	15:07.74	32:04.47
786	6:22.81	8:49.44	9:53.25	9:30.42	15:08.08	32:05.25
785	6:22.98	8:49.64	9:53.52	9:30.63	15:08.41	32:06.03
784	6:23.16	8:49.84	9:53.79	9:30.85	15:08.75	32:06.81
783	6:23.34	8:50.04	9:54.06	9:31.06	15:09.09	32:07.59
782	6:23.51	8:50.24	9:54.34	9:31.27	15:09.43	32:08.37
781	6:23.69	8:50.43	9:54.61	9:31.49	15:09.77	32:09.15
780	6:23.87	8:50.63	9:54.88	9:31.70	15:10.11	32:09.93
779	6:24.04	8:50.83	9:55.15	9:31.91	15:10.45	32:10.72
778	6:24.22	8:51.03	9:55.43	9:32.13	15:10.79	32:11.50
777	6:24.40	8:51.23	9:55.70	9:32.34	15:11.13	32:12.28
776	6:24.58	8:51.43	9:55.97	9:32.55	15:11.47	32:13.07
775	6:24.75	8:51.63	9:56.24	9:32.77	15:11.81	32:13.85
774	6:24.93	8:51.82	9:56.52	9:32.98	15:12.15	32:14.64
773	6:25.11	8:52.02	9:56.79	9:33.20	15:12.49	32:15.42
772	6:25.29	8:52.22	9:57.07	9:33.41	15:12.83	32:16.21
771	6:25.47	8:52.42	9:57.34	9:33.63	15:13.18	32:16.99
770	6:25.64	8:52.62	9:57.61	9:33.84	15:13.52	32:17.78
769	6:25.82	8:52.82	9:57.89	9:34.06	15:13.86	32:18.57
768	6:26.00	8:53.02	9:58.16	9:34.27	15:14.20	32:19.36
767	6:26.18	8:53.22	9:58.44	9:34.49	15:14.54	32:20.14
766	6:26.36	8:53.42	9:58.71	9:34.70	15:14.89	32:20.93
765	6:26.54	8:53.62	9:58.99	9:34.92	15:15.23	32:21.72
764	6:26.71	8:53.82	9:59.26	9:35.13	15:15.57	32:22.51
763	6:26.89	8:54.02	9:59.54	9:35.35	15:15.92	32:23.30
762	6:27.07	8:54.22	9:59.81	9:35.56	15:16.26	32:24.09
761	6:27.25	8:54.42	10:00.09	9:35.78	15:16.60	32:24.89
760	6:27.43	8:54.62	10:00.37	9:36.00	15:16.95	32:25.68
759	6:27.61	8:54.82	10:00.64	9:36.21	15:17.29	32:26.47
758	6:27.79	8:55.03	10:00.92	9:36.43	15:17.64	32:27.26
757	6:27.97	8:55.23	10:01.19	9:36.65	15:17.98	32:28.06
756	6:28.15	8:55.43	10:01.47	9:36.86	15:18.33	32:28.85
755	6:28.33	8:55.63	10:01.75	9:37.08	15:18.67	32:29.65
754	6:28.51	8:55.83	10:02.03	9:37.30	15:19.02	32:30.44
753	6:28.69	8:56.03	10:02.30	9:37.51	15:19.36	32:31.24
752	6:28.87	8:56.24	10:02.58	9:37.73	15:19.71	32:32.03
751	6:29.05	8:56.44	10:02.86	9:37.95	15:20.05	32:32.83

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:29.23	8:56.64	10:03.14	9:38.17	15:20.40	32:33.63	750
6:29.41	8:56.84	10:03.41	9:38.39	15:20.75	32:34.42	749
6:29.59	8:57.04	10:03.69	9:38.60	15:21.09	32:35.22	748
6:29.77	8:57.25	10:03.97	9:38.82	15:21.44	32:36.02	747
6:29.95	8:57.45	10:04.25	9:39.04	15:21.79	32:36.82	746
6:30.13	8:57.65	10:04.53	9:39.26	15:22.14	32:37.62	745
6:30.32	8:57.86	10:04.81	9:39.48	15:22.48	32:38.42	744
6:30.50	8:58.06	10:05.09	9:39.70	15:22.83	32:39.22	743
6:30.68	8:58.26	10:05.36	9:39.91	15:23.18	32:40.02	742
6:30.86	8:58.47	10:05.64	9:40.13	15:23.53	32:40.83	741
6:31.04	8:58.67	10:05.92	9:40.35	15:23.88	32:41.63	740
6:31.22	8:58.87	10:06.20	9:40.57	15:24.22	32:42.43	739
6:31.40	8:59.08	10:06.48	9:40.79	15:24.57	32:43.24	738
6:31.59	8:59.28	10:06.76	9:41.01	15:24.92	32:44.04	737
6:31.77	8:59.48	10:07.04	9:41.23	15:25.27	32:44.85	736
6:31.95	8:59.69	10:07.32	9:41.45	15:25.62	32:45.65	735
6:32.13	8:59.89	10:07.61	9:41.67	15:25.97	32:46.46	734
6:32.32	9:00.10	10:07.89	9:41.89	15:26.32	32:47.26	733
6:32.50	9:00.30	10:08.17	9:42.11	15:26.67	32:48.07	732
6:32.68	9:00.51	10:08.45	9:42.33	15:27.02	32:48.88	731
6:32.86	9:00.71	10:08.73	9:42.55	15:27.38	32:49.69	730
6:33.05	9:00.92	10:09.01	9:42.77	15:27.73	32:50.49	729
6:33.23	9:01.12	10:09.29	9:42.99	15:28.08	32:51.30	728
6:33.41	9:01.33	10:09.58	9:43.21	15:28.43	32:52.11	727
6:33.60	9:01.53	10:09.86	9:43.44	15:28.78	32:52.92	726
6:33.78	9:01.74	10:10.14	9:43.66	15:29.13	32:53.73	725
6:33.96	9:01.94	10:10.42	9:43.88	15:29.49	32:54.55	724
6:34.15	9:02.15	10:10.71	9:44.10	15:29.84	32:55.36	723
6:34.33	9:02.36	10:10.99	9:44.32	15:30.19	32:56.17	722
6:34.52	9:02.56	10:11.27	9:44.54	15:30.55	32:56.98	721
6:34.70	9:02.77	10:11.56	9:44.77	15:30.90	32:57.80	720
6:34.88	9:02.98	10:11.84	9:44.99	15:31.25	32:58.61	719
6:35.07	9:03.18	10:12.13	9:45.21	15:31.61	32:59.43	718
6:35.25	9:03.39	10:12.41	9:45.43	15:31.96	33:00.24	717
6:35.44	9:03.60	10:12.69	9:45.66	15:32.31	33:01.06	716
6:35.62	9:03.80	10:12.98	9:45.88	15:32.67	33:01.88	715
6:35.81	9:04.01	10:13.26	9:46.10	15:33.02	33:02.69	714
6:35.99	9:04.22	10:13.55	9:46.33	15:33.38	33:03.51	713
6:36.18	9:04.42	10:13.83	9:46.55	15:33.73	33:04.33	712
6:36.36	9:04.63	10:14.12	9:46.77	15:34.09	33:05.15	711
6:36.55	9:04.84	10:14.40	9:47.00	15:34.45	33:05.97	710
6:36.73	9:05.05	10:14.69	9:47.22	15:34.80	33:06.79	709
6:36.92	9:05.26	10:14.98	9:47.44	15:35.16	33:07.61	708
6:37.11	9:05.46	10:15.26	9:47.67	15:35.52	33:08.43	707
6:37.29	9:05.67	10:15.55	9:47.89	15:35.87	33:09.25	706
6:37.48	9:05.88	10:15.83	9:48.12	15:36.23	33:10.07	705
6:37.66	9:06.09	10:16.12	9:48.34	15:36.59	33:10.90	704
6:37.85	9:06.30	10:16.41	9:48.57	15:36.94	33:11.72	703
6:38.04	9:06.51	10:16.70	9:48.79	15:37.30	33:12.54	702
6:38.22	9:06.72	10:16.98	9:49.02	15:37.66	33:13.37	701

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
700	6:38.41	9:06.93	10:17.27	9:49.24	15:38.02	33:14.19
699	6:38.60	9:07.14	10:17.56	9:49.47	15:38.38	33:15.02
698	6:38.78	9:07.34	10:17.85	9:49.69	15:38.74	33:15.85
697	6:38.97	9:07.55	10:18.13	9:49.92	15:39.10	33:16.67
696	6:39.16	9:07.76	10:18.42	9:50.15	15:39.46	33:17.50
695	6:39.35	9:07.97	10:18.71	9:50.37	15:39.82	33:18.33
694	6:39.53	9:08.18	10:19.00	9:50.60	15:40.18	33:19.16
693	6:39.72	9:08.39	10:19.29	9:50.82	15:40.54	33:19.99
692	6:39.91	9:08.61	10:19.58	9:51.05	15:40.90	33:20.82
691	6:40.10	9:08.82	10:19.87	9:51.28	15:41.26	33:21.65
690	6:40.29	9:09.03	10:20.16	9:51.50	15:41.62	33:22.48
689	6:40.47	9:09.24	10:20.45	9:51.73	15:41.98	33:23.31
688	6:40.66	9:09.45	10:20.74	9:51.96	15:42.34	33:24.14
687	6:40.85	9:09.66	10:21.03	9:52.19	15:42.70	33:24.98
686	6:41.04	9:09.87	10:21.32	9:52.41	15:43.06	33:25.81
685	6:41.23	9:10.08	10:21.61	9:52.64	15:43.43	33:26.64
684	6:41.42	9:10.29	10:21.90	9:52.87	15:43.79	33:27.48
683	6:41.61	9:10.51	10:22.19	9:53.10	15:44.15	33:28.31
682	6:41.80	9:10.72	10:22.48	9:53.33	15:44.52	33:29.15
681	6:41.99	9:10.93	10:22.77	9:53.55	15:44.88	33:29.99
680	6:42.17	9:11.14	10:23.07	9:53.78	15:45.24	33:30.82
679	6:42.36	9:11.36	10:23.36	9:54.01	15:45.61	33:31.66
678	6:42.55	9:11.57	10:23.65	9:54.24	15:45.97	33:32.50
677	6:42.74	9:11.78	10:23.94	9:54.47	15:46.33	33:33.34
676	6:42.93	9:11.99	10:24.23	9:54.70	15:46.70	33:34.18
675	6:43.12	9:12.21	10:24.53	9:54.93	15:47.06	33:35.02
674	6:43.31	9:12.42	10:24.82	9:55.16	15:47.43	33:35.86
673	6:43.51	9:12.63	10:25.11	9:55.39	15:47.80	33:36.70
672	6:43.70	9:12.85	10:25.41	9:55.62	15:48.16	33:37.55
671	6:43.89	9:13.06	10:25.70	9:55.85	15:48.53	33:38.39
670	6:44.08	9:13.27	10:25.99	9:56.08	15:48.89	33:39.23
669	6:44.27	9:13.49	10:26.29	9:56.31	15:49.26	33:40.08
668	6:44.46	9:13.70	10:26.58	9:56.54	15:49.63	33:40.92
667	6:44.65	9:13.92	10:26.88	9:56.77	15:49.99	33:41.77
666	6:44.84	9:14.13	10:27.17	9:57.00	15:50.36	33:42.61
665	6:45.03	9:14.35	10:27.47	9:57.23	15:50.73	33:43.46
664	6:45.23	9:14.56	10:27.76	9:57.46	15:51.10	33:44.31
663	6:45.42	9:14.78	10:28.06	9:57.70	15:51.47	33:45.15
662	6:45.61	9:14.99	10:28.35	9:57.93	15:51.83	33:46.00
661	6:45.80	9:15.21	10:28.65	9:58.16	15:52.20	33:46.85
660	6:45.99	9:15.42	10:28.95	9:58.39	15:52.57	33:47.70
659	6:46.19	9:15.64	10:29.24	9:58.62	15:52.94	33:48.55
658	6:46.38	9:15.85	10:29.54	9:58.86	15:53.31	33:49.40
657	6:46.57	9:16.07	10:29.84	9:59.09	15:53.68	33:50.26
656	6:46.77	9:16.29	10:30.13	9:59.32	15:54.05	33:51.11
655	6:46.96	9:16.50	10:30.43	9:59.55	15:54.42	33:51.96
654	6:47.15	9:16.72	10:30.73	9:59.79	15:54.79	33:52.81
653	6:47.35	9:16.94	10:31.03	10:00.02	15:55.16	33:53.67
652	6:47.54	9:17.15	10:31.32	10:00.25	15:55.54	33:54.52
651	6:47.73	9:17.37	10:31.62	10:00.49	15:55.91	33:55.38

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:47.93	9:17.59	10:31.92	10:00.72	15:56.28	33:56.24	650
6:48.12	9:17.80	10:32.22	10:00.96	15:56.65	33:57.09	649
6:48.31	9:18.02	10:32.52	10:01.19	15:57.02	33:57.95	648
6:48.51	9:18.24	10:32.82	10:01.42	15:57.40	33:58.81	647
6:48.70	9:18.46	10:33.12	10:01.66	15:57.77	33:59.67	646
6:48.90	9:18.67	10:33.42	10:01.89	15:58.14	34:00.53	645
6:49.09	9:18.89	10:33.72	10:02.13	15:58.52	34:01.39	644
6:49.29	9:19.11	10:34.02	10:02.36	15:58.89	34:02.25	643
6:49.48	9:19.33	10:34.32	10:02.60	15:59.26	34:03.11	642
6:49.68	9:19.55	10:34.62	10:02.83	15:59.64	34:03.97	641
6:49.87	9:19.77	10:34.92	10:03.07	16:00.01	34:04.84	640
6:50.07	9:19.99	10:35.22	10:03.31	16:00.39	34:05.70	639
6:50.26	9:20.21	10:35.52	10:03.54	16:00.76	34:06.57	638
6:50.46	9:20.42	10:35.82	10:03.78	16:01.14	34:07.43	637
6:50.66	9:20.64	10:36.12	10:04.01	16:01.52	34:08.30	636
6:50.85	9:20.86	10:36.42	10:04.25	16:01.89	34:09.16	635
6:51.05	9:21.08	10:36.73	10:04.49	16:02.27	34:10.03	634
6:51.24	9:21.30	10:37.03	10:04.72	16:02.65	34:10.90	633
6:51.44	9:21.52	10:37.33	10:04.96	16:03.02	34:11.77	632
6:51.64	9:21.74	10:37.63	10:05.20	16:03.40	34:12.64	631
6:51.83	9:21.97	10:37.94	10:05.44	16:03.78	34:13.51	630
6:52.03	9:22.19	10:38.24	10:05.67	16:04.16	34:14.38	629
6:52.23	9:22.41	10:38.54	10:05.91	16:04.54	34:15.25	628
6:52.43	9:22.63	10:38.85	10:06.15	16:04.91	34:16.12	627
6:52.62	9:22.85	10:39.15	10:06.39	16:05.29	34:16.99	626
6:52.82	9:23.07	10:39.46	10:06.63	16:05.67	34:17.86	625
6:53.02	9:23.29	10:39.76	10:06.86	16:06.05	34:18.74	624
6:53.22	9:23.51	10:40.07	10:07.10	16:06.43	34:19.61	623
6:53.42	9:23.74	10:40.37	10:07.34	16:06.81	34:20.49	622
6:53.61	9:23.96	10:40.68	10:07.58	16:07.19	34:21.37	621
6:53.81	9:24.18	10:40.98	10:07.82	16:07.57	34:22.24	620
6:54.01	9:24.40	10:41.29	10:08.06	16:07.95	34:23.12	619
6:54.21	9:24.63	10:41.59	10:08.30	16:08.34	34:24.00	618
6:54.41	9:24.85	10:41.90	10:08.54	16:08.72	34:24.88	617
6:54.61	9:25.07	10:42.21	10:08.78	16:09.10	34:25.76	616
6:54.81	9:25.29	10:42.51	10:09.02	16:09.48	34:26.64	615
6:55.01	9:25.52	10:42.82	10:09.26	16:09.86	34:27.52	614
6:55.21	9:25.74	10:43.13	10:09.50	16:10.25	34:28.40	613
6:55.41	9:25.97	10:43.43	10:09.74	16:10.63	34:29.28	612
6:55.61	9:26.19	10:43.74	10:09.98	16:11.01	34:30.17	611
6:55.81	9:26.41	10:44.05	10:10.23	16:11.40	34:31.05	610
6:56.01	9:26.64	10:44.36	10:10.47	16:11.78	34:31.93	609
6:56.21	9:26.86	10:44.67	10:10.71	16:12.17	34:32.82	608
6:56.41	9:27.09	10:44.98	10:10.95	16:12.55	34:33.71	607
6:56.61	9:27.31	10:45.28	10:11.19	16:12.94	34:34.59	606
6:56.81	9:27.54	10:45.59	10:11.44	16:13.32	34:35.48	605
6:57.01	9:27.76	10:45.90	10:11.68	16:13.71	34:36.37	604
6:57.21	9:27.99	10:46.21	10:11.92	16:14.10	34:37.26	603
6:57.41	9:28.21	10:46.52	10:12.16	16:14.48	34:38.15	602
6:57.61	9:28.44	10:46.83	10:12.41	16:14.87	34:39.04	601

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
600	6:57.82	9:28.67	10:47.14	10:12.65	16:15.26	34:39.93
599	6:58.02	9:28.89	10:47.46	10:12.89	16:15.64	34:40.82
598	6:58.22	9:29.12	10:47.77	10:13.14	16:16.03	34:41.72
597	6:58.42	9:29.34	10:48.08	10:13.38	16:16.42	34:42.61
596	6:58.62	9:29.57	10:48.39	10:13.63	16:16.81	34:43.50
595	6:58.83	9:29.80	10:48.70	10:13.87	16:17.20	34:44.40
594	6:59.03	9:30.03	10:49.01	10:14.11	16:17.59	34:45.29
593	6:59.23	9:30.25	10:49.33	10:14.36	16:17.97	34:46.19
592	6:59.44	9:30.48	10:49.64	10:14.60	16:18.36	34:47.09
591	6:59.64	9:30.71	10:49.95	10:14.85	16:18.75	34:47.99
590	6:59.84	9:30.94	10:50.26	10:15.10	16:19.14	34:48.89
589	7:00.05	9:31.16	10:50.58	10:15.34	16:19.54	34:49.78
588	7:00.25	9:31.39	10:50.89	10:15.59	16:19.93	34:50.69
587	7:00.45	9:31.62	10:51.21	10:15.83	16:20.32	34:51.59
586	7:00.66	9:31.85	10:51.52	10:16.08	16:20.71	34:52.49
585	7:00.86	9:32.08	10:51.83	10:16.33	16:21.10	34:53.39
584	7:01.07	9:32.31	10:52.15	10:16.57	16:21.49	34:54.29
583	7:01.27	9:32.54	10:52.46	10:16.82	16:21.89	34:55.20
582	7:01.48	9:32.77	10:52.78	10:17.07	16:22.28	34:56.10
581	7:01.68	9:33.00	10:53.10	10:17.31	16:22.67	34:57.01
580	7:01.89	9:33.23	10:53.41	10:17.56	16:23.07	34:57.92
579	7:02.09	9:33.46	10:53.73	10:17.81	16:23.46	34:58.82
578	7:02.30	9:33.69	10:54.04	10:18.06	16:23.86	34:59.73
577	7:02.50	9:33.92	10:54.36	10:18.30	16:24.25	35:00.64
576	7:02.71	9:34.15	10:54.68	10:18.55	16:24.65	35:01.55
575	7:02.91	9:34.38	10:54.99	10:18.80	16:25.04	35:02.46
574	7:03.12	9:34.61	10:55.31	10:19.05	16:25.44	35:03.37
573	7:03.33	9:34.84	10:55.63	10:19.30	16:25.83	35:04.28
572	7:03.53	9:35.07	10:55.95	10:19.55	16:26.23	35:05.20
571	7:03.74	9:35.30	10:56.27	10:19.80	16:26.63	35:06.11
570	7:03.95	9:35.54	10:56.59	10:20.05	16:27.02	35:07.03
569	7:04.15	9:35.77	10:56.90	10:20.30	16:27.42	35:07.94
568	7:04.36	9:36.00	10:57.22	10:20.55	16:27.82	35:08.86
567	7:04.57	9:36.23	10:57.54	10:20.80	16:28.22	35:09.77
566	7:04.78	9:36.47	10:57.86	10:21.05	16:28.62	35:10.69
565	7:04.98	9:36.70	10:58.18	10:21.30	16:29.01	35:11.61
564	7:05.19	9:36.93	10:58.50	10:21.55	16:29.41	35:12.53
563	7:05.40	9:37.16	10:58.82	10:21.80	16:29.81	35:13.45
562	7:05.61	9:37.40	10:59.14	10:22.05	16:30.21	35:14.37
561	7:05.82	9:37.63	10:59.47	10:22.30	16:30.61	35:15.29
560	7:06.03	9:37.87	10:59.79	10:22.56	16:31.01	35:16.21
559	7:06.24	9:38.10	11:00.11	10:22.81	16:31.42	35:17.14
558	7:06.45	9:38.33	11:00.43	10:23.06	16:31.82	35:18.06
557	7:06.65	9:38.57	11:00.75	10:23.31	16:32.22	35:18.99
556	7:06.86	9:38.80	11:01.08	10:23.57	16:32.62	35:19.91
555	7:07.07	9:39.04	11:01.40	10:23.82	16:33.02	35:20.84
554	7:07.28	9:39.27	11:01.72	10:24.07	16:33.43	35:21.77
553	7:07.49	9:39.51	11:02.05	10:24.33	16:33.83	35:22.70
552	7:07.70	9:39.75	11:02.37	10:24.58	16:34.23	35:23.63
551	7:07.91	9:39.98	11:02.69	10:24.83	16:34.64	35:24.56

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:08.13	9:40.22	11:03.02	10:25.09	16:35.04	35:25.49	550
7:08.34	9:40.45	11:03.34	10:25.34	16:35.45	35:26.42	549
7:08.55	9:40.69	11:03.67	10:25.60	16:35.85	35:27.35	548
7:08.76	9:40.93	11:03.99	10:25.85	16:36.26	35:28.28	547
7:08.97	9:41.16	11:04.32	10:26.11	16:36.66	35:29.22	546
7:09.18	9:41.40	11:04.64	10:26.36	16:37.07	35:30.15	545
7:09.39	9:41.64	11:04.97	10:26.62	16:37.47	35:31.09	544
7:09.61	9:41.88	11:05.30	10:26.87	16:37.88	35:32.03	543
7:09.82	9:42.11	11:05.62	10:27.13	16:38.29	35:32.96	542
7:10.03	9:42.35	11:05.95	10:27.39	16:38.70	35:33.90	541
7:10.24	9:42.59	11:06.28	10:27.64	16:39.10	35:34.84	540
7:10.46	9:42.83	11:06.61	10:27.90	16:39.51	35:35.78	539
7:10.67	9:43.07	11:06.93	10:28.16	16:39.92	35:36.72	538
7:10.88	9:43.31	11:07.26	10:28.41	16:40.33	35:37.67	537
7:11.10	9:43.54	11:07.59	10:28.67	16:40.74	35:38.61	536
7:11.31	9:43.78	11:07.92	10:28.93	16:41.15	35:39.55	535
7:11.52	9:44.02	11:08.25	10:29.19	16:41.56	35:40.50	534
7:11.74	9:44.26	11:08.58	10:29.44	16:41.97	35:41.44	533
7:11.95	9:44.50	11:08.91	10:29.70	16:42.38	35:42.39	532
7:12.17	9:44.74	11:09.24	10:29.96	16:42.79	35:43.34	531
7:12.38	9:44.98	11:09.57	10:30.22	16:43.21	35:44.29	530
7:12.60	9:45.22	11:09.90	10:30.48	16:43.62	35:45.24	529
7:12.81	9:45.47	11:10.23	10:30.74	16:44.03	35:46.19	528
7:13.03	9:45.71	11:10.56	10:31.00	16:44.44	35:47.14	527
7:13.24	9:45.95	11:10.89	10:31.26	16:44.86	35:48.09	526
7:13.46	9:46.19	11:11.23	10:31.52	16:45.27	35:49.04	525
7:13.67	9:46.43	11:11.56	10:31.78	16:45.69	35:49.99	524
7:13.89	9:46.67	11:11.89	10:32.04	16:46.10	35:50.95	523
7:14.10	9:46.92	11:12.22	10:32.30	16:46.51	35:51.91	522
7:14.32	9:47.16	11:12.56	10:32.56	16:46.93	35:52.86	521
7:14.54	9:47.40	11:12.89	10:32.82	16:47.35	35:53.82	520
7:14.75	9:47.64	11:13.22	10:33.08	16:47.76	35:54.78	519
7:14.97	9:47.89	11:13.56	10:33.35	16:48.18	35:55.74	518
7:15.19	9:48.13	11:13.89	10:33.61	16:48.60	35:56.70	517
7:15.41	9:48.37	11:14.23	10:33.87	16:49.01	35:57.66	516
7:15.62	9:48.62	11:14.56	10:34.13	16:49.43	35:58.62	515
7:15.84	9:48.86	11:14.90	10:34.40	16:49.85	35:59.58	514
7:16.06	9:49.11	11:15.23	10:34.66	16:50.27	36:00.55	513
7:16.28	9:49.35	11:15.57	10:34.92	16:50.69	36:01.51	512
7:16.50	9:49.60	11:15.91	10:35.19	16:51.11	36:02.48	511
7:16.72	9:49.84	11:16.24	10:35.45	16:51.53	36:03.44	510
7:16.94	9:50.09	11:16.58	10:35.72	16:51.95	36:04.41	509
7:17.15	9:50.33	11:16.92	10:35.98	16:52.37	36:05.38	508
7:17.37	9:50.58	11:17.26	10:36.24	16:52.79	36:06.35	507
7:17.59	9:50.82	11:17.59	10:36.51	16:53.21	36:07.32	506
7:17.81	9:51.07	11:17.93	10:36.77	16:53.63	36:08.29	505
7:18.03	9:51.32	11:18.27	10:37.04	16:54.05	36:09.26	504
7:18.25	9:51.56	11:18.61	10:37.31	16:54.48	36:10.24	503
7:18.47	9:51.81	11:18.95	10:37.57	16:54.90	36:11.21	502
7:18.70	9:52.06	11:19.29	10:37.84	16:55.32	36:12.19	501

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
500	7:18.92	9:52.31	11:19.63	10:38.10	16:55.75	36:13.16
499	7:19.14	9:52.55	11:19.97	10:38.37	16:56.17	36:14.14
498	7:19.36	9:52.80	11:20.31	10:38.64	16:56.60	36:15.12
497	7:19.58	9:53.05	11:20.65	10:38.91	16:57.02	36:16.10
496	7:19.80	9:53.30	11:20.99	10:39.17	16:57.45	36:17.08
495	7:20.02	9:53.55	11:21.34	10:39.44	16:57.87	36:18.06
494	7:20.25	9:53.80	11:21.68	10:39.71	16:58.30	36:19.04
493	7:20.47	9:54.05	11:22.02	10:39.98	16:58.73	36:20.03
492	7:20.69	9:54.30	11:22.36	10:40.25	16:59.16	36:21.01
491	7:20.91	9:54.55	11:22.71	10:40.52	16:59.58	36:22.00
490	7:21.14	9:54.80	11:23.05	10:40.78	17:00.01	36:22.98
489	7:21.36	9:55.05	11:23.40	10:41.05	17:00.44	36:23.97
488	7:21.59	9:55.30	11:23.74	10:41.32	17:00.87	36:24.96
487	7:21.81	9:55.55	11:24.08	10:41.59	17:01.30	36:25.95
486	7:22.03	9:55.80	11:24.43	10:41.86	17:01.73	36:26.94
485	7:22.26	9:56.05	11:24.77	10:42.14	17:02.16	36:27.93
484	7:22.48	9:56.30	11:25.12	10:42.41	17:02.59	36:28.92
483	7:22.71	9:56.55	11:25.47	10:42.68	17:03.02	36:29.91
482	7:22.93	9:56.81	11:25.81	10:42.95	17:03.45	36:30.91
481	7:23.16	9:57.06	11:26.16	10:43.22	17:03.89	36:31.90
480	7:23.38	9:57.31	11:26.51	10:43.49	17:04.32	36:32.90
479	7:23.61	9:57.56	11:26.85	10:43.77	17:04.75	36:33.90
478	7:23.83	9:57.82	11:27.20	10:44.04	17:05.19	36:34.90
477	7:24.06	9:58.07	11:27.55	10:44.31	17:05.62	36:35.90
476	7:24.29	9:58.32	11:27.90	10:44.58	17:06.06	36:36.90
475	7:24.51	9:58.58	11:28.25	10:44.86	17:06.49	36:37.90
474	7:24.74	9:58.83	11:28.60	10:45.13	17:06.93	36:38.90
473	7:24.97	9:59.09	11:28.95	10:45.41	17:07.36	36:39.90
472	7:25.20	9:59.34	11:29.30	10:45.68	17:07.80	36:40.91
471	7:25.42	9:59.60	11:29.65	10:45.95	17:08.23	36:41.92
470	7:25.65	9:59.85	11:30.00	10:46.23	17:08.67	36:42.92
469	7:25.88	10:00.11	11:30.35	10:46.50	17:09.11	36:43.93
468	7:26.11	10:00.36	11:30.70	10:46.78	17:09.55	36:44.94
467	7:26.34	10:00.62	11:31.05	10:47.06	17:09.99	36:45.95
466	7:26.57	10:00.88	11:31.41	10:47.33	17:10.43	36:46.96
465	7:26.79	10:01.13	11:31.76	10:47.61	17:10.87	36:47.97
464	7:27.02	10:01.39	11:32.11	10:47.88	17:11.31	36:48.99
463	7:27.25	10:01.65	11:32.47	10:48.16	17:11.75	36:50.00
462	7:27.48	10:01.90	11:32.82	10:48.44	17:12.19	36:51.02
461	7:27.71	10:02.16	11:33.17	10:48.72	17:12.63	36:52.03
460	7:27.94	10:02.42	11:33.53	10:48.99	17:13.07	36:53.05
459	7:28.17	10:02.68	11:33.88	10:49.27	17:13.51	36:54.07
458	7:28.41	10:02.94	11:34.24	10:49.55	17:13.96	36:55.09
457	7:28.64	10:03.20	11:34.60	10:49.83	17:14.40	36:56.11
456	7:28.87	10:03.46	11:34.95	10:50.11	17:14.84	36:57.13
455	7:29.10	10:03.72	11:35.31	10:50.39	17:15.29	36:58.16
454	7:29.33	10:03.97	11:35.66	10:50.67	17:15.73	36:59.18
453	7:29.56	10:04.23	11:36.02	10:50.95	17:16.18	37:00.21
452	7:29.80	10:04.50	11:36.38	10:51.23	17:16.63	37:01.23
451	7:30.03	10:04.76	11:36.74	10:51.51	17:17.07	37:02.26



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:30.26	10:05.02	11:37.10	10:51.79	17:17.52	37:03.29	450
7:30.49	10:05.28	11:37.46	10:52.07	17:17.97	37:04.32	449
7:30.73	10:05.54	11:37.82	10:52.35	17:18.41	37:05.35	448
7:30.96	10:05.80	11:38.17	10:52.64	17:18.86	37:06.39	447
7:31.20	10:06.06	11:38.54	10:52.92	17:19.31	37:07.42	446
7:31.43	10:06.33	11:38.90	10:53.20	17:19.76	37:08.45	445
7:31.66	10:06.59	11:39.26	10:53.48	17:20.21	37:09.49	444
7:31.90	10:06.85	11:39.62	10:53.77	17:20.66	37:10.53	443
7:32.13	10:07.11	11:39.98	10:54.05	17:21.11	37:11.57	442
7:32.37	10:07.38	11:40.34	10:54.33	17:21.56	37:12.61	441
7:32.60	10:07.64	11:40.70	10:54.62	17:22.02	37:13.65	440
7:32.84	10:07.91	11:41.07	10:54.90	17:22.47	37:14.69	439
7:33.08	10:08.17	11:41.43	10:55.19	17:22.92	37:15.73	438
7:33.31	10:08.44	11:41.80	10:55.47	17:23.38	37:16.78	437
7:33.55	10:08.70	11:42.16	10:55.76	17:23.83	37:17.82	436
7:33.79	10:08.97	11:42.52	10:56.04	17:24.28	37:18.87	435
7:34.02	10:09.23	11:42.89	10:56.33	17:24.74	37:19.92	434
7:34.26	10:09.50	11:43.25	10:56.62	17:25.19	37:20.96	433
7:34.50	10:09.76	11:43.62	10:56.90	17:25.65	37:22.02	432
7:34.74	10:10.03	11:43.99	10:57.19	17:26.11	37:23.07	431
7:34.97	10:10.30	11:44.35	10:57.48	17:26.56	37:24.12	430
7:35.21	10:10.57	11:44.72	10:57.76	17:27.02	37:25.17	429
7:35.45	10:10.83	11:45.09	10:58.05	17:27.48	37:26.23	428
7:35.69	10:11.10	11:45.46	10:58.34	17:27.94	37:27.28	427
7:35.93	10:11.37	11:45.83	10:58.63	17:28.40	37:28.34	426
7:36.17	10:11.64	11:46.19	10:58.92	17:28.86	37:29.40	425
7:36.41	10:11.91	11:46.56	10:59.21	17:29.32	37:30.46	424
7:36.65	10:12.18	11:46.93	10:59.50	17:29.78	37:31.52	423
7:36.89	10:12.44	11:47.30	10:59.79	17:30.24	37:32.59	422
7:37.13	10:12.71	11:47.67	11:00.08	17:30.70	37:33.65	421
7:37.37	10:12.98	11:48.05	11:00.37	17:31.17	37:34.71	420
7:37.61	10:13.25	11:48.42	11:00.66	17:31.63	37:35.78	419
7:37.86	10:13.53	11:48.79	11:00.95	17:32.09	37:36.85	418
7:38.10	10:13.80	11:49.16	11:01.24	17:32.56	37:37.92	417
7:38.34	10:14.07	11:49.53	11:01.54	17:33.02	37:38.99	416
7:38.58	10:14.34	11:49.91	11:01.83	17:33.49	37:40.06	415
7:38.83	10:14.61	11:50.28	11:02.12	17:33.95	37:41.13	414
7:39.07	10:14.88	11:50.66	11:02.41	17:34.42	37:42.21	413
7:39.31	10:15.16	11:51.03	11:02.71	17:34.89	37:43.28	412
7:39.56	10:15.43	11:51.41	11:03.00	17:35.35	37:44.36	411
7:39.80	10:15.70	11:51.78	11:03.30	17:35.82	37:45.44	410
7:40.04	10:15.98	11:52.16	11:03.59	17:36.29	37:46.52	409
7:40.29	10:16.25	11:52.53	11:03.89	17:36.76	37:47.60	408
7:40.53	10:16.53	11:52.91	11:04.18	17:37.23	37:48.68	407
7:40.78	10:16.80	11:53.29	11:04.48	17:37.70	37:49.76	406
7:41.02	10:17.08	11:53.67	11:04.77	17:38.17	37:50.85	405
7:41.27	10:17.35	11:54.05	11:05.07	17:38.64	37:51.93	404
7:41.52	10:17.63	11:54.42	11:05.37	17:39.12	37:53.02	403
7:41.76	10:17.90	11:54.80	11:05.66	17:39.59	37:54.11	402
7:42.01	10:18.18	11:55.18	11:05.96	17:40.06	37:55.20	401

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
400	7:42.26	10:18.46	11:55.56	11:06.26	17:40.54	37:56.29
399	7:42.50	10:18.73	11:55.94	11:06.56	17:41.01	37:57.38
398	7:42.75	10:19.01	11:56.33	11:06.86	17:41.49	37:58.48
397	7:43.00	10:19.29	11:56.71	11:07.16	17:41.96	37:59.57
396	7:43.25	10:19.57	11:57.09	11:07.46	17:42.44	38:00.67
395	7:43.50	10:19.84	11:57.47	11:07.76	17:42.92	38:01.77
394	7:43.74	10:20.12	11:57.86	11:08.06	17:43.39	38:02.87
393	7:43.99	10:20.40	11:58.24	11:08.36	17:43.87	38:03.97
392	7:44.24	10:20.68	11:58.62	11:08.66	17:44.35	38:05.07
391	7:44.49	10:20.96	11:59.01	11:08.96	17:44.83	38:06.18
390	7:44.74	10:21.24	11:59.39	11:09.26	17:45.31	38:07.28
389	7:44.99	10:21.52	11:59.78	11:09.56	17:45.79	38:08.39
388	7:45.24	10:21.80	12:00.16	11:09.87	17:46.27	38:09.50
387	7:45.50	10:22.09	12:00.55	11:10.17	17:46.75	38:10.61
386	7:45.75	10:22.37	12:00.94	11:10.47	17:47.24	38:11.72
385	7:46.00	10:22.65	12:01.33	11:10.78	17:47.72	38:12.83
384	7:46.25	10:22.93	12:01.71	11:11.08	17:48.20	38:13.94
383	7:46.50	10:23.21	12:02.10	11:11.38	17:48.69	38:15.06
382	7:46.76	10:23.50	12:02.49	11:11.69	17:49.17	38:16.18
381	7:47.01	10:23.78	12:02.88	11:11.99	17:49.66	38:17.29
380	7:47.26	10:24.06	12:03.27	11:12.30	17:50.14	38:18.41
379	7:47.52	10:24.35	12:03.66	11:12.61	17:50.63	38:19.53
378	7:47.77	10:24.63	12:04.05	11:12.91	17:51.12	38:20.66
377	7:48.03	10:24.92	12:04.45	11:13.22	17:51.61	38:21.78
376	7:48.28	10:25.20	12:04.84	11:13.53	17:52.10	38:22.91
375	7:48.54	10:25.49	12:05.23	11:13.83	17:52.59	38:24.03
374	7:48.79	10:25.78	12:05.62	11:14.14	17:53.08	38:25.16
373	7:49.05	10:26.06	12:06.02	11:14.45	17:53.57	38:26.29
372	7:49.30	10:26.35	12:06.41	11:14.76	17:54.06	38:27.43
371	7:49.56	10:26.64	12:06.81	11:15.07	17:54.55	38:28.56
370	7:49.82	10:26.93	12:07.20	11:15.38	17:55.04	38:29.69
369	7:50.07	10:27.21	12:07.60	11:15.69	17:55.54	38:30.83
368	7:50.33	10:27.50	12:07.99	11:16.00	17:56.03	38:31.97
367	7:50.59	10:27.79	12:08.39	11:16.31	17:56.53	38:33.11
366	7:50.85	10:28.08	12:08.79	11:16.62	17:57.02	38:34.25
365	7:51.11	10:28.37	12:09.19	11:16.93	17:57.52	38:35.39
364	7:51.36	10:28.66	12:09.59	11:17.25	17:58.02	38:36.53
363	7:51.62	10:28.95	12:09.99	11:17.56	17:58.51	38:37.68
362	7:51.88	10:29.24	12:10.38	11:17.87	17:59.01	38:38.83
361	7:52.14	10:29.53	12:10.79	11:18.19	17:59.51	38:39.98
360	7:52.40	10:29.82	12:11.19	11:18.50	18:00.01	38:41.13
359	7:52.66	10:30.12	12:11.59	11:18.82	18:00.51	38:42.28
358	7:52.93	10:30.41	12:11.99	11:19.13	18:01.01	38:43.43
357	7:53.19	10:30.70	12:12.39	11:19.45	18:01.51	38:44.59
356	7:53.45	10:31.00	12:12.80	11:19.76	18:02.01	38:45.74
355	7:53.71	10:31.29	12:13.20	11:20.08	18:02.52	38:46.90
354	7:53.97	10:31.58	12:13.60	11:20.39	18:03.02	38:48.06
353	7:54.24	10:31.88	12:14.01	11:20.71	18:03.53	38:49.22
352	7:54.50	10:32.17	12:14.41	11:21.03	18:04.03	38:50.39
351	7:54.76	10:32.47	12:14.82	11:21.35	18:04.54	38:51.55

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:55.03	10:32.76	12:15.23	11:21.67	18:05.04	38:52.72	350
7:55.29	10:33.06	12:15.63	11:21.98	18:05.55	38:53.89	349
7:55.56	10:33.36	12:16.04	11:22.30	18:06.06	38:55.06	348
7:55.82	10:33.65	12:16.45	11:22.62	18:06.57	38:56.23	347
7:56.09	10:33.95	12:16.86	11:22.94	18:07.08	38:57.40	346
7:56.35	10:34.25	12:17.27	11:23.27	18:07.59	38:58.58	345
7:56.62	10:34.55	12:17.68	11:23.59	18:08.10	38:59.76	344
7:56.89	10:34.85	12:18.09	11:23.91	18:08.61	39:00.93	343
7:57.15	10:35.15	12:18.50	11:24.23	18:09.12	39:02.11	342
7:57.42	10:35.45	12:18.91	11:24.55	18:09.64	39:03.30	341
7:57.69	10:35.75	12:19.32	11:24.88	18:10.15	39:04.48	340
7:57.96	10:36.05	12:19.74	11:25.20	18:10.67	39:05.67	339
7:58.23	10:36.35	12:20.15	11:25.52	18:11.18	39:06.85	338
7:58.49	10:36.65	12:20.56	11:25.85	18:11.70	39:08.04	337
7:58.76	10:36.95	12:20.98	11:26.17	18:12.22	39:09.23	336
7:59.03	10:37.25	12:21.39	11:26.50	18:12.73	39:10.42	335
7:59.30	10:37.56	12:21.81	11:26.83	18:13.25	39:11.62	334
7:59.58	10:37.86	12:22.23	11:27.15	18:13.77	39:12.81	333
7:59.85	10:38.16	12:22.64	11:27.48	18:14.29	39:14.01	332
8:00.12	10:38.47	12:23.06	11:27.81	18:14.81	39:15.21	331
8:00.39	10:38.77	12:23.48	11:28.13	18:15.34	39:16.41	330
8:00.66	10:39.08	12:23.90	11:28.46	18:15.86	39:17.62	329
8:00.93	10:39.38	12:24.32	11:28.79	18:16.38	39:18.82	328
8:01.21	10:39.69	12:24.74	11:29.12	18:16.91	39:20.03	327
8:01.48	-	12:25.16	11:29.45	18:17.43	39:21.24	326
8:01.76	10:40.30	12:25.58	11:29.78	18:17.96	39:22.45	325
8:02.03	10:40.61	12:26.01	11:30.11	18:18.48	39:23.66	324
8:02.30	10:40.92	12:26.43	11:30.44	18:19.01	39:24.88	323
8:02.58	10:41.23	12:26.85	11:30.78	18:19.54	39:26.09	322
8:02.86	10:41.53	12:27.28	11:31.11	18:20.07	39:27.31	321
8:03.13	10:41.84	12:27.70	11:31.44	18:20.60	39:28.53	320
8:03.41	10:42.15	12:28.13	11:31.78	18:21.13	39:29.75	319
8:03.69	10:42.46	12:28.56	11:32.11	18:21.66	39:30.98	318
8:03.96	10:42.78	12:28.98	11:32.45	18:22.19	39:32.20	317
8:04.24	10:43.09	12:29.41	11:32.78	18:22.73	39:33.43	316
8:04.52	10:43.40	12:29.84	11:33.12	18:23.26	39:34.66	315
8:04.80	10:43.71	12:30.27	11:33.45	18:23.79	39:35.89	314
8:05.08	10:44.02	12:30.70	11:33.79	18:24.33	39:37.12	313
8:05.36	10:44.34	12:31.13	11:34.13	18:24.87	39:38.36	312
8:05.64	10:44.65	12:31.56	11:34.46	18:25.40	39:39.60	311
8:05.92	10:44.96	12:31.99	11:34.80	18:25.94	39:40.84	310
8:06.20	10:45.28	12:32.42	11:35.14	18:26.48	39:42.08	309
8:06.48	10:45.59	12:32.86	11:35.48	18:27.02	39:43.32	308
8:06.76	10:45.91	12:33.29	11:35.82	18:27.56	39:44.57	307
8:07.04	10:46.23	12:33.73	11:36.16	18:28.10	39:45.82	306
8:07.33	10:46.54	12:34.16	11:36.50	18:28.65	39:47.07	305
8:07.61	10:46.86	12:34.60	11:36.84	18:29.19	39:48.32	304
8:07.89	10:47.18	12:35.03	11:37.19	18:29.74	39:49.57	303
8:08.18	10:47.50	12:35.47	11:37.53	18:30.28	39:50.83	302
8:08.46	10:47.82	12:35.91	11:37.87	18:30.83	39:52.09	301

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
300	8:08.75	10:48.14	12:36.35	11:38.22	18:31.37	39:53.35
299	8:09.03	10:48.46	12:36.79	11:38.56	18:31.92	39:54.61
298	8:09.32	10:48.78	12:37.23	11:38.91	18:32.47	39:55.87
297	8:09.61	10:49.10	12:37.67	11:39.25	18:33.02	39:57.14
296	8:09.89	10:49.42	12:38.11	11:39.60	18:33.57	39:58.41
295	8:10.18	10:49.74	12:38.56	11:39.95	18:34.12	39:59.68
294	8:10.47	10:50.06	12:39.00	11:40.29	18:34.68	40:00.95
293	8:10.76	10:50.39	12:39.44	11:40.64	18:35.23	40:02.22
292	8:11.05	10:50.71	12:39.89	11:40.99	18:35.79	40:03.50
291	8:11.34	10:51.04	12:40.33	11:41.34	18:36.34	40:04.78
290	8:11.63	10:51.36	12:40.78	11:41.69	18:36.90	40:06.06
289	8:11.92	10:51.69	12:41.23	11:42.04	18:37.46	40:07.35
288	8:12.21	10:52.01	12:41.68	11:42.39	18:38.01	40:08.63
287	8:12.50	10:52.34	12:42.13	11:42.74	18:38.57	40:09.92
286	8:12.79	10:52.67	12:42.57	11:43.10	18:39.13	40:11.21
285	8:13.08	10:52.99	12:43.03	11:43.45	18:39.70	40:12.50
284	8:13.38	10:53.32	12:43.48	11:43.80	18:40.26	40:13.80
283	8:13.67	10:53.65	12:43.93	11:44.16	18:40.82	40:15.10
282	8:13.96	10:53.98	12:44.38	11:44.51	18:41.39	40:16.40
281	8:14.26	10:54.31	12:44.84	11:44.87	18:41.95	40:17.70
280	8:14.55	10:54.64	12:45.29	11:45.22	18:42.52	40:19.00
279	8:14.85	10:54.97	12:45.74	11:45.58	18:43.08	40:20.31
278	8:15.15	10:55.30	12:46.20	11:45.94	18:43.65	40:21.62
277	8:15.44	10:55.64	12:46.66	11:46.29	18:44.22	40:22.93
276	8:15.74	10:55.97	12:47.12	11:46.65	18:44.79	40:24.24
275	8:16.04	10:56.30	12:47.57	11:47.01	18:45.36	40:25.56
274	8:16.34	10:56.64	12:48.03	11:47.37	18:45.94	40:26.88
273	8:16.64	10:56.97	12:48.49	11:47.73	18:46.51	40:28.20
272	8:16.94	10:57.31	12:48.95	11:48.09	18:47.09	40:29.52
271	8:17.24	10:57.64	12:49.42	11:48.46	18:47.66	40:30.85
270	8:17.54	10:57.98	12:49.88	11:48.82	18:48.24	40:32.17
269	8:17.84	10:58.32	12:50.34	11:49.18	18:48.82	40:33.50
268	8:18.14	10:58.66	12:50.81	11:49.55	18:49.40	40:34.84
267	8:18.44	10:59.00	12:51.27	11:49.91	18:49.98	40:36.17
266	8:18.74	10:59.33	12:51.74	11:50.28	18:50.56	40:37.51
265	8:19.05	10:59.67	12:52.21	11:50.64	18:51.14	40:38.85
264	8:19.35	11:00.02	12:52.67	11:51.01	18:51.72	40:40.19
263	8:19.66	11:00.36	12:53.14	11:51.38	18:52.31	40:41.54
262	8:19.96	11:00.70	12:53.61	11:51.74	18:52.89	40:42.89
261	8:20.27	11:01.04	12:54.08	11:52.11	18:53.48	40:44.24
260	8:20.57	11:01.38	12:54.55	11:52.48	18:54.07	40:45.59
259	8:20.88	11:01.73	12:55.03	11:52.85	18:54.65	40:46.95
258	8:21.19	11:02.07	12:55.50	11:53.22	18:55.24	40:48.31
257	8:21.50	11:02.42	12:55.97	11:53.59	18:55.84	40:49.67
256	8:21.80	11:02.76	12:56.45	11:53.97	18:56.43	40:51.03
255	8:22.11	11:03.11	12:56.93	11:54.34	18:57.02	40:52.40
254	8:22.42	11:03.46	12:57.40	11:54.71	18:57.62	40:53.77
253	8:22.73	11:03.80	12:57.88	11:55.09	18:58.21	40:55.14
252	8:23.04	11:04.15	12:58.36	11:55.46	18:58.81	40:56.51
251	8:23.36	11:04.50	12:58.84	11:55.84	18:59.41	40:57.89

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
8:23.67	11:04.85	12:59.32	11:56.22	19:00.01	40:59.27	250
8:23.98	11:05.20	12:59.80	11:56.59	19:00.61	41:00.65	249
8:24.30	11:05.55	13:00.29	11:56.97	19:01.21	41:02.04	248
8:24.61	11:05.91	13:00.77	11:57.35	19:01.81	41:03.43	247
8:24.92	11:06.26	13:01.25	11:57.73	19:02.42	41:04.82	246
8:25.24	11:06.61	13:01.74	11:58.11	19:03.02	41:06.21	245
8:25.56	11:06.97	13:02.23	11:58.49	19:03.63	41:07.61	244
8:25.87	11:07.32	13:02.71	11:58.88	19:04.24	41:09.01	243
8:26.19	11:07.68	13:03.20	11:59.26	19:04.85	41:10.41	242
8:26.51	11:08.03	13:03.69	11:59.64	19:05.46	41:11.82	241
8:26.83	11:08.39	13:04.18	12:00.03	19:06.07	41:13.23	240
8:27.15	11:08.75	13:04.68	12:00.41	19:06.68	41:14.64	239
8:27.47	11:09.11	13:05.17	12:00.80	19:07.30	41:16.05	238
8:27.79	11:09.47	13:05.66	12:01.18	19:07.91	41:17.47	237
8:28.11	11:09.83	13:06.16	12:01.57	19:08.53	41:18.89	236
8:28.43	11:10.19	13:06.65	12:01.96	19:09.15	41:20.31	235
8:28.75	11:10.55	13:07.15	12:02.35	19:09.77	41:21.74	234
8:29.08	11:10.91	13:07.65	12:02.74	19:10.39	41:23.17	233
8:29.40	11:11.28	13:08.15	12:03.13	19:11.01	41:24.60	232
8:29.73	11:11.64	13:08.65	12:03.52	19:11.63	41:26.04	231
8:30.05	11:12.00	13:09.15	12:03.92	19:12.26	41:27.48	230
8:30.38	11:12.37	13:09.65	12:04.31	19:12.88	41:28.92	229
8:30.71	11:12.74	13:10.15	12:04.70	19:13.51	41:30.36	228
8:31.03	11:13.10	13:10.66	12:05.10	19:14.14	41:31.81	227
8:31.36	11:13.47	13:11.16	12:05.50	19:14.77	41:33.26	226
8:31.69	11:13.84	13:11.67	12:05.89	19:15.40	41:34.72	225
8:32.02	11:14.21	13:12.18	12:06.29	19:16.03	41:36.17	224
8:32.35	11:14.58	13:12.69	12:06.69	19:16.67	41:37.64	223
8:32.68	11:14.95	13:13.20	12:07.09	19:17.31	41:39.10	222
8:33.01	11:15.32	13:13.71	12:07.49	19:17.94	41:40.57	221
8:33.35	11:15.70	13:14.22	12:07.89	19:18.58	41:42.04	220
8:33.68	11:16.07	13:14.74	12:08.30	19:19.22	41:43.51	219
8:34.02	11:16.45	13:15.25	12:08.70	19:19.86	41:44.99	218
8:34.35	11:16.82	13:15.77	12:09.10	19:20.51	41:46.47	217
8:34.69	11:17.20	13:16.28	12:09.51	19:21.15	41:47.96	216
8:35.02	11:17.57	13:16.80	12:09.91	19:21.80	41:49.44	215
8:35.36	11:17.95	13:17.32	12:10.32	19:22.45	41:50.94	214
8:35.70	11:18.33	13:17.84	12:10.73	19:23.09	41:52.43	213
8:36.04	11:18.71	13:18.37	12:11.14	19:23.75	41:53.93	212
8:36.38	11:19.09	13:18.89	12:11.55	19:24.40	41:55.43	211
8:36.72	11:19.47	13:19.41	12:11.96	19:25.05	41:56.94	210
8:37.06	11:19.86	13:19.94	12:12.37	19:25.71	41:58.45	209
8:37.40	11:20.24	13:20.47	12:12.78	19:26.36	41:59.96	208
8:37.75	11:20.63	13:20.99	12:13.20	19:27.02	42:01.47	207
8:38.09	11:21.01	13:21.52	12:13.61	19:27.68	42:02.99	206
8:38.44	11:21.40	13:22.06	12:14.03	19:28.34	42:04.52	205
8:38.78	11:21.78	13:22.59	12:14.45	19:29.01	42:06.05	204
8:39.13	11:22.17	13:23.12	12:14.86	19:29.67	42:07.58	203
8:39.48	11:22.56	13:23.66	12:15.28	19:30.34	42:09.11	202
8:39.82	11:22.95	13:24.19	12:15.70	19:31.01	42:10.65	201

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
200	8:40.17	11:23.34	13:24.73	12:16.13	19:31.68	42:12.19
199	8:40.52	11:23.74	13:25.27	12:16.55	19:32.35	42:13.74
198	8:40.87	11:24.13	13:25.81	12:16.97	19:33.02	42:15.29
197	8:41.23	11:24.52	13:26.35	12:17.40	19:33.70	42:16.84
196	8:41.58	11:24.92	13:26.89	12:17.82	19:34.37	42:18.40
195	8:41.93	11:25.31	13:27.44	12:18.25	19:35.05	42:19.96
194	8:42.29	11:25.71	13:27.98	12:18.67	19:35.73	42:21.53
193	8:42.64	11:26.11	13:28.53	12:19.10	19:36.41	42:23.10
192	8:43.00	11:26.51	13:29.08	12:19.53	19:37.10	42:24.68
191	8:43.35	11:26.91	13:29.63	12:19.96	19:37.78	42:26.25
190	8:43.71	11:27.31	13:30.18	12:20.40	19:38.47	42:27.84
189	8:44.07	11:27.71	13:30.73	12:20.83	19:39.16	42:29.42
188	8:44.43	11:28.12	13:31.29	12:21.26	19:39.85	42:31.01
187	8:44.79	11:28.52	13:31.84	12:21.70	19:40.54	42:32.61
186	8:45.16	11:28.93	13:32.40	12:22.14	19:41.24	42:34.21
185	8:45.52	11:29.33	13:32.96	12:22.57	19:41.94	42:35.81
184	8:45.88	11:29.74	13:33.52	12:23.01	19:42.63	42:37.42
183	8:46.25	11:30.15	13:34.08	12:23.45	19:43.33	42:39.03
182	8:46.61	11:30.56	13:34.64	12:23.89	19:44.04	42:40.65
181	8:46.98	11:30.97	13:35.21	12:24.34	19:44.74	42:42.27
180	8:47.35	11:31.38	13:35.78	12:24.78	19:45.45	42:43.90
179	8:47.72	11:31.80	13:36.34	12:25.23	19:46.15	42:45.53
178	8:48.09	11:32.21	13:36.91	12:25.67	19:46.86	42:47.16
177	8:48.46	11:32.63	13:37.49	12:26.12	19:47.58	42:48.80
176	8:48.83	11:33.04	13:38.06	12:26.57	19:48.29	42:50.45
175	8:49.20	11:33.46	13:38.63	12:27.02	19:49.01	42:52.09
174	8:49.58	11:33.88	13:39.21	12:27.47	19:49.73	42:53.75
173	8:49.95	11:34.30	13:39.79	12:27.92	19:50.45	42:55.41
172	8:50.33	11:34.72	13:40.37	12:28.38	19:51.17	42:57.07
171	8:50.71	11:35.14	13:40.95	12:28.83	19:51.89	42:58.74
170	8:51.08	11:35.57	13:41.53	12:29.29	19:52.62	43:00.41
169	8:51.46	11:35.99	13:42.11	12:29.75	19:53.35	43:02.09
168	8:51.85	11:36.42	13:42.70	12:30.21	19:54.08	43:03.77
167	8:52.23	11:36.85	13:43.29	12:30.67	19:54.81	43:05.46
166	8:52.61	11:37.28	13:43.88	12:31.13	19:55.55	43:07.15
165	8:52.99	11:37.71	13:44.47	12:31.59	19:56.28	43:08.85
164	8:53.38	11:38.14	13:45.06	12:32.06	19:57.02	43:10.55
163	8:53.77	11:38.57	13:45.66	12:32.52	19:57.77	43:12.26
162	8:54.15	11:39.01	13:46.26	12:32.99	19:58.51	43:13.97
161	8:54.54	11:39.44	13:46.86	12:33.46	19:59.26	43:15.69
160	8:54.93	11:39.88	13:47.46	12:33.93	20:00.00	43:17.42
159	8:55.33	11:40.32	13:48.06	12:34.40	20:00.76	43:19.15
158	8:55.72	11:40.76	13:48.66	12:34.88	20:01.51	43:20.88
157	8:56.11	11:41.20	13:49.27	12:35.35	20:02.27	43:22.62
156	8:56.51	11:41.64	13:49.88	12:35.83	20:03.02	43:24.37
155	8:56.90	11:42.09	13:50.49	12:36.31	20:03.78	43:26.12
154	8:57.30	11:42.53	13:51.10	12:36.79	20:04.55	43:27.88
153	8:57.70	11:42.98	13:51.71	12:37.27	20:05.31	43:29.64
152	8:58.10	11:43.43	13:52.33	12:37.75	20:06.08	43:31.41
151	8:58.50	11:43.88	13:52.95	12:38.24	20:06.85	43:33.18

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
8:58.91	11:44.33	13:53.57	12:38.72	20:07.63	43:34.96	150
8:59.31	11:44.78	13:54.19	12:39.21	20:08.40	43:36.75	149
8:59.72	11:45.24	13:54.82	12:39.70	20:09.18	43:38.54	148
9:00.12	11:45.69	13:55.44	12:40.19	20:09.96	43:40.34	147
9:00.53	11:46.15	13:56.07	12:40.68	20:10.74	43:42.14	146
9:00.94	11:46.61	13:56.70	12:41.18	20:11.53	43:43.96	145
9:01.35	11:47.07	13:57.34	12:41.67	20:12.32	43:45.77	144
9:01.76	11:47.53	13:57.97	12:42.17	20:13.11	43:47.60	143
9:02.18	11:48.00	13:58.61	12:42.67	20:13.91	43:49.43	142
9:02.59	11:48.46	13:59.25	12:43.17	20:14.70	43:51.26	141
9:03.01	11:48.93	13:59.89	12:43.68	20:15.50	43:53.10	140
9:03.43	11:49.40	14:00.54	12:44.18	20:16.31	43:54.95	139
9:03.85	11:49.87	14:01.18	12:44.69	20:17.11	43:56.81	138
9:04.27	11:50.34	14:01.83	12:45.20	20:17.92	43:58.67	137
9:04.69	11:50.82	14:02.48	12:45.71	20:18.73	44:00.54	136
9:05.12	11:51.29	14:03.14	12:46.22	20:19.55	44:02.42	135
9:05.55	11:51.77	14:03.79	12:46.73	20:20.37	44:04.30	134
9:05.97	11:52.25	14:04.45	12:47.25	20:21.19	44:06.19	133
9:06.40	11:52.73	14:05.11	12:47.77	20:22.01	44:08.09	132
9:06.83	11:53.21	14:05.78	12:48.29	20:22.84	44:09.99	131
9:07.27	11:53.70	14:06.44	12:48.81	20:23.67	44:11.91	130
9:07.70	11:54.18	14:07.11	12:49.33	20:24.50	44:13.83	129
9:08.14	11:54.67	14:07.78	12:49.86	20:25.34	44:15.75	128
9:08.57	11:55.16	14:08.46	12:50.39	20:26.18	44:17.69	127
9:09.01	11:55.66	14:09.13	12:50.92	20:27.02	44:19.63	126
9:09.46	11:56.15	14:09.81	12:51.45	20:27.87	44:21.58	125
9:09.90	11:56.65	14:10.49	12:51.98	20:28.72	44:23.54	124
9:10.34	11:57.15	14:11.18	12:52.52	20:29.58	44:25.50	123
9:10.79	11:57.65	14:11.87	12:53.06	20:30.43	44:27.48	122
9:11.24	11:58.15	14:12.56	12:53.60	20:31.29	44:29.46	121
9:11.69	11:58.65	14:13.25	12:54.14	20:32.16	44:31.45	120
9:12.14	11:59.16	14:13.95	12:54.69	20:33.03	44:33.45	119
9:12.60	11:59.67	14:14.65	12:55.24	20:33.90	44:35.45	118
9:13.05	12:00.18	14:15.35	12:55.79	20:34.77	44:37.47	117
9:13.51	12:00.69	14:16.05	12:56.34	20:35.65	44:39.49	116
9:13.97	12:01.21	14:16.76	12:56.89	20:36.53	44:41.52	115
9:14.43	12:01.73	14:17.47	12:57.45	20:37.42	44:43.56	114
9:14.90	12:02.25	14:18.19	12:58.01	20:38.31	44:45.61	113
9:15.36	12:02.77	14:18.91	12:58.57	20:39.20	44:47.67	112
9:15.83	12:03.29	14:19.63	12:59.14	20:40.10	44:49.74	111
9:16.30	12:03.82	14:20.35	12:59.71	20:41.01	44:51.82	110
9:16.77	12:04.35	14:21.08	13:00.28	20:41.91	44:53.91	109
9:17.25	12:04.88	14:21.81	13:00.85	20:42.82	44:56.01	108
9:17.72	12:05.41	14:22.54	13:01.42	20:43.74	44:58.11	107
9:18.20	12:05.95	14:23.28	13:02.00	20:44.66	45:00.23	106
9:18.68	12:06.49	14:24.02	13:02.58	20:45.58	45:02.35	105
9:19.17	12:07.03	14:24.76	13:03.17	20:46.51	45:04.49	104
9:19.65	12:07.58	14:25.51	13:03.75	20:47.44	45:06.64	103
9:20.14	12:08.12	14:26.26	13:04.34	20:48.38	45:08.80	102
9:20.63	12:08.67	14:27.02	13:04.93	20:49.32	45:10.96	101

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
100	9:21.13	12:09.23	14:27.78	13:05.53	20:50.27	45:13.14
99	9:21.62	12:09.78	14:28.54	13:06.13	20:51.22	45:15.33
98	9:22.12	12:10.34	14:29.31	13:06.73	20:52.17	45:17.53
97	9:22.62	12:10.90	14:30.08	13:07.33	20:53.13	45:19.75
96	9:23.12	12:11.46	14:30.85	13:07.94	20:54.10	45:21.97
95	9:23.63	12:12.03	14:31.63	13:08.55	20:55.07	45:24.20
94	9:24.14	12:12.60	14:32.42	13:09.16	20:56.05	45:26.45
93	9:24.65	12:13.17	14:33.20	13:09.78	20:57.03	45:28.71
92	9:25.16	12:13.75	14:33.99	13:10.40	20:58.01	45:30.98
91	9:25.68	12:14.33	14:34.79	13:11.02	20:59.01	45:33.26
90	9:26.20	12:14.91	14:35.59	13:11.65	21:00.00	45:35.56
89	9:26.72	12:15.50	14:36.40	13:12.28	21:01.00	45:37.87
88	9:27.25	12:16.08	14:37.20	13:12.91	21:02.01	45:40.19
87	9:27.78	12:16.68	14:38.02	13:13.55	21:03.03	45:42.53
86	9:28.31	12:17.27	14:38.84	13:14.19	21:04.05	45:44.88
85	9:28.84	12:17.87	14:39.66	13:14.84	21:05.07	45:47.24
84	9:29.38	12:18.47	14:40.49	13:15.48	21:06.11	45:49.61
83	9:29.92	12:19.08	14:41.32	13:16.14	21:07.14	45:52.00
82	9:30.46	12:19.69	14:42.16	13:16.79	21:08.19	45:54.41
81	9:31.01	12:20.30	14:43.00	13:17.45	21:09.24	45:56.83
80	9:31.56	12:20.92	14:43.85	13:18.12	21:10.30	45:59.26
79	9:32.12	12:21.54	14:44.70	13:18.79	21:11.36	46:01.71
78	9:32.68	12:22.17	14:45.56	13:19.46	21:12.43	46:04.18
77	9:33.24	12:22.79	14:46.43	13:20.14	21:13.51	46:06.66
76	9:33.80	12:23.43	14:47.30	13:20.82	21:14.59	46:09.16
75	9:34.37	12:24.07	14:48.17	13:21.51	21:15.68	46:11.67
74	9:34.94	12:24.71	14:49.05	13:22.20	21:16.78	46:14.20
73	9:35.52	12:25.35	14:49.94	13:22.89	21:17.89	46:16.75
72	9:36.10	12:26.00	14:50.84	13:23.59	21:19.00	46:19.31
71	9:36.69	12:26.66	14:51.74	13:24.30	21:20.13	46:21.90
70	9:37.27	12:27.32	14:52.64	13:25.01	21:21.26	46:24.50
69	9:37.87	12:27.98	14:53.56	13:25.72	21:22.39	46:27.12
68	9:38.47	12:28.65	14:54.47	13:26.44	21:23.54	46:29.76
67	9:39.07	12:29.33	14:55.40	13:27.17	21:24.70	46:32.42
66	9:39.67	12:30.01	14:56.33	13:27.90	21:25.86	46:35.09
65	9:40.28	12:30.69	14:57.27	13:28.64	21:27.03	46:37.79
64	9:40.90	12:31.38	14:58.22	13:29.38	21:28.21	46:40.51
63	9:41.52	12:32.07	14:59.18	13:30.13	21:29.40	46:43.25
62	9:42.15	12:32.77	15:00.14	13:30.88	21:30.60	46:46.02
61	9:42.78	12:33.48	15:01.11	13:31.64	21:31.81	46:48.80
60	9:43.41	12:34.19	15:02.09	13:32.41	21:33.03	46:51.61
59	9:44.05	12:34.91	15:03.08	13:33.18	21:34.26	46:54.44
58	9:44.70	12:35.64	15:04.07	13:33.96	21:35.50	46:57.30
57	9:45.35	12:36.37	15:05.07	13:34.75	21:36.75	47:00.18
56	9:46.01	12:37.10	15:06.09	13:35.54	21:38.01	47:03.08
55	9:46.67	12:37.85	15:07.11	13:36.34	21:39.29	47:06.02
54	9:47.34	12:38.60	15:08.14	13:37.15	21:40.57	47:08.98
53	9:48.02	12:39.35	15:09.18	13:37.97	21:41.87	47:11.96
52	9:48.70	12:40.12	15:10.23	13:38.79	21:43.18	47:14.98
51	9:49.39	12:40.89	15:11.29	13:39.62	21:44.50	47:18.02



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
9:50.08	12:41.67	15:12.36	13:40.46	21:45.84	47:21.09	50
9:50.79	12:42.46	15:13.44	13:41.31	21:47.18	47:24.20	49
9:51.50	12:43.25	15:14.54	13:42.16	21:48.55	47:27.34	48
9:52.21	12:44.06	15:15.64	13:43.03	21:49.92	47:30.50	47
9:52.94	12:44.87	15:16.76	13:43.90	21:51.31	47:33.71	46
9:53.67	12:45.69	15:17.89	13:44.79	21:52.72	47:36.95	45
9:54.41	12:46.52	15:19.03	13:45.68	21:54.14	47:40.22	44
9:55.16	12:47.36	15:20.18	13:46.59	21:55.58	47:43.53	43
9:55.92	12:48.21	15:21.35	13:47.50	21:57.04	47:46.88	42
9:56.69	12:49.07	15:22.53	13:48.43	21:58.51	47:50.27	41
9:57.46	12:49.94	15:23.73	13:49.36	22:00.00	47:53.71	40
9:58.25	12:50.82	15:24.94	13:50.31	22:01.51	47:57.18	39
9:59.05	12:51.71	15:26.16	13:51.27	22:03.04	48:00.70	38
9:59.86	12:52.62	15:27.41	13:52.25	22:04.59	48:04.27	37
10:00.67	12:53.53	15:28.67	13:53.23	22:06.16	48:07.88	36
10:01.50	12:54.46	15:29.94	13:54.24	22:07.75	48:11.55	35
10:02.34	12:55.41	15:31.24	13:55.25	22:09.36	48:15.27	34
10:03.20	12:56.36	15:32.55	13:56.28	22:11.00	48:19.04	33
10:04.07	12:57.33	15:33.89	13:57.33	22:12.67	48:22.87	32
10:04.95	12:58.32	15:35.24	13:58.39	22:14.36	48:26.77	31
10:05.84	12:59.32	15:36.62	13:59.47	22:16.08	48:30.72	30
10:06.75	13:00.34	15:38.02	14:00.57	22:17.82	48:34.74	29
10:07.68	13:01.38	15:39.45	14:01.68	22:19.60	48:38.83	28
10:08.62	13:02.44	15:40.90	14:02.82	22:21.41	48:43.00	27
10:09.58	13:03.51	15:42.38	14:03.98	22:23.25	48:47.24	26
10:10.56	13:04.61	15:43.89	14:05.16	22:25.13	48:51.57	25
10:11.56	13:05.73	15:45.42	14:06.37	22:27.05	48:55.98	24
10:12.58	13:06.87	15:46.99	14:07.60	22:29.00	49:00.49	23
10:13.62	13:08.04	15:48.60	14:08.85	22:31.00	49:05.09	22
10:14.69	13:09.23	15:50.24	14:10.14	22:33.05	49:09.80	21
10:15.78	13:10.46	15:51.92	14:11.46	22:35.15	49:14.63	20
10:16.90	13:11.71	15:53.65	14:12.81	22:37.29	49:19.58	19
10:18.05	13:13.00	15:55.42	14:14.19	22:39.50	49:24.65	18
10:19.23	13:14.32	15:57.23	14:15.62	22:41.77	49:29.88	17
10:20.45	13:15.69	15:59.11	14:17.09	22:44.10	49:35.25	16
10:21.70	13:17.09	16:01.04	14:18.60	22:46.51	49:40.80	15
10:23.00	13:18.55	16:03.04	14:20.17	22:49.00	49:46.54	14
10:24.35	13:20.06	16:05.11	14:21.79	22:51.59	49:52.49	13
10:25.75	13:21.62	16:07.27	14:23.48	22:54.27	49:58.67	12
10:27.20	13:23.26	16:09.51	14:25.24	22:57.07	50:05.11	11
10:28.73	13:24.97	16:11.86	14:27.08	23:00.00	50:11.85	10
10:30.33	13:26.76	16:14.33	14:29.01	23:03.08	50:18.94	9
10:32.03	13:28.66	16:16.94	14:31.06	23:06.33	50:26.43	8
10:33.84	13:30.69	16:19.72	14:33.24	23:09.80	50:34.41	7
10:35.78	13:32.86	16:22.71	14:35.58	23:13.52	50:42.99	6
10:37.89	13:35.23	16:25.96	14:38.13	23:17.57	50:52.31	5
10:40.22	13:37.84	16:29.55	14:40.94	23:22.05	51:02.62	4
10:42.87	13:40.81	16:33.63	14:44.14	23:27.13	51:14.33	3
10:46.01	13:44.33	16:38.47	14:47.93	23:33.16	51:28.21	2
10:50.11	13:48.92	16:44.77	14:52.87	23:41.02	51:46.31	1



# **Men's Road Running**

## **Hommes Courses sur Route**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1400	25:22	38:43	41:40	52:15	55:15	1:06:26	1:20:59	1:57:18	5:40:36
1399	-	38:44	41:41	52:16	55:16	1:06:28	1:21:01	1:57:21	5:40:46
1398	25:23	38:45	41:42	52:17	55:17	1:06:30	1:21:03	1:57:24	5:40:56
1397	25:24	38:46	41:43	52:19	55:19	1:06:31	1:21:05	1:57:27	5:41:06
1396	-	-	41:44	52:20	55:20	1:06:33	1:21:07	1:57:30	5:41:16
1395	25:25	38:47	41:45	52:21	55:21	1:06:34	1:21:10	1:57:33	5:41:26
1394	-	38:48	41:46	52:22	55:23	1:06:36	1:21:12	1:57:36	5:41:36
1393	25:26	38:49	41:47	52:24	55:24	1:06:38	1:21:14	1:57:39	5:41:46
1392	-	38:50	41:48	52:25	55:25	1:06:39	1:21:16	1:57:43	5:41:56
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
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27:22	41:51	45:03	56:33	59:48	1:12:02	1:27:58	2:07:50	6:15:14	1201

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1200	27:23	41:52	45:04	56:34	59:50	1:12:04	1:28:00	2:07:53	6:15:25
1199	-	41:53	45:05	56:35	59:51	1:12:06	1:28:02	2:07:56	6:15:36
1198	27:24	41:54	45:06	56:37	59:52	1:12:07	1:28:04	2:08:00	6:15:47
1197	-	41:55	45:07	56:38	59:54	1:12:09	1:28:07	2:08:03	6:15:57
1196	27:25	-	45:08	56:39	59:55	1:12:11	1:28:09	2:08:06	6:16:08
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1192	27:28	41:59	45:13	56:45	1:00:01	1:12:18	1:28:18	2:08:20	6:16:52
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1151	27:54	42:40	45:57	57:41	1:01:00	1:13:31	1:29:48	2:10:37	6:24:23



10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
-	42:41	45:58	57:42	1:01:02	1:13:32	1:29:51	2:10:40	6:24:34	1150
27:55	42:42	45:59	57:43	1:01:03	1:13:34	1:29:53	2:10:43	6:24:45	1149
27:56	42:43	46:00	57:45	1:01:05	1:13:36	1:29:55	2:10:47	6:24:56	1148
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28:26	43:31	46:51	58:50	1:02:14	1:15:01	1:31:41	2:13:27	6:33:44	1101

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1100	28:27	43:32	46:52	58:52	1:02:16	1:15:03	1:31:44	2:13:31	6:33:55
1099	-	43:33	46:53	58:53	1:02:17	1:15:05	1:31:46	2:13:34	6:34:06
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1097	28:29	43:35	46:56	58:56	1:02:20	1:15:09	1:31:50	2:13:41	6:34:29
1096	-	43:36	46:57	58:57	1:02:22	1:15:10	1:31:53	2:13:44	6:34:40
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1094	28:31	43:38	46:59	59:00	1:02:25	1:15:14	1:31:57	2:13:51	6:35:03
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1092	28:32	43:40	47:01	59:03	1:02:28	1:15:18	1:32:02	2:13:58	6:35:26
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1052	28:59	44:22	47:46	1:00:00	1:03:28	1:16:32	1:33:34	2:16:18	6:43:06
1051	-	44:23	47:47	1:00:01	1:03:30	1:16:34	1:33:37	2:16:22	6:43:17

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1000	29:34	45:17	48:46	1:01:16	1:04:48	1:18:11	1:35:38	2:19:24	6:53:17
999	29:35	45:18	48:47	1:01:17	1:04:50	1:18:13	1:35:40	2:19:27	6:53:29
998	-	45:19	48:48	1:01:19	1:04:52	1:18:15	1:35:42	2:19:31	6:53:41
997	29:36	45:20	48:49	1:01:20	1:04:53	1:18:17	1:35:45	2:19:35	6:53:52
996	29:37	45:21	48:50	1:01:22	1:04:55	1:18:18	1:35:47	2:19:38	6:54:04
995	-	45:22	48:52	1:01:23	1:04:56	1:18:20	1:35:50	2:19:42	6:54:16
994	29:38	45:23	48:53	1:01:25	1:04:58	1:18:22	1:35:52	2:19:45	6:54:28
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991	29:40	45:27	48:56	1:01:29	1:05:03	1:18:28	1:35:59	2:19:56	6:55:04
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989	-	45:29	48:59	1:01:32	1:05:06	1:18:32	1:36:04	2:20:04	6:55:28
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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-	47:04	50:41	1:03:43	1:07:24	1:21:22	1:39:36	2:25:24	7:13:01	903
30:43	47:05	50:43	1:03:44	1:07:26	1:21:24	1:39:38	2:25:27	7:13:13	902
30:44	47:06	50:44	1:03:46	1:07:27	1:21:26	1:39:41	2:25:31	7:13:26	901

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
900	-	47:07	50:45	1:03:47	1:07:29	1:21:28	1:39:43	2:25:35	7:13:38
899	30:45	47:08	50:46	1:03:49	1:07:31	1:21:30	1:39:46	2:25:39	7:13:51
898	30:46	47:09	50:47	1:03:50	1:07:32	1:21:32	1:39:49	2:25:43	7:14:03
897	30:47	47:11	50:49	1:03:52	1:07:34	1:21:34	1:39:51	2:25:47	7:14:16
896	-	47:12	50:50	1:03:54	1:07:36	1:21:36	1:39:54	2:25:50	7:14:28
895	30:48	47:13	50:51	1:03:55	1:07:37	1:21:38	1:39:56	2:25:54	7:14:41
894	30:49	47:14	50:52	1:03:57	1:07:39	1:21:40	1:39:59	2:25:58	7:14:54
893	30:50	47:15	50:54	1:03:58	1:07:41	1:21:42	1:40:01	2:26:02	7:15:06
892	-	47:16	50:55	1:04:00	1:07:42	1:21:44	1:40:04	2:26:06	7:15:19
891	30:51	47:17	50:56	1:04:01	1:07:44	1:21:46	1:40:06	2:26:09	7:15:31
890	30:52	47:19	50:57	1:04:03	1:07:46	1:21:48	1:40:09	2:26:13	7:15:44
889	-	47:20	50:59	1:04:05	1:07:47	1:21:50	1:40:11	2:26:17	7:15:57
888	30:53	47:21	51:00	1:04:06	1:07:49	1:21:52	1:40:14	2:26:21	7:16:09
887	30:54	47:22	51:01	1:04:08	1:07:51	1:21:55	1:40:16	2:26:25	7:16:22
886	30:55	47:23	51:02	1:04:09	1:07:52	1:21:57	1:40:19	2:26:29	7:16:35
885	-	47:24	51:03	1:04:11	1:07:54	1:21:59	1:40:22	2:26:33	7:16:47
884	30:56	47:25	51:05	1:04:12	1:07:56	1:22:01	1:40:24	2:26:36	7:17:00
883	30:57	47:27	51:06	1:04:14	1:07:57	1:22:03	1:40:27	2:26:40	7:17:12
882	30:58	47:28	51:07	1:04:15	1:07:59	1:22:05	1:40:29	2:26:44	7:17:25
881	-	47:29	51:08	1:04:17	1:08:01	1:22:07	1:40:32	2:26:48	7:17:38
880	30:59	47:30	51:10	1:04:19	1:08:02	1:22:09	1:40:34	2:26:52	7:17:51
879	31:00	47:31	51:11	1:04:20	1:08:04	1:22:11	1:40:37	2:26:56	7:18:03
878	-	47:32	51:12	1:04:22	1:08:06	1:22:13	1:40:39	2:26:59	7:18:16
877	31:01	47:33	51:13	1:04:23	1:08:07	1:22:15	1:40:42	2:27:03	7:18:29
876	31:02	47:35	51:15	1:04:25	1:08:09	1:22:17	1:40:45	2:27:07	7:18:41
875	31:03	47:36	51:16	1:04:27	1:08:11	1:22:19	1:40:47	2:27:11	7:18:54
874	-	47:37	51:17	1:04:28	1:08:12	1:22:21	1:40:50	2:27:15	7:19:07
873	31:04	47:38	51:18	1:04:30	1:08:14	1:22:23	1:40:52	2:27:19	7:19:20
872	31:05	47:39	51:20	1:04:31	1:08:16	1:22:25	1:40:55	2:27:23	7:19:32
871	31:06	47:40	51:21	1:04:33	1:08:17	1:22:27	1:40:57	2:27:27	7:19:45
870	-	47:41	51:22	1:04:34	1:08:19	1:22:29	1:41:00	2:27:30	7:19:58
869	31:07	47:43	51:23	1:04:36	1:08:21	1:22:31	1:41:02	2:27:34	7:20:11
868	31:08	47:44	51:25	1:04:38	1:08:22	1:22:33	1:41:05	2:27:38	7:20:23
867	31:09	47:45	51:26	1:04:39	1:08:24	1:22:36	1:41:08	2:27:42	7:20:36
866	-	47:46	51:27	1:04:41	1:08:26	1:22:38	1:41:10	2:27:46	7:20:49
865	31:10	47:47	51:28	1:04:42	1:08:27	1:22:40	1:41:13	2:27:50	7:21:02
864	31:11	47:48	51:30	1:04:44	1:08:29	1:22:42	1:41:15	2:27:54	7:21:14
863	31:12	47:50	51:31	1:04:46	1:08:31	1:22:44	1:41:18	2:27:58	7:21:27
862	-	47:51	51:32	1:04:47	1:08:32	1:22:46	1:41:21	2:28:02	7:21:40
861	31:13	47:52	51:33	1:04:49	1:08:34	1:22:48	1:41:23	2:28:05	7:21:53
860	31:14	47:53	51:35	1:04:50	1:08:36	1:22:50	1:41:26	2:28:09	7:22:06
859	-	47:54	51:36	1:04:52	1:08:38	1:22:52	1:41:28	2:28:13	7:22:19
858	31:15	47:55	51:37	1:04:53	1:08:39	1:22:54	1:41:31	2:28:17	7:22:31
857	31:16	47:57	51:38	1:04:55	1:08:41	1:22:56	1:41:33	2:28:21	7:22:44
856	31:17	47:58	51:40	1:04:57	1:08:43	1:22:58	1:41:36	2:28:25	7:22:57
855	-	47:59	51:41	1:04:58	1:08:44	1:23:00	1:41:39	2:28:29	7:23:10
854	31:18	48:00	51:42	1:05:00	1:08:46	1:23:03	1:41:41	2:28:33	7:23:23
853	31:19	48:01	51:43	1:05:01	1:08:48	1:23:05	1:41:44	2:28:37	7:23:36
852	31:20	48:02	51:45	1:05:03	1:08:49	1:23:07	1:41:46	2:28:41	7:23:49
851	-	48:04	51:46	1:05:05	1:08:51	1:23:09	1:41:49	2:28:45	7:24:02

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
31:21	48:05	51:47	1:05:06	1:08:53	1:23:11	1:41:52	2:28:48	7:24:14	850
31:22	48:06	51:48	1:05:08	1:08:54	1:23:13	1:41:54	2:28:52	7:24:27	849
31:23	48:07	51:50	1:05:09	1:08:56	1:23:15	1:41:57	2:28:56	7:24:40	848
-	48:08	51:51	1:05:11	1:08:58	1:23:17	1:41:59	2:29:00	7:24:53	847
31:24	48:09	51:52	1:05:13	1:09:00	1:23:19	1:42:02	2:29:04	7:25:06	846
31:25	48:11	51:53	1:05:14	1:09:01	1:23:21	1:42:05	2:29:08	7:25:19	845
31:26	48:12	51:55	1:05:16	1:09:03	1:23:23	1:42:07	2:29:12	7:25:32	844
-	48:13	51:56	1:05:17	1:09:05	1:23:25	1:42:10	2:29:16	7:25:45	843
31:27	48:14	51:57	1:05:19	1:09:06	1:23:28	1:42:12	2:29:20	7:25:58	842
31:28	48:15	51:59	1:05:21	1:09:08	1:23:30	1:42:15	2:29:24	7:26:11	841
31:29	48:16	52:00	1:05:22	1:09:10	1:23:32	1:42:18	2:29:28	7:26:24	840
-	48:18	52:01	1:05:24	1:09:11	1:23:34	1:42:20	2:29:32	7:26:37	839
31:30	48:19	52:02	1:05:26	1:09:13	1:23:36	1:42:23	2:29:36	7:26:50	838
31:31	48:20	52:04	1:05:27	1:09:15	1:23:38	1:42:26	2:29:40	7:27:03	837
31:32	48:21	52:05	1:05:29	1:09:17	1:23:40	1:42:28	2:29:44	7:27:16	836
-	48:22	52:06	1:05:30	1:09:18	1:23:42	1:42:31	2:29:48	7:27:29	835
31:33	48:23	52:07	1:05:32	1:09:20	1:23:44	1:42:33	2:29:52	7:27:42	834
31:34	48:25	52:09	1:05:34	1:09:22	1:23:46	1:42:36	2:29:56	7:27:55	833
31:35	48:26	52:10	1:05:35	1:09:23	1:23:49	1:42:39	2:29:59	7:28:08	832
-	48:27	52:11	1:05:37	1:09:25	1:23:51	1:42:41	2:30:03	7:28:21	831
31:36	48:28	52:13	1:05:38	1:09:27	1:23:53	1:42:44	2:30:07	7:28:34	830
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31:44	48:40	52:25	1:05:55	1:09:44	1:24:14	1:43:10	2:30:47	7:30:45	820
31:45	48:41	52:27	1:05:56	1:09:46	1:24:16	1:43:13	2:30:51	7:30:58	819
-	48:42	52:28	1:05:58	1:09:48	1:24:18	1:43:16	2:30:55	7:31:11	818
31:46	48:44	52:29	1:06:00	1:09:49	1:24:20	1:43:18	2:30:59	7:31:25	817
31:47	48:45	52:30	1:06:01	1:09:51	1:24:22	1:43:21	2:31:03	7:31:38	816
31:48	48:46	52:32	1:06:03	1:09:53	1:24:25	1:43:24	2:31:07	7:31:51	815
-	48:47	52:33	1:06:05	1:09:55	1:24:27	1:43:26	2:31:11	7:32:04	814
31:49	48:48	52:34	1:06:06	1:09:56	1:24:29	1:43:29	2:31:15	7:32:17	813
31:50	48:50	52:36	1:06:08	1:09:58	1:24:31	1:43:31	2:31:19	7:32:31	812
31:51	48:51	52:37	1:06:09	1:10:00	1:24:33	1:43:34	2:31:23	7:32:44	811
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31:52	48:53	52:39	1:06:13	1:10:03	1:24:37	1:43:39	2:31:31	7:33:10	809
31:53	48:54	52:41	1:06:14	1:10:05	1:24:40	1:43:42	2:31:35	7:33:23	808
31:54	48:55	52:42	1:06:16	1:10:07	1:24:42	1:43:45	2:31:39	7:33:37	807
-	48:57	52:43	1:06:18	1:10:08	1:24:44	1:43:47	2:31:43	7:33:50	806
31:55	48:58	52:45	1:06:19	1:10:10	1:24:46	1:43:50	2:31:47	7:34:03	805
31:56	48:59	52:46	1:06:21	1:10:12	1:24:48	1:43:53	2:31:51	7:34:16	804
31:57	49:00	52:47	1:06:23	1:10:14	1:24:50	1:43:55	2:31:56	7:34:30	803
31:58	49:01	52:49	1:06:24	1:10:15	1:24:52	1:43:58	2:32:00	7:34:43	802
-	49:03	52:50	1:06:26	1:10:17	1:24:55	1:44:01	2:32:04	7:34:56	801

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
800	31:59	49:04	52:51	1:06:28	1:10:19	1:24:57	1:44:04	2:32:08	7:35:10
799	32:00	49:05	52:52	1:06:29	1:10:21	1:24:59	1:44:06	2:32:12	7:35:23
798	32:01	49:06	52:54	1:06:31	1:10:22	1:25:01	1:44:09	2:32:16	7:35:36
797	-	49:07	52:55	1:06:32	1:10:24	1:25:03	1:44:12	2:32:20	7:35:50
796	32:02	49:09	52:56	1:06:34	1:10:26	1:25:05	1:44:14	2:32:24	7:36:03
795	32:03	49:10	52:58	1:06:36	1:10:28	1:25:07	1:44:17	2:32:28	7:36:16
794	32:04	49:11	52:59	1:06:37	1:10:29	1:25:10	1:44:20	2:32:32	7:36:30
793	-	49:12	53:00	1:06:39	1:10:31	1:25:12	1:44:22	2:32:36	7:36:43
792	32:05	49:14	53:02	1:06:41	1:10:33	1:25:14	1:44:25	2:32:40	7:36:56
791	32:06	49:15	53:03	1:06:42	1:10:35	1:25:16	1:44:28	2:32:44	7:37:10
790	32:07	49:16	53:04	1:06:44	1:10:36	1:25:18	1:44:30	2:32:48	7:37:23
789	32:08	49:17	53:05	1:06:46	1:10:38	1:25:20	1:44:33	2:32:52	7:37:37
788	-	49:18	53:07	1:06:47	1:10:40	1:25:23	1:44:36	2:32:56	7:37:50
787	32:09	49:20	53:08	1:06:49	1:10:42	1:25:25	1:44:39	2:33:00	7:38:03
786	32:10	49:21	53:09	1:06:51	1:10:44	1:25:27	1:44:41	2:33:05	7:38:17
785	32:11	49:22	53:11	1:06:52	1:10:45	1:25:29	1:44:44	2:33:09	7:38:30
784	-	49:23	53:12	1:06:54	1:10:47	1:25:31	1:44:47	2:33:13	7:38:44
783	32:12	49:24	53:13	1:06:56	1:10:49	1:25:33	1:44:49	2:33:17	7:38:57
782	32:13	49:26	53:15	1:06:57	1:10:51	1:25:36	1:44:52	2:33:21	7:39:11
781	32:14	49:27	53:16	1:06:59	1:10:52	1:25:38	1:44:55	2:33:25	7:39:24
780	32:15	49:28	53:17	1:07:01	1:10:54	1:25:40	1:44:57	2:33:29	7:39:37
779	-	49:29	53:19	1:07:02	1:10:56	1:25:42	1:45:00	2:33:33	7:39:51
778	32:16	49:31	53:20	1:07:04	1:10:58	1:25:44	1:45:03	2:33:37	7:40:04
777	32:17	49:32	53:21	1:07:06	1:10:59	1:25:46	1:45:06	2:33:41	7:40:18
776	32:18	49:33	53:23	1:07:07	1:11:01	1:25:49	1:45:08	2:33:45	7:40:31
775	-	49:34	53:24	1:07:09	1:11:03	1:25:51	1:45:11	2:33:50	7:40:45
774	32:19	49:35	53:25	1:07:11	1:11:05	1:25:53	1:45:14	2:33:54	7:40:58
773	32:20	49:37	53:26	1:07:12	1:11:07	1:25:55	1:45:16	2:33:58	7:41:12
772	32:21	49:38	53:28	1:07:14	1:11:08	1:25:57	1:45:19	2:34:02	7:41:26
771	32:22	49:39	53:29	1:07:16	1:11:10	1:26:00	1:45:22	2:34:06	7:41:39
770	-	49:40	53:30	1:07:18	1:11:12	1:26:02	1:45:25	2:34:10	7:41:53
769	32:23	49:42	53:32	1:07:19	1:11:14	1:26:04	1:45:27	2:34:14	7:42:06
768	32:24	49:43	53:33	1:07:21	1:11:16	1:26:06	1:45:30	2:34:18	7:42:20
767	32:25	49:44	53:34	1:07:23	1:11:17	1:26:08	1:45:33	2:34:23	7:42:33
766	-	49:45	53:36	1:07:24	1:11:19	1:26:11	1:45:36	2:34:27	7:42:47
765	32:26	49:46	53:37	1:07:26	1:11:21	1:26:13	1:45:38	2:34:31	7:43:01
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763	32:28	49:49	53:40	1:07:29	1:11:24	1:26:17	1:45:44	2:34:39	7:43:28
762	32:29	49:50	53:41	1:07:31	1:11:26	1:26:19	1:45:47	2:34:43	7:43:41
761	-	49:51	53:42	1:07:33	1:11:28	1:26:22	1:45:49	2:34:47	7:43:55
760	32:30	49:53	53:44	1:07:34	1:11:30	1:26:24	1:45:52	2:34:52	7:44:09
759	32:31	49:54	53:45	1:07:36	1:11:32	1:26:26	1:45:55	2:34:56	7:44:22
758	32:32	49:55	53:46	1:07:38	1:11:33	1:26:28	1:45:58	2:35:00	7:44:36
757	32:33	49:56	53:48	1:07:39	1:11:35	1:26:30	1:46:00	2:35:04	7:44:50
756	-	49:58	53:49	1:07:41	1:11:37	1:26:33	1:46:03	2:35:08	7:45:03
755	32:34	49:59	53:50	1:07:43	1:11:39	1:26:35	1:46:06	2:35:12	7:45:17
754	32:35	50:00	53:52	1:07:45	1:11:41	1:26:37	1:46:09	2:35:16	7:45:31
753	32:36	50:01	53:53	1:07:46	1:11:42	1:26:39	1:46:11	2:35:21	7:45:45
752	32:37	50:02	53:54	1:07:48	1:11:44	1:26:41	1:46:14	2:35:25	7:45:58
751	-	50:04	53:56	1:07:50	1:11:46	1:26:44	1:46:17	2:35:29	7:46:12



10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
32:38	50:05	53:57	1:07:51	1:11:48	1:26:46	1:46:20	2:35:33	7:46:26	750
32:39	50:06	53:58	1:07:53	1:11:50	1:26:48	1:46:22	2:35:37	7:46:39	749
32:40	50:07	54:00	1:07:55	1:11:51	1:26:50	1:46:25	2:35:42	7:46:53	748
32:41	50:09	54:01	1:07:57	1:11:53	1:26:53	1:46:28	2:35:46	7:47:07	747
-	50:10	54:02	1:07:58	1:11:55	1:26:55	1:46:31	2:35:50	7:47:21	746
32:42	50:11	54:04	1:08:00	1:11:57	1:26:57	1:46:34	2:35:54	7:47:35	745
32:43	50:12	54:05	1:08:02	1:11:59	1:26:59	1:46:36	2:35:58	7:47:48	744
32:44	50:14	54:07	1:08:03	1:12:01	1:27:01	1:46:39	2:36:02	7:48:02	743
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32:53	50:27	54:21	1:08:22	1:12:21	1:27:26	1:47:10	2:36:49	7:50:35	732
-	50:29	54:23	1:08:24	1:12:22	1:27:28	1:47:13	2:36:53	7:50:48	731
32:54	50:30	54:24	1:08:26	1:12:24	1:27:31	1:47:15	2:36:57	7:51:02	730
32:55	50:31	54:25	1:08:27	1:12:26	1:27:33	1:47:18	2:37:02	7:51:16	729
32:56	50:32	54:27	1:08:29	1:12:28	1:27:35	1:47:21	2:37:06	7:51:30	728
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-	50:41	54:36	1:08:41	1:12:41	1:27:51	1:47:41	2:37:36	7:53:08	721
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33:03	50:44	54:39	1:08:45	1:12:45	1:27:55	1:47:46	2:37:44	7:53:36	719
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33:05	50:46	54:42	1:08:48	1:12:48	1:28:00	1:47:52	2:37:53	7:54:04	717
-	50:48	54:43	1:08:50	1:12:50	1:28:02	1:47:55	2:37:57	7:54:18	716
33:06	50:49	54:45	1:08:52	1:12:52	1:28:04	1:47:58	2:38:01	7:54:32	715
33:07	50:50	54:46	1:08:54	1:12:54	1:28:07	1:48:01	2:38:05	7:54:47	714
33:08	50:51	54:47	1:08:55	1:12:56	1:28:09	1:48:03	2:38:10	7:55:01	713
33:09	50:53	54:49	1:08:57	1:12:57	1:28:11	1:48:06	2:38:14	7:55:15	712
33:10	50:54	54:50	1:08:59	1:12:59	1:28:14	1:48:09	2:38:18	7:55:29	711
-	50:55	54:52	1:09:01	1:13:01	1:28:16	1:48:12	2:38:23	7:55:43	710
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-	51:02	54:58	1:09:09	1:13:10	1:28:27	1:48:26	2:38:44	7:56:54	705
33:15	51:03	55:00	1:09:11	1:13:12	1:28:30	1:48:29	2:38:48	7:57:08	704
33:16	51:04	55:01	1:09:13	1:13:14	1:28:32	1:48:32	2:38:53	7:57:22	703
33:17	51:06	55:03	1:09:15	1:13:16	1:28:34	1:48:35	2:38:57	7:57:36	702
33:18	51:07	55:04	1:09:16	1:13:18	1:28:36	1:48:38	2:39:01	7:57:50	701

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
700	33:19	51:08	55:05	1:09:18	1:13:20	1:28:39	1:48:40	2:39:06	7:58:05
699	-	51:09	55:07	1:09:20	1:13:22	1:28:41	1:48:43	2:39:10	7:58:19
698	33:20	51:11	55:08	1:09:22	1:13:24	1:28:43	1:48:46	2:39:14	7:58:33
697	33:21	51:12	55:10	1:09:23	1:13:25	1:28:46	1:48:49	2:39:19	7:58:47
696	33:22	51:13	55:11	1:09:25	1:13:27	1:28:48	1:48:52	2:39:23	7:59:02
695	33:23	51:15	55:12	1:09:27	1:13:29	1:28:50	1:48:55	2:39:27	7:59:16
694	-	51:16	55:14	1:09:29	1:13:31	1:28:53	1:48:58	2:39:32	7:59:30
693	33:24	51:17	55:15	1:09:30	1:13:33	1:28:55	1:49:01	2:39:36	7:59:44
692	33:25	51:18	55:16	1:09:32	1:13:35	1:28:57	1:49:03	2:39:40	7:59:59
691	33:26	51:20	55:18	1:09:34	1:13:37	1:29:00	1:49:06	2:39:45	8:00:13
690	33:27	51:21	55:19	1:09:36	1:13:39	1:29:02	1:49:09	2:39:49	8:00:27
689	33:28	51:22	55:21	1:09:38	1:13:40	1:29:04	1:49:12	2:39:53	8:00:42
688	-	51:24	55:22	1:09:39	1:13:42	1:29:06	1:49:15	2:39:58	8:00:56
687	33:29	51:25	55:23	1:09:41	1:13:44	1:29:09	1:49:18	2:40:02	8:01:10
686	33:30	51:26	55:25	1:09:43	1:13:46	1:29:11	1:49:21	2:40:06	8:01:25
685	33:31	51:28	55:26	1:09:45	1:13:48	1:29:13	1:49:24	2:40:11	8:01:39
684	33:32	51:29	55:28	1:09:46	1:13:50	1:29:16	1:49:26	2:40:15	8:01:54
683	33:33	51:30	55:29	1:09:48	1:13:52	1:29:18	1:49:29	2:40:20	8:02:08
682	-	51:31	55:31	1:09:50	1:13:54	1:29:20	1:49:32	2:40:24	8:02:22
681	33:34	51:33	55:32	1:09:52	1:13:56	1:29:23	1:49:35	2:40:28	8:02:37
680	33:35	51:34	55:33	1:09:54	1:13:58	1:29:25	1:49:38	2:40:33	8:02:51
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678	33:37	51:37	55:36	1:09:57	1:14:01	1:29:30	1:49:44	2:40:42	8:03:20
677	33:38	51:38	55:38	1:09:59	1:14:03	1:29:32	1:49:47	2:40:46	8:03:35
676	-	51:39	55:39	1:10:01	1:14:05	1:29:34	1:49:50	2:40:50	8:03:49
675	33:39	51:41	55:40	1:10:03	1:14:07	1:29:37	1:49:53	2:40:55	8:04:04
674	33:40	51:42	55:42	1:10:04	1:14:09	1:29:39	1:49:56	2:40:59	8:04:18
673	33:41	51:43	55:43	1:10:06	1:14:11	1:29:41	1:49:59	2:41:04	8:04:33
672	33:42	51:44	55:45	1:10:08	1:14:13	1:29:44	1:50:01	2:41:08	8:04:47
671	33:43	51:46	55:46	1:10:10	1:14:15	1:29:46	1:50:04	2:41:12	8:05:02
670	-	51:47	55:47	1:10:12	1:14:17	1:29:48	1:50:07	2:41:17	8:05:16
669	33:44	51:48	55:49	1:10:13	1:14:18	1:29:51	1:50:10	2:41:21	8:05:31
668	33:45	51:50	55:50	1:10:15	1:14:20	1:29:53	1:50:13	2:41:26	8:05:45
667	33:46	51:51	55:52	1:10:17	1:14:22	1:29:56	1:50:16	2:41:30	8:06:00
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665	33:48	51:54	55:55	1:10:21	1:14:26	1:30:00	1:50:22	2:41:39	8:06:29
664	33:49	51:55	55:56	1:10:22	1:14:28	1:30:03	1:50:25	2:41:43	8:06:44
663	-	51:56	55:57	1:10:24	1:14:30	1:30:05	1:50:28	2:41:48	8:06:58
662	33:50	51:58	55:59	1:10:26	1:14:32	1:30:07	1:50:31	2:41:52	8:07:13
661	33:51	51:59	56:00	1:10:28	1:14:34	1:30:10	1:50:34	2:41:57	8:07:27
660	33:52	52:00	56:02	1:10:30	1:14:36	1:30:12	1:50:37	2:42:01	8:07:42
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658	33:54	52:03	56:05	1:10:33	1:14:40	1:30:17	1:50:43	2:42:10	8:08:11
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655	33:56	52:07	56:09	1:10:39	1:14:45	1:30:24	1:50:51	2:42:23	8:08:55
654	33:57	52:08	56:10	1:10:41	1:14:47	1:30:26	1:50:54	2:42:28	8:09:10
653	33:58	52:10	56:12	1:10:42	1:14:49	1:30:29	1:50:57	2:42:32	8:09:25
652	33:59	52:11	56:13	1:10:44	1:14:51	1:30:31	1:51:00	2:42:37	8:09:40
651	34:00	52:12	56:15	1:10:46	1:14:53	1:30:33	1:51:03	2:42:41	8:09:54

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
-	52:14	56:16	1:10:48	1:14:55	1:30:36	1:51:06	2:42:46	8:10:09	650
34:01	52:15	56:18	1:10:50	1:14:57	1:30:38	1:51:09	2:42:50	8:10:24	649
34:02	52:16	56:19	1:10:52	1:14:59	1:30:41	1:51:12	2:42:55	8:10:39	648
34:03	52:18	56:20	1:10:53	1:15:01	1:30:43	1:51:15	2:42:59	8:10:53	647
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34:16	52:38	56:42	1:11:21	1:15:30	1:31:19	1:52:00	2:44:07	8:14:37	632
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34:18	52:40	56:45	1:11:25	1:15:34	1:31:24	1:52:06	2:44:16	8:15:07	630
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34:22	52:47	56:52	1:11:34	1:15:44	1:31:36	1:52:21	2:44:39	8:16:22	625
34:23	52:49	56:54	1:11:36	1:15:46	1:31:38	1:52:24	2:44:44	8:16:37	624
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34:26	52:54	57:00	1:11:44	1:15:54	1:31:48	1:52:37	2:45:02	8:17:37	620
34:27	52:55	57:01	1:11:45	1:15:56	1:31:51	1:52:40	2:45:07	8:17:52	619
34:28	52:57	57:03	1:11:47	1:15:58	1:31:53	1:52:43	2:45:11	8:18:07	618
34:29	52:58	57:04	1:11:49	1:16:00	1:31:55	1:52:46	2:45:16	8:18:23	617
34:30	53:00	57:06	1:11:51	1:16:02	1:31:58	1:52:49	2:45:20	8:18:38	616
34:31	53:01	57:07	1:11:53	1:16:04	1:32:00	1:52:52	2:45:25	8:18:53	615
34:32	53:02	57:09	1:11:55	1:16:06	1:32:03	1:52:55	2:45:30	8:19:08	614
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34:34	53:06	57:13	1:12:00	1:16:12	1:32:10	1:53:04	2:45:44	8:19:54	611
34:35	53:08	57:15	1:12:02	1:16:14	1:32:13	1:53:07	2:45:48	8:20:09	610
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34:42	53:19	57:27	1:12:18	1:16:30	1:32:32	1:53:32	2:46:25	8:22:11	602
34:43	53:20	57:28	1:12:19	1:16:32	1:32:35	1:53:35	2:46:30	8:22:27	601

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
600	34:44	53:22	57:30	1:12:21	1:16:34	1:32:37	1:53:38	2:46:35	8:22:42
599	34:45	53:23	57:31	1:12:23	1:16:36	1:32:40	1:53:41	2:46:39	8:22:57
598	34:46	53:24	57:33	1:12:25	1:16:38	1:32:42	1:53:44	2:46:44	8:23:13
597	34:47	53:26	57:34	1:12:27	1:16:40	1:32:45	1:53:47	2:46:49	8:23:28
596	-	53:27	57:36	1:12:29	1:16:42	1:32:47	1:53:50	2:46:53	8:23:44
595	34:48	53:29	57:37	1:12:31	1:16:44	1:32:50	1:53:53	2:46:58	8:23:59
594	34:49	53:30	57:39	1:12:33	1:16:46	1:32:52	1:53:56	2:47:03	8:24:14
593	34:50	53:31	57:40	1:12:35	1:16:48	1:32:55	1:54:00	2:47:08	8:24:30
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591	34:52	53:34	57:43	1:12:39	1:16:52	1:33:00	1:54:06	2:47:17	8:25:01
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589	34:54	53:37	57:46	1:12:42	1:16:56	1:33:05	1:54:12	2:47:26	8:25:32
588	34:55	53:38	57:48	1:12:44	1:16:59	1:33:07	1:54:15	2:47:31	8:25:47
587	34:56	53:40	57:49	1:12:46	1:17:01	1:33:10	1:54:18	2:47:36	8:26:03
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585	34:57	53:43	57:52	1:12:50	1:17:05	1:33:15	1:54:25	2:47:45	8:26:34
584	34:58	53:44	57:54	1:12:52	1:17:07	1:33:17	1:54:28	2:47:50	8:26:49
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557	35:23	54:22	58:35	1:13:45	1:18:03	1:34:26	1:55:53	2:49:59	8:33:55
556	35:24	54:24	58:37	1:13:47	1:18:05	1:34:29	1:55:57	2:50:04	8:34:11
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553	-	54:28	58:42	1:13:53	1:18:11	1:34:36	1:56:06	2:50:19	8:34:59
552	35:27	54:30	58:43	1:13:55	1:18:13	1:34:39	1:56:09	2:50:24	8:35:15
551	35:28	54:31	58:45	1:13:57	1:18:15	1:34:42	1:56:13	2:50:28	8:35:31

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
35:29	54:33	58:46	1:13:59	1:18:17	1:34:44	1:56:16	2:50:33	8:35:47	550
35:30	54:34	58:48	1:14:01	1:18:20	1:34:47	1:56:19	2:50:38	8:36:03	549
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35:36	54:43	58:57	1:14:13	1:18:32	1:35:02	1:56:39	2:51:08	8:37:40	543
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36:01	55:23	59:40	1:15:07	1:19:30	1:36:14	1:58:08	2:53:22	8:45:01	516
36:02	55:24	59:42	1:15:10	1:19:32	1:36:16	1:58:11	2:53:27	8:45:18	515
36:03	55:26	59:44	1:15:12	1:19:35	1:36:19	1:58:14	2:53:32	8:45:34	514
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36:16	55:45	1:00:05	1:15:39	1:20:03	1:36:54	1:58:58	2:54:38	8:49:12	501

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
500	36:17	55:47	1:00:06	1:15:41	1:20:05	1:36:57	1:59:01	2:54:43	8:49:28
499	36:18	55:48	1:00:08	1:15:43	1:20:08	1:37:00	1:59:05	2:54:48	8:49:45
498	36:19	55:50	1:00:10	1:15:45	1:20:10	1:37:02	1:59:08	2:54:53	8:50:02
497	36:20	55:51	1:00:11	1:15:47	1:20:12	1:37:05	1:59:12	2:54:58	8:50:19
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467	36:49	56:38	1:01:02	1:16:51	1:21:20	1:38:28	2:00:55	2:57:35	8:58:53
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453	37:04	57:00	1:01:26	1:17:21	1:21:52	1:39:08	2:01:45	2:58:49	9:02:59
452	37:05	57:02	1:01:27	1:17:23	1:21:54	1:39:11	2:01:48	2:58:55	9:03:17
451	37:06	57:03	1:01:29	1:17:26	1:21:57	1:39:14	2:01:52	2:59:00	9:03:34

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
37:07	57:05	1:01:31	1:17:28	1:21:59	1:39:16	2:01:55	2:59:06	9:03:52	450
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37:22	57:29	1:01:57	1:18:01	1:22:34	1:40:00	2:02:49	3:00:27	9:08:20	435
37:23	57:31	1:01:59	1:18:03	1:22:37	1:40:03	2:02:53	3:00:33	9:08:39	434
37:24	57:32	1:02:00	1:18:06	1:22:39	1:40:06	2:02:57	3:00:38	9:08:57	433
37:25	57:34	1:02:02	1:18:08	1:22:42	1:40:08	2:03:00	3:00:44	9:09:15	432
37:26	57:36	1:02:04	1:18:10	1:22:44	1:40:11	2:03:04	3:00:49	9:09:33	431
37:27	57:37	1:02:06	1:18:12	1:22:46	1:40:14	2:03:08	3:00:55	9:09:51	430
37:28	57:39	1:02:08	1:18:15	1:22:49	1:40:17	2:03:11	3:01:00	9:10:09	429
37:30	57:41	1:02:09	1:18:17	1:22:51	1:40:20	2:03:15	3:01:06	9:10:27	428
37:31	57:42	1:02:11	1:18:19	1:22:53	1:40:23	2:03:19	3:01:11	9:10:46	427
37:32	57:44	1:02:13	1:18:21	1:22:56	1:40:26	2:03:22	3:01:17	9:11:04	426
37:33	57:45	1:02:15	1:18:24	1:22:58	1:40:29	2:03:26	3:01:22	9:11:22	425
37:34	57:47	1:02:16	1:18:26	1:23:01	1:40:32	2:03:30	3:01:28	9:11:40	424
37:35	57:49	1:02:18	1:18:28	1:23:03	1:40:35	2:03:33	3:01:33	9:11:59	423
37:36	57:50	1:02:20	1:18:30	1:23:05	1:40:38	2:03:37	3:01:39	9:12:17	422
37:37	57:52	1:02:22	1:18:33	1:23:08	1:40:41	2:03:41	3:01:45	9:12:35	421
37:38	57:54	1:02:24	1:18:35	1:23:10	1:40:44	2:03:44	3:01:50	9:12:54	420
37:39	57:55	1:02:25	1:18:37	1:23:13	1:40:47	2:03:48	3:01:56	9:13:12	419
37:40	57:57	1:02:27	1:18:39	1:23:15	1:40:50	2:03:52	3:02:01	9:13:30	418
37:41	57:59	1:02:29	1:18:42	1:23:18	1:40:53	2:03:55	3:02:07	9:13:49	417
37:42	58:00	1:02:31	1:18:44	1:23:20	1:40:56	2:03:59	3:02:13	9:14:07	416
37:43	58:02	1:02:33	1:18:46	1:23:22	1:40:59	2:04:03	3:02:18	9:14:26	415
37:44	58:04	1:02:34	1:18:49	1:23:25	1:41:02	2:04:07	3:02:24	9:14:44	414
37:45	58:05	1:02:36	1:18:51	1:23:27	1:41:05	2:04:10	3:02:29	9:15:03	413
37:46	58:07	1:02:38	1:18:53	1:23:30	1:41:08	2:04:14	3:02:35	9:15:21	412
37:48	58:09	1:02:40	1:18:56	1:23:32	1:41:11	2:04:18	3:02:41	9:15:40	411
37:49	58:10	1:02:42	1:18:58	1:23:35	1:41:14	2:04:21	3:02:46	9:15:58	410
37:50	58:12	1:02:43	1:19:00	1:23:37	1:41:17	2:04:25	3:02:52	9:16:17	409
37:51	58:14	1:02:45	1:19:02	1:23:40	1:41:20	2:04:29	3:02:58	9:16:36	408
37:52	58:15	1:02:47	1:19:05	1:23:42	1:41:23	2:04:33	3:03:03	9:16:54	407
37:53	58:17	1:02:49	1:19:07	1:23:44	1:41:26	2:04:37	3:03:09	9:17:13	406
37:54	58:19	1:02:51	1:19:09	1:23:47	1:41:29	2:04:40	3:03:15	9:17:32	405
37:55	58:21	1:02:53	1:19:12	1:23:49	1:41:32	2:04:44	3:03:20	9:17:50	404
37:56	58:22	1:02:54	1:19:14	1:23:52	1:41:35	2:04:48	3:03:26	9:18:09	403
37:57	58:24	1:02:56	1:19:16	1:23:54	1:41:38	2:04:52	3:03:32	9:18:28	402
37:58	58:26	1:02:58	1:19:19	1:23:57	1:41:41	2:04:55	3:03:37	9:18:46	401

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
400	37:59	58:27	1:03:00	1:19:21	1:23:59	1:41:44	2:04:59	3:03:43	9:19:05
399	38:01	58:29	1:03:02	1:19:23	1:24:02	1:41:47	2:05:03	3:03:49	9:19:24
398	38:02	58:31	1:03:04	1:19:26	1:24:04	1:41:50	2:05:07	3:03:55	9:19:43
397	38:03	58:32	1:03:05	1:19:28	1:24:07	1:41:53	2:05:11	3:04:00	9:20:02
396	38:04	58:34	1:03:07	1:19:30	1:24:09	1:41:56	2:05:14	3:04:06	9:20:21
395	38:05	58:36	1:03:09	1:19:33	1:24:12	1:41:59	2:05:18	3:04:12	9:20:40
394	38:06	58:38	1:03:11	1:19:35	1:24:14	1:42:02	2:05:22	3:04:18	9:20:59
393	38:07	58:39	1:03:13	1:19:37	1:24:17	1:42:05	2:05:26	3:04:23	9:21:18
392	38:08	58:41	1:03:15	1:19:40	1:24:19	1:42:08	2:05:30	3:04:29	9:21:37
391	38:09	58:43	1:03:16	1:19:42	1:24:22	1:42:11	2:05:33	3:04:35	9:21:56
390	38:10	58:44	1:03:18	1:19:45	1:24:24	1:42:14	2:05:37	3:04:41	9:22:15
389	38:11	58:46	1:03:20	1:19:47	1:24:27	1:42:18	2:05:41	3:04:47	9:22:34
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369	38:34	59:21	1:03:58	1:20:35	1:25:17	1:43:20	2:06:59	3:06:44	9:29:00
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364	38:40	59:30	1:04:08	1:20:47	1:25:30	1:43:36	2:07:19	3:07:14	9:30:39
363	38:41	59:32	1:04:09	1:20:50	1:25:33	1:43:39	2:07:23	3:07:20	9:30:58
362	38:42	59:34	1:04:11	1:20:52	1:25:36	1:43:42	2:07:27	3:07:26	9:31:18
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359	38:45	59:39	1:04:17	1:20:59	1:25:43	1:43:52	2:07:39	3:07:44	9:32:18
358	38:46	59:41	1:04:19	1:21:02	1:25:46	1:43:55	2:07:43	3:07:50	9:32:38
357	38:48	59:42	1:04:21	1:21:04	1:25:49	1:43:58	2:07:47	3:07:56	9:32:57
356	38:49	59:44	1:04:23	1:21:07	1:25:51	1:44:02	2:07:51	3:08:02	9:33:17
355	38:50	59:46	1:04:25	1:21:09	1:25:54	1:44:05	2:07:55	3:08:08	9:33:37
354	38:51	59:48	1:04:27	1:21:12	1:25:57	1:44:08	2:07:59	3:08:14	9:33:57
353	38:52	59:50	1:04:29	1:21:14	1:25:59	1:44:11	2:08:03	3:08:20	9:34:17
352	38:53	59:52	1:04:31	1:21:17	1:26:02	1:44:14	2:08:07	3:08:27	9:34:37
351	38:54	59:53	1:04:33	1:21:19	1:26:04	1:44:18	2:08:11	3:08:33	9:34:57



10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
38:56	59:55	1:04:35	1:21:22	1:26:07	1:44:21	2:08:15	3:08:39	9:35:18	350
38:57	59:57	1:04:37	1:21:24	1:26:10	1:44:24	2:08:19	3:08:45	9:35:38	349
38:58	59:59	1:04:39	1:21:27	1:26:12	1:44:27	2:08:23	3:08:51	9:35:58	348
38:59	1:00:01	1:04:41	1:21:29	1:26:15	1:44:31	2:08:27	3:08:57	9:36:18	347
39:00	1:00:02	1:04:43	1:21:32	1:26:18	1:44:34	2:08:31	3:09:03	9:36:38	346
39:01	1:00:04	1:04:45	1:21:34	1:26:20	1:44:37	2:08:35	3:09:09	9:36:59	345
39:03	1:00:06	1:04:47	1:21:37	1:26:23	1:44:41	2:08:39	3:09:16	9:37:19	344
39:04	1:00:08	1:04:49	1:21:39	1:26:26	1:44:44	2:08:43	3:09:22	9:37:39	343
39:05	1:00:10	1:04:51	1:21:42	1:26:28	1:44:47	2:08:48	3:09:28	9:37:59	342
39:06	1:00:12	1:04:53	1:21:44	1:26:31	1:44:50	2:08:52	3:09:34	9:38:20	341
39:07	1:00:13	1:04:55	1:21:47	1:26:34	1:44:54	2:08:56	3:09:40	9:38:40	340
39:09	1:00:15	1:04:57	1:21:49	1:26:36	1:44:57	2:09:00	3:09:47	9:39:01	339
39:10	1:00:17	1:04:59	1:21:52	1:26:39	1:45:00	2:09:04	3:09:53	9:39:21	338
39:11	1:00:19	1:05:01	1:21:54	1:26:42	1:45:04	2:09:08	3:09:59	9:39:42	337
39:12	1:00:21	1:05:03	1:21:57	1:26:45	1:45:07	2:09:12	3:10:05	9:40:02	336
39:13	1:00:23	1:05:05	1:22:00	1:26:47	1:45:10	2:09:16	3:10:12	9:40:23	335
39:14	1:00:25	1:05:07	1:22:02	1:26:50	1:45:14	2:09:21	3:10:18	9:40:43	334
39:16	1:00:26	1:05:09	1:22:05	1:26:53	1:45:17	2:09:25	3:10:24	9:41:04	333
39:17	1:00:28	1:05:11	1:22:07	1:26:55	1:45:20	2:09:29	3:10:30	9:41:24	332
39:18	1:00:30	1:05:13	1:22:10	1:26:58	1:45:24	2:09:33	3:10:37	9:41:45	331
39:19	1:00:32	1:05:15	1:22:12	1:27:01	1:45:27	2:09:37	3:10:43	9:42:06	330
39:20	1:00:34	1:05:17	1:22:15	1:27:04	1:45:30	2:09:41	3:10:49	9:42:27	329
39:22	1:00:36	1:05:19	1:22:17	1:27:06	1:45:34	2:09:45	3:10:55	9:42:47	328
39:23	1:00:38	1:05:21	1:22:20	1:27:09	1:45:37	2:09:50	3:11:02	9:43:08	327
39:24	1:00:40	1:05:23	1:22:23	1:27:12	1:45:40	2:09:54	3:11:08	9:43:29	326
39:25	1:00:41	1:05:25	1:22:25	1:27:14	1:45:44	2:09:58	3:11:14	9:43:50	325
39:26	1:00:43	1:05:27	1:22:28	1:27:17	1:45:47	2:10:02	3:11:21	9:44:11	324
39:28	1:00:45	1:05:29	1:22:30	1:27:20	1:45:50	2:10:07	3:11:27	9:44:32	323
39:29	1:00:47	1:05:31	1:22:33	1:27:23	1:45:54	2:10:11	3:11:34	9:44:53	322
39:30	1:00:49	1:05:33	1:22:36	1:27:26	1:45:57	2:10:15	3:11:40	9:45:14	321
39:31	1:00:51	1:05:35	1:22:38	1:27:28	1:46:01	2:10:19	3:11:46	9:45:35	320
39:33	1:00:53	1:05:37	1:22:41	1:27:31	1:46:04	2:10:23	3:11:53	9:45:56	319
39:34	1:00:55	1:05:39	1:22:43	1:27:34	1:46:07	2:10:28	3:11:59	9:46:17	318
39:35	1:00:57	1:05:41	1:22:46	1:27:37	1:46:11	2:10:32	3:12:06	9:46:38	317
39:36	1:00:59	1:05:43	1:22:49	1:27:39	1:46:14	2:10:36	3:12:12	9:46:59	316
39:37	1:01:00	1:05:45	1:22:51	1:27:42	1:46:18	2:10:40	3:12:18	9:47:20	315
39:39	1:01:02	1:05:47	1:22:54	1:27:45	1:46:21	2:10:45	3:12:25	9:47:41	314
39:40	1:01:04	1:05:49	1:22:57	1:27:48	1:46:25	2:10:49	3:12:31	9:48:03	313
39:41	1:01:06	1:05:52	1:22:59	1:27:51	1:46:28	2:10:53	3:12:38	9:48:24	312
39:42	1:01:08	1:05:54	1:23:02	1:27:53	1:46:31	2:10:58	3:12:44	9:48:45	311
39:44	1:01:10	1:05:56	1:23:05	1:27:56	1:46:35	2:11:02	3:12:51	9:49:07	310
39:45	1:01:12	1:05:58	1:23:07	1:27:59	1:46:38	2:11:06	3:12:57	9:49:28	309
39:46	1:01:14	1:06:00	1:23:10	1:28:02	1:46:42	2:11:11	3:13:04	9:49:49	308
39:47	1:01:16	1:06:02	1:23:12	1:28:05	1:46:45	2:11:15	3:13:10	9:50:11	307
39:49	1:01:18	1:06:04	1:23:15	1:28:07	1:46:49	2:11:19	3:13:17	9:50:32	306
39:50	1:01:20	1:06:06	1:23:18	1:28:10	1:46:52	2:11:23	3:13:23	9:50:54	305
39:51	1:01:22	1:06:08	1:23:20	1:28:13	1:46:56	2:11:28	3:13:30	9:51:16	304
39:52	1:01:24	1:06:10	1:23:23	1:28:16	1:46:59	2:11:32	3:13:37	9:51:37	303
39:54	1:01:26	1:06:13	1:23:26	1:28:19	1:47:03	2:11:37	3:13:43	9:51:59	302
39:55	1:01:28	1:06:15	1:23:29	1:28:22	1:47:06	2:11:41	3:13:50	9:52:20	301

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
300	39:56	1:01:30	1:06:17	1:23:31	1:28:25	1:47:10	2:11:45	3:13:56	9:52:42
299	39:57	1:01:31	1:06:19	1:23:34	1:28:27	1:47:13	2:11:50	3:14:03	9:53:04
298	39:59	1:01:33	1:06:21	1:23:37	1:28:30	1:47:17	2:11:54	3:14:10	9:53:26
297	40:00	1:01:35	1:06:23	1:23:39	1:28:33	1:47:20	2:11:58	3:14:16	9:53:48
296	40:01	1:01:37	1:06:25	1:23:42	1:28:36	1:47:24	2:12:03	3:14:23	9:54:09
295	40:02	1:01:39	1:06:27	1:23:45	1:28:39	1:47:27	2:12:07	3:14:29	9:54:31
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293	40:05	1:01:43	1:06:32	1:23:50	1:28:45	1:47:34	2:12:16	3:14:43	9:55:15
292	40:06	1:01:45	1:06:34	1:23:53	1:28:48	1:47:38	2:12:21	3:14:50	9:55:37
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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42:13	1:05:03	1:10:08	1:28:25	1:33:36	1:53:32	2:19:42	3:25:55	10:32:08	201

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
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43:55	1:07:43	1:13:00	1:32:04	1:37:28	1:58:17	2:25:37	3:34:52	11:01:33	140
43:57	1:07:46	1:13:03	1:32:08	1:37:32	1:58:22	2:25:44	3:35:02	11:02:05	139
43:58	1:07:49	1:13:06	1:32:12	1:37:36	1:58:27	2:25:50	3:35:12	11:02:37	138
44:00	1:07:51	1:13:09	1:32:16	1:37:41	1:58:32	2:25:56	3:35:21	11:03:09	137
44:02	1:07:54	1:13:13	1:32:20	1:37:45	1:58:38	2:26:03	3:35:31	11:03:41	136
44:04	1:07:57	1:13:16	1:32:24	1:37:49	1:58:43	2:26:09	3:35:41	11:04:14	135
44:06	1:08:00	1:13:19	1:32:28	1:37:53	1:58:48	2:26:16	3:35:51	11:04:46	134
44:08	1:08:03	1:13:22	1:32:32	1:37:58	1:58:53	2:26:23	3:36:01	11:05:19	133
44:10	1:08:06	1:13:25	1:32:36	1:38:02	1:58:59	2:26:29	3:36:11	11:05:52	132
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44:17	1:08:18	1:13:38	1:32:52	1:38:19	1:59:20	2:26:56	3:36:51	11:08:04	128
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44:23	1:08:27	1:13:48	1:33:05	1:38:32	1:59:36	2:27:16	3:37:21	11:09:44	125
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44:27	1:08:33	1:13:55	1:33:13	1:38:41	1:59:47	2:27:30	3:37:42	11:10:52	123
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44:31	1:08:39	1:14:01	1:33:21	1:38:50	1:59:58	2:27:43	3:38:03	11:12:00	121
44:33	1:08:42	1:14:05	1:33:26	1:38:55	2:00:04	2:27:50	3:38:13	11:12:34	120
44:35	1:08:46	1:14:08	1:33:30	1:38:59	2:00:09	2:27:57	3:38:23	11:13:08	119
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44:41	1:08:55	1:14:18	1:33:43	1:39:13	2:00:26	2:28:18	3:38:55	11:14:53	116
44:43	1:08:58	1:14:21	1:33:47	1:39:18	2:00:32	2:28:25	3:39:06	11:15:28	115
44:45	1:09:01	1:14:25	1:33:52	1:39:22	2:00:37	2:28:32	3:39:16	11:16:03	114
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44:49	1:09:08	1:14:32	1:34:00	1:39:32	2:00:49	2:28:46	3:39:38	11:17:14	112
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45:00	1:09:24	1:14:49	1:34:23	1:39:55	2:01:18	2:29:23	3:40:33	11:20:13	107
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45:04	1:09:31	1:14:57	1:34:32	1:40:05	2:01:30	2:29:37	3:40:55	11:21:27	105
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45:08	1:09:37	1:15:04	1:34:41	1:40:15	2:01:42	2:29:52	3:41:17	11:22:40	103
45:10	1:09:41	1:15:07	1:34:45	1:40:20	2:01:48	2:30:00	3:41:29	11:23:18	102
45:12	1:09:44	1:15:11	1:34:50	1:40:24	2:01:54	2:30:07	3:41:40	11:23:55	101

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
100	45:14	1:09:47	1:15:15	1:34:55	1:40:29	2:02:00	2:30:15	3:41:51	11:24:32
99	45:17	1:09:51	1:15:18	1:34:59	1:40:34	2:02:06	2:30:22	3:42:03	11:25:10
98	45:19	1:09:54	1:15:22	1:35:04	1:40:39	2:02:12	2:30:30	3:42:14	11:25:48
97	45:21	1:09:58	1:15:26	1:35:09	1:40:44	2:02:18	2:30:38	3:42:26	11:26:26
96	45:23	1:10:01	1:15:30	1:35:14	1:40:49	2:02:24	2:30:45	3:42:38	11:27:04
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58	46:58	1:12:30	1:18:10	1:38:37	1:44:25	2:06:50	2:36:16	3:50:57	11:54:27
57	47:01	1:12:34	1:18:15	1:38:44	1:44:32	2:06:58	2:36:26	3:51:12	11:55:17
56	47:04	1:12:39	1:18:20	1:38:50	1:44:39	2:07:06	2:36:36	3:51:27	11:56:07
55	47:07	1:12:43	1:18:25	1:38:56	1:44:45	2:07:14	2:36:46	3:51:43	11:56:57
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52	47:16	1:12:57	1:18:40	1:39:15	1:45:05	2:07:39	2:37:18	3:52:29	11:59:32
51	47:19	1:13:02	1:18:45	1:39:22	1:45:12	2:07:47	2:37:28	3:52:45	12:00:24

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
47:22	1:13:07	1:18:50	1:39:28	1:45:19	2:07:56	2:37:39	3:53:02	12:01:17	50
47:25	1:13:11	1:18:55	1:39:35	1:45:26	2:08:04	2:37:50	3:53:18	12:02:11	49
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50:12	1:17:32	1:23:37	1:45:33	1:51:46	2:15:51	2:47:31	4:07:56	12:50:19	10
50:19	1:17:43	1:23:49	1:45:48	1:52:02	2:16:11	2:47:56	4:08:33	12:52:21	9
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50:43	1:18:21	1:24:30	1:46:40	1:52:57	2:17:18	2:49:19	4:10:39	12:59:16	6
50:52	1:18:35	1:24:45	1:47:00	1:53:18	2:17:44	2:49:52	4:11:28	13:01:56	5
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51:46	1:19:59	1:26:16	1:48:55	1:55:20	2:20:14	2:52:59	4:16:11	13:17:27	1





# **Men's Race Walking Hommes Epreuves de Marche**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
1400	-	-	33:48	1:10:15	1:48:16	2:06:03	3:12:06
1399	9:26	15:57	33:50	1:10:17	1:48:20	2:06:09	3:12:15
1398	-	15:58	33:51	1:10:20	1:48:25	2:06:14	3:12:24
1397	9:27	15:59	33:52	1:10:23	1:48:30	2:06:20	3:12:33
1396	-	-	33:54	1:10:26	1:48:35	2:06:26	3:12:43
1395	9:28	16:00	33:55	1:10:28	1:48:39	2:06:32	3:12:52
1394	-	16:01	33:56	1:10:31	1:48:44	2:06:38	3:13:01
1393	-	-	33:58	1:10:34	1:48:49	2:06:44	3:13:10
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1391	-	16:03	34:00	1:10:40	1:48:59	2:06:55	3:13:29
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1376	9:36	-	34:21	1:11:22	1:50:10	2:08:24	3:15:47
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1372	-	-	34:26	1:11:33	1:50:29	2:08:47	3:16:24
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1356	-	16:28	34:48	1:12:18	1:51:46	2:10:22	3:18:53
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1351	9:47	-	34:55	1:12:32	1:52:11	2:10:52	3:19:39

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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-	17:06	36:01	1:14:46	1:56:00	2:15:34	3:27:02	1304
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-	17:08	36:05	1:14:55	1:56:15	2:15:52	3:27:30	1301

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
1300	10:09	17:09	36:06	1:14:58	1:56:20	2:15:58	3:27:40
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1254	-	17:43	37:11	1:17:12	2:00:08	2:20:40	3:35:01
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1252	-	17:44	37:14	1:17:17	2:00:19	2:20:53	3:35:21
1251	10:31	17:45	37:16	1:17:20	2:00:24	2:20:59	3:35:31

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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-	17:50	37:26	1:17:41	2:00:59	2:21:42	3:36:39	1244
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-	17:57	37:39	1:18:08	2:01:44	2:22:38	3:38:06	1235
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-	18:11	38:05	1:19:01	2:03:16	2:24:31	3:41:03	1217
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-	-	38:18	1:19:28	2:04:02	2:25:27	3:42:31	1208
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-	18:22	38:27	1:19:46	2:04:32	2:26:05	3:43:31	1202
10:54	18:23	38:28	1:19:49	2:04:37	2:26:11	3:43:40	1201

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
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1199	10:55	-	38:31	1:19:55	2:04:48	2:26:24	3:44:00
1198	-	18:25	38:32	1:19:58	2:04:53	2:26:30	3:44:10
1197	-	18:26	38:34	1:20:01	2:04:58	2:26:37	3:44:20
1196	10:56	18:27	38:35	1:20:04	2:05:03	2:26:43	3:44:30
1195	-	-	38:37	1:20:07	2:05:08	2:26:49	3:44:40
1194	10:57	18:28	38:38	1:20:10	2:05:13	2:26:55	3:44:50
1193	-	18:29	38:40	1:20:13	2:05:19	2:27:02	3:45:00
1192	10:58	18:30	38:41	1:20:16	2:05:24	2:27:08	3:45:10
1191	-	-	38:43	1:20:19	2:05:29	2:27:15	3:45:20
1190	10:59	18:31	38:44	1:20:22	2:05:34	2:27:21	3:45:30
1189	-	18:32	38:46	1:20:25	2:05:39	2:27:27	3:45:40
1188	11:00	18:33	38:47	1:20:28	2:05:44	2:27:34	3:45:50
1187	-	18:34	38:49	1:20:31	2:05:49	2:27:40	3:45:59
1186	11:01	-	38:50	1:20:34	2:05:55	2:27:46	3:46:09
1185	-	18:35	38:51	1:20:37	2:06:00	2:27:53	3:46:19
1184	-	18:36	38:53	1:20:40	2:06:05	2:27:59	3:46:29
1183	11:02	18:37	38:54	1:20:43	2:06:10	2:28:05	3:46:39
1182	-	-	38:56	1:20:46	2:06:15	2:28:12	3:46:49
1181	11:03	18:38	38:57	1:20:49	2:06:20	2:28:18	3:46:59
1180	-	18:39	38:59	1:20:52	2:06:26	2:28:24	3:47:09
1179	11:04	18:40	39:00	1:20:55	2:06:31	2:28:31	3:47:19
1178	-	-	39:02	1:20:58	2:06:36	2:28:37	3:47:29
1177	11:05	18:41	39:03	1:21:01	2:06:41	2:28:44	3:47:39
1176	-	18:42	39:05	1:21:04	2:06:46	2:28:50	3:47:49
1175	11:06	18:43	39:06	1:21:07	2:06:52	2:28:56	3:47:59
1174	-	18:44	39:08	1:21:11	2:06:57	2:29:03	3:48:09
1173	11:07	-	39:09	1:21:14	2:07:02	2:29:09	3:48:19
1172	-	18:45	39:11	1:21:17	2:07:07	2:29:15	3:48:29
1171	-	18:46	39:12	1:21:20	2:07:12	2:29:22	3:48:39
1170	11:08	18:47	39:14	1:21:23	2:07:18	2:29:28	3:48:49
1169	-	-	39:15	1:21:26	2:07:23	2:29:35	3:48:59
1168	11:09	18:48	39:17	1:21:29	2:07:28	2:29:41	3:49:09
1167	-	18:49	39:18	1:21:32	2:07:33	2:29:47	3:49:19
1166	11:10	18:50	39:20	1:21:35	2:07:38	2:29:54	3:49:30
1165	-	18:51	39:21	1:21:38	2:07:44	2:30:00	3:49:40
1164	11:11	-	39:23	1:21:41	2:07:49	2:30:07	3:49:50
1163	-	18:52	39:24	1:21:44	2:07:54	2:30:13	3:50:00
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1161	-	18:54	39:27	1:21:50	2:08:04	2:30:26	3:50:20
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1159	-	18:55	39:30	1:21:56	2:08:15	2:30:39	3:50:40
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1155	-	-	39:36	1:22:08	2:08:36	2:31:05	3:51:20
1154	-	18:59	39:37	1:22:11	2:08:41	2:31:11	3:51:30
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1152	-	19:01	39:40	1:22:18	2:08:51	2:31:24	3:51:51
1151	11:17	-	39:42	1:22:21	2:08:57	2:31:30	3:52:01

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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11:18	19:03	39:45	1:22:27	2:09:07	2:31:43	3:52:21	1149
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-	19:10	39:58	1:22:54	2:09:54	2:32:41	3:53:52	1140
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-	19:12	40:01	1:23:01	2:10:05	2:32:54	3:54:13	1138
-	-	40:03	1:23:04	2:10:10	2:33:01	3:54:23	1137
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11:26	-	40:10	1:23:19	2:10:37	2:33:33	3:55:14	1132
-	19:17	40:12	1:23:22	2:10:42	2:33:40	3:55:24	1131
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-	19:19	40:15	1:23:28	2:10:53	2:33:53	3:55:44	1129
11:28	-	40:16	1:23:32	2:10:58	2:33:59	3:55:54	1128
-	19:20	40:18	1:23:35	2:11:03	2:34:06	3:56:05	1127
11:29	19:21	40:19	1:23:38	2:11:08	2:34:12	3:56:15	1126
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-	-	40:24	1:23:47	2:11:24	2:34:32	3:56:46	1123
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-	19:37	40:50	1:24:40	2:12:55	2:36:23	3:59:40	1106
11:39	19:38	40:51	1:24:43	2:13:00	2:36:30	3:59:51	1105
-	-	40:53	1:24:46	2:13:06	2:36:37	4:00:01	1104
11:40	19:39	40:54	1:24:49	2:13:11	2:36:43	4:00:11	1103
-	19:40	40:56	1:24:53	2:13:16	2:36:50	4:00:22	1102
11:41	19:41	40:57	1:24:56	2:13:22	2:36:56	4:00:32	1101

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
1100	-	19:42	40:59	1:24:59	2:13:27	2:37:03	4:00:42
1099	11:42	-	41:00	1:25:02	2:13:32	2:37:10	4:00:53
1098	-	19:43	41:02	1:25:05	2:13:38	2:37:16	4:01:03
1097	11:43	19:44	41:03	1:25:08	2:13:43	2:37:23	4:01:13
1096	-	19:45	41:05	1:25:11	2:13:48	2:37:29	4:01:24
1095	11:44	19:46	41:07	1:25:15	2:13:54	2:37:36	4:01:34
1094	-	-	41:08	1:25:18	2:13:59	2:37:43	4:01:44
1093	-	19:47	41:10	1:25:21	2:14:05	2:37:49	4:01:55
1092	11:45	19:48	41:11	1:25:24	2:14:10	2:37:56	4:02:05
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1090	11:46	19:50	41:14	1:25:30	2:14:21	2:38:09	4:02:26
1089	-	19:51	41:16	1:25:33	2:14:26	2:38:16	4:02:36
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1087	-	19:52	41:19	1:25:40	2:14:37	2:38:29	4:02:57
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1080	11:51	19:58	41:30	1:26:02	2:15:15	2:39:16	4:04:10
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1073	-	-	41:40	1:26:24	2:15:53	2:40:02	4:05:23
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1070	11:56	20:06	41:45	1:26:34	2:16:09	2:40:22	4:05:55
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1068	11:57	-	41:48	1:26:40	2:16:20	2:40:36	4:06:16
1067	-	20:08	41:50	1:26:43	2:16:25	2:40:42	4:06:26
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1064	11:59	20:11	41:54	1:26:53	2:16:42	2:41:03	4:06:58
1063	-	20:12	41:56	1:26:56	2:16:47	2:41:09	4:07:08
1062	12:00	-	41:57	1:26:59	2:16:52	2:41:16	4:07:19
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1053	12:04	20:20	42:11	1:27:28	2:17:42	2:42:17	4:08:54
1052	-	-	42:13	1:27:31	2:17:47	2:42:23	4:09:04
1051	12:05	20:21	42:15	1:27:34	2:17:53	2:42:30	4:09:15



3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
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12:06	20:23	42:18	1:27:41	2:18:04	2:42:44	4:09:36	1049
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12:16	-	42:49	1:28:45	2:19:54	2:44:59	4:13:09	1029
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-	20:44	42:57	1:29:01	2:20:22	2:45:33	4:14:03	1024
12:19	-	42:59	1:29:05	2:20:27	2:45:40	4:14:13	1023
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-	21:02	43:32	1:30:13	2:22:24	2:48:05	4:18:00	1002
12:30	21:03	43:34	1:30:17	2:22:30	2:48:12	4:18:11	1001

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
1000	-	-	43:35	1:30:20	2:22:36	2:48:19	4:18:21
999	12:31	21:04	43:37	1:30:23	2:22:41	2:48:26	4:18:32
998	-	21:05	43:38	1:30:27	2:22:47	2:48:32	4:18:43
997	12:32	21:06	43:40	1:30:30	2:22:53	2:48:39	4:18:54
996	-	21:07	43:42	1:30:33	2:22:58	2:48:46	4:19:05
995	12:33	21:08	43:43	1:30:36	2:23:04	2:48:53	4:19:16
994	-	21:09	43:45	1:30:40	2:23:10	2:49:00	4:19:27
993	12:34	-	43:47	1:30:43	2:23:15	2:49:07	4:19:37
992	-	21:10	43:48	1:30:46	2:23:21	2:49:14	4:19:48
991	12:35	21:11	43:50	1:30:50	2:23:26	2:49:21	4:19:59
990	-	21:12	43:51	1:30:53	2:23:32	2:49:28	4:20:10
989	12:36	21:13	43:53	1:30:56	2:23:38	2:49:35	4:20:21
988	-	21:14	43:55	1:31:00	2:23:43	2:49:42	4:20:32
987	12:37	-	43:56	1:31:03	2:23:49	2:49:49	4:20:43
986	-	21:15	43:58	1:31:06	2:23:55	2:49:56	4:20:54
985	12:38	21:16	43:59	1:31:10	2:24:00	2:50:03	4:21:05
984	-	21:17	44:01	1:31:13	2:24:06	2:50:10	4:21:16
983	12:39	21:18	44:03	1:31:16	2:24:12	2:50:17	4:21:27
982	12:40	21:19	44:04	1:31:19	2:24:17	2:50:24	4:21:38
981	-	-	44:06	1:31:23	2:24:23	2:50:31	4:21:48
980	12:41	21:20	44:07	1:31:26	2:24:29	2:50:38	4:21:59
979	-	21:21	44:09	1:31:29	2:24:34	2:50:45	4:22:10
978	12:42	21:22	44:11	1:31:33	2:24:40	2:50:52	4:22:21
977	-	21:23	44:12	1:31:36	2:24:46	2:50:59	4:22:32
976	12:43	21:24	44:14	1:31:39	2:24:51	2:51:06	4:22:43
975	-	21:25	44:16	1:31:43	2:24:57	2:51:13	4:22:54
974	12:44	-	44:17	1:31:46	2:25:03	2:51:20	4:23:05
973	-	21:26	44:19	1:31:49	2:25:09	2:51:27	4:23:16
972	12:45	21:27	44:20	1:31:53	2:25:14	2:51:34	4:23:27
971	-	21:28	44:22	1:31:56	2:25:20	2:51:41	4:23:38
970	12:46	21:29	44:24	1:31:59	2:25:26	2:51:48	4:23:49
969	-	21:30	44:25	1:32:03	2:25:31	2:51:55	4:24:00
968	12:47	21:31	44:27	1:32:06	2:25:37	2:52:02	4:24:11
967	-	-	44:29	1:32:09	2:25:43	2:52:09	4:24:22
966	12:48	21:32	44:30	1:32:13	2:25:49	2:52:16	4:24:33
965	-	21:33	44:32	1:32:16	2:25:54	2:52:23	4:24:44
964	12:49	21:34	44:33	1:32:19	2:26:00	2:52:30	4:24:55
963	-	21:35	44:35	1:32:23	2:26:06	2:52:37	4:25:07
962	12:50	21:36	44:37	1:32:26	2:26:11	2:52:44	4:25:18
961	-	21:37	44:38	1:32:30	2:26:17	2:52:51	4:25:29
960	12:51	-	44:40	1:32:33	2:26:23	2:52:58	4:25:40
959	-	21:38	44:42	1:32:36	2:26:29	2:53:05	4:25:51
958	12:52	21:39	44:43	1:32:40	2:26:34	2:53:12	4:26:02
957	-	21:40	44:45	1:32:43	2:26:40	2:53:19	4:26:13
956	12:53	21:41	44:47	1:32:46	2:26:46	2:53:27	4:26:24
955	-	21:42	44:48	1:32:50	2:26:52	2:53:34	4:26:35
954	12:54	-	44:50	1:32:53	2:26:57	2:53:41	4:26:46
953	-	21:43	44:51	1:32:56	2:27:03	2:53:48	4:26:57
952	12:55	21:44	44:53	1:33:00	2:27:09	2:53:55	4:27:09
951	-	21:45	44:55	1:33:03	2:27:15	2:54:02	4:27:20

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
12:56	21:46	44:56	1:33:07	2:27:20	2:54:09	4:27:31	950
-	21:47	44:58	1:33:10	2:27:26	2:54:16	4:27:42	949
12:57	21:48	45:00	1:33:13	2:27:32	2:54:23	4:27:53	948
-	21:49	45:01	1:33:17	2:27:38	2:54:30	4:28:04	947
12:58	-	45:03	1:33:20	2:27:44	2:54:37	4:28:15	946
12:59	21:50	45:05	1:33:23	2:27:49	2:54:45	4:28:26	945
-	21:51	45:06	1:33:27	2:27:55	2:54:52	4:28:38	944
13:00	21:52	45:08	1:33:30	2:28:01	2:54:59	4:28:49	943
-	21:53	45:10	1:33:34	2:28:07	2:55:06	4:29:00	942
13:01	21:54	45:11	1:33:37	2:28:12	2:55:13	4:29:11	941
-	21:55	45:13	1:33:40	2:28:18	2:55:20	4:29:22	940
13:02	-	45:15	1:33:44	2:28:24	2:55:27	4:29:34	939
-	21:56	45:16	1:33:47	2:28:30	2:55:35	4:29:45	938
13:03	21:57	45:18	1:33:51	2:28:36	2:55:42	4:29:56	937
-	21:58	45:20	1:33:54	2:28:41	2:55:49	4:30:07	936
13:04	21:59	45:21	1:33:57	2:28:47	2:55:56	4:30:18	935
-	22:00	45:23	1:34:01	2:28:53	2:56:03	4:30:30	934
13:05	22:01	45:24	1:34:04	2:28:59	2:56:10	4:30:41	933
-	-	45:26	1:34:08	2:29:05	2:56:17	4:30:52	932
13:06	22:02	45:28	1:34:11	2:29:11	2:56:25	4:31:03	931
-	22:03	45:29	1:34:14	2:29:16	2:56:32	4:31:15	930
13:07	22:04	45:31	1:34:18	2:29:22	2:56:39	4:31:26	929
-	22:05	45:33	1:34:21	2:29:28	2:56:46	4:31:37	928
13:08	22:06	45:34	1:34:25	2:29:34	2:56:53	4:31:48	927
-	22:07	45:36	1:34:28	2:29:40	2:57:01	4:32:00	926
13:09	22:08	45:38	1:34:32	2:29:46	2:57:08	4:32:11	925
-	-	45:39	1:34:35	2:29:51	2:57:15	4:32:22	924
13:10	22:09	45:41	1:34:38	2:29:57	2:57:22	4:32:33	923
13:11	22:10	45:43	1:34:42	2:30:03	2:57:29	4:32:45	922
-	22:11	45:44	1:34:45	2:30:09	2:57:37	4:32:56	921
13:12	22:12	45:46	1:34:49	2:30:15	2:57:44	4:33:07	920
-	22:13	45:48	1:34:52	2:30:21	2:57:51	4:33:19	919
13:13	22:14	45:49	1:34:56	2:30:27	2:57:58	4:33:30	918
-	22:15	45:51	1:34:59	2:30:32	2:58:05	4:33:41	917
13:14	-	45:53	1:35:02	2:30:38	2:58:13	4:33:53	916
-	22:16	45:54	1:35:06	2:30:44	2:58:20	4:34:04	915
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-	22:18	45:58	1:35:13	2:30:56	2:58:34	4:34:27	913
13:16	22:19	46:00	1:35:16	2:31:02	2:58:42	4:34:38	912
-	22:20	46:01	1:35:20	2:31:08	2:58:49	4:34:49	911
13:17	22:21	46:03	1:35:23	2:31:14	2:58:56	4:35:01	910
-	22:22	46:05	1:35:26	2:31:20	2:59:03	4:35:12	909
13:18	-	46:06	1:35:30	2:31:25	2:59:11	4:35:24	908
-	22:23	46:08	1:35:33	2:31:31	2:59:18	4:35:35	907
13:19	22:24	46:10	1:35:37	2:31:37	2:59:25	4:35:46	906
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-	22:26	46:13	1:35:44	2:31:49	2:59:40	4:36:09	904
13:21	22:27	46:15	1:35:47	2:31:55	2:59:47	4:36:21	903
-	22:28	46:16	1:35:51	2:32:01	2:59:54	4:36:32	902
13:22	22:29	46:18	1:35:54	2:32:07	3:00:02	4:36:43	901

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
900	-	22:30	46:20	1:35:58	2:32:13	3:00:09	4:36:55
899	13:23	-	46:21	1:36:01	2:32:19	3:00:16	4:37:06
898	-	22:31	46:23	1:36:05	2:32:25	3:00:23	4:37:18
897	13:24	22:32	46:25	1:36:08	2:32:31	3:00:31	4:37:29
896	-	22:33	46:26	1:36:12	2:32:36	3:00:38	4:37:41
895	13:25	22:34	46:28	1:36:15	2:32:42	3:00:45	4:37:52
894	-	22:35	46:30	1:36:18	2:32:48	3:00:53	4:38:04
893	13:26	22:36	46:32	1:36:22	2:32:54	3:01:00	4:38:15
892	-	22:37	46:33	1:36:25	2:33:00	3:01:07	4:38:27
891	13:27	-	46:35	1:36:29	2:33:06	3:01:15	4:38:38
890	-	22:38	46:37	1:36:32	2:33:12	3:01:22	4:38:50
889	13:28	22:39	46:38	1:36:36	2:33:18	3:01:29	4:39:01
888	13:29	22:40	46:40	1:36:39	2:33:24	3:01:37	4:39:13
887	-	22:41	46:42	1:36:43	2:33:30	3:01:44	4:39:24
886	13:30	22:42	46:43	1:36:46	2:33:36	3:01:51	4:39:36
885	-	22:43	46:45	1:36:50	2:33:42	3:01:59	4:39:47
884	13:31	22:44	46:47	1:36:53	2:33:48	3:02:06	4:39:59
883	-	22:45	46:49	1:36:57	2:33:54	3:02:13	4:40:10
882	13:32	-	46:50	1:37:00	2:34:00	3:02:21	4:40:22
881	-	22:46	46:52	1:37:04	2:34:06	3:02:28	4:40:33
880	13:33	22:47	46:54	1:37:07	2:34:12	3:02:36	4:40:45
879	-	22:48	46:55	1:37:11	2:34:18	3:02:43	4:40:56
878	13:34	22:49	46:57	1:37:14	2:34:24	3:02:50	4:41:08
877	-	22:50	46:59	1:37:18	2:34:30	3:02:58	4:41:20
876	13:35	22:51	47:01	1:37:21	2:34:36	3:03:05	4:41:31
875	13:36	22:52	47:02	1:37:25	2:34:42	3:03:13	4:41:43
874	-	22:53	47:04	1:37:28	2:34:48	3:03:20	4:41:54
873	13:37	22:54	47:06	1:37:32	2:34:54	3:03:27	4:42:06
872	-	-	47:07	1:37:35	2:35:00	3:03:35	4:42:18
871	13:38	22:55	47:09	1:37:39	2:35:06	3:03:42	4:42:29
870	-	22:56	47:11	1:37:43	2:35:12	3:03:50	4:42:41
869	13:39	22:57	47:13	1:37:46	2:35:18	3:03:57	4:42:52
868	-	22:58	47:14	1:37:50	2:35:24	3:04:04	4:43:04
867	13:40	22:59	47:16	1:37:53	2:35:30	3:04:12	4:43:16
866	-	23:00	47:18	1:37:57	2:35:36	3:04:19	4:43:27
865	13:41	23:01	47:19	1:38:00	2:35:42	3:04:27	4:43:39
864	13:42	23:02	47:21	1:38:04	2:35:48	3:04:34	4:43:51
863	-	23:03	47:23	1:38:07	2:35:54	3:04:42	4:44:02
862	13:43	-	47:25	1:38:11	2:36:00	3:04:49	4:44:14
861	-	23:04	47:26	1:38:14	2:36:06	3:04:57	4:44:26
860	13:44	23:05	47:28	1:38:18	2:36:12	3:05:04	4:44:37
859	-	23:06	47:30	1:38:21	2:36:19	3:05:11	4:44:49
858	13:45	23:07	47:31	1:38:25	2:36:25	3:05:19	4:45:01
857	-	23:08	47:33	1:38:29	2:36:31	3:05:26	4:45:13
856	13:46	23:09	47:35	1:38:32	2:36:37	3:05:34	4:45:24
855	-	23:10	47:37	1:38:36	2:36:43	3:05:41	4:45:36
854	13:47	23:11	47:38	1:38:39	2:36:49	3:05:49	4:45:48
853	-	23:12	47:40	1:38:43	2:36:55	3:05:56	4:46:00
852	13:48	-	47:42	1:38:46	2:37:01	3:06:04	4:46:11
851	13:49	23:13	47:44	1:38:50	2:37:07	3:06:11	4:46:23

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
-	23:14	47:45	1:38:53	2:37:13	3:06:19	4:46:35	850
13:50	23:15	47:47	1:38:57	2:37:19	3:06:26	4:46:47	849
-	23:16	47:49	1:39:01	2:37:25	3:06:34	4:46:58	848
13:51	23:17	47:51	1:39:04	2:37:32	3:06:41	4:47:10	847
-	23:18	47:52	1:39:08	2:37:38	3:06:49	4:47:22	846
13:52	23:19	47:54	1:39:11	2:37:44	3:06:56	4:47:34	845
-	23:20	47:56	1:39:15	2:37:50	3:07:04	4:47:46	844
13:53	23:21	47:58	1:39:19	2:37:56	3:07:11	4:47:57	843
13:54	23:22	47:59	1:39:22	2:38:02	3:07:19	4:48:09	842
-	23:23	48:01	1:39:26	2:38:08	3:07:27	4:48:21	841
13:55	-	48:03	1:39:29	2:38:14	3:07:34	4:48:33	840
-	23:24	48:05	1:39:33	2:38:21	3:07:42	4:48:45	839
13:56	23:25	48:06	1:39:36	2:38:27	3:07:49	4:48:57	838
-	23:26	48:08	1:39:40	2:38:33	3:07:57	4:49:08	837
13:57	23:27	48:10	1:39:44	2:38:39	3:08:04	4:49:20	836
-	23:28	48:12	1:39:47	2:38:45	3:08:12	4:49:32	835
13:58	23:29	48:13	1:39:51	2:38:51	3:08:19	4:49:44	834
-	23:30	48:15	1:39:54	2:38:57	3:08:27	4:49:56	833
13:59	23:31	48:17	1:39:58	2:39:04	3:08:35	4:50:08	832
14:00	23:32	48:19	1:40:02	2:39:10	3:08:42	4:50:20	831
-	23:33	48:20	1:40:05	2:39:16	3:08:50	4:50:32	830
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14:02	23:35	48:26	1:40:16	2:39:34	3:09:13	4:51:07	827
-	23:36	48:27	1:40:20	2:39:41	3:09:20	4:51:19	826
14:03	23:37	48:29	1:40:23	2:39:47	3:09:28	4:51:31	825
-	23:38	48:31	1:40:27	2:39:53	3:09:35	4:51:43	824
14:04	23:39	48:33	1:40:31	2:39:59	3:09:43	4:51:55	823
14:05	23:40	48:34	1:40:34	2:40:05	3:09:51	4:52:07	822
-	23:41	48:36	1:40:38	2:40:12	3:09:58	4:52:19	821
14:06	23:42	48:38	1:40:41	2:40:18	3:10:06	4:52:31	820
-	23:43	48:40	1:40:45	2:40:24	3:10:14	4:52:43	819
14:07	23:44	48:42	1:40:49	2:40:30	3:10:21	4:52:55	818
-	23:45	48:43	1:40:52	2:40:36	3:10:29	4:53:07	817
14:08	23:46	48:45	1:40:56	2:40:43	3:10:37	4:53:19	816
-	-	48:47	1:41:00	2:40:49	3:10:44	4:53:31	815
14:09	23:47	48:49	1:41:03	2:40:55	3:10:52	4:53:43	814
14:10	23:48	48:50	1:41:07	2:41:01	3:11:00	4:53:55	813
-	23:49	48:52	1:41:11	2:41:08	3:11:07	4:54:07	812
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-	23:51	48:56	1:41:18	2:41:20	3:11:23	4:54:31	810
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-	23:53	48:59	1:41:25	2:41:33	3:11:38	4:54:55	808
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14:15	23:57	49:06	1:41:40	2:41:58	3:12:09	4:55:44	804
-	23:58	49:08	1:41:44	2:42:04	3:12:17	4:55:56	803
14:16	23:59	49:10	1:41:47	2:42:10	3:12:24	4:56:08	802
-	24:00	49:12	1:41:51	2:42:16	3:12:32	4:56:20	801

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
800	14:17	-	49:14	1:41:55	2:42:23	3:12:40	4:56:32
799	-	24:01	49:15	1:41:58	2:42:29	3:12:48	4:56:44
798	14:18	24:02	49:17	1:42:02	2:42:35	3:12:55	4:56:56
797	14:19	24:03	49:19	1:42:06	2:42:42	3:13:03	4:57:09
796	-	24:04	49:21	1:42:09	2:42:48	3:13:11	4:57:21
795	14:20	24:05	49:23	1:42:13	2:42:54	3:13:19	4:57:33
794	-	24:06	49:24	1:42:17	2:43:01	3:13:26	4:57:45
793	14:21	24:07	49:26	1:42:20	2:43:07	3:13:34	4:57:57
792	-	24:08	49:28	1:42:24	2:43:13	3:13:42	4:58:09
791	14:22	24:09	49:30	1:42:28	2:43:20	3:13:50	4:58:22
790	14:23	24:10	49:32	1:42:31	2:43:26	3:13:57	4:58:34
789	-	24:11	49:33	1:42:35	2:43:32	3:14:05	4:58:46
788	14:24	24:12	49:35	1:42:39	2:43:38	3:14:13	4:58:58
787	-	24:13	49:37	1:42:43	2:43:45	3:14:21	4:59:10
786	14:25	24:14	49:39	1:42:46	2:43:51	3:14:29	4:59:23
785	-	24:15	49:41	1:42:50	2:43:57	3:14:36	4:59:35
784	14:26	24:16	49:42	1:42:54	2:44:04	3:14:44	4:59:47
783	14:27	-	49:44	1:42:57	2:44:10	3:14:52	4:59:59
782	-	24:17	49:46	1:43:01	2:44:17	3:15:00	5:00:12
781	14:28	24:18	49:48	1:43:05	2:44:23	3:15:08	5:00:24
780	-	24:19	49:50	1:43:09	2:44:29	3:15:16	5:00:36
779	14:29	24:20	49:51	1:43:12	2:44:36	3:15:23	5:00:48
778	-	24:21	49:53	1:43:16	2:44:42	3:15:31	5:01:01
777	14:30	24:22	49:55	1:43:20	2:44:48	3:15:39	5:01:13
776	14:31	24:23	49:57	1:43:24	2:44:55	3:15:47	5:01:25
775	-	24:24	49:59	1:43:27	2:45:01	3:15:55	5:01:38
774	14:32	24:25	50:01	1:43:31	2:45:08	3:16:03	5:01:50
773	-	24:26	50:02	1:43:35	2:45:14	3:16:11	5:02:02
772	14:33	24:27	50:04	1:43:39	2:45:20	3:16:18	5:02:15
771	-	24:28	50:06	1:43:42	2:45:27	3:16:26	5:02:27
770	14:34	24:29	50:08	1:43:46	2:45:33	3:16:34	5:02:39
769	14:35	24:30	50:10	1:43:50	2:45:40	3:16:42	5:02:52
768	-	24:31	50:11	1:43:54	2:45:46	3:16:50	5:03:04
767	14:36	24:32	50:13	1:43:57	2:45:52	3:16:58	5:03:17
766	-	24:33	50:15	1:44:01	2:45:59	3:17:06	5:03:29
765	14:37	24:34	50:17	1:44:05	2:46:05	3:17:14	5:03:41
764	-	24:35	50:19	1:44:09	2:46:12	3:17:22	5:03:54
763	14:38	24:36	50:21	1:44:12	2:46:18	3:17:29	5:04:06
762	14:39	-	50:22	1:44:16	2:46:25	3:17:37	5:04:19
761	-	24:37	50:24	1:44:20	2:46:31	3:17:45	5:04:31
760	14:40	24:38	50:26	1:44:24	2:46:37	3:17:53	5:04:43
759	-	24:39	50:28	1:44:27	2:46:44	3:18:01	5:04:56
758	14:41	24:40	50:30	1:44:31	2:46:50	3:18:09	5:05:08
757	14:42	24:41	50:32	1:44:35	2:46:57	3:18:17	5:05:21
756	-	24:42	50:33	1:44:39	2:47:03	3:18:25	5:05:33
755	14:43	24:43	50:35	1:44:43	2:47:10	3:18:33	5:05:46
754	-	24:44	50:37	1:44:46	2:47:16	3:18:41	5:05:58
753	14:44	24:45	50:39	1:44:50	2:47:23	3:18:49	5:06:11
752	-	24:46	50:41	1:44:54	2:47:29	3:18:57	5:06:23
751	14:45	24:47	50:43	1:44:58	2:47:36	3:19:05	5:06:36

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
14:46	24:48	50:45	1:45:01	2:47:42	3:19:13	5:06:48	750
-	24:49	50:46	1:45:05	2:47:49	3:19:21	5:07:01	749
14:47	24:50	50:48	1:45:09	2:47:55	3:19:29	5:07:13	748
-	24:51	50:50	1:45:13	2:48:02	3:19:37	5:07:26	747
14:48	24:52	50:52	1:45:17	2:48:08	3:19:45	5:07:39	746
-	24:53	50:54	1:45:20	2:48:15	3:19:53	5:07:51	745
14:49	24:54	50:56	1:45:24	2:48:21	3:20:01	5:08:04	744
14:50	24:55	50:58	1:45:28	2:48:28	3:20:09	5:08:16	743
-	24:56	50:59	1:45:32	2:48:34	3:20:17	5:08:29	742
14:51	24:57	51:01	1:45:36	2:48:41	3:20:25	5:08:41	741
-	24:58	51:03	1:45:40	2:48:47	3:20:33	5:08:54	740
14:52	24:59	51:05	1:45:43	2:48:54	3:20:41	5:09:07	739
14:53	25:00	51:07	1:45:47	2:49:00	3:20:49	5:09:19	738
-	25:01	51:09	1:45:51	2:49:07	3:20:57	5:09:32	737
14:54	25:02	51:11	1:45:55	2:49:13	3:21:05	5:09:45	736
-	25:03	51:12	1:45:59	2:49:20	3:21:13	5:09:57	735
14:55	25:04	51:14	1:46:03	2:49:27	3:21:21	5:10:10	734
14:56	25:05	51:16	1:46:06	2:49:33	3:21:30	5:10:23	733
-	25:06	51:18	1:46:10	2:49:40	3:21:38	5:10:35	732
14:57	25:07	51:20	1:46:14	2:49:46	3:21:46	5:10:48	731
-	25:08	51:22	1:46:18	2:49:53	3:21:54	5:11:01	730
14:58	25:09	51:24	1:46:22	2:49:59	3:22:02	5:11:13	729
-	-	51:26	1:46:26	2:50:06	3:22:10	5:11:26	728
14:59	25:10	51:27	1:46:30	2:50:13	3:22:18	5:11:39	727
15:00	25:11	51:29	1:46:33	2:50:19	3:22:26	5:11:51	726
-	25:12	51:31	1:46:37	2:50:26	3:22:34	5:12:04	725
15:01	25:13	51:33	1:46:41	2:50:32	3:22:43	5:12:17	724
-	25:14	51:35	1:46:45	2:50:39	3:22:51	5:12:30	723
15:02	25:15	51:37	1:46:49	2:50:46	3:22:59	5:12:42	722
15:03	25:16	51:39	1:46:53	2:50:52	3:23:07	5:12:55	721
-	25:17	51:41	1:46:57	2:50:59	3:23:15	5:13:08	720
15:04	25:18	51:43	1:47:00	2:51:05	3:23:23	5:13:21	719
-	25:19	51:44	1:47:04	2:51:12	3:23:31	5:13:34	718
15:05	25:20	51:46	1:47:08	2:51:19	3:23:40	5:13:46	717
15:06	25:21	51:48	1:47:12	2:51:25	3:23:48	5:13:59	716
-	25:22	51:50	1:47:16	2:51:32	3:23:56	5:14:12	715
15:07	25:23	51:52	1:47:20	2:51:39	3:24:04	5:14:25	714
-	25:24	51:54	1:47:24	2:51:45	3:24:12	5:14:38	713
15:08	25:25	51:56	1:47:28	2:51:52	3:24:21	5:14:51	712
15:09	25:26	51:58	1:47:32	2:51:59	3:24:29	5:15:03	711
-	25:27	52:00	1:47:36	2:52:05	3:24:37	5:15:16	710
15:10	25:28	52:01	1:47:39	2:52:12	3:24:45	5:15:29	709
-	25:29	52:03	1:47:43	2:52:19	3:24:53	5:15:42	708
15:11	25:30	52:05	1:47:47	2:52:25	3:25:02	5:15:55	707
15:12	25:31	52:07	1:47:51	2:52:32	3:25:10	5:16:08	706
-	25:32	52:09	1:47:55	2:52:39	3:25:18	5:16:21	705
15:13	25:33	52:11	1:47:59	2:52:45	3:25:26	5:16:34	704
-	25:34	52:13	1:48:03	2:52:52	3:25:35	5:16:47	703
15:14	25:35	52:15	1:48:07	2:52:59	3:25:43	5:17:00	702
15:15	25:36	52:17	1:48:11	2:53:06	3:25:51	5:17:13	701

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
700	-	25:37	52:19	1:48:15	2:53:12	3:25:59	5:17:26
699	15:16	25:38	52:21	1:48:19	2:53:19	3:26:08	5:17:38
698	-	25:39	52:23	1:48:23	2:53:26	3:26:16	5:17:51
697	15:17	25:40	52:24	1:48:26	2:53:32	3:26:24	5:18:04
696	15:18	25:41	52:26	1:48:30	2:53:39	3:26:32	5:18:17
695	-	25:42	52:28	1:48:34	2:53:46	3:26:41	5:18:30
694	15:19	25:43	52:30	1:48:38	2:53:53	3:26:49	5:18:43
693	-	25:44	52:32	1:48:42	2:53:59	3:26:57	5:18:57
692	15:20	25:45	52:34	1:48:46	2:54:06	3:27:06	5:19:10
691	15:21	25:46	52:36	1:48:50	2:54:13	3:27:14	5:19:23
690	-	25:47	52:38	1:48:54	2:54:20	3:27:22	5:19:36
689	15:22	25:48	52:40	1:48:58	2:54:26	3:27:31	5:19:49
688	-	25:49	52:42	1:49:02	2:54:33	3:27:39	5:20:02
687	15:23	25:50	52:44	1:49:06	2:54:40	3:27:47	5:20:15
686	15:24	25:51	52:46	1:49:10	2:54:47	3:27:56	5:20:28
685	-	25:52	52:48	1:49:14	2:54:54	3:28:04	5:20:41
684	15:25	25:53	52:49	1:49:18	2:55:00	3:28:12	5:20:54
683	15:26	25:54	52:51	1:49:22	2:55:07	3:28:21	5:21:07
682	-	25:55	52:53	1:49:26	2:55:14	3:28:29	5:21:20
681	15:27	25:56	52:55	1:49:30	2:55:21	3:28:38	5:21:34
680	-	25:57	52:57	1:49:34	2:55:28	3:28:46	5:21:47
679	15:28	25:58	52:59	1:49:38	2:55:34	3:28:54	5:22:00
678	15:29	25:59	53:01	1:49:42	2:55:41	3:29:03	5:22:13
677	-	26:00	53:03	1:49:46	2:55:48	3:29:11	5:22:26
676	15:30	26:02	53:05	1:49:50	2:55:55	3:29:20	5:22:39
675	-	26:03	53:07	1:49:54	2:56:02	3:29:28	5:22:53
674	15:31	26:04	53:09	1:49:58	2:56:09	3:29:36	5:23:06
673	15:32	26:05	53:11	1:50:02	2:56:16	3:29:45	5:23:19
672	-	26:06	53:13	1:50:06	2:56:22	3:29:53	5:23:32
671	15:33	26:07	53:15	1:50:10	2:56:29	3:30:02	5:23:46
670	-	26:08	53:17	1:50:14	2:56:36	3:30:10	5:23:59
669	15:34	26:09	53:19	1:50:18	2:56:43	3:30:19	5:24:12
668	15:35	26:10	53:21	1:50:22	2:56:50	3:30:27	5:24:25
667	-	26:11	53:23	1:50:26	2:56:57	3:30:36	5:24:39
666	15:36	26:12	53:25	1:50:30	2:57:04	3:30:44	5:24:52
665	15:37	26:13	53:27	1:50:34	2:57:10	3:30:53	5:25:05
664	-	26:14	53:29	1:50:38	2:57:17	3:31:01	5:25:19
663	15:38	26:15	53:30	1:50:42	2:57:24	3:31:10	5:25:32
662	-	26:16	53:32	1:50:46	2:57:31	3:31:18	5:25:45
661	15:39	26:17	53:34	1:50:50	2:57:38	3:31:27	5:25:58
660	15:40	26:18	53:36	1:50:54	2:57:45	3:31:35	5:26:12
659	-	26:19	53:38	1:50:58	2:57:52	3:31:44	5:26:25
658	15:41	26:20	53:40	1:51:02	2:57:59	3:31:52	5:26:39
657	15:42	26:21	53:42	1:51:06	2:58:06	3:32:01	5:26:52
656	-	26:22	53:44	1:51:10	2:58:13	3:32:09	5:27:05
655	15:43	26:23	53:46	1:51:15	2:58:20	3:32:18	5:27:19
654	-	26:24	53:48	1:51:19	2:58:27	3:32:26	5:27:32
653	15:44	26:25	53:50	1:51:23	2:58:34	3:32:35	5:27:46
652	15:45	26:26	53:52	1:51:27	2:58:41	3:32:43	5:27:59
651	-	26:27	53:54	1:51:31	2:58:48	3:32:52	5:28:12



3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
15:46	26:28	53:56	1:51:35	2:58:54	3:33:01	5:28:26	650
15:47	26:29	53:58	1:51:39	2:59:01	3:33:09	5:28:39	649
-	26:30	54:00	1:51:43	2:59:08	3:33:18	5:28:53	648
15:48	26:31	54:02	1:51:47	2:59:15	3:33:26	5:29:06	647
-	26:32	54:04	1:51:51	2:59:22	3:33:35	5:29:20	646
15:49	26:33	54:06	1:51:55	2:59:29	3:33:44	5:29:33	645
15:50	26:35	54:08	1:51:59	2:59:36	3:33:52	5:29:47	644
-	26:36	54:10	1:52:04	2:59:43	3:34:01	5:30:00	643
15:51	26:37	54:12	1:52:08	2:59:50	3:34:09	5:30:14	642
15:52	26:38	54:14	1:52:12	2:59:57	3:34:18	5:30:27	641
-	26:39	54:16	1:52:16	3:00:04	3:34:27	5:30:41	640
15:53	26:40	54:18	1:52:20	3:00:12	3:34:35	5:30:55	639
-	26:41	54:20	1:52:24	3:00:19	3:34:44	5:31:08	638
15:54	26:42	54:22	1:52:28	3:00:26	3:34:53	5:31:22	637
15:55	26:43	54:24	1:52:32	3:00:33	3:35:01	5:31:35	636
-	26:44	54:26	1:52:36	3:00:40	3:35:10	5:31:49	635
15:56	26:45	54:28	1:52:41	3:00:47	3:35:19	5:32:03	634
15:57	26:46	54:30	1:52:45	3:00:54	3:35:27	5:32:16	633
-	26:47	54:32	1:52:49	3:01:01	3:35:36	5:32:30	632
15:58	26:48	54:34	1:52:53	3:01:08	3:35:45	5:32:43	631
15:59	26:49	54:36	1:52:57	3:01:15	3:35:54	5:32:57	630
-	26:50	54:38	1:53:01	3:01:22	3:36:02	5:33:11	629
16:00	26:51	54:40	1:53:05	3:01:29	3:36:11	5:33:24	628
-	26:52	54:42	1:53:10	3:01:36	3:36:20	5:33:38	627
16:01	26:53	54:44	1:53:14	3:01:43	3:36:29	5:33:52	626
16:02	26:55	54:46	1:53:18	3:01:51	3:36:37	5:34:06	625
-	26:56	54:48	1:53:22	3:01:58	3:36:46	5:34:19	624
16:03	26:57	54:50	1:53:26	3:02:05	3:36:55	5:34:33	623
16:04	26:58	54:52	1:53:30	3:02:12	3:37:04	5:34:47	622
-	26:59	54:54	1:53:35	3:02:19	3:37:12	5:35:01	621
16:05	27:00	54:57	1:53:39	3:02:26	3:37:21	5:35:14	620
16:06	27:01	54:59	1:53:43	3:02:33	3:37:30	5:35:28	619
-	27:02	55:01	1:53:47	3:02:40	3:37:39	5:35:42	618
16:07	27:03	55:03	1:53:51	3:02:48	3:37:48	5:35:56	617
-	27:04	55:05	1:53:56	3:02:55	3:37:56	5:36:10	616
16:08	27:05	55:07	1:54:00	3:03:02	3:38:05	5:36:23	615
16:09	27:06	55:09	1:54:04	3:03:09	3:38:14	5:36:37	614
-	27:07	55:11	1:54:08	3:03:16	3:38:23	5:36:51	613
16:10	27:08	55:13	1:54:12	3:03:23	3:38:32	5:37:05	612
16:11	27:09	55:15	1:54:17	3:03:31	3:38:41	5:37:19	611
-	27:10	55:17	1:54:21	3:03:38	3:38:49	5:37:33	610
16:12	27:12	55:19	1:54:25	3:03:45	3:38:58	5:37:47	609
16:13	27:13	55:21	1:54:29	3:03:52	3:39:07	5:38:01	608
-	27:14	55:23	1:54:33	3:03:59	3:39:16	5:38:14	607
16:14	27:15	55:25	1:54:38	3:04:07	3:39:25	5:38:28	606
16:15	27:16	55:27	1:54:42	3:04:14	3:39:34	5:38:42	605
-	27:17	55:29	1:54:46	3:04:21	3:39:43	5:38:56	604
16:16	27:18	55:31	1:54:50	3:04:28	3:39:52	5:39:10	603
16:17	27:19	55:33	1:54:55	3:04:36	3:40:01	5:39:24	602
-	27:20	55:35	1:54:59	3:04:43	3:40:09	5:39:38	601

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
600	16:18	27:21	55:38	1:55:03	3:04:50	3:40:18	5:39:52
599	-	27:22	55:40	1:55:07	3:04:57	3:40:27	5:40:06
598	16:19	27:23	55:42	1:55:12	3:05:05	3:40:36	5:40:20
597	16:20	27:25	55:44	1:55:16	3:05:12	3:40:45	5:40:34
596	-	27:26	55:46	1:55:20	3:05:19	3:40:54	5:40:48
595	16:21	27:27	55:48	1:55:24	3:05:26	3:41:03	5:41:02
594	16:22	27:28	55:50	1:55:29	3:05:34	3:41:12	5:41:16
593	-	27:29	55:52	1:55:33	3:05:41	3:41:21	5:41:31
592	16:23	27:30	55:54	1:55:37	3:05:48	3:41:30	5:41:45
591	16:24	27:31	55:56	1:55:41	3:05:56	3:41:39	5:41:59
590	-	27:32	55:58	1:55:46	3:06:03	3:41:48	5:42:13
589	16:25	27:33	56:00	1:55:50	3:06:10	3:41:57	5:42:27
588	16:26	27:34	56:02	1:55:54	3:06:18	3:42:06	5:42:41
587	-	27:35	56:05	1:55:59	3:06:25	3:42:15	5:42:55
586	16:27	27:37	56:07	1:56:03	3:06:32	3:42:24	5:43:09
585	16:28	27:38	56:09	1:56:07	3:06:40	3:42:33	5:43:24
584	-	27:39	56:11	1:56:11	3:06:47	3:42:42	5:43:38
583	16:29	27:40	56:13	1:56:16	3:06:54	3:42:51	5:43:52
582	16:30	27:41	56:15	1:56:20	3:07:02	3:43:00	5:44:06
581	-	27:42	56:17	1:56:24	3:07:09	3:43:09	5:44:20
580	16:31	27:43	56:19	1:56:29	3:07:17	3:43:19	5:44:35
579	16:32	27:44	56:21	1:56:33	3:07:24	3:43:28	5:44:49
578	-	27:45	56:23	1:56:37	3:07:31	3:43:37	5:45:03
577	16:33	27:46	56:26	1:56:42	3:07:39	3:43:46	5:45:17
576	16:34	27:48	56:28	1:56:46	3:07:46	3:43:55	5:45:32
575	-	27:49	56:30	1:56:50	3:07:53	3:44:04	5:45:46
574	16:35	27:50	56:32	1:56:55	3:08:01	3:44:13	5:46:00
573	16:36	27:51	56:34	1:56:59	3:08:08	3:44:22	5:46:15
572	-	27:52	56:36	1:57:03	3:08:16	3:44:32	5:46:29
571	16:37	27:53	56:38	1:57:08	3:08:23	3:44:41	5:46:43
570	16:38	27:54	56:40	1:57:12	3:08:31	3:44:50	5:46:58
569	-	27:55	56:42	1:57:16	3:08:38	3:44:59	5:47:12
568	16:39	27:56	56:45	1:57:21	3:08:46	3:45:08	5:47:27
567	16:40	27:57	56:47	1:57:25	3:08:53	3:45:17	5:47:41
566	-	27:59	56:49	1:57:30	3:09:00	3:45:27	5:47:55
565	16:41	28:00	56:51	1:57:34	3:09:08	3:45:36	5:48:10
564	16:42	28:01	56:53	1:57:38	3:09:15	3:45:45	5:48:24
563	-	28:02	56:55	1:57:43	3:09:23	3:45:54	5:48:39
562	16:43	28:03	56:57	1:57:47	3:09:30	3:46:03	5:48:53
561	16:44	28:04	57:00	1:57:51	3:09:38	3:46:13	5:49:08
560	-	28:05	57:02	1:57:56	3:09:45	3:46:22	5:49:22
559	16:45	28:06	57:04	1:58:00	3:09:53	3:46:31	5:49:37
558	16:46	28:08	57:06	1:58:05	3:10:00	3:46:40	5:49:51
557	-	28:09	57:08	1:58:09	3:10:08	3:46:50	5:50:06
556	16:47	28:10	57:10	1:58:13	3:10:16	3:46:59	5:50:20
555	16:48	28:11	57:12	1:58:18	3:10:23	3:47:08	5:50:35
554	-	28:12	57:15	1:58:22	3:10:31	3:47:18	5:50:49
553	16:49	28:13	57:17	1:58:27	3:10:38	3:47:27	5:51:04
552	16:50	28:14	57:19	1:58:31	3:10:46	3:47:36	5:51:18
551	-	28:15	57:21	1:58:36	3:10:53	3:47:45	5:51:33

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
16:51	28:17	57:23	1:58:40	3:11:01	3:47:55	5:51:48	550
16:52	28:18	57:25	1:58:44	3:11:08	3:48:04	5:52:02	549
-	28:19	57:28	1:58:49	3:11:16	3:48:13	5:52:17	548
16:53	28:20	57:30	1:58:53	3:11:24	3:48:23	5:52:32	547
16:54	28:21	57:32	1:58:58	3:11:31	3:48:32	5:52:46	546
16:55	28:22	57:34	1:59:02	3:11:39	3:48:42	5:53:01	545
-	28:23	57:36	1:59:07	3:11:47	3:48:51	5:53:16	544
16:56	28:24	57:38	1:59:11	3:11:54	3:49:00	5:53:30	543
16:57	28:26	57:41	1:59:16	3:12:02	3:49:10	5:53:45	542
-	28:27	57:43	1:59:20	3:12:09	3:49:19	5:54:00	541
16:58	28:28	57:45	1:59:25	3:12:17	3:49:29	5:54:15	540
16:59	28:29	57:47	1:59:29	3:12:25	3:49:38	5:54:29	539
-	28:30	57:49	1:59:34	3:12:32	3:49:47	5:54:44	538
17:00	28:31	57:51	1:59:38	3:12:40	3:49:57	5:54:59	537
17:01	28:32	57:54	1:59:43	3:12:48	3:50:06	5:55:14	536
-	28:34	57:56	1:59:47	3:12:55	3:50:16	5:55:29	535
17:02	28:35	57:58	1:59:51	3:13:03	3:50:25	5:55:44	534
17:03	28:36	58:00	1:59:56	3:13:11	3:50:35	5:55:58	533
-	28:37	58:02	2:00:01	3:13:18	3:50:44	5:56:13	532
17:04	28:38	58:05	2:00:05	3:13:26	3:50:54	5:56:28	531
17:05	28:39	58:07	2:00:10	3:13:34	3:51:03	5:56:43	530
17:06	28:41	58:09	2:00:14	3:13:42	3:51:13	5:56:58	529
-	28:42	58:11	2:00:19	3:13:49	3:51:22	5:57:13	528
17:07	28:43	58:13	2:00:23	3:13:57	3:51:32	5:57:28	527
17:08	28:44	58:16	2:00:28	3:14:05	3:51:41	5:57:43	526
-	28:45	58:18	2:00:32	3:14:13	3:51:51	5:57:58	525
17:09	28:46	58:20	2:00:37	3:14:20	3:52:00	5:58:13	524
17:10	28:47	58:22	2:00:41	3:14:28	3:52:10	5:58:28	523
-	28:49	58:24	2:00:46	3:14:36	3:52:20	5:58:43	522
17:11	28:50	58:27	2:00:50	3:14:44	3:52:29	5:58:58	521
17:12	28:51	58:29	2:00:55	3:14:52	3:52:39	5:59:13	520
17:13	28:52	58:31	2:01:00	3:14:59	3:52:48	5:59:28	519
-	28:53	58:33	2:01:04	3:15:07	3:52:58	5:59:43	518
17:14	28:54	58:36	2:01:09	3:15:15	3:53:08	5:59:58	517
17:15	28:56	58:38	2:01:13	3:15:23	3:53:17	6:00:13	516
-	28:57	58:40	2:01:18	3:15:31	3:53:27	6:00:28	515
17:16	28:58	58:42	2:01:22	3:15:38	3:53:36	6:00:43	514
17:17	28:59	58:45	2:01:27	3:15:46	3:53:46	6:00:58	513
-	29:00	58:47	2:01:32	3:15:54	3:53:56	6:01:14	512
17:18	29:01	58:49	2:01:36	3:16:02	3:54:05	6:01:29	511
17:19	29:03	58:51	2:01:41	3:16:10	3:54:15	6:01:44	510
17:20	29:04	58:53	2:01:45	3:16:18	3:54:25	6:01:59	509
-	29:05	58:56	2:01:50	3:16:26	3:54:35	6:02:14	508
17:21	29:06	58:58	2:01:55	3:16:33	3:54:44	6:02:30	507
17:22	29:07	59:00	2:01:59	3:16:41	3:54:54	6:02:45	506
-	29:08	59:02	2:02:04	3:16:49	3:55:04	6:03:00	505
17:23	29:10	59:05	2:02:09	3:16:57	3:55:13	6:03:15	504
17:24	29:11	59:07	2:02:13	3:17:05	3:55:23	6:03:31	503
17:25	29:12	59:09	2:02:18	3:17:13	3:55:33	6:03:46	502
-	29:13	59:12	2:02:22	3:17:21	3:55:43	6:04:01	501

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
500	17:26	29:14	59:14	2:02:27	3:17:29	3:55:52	6:04:17
499	17:27	29:16	59:16	2:02:32	3:17:37	3:56:02	6:04:32
498	-	29:17	59:18	2:02:36	3:17:45	3:56:12	6:04:47
497	17:28	29:18	59:21	2:02:41	3:17:53	3:56:22	6:05:03
496	17:29	29:19	59:23	2:02:46	3:18:01	3:56:32	6:05:18
495	17:30	29:20	59:25	2:02:50	3:18:09	3:56:42	6:05:33
494	-	29:22	59:27	2:02:55	3:18:17	3:56:51	6:05:49
493	17:31	29:23	59:30	2:03:00	3:18:25	3:57:01	6:06:04
492	17:32	29:24	59:32	2:03:04	3:18:33	3:57:11	6:06:20
491	-	29:25	59:34	2:03:09	3:18:41	3:57:21	6:06:35
490	17:33	29:26	59:37	2:03:14	3:18:49	3:57:31	6:06:51
489	17:34	29:27	59:39	2:03:19	3:18:57	3:57:41	6:07:06
488	17:35	29:29	59:41	2:03:23	3:19:05	3:57:51	6:07:22
487	-	29:30	59:43	2:03:28	3:19:13	3:58:01	6:07:37
486	17:36	29:31	59:46	2:03:33	3:19:21	3:58:10	6:07:53
485	17:37	29:32	59:48	2:03:37	3:19:29	3:58:20	6:08:08
484	-	29:34	59:50	2:03:42	3:19:37	3:58:30	6:08:24
483	17:38	29:35	59:53	2:03:47	3:19:45	3:58:40	6:08:40
482	17:39	29:36	59:55	2:03:52	3:19:53	3:58:50	6:08:55
481	17:40	29:37	59:57	2:03:56	3:20:01	3:59:00	6:09:11
480	-	29:38	1:00:00	2:04:01	3:20:10	3:59:10	6:09:27
479	17:41	29:40	1:00:02	2:04:06	3:20:18	3:59:20	6:09:42
478	17:42	29:41	1:00:04	2:04:11	3:20:26	3:59:30	6:09:58
477	17:43	29:42	1:00:07	2:04:15	3:20:34	3:59:40	6:10:14
476	-	29:43	1:00:09	2:04:20	3:20:42	3:59:50	6:10:29
475	17:44	29:44	1:00:11	2:04:25	3:20:50	4:00:00	6:10:45
474	17:45	29:46	1:00:13	2:04:30	3:20:58	4:00:10	6:11:01
473	-	29:47	1:00:16	2:04:34	3:21:07	4:00:20	6:11:17
472	17:46	29:48	1:00:18	2:04:39	3:21:15	4:00:30	6:11:32
471	17:47	29:49	1:00:20	2:04:44	3:21:23	4:00:41	6:11:48
470	17:48	29:50	1:00:23	2:04:49	3:21:31	4:00:51	6:12:04
469	-	29:52	1:00:25	2:04:54	3:21:39	4:01:01	6:12:20
468	17:49	29:53	1:00:27	2:04:58	3:21:48	4:01:11	6:12:36
467	17:50	29:54	1:00:30	2:05:03	3:21:56	4:01:21	6:12:52
466	17:51	29:55	1:00:32	2:05:08	3:22:04	4:01:31	6:13:07
465	-	29:57	1:00:35	2:05:13	3:22:12	4:01:41	6:13:23
464	17:52	29:58	1:00:37	2:05:18	3:22:21	4:01:51	6:13:39
463	17:53	29:59	1:00:39	2:05:23	3:22:29	4:02:02	6:13:55
462	17:54	30:00	1:00:42	2:05:27	3:22:37	4:02:12	6:14:11
461	-	30:02	1:00:44	2:05:32	3:22:45	4:02:22	6:14:27
460	17:55	30:03	1:00:46	2:05:37	3:22:54	4:02:32	6:14:43
459	17:56	30:04	1:00:49	2:05:42	3:23:02	4:02:42	6:14:59
458	17:57	30:05	1:00:51	2:05:47	3:23:10	4:02:53	6:15:15
457	-	30:06	1:00:53	2:05:52	3:23:19	4:03:03	6:15:31
456	17:58	30:08	1:00:56	2:05:56	3:23:27	4:03:13	6:15:47
455	17:59	30:09	1:00:58	2:06:01	3:23:35	4:03:23	6:16:03
454	18:00	30:10	1:01:01	2:06:06	3:23:44	4:03:34	6:16:19
453	-	30:11	1:01:03	2:06:11	3:23:52	4:03:44	6:16:35
452	18:01	30:13	1:01:05	2:06:16	3:24:00	4:03:54	6:16:52
451	18:02	30:14	1:01:08	2:06:21	3:24:09	4:04:04	6:17:08

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
18:03	30:15	1:01:10	2:06:26	3:24:17	4:04:15	6:17:24	450
-	30:16	1:01:12	2:06:31	3:24:25	4:04:25	6:17:40	449
18:04	30:18	1:01:15	2:06:36	3:24:34	4:04:35	6:17:56	448
18:05	30:19	1:01:17	2:06:41	3:24:42	4:04:46	6:18:13	447
18:06	30:20	1:01:20	2:06:45	3:24:51	4:04:56	6:18:29	446
-	30:21	1:01:22	2:06:50	3:24:59	4:05:06	6:18:45	445
18:07	30:23	1:01:24	2:06:55	3:25:07	4:05:17	6:19:01	444
18:08	30:24	1:01:27	2:07:00	3:25:16	4:05:27	6:19:18	443
18:09	30:25	1:01:29	2:07:05	3:25:24	4:05:38	6:19:34	442
-	30:27	1:01:32	2:07:10	3:25:33	4:05:48	6:19:50	441
18:10	30:28	1:01:34	2:07:15	3:25:41	4:05:58	6:20:07	440
18:11	30:29	1:01:36	2:07:20	3:25:50	4:06:09	6:20:23	439
18:12	30:30	1:01:39	2:07:25	3:25:58	4:06:19	6:20:39	438
-	30:32	1:01:41	2:07:30	3:26:07	4:06:30	6:20:56	437
18:13	30:33	1:01:44	2:07:35	3:26:15	4:06:40	6:21:12	436
18:14	30:34	1:01:46	2:07:40	3:26:24	4:06:51	6:21:29	435
18:15	30:35	1:01:49	2:07:45	3:26:32	4:07:01	6:21:45	434
-	30:37	1:01:51	2:07:50	3:26:41	4:07:12	6:22:02	433
18:16	30:38	1:01:53	2:07:55	3:26:49	4:07:22	6:22:18	432
18:17	30:39	1:01:56	2:08:00	3:26:58	4:07:33	6:22:35	431
18:18	30:40	1:01:58	2:08:05	3:27:06	4:07:43	6:22:51	430
18:19	30:42	1:02:01	2:08:10	3:27:15	4:07:54	6:23:08	429
-	30:43	1:02:03	2:08:15	3:27:24	4:08:05	6:23:24	428
18:20	30:44	1:02:06	2:08:20	3:27:32	4:08:15	6:23:41	427
18:21	30:46	1:02:08	2:08:25	3:27:41	4:08:26	6:23:57	426
18:22	30:47	1:02:11	2:08:30	3:27:49	4:08:36	6:24:14	425
-	30:48	1:02:13	2:08:35	3:27:58	4:08:47	6:24:31	424
18:23	30:49	1:02:16	2:08:40	3:28:07	4:08:58	6:24:47	423
18:24	30:51	1:02:18	2:08:45	3:28:15	4:09:08	6:25:04	422
18:25	30:52	1:02:20	2:08:50	3:28:24	4:09:19	6:25:21	421
18:26	30:53	1:02:23	2:08:55	3:28:33	4:09:30	6:25:37	420
-	30:55	1:02:25	2:09:01	3:28:41	4:09:40	6:25:54	419
18:27	30:56	1:02:28	2:09:06	3:28:50	4:09:51	6:26:11	418
18:28	30:57	1:02:30	2:09:11	3:28:59	4:10:02	6:26:28	417
18:29	30:59	1:02:33	2:09:16	3:29:07	4:10:12	6:26:45	416
-	31:00	1:02:35	2:09:21	3:29:16	4:10:23	6:27:01	415
18:30	31:01	1:02:38	2:09:26	3:29:25	4:10:34	6:27:18	414
18:31	31:02	1:02:40	2:09:31	3:29:34	4:10:45	6:27:35	413
18:32	31:04	1:02:43	2:09:36	3:29:42	4:10:55	6:27:52	412
18:33	31:05	1:02:45	2:09:41	3:29:51	4:11:06	6:28:09	411
-	31:06	1:02:48	2:09:47	3:30:00	4:11:17	6:28:26	410
18:34	31:08	1:02:50	2:09:52	3:30:09	4:11:28	6:28:43	409
18:35	31:09	1:02:53	2:09:57	3:30:18	4:11:39	6:29:00	408
18:36	31:10	1:02:55	2:10:02	3:30:26	4:11:49	6:29:17	407
18:37	31:12	1:02:58	2:10:07	3:30:35	4:12:00	6:29:34	406
-	31:13	1:03:00	2:10:12	3:30:44	4:12:11	6:29:51	405
18:38	31:14	1:03:03	2:10:17	3:30:53	4:12:22	6:30:08	404
18:39	31:16	1:03:05	2:10:23	3:31:02	4:12:33	6:30:25	403
18:40	31:17	1:03:08	2:10:28	3:31:11	4:12:44	6:30:42	402
-	31:18	1:03:10	2:10:33	3:31:19	4:12:55	6:30:59	401

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
400	18:41	31:20	1:03:13	2:10:38	3:31:28	4:13:06	6:31:16
399	18:42	31:21	1:03:16	2:10:43	3:31:37	4:13:17	6:31:34
398	18:43	31:22	1:03:18	2:10:49	3:31:46	4:13:28	6:31:51
397	18:44	31:23	1:03:21	2:10:54	3:31:55	4:13:39	6:32:08
396	-	31:25	1:03:23	2:10:59	3:32:04	4:13:50	6:32:25
395	18:45	31:26	1:03:26	2:11:04	3:32:13	4:14:01	6:32:42
394	18:46	31:27	1:03:28	2:11:10	3:32:22	4:14:12	6:33:00
393	18:47	31:29	1:03:31	2:11:15	3:32:31	4:14:23	6:33:17
392	18:48	31:30	1:03:33	2:11:20	3:32:40	4:14:34	6:33:34
391	-	31:31	1:03:36	2:11:25	3:32:49	4:14:45	6:33:52
390	18:49	31:33	1:03:38	2:11:31	3:32:58	4:14:56	6:34:09
389	18:50	31:34	1:03:41	2:11:36	3:33:07	4:15:07	6:34:26
388	18:51	31:36	1:03:44	2:11:41	3:33:16	4:15:18	6:34:44
387	18:52	31:37	1:03:46	2:11:46	3:33:25	4:15:29	6:35:01
386	18:53	31:38	1:03:49	2:11:52	3:33:34	4:15:40	6:35:19
385	-	31:40	1:03:51	2:11:57	3:33:43	4:15:51	6:35:36
384	18:54	31:41	1:03:54	2:12:02	3:33:52	4:16:03	6:35:54
383	18:55	31:42	1:03:57	2:12:08	3:34:01	4:16:14	6:36:11
382	18:56	31:44	1:03:59	2:12:13	3:34:10	4:16:25	6:36:29
381	18:57	31:45	1:04:02	2:12:18	3:34:19	4:16:36	6:36:46
380	-	31:46	1:04:04	2:12:24	3:34:28	4:16:47	6:37:04
379	18:58	31:48	1:04:07	2:12:29	3:34:38	4:16:59	6:37:21
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377	19:00	31:50	1:04:12	2:12:40	3:34:56	4:17:21	6:37:57
376	19:01	31:52	1:04:15	2:12:45	3:35:05	4:17:32	6:38:14
375	19:02	31:53	1:04:17	2:12:50	3:35:14	4:17:44	6:38:32
374	-	31:55	1:04:20	2:12:56	3:35:23	4:17:55	6:38:50
373	19:03	31:56	1:04:23	2:13:01	3:35:33	4:18:06	6:39:08
372	19:04	31:57	1:04:25	2:13:07	3:35:42	4:18:18	6:39:25
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370	19:06	32:00	1:04:30	2:13:17	3:36:00	4:18:40	6:40:01
369	19:07	32:01	1:04:33	2:13:23	3:36:09	4:18:52	6:40:19
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367	19:08	32:04	1:04:38	2:13:34	3:36:28	4:19:15	6:40:55
366	19:09	32:06	1:04:41	2:13:39	3:36:37	4:19:26	6:41:13
365	19:10	32:07	1:04:44	2:13:44	3:36:47	4:19:37	6:41:31
364	19:11	32:08	1:04:46	2:13:50	3:36:56	4:19:49	6:41:48
363	19:12	32:10	1:04:49	2:13:55	3:37:05	4:20:00	6:42:06
362	-	32:11	1:04:52	2:14:01	3:37:15	4:20:12	6:42:24
361	19:13	32:13	1:04:54	2:14:06	3:37:24	4:20:23	6:42:43
360	19:14	32:14	1:04:57	2:14:12	3:37:33	4:20:35	6:43:01
359	19:15	32:15	1:05:00	2:14:17	3:37:43	4:20:46	6:43:19
358	19:16	32:17	1:05:02	2:14:23	3:37:52	4:20:58	6:43:37
357	19:17	32:18	1:05:05	2:14:28	3:38:01	4:21:10	6:43:55
356	-	32:20	1:05:08	2:14:34	3:38:11	4:21:21	6:44:13
355	19:18	32:21	1:05:10	2:14:39	3:38:20	4:21:33	6:44:31
354	19:19	32:22	1:05:13	2:14:45	3:38:30	4:21:44	6:44:50
353	19:20	32:24	1:05:16	2:14:50	3:38:39	4:21:56	6:45:08
352	19:21	32:25	1:05:18	2:14:56	3:38:49	4:22:08	6:45:26
351	19:22	32:27	1:05:21	2:15:01	3:38:58	4:22:19	6:45:44

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
-	32:28	1:05:24	2:15:07	3:39:08	4:22:31	6:46:03	350
19:23	32:29	1:05:27	2:15:13	3:39:17	4:22:43	6:46:21	349
19:24	32:31	1:05:29	2:15:18	3:39:27	4:22:55	6:46:39	348
19:25	32:32	1:05:32	2:15:24	3:39:36	4:23:06	6:46:58	347
19:26	32:34	1:05:35	2:15:29	3:39:46	4:23:18	6:47:16	346
19:27	32:35	1:05:37	2:15:35	3:39:55	4:23:30	6:47:35	345
19:28	32:36	1:05:40	2:15:41	3:40:05	4:23:42	6:47:53	344
-	32:38	1:05:43	2:15:46	3:40:14	4:23:53	6:48:12	343
19:29	32:39	1:05:46	2:15:52	3:40:24	4:24:05	6:48:30	342
19:30	32:41	1:05:48	2:15:57	3:40:34	4:24:17	6:48:49	341
19:31	32:42	1:05:51	2:16:03	3:40:43	4:24:29	6:49:07	340
19:32	32:44	1:05:54	2:16:09	3:40:53	4:24:41	6:49:26	339
19:33	32:45	1:05:57	2:16:14	3:41:03	4:24:53	6:49:45	338
19:34	32:47	1:05:59	2:16:20	3:41:12	4:25:05	6:50:03	337
19:35	32:48	1:06:02	2:16:26	3:41:22	4:25:17	6:50:22	336
-	32:49	1:06:05	2:16:31	3:41:32	4:25:28	6:50:41	335
19:36	32:51	1:06:08	2:16:37	3:41:41	4:25:40	6:51:00	334
19:37	32:52	1:06:10	2:16:43	3:41:51	4:25:52	6:51:18	333
19:38	32:54	1:06:13	2:16:48	3:42:01	4:26:04	6:51:37	332
19:39	32:55	1:06:16	2:16:54	3:42:11	4:26:16	6:51:56	331
19:40	32:57	1:06:19	2:17:00	3:42:20	4:26:29	6:52:15	330
19:41	32:58	1:06:22	2:17:06	3:42:30	4:26:41	6:52:34	329
19:42	33:00	1:06:24	2:17:11	3:42:40	4:26:53	6:52:53	328
-	33:01	1:06:27	2:17:17	3:42:50	4:27:05	6:53:12	327
19:43	33:03	1:06:30	2:17:23	3:43:00	4:27:17	6:53:31	326
19:44	33:04	1:06:33	2:17:29	3:43:10	4:27:29	6:53:50	325
19:45	33:06	1:06:36	2:17:34	3:43:19	4:27:41	6:54:09	324
19:46	33:07	1:06:38	2:17:40	3:43:29	4:27:53	6:54:28	323
19:47	33:08	1:06:41	2:17:46	3:43:39	4:28:05	6:54:47	322
19:48	33:10	1:06:44	2:17:52	3:43:49	4:28:18	6:55:06	321
19:49	33:11	1:06:47	2:17:58	3:43:59	4:28:30	6:55:25	320
19:50	33:13	1:06:50	2:18:03	3:44:09	4:28:42	6:55:44	319
-	33:14	1:06:53	2:18:09	3:44:19	4:28:54	6:56:04	318
19:51	33:16	1:06:55	2:18:15	3:44:29	4:29:07	6:56:23	317
19:52	33:17	1:06:58	2:18:21	3:44:39	4:29:19	6:56:42	316
19:53	33:19	1:07:01	2:18:27	3:44:49	4:29:31	6:57:01	315
19:54	33:20	1:07:04	2:18:33	3:44:59	4:29:44	6:57:21	314
19:55	33:22	1:07:07	2:18:38	3:45:09	4:29:56	6:57:40	313
19:56	33:23	1:07:10	2:18:44	3:45:19	4:30:08	6:58:00	312
19:57	33:25	1:07:13	2:18:50	3:45:29	4:30:21	6:58:19	311
19:58	33:26	1:07:15	2:18:56	3:45:39	4:30:33	6:58:38	310
19:59	33:28	1:07:18	2:19:02	3:45:49	4:30:46	6:58:58	309
-	33:29	1:07:21	2:19:08	3:45:59	4:30:58	6:59:18	308
20:00	33:31	1:07:24	2:19:14	3:46:10	4:31:11	6:59:37	307
20:01	33:32	1:07:27	2:19:20	3:46:20	4:31:23	6:59:57	306
20:02	33:34	1:07:30	2:19:26	3:46:30	4:31:36	7:00:16	305
20:03	33:35	1:07:33	2:19:32	3:46:40	4:31:48	7:00:36	304
20:04	33:37	1:07:36	2:19:38	3:46:50	4:32:01	7:00:56	303
20:05	33:38	1:07:39	2:19:44	3:47:01	4:32:13	7:01:15	302
20:06	33:40	1:07:42	2:19:50	3:47:11	4:32:26	7:01:35	301

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
300	20:07	33:42	1:07:44	2:19:56	3:47:21	4:32:39	7:01:55
299	20:08	33:43	1:07:47	2:20:02	3:47:31	4:32:51	7:02:15
298	20:09	33:45	1:07:50	2:20:08	3:47:42	4:33:04	7:02:35
297	20:10	33:46	1:07:53	2:20:14	3:47:52	4:33:17	7:02:55
296	-	33:48	1:07:56	2:20:20	3:48:02	4:33:29	7:03:14
295	20:11	33:49	1:07:59	2:20:26	3:48:13	4:33:42	7:03:34
294	20:12	33:51	1:08:02	2:20:32	3:48:23	4:33:55	7:03:54
293	20:13	33:52	1:08:05	2:20:38	3:48:33	4:34:07	7:04:14
292	20:14	33:54	1:08:08	2:20:44	3:48:44	4:34:20	7:04:34
291	20:15	33:55	1:08:11	2:20:50	3:48:54	4:34:33	7:04:55
290	20:16	33:57	1:08:14	2:20:56	3:49:05	4:34:46	7:05:15
289	20:17	33:59	1:08:17	2:21:02	3:49:15	4:34:59	7:05:35
288	20:18	34:00	1:08:20	2:21:09	3:49:25	4:35:12	7:05:55
287	20:19	34:02	1:08:23	2:21:15	3:49:36	4:35:25	7:06:15
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285	20:21	34:05	1:08:29	2:21:27	3:49:57	4:35:50	7:06:56
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283	20:23	34:08	1:08:35	2:21:39	3:50:18	4:36:16	7:07:37
282	20:24	34:09	1:08:38	2:21:46	3:50:29	4:36:29	7:07:57
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280	20:26	34:13	1:08:44	2:21:58	3:50:50	4:36:56	7:08:38
279	-	34:14	1:08:47	2:22:04	3:51:00	4:37:09	7:08:58
278	20:27	34:16	1:08:50	2:22:10	3:51:11	4:37:22	7:09:19
277	20:28	34:17	1:08:53	2:22:17	3:51:22	4:37:35	7:09:40
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275	20:30	34:21	1:08:59	2:22:29	3:51:43	4:38:01	7:10:21
274	20:31	34:22	1:09:02	2:22:35	3:51:54	4:38:14	7:10:42
273	20:32	34:24	1:09:05	2:22:42	3:52:05	4:38:28	7:11:02
272	20:33	34:25	1:09:08	2:22:48	3:52:15	4:38:41	7:11:23
271	20:34	34:27	1:09:11	2:22:54	3:52:26	4:38:54	7:11:44
270	20:35	34:29	1:09:15	2:23:01	3:52:37	4:39:08	7:12:05
269	20:36	34:30	1:09:18	2:23:07	3:52:48	4:39:21	7:12:26
268	20:37	34:32	1:09:21	2:23:13	3:52:59	4:39:34	7:12:47
267	20:38	34:33	1:09:24	2:23:20	3:53:10	4:39:48	7:13:08
266	20:39	34:35	1:09:27	2:23:26	3:53:21	4:40:01	7:13:29
265	20:40	34:37	1:09:30	2:23:32	3:53:31	4:40:14	7:13:50
264	20:41	34:38	1:09:33	2:23:39	3:53:42	4:40:28	7:14:11
263	20:42	34:40	1:09:36	2:23:45	3:53:53	4:40:41	7:14:32
262	20:43	34:42	1:09:39	2:23:52	3:54:04	4:40:55	7:14:53
261	20:44	34:43	1:09:43	2:23:58	3:54:15	4:41:08	7:15:14
260	20:45	34:45	1:09:46	2:24:05	3:54:26	4:41:22	7:15:36
259	20:46	34:47	1:09:49	2:24:11	3:54:37	4:41:36	7:15:57
258	20:47	34:48	1:09:52	2:24:18	3:54:48	4:41:49	7:16:18
257	20:48	34:50	1:09:55	2:24:24	3:54:59	4:42:03	7:16:40
256	20:49	34:52	1:09:58	2:24:30	3:55:11	4:42:16	7:17:01
255	20:50	34:53	1:10:01	2:24:37	3:55:22	4:42:30	7:17:22
254	20:51	34:55	1:10:05	2:24:44	3:55:33	4:42:44	7:17:44
253	20:52	34:56	1:10:08	2:24:50	3:55:44	4:42:58	7:18:06
252	20:53	34:58	1:10:11	2:24:57	3:55:55	4:43:11	7:18:27
251	20:54	35:00	1:10:14	2:25:03	3:56:06	4:43:25	7:18:49



3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
20:55	35:01	1:10:17	2:25:10	3:56:18	4:43:39	7:19:10	250
20:56	35:03	1:10:21	2:25:16	3:56:29	4:43:53	7:19:32	249
20:57	35:05	1:10:24	2:25:23	3:56:40	4:44:07	7:19:54	248
20:58	35:07	1:10:27	2:25:30	3:56:51	4:44:21	7:20:16	247
20:59	35:08	1:10:30	2:25:36	3:57:03	4:44:35	7:20:38	246
21:00	35:10	1:10:33	2:25:43	3:57:14	4:44:49	7:20:59	245
21:01	35:12	1:10:37	2:25:49	3:57:25	4:45:03	7:21:21	244
21:02	35:13	1:10:40	2:25:56	3:57:37	4:45:17	7:21:43	243
21:03	35:15	1:10:43	2:26:03	3:57:48	4:45:31	7:22:05	242
21:04	35:17	1:10:46	2:26:09	3:58:00	4:45:45	7:22:27	241
21:05	35:18	1:10:50	2:26:16	3:58:11	4:45:59	7:22:50	240
21:06	35:20	1:10:53	2:26:23	3:58:23	4:46:13	7:23:12	239
21:07	35:22	1:10:56	2:26:30	3:58:34	4:46:27	7:23:34	238
21:08	35:24	1:11:00	2:26:36	3:58:46	4:46:41	7:23:56	237
21:09	35:25	1:11:03	2:26:43	3:58:57	4:46:56	7:24:19	236
21:10	35:27	1:11:06	2:26:50	3:59:09	4:47:10	7:24:41	235
21:11	35:29	1:11:10	2:26:57	3:59:20	4:47:24	7:25:03	234
21:12	35:30	1:11:13	2:27:04	3:59:32	4:47:38	7:25:26	233
21:13	35:32	1:11:16	2:27:10	3:59:44	4:47:53	7:25:48	232
21:14	35:34	1:11:19	2:27:17	3:59:55	4:48:07	7:26:11	231
21:16	35:36	1:11:23	2:27:24	4:00:07	4:48:22	7:26:33	230
21:17	35:37	1:11:26	2:27:31	4:00:19	4:48:36	7:26:56	229
21:18	35:39	1:11:30	2:27:38	4:00:31	4:48:51	7:27:19	228
21:19	35:41	1:11:33	2:27:45	4:00:42	4:49:05	7:27:42	227
21:20	35:43	1:11:36	2:27:52	4:00:54	4:49:20	7:28:04	226
21:21	35:45	1:11:40	2:27:59	4:01:06	4:49:34	7:28:27	225
21:22	35:46	1:11:43	2:28:06	4:01:18	4:49:49	7:28:50	224
21:23	35:48	1:11:46	2:28:12	4:01:30	4:50:03	7:29:13	223
21:24	35:50	1:11:50	2:28:19	4:01:42	4:50:18	7:29:36	222
21:25	35:52	1:11:53	2:28:26	4:01:54	4:50:33	7:29:59	221
21:26	35:53	1:11:57	2:28:33	4:02:06	4:50:48	7:30:22	220
21:27	35:55	1:12:00	2:28:40	4:02:18	4:51:02	7:30:45	219
21:28	35:57	1:12:03	2:28:47	4:02:30	4:51:17	7:31:09	218
21:29	35:59	1:12:07	2:28:55	4:02:42	4:51:32	7:31:32	217
21:31	36:01	1:12:10	2:29:02	4:02:54	4:51:47	7:31:55	216
21:32	36:02	1:12:14	2:29:09	4:03:06	4:52:02	7:32:18	215
21:33	36:04	1:12:17	2:29:16	4:03:18	4:52:17	7:32:42	214
21:34	36:06	1:12:21	2:29:23	4:03:30	4:52:32	7:33:05	213
21:35	36:08	1:12:24	2:29:30	4:03:42	4:52:47	7:33:29	212
21:36	36:10	1:12:28	2:29:37	4:03:55	4:53:02	7:33:53	211
21:37	36:11	1:12:31	2:29:44	4:04:07	4:53:17	7:34:16	210
21:38	36:13	1:12:35	2:29:52	4:04:19	4:53:32	7:34:40	209
21:39	36:15	1:12:38	2:29:59	4:04:32	4:53:47	7:35:04	208
21:40	36:17	1:12:42	2:30:06	4:04:44	4:54:02	7:35:27	207
21:41	36:19	1:12:45	2:30:13	4:04:56	4:54:17	7:35:51	206
21:43	36:21	1:12:49	2:30:20	4:05:09	4:54:33	7:36:15	205
21:44	36:23	1:12:52	2:30:28	4:05:21	4:54:48	7:36:39	204
21:45	36:24	1:12:56	2:30:35	4:05:34	4:55:03	7:37:03	203
21:46	36:26	1:12:59	2:30:42	4:05:46	4:55:19	7:37:27	202
21:47	36:28	1:13:03	2:30:50	4:05:59	4:55:34	7:37:52	201

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
200	21:48	36:30	1:13:07	2:30:57	4:06:11	4:55:50	7:38:16
199	21:49	36:32	1:13:10	2:31:04	4:06:24	4:56:05	7:38:40
198	21:50	36:34	1:13:14	2:31:12	4:06:36	4:56:21	7:39:04
197	21:52	36:36	1:13:17	2:31:19	4:06:49	4:56:36	7:39:29
196	21:53	36:38	1:13:21	2:31:27	4:07:02	4:56:52	7:39:53
195	21:54	36:39	1:13:25	2:31:34	4:07:14	4:57:08	7:40:18
194	21:55	36:41	1:13:28	2:31:42	4:07:27	4:57:23	7:40:42
193	21:56	36:43	1:13:32	2:31:49	4:07:40	4:57:39	7:41:07
192	21:57	36:45	1:13:35	2:31:57	4:07:53	4:57:55	7:41:32
191	21:58	36:47	1:13:39	2:32:04	4:08:06	4:58:11	7:41:57
190	22:00	36:49	1:13:43	2:32:12	4:08:18	4:58:26	7:42:21
189	22:01	36:51	1:13:46	2:32:19	4:08:31	4:58:42	7:42:46
188	22:02	36:53	1:13:50	2:32:27	4:08:44	4:58:58	7:43:11
187	22:03	36:55	1:13:54	2:32:34	4:08:57	4:59:14	7:43:36
186	22:04	36:57	1:13:58	2:32:42	4:09:10	4:59:30	7:44:02
185	22:05	36:59	1:14:01	2:32:50	4:09:23	4:59:46	7:44:27
184	22:07	37:01	1:14:05	2:32:57	4:09:36	5:00:02	7:44:52
183	22:08	37:03	1:14:09	2:33:05	4:09:50	5:00:19	7:45:17
182	22:09	37:04	1:14:13	2:33:13	4:10:03	5:00:35	7:45:43
181	22:10	37:06	1:14:16	2:33:20	4:10:16	5:00:51	7:46:08
180	22:11	37:08	1:14:20	2:33:28	4:10:29	5:01:07	7:46:34
179	22:13	37:10	1:14:24	2:33:36	4:10:42	5:01:24	7:46:59
178	22:14	37:12	1:14:28	2:33:44	4:10:56	5:01:40	7:47:25
177	22:15	37:14	1:14:31	2:33:51	4:11:09	5:01:56	7:47:51
176	22:16	37:16	1:14:35	2:33:59	4:11:22	5:02:13	7:48:17
175	22:17	37:18	1:14:39	2:34:07	4:11:36	5:02:29	7:48:43
174	22:19	37:20	1:14:43	2:34:15	4:11:49	5:02:46	7:49:08
173	22:20	37:22	1:14:47	2:34:23	4:12:03	5:03:03	7:49:35
172	22:21	37:24	1:14:51	2:34:31	4:12:16	5:03:19	7:50:01
171	22:22	37:26	1:14:54	2:34:39	4:12:30	5:03:36	7:50:27
170	22:23	37:28	1:14:58	2:34:47	4:12:44	5:03:53	7:50:53
169	22:25	37:31	1:15:02	2:34:55	4:12:57	5:04:10	7:51:19
168	22:26	37:33	1:15:06	2:35:03	4:13:11	5:04:26	7:51:46
167	22:27	37:35	1:15:10	2:35:11	4:13:25	5:04:43	7:52:12
166	22:28	37:37	1:15:14	2:35:19	4:13:38	5:05:00	7:52:39
165	22:30	37:39	1:15:18	2:35:27	4:13:52	5:05:17	7:53:06
164	22:31	37:41	1:15:22	2:35:35	4:14:06	5:05:34	7:53:32
163	22:32	37:43	1:15:26	2:35:43	4:14:20	5:05:51	7:53:59
162	22:33	37:45	1:15:30	2:35:51	4:14:34	5:06:09	7:54:26
161	22:35	37:47	1:15:34	2:35:59	4:14:48	5:06:26	7:54:53
160	22:36	37:49	1:15:38	2:36:08	4:15:02	5:06:43	7:55:20
159	22:37	37:51	1:15:42	2:36:16	4:15:16	5:07:00	7:55:47
158	22:38	37:53	1:15:46	2:36:24	4:15:30	5:07:18	7:56:15
157	22:40	37:55	1:15:50	2:36:32	4:15:44	5:07:35	7:56:42
156	22:41	37:58	1:15:54	2:36:41	4:15:59	5:07:53	7:57:09
155	22:42	38:00	1:15:58	2:36:49	4:16:13	5:08:10	7:57:37
154	22:43	38:02	1:16:02	2:36:58	4:16:27	5:08:28	7:58:05
153	22:45	38:04	1:16:06	2:37:06	4:16:41	5:08:46	7:58:32
152	22:46	38:06	1:16:10	2:37:14	4:16:56	5:09:03	7:59:00
151	22:47	38:08	1:16:14	2:37:23	4:17:10	5:09:21	7:59:28

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
22:49	38:10	1:16:19	2:37:31	4:17:25	5:09:39	7:59:56	150
22:50	38:13	1:16:23	2:37:40	4:17:39	5:09:57	8:00:24	149
22:51	38:15	1:16:27	2:37:48	4:17:54	5:10:15	8:00:52	148
22:53	38:17	1:16:31	2:37:57	4:18:09	5:10:33	8:01:20	147
22:54	38:19	1:16:35	2:38:05	4:18:23	5:10:51	8:01:49	146
22:55	38:21	1:16:39	2:38:14	4:18:38	5:11:09	8:02:17	145
22:57	38:24	1:16:44	2:38:23	4:18:53	5:11:27	8:02:46	144
22:58	38:26	1:16:48	2:38:31	4:19:08	5:11:46	8:03:14	143
22:59	38:28	1:16:52	2:38:40	4:19:23	5:12:04	8:03:43	142
23:01	38:30	1:16:56	2:38:49	4:19:37	5:12:22	8:04:12	141
23:02	38:32	1:17:01	2:38:58	4:19:52	5:12:41	8:04:41	140
23:03	38:35	1:17:05	2:39:06	4:20:08	5:12:59	8:05:10	139
23:05	38:37	1:17:09	2:39:15	4:20:23	5:13:18	8:05:39	138
23:06	38:39	1:17:14	2:39:24	4:20:38	5:13:36	8:06:08	137
23:07	38:41	1:17:18	2:39:33	4:20:53	5:13:55	8:06:38	136
23:09	38:44	1:17:22	2:39:42	4:21:08	5:14:14	8:07:07	135
23:10	38:46	1:17:27	2:39:51	4:21:24	5:14:33	8:07:37	134
23:11	38:48	1:17:31	2:40:00	4:21:39	5:14:52	8:08:06	133
23:13	38:51	1:17:35	2:40:09	4:21:54	5:15:11	8:08:36	132
23:14	38:53	1:17:40	2:40:18	4:22:10	5:15:30	8:09:06	131
23:16	38:55	1:17:44	2:40:27	4:22:26	5:15:49	8:09:36	130
23:17	38:58	1:17:49	2:40:36	4:22:41	5:16:08	8:10:06	129
23:18	39:00	1:17:53	2:40:46	4:22:57	5:16:28	8:10:37	128
23:20	39:02	1:17:58	2:40:55	4:23:13	5:16:47	8:11:07	127
23:21	39:05	1:18:02	2:41:04	4:23:28	5:17:06	8:11:37	126
23:23	39:07	1:18:07	2:41:13	4:23:44	5:17:26	8:12:08	125
23:24	39:09	1:18:11	2:41:23	4:24:00	5:17:46	8:12:39	124
23:26	39:12	1:18:16	2:41:32	4:24:16	5:18:05	8:13:10	123
23:27	39:14	1:18:20	2:41:41	4:24:32	5:18:25	8:13:41	122
23:28	39:17	1:18:25	2:41:51	4:24:48	5:18:45	8:14:12	121
23:30	39:19	1:18:30	2:42:00	4:25:05	5:19:05	8:14:43	120
23:31	39:21	1:18:34	2:42:10	4:25:21	5:19:25	8:15:14	119
23:33	39:24	1:18:39	2:42:19	4:25:37	5:19:45	8:15:46	118
23:34	39:26	1:18:43	2:42:29	4:25:54	5:20:05	8:16:18	117
23:36	39:29	1:18:48	2:42:39	4:26:10	5:20:25	8:16:49	116
23:37	39:31	1:18:53	2:42:48	4:26:27	5:20:46	8:17:21	115
23:39	39:34	1:18:58	2:42:58	4:26:43	5:21:06	8:17:53	114
23:40	39:36	1:19:02	2:43:08	4:27:00	5:21:27	8:18:26	113
23:42	39:39	1:19:07	2:43:18	4:27:17	5:21:47	8:18:58	112
23:43	39:41	1:19:12	2:43:27	4:27:33	5:22:08	8:19:30	111
23:45	39:44	1:19:17	2:43:37	4:27:50	5:22:29	8:20:03	110
23:46	39:46	1:19:22	2:43:47	4:28:07	5:22:50	8:20:36	109
23:48	39:49	1:19:26	2:43:57	4:28:24	5:23:11	8:21:09	108
23:49	39:51	1:19:31	2:44:07	4:28:42	5:23:32	8:21:42	107
23:51	39:54	1:19:36	2:44:17	4:28:59	5:23:53	8:22:15	106
23:53	39:56	1:19:41	2:44:27	4:29:16	5:24:15	8:22:48	105
23:54	39:59	1:19:46	2:44:38	4:29:33	5:24:36	8:23:22	104
23:56	40:02	1:19:51	2:44:48	4:29:51	5:24:57	8:23:56	103
23:57	40:04	1:19:56	2:44:58	4:30:09	5:25:19	8:24:30	102
23:59	40:07	1:20:01	2:45:08	4:30:26	5:25:41	8:25:04	101

Points	3km W	5km W	10km W	20km W	30km W	35km W	50km W
100	24:00	40:10	1:20:06	2:45:19	4:30:44	5:26:03	8:25:38
99	24:02	40:12	1:20:11	2:45:29	4:31:02	5:26:25	8:26:12
98	24:04	40:15	1:20:16	2:45:40	4:31:20	5:26:47	8:26:47
97	24:05	40:18	1:20:22	2:45:50	4:31:38	5:27:09	8:27:22
96	24:07	40:20	1:20:27	2:46:01	4:31:56	5:27:31	8:27:57
95	24:08	40:23	1:20:32	2:46:12	4:32:14	5:27:53	8:28:32
94	24:10	40:26	1:20:37	2:46:22	4:32:32	5:28:16	8:29:07
93	24:12	40:28	1:20:42	2:46:33	4:32:51	5:28:39	8:29:42
92	24:13	40:31	1:20:48	2:46:44	4:33:09	5:29:01	8:30:18
91	24:15	40:34	1:20:53	2:46:55	4:33:28	5:29:24	8:30:54
90	24:17	40:37	1:20:58	2:47:06	4:33:46	5:29:47	8:31:30
89	24:18	40:40	1:21:04	2:47:17	4:34:05	5:30:10	8:32:06
88	24:20	40:42	1:21:09	2:47:28	4:34:24	5:30:34	8:32:43
87	24:22	40:45	1:21:14	2:47:39	4:34:43	5:30:57	8:33:19
86	24:24	40:48	1:21:20	2:47:50	4:35:02	5:31:21	8:33:56
85	24:25	40:51	1:21:25	2:48:01	4:35:21	5:31:44	8:34:33
84	24:27	40:54	1:21:31	2:48:13	4:35:41	5:32:08	8:35:11
83	24:29	40:57	1:21:36	2:48:24	4:36:00	5:32:32	8:35:48
82	24:31	41:00	1:21:42	2:48:35	4:36:20	5:32:56	8:36:26
81	24:32	41:03	1:21:48	2:48:47	4:36:39	5:33:20	8:37:04
80	24:34	41:05	1:21:53	2:48:59	4:36:59	5:33:45	8:37:42
79	24:36	41:08	1:21:59	2:49:10	4:37:19	5:34:09	8:38:21
78	24:38	41:11	1:22:05	2:49:22	4:37:39	5:34:34	8:39:00
77	24:39	41:14	1:22:10	2:49:34	4:37:59	5:34:59	8:39:39
76	24:41	41:17	1:22:16	2:49:46	4:38:20	5:35:24	8:40:18
75	24:43	41:21	1:22:22	2:49:58	4:38:40	5:35:49	8:40:57
74	24:45	41:24	1:22:28	2:50:10	4:39:01	5:36:14	8:41:37
73	24:47	41:27	1:22:34	2:50:22	4:39:22	5:36:40	8:42:17
72	24:49	41:30	1:22:40	2:50:34	4:39:42	5:37:06	8:42:57
71	24:51	41:33	1:22:46	2:50:46	4:40:04	5:37:31	8:43:38
70	24:53	41:36	1:22:52	2:50:59	4:40:25	5:37:58	8:44:19
69	24:54	41:39	1:22:58	2:51:11	4:40:46	5:38:24	8:45:00
68	24:56	41:42	1:23:04	2:51:24	4:41:07	5:38:50	8:45:41
67	24:58	41:46	1:23:10	2:51:36	4:41:29	5:39:17	8:46:23
66	25:00	41:49	1:23:16	2:51:49	4:41:51	5:39:44	8:47:05
65	25:02	41:52	1:23:23	2:52:02	4:42:13	5:40:11	8:47:48
64	25:04	41:56	1:23:29	2:52:15	4:42:35	5:40:38	8:48:30
63	25:06	41:59	1:23:35	2:52:28	4:42:57	5:41:05	8:49:13
62	25:08	42:02	1:23:42	2:52:41	4:43:20	5:41:33	8:49:57
61	25:10	42:06	1:23:48	2:52:54	4:43:42	5:42:01	8:50:40
60	25:12	42:09	1:23:55	2:53:08	4:44:05	5:42:29	8:51:25
59	25:14	42:12	1:24:01	2:53:21	4:44:28	5:42:58	8:52:09
58	25:16	42:16	1:24:08	2:53:35	4:44:52	5:43:26	8:52:54
57	25:19	42:19	1:24:15	2:53:49	4:45:15	5:43:55	8:53:39
56	25:21	42:23	1:24:21	2:54:03	4:45:39	5:44:24	8:54:25
55	25:23	42:26	1:24:28	2:54:16	4:46:03	5:44:54	8:55:11
54	25:25	42:30	1:24:35	2:54:31	4:46:27	5:45:23	8:55:57
53	25:27	42:34	1:24:42	2:54:45	4:46:51	5:45:53	8:56:44
52	25:29	42:37	1:24:49	2:54:59	4:47:16	5:46:23	8:57:32
51	25:32	42:41	1:24:56	2:55:14	4:47:40	5:46:54	8:58:19

3km W	5km W	10km W	20km W	30km W	35km W	50km W	Points
25:34	42:45	1:25:03	2:55:28	4:48:05	5:47:25	8:59:08	50
25:36	42:49	1:25:10	2:55:43	4:48:31	5:47:56	8:59:56	49
25:38	42:52	1:25:17	2:55:58	4:48:56	5:48:27	9:00:46	48
25:41	42:56	1:25:25	2:56:13	4:49:22	5:48:59	9:01:35	47
25:43	43:00	1:25:32	2:56:28	4:49:48	5:49:31	9:02:26	46
25:45	43:04	1:25:40	2:56:44	4:50:14	5:50:03	9:03:17	45
25:48	43:08	1:25:47	2:56:59	4:50:41	5:50:36	9:04:08	44
25:50	43:12	1:25:55	2:57:15	4:51:08	5:51:09	9:05:00	43
25:53	43:16	1:26:03	2:57:31	4:51:35	5:51:43	9:05:53	42
25:55	43:20	1:26:11	2:57:47	4:52:03	5:52:17	9:06:46	41
25:58	43:24	1:26:19	2:58:04	4:52:31	5:52:51	9:07:40	40
26:00	43:29	1:26:27	2:58:20	4:52:59	5:53:26	9:08:34	39
26:03	43:33	1:26:35	2:58:37	4:53:28	5:54:01	9:09:30	38
26:05	43:37	1:26:43	2:58:54	4:53:57	5:54:37	9:10:26	37
26:08	43:42	1:26:52	2:59:11	4:54:26	5:55:13	9:11:23	36
26:11	43:46	1:27:00	2:59:29	4:54:56	5:55:50	9:12:20	35
26:13	43:50	1:27:09	2:59:46	4:55:26	5:56:27	9:13:19	34
26:16	43:55	1:27:17	3:00:04	4:55:57	5:57:05	9:14:18	33
26:19	44:00	1:27:26	3:00:23	4:56:28	5:57:44	9:15:18	32
26:22	44:04	1:27:35	3:00:41	4:57:00	5:58:23	9:16:19	31
26:25	44:09	1:27:45	3:01:00	4:57:32	5:59:02	9:17:21	30
26:28	44:14	1:27:54	3:01:19	4:58:05	5:59:42	9:18:24	29
26:31	44:19	1:28:03	3:01:39	4:58:38	6:00:23	9:19:29	28
26:34	44:24	1:28:13	3:01:58	4:59:12	6:01:05	9:20:34	27
26:37	44:29	1:28:23	3:02:19	4:59:46	6:01:48	9:21:41	26
26:40	44:35	1:28:33	3:02:39	5:00:22	6:02:31	9:22:49	25
26:43	44:40	1:28:43	3:03:00	5:00:58	6:03:15	9:23:58	24
26:46	44:45	1:28:54	3:03:22	5:01:34	6:04:00	9:25:09	23
26:50	44:51	1:29:04	3:03:44	5:02:12	6:04:47	9:26:21	22
26:53	44:57	1:29:15	3:04:06	5:02:50	6:05:34	9:27:35	21
26:57	45:02	1:29:26	3:04:29	5:03:29	6:06:22	9:28:51	20
27:00	45:08	1:29:38	3:04:53	5:04:10	6:07:12	9:30:09	19
27:04	45:15	1:29:50	3:05:17	5:04:51	6:08:03	9:31:28	18
27:08	45:21	1:30:02	3:05:42	5:05:33	6:08:55	9:32:50	17
27:12	45:28	1:30:14	3:06:07	5:06:17	6:09:49	9:34:15	16
27:16	45:34	1:30:27	3:06:34	5:07:02	6:10:44	9:35:42	15
27:20	45:41	1:30:40	3:07:01	5:07:49	6:11:42	9:37:12	14
27:24	45:48	1:30:54	3:07:29	5:08:38	6:12:41	9:38:46	13
27:29	45:56	1:31:08	3:07:59	5:09:28	6:13:43	9:40:23	12
27:34	46:04	1:31:23	3:08:29	5:10:20	6:14:48	9:42:04	11
27:39	46:12	1:31:39	3:09:02	5:11:15	6:15:55	9:43:50	10
27:44	46:21	1:31:56	3:09:35	5:12:13	6:17:06	9:45:41	9
27:49	46:30	1:32:13	3:10:11	5:13:14	6:18:22	9:47:39	8
27:55	46:39	1:32:31	3:10:49	5:14:19	6:19:41	9:49:44	7
28:01	46:50	1:32:51	3:11:30	5:15:29	6:21:07	9:51:59	6
28:08	47:01	1:33:13	3:12:14	5:16:44	6:22:41	9:54:25	5
28:16	47:14	1:33:37	3:13:03	5:18:08	6:24:24	9:57:07	4
28:24	47:28	1:34:04	3:13:59	5:19:44	6:26:21	10:00:11	3
28:34	47:45	1:34:36	3:15:05	5:21:37	6:28:41	10:03:49	2
28:48	48:07	1:35:18	3:16:31	5:24:04	6:31:42	10:08:33	1



# **Men's Jumps, Throws and Decathlon**

## **Hommes Epreuves de Saut, Lancer et Décathlon**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1400	-	6.51	-	19.23	24.66	78.73	94.11	102.24	9872
1399	-	-	9.28	19.22	24.64	78.68	94.05	102.17	9866
1398	-	6.50	-	19.21	24.62	78.63	93.98	102.10	9860
1397	-	-	9.27	19.20	24.61	78.57	93.92	102.03	9853
1396	-	-	-	19.19	24.59	78.52	93.85	101.96	9847
1395	-	6.49	9.26	19.18	24.57	78.46	93.79	101.89	9840
1394	-	-	-	19.17	24.56	78.41	93.72	101.82	9834
1393	-	-	9.25	-	24.54	78.35	93.66	101.75	9828
1392	-	6.48	-	19.16	24.52	78.30	93.59	101.68	9821
1391	2.54	-	9.24	19.15	24.51	78.25	93.53	101.61	9815
1390	-	-	-	19.14	24.49	78.19	93.46	101.53	9809
1389	-	6.47	-	19.13	24.47	78.14	93.40	101.46	9802
1388	-	-	9.23	19.12	24.46	78.08	93.33	101.39	9796
1387	-	-	-	19.11	24.44	78.03	93.27	101.32	9789
1386	-	6.46	9.22	19.10	24.42	77.98	93.20	101.25	9783
1385	-	-	-	19.09	24.41	77.92	93.14	101.18	9777
1384	-	-	9.21	19.08	24.39	77.87	93.07	101.11	9770
1383	-	6.45	-	-	24.37	77.81	93.01	101.04	9764
1382	2.53	-	9.20	19.07	24.36	77.76	92.94	100.97	9757
1381	-	6.44	-	19.06	24.34	77.70	92.88	100.90	9751
1380	-	-	9.19	19.05	24.32	77.65	92.81	100.83	9745
1379	-	-	-	19.04	24.31	77.60	92.75	100.76	9738
1378	-	6.43	9.18	19.03	24.29	77.54	92.68	100.68	9732
1377	-	-	-	19.02	24.27	77.49	92.62	100.61	9725
1376	-	-	9.17	19.01	24.26	77.43	92.55	100.54	9719
1375	-	6.42	-	19.00	24.24	77.38	92.49	100.47	9713
1374	-	-	-	18.99	24.22	77.32	92.42	100.40	9706
1373	-	-	9.16	18.98	24.21	77.27	92.36	100.33	9700
1372	2.52	6.41	-	-	24.19	77.22	92.29	100.26	9693
1371	-	-	9.15	18.97	24.17	77.16	92.22	100.19	9687
1370	-	-	-	18.96	24.16	77.11	92.16	100.12	9681
1369	-	6.40	9.14	18.95	24.14	77.05	92.09	100.05	9674
1368	-	-	-	18.94	24.12	77.00	92.03	99.98	9668
1367	-	-	9.13	18.93	24.11	76.94	91.96	99.91	9661
1366	-	6.39	-	18.92	24.09	76.89	91.90	99.83	9655
1365	-	-	9.12	18.91	24.07	76.84	91.83	99.76	9649
1364	-	-	-	18.90	24.06	76.78	91.77	99.69	9642
1363	2.51	6.38	9.11	18.89	24.04	76.73	91.70	99.62	9636
1362	-	-	-	-	24.02	76.67	91.64	99.55	9629
1361	-	6.37	-	18.88	24.01	76.62	91.57	99.48	9623
1360	-	-	9.10	18.87	23.99	76.56	91.51	99.41	9617
1359	-	-	-	18.86	23.97	76.51	91.44	99.34	9610
1358	-	6.36	9.09	18.85	23.96	76.46	91.38	99.27	9604
1357	-	-	-	18.84	23.94	76.40	91.31	99.20	9597
1356	-	-	9.08	18.83	23.92	76.35	91.25	99.13	9591
1355	-	6.35	-	18.82	23.91	76.29	91.18	99.06	9584
1354	-	-	9.07	18.81	23.89	76.24	91.12	98.98	9578
1353	2.50	-	-	18.80	23.87	76.18	91.05	98.91	9572
1352	-	6.34	9.06	18.79	23.86	76.13	90.99	98.84	9565
1351	-	-	-	-	23.84	76.07	90.92	98.77	9559



HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	9.05	18.78	23.82	76.02	90.86	98.70	9552	1350
-	6.33	-	18.77	23.81	75.97	90.79	98.63	9546	1349
-	-	9.04	18.76	23.79	75.91	90.73	98.56	9540	1348
-	-	-	18.75	23.77	75.86	90.66	98.49	9533	1347
-	6.32	-	18.74	23.76	75.80	90.60	98.42	9527	1346
-	-	9.03	18.73	23.74	75.75	90.53	98.35	9520	1345
2.49	6.31	-	18.72	23.72	75.69	90.47	98.28	9514	1344
-	-	9.02	18.71	23.71	75.64	90.40	98.21	9508	1343
-	-	-	18.70	23.69	75.59	90.33	98.13	9501	1342
-	6.30	9.01	-	23.67	75.53	90.27	98.06	9495	1341
-	-	-	18.69	23.66	75.48	90.20	97.99	9488	1340
-	-	9.00	18.68	23.64	75.42	90.14	97.92	9482	1339
-	6.29	-	18.67	23.62	75.37	90.07	97.85	9475	1338
-	-	8.99	18.66	23.61	75.31	90.01	97.78	9469	1337
-	-	-	18.65	23.59	75.26	89.94	97.71	9463	1336
2.48	6.28	8.98	18.64	23.57	75.21	89.88	97.64	9456	1335
-	-	-	18.63	23.56	75.15	89.81	97.57	9450	1334
-	-	8.97	18.62	23.54	75.10	89.75	97.50	9443	1333
-	6.27	-	18.61	23.52	75.04	89.68	97.43	9437	1332
-	-	-	18.60	23.51	74.99	89.62	97.35	9431	1331
-	-	8.96	-	23.49	74.93	89.55	97.28	9424	1330
-	6.26	-	18.59	23.47	74.88	89.49	97.21	9418	1329
-	-	8.95	18.58	23.46	74.83	89.42	97.14	9411	1328
-	-	-	18.57	23.44	74.77	89.36	97.07	9405	1327
-	6.25	8.94	18.56	23.42	74.72	89.29	97.00	9398	1326
2.47	-	-	18.55	23.41	74.66	89.23	96.93	9392	1325
-	6.24	8.93	18.54	23.39	74.61	89.16	96.86	9386	1324
-	-	-	18.53	23.37	74.55	89.10	96.79	9379	1323
-	-	8.92	18.52	23.36	74.50	89.03	96.72	9373	1322
-	6.23	-	18.51	23.34	74.45	88.96	96.65	9366	1321
-	-	8.91	18.50	23.32	74.39	88.90	96.57	9360	1320
-	-	-	-	23.31	74.34	88.83	96.50	9353	1319
-	6.22	-	18.49	23.29	74.28	88.77	96.43	9347	1318
-	-	8.90	18.48	23.27	74.23	88.70	96.36	9341	1317
2.46	-	-	18.47	23.26	74.17	88.64	96.29	9334	1316
-	6.21	8.89	18.46	23.24	74.12	88.57	96.22	9328	1315
-	-	-	18.45	23.22	74.06	88.51	96.15	9321	1314
-	-	8.88	18.44	23.21	74.01	88.44	96.08	9315	1313
-	6.20	-	18.43	23.19	73.96	88.38	96.01	9308	1312
-	-	8.87	18.42	23.17	73.90	88.31	95.94	9302	1311
-	-	-	18.41	23.16	73.85	88.25	95.87	9296	1310
-	6.19	8.86	18.40	23.14	73.79	88.18	95.79	9289	1309
-	-	-	-	23.12	73.74	88.12	95.72	9283	1308
-	6.18	8.85	18.39	23.11	73.68	88.05	95.65	9276	1307
2.45	-	-	18.38	23.09	73.63	87.99	95.58	9270	1306
-	-	8.84	18.37	23.07	73.58	87.92	95.51	9263	1305
-	6.17	-	18.36	23.06	73.52	87.86	95.44	9257	1304
-	-	-	18.35	23.04	73.47	87.79	95.37	9251	1303
-	-	8.83	18.34	23.02	73.41	87.73	95.30	9244	1302
-	6.16	-	18.33	23.01	73.36	87.66	95.23	9238	1301

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1300	-	-	8.82	18.32	22.99	73.30	87.59	95.16	9231
1299	-	-	-	18.31	22.97	73.25	87.53	95.09	9225
1298	-	6.15	8.81	-	22.96	73.19	87.46	95.01	9218
1297	2.44	-	-	18.30	22.94	73.14	87.40	94.94	9212
1296	-	-	8.80	18.29	22.92	73.09	87.33	94.87	9205
1295	-	6.14	-	18.28	22.91	73.03	87.27	94.80	9199
1294	-	-	8.79	18.27	22.89	72.98	87.20	94.73	9193
1293	-	-	-	18.26	22.87	72.92	87.14	94.66	9186
1292	-	6.13	8.78	18.25	22.86	72.87	87.07	94.59	9180
1291	-	-	-	18.24	22.84	72.81	87.01	94.52	9173
1290	-	6.12	8.77	18.23	22.82	72.76	86.94	94.45	9167
1289	-	-	-	18.22	22.81	72.71	86.88	94.38	9160
1288	2.43	-	-	18.21	22.79	72.65	86.81	94.30	9154
1287	-	6.11	8.76	18.20	22.77	72.60	86.75	94.23	9147
1286	-	-	-	-	22.76	72.54	86.68	94.16	9141
1285	-	-	8.75	18.19	22.74	72.49	86.62	94.09	9135
1284	-	6.10	-	18.18	22.72	72.43	86.55	94.02	9128
1283	-	-	8.74	18.17	22.71	72.38	86.48	93.95	9122
1282	-	-	-	18.16	22.69	72.32	86.42	93.88	9115
1281	-	6.09	8.73	18.15	22.67	72.27	86.35	93.81	9109
1280	-	-	-	18.14	22.66	72.22	86.29	93.74	9102
1279	-	-	8.72	18.13	22.64	72.16	86.22	93.67	9096
1278	2.42	6.08	-	18.12	22.62	72.11	86.16	93.60	9089
1277	-	-	8.71	18.11	22.61	72.05	86.09	93.52	9083
1276	-	-	-	18.10	22.59	72.00	86.03	93.45	9077
1275	-	6.07	8.70	-	22.57	71.94	85.96	93.38	9070
1274	-	-	-	18.09	22.56	71.89	85.90	93.31	9064
1273	-	6.06	8.69	18.08	22.54	71.84	85.83	93.24	9057
1272	-	-	-	18.07	22.52	71.78	85.77	93.17	9051
1271	-	-	-	18.06	22.51	71.73	85.70	93.10	9044
1270	-	6.05	8.68	18.05	22.49	71.67	85.64	93.03	9038
1269	2.41	-	-	18.04	22.47	71.62	85.57	92.96	9031
1268	-	-	8.67	18.03	22.46	71.56	85.51	92.89	9025
1267	-	6.04	-	18.02	22.44	71.51	85.44	92.81	9018
1266	-	-	8.66	18.01	22.42	71.45	85.37	92.74	9012
1265	-	-	-	18.00	22.41	71.40	85.31	92.67	9006
1264	-	6.03	8.65	-	22.39	71.35	85.24	92.60	8999
1263	-	-	-	17.99	22.37	71.29	85.18	92.53	8993
1262	-	-	8.64	17.98	22.36	71.24	85.11	92.46	8986
1261	-	6.02	-	17.97	22.34	71.18	85.05	92.39	8980
1260	-	-	8.63	17.96	22.32	71.13	84.98	92.32	8973
1259	2.40	-	-	17.95	22.31	71.07	84.92	92.25	8967
1258	-	6.01	8.62	17.94	22.29	71.02	84.85	92.18	8960
1257	-	-	-	17.93	22.27	70.96	84.79	92.10	8954
1256	-	6.00	-	17.92	22.26	70.91	84.72	92.03	8947
1255	-	-	8.61	17.91	22.24	70.86	84.66	91.96	8941
1254	-	-	-	17.90	22.22	70.80	84.59	91.89	8935
1253	-	5.99	8.60	-	22.21	70.75	84.53	91.82	8928
1252	-	-	-	17.89	22.19	70.69	84.46	91.75	8922
1251	-	-	8.59	17.88	22.17	70.64	84.39	91.68	8915

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
2.39	5.98	-	17.87	22.16	70.58	84.33	91.61	8909	1250
-	-	8.58	17.86	22.14	70.53	84.26	91.54	8902	1249
-	-	-	17.85	22.12	70.47	84.20	91.47	8896	1248
-	5.97	8.57	17.84	22.11	70.42	84.13	91.39	8889	1247
-	-	-	17.83	22.09	70.37	84.07	91.32	8883	1246
-	-	8.56	17.82	22.07	70.31	84.00	91.25	8876	1245
-	5.96	-	17.81	22.06	70.26	83.94	91.18	8870	1244
-	-	8.55	17.80	22.04	70.20	83.87	91.11	8863	1243
-	5.95	-	17.79	22.02	70.15	83.81	91.04	8857	1242
2.38	-	-	-	22.01	70.09	83.74	90.97	8851	1241
-	-	8.54	17.78	21.99	70.04	83.68	90.90	8844	1240
-	5.94	-	17.77	21.97	69.98	83.61	90.83	8838	1239
-	-	8.53	17.76	21.96	69.93	83.54	90.75	8831	1238
-	-	-	17.75	21.94	69.88	83.48	90.68	8825	1237
-	5.93	8.52	17.74	21.92	69.82	83.41	90.61	8818	1236
-	-	-	17.73	21.91	69.77	83.35	90.54	8812	1235
-	-	8.51	17.72	21.89	69.71	83.28	90.47	8805	1234
-	5.92	-	17.71	21.87	69.66	83.22	90.40	8799	1233
-	-	8.50	17.70	21.86	69.60	83.15	90.33	8792	1232
2.37	-	-	17.69	21.84	69.55	83.09	90.26	8786	1231
-	5.91	8.49	-	21.82	69.49	83.02	90.19	8779	1230
-	-	-	17.68	21.81	69.44	82.96	90.12	8773	1229
-	-	8.48	17.67	21.79	69.39	82.89	90.04	8766	1228
-	5.90	-	17.66	21.77	69.33	82.83	89.97	8760	1227
-	-	8.47	17.65	21.76	69.28	82.76	89.90	8753	1226
-	5.89	-	17.64	21.74	69.22	82.69	89.83	8747	1225
-	-	-	17.63	21.72	69.17	82.63	89.76	8740	1224
-	-	8.46	17.62	21.71	69.11	82.56	89.69	8734	1223
2.36	5.88	-	17.61	21.69	69.06	82.50	89.62	8728	1222
-	-	8.45	17.60	21.67	69.00	82.43	89.55	8721	1221
-	-	-	17.59	21.66	68.95	82.37	89.48	8715	1220
-	5.87	8.44	17.58	21.64	68.90	82.30	89.40	8708	1219
-	-	-	-	21.62	68.84	82.24	89.33	8702	1218
-	-	8.43	17.57	21.60	68.79	82.17	89.26	8695	1217
-	5.86	-	17.56	21.59	68.73	82.11	89.19	8689	1216
-	-	8.42	17.55	21.57	68.68	82.04	89.12	8682	1215
-	-	-	17.54	21.55	68.62	81.98	89.05	8676	1214
2.35	5.85	8.41	17.53	21.54	68.57	81.91	88.98	8669	1213
-	-	-	17.52	21.52	68.51	81.84	88.91	8663	1212
-	5.84	8.40	17.51	21.50	68.46	81.78	88.84	8656	1211
-	-	-	17.50	21.49	68.40	81.71	88.76	8650	1210
-	-	8.39	17.49	21.47	68.35	81.65	88.69	8643	1209
-	5.83	-	17.48	21.45	68.30	81.58	88.62	8637	1208
-	-	-	17.47	21.44	68.24	81.52	88.55	8630	1207
-	-	8.38	-	21.42	68.19	81.45	88.48	8624	1206
-	5.82	-	17.46	21.40	68.13	81.39	88.41	8617	1205
-	-	8.37	17.45	21.39	68.08	81.32	88.34	8611	1204
2.34	-	-	17.44	21.37	68.02	81.26	88.27	8604	1203
-	5.81	8.36	17.43	21.35	67.97	81.19	88.20	8598	1202
-	-	-	17.42	21.34	67.91	81.13	88.12	8591	1201

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1200	-	-	8.35	17.41	21.32	67.86	81.06	88.05	8585
1199	-	5.80	-	17.40	21.30	67.81	80.99	87.98	8578
1198	-	-	8.34	17.39	21.29	67.75	80.93	87.91	8572
1197	-	5.79	-	17.38	21.27	67.70	80.86	87.84	8565
1196	-	-	8.33	17.37	21.25	67.64	80.80	87.77	8559
1195	-	-	-	17.36	21.24	67.59	80.73	87.70	8552
1194	2.33	5.78	8.32	-	21.22	67.53	80.67	87.63	8546
1193	-	-	-	17.35	21.20	67.48	80.60	87.56	8539
1192	-	-	8.31	17.34	21.19	67.42	80.54	87.48	8533
1191	-	5.77	-	17.33	21.17	67.37	80.47	87.41	8526
1190	-	-	-	17.32	21.15	67.31	80.41	87.34	8520
1189	-	-	8.30	17.31	21.14	67.26	80.34	87.27	8513
1188	-	5.76	-	17.30	21.12	67.21	80.27	87.20	8507
1187	-	-	8.29	17.29	21.10	67.15	80.21	87.13	8500
1186	-	-	-	17.28	21.09	67.10	80.14	87.06	8494
1185	2.32	5.75	8.28	17.27	21.07	67.04	80.08	86.99	8488
1184	-	-	-	17.26	21.05	66.99	80.01	86.92	8481
1183	-	-	8.27	17.25	21.04	66.93	79.95	86.84	8475
1182	-	5.74	-	-	21.02	66.88	79.88	86.77	8468
1181	-	-	8.26	17.24	21.00	66.82	79.82	86.70	8462
1180	-	5.73	-	17.23	20.99	66.77	79.75	86.63	8455
1179	-	-	8.25	17.22	20.97	66.72	79.69	86.56	8449
1178	-	-	-	17.21	20.95	66.66	79.62	86.49	8442
1177	-	5.72	8.24	17.20	20.94	66.61	79.55	86.42	8436
1176	-	-	-	17.19	20.92	66.55	79.49	86.35	8429
1175	2.31	-	8.23	17.18	20.90	66.50	79.42	86.28	8423
1174	-	5.71	-	17.17	20.89	66.44	79.36	86.20	8416
1173	-	-	-	17.16	20.87	66.39	79.29	86.13	8410
1172	-	-	8.22	17.15	20.85	66.33	79.23	86.06	8403
1171	-	5.70	-	17.14	20.84	66.28	79.16	85.99	8396
1170	-	-	8.21	-	20.82	66.22	79.10	85.92	8390
1169	-	-	-	17.13	20.80	66.17	79.03	85.85	8383
1168	-	5.69	8.20	17.12	20.79	66.12	78.97	85.78	8377
1167	-	-	-	17.11	20.77	66.06	78.90	85.71	8370
1166	2.30	5.68	8.19	17.10	20.75	66.01	78.83	85.64	8364
1165	-	-	-	17.09	20.74	65.95	78.77	85.56	8357
1164	-	-	8.18	17.08	20.72	65.90	78.70	85.49	8351
1163	-	5.67	-	17.07	20.70	65.84	78.64	85.42	8344
1162	-	-	8.17	17.06	20.68	65.79	78.57	85.35	8338
1161	-	-	-	17.05	20.67	65.73	78.51	85.28	8331
1160	-	5.66	8.16	17.04	20.65	65.68	78.44	85.21	8325
1159	-	-	-	17.03	20.63	65.62	78.38	85.14	8318
1158	-	-	8.15	-	20.62	65.57	78.31	85.07	8312
1157	2.29	5.65	-	17.02	20.60	65.52	78.24	84.99	8305
1156	-	-	-	17.01	20.58	65.46	78.18	84.92	8299
1155	-	-	8.14	17.00	20.57	65.41	78.11	84.85	8292
1154	-	5.64	-	16.99	20.55	65.35	78.05	84.78	8286
1153	-	-	8.13	16.98	20.53	65.30	77.98	84.71	8279
1152	-	5.63	-	16.97	20.52	65.24	77.92	84.64	8273
1151	-	-	8.12	16.96	20.50	65.19	77.85	84.57	8266

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	-	16.95	20.48	65.13	77.79	84.50	8260	1150
-	5.62	8.11	16.94	20.47	65.08	77.72	84.43	8253	1149
-	-	-	16.93	20.45	65.02	77.66	84.35	8247	1148
2.28	-	8.10	16.92	20.43	64.97	77.59	84.28	8240	1147
-	5.61	-	16.91	20.42	64.91	77.52	84.21	8234	1146
-	-	8.09	-	20.40	64.86	77.46	84.14	8227	1145
-	-	-	16.90	20.38	64.81	77.39	84.07	8221	1144
-	5.60	8.08	16.89	20.37	64.75	77.33	84.00	8214	1143
-	-	-	16.88	20.35	64.70	77.26	83.93	8208	1142
-	-	8.07	16.87	20.33	64.64	77.20	83.86	8201	1141
-	5.59	-	16.86	20.32	64.59	77.13	83.78	8195	1140
-	-	8.06	16.85	20.30	64.53	77.07	83.71	8188	1139
2.27	5.58	-	16.84	20.28	64.48	77.00	83.64	8182	1138
-	-	-	16.83	20.27	64.42	76.93	83.57	8175	1137
-	-	8.05	16.82	20.25	64.37	76.87	83.50	8169	1136
-	5.57	-	16.81	20.23	64.31	76.80	83.43	8162	1135
-	-	8.04	16.80	20.22	64.26	76.74	83.36	8155	1134
-	-	-	-	20.20	64.21	76.67	83.29	8149	1133
-	5.56	8.03	16.79	20.18	64.15	76.61	83.21	8142	1132
-	-	-	16.78	20.17	64.10	76.54	83.14	8136	1131
-	-	8.02	16.77	20.15	64.04	76.48	83.07	8129	1130
2.26	5.55	-	16.76	20.13	63.99	76.41	83.00	8123	1129
-	-	8.01	16.75	20.12	63.93	76.34	82.93	8116	1128
-	-	-	16.74	20.10	63.88	76.28	82.86	8110	1127
-	5.54	8.00	16.73	20.08	63.82	76.21	82.79	8103	1126
-	-	-	16.72	20.07	63.77	76.15	82.72	8097	1125
-	5.53	7.99	16.71	20.05	63.71	76.08	82.64	8090	1124
-	-	-	16.70	20.03	63.66	76.02	82.57	8084	1123
-	-	7.98	16.69	20.02	63.60	75.95	82.50	8077	1122
-	5.52	-	16.68	20.00	63.55	75.89	82.43	8071	1121
2.25	-	7.97	-	19.98	63.50	75.82	82.36	8064	1120
-	-	-	16.67	19.96	63.44	75.76	82.29	8058	1119
-	5.51	-	16.66	19.95	63.39	75.69	82.22	8051	1118
-	-	7.96	16.65	19.93	63.33	75.62	82.15	8044	1117
-	-	-	16.64	19.91	63.28	75.56	82.07	8038	1116
-	5.50	7.95	16.63	19.90	63.22	75.49	82.00	8031	1115
-	-	-	16.62	19.88	63.17	75.43	81.93	8025	1114
-	5.49	7.94	16.61	19.86	63.11	75.36	81.86	8018	1113
-	-	-	16.60	19.85	63.06	75.30	81.79	8012	1112
-	-	7.93	16.59	19.83	63.00	75.23	81.72	8005	1111
2.24	5.48	-	16.58	19.81	62.95	75.17	81.65	7999	1110
-	-	7.92	16.57	19.80	62.89	75.10	81.58	7992	1109
-	-	-	16.56	19.78	62.84	75.03	81.50	7986	1108
-	5.47	7.91	-	19.76	62.79	74.97	81.43	7979	1107
-	-	-	16.55	19.75	62.73	74.90	81.36	7973	1106
-	-	7.90	16.54	19.73	62.68	74.84	81.29	7966	1105
-	5.46	-	16.53	19.71	62.62	74.77	81.22	7960	1104
-	-	7.89	16.52	19.70	62.57	74.71	81.15	7953	1103
-	-	-	16.51	19.68	62.51	74.64	81.08	7946	1102
2.23	5.45	7.88	16.50	19.66	62.46	74.57	81.01	7940	1101

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1100	-	-	-	16.49	19.65	62.40	74.51	80.93	7933
1099	-	5.44	-	16.48	19.63	62.35	74.44	80.86	7927
1098	-	-	7.87	16.47	19.61	62.29	74.38	80.79	7920
1097	-	-	-	16.46	19.60	62.24	74.31	80.72	7914
1096	-	5.43	7.86	16.45	19.58	62.18	74.25	80.65	7907
1095	-	-	-	16.44	19.56	62.13	74.18	80.58	7901
1094	-	-	7.85	-	19.55	62.08	74.12	80.51	7894
1093	-	5.42	-	16.43	19.53	62.02	74.05	80.44	7888
1092	2.22	-	7.84	16.42	19.51	61.97	73.98	80.36	7881
1091	-	-	-	16.41	19.50	61.91	73.92	80.29	7874
1090	-	5.41	7.83	16.40	19.48	61.86	73.85	80.22	7868
1089	-	-	-	16.39	19.46	61.80	73.79	80.15	7861
1088	-	-	7.82	16.38	19.45	61.75	73.72	80.08	7855
1087	-	5.40	-	16.37	19.43	61.69	73.66	80.01	7848
1086	-	-	7.81	16.36	19.41	61.64	73.59	79.94	7842
1085	-	5.39	-	16.35	19.40	61.58	73.53	79.87	7835
1084	-	-	7.80	16.34	19.38	61.53	73.46	79.79	7829
1083	2.21	-	-	16.33	19.36	61.47	73.39	79.72	7822
1082	-	5.38	7.79	16.32	19.34	61.42	73.33	79.65	7816
1081	-	-	-	16.31	19.33	61.37	73.26	79.58	7809
1080	-	-	-	-	19.31	61.31	73.20	79.51	7802
1079	-	5.37	7.78	16.30	19.29	61.26	73.13	79.44	7796
1078	-	-	-	16.29	19.28	61.20	73.07	79.37	7789
1077	-	-	7.77	16.28	19.26	61.15	73.00	79.29	7783
1076	-	5.36	-	16.27	19.24	61.09	72.93	79.22	7776
1075	-	-	7.76	16.26	19.23	61.04	72.87	79.15	7770
1074	-	5.35	-	16.25	19.21	60.98	72.80	79.08	7763
1073	2.20	-	7.75	16.24	19.19	60.93	72.74	79.01	7757
1072	-	-	-	16.23	19.18	60.87	72.67	78.94	7750
1071	-	5.34	7.74	16.22	19.16	60.82	72.61	78.87	7743
1070	-	-	-	16.21	19.14	60.76	72.54	78.80	7737
1069	-	-	7.73	16.20	19.13	60.71	72.48	78.72	7730
1068	-	5.33	-	16.19	19.11	60.65	72.41	78.65	7724
1067	-	-	7.72	-	19.09	60.60	72.34	78.58	7717
1066	-	-	-	16.18	19.08	60.55	72.28	78.51	7711
1065	-	5.32	7.71	16.17	19.06	60.49	72.21	78.44	7704
1064	2.19	-	-	16.16	19.04	60.44	72.15	78.37	7697
1063	-	-	7.70	16.15	19.03	60.38	72.08	78.30	7691
1062	-	5.31	-	16.14	19.01	60.33	72.02	78.22	7684
1061	-	-	7.69	16.13	18.99	60.27	71.95	78.15	7678
1060	-	5.30	-	16.12	18.98	60.22	71.88	78.08	7671
1059	-	-	-	16.11	18.96	60.16	71.82	78.01	7665
1058	-	-	7.68	16.10	18.94	60.11	71.75	77.94	7658
1057	-	5.29	-	16.09	18.93	60.05	71.69	77.87	7652
1056	-	-	7.67	16.08	18.91	60.00	71.62	77.80	7645
1055	2.18	-	-	16.07	18.89	59.94	71.56	77.73	7638
1054	-	5.28	7.66	16.06	18.88	59.89	71.49	77.65	7632
1053	-	-	-	-	18.86	59.83	71.43	77.58	7625
1052	-	-	7.65	16.05	18.84	59.78	71.36	77.51	7619
1051	-	5.27	-	16.04	18.82	59.72	71.29	77.44	7612

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	7.64	16.03	18.81	59.67	71.23	77.37	7606	1050
-	5.26	-	16.02	18.79	59.62	71.16	77.30	7599	1049
-	-	7.63	16.01	18.77	59.56	71.10	77.23	7592	1048
-	-	-	16.00	18.76	59.51	71.03	77.15	7586	1047
2.17	5.25	7.62	15.99	18.74	59.45	70.97	77.08	7579	1046
-	-	-	15.98	18.72	59.40	70.90	77.01	7573	1045
-	-	7.61	15.97	18.71	59.34	70.83	76.94	7566	1044
-	5.24	-	15.96	18.69	59.29	70.77	76.87	7560	1043
-	-	7.60	15.95	18.67	59.23	70.70	76.80	7553	1042
-	-	-	15.94	18.66	59.18	70.64	76.73	7546	1041
-	5.23	7.59	15.93	18.64	59.12	70.57	76.65	7540	1040
-	-	-	-	18.62	59.07	70.51	76.58	7533	1039
-	-	-	15.92	18.61	59.01	70.44	76.51	7527	1038
2.16	5.22	7.58	15.91	18.59	58.96	70.37	76.44	7520	1037
-	-	-	15.90	18.57	58.90	70.31	76.37	7514	1036
-	5.21	7.57	15.89	18.56	58.85	70.24	76.30	7507	1035
-	-	-	15.88	18.54	58.79	70.18	76.23	7500	1034
-	-	7.56	15.87	18.52	58.74	70.11	76.16	7494	1033
-	5.20	-	15.86	18.51	58.69	70.05	76.08	7487	1032
-	-	7.55	15.85	18.49	58.63	69.98	76.01	7481	1031
-	-	-	15.84	18.47	58.58	69.91	75.94	7474	1030
-	5.19	7.54	15.83	18.46	58.52	69.85	75.87	7468	1029
-	-	-	15.82	18.44	58.47	69.78	75.80	7461	1028
2.15	-	7.53	15.81	18.42	58.41	69.72	75.73	7454	1027
-	5.18	-	15.80	18.41	58.36	69.65	75.66	7448	1026
-	-	7.52	-	18.39	58.30	69.59	75.58	7441	1025
-	5.17	-	15.79	18.37	58.25	69.52	75.51	7435	1024
-	-	7.51	15.78	18.35	58.19	69.45	75.44	7428	1023
-	-	-	15.77	18.34	58.14	69.39	75.37	7421	1022
-	5.16	7.50	15.76	18.32	58.08	69.32	75.30	7415	1021
-	-	-	15.75	18.30	58.03	69.26	75.23	7408	1020
-	-	7.49	15.74	18.29	57.97	69.19	75.16	7402	1019
2.14	5.15	-	15.73	18.27	57.92	69.13	75.08	7395	1018
-	-	7.48	15.72	18.25	57.86	69.06	75.01	7389	1017
-	-	-	15.71	18.24	57.81	69.00	74.94	7382	1016
-	5.14	-	15.70	18.22	57.76	68.93	74.87	7375	1015
-	-	7.47	15.69	18.20	57.70	68.86	74.80	7369	1014
-	-	-	15.68	18.19	57.65	68.80	74.73	7362	1013
-	5.13	7.46	15.67	18.17	57.59	68.73	74.66	7356	1012
-	-	-	-	18.15	57.54	68.67	74.58	7349	1011
-	5.12	7.45	15.66	18.14	57.48	68.60	74.51	7342	1010
2.13	-	-	15.65	18.12	57.43	68.54	74.44	7336	1009
-	-	7.44	15.64	18.10	57.37	68.47	74.37	7329	1008
-	5.11	-	15.63	18.09	57.32	68.40	74.30	7323	1007
-	-	7.43	15.62	18.07	57.26	68.34	74.23	7316	1006
-	-	-	15.61	18.05	57.21	68.27	74.16	7309	1005
-	5.10	7.42	15.60	18.04	57.15	68.21	74.08	7303	1004
-	-	-	15.59	18.02	57.10	68.14	74.01	7296	1003
-	-	7.41	15.58	18.00	57.04	68.07	73.94	7290	1002
-	5.09	-	15.57	17.99	56.99	68.01	73.87	7283	1001

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
1000	2.12	-	7.40	15.56	17.97	56.93	67.94	73.80	7276
999	-	5.08	-	15.55	17.95	56.88	67.88	73.73	7270
998	-	-	7.39	15.54	17.93	56.82	67.81	73.66	7263
997	-	-	-	-	17.92	56.77	67.75	73.58	7257
996	-	5.07	7.38	15.53	17.90	56.71	67.68	73.51	7250
995	-	-	-	15.52	17.88	56.66	67.61	73.44	7243
994	-	-	7.37	15.51	17.87	56.61	67.55	73.37	7237
993	-	5.06	-	15.50	17.85	56.55	67.48	73.30	7230
992	-	-	-	15.49	17.83	56.50	67.42	73.23	7224
991	2.11	-	7.36	15.48	17.82	56.44	67.35	73.16	7217
990	-	5.05	-	15.47	17.80	56.39	67.29	73.08	7210
989	-	-	7.35	15.46	17.78	56.33	67.22	73.01	7204
988	-	5.04	-	15.45	17.77	56.28	67.15	72.94	7197
987	-	-	7.34	15.44	17.75	56.22	67.09	72.87	7191
986	-	-	-	15.43	17.73	56.17	67.02	72.80	7184
985	-	5.03	7.33	15.42	17.72	56.11	66.96	72.73	7177
984	-	-	-	15.41	17.70	56.06	66.89	72.65	7171
983	-	-	7.32	15.40	17.68	56.00	66.83	72.58	7164
982	2.10	5.02	-	-	17.67	55.95	66.76	72.51	7158
981	-	-	7.31	15.39	17.65	55.89	66.69	72.44	7151
980	-	-	-	15.38	17.63	55.84	66.63	72.37	7144
979	-	5.01	7.30	15.37	17.62	55.78	66.56	72.30	7138
978	-	-	-	15.36	17.60	55.73	66.50	72.23	7131
977	-	5.00	7.29	15.35	17.58	55.67	66.43	72.15	7125
976	-	-	-	15.34	17.56	55.62	66.37	72.08	7118
975	-	-	7.28	15.33	17.55	55.56	66.30	72.01	7111
974	-	4.99	-	15.32	17.53	55.51	66.23	71.94	7105
973	-	-	7.27	15.31	17.51	55.45	66.17	71.87	7098
972	2.09	-	-	15.30	17.50	55.40	66.10	71.80	7092
971	-	4.98	7.26	15.29	17.48	55.35	66.04	71.73	7085
970	-	-	-	15.28	17.46	55.29	65.97	71.65	7078
969	-	-	-	15.27	17.45	55.24	65.90	71.58	7072
968	-	4.97	7.25	15.26	17.43	55.18	65.84	71.51	7065
967	-	-	-	-	17.41	55.13	65.77	71.44	7058
966	-	4.96	7.24	15.25	17.40	55.07	65.71	71.37	7052
965	-	-	-	15.24	17.38	55.02	65.64	71.30	7045
964	-	-	7.23	15.23	17.36	54.96	65.58	71.22	7039
963	2.08	4.95	-	15.22	17.35	54.91	65.51	71.15	7032
962	-	-	7.22	15.21	17.33	54.85	65.44	71.08	7025
961	-	-	-	15.20	17.31	54.80	65.38	71.01	7019
960	-	4.94	7.21	15.19	17.30	54.74	65.31	70.94	7012
959	-	-	-	15.18	17.28	54.69	65.25	70.87	7006
958	-	-	7.20	15.17	17.26	54.63	65.18	70.80	6999
957	-	4.93	-	15.16	17.25	54.58	65.12	70.72	6992
956	-	-	7.19	15.15	17.23	54.52	65.05	70.65	6986
955	-	-	-	15.14	17.21	54.47	64.98	70.58	6979
954	2.07	4.92	7.18	15.13	17.20	54.41	64.92	70.51	6972
953	-	-	-	15.12	17.18	54.36	64.85	70.44	6966
952	-	4.91	7.17	-	17.16	54.30	64.79	70.37	6959
951	-	-	-	15.11	17.14	54.25	64.72	70.30	6953



HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	7.16	15.10	17.13	54.19	64.65	70.22	6946	950
-	4.90	-	15.09	17.11	54.14	64.59	70.15	6939	949
-	-	7.15	15.08	17.09	54.08	64.52	70.08	6933	948
-	-	-	15.07	17.08	54.03	64.46	70.01	6926	947
-	4.89	7.14	15.06	17.06	53.97	64.39	69.94	6919	946
2.06	-	-	15.05	17.04	53.92	64.33	69.87	6913	945
-	-	-	15.04	17.03	53.87	64.26	69.79	6906	944
-	4.88	7.13	15.03	17.01	53.81	64.19	69.72	6900	943
-	-	-	15.02	16.99	53.76	64.13	69.65	6893	942
-	4.87	7.12	15.01	16.98	53.70	64.06	69.58	6886	941
-	-	-	15.00	16.96	53.65	64.00	69.51	6880	940
-	-	7.11	14.99	16.94	53.59	63.93	69.44	6873	939
-	4.86	-	14.98	16.93	53.54	63.86	69.37	6866	938
-	-	7.10	14.97	16.91	53.48	63.80	69.29	6860	937
2.05	-	-	-	16.89	53.43	63.73	69.22	6853	936
-	4.85	7.09	14.96	16.88	53.37	63.67	69.15	6847	935
-	-	-	14.95	16.86	53.32	63.60	69.08	6840	934
-	-	7.08	14.94	16.84	53.26	63.54	69.01	6833	933
-	4.84	-	14.93	16.82	53.21	63.47	68.94	6827	932
-	-	7.07	14.92	16.81	53.15	63.40	68.86	6820	931
-	4.83	-	14.91	16.79	53.10	63.34	68.79	6813	930
-	-	7.06	14.90	16.77	53.04	63.27	68.72	6807	929
-	-	-	14.89	16.76	52.99	63.21	68.65	6800	928
2.04	4.82	7.05	14.88	16.74	52.93	63.14	68.58	6793	927
-	-	-	14.87	16.72	52.88	63.07	68.51	6787	926
-	-	7.04	14.86	16.71	52.82	63.01	68.43	6780	925
-	4.81	-	14.85	16.69	52.77	62.94	68.36	6774	924
-	-	7.03	14.84	16.67	52.71	62.88	68.29	6767	923
-	-	-	14.83	16.66	52.66	62.81	68.22	6760	922
-	4.80	7.02	14.82	16.64	52.60	62.75	68.15	6754	921
-	-	-	-	16.62	52.55	62.68	68.08	6747	920
-	4.79	7.01	14.81	16.61	52.49	62.61	68.01	6740	919
2.03	-	-	14.80	16.59	52.44	62.55	67.93	6734	918
-	-	-	14.79	16.57	52.38	62.48	67.86	6727	917
-	4.78	7.00	14.78	16.56	52.33	62.42	67.79	6720	916
-	-	-	14.77	16.54	52.27	62.35	67.72	6714	915
-	-	6.99	14.76	16.52	52.22	62.28	67.65	6707	914
-	4.77	-	14.75	16.51	52.16	62.22	67.58	6700	913
-	-	6.98	14.74	16.49	52.11	62.15	67.50	6694	912
-	-	-	14.73	16.47	52.05	62.09	67.43	6687	911
-	4.76	6.97	14.72	16.45	52.00	62.02	67.36	6681	910
2.02	-	-	14.71	16.44	51.95	61.95	67.29	6674	909
-	4.75	6.96	14.70	16.42	51.89	61.89	67.22	6667	908
-	-	-	14.69	16.40	51.84	61.82	67.15	6661	907
-	-	6.95	14.68	16.39	51.78	61.76	67.07	6654	906
-	4.74	-	14.67	16.37	51.73	61.69	67.00	6647	905
-	-	6.94	-	16.35	51.67	61.63	66.93	6641	904
-	-	-	14.66	16.34	51.62	61.56	66.86	6634	903
-	4.73	6.93	14.65	16.32	51.56	61.49	66.79	6627	902
-	-	-	14.64	16.30	51.51	61.43	66.72	6621	901

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
900	-	4.72	6.92	14.63	16.29	51.45	61.36	66.64	6614
899	2.01	-	-	14.62	16.27	51.40	61.30	66.57	6607
898	-	-	6.91	14.61	16.25	51.34	61.23	66.50	6601
897	-	4.71	-	14.60	16.24	51.29	61.16	66.43	6594
896	-	-	6.90	14.59	16.22	51.23	61.10	66.36	6587
895	-	-	-	14.58	16.20	51.18	61.03	66.29	6581
894	-	4.70	6.89	14.57	16.19	51.12	60.97	66.22	6574
893	-	-	-	14.56	16.17	51.07	60.90	66.14	6567
892	-	-	6.88	14.55	16.15	51.01	60.83	66.07	6561
891	-	4.69	-	14.54	16.13	50.96	60.77	66.00	6554
890	2.00	-	-	14.53	16.12	50.90	60.70	65.93	6547
889	-	4.68	6.87	14.52	16.10	50.85	60.64	65.86	6541
888	-	-	-	14.51	16.08	50.79	60.57	65.79	6534
887	-	-	6.86	-	16.07	50.74	60.51	65.71	6528
886	-	4.67	-	14.50	16.05	50.68	60.44	65.64	6521
885	-	-	6.85	14.49	16.03	50.63	60.37	65.57	6514
884	-	-	-	14.48	16.02	50.57	60.31	65.50	6508
883	-	4.66	6.84	14.47	16.00	50.52	60.24	65.43	6501
882	-	-	-	14.46	15.98	50.46	60.18	65.36	6494
881	1.99	-	6.83	14.45	15.97	50.41	60.11	65.28	6488
880	-	4.65	-	14.44	15.95	50.35	60.04	65.21	6481
879	-	-	6.82	14.43	15.93	50.30	59.98	65.14	6474
878	-	4.64	-	14.42	15.92	50.24	59.91	65.07	6468
877	-	-	6.81	14.41	15.90	50.19	59.85	65.00	6461
876	-	-	-	14.40	15.88	50.13	59.78	64.93	6454
875	-	4.63	6.80	14.39	15.87	50.08	59.71	64.85	6448
874	-	-	-	14.38	15.85	50.02	59.65	64.78	6441
873	-	-	6.79	14.37	15.83	49.97	59.58	64.71	6434
872	1.98	4.62	-	14.36	15.81	49.91	59.52	64.64	6428
871	-	-	6.78	14.35	15.80	49.86	59.45	64.57	6421
870	-	-	-	-	15.78	49.80	59.38	64.50	6414
869	-	4.61	6.77	14.34	15.76	49.75	59.32	64.42	6408
868	-	-	-	14.33	15.75	49.69	59.25	64.35	6401
867	-	4.60	6.76	14.32	15.73	49.64	59.19	64.28	6394
866	-	-	-	14.31	15.71	49.58	59.12	64.21	6388
865	-	-	6.75	14.30	15.70	49.53	59.05	64.14	6381
864	-	4.59	-	14.29	15.68	49.47	58.99	64.07	6374
863	1.97	-	6.74	14.28	15.66	49.42	58.92	63.99	6368
862	-	-	-	14.27	15.65	49.36	58.86	63.92	6361
861	-	4.58	6.73	14.26	15.63	49.31	58.79	63.85	6354
860	-	-	-	14.25	15.61	49.25	58.72	63.78	6348
859	-	-	-	14.24	15.60	49.20	58.66	63.71	6341
858	-	4.57	6.72	14.23	15.58	49.14	58.59	63.64	6334
857	-	-	-	14.22	15.56	49.09	58.53	63.56	6327
856	-	4.56	6.71	14.21	15.54	49.03	58.46	63.49	6321
855	-	-	-	14.20	15.53	48.98	58.40	63.42	6314
854	1.96	-	6.70	14.19	15.51	48.92	58.33	63.35	6307
853	-	4.55	-	-	15.49	48.87	58.26	63.28	6301
852	-	-	6.69	14.18	15.48	48.81	58.20	63.21	6294
851	-	-	-	14.17	15.46	48.76	58.13	63.13	6287

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	4.54	6.68	14.16	15.44	48.71	58.07	63.06	6281	850
-	-	-	14.15	15.43	48.65	58.00	62.99	6274	849
-	4.53	6.67	14.14	15.41	48.60	57.93	62.92	6267	848
-	-	-	14.13	15.39	48.54	57.87	62.85	6261	847
-	-	6.66	14.12	15.38	48.49	57.80	62.78	6254	846
1.95	4.52	-	14.11	15.36	48.43	57.74	62.70	6247	845
-	-	6.65	14.10	15.34	48.38	57.67	62.63	6241	844
-	-	-	14.09	15.33	48.32	57.60	62.56	6234	843
-	4.51	6.64	14.08	15.31	48.27	57.54	62.49	6227	842
-	-	-	14.07	15.29	48.21	57.47	62.42	6221	841
-	-	6.63	14.06	15.27	48.16	57.41	62.34	6214	840
-	4.50	-	14.05	15.26	48.10	57.34	62.27	6207	839
-	-	6.62	14.04	15.24	48.05	57.27	62.20	6201	838
-	4.49	-	14.03	15.22	47.99	57.21	62.13	6194	837
1.94	-	6.61	14.02	15.21	47.94	57.14	62.06	6187	836
-	-	-	-	15.19	47.88	57.08	61.99	6180	835
-	4.48	6.60	14.01	15.17	47.83	57.01	61.91	6174	834
-	-	-	14.00	15.16	47.77	56.94	61.84	6167	833
-	-	6.59	13.99	15.14	47.72	56.88	61.77	6160	832
-	4.47	-	13.98	15.12	47.66	56.81	61.70	6154	831
-	-	6.58	13.97	15.11	47.61	56.75	61.63	6147	830
-	-	-	13.96	15.09	47.55	56.68	61.56	6140	829
-	4.46	6.57	13.95	15.07	47.50	56.61	61.48	6134	828
1.93	-	-	13.94	15.06	47.44	56.55	61.41	6127	827
-	4.45	-	13.93	15.04	47.39	56.48	61.34	6120	826
-	-	6.56	13.92	15.02	47.33	56.42	61.27	6114	825
-	-	-	13.91	15.01	47.28	56.35	61.20	6107	824
-	4.44	6.55	13.90	14.99	47.22	56.28	61.13	6100	823
-	-	-	13.89	14.97	47.17	56.22	61.05	6093	822
-	-	6.54	13.88	14.95	47.11	56.15	60.98	6087	821
-	4.43	-	13.87	14.94	47.06	56.09	60.91	6080	820
-	-	6.53	13.86	14.92	47.00	56.02	60.84	6073	819
1.92	4.42	-	13.85	14.90	46.95	55.95	60.77	6067	818
-	-	6.52	-	14.89	46.89	55.89	60.69	6060	817
-	-	-	13.84	14.87	46.84	55.82	60.62	6053	816
-	4.41	6.51	13.83	14.85	46.78	55.76	60.55	6047	815
-	-	-	13.82	14.84	46.73	55.69	60.48	6040	814
-	-	6.50	13.81	14.82	46.67	55.62	60.41	6033	813
-	4.40	-	13.80	14.80	46.62	55.56	60.34	6026	812
-	-	6.49	13.79	14.79	46.56	55.49	60.26	6020	811
-	-	-	13.78	14.77	46.51	55.43	60.19	6013	810
1.91	4.39	6.48	13.77	14.75	46.45	55.36	60.12	6006	809
-	-	-	13.76	14.74	46.40	55.29	60.05	6000	808
-	4.38	6.47	13.75	14.72	46.34	55.23	59.98	5993	807
-	-	-	13.74	14.70	46.29	55.16	59.91	5986	806
-	-	6.46	13.73	14.68	46.23	55.09	59.83	5980	805
-	4.37	-	13.72	14.67	46.18	55.03	59.76	5973	804
-	-	6.45	13.71	14.65	46.12	54.96	59.69	5966	803
-	-	-	13.70	14.63	46.07	54.90	59.62	5959	802
-	4.36	6.44	13.69	14.62	46.01	54.83	59.55	5953	801

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
800	1.90	-	-	13.68	14.60	45.96	54.76	59.47	5946
799	-	4.35	6.43	13.67	14.58	45.90	54.70	59.40	5939
798	-	-	-	-	14.57	45.85	54.63	59.33	5933
797	-	-	6.42	13.66	14.55	45.79	54.57	59.26	5926
796	-	4.34	-	13.65	14.53	45.74	54.50	59.19	5919
795	-	-	6.41	13.64	14.52	45.68	54.43	59.12	5912
794	-	-	-	13.63	14.50	45.63	54.37	59.04	5906
793	-	4.33	6.40	13.62	14.48	45.57	54.30	58.97	5899
792	-	-	-	13.61	14.46	45.52	54.24	58.90	5892
791	1.89	-	-	13.60	14.45	45.46	54.17	58.83	5886
790	-	4.32	6.39	13.59	14.43	45.41	54.10	58.76	5879
789	-	-	-	13.58	14.41	45.35	54.04	58.68	5872
788	-	4.31	6.38	13.57	14.40	45.30	53.97	58.61	5865
787	-	-	-	13.56	14.38	45.24	53.91	58.54	5859
786	-	-	6.37	13.55	14.36	45.19	53.84	58.47	5852
785	-	4.30	-	13.54	14.35	45.13	53.77	58.40	5845
784	-	-	6.36	13.53	14.33	45.08	53.71	58.33	5839
783	-	-	-	13.52	14.31	45.02	53.64	58.25	5832
782	1.88	4.29	6.35	13.51	14.30	44.96	53.58	58.18	5825
781	-	-	-	13.50	14.28	44.91	53.51	58.11	5818
780	-	4.28	6.34	13.49	14.26	44.85	53.44	58.04	5812
779	-	-	-	-	14.25	44.80	53.38	57.97	5805
778	-	-	6.33	13.48	14.23	44.74	53.31	57.89	5798
777	-	4.27	-	13.47	14.21	44.69	53.25	57.82	5792
776	-	-	6.32	13.46	14.19	44.63	53.18	57.75	5785
775	-	-	-	13.45	14.18	44.58	53.11	57.68	5778
774	-	4.26	6.31	13.44	14.16	44.52	53.05	57.61	5771
773	1.87	-	-	13.43	14.14	44.47	52.98	57.54	5765
772	-	-	6.30	13.42	14.13	44.41	52.91	57.46	5758
771	-	4.25	-	13.41	14.11	44.36	52.85	57.39	5751
770	-	-	6.29	13.40	14.09	44.30	52.78	57.32	5744
769	-	4.24	-	13.39	14.08	44.25	52.72	57.25	5738
768	-	-	6.28	13.38	14.06	44.19	52.65	57.18	5731
767	-	-	-	13.37	14.04	44.14	52.58	57.10	5724
766	-	4.23	6.27	13.36	14.03	44.08	52.52	57.03	5718
765	-	-	-	13.35	14.01	44.03	52.45	56.96	5711
764	1.86	-	6.26	13.34	13.99	43.97	52.39	56.89	5704
763	-	4.22	-	13.33	13.98	43.92	52.32	56.82	5697
762	-	-	6.25	13.32	13.96	43.86	52.25	56.75	5691
761	-	4.21	-	13.31	13.94	43.81	52.19	56.67	5684
760	-	-	6.24	13.30	13.92	43.75	52.12	56.60	5677
759	-	-	-	-	13.91	43.70	52.06	56.53	5670
758	-	4.20	6.23	13.29	13.89	43.64	51.99	56.46	5664
757	-	-	-	13.28	13.87	43.59	51.92	56.39	5657
756	-	-	6.22	13.27	13.86	43.53	51.86	56.31	5650
755	1.85	4.19	-	13.26	13.84	43.48	51.79	56.24	5644
754	-	-	6.21	13.25	13.82	43.42	51.72	56.17	5637
753	-	-	-	13.24	13.81	43.37	51.66	56.10	5630
752	-	4.18	6.20	13.23	13.79	43.31	51.59	56.03	5623
751	-	-	-	13.22	13.77	43.26	51.53	55.95	5617

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	4.17	-	13.21	13.76	43.20	51.46	55.88	5610	750
-	-	6.19	13.20	13.74	43.15	51.39	55.81	5603	749
-	-	-	13.19	13.72	43.09	51.33	55.74	5596	748
-	4.16	6.18	13.18	13.70	43.04	51.26	55.67	5590	747
1.84	-	-	13.17	13.69	42.98	51.20	55.60	5583	746
-	-	6.17	13.16	13.67	42.93	51.13	55.52	5576	745
-	4.15	-	13.15	13.65	42.87	51.06	55.45	5569	744
-	-	6.16	13.14	13.64	42.82	51.00	55.38	5563	743
-	4.14	-	13.13	13.62	42.76	50.93	55.31	5556	742
-	-	6.15	13.12	13.60	42.71	50.86	55.24	5549	741
-	-	-	13.11	13.59	42.65	50.80	55.16	5542	740
-	4.13	6.14	13.10	13.57	42.60	50.73	55.09	5536	739
-	-	-	-	13.55	42.54	50.67	55.02	5529	738
1.83	-	6.13	13.09	13.54	42.49	50.60	54.95	5522	737
-	4.12	-	13.08	13.52	42.43	50.53	54.88	5515	736
-	-	6.12	13.07	13.50	42.38	50.47	54.80	5509	735
-	-	-	13.06	13.48	42.32	50.40	54.73	5502	734
-	4.11	6.11	13.05	13.47	42.27	50.34	54.66	5495	733
-	-	-	13.04	13.45	42.21	50.27	54.59	5488	732
-	4.10	6.10	13.03	13.43	42.16	50.20	54.52	5482	731
-	-	-	13.02	13.42	42.10	50.14	54.44	5475	730
-	-	6.09	13.01	13.40	42.05	50.07	54.37	5468	729
1.82	4.09	-	13.00	13.38	41.99	50.00	54.30	5461	728
-	-	6.08	12.99	13.37	41.94	49.94	54.23	5455	727
-	-	-	12.98	13.35	41.88	49.87	54.16	5448	726
-	4.08	6.07	12.97	13.33	41.83	49.81	54.09	5441	725
-	-	-	12.96	13.32	41.77	49.74	54.01	5434	724
-	4.07	6.06	12.95	13.30	41.71	49.67	53.94	5428	723
-	-	-	12.94	13.28	41.66	49.61	53.87	5421	722
-	-	6.05	12.93	13.27	41.60	49.54	53.80	5414	721
-	4.06	-	12.92	13.25	41.55	49.48	53.73	5407	720
1.81	-	6.04	12.91	13.23	41.49	49.41	53.65	5401	719
-	-	-	12.90	13.21	41.44	49.34	53.58	5394	718
-	4.05	6.03	-	13.20	41.38	49.28	53.51	5387	717
-	-	-	12.89	13.18	41.33	49.21	53.44	5380	716
-	4.04	6.02	12.88	13.16	41.27	49.14	53.37	5374	715
-	-	-	12.87	13.15	41.22	49.08	53.29	5367	714
-	-	6.01	12.86	13.13	41.16	49.01	53.22	5360	713
-	4.03	-	12.85	13.11	41.11	48.95	53.15	5353	712
-	-	6.00	12.84	13.10	41.05	48.88	53.08	5347	711
1.80	-	-	12.83	13.08	41.00	48.81	53.01	5340	710
-	4.02	5.99	12.82	13.06	40.94	48.75	52.93	5333	709
-	-	-	12.81	13.05	40.89	48.68	52.86	5326	708
-	-	5.98	12.80	13.03	40.83	48.61	52.79	5320	707
-	4.01	-	12.79	13.01	40.78	48.55	52.72	5313	706
-	-	5.97	12.78	12.99	40.72	48.48	52.65	5306	705
-	4.00	-	12.77	12.98	40.67	48.42	52.57	5299	704
-	-	5.96	12.76	12.96	40.61	48.35	52.50	5292	703
-	-	-	12.75	12.94	40.56	48.28	52.43	5286	702
1.79	3.99	-	12.74	12.93	40.50	48.22	52.36	5279	701

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
700	-	-	5.95	12.73	12.91	40.45	48.15	52.29	5272
699	-	-	-	12.72	12.89	40.39	48.09	52.21	5265
698	-	3.98	5.94	12.71	12.88	40.34	48.02	52.14	5259
697	-	-	-	12.70	12.86	40.28	47.95	52.07	5252
696	-	3.97	5.93	12.69	12.84	40.23	47.89	52.00	5245
695	-	-	-	-	12.83	40.17	47.82	51.93	5238
694	-	-	5.92	12.68	12.81	40.12	47.75	51.86	5232
693	-	3.96	-	12.67	12.79	40.06	47.69	51.78	5225
692	1.78	-	5.91	12.66	12.77	40.01	47.62	51.71	5218
691	-	-	-	12.65	12.76	39.95	47.56	51.64	5211
690	-	3.95	5.90	12.64	12.74	39.90	47.49	51.57	5204
689	-	-	-	12.63	12.72	39.84	47.42	51.50	5198
688	-	3.94	5.89	12.62	12.71	39.78	47.36	51.42	5191
687	-	-	-	12.61	12.69	39.73	47.29	51.35	5184
686	-	-	5.88	12.60	12.67	39.67	47.22	51.28	5177
685	-	3.93	-	12.59	12.66	39.62	47.16	51.21	5171
684	-	-	5.87	12.58	12.64	39.56	47.09	51.14	5164
683	1.77	-	-	12.57	12.62	39.51	47.03	51.06	5157
682	-	3.92	5.86	12.56	12.61	39.45	46.96	50.99	5150
681	-	-	-	12.55	12.59	39.40	46.89	50.92	5143
680	-	3.91	5.85	12.54	12.57	39.34	46.83	50.85	5137
679	-	-	-	12.53	12.55	39.29	46.76	50.78	5130
678	-	-	5.84	12.52	12.54	39.23	46.69	50.70	5123
677	-	3.90	-	12.51	12.52	39.18	46.63	50.63	5116
676	-	-	5.83	12.50	12.50	39.12	46.56	50.56	5110
675	-	-	-	12.49	12.49	39.07	46.50	50.49	5103
674	1.76	3.89	5.82	12.48	12.47	39.01	46.43	50.42	5096
673	-	-	-	12.47	12.45	38.96	46.36	50.34	5089
672	-	-	5.81	-	12.44	38.90	46.30	50.27	5082
671	-	3.88	-	12.46	12.42	38.85	46.23	50.20	5076
670	-	-	5.80	12.45	12.40	38.79	46.16	50.13	5069
669	-	3.87	-	12.44	12.38	38.74	46.10	50.06	5062
668	-	-	5.79	12.43	12.37	38.68	46.03	49.98	5055
667	-	-	-	12.42	12.35	38.63	45.97	49.91	5049
666	-	3.86	5.78	12.41	12.33	38.57	45.90	49.84	5042
665	1.75	-	-	12.40	12.32	38.52	45.83	49.77	5035
664	-	-	5.77	12.39	12.30	38.46	45.77	49.70	5028
663	-	3.85	-	12.38	12.28	38.40	45.70	49.62	5021
662	-	-	5.76	12.37	12.27	38.35	45.63	49.55	5015
661	-	3.84	-	12.36	12.25	38.29	45.57	49.48	5008
660	-	-	5.75	12.35	12.23	38.24	45.50	49.41	5001
659	-	-	-	12.34	12.22	38.18	45.44	49.33	4994
658	-	3.83	5.74	12.33	12.20	38.13	45.37	49.26	4987
657	-	-	-	12.32	12.18	38.07	45.30	49.19	4981
656	1.74	-	5.73	12.31	12.16	38.02	45.24	49.12	4974
655	-	3.82	-	12.30	12.15	37.96	45.17	49.05	4967
654	-	-	5.72	12.29	12.13	37.91	45.10	48.97	4960
653	-	3.81	-	12.28	12.11	37.85	45.04	48.90	4953
652	-	-	5.71	12.27	12.10	37.80	44.97	48.83	4947
651	-	-	-	12.26	12.08	37.74	44.91	48.76	4940

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	3.80	5.70	12.25	12.06	37.69	44.84	48.69	4933	650
-	-	-	12.24	12.05	37.63	44.77	48.61	4926	649
1.73	-	5.69	12.23	12.03	37.58	44.71	48.54	4919	648
-	3.79	-	-	12.01	37.52	44.64	48.47	4913	647
-	-	5.68	12.22	12.00	37.47	44.57	48.40	4906	646
-	3.78	-	12.21	11.98	37.41	44.51	48.33	4899	645
-	-	5.67	12.20	11.96	37.36	44.44	48.25	4892	644
-	-	-	12.19	11.94	37.30	44.37	48.18	4885	643
-	3.77	5.66	12.18	11.93	37.25	44.31	48.11	4879	642
-	-	-	12.17	11.91	37.19	44.24	48.04	4872	641
-	-	-	12.16	11.89	37.13	44.18	47.97	4865	640
1.72	3.76	5.65	12.15	11.88	37.08	44.11	47.89	4858	639
-	-	-	12.14	11.86	37.02	44.04	47.82	4851	638
-	3.75	5.64	12.13	11.84	36.97	43.98	47.75	4845	637
-	-	-	12.12	11.83	36.91	43.91	47.68	4838	636
-	-	5.63	12.11	11.81	36.86	43.84	47.61	4831	635
-	3.74	-	12.10	11.79	36.80	43.78	47.53	4824	634
-	-	5.62	12.09	11.77	36.75	43.71	47.46	4817	633
-	-	-	12.08	11.76	36.69	43.65	47.39	4811	632
-	3.73	5.61	12.07	11.74	36.64	43.58	47.32	4804	631
1.71	-	-	12.06	11.72	36.58	43.51	47.25	4797	630
-	3.72	5.60	12.05	11.71	36.53	43.45	47.17	4790	629
-	-	-	12.04	11.69	36.47	43.38	47.10	4783	628
-	-	5.59	12.03	11.67	36.42	43.31	47.03	4777	627
-	3.71	-	12.02	11.66	36.36	43.25	46.96	4770	626
-	-	5.58	12.01	11.64	36.31	43.18	46.88	4763	625
-	-	-	12.00	11.62	36.25	43.11	46.81	4756	624
-	3.70	5.57	11.99	11.61	36.20	43.05	46.74	4749	623
-	-	-	11.98	11.59	36.14	42.98	46.67	4742	622
1.70	3.69	5.56	-	11.57	36.09	42.92	46.60	4736	621
-	-	-	11.97	11.55	36.03	42.85	46.52	4729	620
-	-	5.55	11.96	11.54	35.97	42.78	46.45	4722	619
-	3.68	-	11.95	11.52	35.92	42.72	46.38	4715	618
-	-	5.54	11.94	11.50	35.86	42.65	46.31	4708	617
-	-	-	11.93	11.49	35.81	42.58	46.24	4702	616
-	3.67	5.53	11.92	11.47	35.75	42.52	46.16	4695	615
-	-	-	11.91	11.45	35.70	42.45	46.09	4688	614
-	-	5.52	11.90	11.44	35.64	42.39	46.02	4681	613
1.69	3.66	-	11.89	11.42	35.59	42.32	45.95	4674	612
-	-	5.51	11.88	11.40	35.53	42.25	45.88	4667	611
-	3.65	-	11.87	11.39	35.48	42.19	45.80	4661	610
-	-	5.50	11.86	11.37	35.42	42.12	45.73	4654	609
-	-	-	11.85	11.35	35.37	42.05	45.66	4647	608
-	3.64	5.49	11.84	11.33	35.31	41.99	45.59	4640	607
-	-	-	11.83	11.32	35.26	41.92	45.51	4633	606
-	-	5.48	11.82	11.30	35.20	41.85	45.44	4627	605
-	3.63	-	11.81	11.28	35.15	41.79	45.37	4620	604
1.68	-	5.47	11.80	11.27	35.09	41.72	45.30	4613	603
-	3.62	-	11.79	11.25	35.03	41.66	45.23	4606	602
-	-	5.46	11.78	11.23	34.98	41.59	45.15	4599	601

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
600	-	-	-	11.77	11.22	34.92	41.52	45.08	4592
599	-	3.61	5.45	11.76	11.20	34.87	41.46	45.01	4586
598	-	-	-	11.75	11.18	34.81	41.39	44.94	4579
597	-	-	5.44	11.74	11.16	34.76	41.32	44.87	4572
596	-	3.60	-	11.73	11.15	34.70	41.26	44.79	4565
595	-	-	5.43	11.72	11.13	34.65	41.19	44.72	4558
594	1.67	3.59	-	-	11.11	34.59	41.12	44.65	4551
593	-	-	5.42	11.71	11.10	34.54	41.06	44.58	4545
592	-	-	-	11.70	11.08	34.48	40.99	44.50	4538
591	-	3.58	5.41	11.69	11.06	34.43	40.92	44.43	4531
590	-	-	-	11.68	11.05	34.37	40.86	44.36	4524
589	-	-	5.40	11.67	11.03	34.32	40.79	44.29	4517
588	-	3.57	-	11.66	11.01	34.26	40.73	44.22	4510
587	-	-	5.39	11.65	10.99	34.21	40.66	44.14	4504
586	-	3.56	-	11.64	10.98	34.15	40.59	44.07	4497
585	1.66	-	5.38	11.63	10.96	34.09	40.53	44.00	4490
584	-	-	-	11.62	10.94	34.04	40.46	43.93	4483
583	-	3.55	5.37	11.61	10.93	33.98	40.39	43.86	4476
582	-	-	-	11.60	10.91	33.93	40.33	43.78	4469
581	-	-	5.36	11.59	10.89	33.87	40.26	43.71	4463
580	-	3.54	-	11.58	10.88	33.82	40.19	43.64	4456
579	-	-	5.35	11.57	10.86	33.76	40.13	43.57	4449
578	-	3.53	-	11.56	10.84	33.71	40.06	43.49	4442
577	1.65	-	5.34	11.55	10.83	33.65	40.00	43.42	4435
576	-	-	-	11.54	10.81	33.60	39.93	43.35	4428
575	-	3.52	5.33	11.53	10.79	33.54	39.86	43.28	4422
574	-	-	-	11.52	10.77	33.49	39.80	43.21	4415
573	-	-	5.32	11.51	10.76	33.43	39.73	43.13	4408
572	-	3.51	-	11.50	10.74	33.38	39.66	43.06	4401
571	-	-	5.31	11.49	10.72	33.32	39.60	42.99	4394
570	-	3.50	-	11.48	10.71	33.27	39.53	42.92	4387
569	-	-	5.30	11.47	10.69	33.21	39.46	42.84	4380
568	1.64	-	-	11.46	10.67	33.15	39.40	42.77	4374
567	-	3.49	5.29	11.45	10.66	33.10	39.33	42.70	4367
566	-	-	-	11.44	10.64	33.04	39.26	42.63	4360
565	-	-	5.28	-	10.62	32.99	39.20	42.56	4353
564	-	3.48	-	11.43	10.60	32.93	39.13	42.48	4346
563	-	-	5.27	11.42	10.59	32.88	39.07	42.41	4339
562	-	3.47	-	11.41	10.57	32.82	39.00	42.34	4333
561	-	-	5.26	11.40	10.55	32.77	38.93	42.27	4326
560	-	-	-	11.39	10.54	32.71	38.87	42.19	4319
559	1.63	3.46	5.25	11.38	10.52	32.66	38.80	42.12	4312
558	-	-	-	11.37	10.50	32.60	38.73	42.05	4305
557	-	-	5.24	11.36	10.49	32.55	38.67	41.98	4298
556	-	3.45	-	11.35	10.47	32.49	38.60	41.91	4291
555	-	-	5.23	11.34	10.45	32.44	38.53	41.83	4285
554	-	3.44	-	11.33	10.43	32.38	38.47	41.76	4278
553	-	-	5.22	11.32	10.42	32.32	38.40	41.69	4271
552	-	-	-	11.31	10.40	32.27	38.33	41.62	4264
551	-	3.43	5.21	11.30	10.38	32.21	38.27	41.54	4257



HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
1.62	-	-	11.29	10.37	32.16	38.20	41.47	4250	550
-	-	5.20	11.28	10.35	32.10	38.14	41.40	4243	549
-	3.42	-	11.27	10.33	32.05	38.07	41.33	4237	548
-	-	5.19	11.26	10.32	31.99	38.00	41.26	4230	547
-	3.41	-	11.25	10.30	31.94	37.94	41.18	4223	546
-	-	5.18	11.24	10.28	31.88	37.87	41.11	4216	545
-	-	-	11.23	10.26	31.83	37.80	41.04	4209	544
-	3.40	5.17	11.22	10.25	31.77	37.74	40.97	4202	543
-	-	-	11.21	10.23	31.72	37.67	40.89	4195	542
1.61	3.39	5.16	11.20	10.21	31.66	37.60	40.82	4189	541
-	-	-	11.19	10.20	31.60	37.54	40.75	4182	540
-	-	5.15	11.18	10.18	31.55	37.47	40.68	4175	539
-	3.38	-	11.17	10.16	31.49	37.40	40.61	4168	538
-	-	5.14	11.16	10.15	31.44	37.34	40.53	4161	537
-	-	-	11.15	10.13	31.38	37.27	40.46	4154	536
-	3.37	5.13	11.14	10.11	31.33	37.20	40.39	4147	535
-	-	-	11.13	10.09	31.27	37.14	40.32	4140	534
-	3.36	5.12	-	10.08	31.22	37.07	40.24	4134	533
1.60	-	-	11.12	10.06	31.16	37.01	40.17	4127	532
-	-	5.11	11.11	10.04	31.11	36.94	40.10	4120	531
-	3.35	-	11.10	10.03	31.05	36.87	40.03	4113	530
-	-	5.10	11.09	10.01	31.00	36.81	39.96	4106	529
-	-	-	11.08	9.99	30.94	36.74	39.88	4099	528
-	3.34	5.09	11.07	9.98	30.88	36.67	39.81	4092	527
-	-	-	11.06	9.96	30.83	36.61	39.74	4085	526
-	3.33	5.08	11.05	9.94	30.77	36.54	39.67	4079	525
1.59	-	-	11.04	9.92	30.72	36.47	39.59	4072	524
-	-	5.07	11.03	9.91	30.66	36.41	39.52	4065	523
-	3.32	-	11.02	9.89	30.61	36.34	39.45	4058	522
-	-	5.06	11.01	9.87	30.55	36.27	39.38	4051	521
-	-	-	11.00	9.86	30.50	36.21	39.31	4044	520
-	3.31	5.05	10.99	9.84	30.44	36.14	39.23	4037	519
-	-	-	10.98	9.82	30.39	36.07	39.16	4030	518
-	3.30	5.04	10.97	9.81	30.33	36.01	39.09	4024	517
-	-	-	10.96	9.79	30.28	35.94	39.02	4017	516
1.58	-	5.03	10.95	9.77	30.22	35.87	38.94	4010	515
-	3.29	-	10.94	9.75	30.16	35.81	38.87	4003	514
-	-	5.02	10.93	9.74	30.11	35.74	38.80	3996	513
-	-	-	10.92	9.72	30.05	35.68	38.73	3989	512
-	3.28	5.01	10.91	9.70	30.00	35.61	38.65	3982	511
-	-	-	10.90	9.69	29.94	35.54	38.58	3975	510
-	3.27	5.00	10.89	9.67	29.89	35.48	38.51	3969	509
-	-	-	10.88	9.65	29.83	35.41	38.44	3962	508
-	-	4.99	10.87	9.64	29.78	35.34	38.37	3955	507
1.57	3.26	-	10.86	9.62	29.72	35.28	38.29	3948	506
-	-	4.98	10.85	9.60	29.67	35.21	38.22	3941	505
-	-	-	10.84	9.58	29.61	35.14	38.15	3934	504
-	3.25	4.97	10.83	9.57	29.56	35.08	38.08	3927	503
-	-	-	10.82	9.55	29.50	35.01	38.00	3920	502
-	3.24	-	10.81	9.53	29.44	34.94	37.93	3913	501

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
500	-	-	4.96	10.80	9.52	29.39	34.88	37.86	3907
499	-	-	-	10.79	9.50	29.33	34.81	37.79	3900
498	-	3.23	4.95	-	9.48	29.28	34.74	37.71	3893
497	1.56	-	-	10.78	9.47	29.22	34.68	37.64	3886
496	-	-	4.94	10.77	9.45	29.17	34.61	37.57	3879
495	-	3.22	-	10.76	9.43	29.11	34.54	37.50	3872
494	-	-	4.93	10.75	9.41	29.06	34.48	37.43	3865
493	-	3.21	-	10.74	9.40	29.00	34.41	37.35	3858
492	-	-	4.92	10.73	9.38	28.95	34.34	37.28	3851
491	-	-	-	10.72	9.36	28.89	34.28	37.21	3845
490	-	3.20	4.91	10.71	9.35	28.83	34.21	37.14	3838
489	1.55	-	-	10.70	9.33	28.78	34.15	37.06	3831
488	-	3.19	4.90	10.69	9.31	28.72	34.08	36.99	3824
487	-	-	-	10.68	9.30	28.67	34.01	36.92	3817
486	-	-	4.89	10.67	9.28	28.61	33.95	36.85	3810
485	-	3.18	-	10.66	9.26	28.56	33.88	36.77	3803
484	-	-	4.88	10.65	9.24	28.50	33.81	36.70	3796
483	-	-	-	10.64	9.23	28.45	33.75	36.63	3789
482	-	3.17	4.87	10.63	9.21	28.39	33.68	36.56	3782
481	-	-	-	10.62	9.19	28.34	33.61	36.48	3776
480	1.54	3.16	4.86	10.61	9.18	28.28	33.55	36.41	3769
479	-	-	4.85	10.60	9.16	28.22	33.48	36.34	3762
478	-	-	-	10.59	9.14	28.17	33.41	36.27	3755
477	-	3.15	4.84	10.58	9.13	28.11	33.35	36.20	3748
476	-	-	-	10.57	9.11	28.06	33.28	36.12	3741
475	-	-	4.83	10.56	9.09	28.00	33.21	36.05	3734
474	-	3.14	-	10.55	9.07	27.95	33.15	35.98	3727
473	-	-	4.82	10.54	9.06	27.89	33.08	35.91	3720
472	-	3.13	-	10.53	9.04	27.84	33.01	35.83	3713
471	1.53	-	4.81	10.52	9.02	27.78	32.95	35.76	3706
470	-	-	-	10.51	9.01	27.73	32.88	35.69	3700
469	-	3.12	4.80	10.50	8.99	27.67	32.81	35.62	3693
468	-	-	-	10.49	8.97	27.61	32.75	35.54	3686
467	-	-	4.79	10.48	8.96	27.56	32.68	35.47	3679
466	-	3.11	-	10.47	8.94	27.50	32.61	35.40	3672
465	-	-	4.78	10.46	8.92	27.45	32.55	35.33	3665
464	-	3.10	-	10.45	8.90	27.39	32.48	35.25	3658
463	-	-	4.77	10.44	8.89	27.34	32.41	35.18	3651
462	1.52	-	-	10.43	8.87	27.28	32.35	35.11	3644
461	-	3.09	4.76	10.42	8.85	27.23	32.28	35.04	3637
460	-	-	-	10.41	8.84	27.17	32.21	34.97	3630
459	-	-	4.75	10.40	8.82	27.12	32.15	34.89	3624
458	-	3.08	-	-	8.80	27.06	32.08	34.82	3617
457	-	-	4.74	10.39	8.79	27.00	32.01	34.75	3610
456	-	3.07	-	10.38	8.77	26.95	31.95	34.68	3603
455	-	-	4.73	10.37	8.75	26.89	31.88	34.60	3596
454	-	-	-	10.36	8.73	26.84	31.81	34.53	3589
453	1.51	3.06	4.72	10.35	8.72	26.78	31.75	34.46	3582
452	-	-	-	10.34	8.70	26.73	31.68	34.39	3575
451	-	3.05	4.71	10.33	8.68	26.67	31.62	34.31	3568

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	-	10.32	8.67	26.62	31.55	34.24	3561	450
-	-	4.70	10.31	8.65	26.56	31.48	34.17	3554	449
-	3.04	-	10.30	8.63	26.50	31.42	34.10	3547	448
-	-	4.69	10.29	8.62	26.45	31.35	34.02	3541	447
-	-	-	10.28	8.60	26.39	31.28	33.95	3534	446
1.50	3.03	4.68	10.27	8.58	26.34	31.22	33.88	3527	445
-	-	-	10.26	8.56	26.28	31.15	33.81	3520	444
-	3.02	4.67	10.25	8.55	26.23	31.08	33.73	3513	443
-	-	-	10.24	8.53	26.17	31.02	33.66	3506	442
-	-	4.66	10.23	8.51	26.12	30.95	33.59	3499	441
-	3.01	-	10.22	8.50	26.06	30.88	33.52	3492	440
-	-	4.65	10.21	8.48	26.01	30.82	33.44	3485	439
-	-	-	10.20	8.46	25.95	30.75	33.37	3478	438
-	3.00	4.64	10.19	8.44	25.89	30.68	33.30	3471	437
1.49	-	-	10.18	8.43	25.84	30.62	33.23	3464	436
-	2.99	4.63	10.17	8.41	25.78	30.55	33.16	3457	435
-	-	-	10.16	8.39	25.73	30.48	33.08	3450	434
-	-	4.62	10.15	8.38	25.67	30.42	33.01	3444	433
-	2.98	-	10.14	8.36	25.62	30.35	32.94	3437	432
-	-	4.61	10.13	8.34	25.56	30.28	32.87	3430	431
-	-	-	10.12	8.33	25.51	30.22	32.79	3423	430
-	2.97	4.60	10.11	8.31	25.45	30.15	32.72	3416	429
-	-	-	10.10	8.29	25.39	30.08	32.65	3409	428
1.48	2.96	4.59	10.09	8.27	25.34	30.02	32.58	3402	427
-	-	-	10.08	8.26	25.28	29.95	32.50	3395	426
-	-	4.58	10.07	8.24	25.23	29.88	32.43	3388	425
-	2.95	-	10.06	8.22	25.17	29.82	32.36	3381	424
-	-	4.57	10.05	8.21	25.12	29.75	32.29	3374	423
-	2.94	-	10.04	8.19	25.06	29.68	32.21	3367	422
-	-	4.56	10.03	8.17	25.01	29.62	32.14	3360	421
-	-	-	10.02	8.16	24.95	29.55	32.07	3353	420
1.47	2.93	4.55	10.01	8.14	24.89	29.48	32.00	3346	419
-	-	-	10.00	8.12	24.84	29.42	31.92	3339	418
-	-	4.54	9.99	8.10	24.78	29.35	31.85	3333	417
-	2.92	-	9.98	8.09	24.73	29.28	31.78	3326	416
-	-	4.53	9.97	8.07	24.67	29.22	31.71	3319	415
-	2.91	-	9.96	8.05	24.62	29.15	31.63	3312	414
-	-	4.52	9.95	8.04	24.56	29.08	31.56	3305	413
-	-	-	-	8.02	24.51	29.02	31.49	3298	412
-	2.90	4.51	9.94	8.00	24.45	28.95	31.42	3291	411
1.46	-	-	9.93	7.98	24.40	28.88	31.34	3284	410
-	-	4.50	9.92	7.97	24.34	28.82	31.27	3277	409
-	2.89	-	9.91	7.95	24.28	28.75	31.20	3270	408
-	-	4.49	9.90	7.93	24.23	28.68	31.13	3263	407
-	2.88	-	9.89	7.92	24.17	28.62	31.05	3256	406
-	-	4.48	9.88	7.90	24.12	28.55	30.98	3249	405
-	-	-	9.87	7.88	24.06	28.48	30.91	3242	404
-	2.87	4.47	9.86	7.87	24.01	28.42	30.84	3235	403
-	-	-	9.85	7.85	23.95	28.35	30.76	3228	402
1.45	2.86	4.46	9.84	7.83	23.90	28.28	30.69	3221	401

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
400	-	-	-	9.83	7.81	23.84	28.22	30.62	3214
399	-	-	4.45	9.82	7.80	23.78	28.15	30.55	3207
398	-	2.85	-	9.81	7.78	23.73	28.08	30.47	3201
397	-	-	4.44	9.80	7.76	23.67	28.02	30.40	3194
396	-	-	-	9.79	7.75	23.62	27.95	30.33	3187
395	-	2.84	4.43	9.78	7.73	23.56	27.88	30.26	3180
394	-	-	-	9.77	7.71	23.51	27.82	30.18	3173
393	-	2.83	4.42	9.76	7.70	23.45	27.75	30.11	3166
392	1.44	-	-	9.75	7.68	23.40	27.68	30.04	3159
391	-	-	4.41	9.74	7.66	23.34	27.62	29.97	3152
390	-	2.82	-	9.73	7.64	23.28	27.55	29.89	3145
389	-	-	4.40	9.72	7.63	23.23	27.48	29.82	3138
388	-	-	-	9.71	7.61	23.17	27.42	29.75	3131
387	-	2.81	4.39	9.70	7.59	23.12	27.35	29.68	3124
386	-	-	-	9.69	7.58	23.06	27.28	29.60	3117
385	-	2.80	4.38	9.68	7.56	23.01	27.22	29.53	3110
384	1.43	-	-	9.67	7.54	22.95	27.15	29.46	3103
383	-	-	4.37	9.66	7.52	22.89	27.08	29.39	3096
382	-	2.79	-	9.65	7.51	22.84	27.01	29.31	3089
381	-	-	4.36	9.64	7.49	22.78	26.95	29.24	3082
380	-	2.78	-	9.63	7.47	22.73	26.88	29.17	3075
379	-	-	4.35	9.62	7.46	22.67	26.81	29.10	3068
378	-	-	-	9.61	7.44	22.62	26.75	29.02	3061
377	-	2.77	4.34	9.60	7.42	22.56	26.68	28.95	3054
376	-	-	-	9.59	7.41	22.51	26.61	28.88	3047
375	1.42	-	4.33	9.58	7.39	22.45	26.55	28.81	3040
374	-	2.76	-	9.57	7.37	22.39	26.48	28.73	3033
373	-	-	4.32	9.56	7.35	22.34	26.41	28.66	3026
372	-	2.75	-	9.55	7.34	22.28	26.35	28.59	3019
371	-	-	4.31	9.54	7.32	22.23	26.28	28.52	3013
370	-	-	-	9.53	7.30	22.17	26.21	28.44	3006
369	-	2.74	4.30	9.52	7.29	22.12	26.15	28.37	2999
368	-	-	-	9.51	7.27	22.06	26.08	28.30	2992
367	-	2.73	4.29	9.50	7.25	22.01	26.01	28.23	2985
366	1.41	-	-	9.49	7.23	21.95	25.95	28.15	2978
365	-	-	4.28	9.48	7.22	21.89	25.88	28.08	2971
364	-	2.72	-	9.47	7.20	21.84	25.81	28.01	2964
363	-	-	4.27	9.46	7.18	21.78	25.75	27.94	2957
362	-	-	-	9.45	7.17	21.73	25.68	27.86	2950
361	-	2.71	4.26	9.44	7.15	21.67	25.61	27.79	2943
360	-	-	-	9.43	7.13	21.62	25.55	27.72	2936
359	-	2.70	4.25	9.42	7.12	21.56	25.48	27.65	2929
358	1.40	-	-	9.41	7.10	21.50	25.41	27.57	2922
357	-	-	4.24	9.40	7.08	21.45	25.35	27.50	2915
356	-	2.69	-	9.39	7.06	21.39	25.28	27.43	2908
355	-	-	4.23	9.38	7.05	21.34	25.21	27.36	2901
354	-	-	-	9.37	7.03	21.28	25.15	27.28	2894
353	-	2.68	4.22	9.36	7.01	21.23	25.08	27.21	2887
352	-	-	-	9.35	7.00	21.17	25.01	27.14	2880
351	-	2.67	4.21	-	6.98	21.12	24.95	27.06	2873

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	-	9.34	6.96	21.06	24.88	26.99	2866	350
1.39	-	4.20	9.33	6.94	21.00	24.81	26.92	2859	349
-	2.66	-	9.32	6.93	20.95	24.75	26.85	2852	348
-	-	4.19	9.31	6.91	20.89	24.68	26.77	2845	347
-	2.65	-	9.30	6.89	20.84	24.61	26.70	2838	346
-	-	4.18	9.29	6.88	20.78	24.54	26.63	2831	345
-	-	-	9.28	6.86	20.73	24.48	26.56	2824	344
-	2.64	4.17	9.27	6.84	20.67	24.41	26.48	2817	343
-	-	4.16	9.26	6.82	20.61	24.34	26.41	2810	342
-	-	-	9.25	6.81	20.56	24.28	26.34	2803	341
1.38	2.63	4.15	9.24	6.79	20.50	24.21	26.27	2796	340
-	-	-	9.23	6.77	20.45	24.14	26.19	2789	339
-	2.62	4.14	9.22	6.76	20.39	24.08	26.12	2782	338
-	-	-	9.21	6.74	20.34	24.01	26.05	2775	337
-	-	4.13	9.20	6.72	20.28	23.94	25.98	2768	336
-	2.61	-	9.19	6.71	20.23	23.88	25.90	2761	335
-	-	4.12	9.18	6.69	20.17	23.81	25.83	2754	334
-	2.60	-	9.17	6.67	20.11	23.74	25.76	2747	333
1.37	-	4.11	9.16	6.65	20.06	23.68	25.69	2740	332
-	-	-	9.15	6.64	20.00	23.61	25.61	2733	331
-	2.59	4.10	9.14	6.62	19.95	23.54	25.54	2726	330
-	-	-	9.13	6.60	19.89	23.48	25.47	2719	329
-	-	4.09	9.12	6.59	19.84	23.41	25.40	2712	328
-	2.58	-	9.11	6.57	19.78	23.34	25.32	2705	327
-	-	4.08	9.10	6.55	19.72	23.28	25.25	2698	326
-	2.57	-	9.09	6.53	19.67	23.21	25.18	2691	325
-	-	4.07	9.08	6.52	19.61	23.14	25.10	2684	324
1.36	-	-	9.07	6.50	19.56	23.08	25.03	2677	323
-	2.56	4.06	9.06	6.48	19.50	23.01	24.96	2670	322
-	-	-	9.05	6.47	19.45	22.94	24.89	2663	321
-	2.55	4.05	9.04	6.45	19.39	22.87	24.81	2656	320
-	-	-	9.03	6.43	19.33	22.81	24.74	2649	319
-	-	4.04	9.02	6.42	19.28	22.74	24.67	2642	318
-	2.54	-	9.01	6.40	19.22	22.67	24.60	2635	317
-	-	4.03	9.00	6.38	19.17	22.61	24.52	2628	316
1.35	-	-	8.99	6.36	19.11	22.54	24.45	2621	315
-	2.53	4.02	8.98	6.35	19.06	22.47	24.38	2614	314
-	-	-	8.97	6.33	19.00	22.41	24.31	2607	313
-	2.52	4.01	8.96	6.31	18.95	22.34	24.23	2600	312
-	-	-	8.95	6.30	18.89	22.27	24.16	2593	311
-	-	4.00	8.94	6.28	18.83	22.21	24.09	2586	310
-	2.51	-	8.93	6.26	18.78	22.14	24.02	2579	309
-	-	3.99	8.92	6.24	18.72	22.07	23.94	2572	308
-	2.50	-	8.91	6.23	18.67	22.01	23.87	2565	307
1.34	-	3.98	8.90	6.21	18.61	21.94	23.80	2558	306
-	-	-	8.89	6.19	18.56	21.87	23.72	2551	305
-	2.49	3.97	8.88	6.18	18.50	21.81	23.65	2544	304
-	-	-	8.87	6.16	18.44	21.74	23.58	2537	303
-	-	3.96	8.86	6.14	18.39	21.67	23.51	2530	302
-	2.48	-	8.85	6.12	18.33	21.60	23.43	2523	301

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
300	-	-	3.95	8.84	6.11	18.28	21.54	23.36	2516
299	-	2.47	-	8.83	6.09	18.22	21.47	23.29	2509
298	-	-	3.94	8.82	6.07	18.17	21.40	23.22	2502
297	1.33	-	-	8.81	6.06	18.11	21.34	23.14	2495
296	-	2.46	3.93	8.80	6.04	18.05	21.27	23.07	2488
295	-	-	-	8.79	6.02	18.00	21.20	23.00	2481
294	-	2.45	3.92	8.78	6.01	17.94	21.14	22.93	2474
293	-	-	-	8.77	5.99	17.89	21.07	22.85	2467
292	-	-	3.91	8.76	5.97	17.83	21.00	22.78	2460
291	-	2.44	-	8.75	5.95	17.78	20.94	22.71	2453
290	-	-	3.90	8.74	5.94	17.72	20.87	22.63	2446
289	1.32	-	-	8.73	5.92	17.66	20.80	22.56	2439
288	-	2.43	3.89	8.72	5.90	17.61	20.74	22.49	2432
287	-	-	-	8.71	5.89	17.55	20.67	22.42	2425
286	-	2.42	3.88	8.70	5.87	17.50	20.60	22.34	2418
285	-	-	-	8.69	5.85	17.44	20.53	22.27	2411
284	-	-	3.87	8.68	5.83	17.39	20.47	22.20	2403
283	-	2.41	3.86	8.67	5.82	17.33	20.40	22.13	2396
282	-	-	-	8.66	5.80	17.27	20.33	22.05	2389
281	-	2.40	3.85	8.65	5.78	17.22	20.27	21.98	2382
280	1.31	-	-	8.64	5.77	17.16	20.20	21.91	2375
279	-	-	3.84	8.63	5.75	17.11	20.13	21.83	2368
278	-	2.39	-	8.62	5.73	17.05	20.07	21.76	2361
277	-	-	3.83	8.61	5.71	17.00	20.00	21.69	2354
276	-	-	-	8.60	5.70	16.94	19.93	21.62	2347
275	-	2.38	3.82	8.59	5.68	16.88	19.87	21.54	2340
274	-	-	-	8.58	5.66	16.83	19.80	21.47	2333
273	-	2.37	3.81	8.57	5.65	16.77	19.73	21.40	2326
272	-	-	-	8.56	5.63	16.72	19.67	21.33	2319
271	1.30	-	3.80	8.55	5.61	16.66	19.60	21.25	2312
270	-	2.36	-	8.54	5.59	16.61	19.53	21.18	2305
269	-	-	3.79	8.53	5.58	16.55	19.46	21.11	2298
268	-	2.35	-	8.52	5.56	16.49	19.40	21.03	2291
267	-	-	3.78	8.51	5.54	16.44	19.33	20.96	2284
266	-	-	-	8.50	5.53	16.38	19.26	20.89	2277
265	-	2.34	3.77	8.49	5.51	16.33	19.20	20.82	2270
264	-	-	-	8.48	5.49	16.27	19.13	20.74	2263
263	1.29	-	3.76	8.47	5.48	16.22	19.06	20.67	2256
262	-	2.33	-	8.46	5.46	16.16	19.00	20.60	2249
261	-	-	3.75	8.45	5.44	16.10	18.93	20.53	2242
260	-	2.32	-	8.44	5.42	16.05	18.86	20.45	2235
259	-	-	3.74	8.43	5.41	15.99	18.80	20.38	2228
258	-	-	-	8.42	5.39	15.94	18.73	20.31	2221
257	-	2.31	3.73	8.41	5.37	15.88	18.66	20.23	2213
256	-	-	-	8.40	5.36	15.82	18.59	20.16	2206
255	-	2.30	3.72	8.39	5.34	15.77	18.53	20.09	2199
254	1.28	-	-	8.38	5.32	15.71	18.46	20.02	2192
253	-	-	3.71	8.37	5.30	15.66	18.39	19.94	2185
252	-	2.29	-	8.36	5.29	15.60	18.33	19.87	2178
251	-	-	3.70	8.35	5.27	15.55	18.26	19.80	2171

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	2.28	-	8.34	5.25	15.49	18.19	19.73	2164	250
-	-	3.69	8.33	5.24	15.43	18.13	19.65	2157	249
-	-	-	8.32	5.22	15.38	18.06	19.58	2150	248
-	2.27	3.68	8.31	5.20	15.32	17.99	19.51	2143	247
1.27	-	-	8.30	5.18	15.27	17.92	19.43	2136	246
-	-	3.67	8.29	5.17	15.21	17.86	19.36	2129	245
-	2.26	-	8.28	5.15	15.16	17.79	19.29	2122	244
-	-	3.66	8.27	5.13	15.10	17.72	19.22	2115	243
-	2.25	-	8.26	5.12	15.04	17.66	19.14	2108	242
-	-	3.65	8.25	5.10	14.99	17.59	19.07	2101	241
-	-	-	8.24	5.08	14.93	17.52	19.00	2094	240
-	2.24	3.64	8.23	5.06	14.88	17.46	18.92	2086	239
-	-	-	8.22	5.05	14.82	17.39	18.85	2079	238
1.26	2.23	3.63	8.21	5.03	14.77	17.32	18.78	2072	237
-	-	3.62	8.20	5.01	14.71	17.26	18.71	2065	236
-	-	-	8.19	5.00	14.65	17.19	18.63	2058	235
-	2.22	3.61	8.18	4.98	14.60	17.12	18.56	2051	234
-	-	-	8.17	4.96	14.54	17.05	18.49	2044	233
-	-	3.60	8.16	4.94	14.49	16.99	18.42	2037	232
-	2.21	-	8.15	4.93	14.43	16.92	18.34	2030	231
-	-	3.59	8.14	4.91	14.37	16.85	18.27	2023	230
1.25	2.20	-	8.13	4.89	14.32	16.79	18.20	2016	229
-	-	3.58	8.12	4.88	14.26	16.72	18.12	2009	228
-	-	-	8.11	4.86	14.21	16.65	18.05	2002	227
-	2.19	3.57	8.10	4.84	14.15	16.59	17.98	1995	226
-	-	-	8.09	4.82	14.10	16.52	17.91	1988	225
-	2.18	3.56	-	4.81	14.04	16.45	17.83	1981	224
-	-	-	8.08	4.79	13.98	16.38	17.76	1973	223
-	-	3.55	8.07	4.77	13.93	16.32	17.69	1966	222
-	2.17	-	8.06	4.76	13.87	16.25	17.61	1959	221
1.24	-	3.54	8.05	4.74	13.82	16.18	17.54	1952	220
-	2.16	-	8.04	4.72	13.76	16.12	17.47	1945	219
-	-	3.53	8.03	4.70	13.71	16.05	17.40	1938	218
-	-	-	8.02	4.69	13.65	15.98	17.32	1931	217
-	2.15	3.52	8.01	4.67	13.59	15.92	17.25	1924	216
-	-	-	8.00	4.65	13.54	15.85	17.18	1917	215
-	-	3.51	7.99	4.64	13.48	15.78	17.10	1910	214
-	2.14	-	7.98	4.62	13.43	15.71	17.03	1903	213
-	-	3.50	7.97	4.60	13.37	15.65	16.96	1896	212
1.23	2.13	-	7.96	4.59	13.31	15.58	16.89	1889	211
-	-	3.49	7.95	4.57	13.26	15.51	16.81	1881	210
-	-	-	7.94	4.55	13.20	15.45	16.74	1874	209
-	2.12	3.48	7.93	4.53	13.15	15.38	16.67	1867	208
-	-	-	7.92	4.52	13.09	15.31	16.60	1860	207
-	2.11	3.47	7.91	4.50	13.04	15.25	16.52	1853	206
-	-	-	7.90	4.48	12.98	15.18	16.45	1846	205
-	-	3.46	7.89	4.47	12.92	15.11	16.38	1839	204
1.22	2.10	-	7.88	4.45	12.87	15.04	16.30	1832	203
-	-	3.45	7.87	4.43	12.81	14.98	16.23	1825	202
-	2.09	-	7.86	4.41	12.76	14.91	16.16	1818	201

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
200	-	-	3.44	7.85	4.40	12.70	14.84	16.09	1811
199	-	-	-	7.84	4.38	12.64	14.78	16.01	1804
198	-	2.08	3.43	7.83	4.36	12.59	14.71	15.94	1797
197	-	-	3.42	7.82	4.35	12.53	14.64	15.87	1789
196	-	-	-	7.81	4.33	12.48	14.58	15.79	1782
195	-	2.07	3.41	7.80	4.31	12.42	14.51	15.72	1775
194	1.21	-	-	7.79	4.29	12.37	14.44	15.65	1768
193	-	2.06	3.40	7.78	4.28	12.31	14.37	15.58	1761
192	-	-	-	7.77	4.26	12.25	14.31	15.50	1754
191	-	-	3.39	7.76	4.24	12.20	14.24	15.43	1747
190	-	2.05	-	7.75	4.23	12.14	14.17	15.36	1740
189	-	-	3.38	7.74	4.21	12.09	14.11	15.28	1733
188	-	2.04	-	7.73	4.19	12.03	14.04	15.21	1726
187	-	-	3.37	7.72	4.17	11.97	13.97	15.14	1719
186	1.20	-	-	7.70	4.16	11.92	13.91	15.07	1711
185	-	2.03	3.36	7.69	4.14	11.86	13.84	14.99	1704
184	-	-	-	7.68	4.12	11.81	13.77	14.92	1697
183	-	2.02	3.35	7.67	4.11	11.75	13.70	14.85	1690
182	-	-	-	7.66	4.09	11.70	13.64	14.77	1683
181	-	-	3.34	7.65	4.07	11.64	13.57	14.70	1676
180	-	2.01	-	7.64	4.05	11.58	13.50	14.63	1669
179	-	-	3.33	7.63	4.04	11.53	13.44	14.56	1662
178	-	-	-	7.62	4.02	11.47	13.37	14.48	1655
177	1.19	2.00	3.32	7.61	4.00	11.42	13.30	14.41	1648
176	-	-	-	7.60	3.99	11.36	13.23	14.34	1640
175	-	1.99	3.31	7.59	3.97	11.30	13.17	14.26	1633
174	-	-	-	7.58	3.95	11.25	13.10	14.19	1626
173	-	-	3.30	7.57	3.93	11.19	13.03	14.12	1619
172	-	1.98	-	7.56	3.92	11.14	12.97	14.04	1612
171	-	-	3.29	7.55	3.90	11.08	12.90	13.97	1605
170	-	1.97	-	7.54	3.88	11.02	12.83	13.90	1598
169	1.18	-	3.28	7.53	3.87	10.97	12.76	13.83	1591
168	-	-	-	7.52	3.85	10.91	12.70	13.75	1584
167	-	1.96	3.27	7.51	3.83	10.86	12.63	13.68	1576
166	-	-	-	7.50	3.81	10.80	12.56	13.61	1569
165	-	1.95	3.26	7.49	3.80	10.75	12.50	13.53	1562
164	-	-	3.25	7.48	3.78	10.69	12.43	13.46	1555
163	-	-	-	7.47	3.76	10.63	12.36	13.39	1548
162	-	1.94	3.24	7.46	3.75	10.58	12.30	13.32	1541
161	-	-	-	7.45	3.73	10.52	12.23	13.24	1534
160	1.17	-	3.23	7.44	3.71	10.47	12.16	13.17	1527
159	-	1.93	-	7.43	3.69	10.41	12.09	13.10	1520
158	-	-	3.22	7.42	3.68	10.35	12.03	13.02	1512
157	-	1.92	-	7.41	3.66	10.30	11.96	12.95	1505
156	-	-	3.21	7.40	3.64	10.24	11.89	12.88	1498
155	-	-	-	7.39	3.63	10.19	11.83	12.81	1491
154	-	1.91	3.20	7.38	3.61	10.13	11.76	12.73	1484
153	-	-	-	7.37	3.59	10.07	11.69	12.66	1477
152	1.16	1.90	3.19	7.36	3.57	10.02	11.62	12.59	1470
151	-	-	-	7.35	3.56	9.96	11.56	12.51	1463



HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
-	-	3.18	7.34	3.54	9.91	11.49	12.44	1456	150
-	1.89	-	7.33	3.52	9.85	11.42	12.37	1448	149
-	-	3.17	7.32	3.51	9.80	11.36	12.29	1441	148
-	1.88	-	7.31	3.49	9.74	11.29	12.22	1434	147
-	-	3.16	7.30	3.47	9.68	11.22	12.15	1427	146
-	-	-	7.29	3.45	9.63	11.15	12.08	1420	145
-	1.87	3.15	7.28	3.44	9.57	11.09	12.00	1413	144
1.15	-	-	7.27	3.42	9.52	11.02	11.93	1406	143
-	-	3.14	7.26	3.40	9.46	10.95	11.86	1399	142
-	1.86	-	7.25	3.39	9.40	10.89	11.78	1391	141
-	-	3.13	7.24	3.37	9.35	10.82	11.71	1384	140
-	1.85	-	7.23	3.35	9.29	10.75	11.64	1377	139
-	-	3.12	7.22	3.33	9.24	10.68	11.57	1370	138
-	-	-	7.21	3.32	9.18	10.62	11.49	1363	137
-	1.84	3.11	7.20	3.30	9.12	10.55	11.42	1356	136
1.14	-	-	7.19	3.28	9.07	10.48	11.35	1349	135
-	1.83	3.10	7.18	3.27	9.01	10.42	11.27	1342	134
-	-	3.09	7.17	3.25	8.96	10.35	11.20	1334	133
-	-	-	7.16	3.23	8.90	10.28	11.13	1327	132
-	1.82	3.08	7.15	3.21	8.84	10.21	11.05	1320	131
-	-	-	7.14	3.20	8.79	10.15	10.98	1313	130
-	1.81	3.07	7.13	3.18	8.73	10.08	10.91	1306	129
-	-	-	7.12	3.16	8.68	10.01	10.84	1299	128
-	-	3.06	7.11	3.14	8.62	9.95	10.76	1292	127
1.13	1.80	-	7.10	3.13	8.56	9.88	10.69	1284	126
-	-	3.05	7.09	3.11	8.51	9.81	10.62	1277	125
-	1.79	-	7.08	3.09	8.45	9.74	10.54	1270	124
-	-	3.04	7.07	3.08	8.40	9.68	10.47	1263	123
-	-	-	7.06	3.06	8.34	9.61	10.40	1256	122
-	1.78	3.03	7.05	3.04	8.29	9.54	10.32	1249	121
-	-	-	7.04	3.02	8.23	9.48	10.25	1242	120
-	-	3.02	7.03	3.01	8.17	9.41	10.18	1234	119
1.12	1.77	-	7.02	2.99	8.12	9.34	10.11	1227	118
-	-	3.01	7.01	2.97	8.06	9.27	10.03	1220	117
-	1.76	-	7.00	2.96	8.01	9.21	9.96	1213	116
-	-	3.00	6.99	2.94	7.95	9.14	9.89	1206	115
-	-	-	6.98	2.92	7.89	9.07	9.81	1199	114
-	1.75	2.99	6.97	2.90	7.84	9.01	9.74	1192	113
-	-	-	6.96	2.89	7.78	8.94	9.67	1184	112
-	1.74	2.98	6.95	2.87	7.73	8.87	9.59	1177	111
-	-	-	6.94	2.85	7.67	8.80	9.52	1170	110
1.11	-	2.97	6.93	2.84	7.61	8.74	9.45	1163	109
-	1.73	-	6.92	2.82	7.56	8.67	9.38	1156	108
-	-	2.96	6.91	2.80	7.50	8.60	9.30	1149	107
-	1.72	-	6.90	2.78	7.45	8.54	9.23	1142	106
-	-	2.95	6.89	2.77	7.39	8.47	9.16	1134	105
-	-	2.94	6.88	2.75	7.33	8.40	9.08	1127	104
-	1.71	-	6.87	2.73	7.28	8.33	9.01	1120	103
-	-	2.93	6.86	2.72	7.22	8.27	8.94	1113	102
1.10	1.70	-	6.85	2.70	7.17	8.20	8.86	1106	101

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon
100	-	-	2.92	6.84	2.68	7.11	8.13	8.79	1099
99	-	-	-	6.83	2.66	7.05	8.07	8.72	1092
98	-	1.69	2.91	6.82	2.65	7.00	8.00	8.65	1084
97	-	-	-	6.81	2.63	6.94	7.93	8.57	1077
96	-	1.68	2.90	6.80	2.61	6.89	7.86	8.50	1070
95	-	-	-	6.79	2.60	6.83	7.80	8.43	1063
94	-	-	2.89	6.78	2.58	6.77	7.73	8.35	1056
93	-	1.67	-	6.77	2.56	6.72	7.66	8.28	1049
92	1.09	-	2.88	6.76	2.54	6.66	7.60	8.21	1041
91	-	-	-	6.75	2.53	6.61	7.53	8.13	1034
90	-	1.66	2.87	6.74	2.51	6.55	7.46	8.06	1027
89	-	-	-	6.73	2.49	6.49	7.39	7.99	1020
88	-	1.65	2.86	6.72	2.48	6.44	7.33	7.91	1013
87	-	-	-	6.71	2.46	6.38	7.26	7.84	1006
86	-	-	2.85	6.70	2.44	6.33	7.19	7.77	998
85	-	1.64	-	6.69	2.42	6.27	7.12	7.70	991
84	1.08	-	2.84	6.68	2.41	6.21	7.06	7.62	984
83	-	1.63	-	6.67	2.39	6.16	6.99	7.55	977
82	-	-	2.83	6.66	2.37	6.10	6.92	7.48	970
81	-	-	-	6.65	2.36	6.05	6.86	7.40	963
80	-	1.62	2.82	6.64	2.34	5.99	6.79	7.33	955
79	-	-	2.81	6.63	2.32	5.93	6.72	7.26	948
78	-	1.61	-	6.62	2.30	5.88	6.65	7.18	941
77	-	-	2.80	6.61	2.29	5.82	6.59	7.11	934
76	1.07	-	-	6.60	2.27	5.77	6.52	7.04	927
75	-	1.60	2.79	6.59	2.25	5.71	6.45	6.97	920
74	-	-	-	6.58	2.23	5.65	6.39	6.89	912
73	-	1.59	2.78	6.57	2.22	5.60	6.32	6.82	905
72	-	-	-	6.56	2.20	5.54	6.25	6.75	898
71	-	-	2.77	6.55	2.18	5.49	6.18	6.67	891
70	-	1.58	-	6.54	2.17	5.43	6.12	6.60	884
69	-	-	2.76	6.53	2.15	5.37	6.05	6.53	877
68	-	1.57	-	6.52	2.13	5.32	5.98	6.45	869
67	1.06	-	2.75	6.51	2.11	5.26	5.91	6.38	862
66	-	-	-	6.50	2.10	5.21	5.85	6.31	855
65	-	1.56	2.74	6.49	2.08	5.15	5.78	6.23	848
64	-	-	-	6.48	2.06	5.09	5.71	6.16	841
63	-	-	2.73	6.47	2.05	5.04	5.65	6.09	833
62	-	1.55	-	6.46	2.03	4.98	5.58	6.01	826
61	-	-	2.72	6.45	2.01	4.93	5.51	5.94	819
60	-	1.54	-	6.43	1.99	4.87	5.44	5.87	812
59	1.05	-	2.71	6.42	1.98	4.81	5.38	5.80	805
58	-	-	-	6.41	1.96	4.76	5.31	5.72	798
57	-	1.53	2.70	6.40	1.94	4.70	5.24	5.65	790
56	-	-	-	6.39	1.93	4.65	5.17	5.58	783
55	-	1.52	2.69	6.38	1.91	4.59	5.11	5.50	776
54	-	-	2.68	6.37	1.89	4.53	5.04	5.43	769
53	-	-	-	6.36	1.87	4.48	4.97	5.36	762
52	-	1.51	2.67	6.35	1.86	4.42	4.91	5.28	754
51	-	-	-	6.34	1.84	4.37	4.84	5.21	747

HJ	PV	LJ	TJ	SP	DT	HT	JT	Decathlon	Points
1.04	1.50	2.66	6.33	1.82	4.31	4.77	5.14	740	50
-	-	-	6.32	1.80	4.25	4.70	5.06	733	49
-	-	2.65	6.31	1.79	4.20	4.64	4.99	726	48
-	1.49	-	6.30	1.77	4.14	4.57	4.92	718	47
-	-	2.64	6.29	1.75	4.09	4.50	4.85	711	46
-	1.48	-	6.28	1.74	4.03	4.43	4.77	704	45
-	-	2.63	6.27	1.72	3.97	4.37	4.70	697	44
-	-	-	6.26	1.70	3.92	4.30	4.63	690	43
1.03	1.47	2.62	6.25	1.68	3.86	4.23	4.55	683	42
-	-	-	6.24	1.67	3.81	4.17	4.48	675	41
-	1.46	2.61	6.23	1.65	3.75	4.10	4.41	668	40
-	-	-	6.22	1.63	3.69	4.03	4.33	661	39
-	-	2.60	6.21	1.62	3.64	3.96	4.26	654	38
-	1.45	-	6.20	1.60	3.58	3.90	4.19	647	37
-	-	2.59	6.19	1.58	3.52	3.83	4.11	639	36
-	1.44	-	6.18	1.56	3.47	3.76	4.04	632	35
-	-	2.58	6.17	1.55	3.41	3.69	3.97	625	34
1.02	-	-	6.16	1.53	3.36	3.63	3.89	618	33
-	1.43	2.57	6.15	1.51	3.30	3.56	3.82	611	32
-	-	2.56	6.14	1.50	3.24	3.49	3.75	603	31
-	-	-	6.13	1.48	3.19	3.43	3.67	596	30
-	1.42	2.55	6.12	1.46	3.13	3.36	3.60	589	29
-	-	-	6.11	1.44	3.08	3.29	3.53	582	28
-	1.41	2.54	6.10	1.43	3.02	3.22	3.46	575	27
-	-	-	6.09	1.41	2.96	3.16	3.38	567	26
1.01	-	2.53	6.08	1.39	2.91	3.09	3.31	560	25
-	1.40	-	6.07	1.37	2.85	3.02	3.24	553	24
-	-	2.52	6.06	1.36	2.80	2.95	3.16	546	23
-	1.39	-	6.05	1.34	2.74	2.89	3.09	538	22
-	-	2.51	6.04	1.32	2.68	2.82	3.02	531	21
-	-	-	6.03	1.31	2.63	2.75	2.94	524	20
-	1.38	2.50	6.02	1.29	2.57	2.68	2.87	517	19
-	-	-	6.01	1.27	2.52	2.62	2.80	510	18
1.00	1.37	2.49	6.00	1.25	2.46	2.55	2.72	502	17
-	-	-	5.99	1.24	2.40	2.48	2.65	495	16
-	-	2.48	5.98	1.22	2.35	2.42	2.58	488	15
-	1.36	-	5.97	1.20	2.29	2.35	2.50	481	14
-	-	2.47	5.96	1.19	2.24	2.28	2.43	474	13
-	1.35	-	5.95	1.17	2.18	2.21	2.36	466	12
-	-	2.46	5.94	1.15	2.12	2.15	2.28	459	11
-	-	2.45	5.93	1.13	2.07	2.08	2.21	452	10
-	1.34	-	5.92	1.12	2.01	2.01	2.14	445	9
0.99	-	2.44	5.91	1.10	1.95	1.94	2.06	437	8
-	1.33	-	5.90	1.08	1.90	1.88	1.99	430	7
-	-	2.43	5.89	1.07	1.84	1.81	1.92	423	6
-	-	-	5.88	1.05	1.79	1.74	1.85	416	5
-	1.32	2.42	5.87	1.03	1.73	1.67	1.77	409	4
-	-	-	5.86	1.01	1.67	1.61	1.70	401	3
-	1.31	2.41	5.84	1.00	1.62	1.54	1.63	394	2
-	-	-	5.83	0.98	1.56	1.47	1.55	387	1



# **Women's Sprints, Hurdles and Relays**

## **Femmes Sprints, Haies et Relais**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1400	9.98	11.12	20.16	31.82	44.72	48.07	38.31	1:19.29	3:00.61
1399	-	11.13	20.17	31.83	44.74	48.09	38.33	1:19.34	3:00.72
1398	9.99	11.14	20.18	31.85	44.77	48.12	38.35	1:19.39	3:00.83
1397	-	-	20.19	31.87	44.80	48.15	38.37	1:19.43	3:00.94
1396	10.00	11.15	20.20	31.89	44.82	48.18	38.39	1:19.48	3:01.04
1395	-	11.16	20.21	31.91	44.85	48.21	38.42	1:19.53	3:01.15
1394	-	-	20.22	31.92	44.87	48.24	38.44	1:19.58	3:01.26
1393	10.01	11.17	20.23	31.94	44.90	48.27	38.46	1:19.62	3:01.36
1392	-	11.18	20.25	31.96	44.93	48.30	38.48	1:19.67	3:01.47
1391	10.02	11.19	20.26	31.98	44.95	48.33	38.50	1:19.72	3:01.58
1390	-	-	20.27	32.00	44.98	48.36	38.52	1:19.77	3:01.69
1389	10.03	11.20	20.28	32.01	45.00	48.39	38.54	1:19.81	3:01.79
1388	-	11.21	20.29	32.03	45.03	48.42	38.57	1:19.86	3:01.90
1387	10.04	11.22	20.30	32.05	45.05	48.45	38.59	1:19.91	3:02.01
1386	-	-	20.31	32.07	45.08	48.48	38.61	1:19.96	3:02.12
1385	10.05	11.23	20.32	32.09	45.11	48.51	38.63	1:20.00	3:02.22
1384	-	11.24	20.33	32.10	45.13	48.53	38.65	1:20.05	3:02.33
1383	10.06	-	20.34	32.12	45.16	48.56	38.67	1:20.10	3:02.44
1382	-	11.25	20.35	32.14	45.18	48.59	38.69	1:20.15	3:02.55
1381	10.07	11.26	20.36	32.16	45.21	48.62	38.72	1:20.20	3:02.65
1380	-	11.27	20.37	32.18	45.24	48.65	38.74	1:20.24	3:02.76
1379	10.08	-	20.38	32.19	45.26	48.68	38.76	1:20.29	3:02.87
1378	-	11.28	20.39	32.21	45.29	48.71	38.78	1:20.34	3:02.98
1377	10.09	11.29	20.40	32.23	45.31	48.74	38.80	1:20.39	3:03.08
1376	-	11.30	20.41	32.25	45.34	48.77	38.82	1:20.43	3:03.19
1375	10.10	-	20.42	32.27	45.37	48.80	38.84	1:20.48	3:03.30
1374	-	11.31	20.43	32.28	45.39	48.83	38.87	1:20.53	3:03.41
1373	10.11	11.32	20.45	32.30	45.42	48.86	38.89	1:20.58	3:03.52
1372	-	-	20.46	32.32	45.44	48.89	38.91	1:20.63	3:03.62
1371	10.12	11.33	20.47	32.34	45.47	48.92	38.93	1:20.67	3:03.73
1370	-	11.34	20.48	32.36	45.50	48.95	38.95	1:20.72	3:03.84
1369	10.13	11.35	20.49	32.37	45.52	48.98	38.97	1:20.77	3:03.95
1368	-	-	20.50	32.39	45.55	49.01	39.00	1:20.82	3:04.06
1367	10.14	11.36	20.51	32.41	45.58	49.04	39.02	1:20.87	3:04.16
1366	-	11.37	20.52	32.43	45.60	49.07	39.04	1:20.91	3:04.27
1365	10.15	11.38	20.53	32.45	45.63	49.10	39.06	1:20.96	3:04.38
1364	-	-	20.54	32.46	45.65	49.13	39.08	1:21.01	3:04.49
1363	10.16	11.39	20.55	32.48	45.68	49.16	39.10	1:21.06	3:04.60
1362	-	11.40	20.56	32.50	45.71	49.18	39.13	1:21.11	3:04.71
1361	10.17	11.41	20.57	32.52	45.73	49.21	39.15	1:21.15	3:04.81
1360	-	-	20.58	32.54	45.76	49.24	39.17	1:21.20	3:04.92
1359	10.18	11.42	20.59	32.56	45.78	49.27	39.19	1:21.25	3:05.03
1358	-	11.43	20.60	32.57	45.81	49.30	39.21	1:21.30	3:05.14
1357	10.19	-	20.62	32.59	45.84	49.33	39.23	1:21.35	3:05.25
1356	-	11.44	20.63	32.61	45.86	49.36	39.26	1:21.39	3:05.36
1355	-	11.45	20.64	32.63	45.89	49.39	39.28	1:21.44	3:05.47
1354	10.20	11.46	20.65	32.65	45.92	49.42	39.30	1:21.49	3:05.57
1353	-	-	20.66	32.66	45.94	49.45	39.32	1:21.54	3:05.68
1352	10.21	11.47	20.67	32.68	45.97	49.48	39.34	1:21.59	3:05.79
1351	-	11.48	20.68	32.70	45.99	49.51	39.36	1:21.64	3:05.90

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
10.22	11.49	20.69	32.72	46.02	49.54	39.39	1:21.68	3:06.01	1350
-	-	20.70	32.74	46.05	49.57	39.41	1:21.73	3:06.12	1349
10.23	11.50	20.71	32.76	46.07	49.60	39.43	1:21.78	3:06.23	1348
-	11.51	20.72	32.77	46.10	49.63	39.45	1:21.83	3:06.34	1347
10.24	11.52	20.73	32.79	46.13	49.66	39.47	1:21.88	3:06.45	1346
-	-	20.74	32.81	46.15	49.69	39.49	1:21.92	3:06.55	1345
10.25	11.53	20.75	32.83	46.18	49.72	39.52	1:21.97	3:06.66	1344
-	11.54	20.76	32.85	46.21	49.75	39.54	1:22.02	3:06.77	1343
10.26	11.55	20.78	32.87	46.23	49.78	39.56	1:22.07	3:06.88	1342
-	-	20.79	32.88	46.26	49.81	39.58	1:22.12	3:06.99	1341
10.27	11.56	20.80	32.90	46.28	49.84	39.60	1:22.17	3:07.10	1340
-	11.57	20.81	32.92	46.31	49.87	39.62	1:22.22	3:07.21	1339
10.28	-	20.82	32.94	46.34	49.90	39.65	1:22.26	3:07.32	1338
-	11.58	20.83	32.96	46.36	49.93	39.67	1:22.31	3:07.43	1337
10.29	11.59	20.84	32.98	46.39	49.96	39.69	1:22.36	3:07.54	1336
-	11.60	20.85	32.99	46.42	49.99	39.71	1:22.41	3:07.65	1335
10.30	-	20.86	33.01	46.44	50.02	39.73	1:22.46	3:07.76	1334
-	11.61	20.87	33.03	46.47	50.05	39.76	1:22.51	3:07.87	1333
10.31	11.62	20.88	33.05	46.50	50.08	39.78	1:22.55	3:07.98	1332
-	11.63	20.89	33.07	46.52	50.11	39.80	1:22.60	3:08.09	1331
10.32	-	20.90	33.09	46.55	50.14	39.82	1:22.65	3:08.19	1330
-	11.64	20.91	33.10	46.58	50.17	39.84	1:22.70	3:08.30	1329
10.33	11.65	20.93	33.12	46.60	50.20	39.86	1:22.75	3:08.41	1328
-	11.66	20.94	33.14	46.63	50.23	39.89	1:22.80	3:08.52	1327
10.34	-	20.95	33.16	46.65	50.26	39.91	1:22.85	3:08.63	1326
-	11.67	20.96	33.18	46.68	50.29	39.93	1:22.90	3:08.74	1325
10.35	11.68	20.97	33.20	46.71	50.32	39.95	1:22.94	3:08.85	1324
-	11.69	20.98	33.21	46.73	50.35	39.97	1:22.99	3:08.96	1323
10.36	-	20.99	33.23	46.76	50.38	40.00	1:23.04	3:09.07	1322
-	11.70	21.00	33.25	46.79	50.41	40.02	1:23.09	3:09.18	1321
10.37	11.71	21.01	33.27	46.81	50.44	40.04	1:23.14	3:09.29	1320
-	11.72	21.02	33.29	46.84	50.47	40.06	1:23.19	3:09.40	1319
10.38	-	21.03	33.31	46.87	50.50	40.08	1:23.24	3:09.51	1318
-	11.73	21.04	33.33	46.89	50.53	40.11	1:23.29	3:09.62	1317
10.39	11.74	21.05	33.34	46.92	50.56	40.13	1:23.33	3:09.73	1316
-	11.75	21.07	33.36	46.95	50.59	40.15	1:23.38	3:09.85	1315
10.40	-	21.08	33.38	46.97	50.62	40.17	1:23.43	3:09.96	1314
-	11.76	21.09	33.40	47.00	50.65	40.19	1:23.48	3:10.07	1313
10.41	11.77	21.10	33.42	47.03	50.68	40.22	1:23.53	3:10.18	1312
-	11.78	21.11	33.44	47.05	50.71	40.24	1:23.58	3:10.29	1311
10.42	-	21.12	33.46	47.08	50.74	40.26	1:23.63	3:10.40	1310
-	11.79	21.13	33.47	47.11	50.77	40.28	1:23.68	3:10.51	1309
10.43	11.80	21.14	33.49	47.13	50.80	40.30	1:23.73	3:10.62	1308
-	11.81	21.15	33.51	47.16	50.83	40.33	1:23.78	3:10.73	1307
10.44	-	21.16	33.53	47.19	50.86	40.35	1:23.82	3:10.84	1306
-	11.82	21.17	33.55	47.21	50.89	40.37	1:23.87	3:10.95	1305
10.45	11.83	21.18	33.57	47.24	50.92	40.39	1:23.92	3:11.06	1304
-	11.84	21.20	33.59	47.27	50.95	40.41	1:23.97	3:11.17	1303
10.46	-	21.21	33.60	47.29	50.98	40.44	1:24.02	3:11.28	1302
-	11.85	21.22	33.62	47.32	51.02	40.46	1:24.07	3:11.39	1301

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1300	10.47	11.86	21.23	33.64	47.35	51.05	40.48	1:24.12	3:11.50
1299	-	11.87	21.24	33.66	47.37	51.08	40.50	1:24.17	3:11.62
1298	10.48	-	21.25	33.68	47.40	51.11	40.53	1:24.22	3:11.73
1297	-	11.88	21.26	33.70	47.43	51.14	40.55	1:24.27	3:11.84
1296	10.49	11.89	21.27	33.72	47.45	51.17	40.57	1:24.32	3:11.95
1295	-	11.90	21.28	33.73	47.48	51.20	40.59	1:24.37	3:12.06
1294	10.50	-	21.29	33.75	47.51	51.23	40.61	1:24.41	3:12.17
1293	-	11.91	21.30	33.77	47.54	51.26	40.64	1:24.46	3:12.28
1292	10.51	11.92	21.32	33.79	47.56	51.29	40.66	1:24.51	3:12.39
1291	-	11.93	21.33	33.81	47.59	51.32	40.68	1:24.56	3:12.51
1290	10.52	-	21.34	33.83	47.62	51.35	40.70	1:24.61	3:12.62
1289	-	11.94	21.35	33.85	47.64	51.38	40.72	1:24.66	3:12.73
1288	10.53	11.95	21.36	33.86	47.67	51.41	40.75	1:24.71	3:12.84
1287	-	11.96	21.37	33.88	47.70	51.44	40.77	1:24.76	3:12.95
1286	10.54	-	21.38	33.90	47.72	51.47	40.79	1:24.81	3:13.06
1285	-	11.97	21.39	33.92	47.75	51.50	40.81	1:24.86	3:13.17
1284	10.55	11.98	21.40	33.94	47.78	51.53	40.84	1:24.91	3:13.29
1283	-	11.99	21.41	33.96	47.80	51.56	40.86	1:24.96	3:13.40
1282	10.56	-	21.42	33.98	47.83	51.59	40.88	1:25.01	3:13.51
1281	-	12.00	21.44	34.00	47.86	51.62	40.90	1:25.06	3:13.62
1280	10.57	12.01	21.45	34.01	47.89	51.66	40.92	1:25.11	3:13.73
1279	-	12.02	21.46	34.03	47.91	51.69	40.95	1:25.16	3:13.84
1278	10.58	-	21.47	34.05	47.94	51.72	40.97	1:25.21	3:13.96
1277	-	12.03	21.48	34.07	47.97	51.75	40.99	1:25.26	3:14.07
1276	10.59	12.04	21.49	34.09	47.99	51.78	41.01	1:25.31	3:14.18
1275	-	12.05	21.50	34.11	48.02	51.81	41.04	1:25.35	3:14.29
1274	10.60	-	21.51	34.13	48.05	51.84	41.06	1:25.40	3:14.40
1273	-	12.06	21.52	34.15	48.07	51.87	41.08	1:25.45	3:14.52
1272	10.61	12.07	21.53	34.16	48.10	51.90	41.10	1:25.50	3:14.63
1271	-	12.08	21.55	34.18	48.13	51.93	41.13	1:25.55	3:14.74
1270	10.62	12.09	21.56	34.20	48.16	51.96	41.15	1:25.60	3:14.85
1269	-	-	21.57	34.22	48.18	51.99	41.17	1:25.65	3:14.97
1268	10.63	12.10	21.58	34.24	48.21	52.02	41.19	1:25.70	3:15.08
1267	-	12.11	21.59	34.26	48.24	52.05	41.22	1:25.75	3:15.19
1266	10.64	12.12	21.60	34.28	48.26	52.08	41.24	1:25.80	3:15.30
1265	-	-	21.61	34.30	48.29	52.12	41.26	1:25.85	3:15.41
1264	10.65	12.13	21.62	34.32	48.32	52.15	41.28	1:25.90	3:15.53
1263	-	12.14	21.63	34.33	48.35	52.18	41.31	1:25.95	3:15.64
1262	10.66	12.15	21.64	34.35	48.37	52.21	41.33	1:26.00	3:15.75
1261	-	-	21.66	34.37	48.40	52.24	41.35	1:26.05	3:15.87
1260	10.67	12.16	21.67	34.39	48.43	52.27	41.37	1:26.10	3:15.98
1259	-	12.17	21.68	34.41	48.45	52.30	41.39	1:26.15	3:16.09
1258	10.68	12.18	21.69	34.43	48.48	52.33	41.42	1:26.20	3:16.20
1257	-	-	21.70	34.45	48.51	52.36	41.44	1:26.25	3:16.32
1256	10.69	12.19	21.71	34.47	48.54	52.39	41.46	1:26.30	3:16.43
1255	10.70	12.20	21.72	34.49	48.56	52.42	41.48	1:26.35	3:16.54
1254	-	12.21	21.73	34.50	48.59	52.45	41.51	1:26.40	3:16.65
1253	10.71	-	21.74	34.52	48.62	52.49	41.53	1:26.45	3:16.77
1252	-	12.22	21.75	34.54	48.65	52.52	41.55	1:26.50	3:16.88
1251	10.72	12.23	21.77	34.56	48.67	52.55	41.58	1:26.55	3:16.99



100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	12.24	21.78	34.58	48.70	52.58	41.60	1:26.60	3:17.11	1250
10.73	12.25	21.79	34.60	48.73	52.61	41.62	1:26.65	3:17.22	1249
-	-	21.80	34.62	48.75	52.64	41.64	1:26.70	3:17.33	1248
10.74	12.26	21.81	34.64	48.78	52.67	41.67	1:26.75	3:17.45	1247
-	12.27	21.82	34.66	48.81	52.70	41.69	1:26.80	3:17.56	1246
10.75	12.28	21.83	34.67	48.84	52.73	41.71	1:26.85	3:17.67	1245
-	-	21.84	34.69	48.86	52.76	41.73	1:26.90	3:17.79	1244
10.76	12.29	21.85	34.71	48.89	52.80	41.76	1:26.95	3:17.90	1243
-	12.30	21.87	34.73	48.92	52.83	41.78	1:27.00	3:18.01	1242
10.77	12.31	21.88	34.75	48.95	52.86	41.80	1:27.05	3:18.13	1241
-	-	21.89	34.77	48.97	52.89	41.82	1:27.11	3:18.24	1240
10.78	12.32	21.90	34.79	49.00	52.92	41.85	1:27.16	3:18.35	1239
-	12.33	21.91	34.81	49.03	52.95	41.87	1:27.21	3:18.47	1238
10.79	12.34	21.92	34.83	49.06	52.98	41.89	1:27.26	3:18.58	1237
-	12.35	21.93	34.85	49.08	53.01	41.91	1:27.31	3:18.70	1236
10.80	-	21.94	34.87	49.11	53.04	41.94	1:27.36	3:18.81	1235
-	12.36	21.96	34.88	49.14	53.08	41.96	1:27.41	3:18.92	1234
10.81	12.37	21.97	34.90	49.17	53.11	41.98	1:27.46	3:19.04	1233
-	12.38	21.98	34.92	49.19	53.14	42.01	1:27.51	3:19.15	1232
10.82	-	21.99	34.94	49.22	53.17	42.03	1:27.56	3:19.27	1231
-	12.39	22.00	34.96	49.25	53.20	42.05	1:27.61	3:19.38	1230
10.83	12.40	22.01	34.98	49.28	53.23	42.07	1:27.66	3:19.49	1229
-	12.41	22.02	35.00	49.30	53.26	42.10	1:27.71	3:19.61	1228
10.84	-	22.03	35.02	49.33	53.29	42.12	1:27.76	3:19.72	1227
-	12.42	22.04	35.04	49.36	53.33	42.14	1:27.81	3:19.84	1226
10.85	12.43	22.06	35.06	49.39	53.36	42.16	1:27.86	3:19.95	1225
-	12.44	22.07	35.08	49.41	53.39	42.19	1:27.91	3:20.06	1224
10.86	12.45	22.08	35.09	49.44	53.42	42.21	1:27.96	3:20.18	1223
-	-	22.09	35.11	49.47	53.45	42.23	1:28.01	3:20.29	1222
10.87	12.46	22.10	35.13	49.50	53.48	42.26	1:28.07	3:20.41	1221
-	12.47	22.11	35.15	49.52	53.51	42.28	1:28.12	3:20.52	1220
10.88	12.48	22.12	35.17	49.55	53.54	42.30	1:28.17	3:20.64	1219
10.89	-	22.13	35.19	49.58	53.58	42.32	1:28.22	3:20.75	1218
-	12.49	22.15	35.21	49.61	53.61	42.35	1:28.27	3:20.87	1217
10.90	12.50	22.16	35.23	49.64	53.64	42.37	1:28.32	3:20.98	1216
-	12.51	22.17	35.25	49.66	53.67	42.39	1:28.37	3:21.10	1215
10.91	12.52	22.18	35.27	49.69	53.70	42.42	1:28.42	3:21.21	1214
-	-	22.19	35.29	49.72	53.73	42.44	1:28.47	3:21.33	1213
10.92	12.53	22.20	35.31	49.75	53.76	42.46	1:28.52	3:21.44	1212
-	12.54	22.21	35.33	49.77	53.80	42.48	1:28.57	3:21.56	1211
10.93	12.55	22.22	35.34	49.80	53.83	42.51	1:28.63	3:21.67	1210
-	-	22.24	35.36	49.83	53.86	42.53	1:28.68	3:21.79	1209
10.94	12.56	22.25	35.38	49.86	53.89	42.55	1:28.73	3:21.90	1208
-	12.57	22.26	35.40	49.89	53.92	42.58	1:28.78	3:22.02	1207
10.95	12.58	22.27	35.42	49.91	53.95	42.60	1:28.83	3:22.13	1206
-	12.59	22.28	35.44	49.94	53.99	42.62	1:28.88	3:22.25	1205
10.96	-	22.29	35.46	49.97	54.02	42.65	1:28.93	3:22.36	1204
-	12.60	22.30	35.48	50.00	54.05	42.67	1:28.98	3:22.48	1203
10.97	12.61	22.31	35.50	50.02	54.08	42.69	1:29.03	3:22.59	1202
-	12.62	22.33	35.52	50.05	54.11	42.71	1:29.08	3:22.71	1201

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1200	10.98	-	22.34	35.54	50.08	54.14	42.74	1:29.14	3:22.82
1199	-	12.63	22.35	35.56	50.11	54.17	42.76	1:29.19	3:22.94
1198	10.99	12.64	22.36	35.58	50.14	54.21	42.78	1:29.24	3:23.05
1197	-	12.65	22.37	35.60	50.16	54.24	42.81	1:29.29	3:23.17
1196	11.00	12.66	22.38	35.62	50.19	54.27	42.83	1:29.34	3:23.28
1195	-	-	22.39	35.63	50.22	54.30	42.85	1:29.39	3:23.40
1194	11.01	12.67	22.41	35.65	50.25	54.33	42.88	1:29.44	3:23.52
1193	11.02	12.68	22.42	35.67	50.28	54.36	42.90	1:29.49	3:23.63
1192	-	12.69	22.43	35.69	50.30	54.40	42.92	1:29.55	3:23.75
1191	11.03	12.70	22.44	35.71	50.33	54.43	42.94	1:29.60	3:23.86
1190	-	-	22.45	35.73	50.36	54.46	42.97	1:29.65	3:23.98
1189	11.04	12.71	22.46	35.75	50.39	54.49	42.99	1:29.70	3:24.10
1188	-	12.72	22.47	35.77	50.42	54.52	43.01	1:29.75	3:24.21
1187	11.05	12.73	22.48	35.79	50.44	54.55	43.04	1:29.80	3:24.33
1186	-	-	22.50	35.81	50.47	54.59	43.06	1:29.85	3:24.44
1185	11.06	12.74	22.51	35.83	50.50	54.62	43.08	1:29.91	3:24.56
1184	-	12.75	22.52	35.85	50.53	54.65	43.11	1:29.96	3:24.68
1183	11.07	12.76	22.53	35.87	50.56	54.68	43.13	1:30.01	3:24.79
1182	-	12.77	22.54	35.89	50.58	54.71	43.15	1:30.06	3:24.91
1181	11.08	-	22.55	35.91	50.61	54.75	43.18	1:30.11	3:25.03
1180	-	12.78	22.56	35.93	50.64	54.78	43.20	1:30.16	3:25.14
1179	11.09	12.79	22.58	35.95	50.67	54.81	43.22	1:30.22	3:25.26
1178	-	12.80	22.59	35.97	50.70	54.84	43.25	1:30.27	3:25.38
1177	11.10	12.81	22.60	35.99	50.72	54.87	43.27	1:30.32	3:25.49
1176	-	-	22.61	36.00	50.75	54.91	43.29	1:30.37	3:25.61
1175	11.11	12.82	22.62	36.02	50.78	54.94	43.32	1:30.42	3:25.72
1174	11.12	12.83	22.63	36.04	50.81	54.97	43.34	1:30.47	3:25.84
1173	-	12.84	22.64	36.06	50.84	55.00	43.36	1:30.53	3:25.96
1172	11.13	12.85	22.66	36.08	50.87	55.03	43.39	1:30.58	3:26.08
1171	-	-	22.67	36.10	50.89	55.07	43.41	1:30.63	3:26.19
1170	11.14	12.86	22.68	36.12	50.92	55.10	43.43	1:30.68	3:26.31
1169	-	12.87	22.69	36.14	50.95	55.13	43.46	1:30.73	3:26.43
1168	11.15	12.88	22.70	36.16	50.98	55.16	43.48	1:30.79	3:26.54
1167	-	-	22.71	36.18	51.01	55.19	43.50	1:30.84	3:26.66
1166	11.16	12.89	22.72	36.20	51.03	55.23	43.53	1:30.89	3:26.78
1165	-	12.90	22.74	36.22	51.06	55.26	43.55	1:30.94	3:26.89
1164	11.17	12.91	22.75	36.24	51.09	55.29	43.57	1:30.99	3:27.01
1163	-	12.92	22.76	36.26	51.12	55.32	43.60	1:31.04	3:27.13
1162	11.18	-	22.77	36.28	51.15	55.35	43.62	1:31.10	3:27.25
1161	-	12.93	22.78	36.30	51.18	55.39	43.64	1:31.15	3:27.36
1160	11.19	12.94	22.79	36.32	51.20	55.42	43.67	1:31.20	3:27.48
1159	-	12.95	22.81	36.34	51.23	55.45	43.69	1:31.25	3:27.60
1158	11.20	12.96	22.82	36.36	51.26	55.48	43.71	1:31.31	3:27.72
1157	-	-	22.83	36.38	51.29	55.51	43.74	1:31.36	3:27.83
1156	11.21	12.97	22.84	36.40	51.32	55.55	43.76	1:31.41	3:27.95
1155	11.22	12.98	22.85	36.42	51.35	55.58	43.78	1:31.46	3:28.07
1154	-	12.99	22.86	36.44	51.38	55.61	43.81	1:31.51	3:28.19
1153	11.23	13.00	22.87	36.46	51.40	55.64	43.83	1:31.57	3:28.30
1152	-	-	22.89	36.48	51.43	55.68	43.85	1:31.62	3:28.42
1151	11.24	13.01	22.90	36.50	51.46	55.71	43.88	1:31.67	3:28.54

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	13.02	22.91	36.52	51.49	55.74	43.90	1:31.72	3:28.66	1150
11.25	13.03	22.92	36.54	51.52	55.77	43.92	1:31.78	3:28.78	1149
-	13.04	22.93	36.56	51.55	55.80	43.95	1:31.83	3:28.89	1148
11.26	-	22.94	36.58	51.57	55.84	43.97	1:31.88	3:29.01	1147
-	13.05	22.96	36.60	51.60	55.87	43.99	1:31.93	3:29.13	1146
11.27	13.06	22.97	36.61	51.63	55.90	44.02	1:31.98	3:29.25	1145
-	13.07	22.98	36.63	51.66	55.93	44.04	1:32.04	3:29.37	1144
11.28	13.08	22.99	36.65	51.69	55.97	44.07	1:32.09	3:29.49	1143
-	-	23.00	36.67	51.72	56.00	44.09	1:32.14	3:29.60	1142
11.29	13.09	23.01	36.69	51.75	56.03	44.11	1:32.19	3:29.72	1141
11.30	13.10	23.02	36.71	51.77	56.06	44.14	1:32.25	3:29.84	1140
-	13.11	23.04	36.73	51.80	56.10	44.16	1:32.30	3:29.96	1139
11.31	13.12	23.05	36.75	51.83	56.13	44.18	1:32.35	3:30.08	1138
-	-	23.06	36.77	51.86	56.16	44.21	1:32.40	3:30.20	1137
11.32	13.13	23.07	36.79	51.89	56.19	44.23	1:32.46	3:30.32	1136
-	13.14	23.08	36.81	51.92	56.23	44.25	1:32.51	3:30.43	1135
11.33	13.15	23.09	36.83	51.95	56.26	44.28	1:32.56	3:30.55	1134
-	13.16	23.11	36.85	51.97	56.29	44.30	1:32.62	3:30.67	1133
11.34	-	23.12	36.87	52.00	56.32	44.33	1:32.67	3:30.79	1132
-	13.17	23.13	36.89	52.03	56.36	44.35	1:32.72	3:30.91	1131
11.35	13.18	23.14	36.91	52.06	56.39	44.37	1:32.77	3:31.03	1130
-	13.19	23.15	36.93	52.09	56.42	44.40	1:32.83	3:31.15	1129
11.36	13.20	23.16	36.95	52.12	56.45	44.42	1:32.88	3:31.27	1128
11.37	-	23.18	36.97	52.15	56.49	44.44	1:32.93	3:31.39	1127
-	13.21	23.19	36.99	52.18	56.52	44.47	1:32.98	3:31.50	1126
11.38	13.22	23.20	37.01	52.20	56.55	44.49	1:33.04	3:31.62	1125
-	13.23	23.21	37.03	52.23	56.58	44.52	1:33.09	3:31.74	1124
11.39	13.24	23.22	37.05	52.26	56.62	44.54	1:33.14	3:31.86	1123
-	13.25	23.23	37.07	52.29	56.65	44.56	1:33.20	3:31.98	1122
11.40	-	23.25	37.09	52.32	56.68	44.59	1:33.25	3:32.10	1121
-	13.26	23.26	37.11	52.35	56.71	44.61	1:33.30	3:32.22	1120
11.41	13.27	23.27	37.13	52.38	56.75	44.63	1:33.35	3:32.34	1119
-	13.28	23.28	37.15	52.41	56.78	44.66	1:33.41	3:32.46	1118
11.42	13.29	23.29	37.17	52.44	56.81	44.68	1:33.46	3:32.58	1117
-	-	23.30	37.19	52.46	56.85	44.71	1:33.51	3:32.70	1116
11.43	13.30	23.32	37.21	52.49	56.88	44.73	1:33.57	3:32.82	1115
11.44	13.31	23.33	37.23	52.52	56.91	44.75	1:33.62	3:32.94	1114
-	13.32	23.34	37.25	52.55	56.94	44.78	1:33.67	3:33.06	1113
11.45	13.33	23.35	37.27	52.58	56.98	44.80	1:33.73	3:33.18	1112
-	-	23.36	37.29	52.61	57.01	44.83	1:33.78	3:33.30	1111
11.46	13.34	23.38	37.31	52.64	57.04	44.85	1:33.83	3:33.42	1110
-	13.35	23.39	37.33	52.67	57.08	44.87	1:33.89	3:33.54	1109
11.47	13.36	23.40	37.35	52.70	57.11	44.90	1:33.94	3:33.66	1108
-	13.37	23.41	37.37	52.73	57.14	44.92	1:33.99	3:33.78	1107
11.48	-	23.42	37.39	52.75	57.17	44.95	1:34.05	3:33.90	1106
-	13.38	23.43	37.41	52.78	57.21	44.97	1:34.10	3:34.02	1105
11.49	13.39	23.45	37.43	52.81	57.24	44.99	1:34.15	3:34.14	1104
11.50	13.40	23.46	37.45	52.84	57.27	45.02	1:34.21	3:34.26	1103
-	13.41	23.47	37.48	52.87	57.31	45.04	1:34.26	3:34.38	1102
11.51	13.42	23.48	37.50	52.90	57.34	45.07	1:34.31	3:34.50	1101

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1100	-	-	23.49	37.52	52.93	57.37	45.09	1:34.37	3:34.62
1099	11.52	13.43	23.51	37.54	52.96	57.41	45.11	1:34.42	3:34.74
1098	-	13.44	23.52	37.56	52.99	57.44	45.14	1:34.47	3:34.86
1097	11.53	13.45	23.53	37.58	53.02	57.47	45.16	1:34.53	3:34.98
1096	-	13.46	23.54	37.60	53.05	57.50	45.19	1:34.58	3:35.11
1095	11.54	-	23.55	37.62	53.07	57.54	45.21	1:34.63	3:35.23
1094	-	13.47	23.56	37.64	53.10	57.57	45.23	1:34.69	3:35.35
1093	11.55	13.48	23.58	37.66	53.13	57.60	45.26	1:34.74	3:35.47
1092	11.56	13.49	23.59	37.68	53.16	57.64	45.28	1:34.79	3:35.59
1091	-	13.50	23.60	37.70	53.19	57.67	45.31	1:34.85	3:35.71
1090	11.57	13.51	23.61	37.72	53.22	57.70	45.33	1:34.90	3:35.83
1089	-	-	23.62	37.74	53.25	57.74	45.35	1:34.96	3:35.95
1088	11.58	13.52	23.64	37.76	53.28	57.77	45.38	1:35.01	3:36.07
1087	-	13.53	23.65	37.78	53.31	57.80	45.40	1:35.06	3:36.20
1086	11.59	13.54	23.66	37.80	53.34	57.84	45.43	1:35.12	3:36.32
1085	-	13.55	23.67	37.82	53.37	57.87	45.45	1:35.17	3:36.44
1084	11.60	13.56	23.68	37.84	53.40	57.90	45.48	1:35.23	3:36.56
1083	-	-	23.69	37.86	53.43	57.94	45.50	1:35.28	3:36.68
1082	11.61	13.57	23.71	37.88	53.46	57.97	45.52	1:35.33	3:36.80
1081	11.62	13.58	23.72	37.90	53.48	58.00	45.55	1:35.39	3:36.92
1080	-	13.59	23.73	37.92	53.51	58.04	45.57	1:35.44	3:37.05
1079	11.63	13.60	23.74	37.94	53.54	58.07	45.60	1:35.49	3:37.17
1078	-	-	23.75	37.96	53.57	58.10	45.62	1:35.55	3:37.29
1077	11.64	13.61	23.77	37.98	53.60	58.14	45.65	1:35.60	3:37.41
1076	-	13.62	23.78	38.00	53.63	58.17	45.67	1:35.66	3:37.53
1075	11.65	13.63	23.79	38.02	53.66	58.20	45.69	1:35.71	3:37.66
1074	-	13.64	23.80	38.04	53.69	58.24	45.72	1:35.76	3:37.78
1073	11.66	13.65	23.81	38.06	53.72	58.27	45.74	1:35.82	3:37.90
1072	11.67	-	23.83	38.09	53.75	58.30	45.77	1:35.87	3:38.02
1071	-	13.66	23.84	38.11	53.78	58.34	45.79	1:35.93	3:38.14
1070	11.68	13.67	23.85	38.13	53.81	58.37	45.82	1:35.98	3:38.27
1069	-	13.68	23.86	38.15	53.84	58.40	45.84	1:36.04	3:38.39
1068	11.69	13.69	23.87	38.17	53.87	58.44	45.86	1:36.09	3:38.51
1067	-	13.70	23.89	38.19	53.90	58.47	45.89	1:36.14	3:38.63
1066	11.70	-	23.90	38.21	53.93	58.50	45.91	1:36.20	3:38.76
1065	-	13.71	23.91	38.23	53.96	58.54	45.94	1:36.25	3:38.88
1064	11.71	13.72	23.92	38.25	53.99	58.57	45.96	1:36.31	3:39.00
1063	-	13.73	23.93	38.27	54.02	58.60	45.99	1:36.36	3:39.12
1062	11.72	13.74	23.95	38.29	54.05	58.64	46.01	1:36.42	3:39.25
1061	11.73	13.75	23.96	38.31	54.07	58.67	46.04	1:36.47	3:39.37
1060	-	-	23.97	38.33	54.10	58.70	46.06	1:36.52	3:39.49
1059	11.74	13.76	23.98	38.35	54.13	58.74	46.08	1:36.58	3:39.62
1058	-	13.77	23.99	38.37	54.16	58.77	46.11	1:36.63	3:39.74
1057	11.75	13.78	24.01	38.39	54.19	58.81	46.13	1:36.69	3:39.86
1056	-	13.79	24.02	38.41	54.22	58.84	46.16	1:36.74	3:39.98
1055	11.76	13.80	24.03	38.43	54.25	58.87	46.18	1:36.80	3:40.11
1054	-	-	24.04	38.46	54.28	58.91	46.21	1:36.85	3:40.23
1053	11.77	13.81	24.05	38.48	54.31	58.94	46.23	1:36.91	3:40.35
1052	11.78	13.82	24.07	38.50	54.34	58.97	46.26	1:36.96	3:40.48
1051	-	13.83	24.08	38.52	54.37	59.01	46.28	1:37.02	3:40.60

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
11.79	13.84	24.09	38.54	54.40	59.04	46.31	1:37.07	3:40.72	1050
-	13.85	24.10	38.56	54.43	59.08	46.33	1:37.13	3:40.85	1049
11.80	-	24.12	38.58	54.46	59.11	46.36	1:37.18	3:40.97	1048
-	13.86	24.13	38.60	54.49	59.14	46.38	1:37.24	3:41.09	1047
11.81	13.87	24.14	38.62	54.52	59.18	46.40	1:37.29	3:41.22	1046
-	13.88	24.15	38.64	54.55	59.21	46.43	1:37.34	3:41.34	1045
11.82	13.89	24.16	38.66	54.58	59.24	46.45	1:37.40	3:41.47	1044
11.83	13.90	24.18	38.68	54.61	59.28	46.48	1:37.45	3:41.59	1043
-	-	24.19	38.70	54.64	59.31	46.50	1:37.51	3:41.71	1042
11.84	13.91	24.20	38.72	54.67	59.35	46.53	1:37.56	3:41.84	1041
-	13.92	24.21	38.75	54.70	59.38	46.55	1:37.62	3:41.96	1040
11.85	13.93	24.22	38.77	54.73	59.41	46.58	1:37.67	3:42.09	1039
-	13.94	24.24	38.79	54.76	59.45	46.60	1:37.73	3:42.21	1038
11.86	13.95	24.25	38.81	54.79	59.48	46.63	1:37.78	3:42.33	1037
11.87	-	24.26	38.83	54.82	59.52	46.65	1:37.84	3:42.46	1036
-	13.96	24.27	38.85	54.85	59.55	46.68	1:37.89	3:42.58	1035
11.88	13.97	24.29	38.87	54.88	59.58	46.70	1:37.95	3:42.71	1034
-	13.98	24.30	38.89	54.91	59.62	46.73	1:38.01	3:42.83	1033
11.89	13.99	24.31	38.91	54.94	59.65	46.75	1:38.06	3:42.96	1032
-	14.00	24.32	38.93	54.97	59.69	46.78	1:38.12	3:43.08	1031
11.90	14.01	24.33	38.95	55.00	59.72	46.80	1:38.17	3:43.21	1030
-	-	24.35	38.98	55.03	59.75	46.83	1:38.23	3:43.33	1029
11.91	14.02	24.36	39.00	55.06	59.79	46.85	1:38.28	3:43.45	1028
11.92	14.03	24.37	39.02	55.09	59.82	46.88	1:38.34	3:43.58	1027
-	14.04	24.38	39.04	55.12	59.86	46.90	1:38.39	3:43.70	1026
11.93	14.05	24.40	39.06	55.15	59.89	46.93	1:38.45	3:43.83	1025
-	14.06	24.41	39.08	55.18	59.93	46.95	1:38.50	3:43.95	1024
11.94	-	24.42	39.10	55.21	59.96	46.97	1:38.56	3:44.08	1023
-	14.07	24.43	39.12	55.24	59.99	47.00	1:38.61	3:44.20	1022
11.95	14.08	24.44	39.14	55.27	1:00.03	47.02	1:38.67	3:44.33	1021
11.96	14.09	24.46	39.16	55.30	1:00.06	47.05	1:38.72	3:44.45	1020
-	14.10	24.47	39.18	55.33	1:00.10	47.07	1:38.78	3:44.58	1019
11.97	14.11	24.48	39.21	55.36	1:00.13	47.10	1:38.84	3:44.71	1018
-	14.12	24.49	39.23	55.39	1:00.17	47.12	1:38.89	3:44.83	1017
11.98	-	24.51	39.25	55.42	1:00.20	47.15	1:38.95	3:44.96	1016
-	14.13	24.52	39.27	55.45	1:00.23	47.17	1:39.00	3:45.08	1015
11.99	14.14	24.53	39.29	55.48	1:00.27	47.20	1:39.06	3:45.21	1014
12.00	14.15	24.54	39.31	55.51	1:00.30	47.22	1:39.11	3:45.33	1013
-	14.16	24.55	39.33	55.54	1:00.34	47.25	1:39.17	3:45.46	1012
12.01	14.17	24.57	39.35	55.58	1:00.37	47.27	1:39.23	3:45.58	1011
-	-	24.58	39.37	55.61	1:00.41	47.30	1:39.28	3:45.71	1010
12.02	14.18	24.59	39.40	55.64	1:00.44	47.33	1:39.34	3:45.84	1009
-	14.19	24.60	39.42	55.67	1:00.48	47.35	1:39.39	3:45.96	1008
12.03	14.20	24.62	39.44	55.70	1:00.51	47.38	1:39.45	3:46.09	1007
12.04	14.21	24.63	39.46	55.73	1:00.54	47.40	1:39.50	3:46.21	1006
-	14.22	24.64	39.48	55.76	1:00.58	47.43	1:39.56	3:46.34	1005
12.05	14.23	24.65	39.50	55.79	1:00.61	47.45	1:39.62	3:46.47	1004
-	-	24.67	39.52	55.82	1:00.65	47.48	1:39.67	3:46.59	1003
12.06	14.24	24.68	39.54	55.85	1:00.68	47.50	1:39.73	3:46.72	1002
-	14.25	24.69	39.56	55.88	1:00.72	47.53	1:39.78	3:46.85	1001

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
1000	12.07	14.26	24.70	39.59	55.91	1:00.75	47.55	1:39.84	3:46.97
999	-	14.27	24.72	39.61	55.94	1:00.79	47.58	1:39.90	3:47.10
998	12.08	14.28	24.73	39.63	55.97	1:00.82	47.60	1:39.95	3:47.23
997	12.09	14.29	24.74	39.65	56.00	1:00.86	47.63	1:40.01	3:47.35
996	-	-	24.75	39.67	56.03	1:00.89	47.65	1:40.07	3:47.48
995	12.10	14.30	24.77	39.69	56.06	1:00.93	47.68	1:40.12	3:47.61
994	-	14.31	24.78	39.71	56.09	1:00.96	47.70	1:40.18	3:47.73
993	12.11	14.32	24.79	39.73	56.12	1:00.99	47.73	1:40.23	3:47.86
992	12.12	14.33	24.80	39.76	56.16	1:01.03	47.75	1:40.29	3:47.99
991	-	14.34	24.82	39.78	56.19	1:01.06	47.78	1:40.35	3:48.11
990	12.13	14.35	24.83	39.80	56.22	1:01.10	47.80	1:40.40	3:48.24
989	-	-	24.84	39.82	56.25	1:01.13	47.83	1:40.46	3:48.37
988	12.14	14.36	24.85	39.84	56.28	1:01.17	47.86	1:40.52	3:48.50
987	-	14.37	24.86	39.86	56.31	1:01.20	47.88	1:40.57	3:48.62
986	12.15	14.38	24.88	39.88	56.34	1:01.24	47.91	1:40.63	3:48.75
985	12.16	14.39	24.89	39.90	56.37	1:01.27	47.93	1:40.68	3:48.88
984	-	14.40	24.90	39.93	56.40	1:01.31	47.96	1:40.74	3:49.00
983	12.17	14.41	24.91	39.95	56.43	1:01.34	47.98	1:40.80	3:49.13
982	-	14.42	24.93	39.97	56.46	1:01.38	48.01	1:40.85	3:49.26
981	12.18	-	24.94	39.99	56.49	1:01.41	48.03	1:40.91	3:49.39
980	-	14.43	24.95	40.01	56.52	1:01.45	48.06	1:40.97	3:49.52
979	12.19	14.44	24.96	40.03	56.56	1:01.48	48.08	1:41.02	3:49.64
978	12.20	14.45	24.98	40.05	56.59	1:01.52	48.11	1:41.08	3:49.77
977	-	14.46	24.99	40.08	56.62	1:01.55	48.14	1:41.14	3:49.90
976	12.21	14.47	25.00	40.10	56.65	1:01.59	48.16	1:41.19	3:50.03
975	-	14.48	25.02	40.12	56.68	1:01.62	48.19	1:41.25	3:50.16
974	12.22	-	25.03	40.14	56.71	1:01.66	48.21	1:41.31	3:50.28
973	-	14.49	25.04	40.16	56.74	1:01.69	48.24	1:41.37	3:50.41
972	12.23	14.50	25.05	40.18	56.77	1:01.73	48.26	1:41.42	3:50.54
971	12.24	14.51	25.07	40.21	56.80	1:01.76	48.29	1:41.48	3:50.67
970	-	14.52	25.08	40.23	56.83	1:01.80	48.31	1:41.54	3:50.80
969	12.25	14.53	25.09	40.25	56.86	1:01.83	48.34	1:41.59	3:50.93
968	-	14.54	25.10	40.27	56.90	1:01.87	48.37	1:41.65	3:51.05
967	12.26	14.55	25.12	40.29	56.93	1:01.90	48.39	1:41.71	3:51.18
966	12.27	-	25.13	40.31	56.96	1:01.94	48.42	1:41.76	3:51.31
965	-	14.56	25.14	40.33	56.99	1:01.97	48.44	1:41.82	3:51.44
964	12.28	14.57	25.15	40.36	57.02	1:02.01	48.47	1:41.88	3:51.57
963	-	14.58	25.17	40.38	57.05	1:02.04	48.49	1:41.93	3:51.70
962	12.29	14.59	25.18	40.40	57.08	1:02.08	48.52	1:41.99	3:51.83
961	-	14.60	25.19	40.42	57.11	1:02.12	48.55	1:42.05	3:51.96
960	12.30	14.61	25.20	40.44	57.14	1:02.15	48.57	1:42.11	3:52.08
959	12.31	14.62	25.22	40.46	57.18	1:02.19	48.60	1:42.16	3:52.21
958	-	-	25.23	40.49	57.21	1:02.22	48.62	1:42.22	3:52.34
957	12.32	14.63	25.24	40.51	57.24	1:02.26	48.65	1:42.28	3:52.47
956	-	14.64	25.25	40.53	57.27	1:02.29	48.67	1:42.34	3:52.60
955	12.33	14.65	25.27	40.55	57.30	1:02.33	48.70	1:42.39	3:52.73
954	12.34	14.66	25.28	40.57	57.33	1:02.36	48.73	1:42.45	3:52.86
953	-	14.67	25.29	40.59	57.36	1:02.40	48.75	1:42.51	3:52.99
952	12.35	14.68	25.31	40.62	57.39	1:02.43	48.78	1:42.57	3:53.12
951	-	14.69	25.32	40.64	57.43	1:02.47	48.80	1:42.62	3:53.25

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
12.36	-	25.33	40.66	57.46	1:02.51	48.83	1:42.68	3:53.38	950
-	14.70	25.34	40.68	57.49	1:02.54	48.85	1:42.74	3:53.51	949
12.37	14.71	25.36	40.70	57.52	1:02.58	48.88	1:42.80	3:53.64	948
12.38	14.72	25.37	40.72	57.55	1:02.61	48.91	1:42.85	3:53.77	947
-	14.73	25.38	40.75	57.58	1:02.65	48.93	1:42.91	3:53.90	946
12.39	14.74	25.39	40.77	57.61	1:02.68	48.96	1:42.97	3:54.03	945
-	14.75	25.41	40.79	57.65	1:02.72	48.98	1:43.03	3:54.16	944
12.40	14.76	25.42	40.81	57.68	1:02.75	49.01	1:43.08	3:54.29	943
12.41	-	25.43	40.83	57.71	1:02.79	49.04	1:43.14	3:54.42	942
-	14.77	25.45	40.86	57.74	1:02.83	49.06	1:43.20	3:54.55	941
12.42	14.78	25.46	40.88	57.77	1:02.86	49.09	1:43.26	3:54.68	940
-	14.79	25.47	40.90	57.80	1:02.90	49.11	1:43.32	3:54.81	939
12.43	14.80	25.48	40.92	57.83	1:02.93	49.14	1:43.37	3:54.94	938
-	14.81	25.50	40.94	57.87	1:02.97	49.17	1:43.43	3:55.07	937
12.44	14.82	25.51	40.97	57.90	1:03.00	49.19	1:43.49	3:55.20	936
12.45	14.83	25.52	40.99	57.93	1:03.04	49.22	1:43.55	3:55.33	935
-	14.84	25.54	41.01	57.96	1:03.08	49.24	1:43.60	3:55.46	934
12.46	-	25.55	41.03	57.99	1:03.11	49.27	1:43.66	3:55.60	933
-	14.85	25.56	41.05	58.02	1:03.15	49.30	1:43.72	3:55.73	932
12.47	14.86	25.57	41.07	58.06	1:03.18	49.32	1:43.78	3:55.86	931
12.48	14.87	25.59	41.10	58.09	1:03.22	49.35	1:43.84	3:55.99	930
-	14.88	25.60	41.12	58.12	1:03.26	49.38	1:43.90	3:56.12	929
12.49	14.89	25.61	41.14	58.15	1:03.29	49.40	1:43.95	3:56.25	928
-	14.90	25.63	41.16	58.18	1:03.33	49.43	1:44.01	3:56.38	927
12.50	14.91	25.64	41.18	58.21	1:03.36	49.45	1:44.07	3:56.51	926
12.51	14.92	25.65	41.21	58.25	1:03.40	49.48	1:44.13	3:56.65	925
-	-	25.66	41.23	58.28	1:03.44	49.51	1:44.19	3:56.78	924
12.52	14.93	25.68	41.25	58.31	1:03.47	49.53	1:44.24	3:56.91	923
-	14.94	25.69	41.27	58.34	1:03.51	49.56	1:44.30	3:57.04	922
12.53	14.95	25.70	41.30	58.37	1:03.54	49.59	1:44.36	3:57.17	921
12.54	14.96	25.72	41.32	58.40	1:03.58	49.61	1:44.42	3:57.30	920
-	14.97	25.73	41.34	58.44	1:03.62	49.64	1:44.48	3:57.44	919
12.55	14.98	25.74	41.36	58.47	1:03.65	49.66	1:44.54	3:57.57	918
-	14.99	25.75	41.38	58.50	1:03.69	49.69	1:44.60	3:57.70	917
12.56	15.00	25.77	41.41	58.53	1:03.72	49.72	1:44.65	3:57.83	916
12.57	-	25.78	41.43	58.56	1:03.76	49.74	1:44.71	3:57.96	915
-	15.01	25.79	41.45	58.60	1:03.80	49.77	1:44.77	3:58.10	914
12.58	15.02	25.81	41.47	58.63	1:03.83	49.80	1:44.83	3:58.23	913
-	15.03	25.82	41.49	58.66	1:03.87	49.82	1:44.89	3:58.36	912
12.59	15.04	25.83	41.52	58.69	1:03.90	49.85	1:44.95	3:58.49	911
12.60	15.05	25.85	41.54	58.72	1:03.94	49.88	1:45.01	3:58.63	910
-	15.06	25.86	41.56	58.76	1:03.98	49.90	1:45.07	3:58.76	909
12.61	15.07	25.87	41.58	58.79	1:04.01	49.93	1:45.12	3:58.89	908
-	15.08	25.88	41.61	58.82	1:04.05	49.95	1:45.18	3:59.02	907
12.62	15.09	25.90	41.63	58.85	1:04.09	49.98	1:45.24	3:59.16	906
12.63	-	25.91	41.65	58.88	1:04.12	50.01	1:45.30	3:59.29	905
-	15.10	25.92	41.67	58.92	1:04.16	50.03	1:45.36	3:59.42	904
12.64	15.11	25.94	41.69	58.95	1:04.20	50.06	1:45.42	3:59.56	903
-	15.12	25.95	41.72	58.98	1:04.23	50.09	1:45.48	3:59.69	902
12.65	15.13	25.96	41.74	59.01	1:04.27	50.11	1:45.54	3:59.82	901

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
900	12.66	15.14	25.98	41.76	59.04	1:04.31	50.14	1:45.60	3:59.96
899	-	15.15	25.99	41.78	59.08	1:04.34	50.17	1:45.66	4:00.09
898	12.67	15.16	26.00	41.81	59.11	1:04.38	50.19	1:45.71	4:00.22
897	-	15.17	26.01	41.83	59.14	1:04.41	50.22	1:45.77	4:00.36
896	12.68	15.18	26.03	41.85	59.17	1:04.45	50.25	1:45.83	4:00.49
895	12.69	-	26.04	41.87	59.21	1:04.49	50.27	1:45.89	4:00.62
894	-	15.19	26.05	41.90	59.24	1:04.52	50.30	1:45.95	4:00.76
893	12.70	15.20	26.07	41.92	59.27	1:04.56	50.33	1:46.01	4:00.89
892	-	15.21	26.08	41.94	59.30	1:04.60	50.35	1:46.07	4:01.03
891	12.71	15.22	26.09	41.96	59.34	1:04.63	50.38	1:46.13	4:01.16
890	12.72	15.23	26.11	41.99	59.37	1:04.67	50.41	1:46.19	4:01.29
889	-	15.24	26.12	42.01	59.40	1:04.71	50.43	1:46.25	4:01.43
888	12.73	15.25	26.13	42.03	59.43	1:04.74	50.46	1:46.31	4:01.56
887	-	15.26	26.15	42.05	59.46	1:04.78	50.49	1:46.37	4:01.70
886	12.74	15.27	26.16	42.08	59.50	1:04.82	50.51	1:46.43	4:01.83
885	12.75	15.28	26.17	42.10	59.53	1:04.85	50.54	1:46.49	4:01.97
884	-	-	26.19	42.12	59.56	1:04.89	50.57	1:46.55	4:02.10
883	12.76	15.29	26.20	42.14	59.59	1:04.93	50.59	1:46.61	4:02.23
882	-	15.30	26.21	42.17	59.63	1:04.97	50.62	1:46.67	4:02.37
881	12.77	15.31	26.23	42.19	59.66	1:05.00	50.65	1:46.73	4:02.50
880	12.78	15.32	26.24	42.21	59.69	1:05.04	50.67	1:46.78	4:02.64
879	-	15.33	26.25	42.23	59.73	1:05.08	50.70	1:46.84	4:02.77
878	12.79	15.34	26.26	42.26	59.76	1:05.11	50.73	1:46.90	4:02.91
877	-	15.35	26.28	42.28	59.79	1:05.15	50.76	1:46.96	4:03.04
876	12.80	15.36	26.29	42.30	59.82	1:05.19	50.78	1:47.02	4:03.18
875	12.81	15.37	26.30	42.32	59.86	1:05.22	50.81	1:47.08	4:03.31
874	-	15.38	26.32	42.35	59.89	1:05.26	50.84	1:47.14	4:03.45
873	12.82	15.39	26.33	42.37	59.92	1:05.30	50.86	1:47.20	4:03.58
872	12.83	-	26.34	42.39	59.95	1:05.34	50.89	1:47.26	4:03.72
871	-	15.40	26.36	42.42	59.99	1:05.37	50.92	1:47.32	4:03.86
870	12.84	15.41	26.37	42.44	1:00.02	1:05.41	50.94	1:47.38	4:03.99
869	-	15.42	26.38	42.46	1:00.05	1:05.45	50.97	1:47.44	4:04.13
868	12.85	15.43	26.40	42.48	1:00.08	1:05.48	51.00	1:47.50	4:04.26
867	12.86	15.44	26.41	42.51	1:00.12	1:05.52	51.03	1:47.56	4:04.40
866	-	15.45	26.42	42.53	1:00.15	1:05.56	51.05	1:47.63	4:04.53
865	12.87	15.46	26.44	42.55	1:00.18	1:05.60	51.08	1:47.69	4:04.67
864	-	15.47	26.45	42.57	1:00.22	1:05.63	51.11	1:47.75	4:04.81
863	12.88	15.48	26.46	42.60	1:00.25	1:05.67	51.13	1:47.81	4:04.94
862	12.89	15.49	26.48	42.62	1:00.28	1:05.71	51.16	1:47.87	4:05.08
861	-	15.50	26.49	42.64	1:00.31	1:05.74	51.19	1:47.93	4:05.22
860	12.90	-	26.50	42.67	1:00.35	1:05.78	51.22	1:47.99	4:05.35
859	12.91	15.51	26.52	42.69	1:00.38	1:05.82	51.24	1:48.05	4:05.49
858	-	15.52	26.53	42.71	1:00.41	1:05.86	51.27	1:48.11	4:05.62
857	12.92	15.53	26.54	42.73	1:00.45	1:05.89	51.30	1:48.17	4:05.76
856	-	15.54	26.56	42.76	1:00.48	1:05.93	51.32	1:48.23	4:05.90
855	12.93	15.55	26.57	42.78	1:00.51	1:05.97	51.35	1:48.29	4:06.03
854	12.94	15.56	26.58	42.80	1:00.55	1:06.01	51.38	1:48.35	4:06.17
853	-	15.57	26.60	42.83	1:00.58	1:06.04	51.41	1:48.41	4:06.31
852	12.95	15.58	26.61	42.85	1:00.61	1:06.08	51.43	1:48.47	4:06.45
851	-	15.59	26.62	42.87	1:00.64	1:06.12	51.46	1:48.53	4:06.58



100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
12.96	15.60	26.64	42.90	1:00.68	1:06.16	51.49	1:48.59	4:06.72	850
12.97	15.61	26.65	42.92	1:00.71	1:06.19	51.52	1:48.65	4:06.86	849
-	15.62	26.67	42.94	1:00.74	1:06.23	51.54	1:48.72	4:06.99	848
12.98	15.63	26.68	42.96	1:00.78	1:06.27	51.57	1:48.78	4:07.13	847
12.99	-	26.69	42.99	1:00.81	1:06.31	51.60	1:48.84	4:07.27	846
-	15.64	26.71	43.01	1:00.84	1:06.34	51.63	1:48.90	4:07.41	845
13.00	15.65	26.72	43.03	1:00.88	1:06.38	51.65	1:48.96	4:07.54	844
-	15.66	26.73	43.06	1:00.91	1:06.42	51.68	1:49.02	4:07.68	843
13.01	15.67	26.75	43.08	1:00.94	1:06.46	51.71	1:49.08	4:07.82	842
13.02	15.68	26.76	43.10	1:00.98	1:06.49	51.74	1:49.14	4:07.96	841
-	15.69	26.77	43.13	1:01.01	1:06.53	51.76	1:49.20	4:08.10	840
13.03	15.70	26.79	43.15	1:01.04	1:06.57	51.79	1:49.26	4:08.23	839
13.04	15.71	26.80	43.17	1:01.08	1:06.61	51.82	1:49.33	4:08.37	838
-	15.72	26.81	43.20	1:01.11	1:06.65	51.85	1:49.39	4:08.51	837
13.05	15.73	26.83	43.22	1:01.14	1:06.68	51.87	1:49.45	4:08.65	836
-	15.74	26.84	43.24	1:01.18	1:06.72	51.90	1:49.51	4:08.79	835
13.06	15.75	26.85	43.27	1:01.21	1:06.76	51.93	1:49.57	4:08.93	834
13.07	15.76	26.87	43.29	1:01.24	1:06.80	51.96	1:49.63	4:09.06	833
-	15.77	26.88	43.31	1:01.28	1:06.84	51.98	1:49.69	4:09.20	832
13.08	15.78	26.90	43.33	1:01.31	1:06.87	52.01	1:49.76	4:09.34	831
13.09	-	26.91	43.36	1:01.34	1:06.91	52.04	1:49.82	4:09.48	830
-	15.79	26.92	43.38	1:01.38	1:06.95	52.07	1:49.88	4:09.62	829
13.10	15.80	26.94	43.40	1:01.41	1:06.99	52.09	1:49.94	4:09.76	828
-	15.81	26.95	43.43	1:01.44	1:07.03	52.12	1:50.00	4:09.90	827
13.11	15.82	26.96	43.45	1:01.48	1:07.06	52.15	1:50.06	4:10.04	826
13.12	15.83	26.98	43.47	1:01.51	1:07.10	52.18	1:50.13	4:10.18	825
-	15.84	26.99	43.50	1:01.55	1:07.14	52.21	1:50.19	4:10.32	824
13.13	15.85	27.00	43.52	1:01.58	1:07.18	52.23	1:50.25	4:10.45	823
13.14	15.86	27.02	43.54	1:01.61	1:07.22	52.26	1:50.31	4:10.59	822
-	15.87	27.03	43.57	1:01.65	1:07.25	52.29	1:50.37	4:10.73	821
13.15	15.88	27.05	43.59	1:01.68	1:07.29	52.32	1:50.43	4:10.87	820
-	15.89	27.06	43.62	1:01.71	1:07.33	52.34	1:50.50	4:11.01	819
13.16	15.90	27.07	43.64	1:01.75	1:07.37	52.37	1:50.56	4:11.15	818
13.17	15.91	27.09	43.66	1:01.78	1:07.41	52.40	1:50.62	4:11.29	817
-	15.92	27.10	43.69	1:01.82	1:07.45	52.43	1:50.68	4:11.43	816
13.18	15.93	27.11	43.71	1:01.85	1:07.48	52.46	1:50.74	4:11.57	815
13.19	15.94	27.13	43.73	1:01.88	1:07.52	52.48	1:50.81	4:11.71	814
-	15.95	27.14	43.76	1:01.92	1:07.56	52.51	1:50.87	4:11.85	813
13.20	-	27.15	43.78	1:01.95	1:07.60	52.54	1:50.93	4:11.99	812
13.21	15.96	27.17	43.80	1:01.98	1:07.64	52.57	1:50.99	4:12.13	811
-	15.97	27.18	43.83	1:02.02	1:07.68	52.60	1:51.06	4:12.27	810
13.22	15.98	27.20	43.85	1:02.05	1:07.71	52.62	1:51.12	4:12.42	809
-	15.99	27.21	43.87	1:02.09	1:07.75	52.65	1:51.18	4:12.56	808
13.23	16.00	27.22	43.90	1:02.12	1:07.79	52.68	1:51.24	4:12.70	807
13.24	16.01	27.24	43.92	1:02.15	1:07.83	52.71	1:51.31	4:12.84	806
-	16.02	27.25	43.94	1:02.19	1:07.87	52.74	1:51.37	4:12.98	805
13.25	16.03	27.27	43.97	1:02.22	1:07.91	52.76	1:51.43	4:13.12	804
13.26	16.04	27.28	43.99	1:02.26	1:07.95	52.79	1:51.49	4:13.26	803
-	16.05	27.29	44.02	1:02.29	1:07.98	52.82	1:51.56	4:13.40	802
13.27	16.06	27.31	44.04	1:02.33	1:08.02	52.85	1:51.62	4:13.54	801

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
800	13.28	16.07	27.32	44.06	1:02.36	1:08.06	52.88	1:51.68	4:13.68
799	-	16.08	27.33	44.09	1:02.39	1:08.10	52.91	1:51.74	4:13.83
798	13.29	16.09	27.35	44.11	1:02.43	1:08.14	52.93	1:51.81	4:13.97
797	-	16.10	27.36	44.13	1:02.46	1:08.18	52.96	1:51.87	4:14.11
796	13.30	16.11	27.38	44.16	1:02.50	1:08.22	52.99	1:51.93	4:14.25
795	13.31	16.12	27.39	44.18	1:02.53	1:08.26	53.02	1:52.00	4:14.39
794	-	16.13	27.40	44.21	1:02.56	1:08.29	53.05	1:52.06	4:14.53
793	13.32	16.14	27.42	44.23	1:02.60	1:08.33	53.07	1:52.12	4:14.68
792	13.33	16.15	27.43	44.25	1:02.63	1:08.37	53.10	1:52.18	4:14.82
791	-	16.16	27.45	44.28	1:02.67	1:08.41	53.13	1:52.25	4:14.96
790	13.34	16.17	27.46	44.30	1:02.70	1:08.45	53.16	1:52.31	4:15.10
789	13.35	-	27.47	44.32	1:02.74	1:08.49	53.19	1:52.37	4:15.25
788	-	16.18	27.49	44.35	1:02.77	1:08.53	53.22	1:52.44	4:15.39
787	13.36	16.19	27.50	44.37	1:02.80	1:08.57	53.25	1:52.50	4:15.53
786	13.37	16.20	27.52	44.40	1:02.84	1:08.61	53.27	1:52.56	4:15.67
785	-	16.21	27.53	44.42	1:02.87	1:08.65	53.30	1:52.63	4:15.82
784	13.38	16.22	27.54	44.44	1:02.91	1:08.68	53.33	1:52.69	4:15.96
783	-	16.23	27.56	44.47	1:02.94	1:08.72	53.36	1:52.75	4:16.10
782	13.39	16.24	27.57	44.49	1:02.98	1:08.76	53.39	1:52.82	4:16.25
781	13.40	16.25	27.59	44.52	1:03.01	1:08.80	53.42	1:52.88	4:16.39
780	-	16.26	27.60	44.54	1:03.05	1:08.84	53.44	1:52.94	4:16.53
779	13.41	16.27	27.61	44.56	1:03.08	1:08.88	53.47	1:53.01	4:16.67
778	13.42	16.28	27.63	44.59	1:03.12	1:08.92	53.50	1:53.07	4:16.82
777	-	16.29	27.64	44.61	1:03.15	1:08.96	53.53	1:53.13	4:16.96
776	13.43	16.30	27.66	44.64	1:03.18	1:09.00	53.56	1:53.20	4:17.11
775	13.44	16.31	27.67	44.66	1:03.22	1:09.04	53.59	1:53.26	4:17.25
774	-	16.32	27.68	44.68	1:03.25	1:09.08	53.62	1:53.32	4:17.39
773	13.45	16.33	27.70	44.71	1:03.29	1:09.12	53.65	1:53.39	4:17.54
772	13.46	16.34	27.71	44.73	1:03.32	1:09.16	53.67	1:53.45	4:17.68
771	-	16.35	27.73	44.76	1:03.36	1:09.19	53.70	1:53.52	4:17.82
770	13.47	16.36	27.74	44.78	1:03.39	1:09.23	53.73	1:53.58	4:17.97
769	13.48	16.37	27.75	44.81	1:03.43	1:09.27	53.76	1:53.64	4:18.11
768	-	16.38	27.77	44.83	1:03.46	1:09.31	53.79	1:53.71	4:18.26
767	13.49	16.39	27.78	44.85	1:03.50	1:09.35	53.82	1:53.77	4:18.40
766	-	16.40	27.80	44.88	1:03.53	1:09.39	53.85	1:53.84	4:18.55
765	13.50	16.41	27.81	44.90	1:03.57	1:09.43	53.88	1:53.90	4:18.69
764	13.51	16.42	27.83	44.93	1:03.60	1:09.47	53.90	1:53.96	4:18.84
763	-	16.43	27.84	44.95	1:03.64	1:09.51	53.93	1:54.03	4:18.98
762	13.52	16.44	27.85	44.97	1:03.67	1:09.55	53.96	1:54.09	4:19.12
761	13.53	16.45	27.87	45.00	1:03.71	1:09.59	53.99	1:54.16	4:19.27
760	-	16.46	27.88	45.02	1:03.74	1:09.63	54.02	1:54.22	4:19.41
759	13.54	16.47	27.90	45.05	1:03.78	1:09.67	54.05	1:54.29	4:19.56
758	13.55	16.48	27.91	45.07	1:03.81	1:09.71	54.08	1:54.35	4:19.71
757	-	16.49	27.92	45.10	1:03.85	1:09.75	54.11	1:54.41	4:19.85
756	13.56	16.50	27.94	45.12	1:03.88	1:09.79	54.14	1:54.48	4:20.00
755	13.57	16.51	27.95	45.15	1:03.92	1:09.83	54.16	1:54.54	4:20.14
754	-	16.52	27.97	45.17	1:03.95	1:09.87	54.19	1:54.61	4:20.29
753	13.58	16.53	27.98	45.19	1:03.99	1:09.91	54.22	1:54.67	4:20.43
752	13.59	16.54	28.00	45.22	1:04.02	1:09.95	54.25	1:54.74	4:20.58
751	-	16.55	28.01	45.24	1:04.06	1:09.99	54.28	1:54.80	4:20.72

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
13.60	16.56	28.02	45.27	1:04.09	1:10.03	54.31	1:54.87	4:20.87	750
13.61	16.57	28.04	45.29	1:04.13	1:10.07	54.34	1:54.93	4:21.02	749
-	16.58	28.05	45.32	1:04.16	1:10.11	54.37	1:55.00	4:21.16	748
13.62	16.59	28.07	45.34	1:04.20	1:10.15	54.40	1:55.06	4:21.31	747
13.63	16.60	28.08	45.37	1:04.24	1:10.19	54.43	1:55.13	4:21.46	746
-	16.61	28.10	45.39	1:04.27	1:10.23	54.46	1:55.19	4:21.60	745
13.64	16.62	28.11	45.41	1:04.31	1:10.27	54.48	1:55.26	4:21.75	744
13.65	16.63	28.13	45.44	1:04.34	1:10.31	54.51	1:55.32	4:21.90	743
-	16.64	28.14	45.46	1:04.38	1:10.35	54.54	1:55.39	4:22.04	742
13.66	16.65	28.15	45.49	1:04.41	1:10.39	54.57	1:55.45	4:22.19	741
13.67	16.66	28.17	45.51	1:04.45	1:10.43	54.60	1:55.52	4:22.34	740
-	16.67	28.18	45.54	1:04.48	1:10.47	54.63	1:55.58	4:22.48	739
13.68	16.68	28.20	45.56	1:04.52	1:10.51	54.66	1:55.65	4:22.63	738
13.69	16.69	28.21	45.59	1:04.55	1:10.55	54.69	1:55.71	4:22.78	737
-	16.70	28.23	45.61	1:04.59	1:10.59	54.72	1:55.78	4:22.93	736
13.70	16.71	28.24	45.64	1:04.63	1:10.63	54.75	1:55.84	4:23.07	735
13.71	16.72	28.26	45.66	1:04.66	1:10.67	54.78	1:55.91	4:23.22	734
-	16.73	28.27	45.69	1:04.70	1:10.71	54.81	1:55.97	4:23.37	733
13.72	16.74	28.28	45.71	1:04.73	1:10.75	54.84	1:56.04	4:23.52	732
13.73	16.75	28.30	45.74	1:04.77	1:10.79	54.87	1:56.10	4:23.66	731
-	16.76	28.31	45.76	1:04.80	1:10.83	54.90	1:56.17	4:23.81	730
13.74	16.77	28.33	45.79	1:04.84	1:10.87	54.93	1:56.24	4:23.96	729
13.75	16.78	28.34	45.81	1:04.88	1:10.91	54.96	1:56.30	4:24.11	728
-	16.79	28.36	45.83	1:04.91	1:10.96	54.98	1:56.37	4:24.26	727
13.76	16.80	28.37	45.86	1:04.95	1:11.00	55.01	1:56.43	4:24.41	726
13.77	16.81	28.39	45.88	1:04.98	1:11.04	55.04	1:56.50	4:24.55	725
-	16.82	28.40	45.91	1:05.02	1:11.08	55.07	1:56.56	4:24.70	724
13.78	16.83	28.41	45.93	1:05.06	1:11.12	55.10	1:56.63	4:24.85	723
13.79	16.84	28.43	45.96	1:05.09	1:11.16	55.13	1:56.70	4:25.00	722
-	16.85	28.44	45.98	1:05.13	1:11.20	55.16	1:56.76	4:25.15	721
13.80	16.86	28.46	46.01	1:05.16	1:11.24	55.19	1:56.83	4:25.30	720
13.81	16.87	28.47	46.03	1:05.20	1:11.28	55.22	1:56.89	4:25.45	719
-	16.88	28.49	46.06	1:05.23	1:11.32	55.25	1:56.96	4:25.60	718
13.82	16.89	28.50	46.08	1:05.27	1:11.36	55.28	1:57.03	4:25.75	717
13.83	16.90	28.52	46.11	1:05.31	1:11.40	55.31	1:57.09	4:25.90	716
-	16.91	28.53	46.13	1:05.34	1:11.44	55.34	1:57.16	4:26.04	715
13.84	16.92	28.55	46.16	1:05.38	1:11.49	55.37	1:57.23	4:26.19	714
13.85	16.93	28.56	46.18	1:05.42	1:11.53	55.40	1:57.29	4:26.34	713
-	16.94	28.58	46.21	1:05.45	1:11.57	55.43	1:57.36	4:26.49	712
13.86	16.95	28.59	46.24	1:05.49	1:11.61	55.46	1:57.43	4:26.64	711
13.87	16.96	28.61	46.26	1:05.52	1:11.65	55.49	1:57.49	4:26.79	710
-	16.97	28.62	46.29	1:05.56	1:11.69	55.52	1:57.56	4:26.94	709
13.88	16.98	28.63	46.31	1:05.60	1:11.73	55.55	1:57.63	4:27.09	708
13.89	16.99	28.65	46.34	1:05.63	1:11.77	55.58	1:57.69	4:27.25	707
-	17.00	28.66	46.36	1:05.67	1:11.81	55.61	1:57.76	4:27.40	706
13.90	17.01	28.68	46.39	1:05.71	1:11.86	55.64	1:57.83	4:27.55	705
13.91	17.02	28.69	46.41	1:05.74	1:11.90	55.67	1:57.89	4:27.70	704
13.92	17.03	28.71	46.44	1:05.78	1:11.94	55.70	1:57.96	4:27.85	703
-	17.04	28.72	46.46	1:05.81	1:11.98	55.73	1:58.03	4:28.00	702
13.93	17.05	28.74	46.49	1:05.85	1:12.02	55.76	1:58.09	4:28.15	701

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
700	13.94	17.06	28.75	46.51	1:05.89	1:12.06	55.79	1:58.16	4:28.30
699	-	17.07	28.77	46.54	1:05.92	1:12.10	55.82	1:58.23	4:28.45
698	13.95	17.08	28.78	46.56	1:05.96	1:12.14	55.85	1:58.29	4:28.60
697	13.96	17.09	28.80	46.59	1:06.00	1:12.19	55.88	1:58.36	4:28.76
696	-	17.10	28.81	46.61	1:06.03	1:12.23	55.91	1:58.43	4:28.91
695	13.97	17.11	28.83	46.64	1:06.07	1:12.27	55.94	1:58.50	4:29.06
694	13.98	17.12	28.84	46.67	1:06.11	1:12.31	55.97	1:58.56	4:29.21
693	-	17.13	28.86	46.69	1:06.14	1:12.35	56.00	1:58.63	4:29.36
692	13.99	17.14	28.87	46.72	1:06.18	1:12.39	56.03	1:58.70	4:29.51
691	14.00	17.15	28.89	46.74	1:06.22	1:12.44	56.06	1:58.77	4:29.67
690	-	17.16	28.90	46.77	1:06.25	1:12.48	56.09	1:58.83	4:29.82
689	14.01	17.17	28.92	46.79	1:06.29	1:12.52	56.12	1:58.90	4:29.97
688	14.02	17.18	28.93	46.82	1:06.33	1:12.56	56.15	1:58.97	4:30.12
687	-	17.19	28.95	46.84	1:06.36	1:12.60	56.18	1:59.04	4:30.28
686	14.03	17.20	28.96	46.87	1:06.40	1:12.64	56.22	1:59.10	4:30.43
685	14.04	17.21	28.98	46.89	1:06.44	1:12.69	56.25	1:59.17	4:30.58
684	14.05	17.22	28.99	46.92	1:06.48	1:12.73	56.28	1:59.24	4:30.73
683	-	17.23	29.01	46.95	1:06.51	1:12.77	56.31	1:59.31	4:30.89
682	14.06	17.24	29.02	46.97	1:06.55	1:12.81	56.34	1:59.37	4:31.04
681	14.07	17.25	29.04	47.00	1:06.59	1:12.85	56.37	1:59.44	4:31.19
680	-	17.27	29.05	47.02	1:06.62	1:12.90	56.40	1:59.51	4:31.35
679	14.08	17.28	29.07	47.05	1:06.66	1:12.94	56.43	1:59.58	4:31.50
678	14.09	17.29	29.08	47.07	1:06.70	1:12.98	56.46	1:59.65	4:31.65
677	-	17.30	29.10	47.10	1:06.73	1:13.02	56.49	1:59.71	4:31.81
676	14.10	17.31	29.11	47.13	1:06.77	1:13.06	56.52	1:59.78	4:31.96
675	14.11	17.32	29.13	47.15	1:06.81	1:13.11	56.55	1:59.85	4:32.12
674	-	17.33	29.14	47.18	1:06.85	1:13.15	56.58	1:59.92	4:32.27
673	14.12	17.34	29.16	47.20	1:06.88	1:13.19	56.61	1:59.99	4:32.42
672	14.13	17.35	29.17	47.23	1:06.92	1:13.23	56.64	2:00.06	4:32.58
671	14.14	17.36	29.19	47.26	1:06.96	1:13.27	56.67	2:00.12	4:32.73
670	-	17.37	29.20	47.28	1:07.00	1:13.32	56.71	2:00.19	4:32.89
669	14.15	17.38	29.22	47.31	1:07.03	1:13.36	56.74	2:00.26	4:33.04
668	14.16	17.39	29.23	47.33	1:07.07	1:13.40	56.77	2:00.33	4:33.20
667	-	17.40	29.25	47.36	1:07.11	1:13.44	56.80	2:00.40	4:33.35
666	14.17	17.41	29.26	47.39	1:07.14	1:13.49	56.83	2:00.47	4:33.51
665	14.18	17.42	29.28	47.41	1:07.18	1:13.53	56.86	2:00.54	4:33.66
664	-	17.43	29.29	47.44	1:07.22	1:13.57	56.89	2:00.60	4:33.82
663	14.19	17.44	29.31	47.46	1:07.26	1:13.61	56.92	2:00.67	4:33.97
662	14.20	17.45	29.32	47.49	1:07.29	1:13.66	56.95	2:00.74	4:34.13
661	14.21	17.46	29.34	47.52	1:07.33	1:13.70	56.98	2:00.81	4:34.28
660	-	17.47	29.35	47.54	1:07.37	1:13.74	57.01	2:00.88	4:34.44
659	14.22	17.49	29.37	47.57	1:07.41	1:13.78	57.05	2:00.95	4:34.59
658	14.23	17.50	29.38	47.59	1:07.44	1:13.83	57.08	2:01.02	4:34.75
657	-	17.51	29.40	47.62	1:07.48	1:13.87	57.11	2:01.09	4:34.91
656	14.24	17.52	29.42	47.65	1:07.52	1:13.91	57.14	2:01.16	4:35.06
655	14.25	17.53	29.43	47.67	1:07.56	1:13.96	57.17	2:01.23	4:35.22
654	-	17.54	29.45	47.70	1:07.60	1:14.00	57.20	2:01.30	4:35.37
653	14.26	17.55	29.46	47.72	1:07.63	1:14.04	57.23	2:01.36	4:35.53
652	14.27	17.56	29.48	47.75	1:07.67	1:14.08	57.26	2:01.43	4:35.69
651	14.28	17.57	29.49	47.78	1:07.71	1:14.13	57.30	2:01.50	4:35.84

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
-	17.58	29.51	47.80	1:07.75	1:14.17	57.33	2:01.57	4:36.00	650
14.29	17.59	29.52	47.83	1:07.78	1:14.21	57.36	2:01.64	4:36.16	649
14.30	17.60	29.54	47.86	1:07.82	1:14.26	57.39	2:01.71	4:36.32	648
-	17.61	29.55	47.88	1:07.86	1:14.30	57.42	2:01.78	4:36.47	647
14.31	17.62	29.57	47.91	1:07.90	1:14.34	57.45	2:01.85	4:36.63	646
14.32	17.63	29.58	47.94	1:07.94	1:14.38	57.48	2:01.92	4:36.79	645
14.33	17.64	29.60	47.96	1:07.97	1:14.43	57.51	2:01.99	4:36.95	644
-	17.66	29.62	47.99	1:08.01	1:14.47	57.55	2:02.06	4:37.10	643
14.34	17.67	29.63	48.01	1:08.05	1:14.51	57.58	2:02.13	4:37.26	642
14.35	17.68	29.65	48.04	1:08.09	1:14.56	57.61	2:02.20	4:37.42	641
-	17.69	29.66	48.07	1:08.13	1:14.60	57.64	2:02.27	4:37.58	640
14.36	17.70	29.68	48.09	1:08.17	1:14.64	57.67	2:02.34	4:37.74	639
14.37	17.71	29.69	48.12	1:08.20	1:14.69	57.70	2:02.41	4:37.89	638
14.38	17.72	29.71	48.15	1:08.24	1:14.73	57.74	2:02.48	4:38.05	637
-	17.73	29.72	48.17	1:08.28	1:14.77	57.77	2:02.55	4:38.21	636
14.39	17.74	29.74	48.20	1:08.32	1:14.82	57.80	2:02.62	4:38.37	635
14.40	17.75	29.75	48.23	1:08.36	1:14.86	57.83	2:02.69	4:38.53	634
-	17.76	29.77	48.25	1:08.40	1:14.90	57.86	2:02.76	4:38.69	633
14.41	17.77	29.79	48.28	1:08.43	1:14.95	57.89	2:02.83	4:38.85	632
14.42	17.78	29.80	48.31	1:08.47	1:14.99	57.93	2:02.90	4:39.01	631
14.43	17.79	29.82	48.33	1:08.51	1:15.03	57.96	2:02.98	4:39.16	630
-	17.81	29.83	48.36	1:08.55	1:15.08	57.99	2:03.05	4:39.32	629
14.44	17.82	29.85	48.39	1:08.59	1:15.12	58.02	2:03.12	4:39.48	628
14.45	17.83	29.86	48.41	1:08.63	1:15.17	58.05	2:03.19	4:39.64	627
-	17.84	29.88	48.44	1:08.66	1:15.21	58.08	2:03.26	4:39.80	626
14.46	17.85	29.90	48.47	1:08.70	1:15.25	58.12	2:03.33	4:39.96	625
14.47	17.86	29.91	48.49	1:08.74	1:15.30	58.15	2:03.40	4:40.12	624
14.48	17.87	29.93	48.52	1:08.78	1:15.34	58.18	2:03.47	4:40.28	623
-	17.88	29.94	48.55	1:08.82	1:15.38	58.21	2:03.54	4:40.44	622
14.49	17.89	29.96	48.57	1:08.86	1:15.43	58.24	2:03.61	4:40.60	621
14.50	17.90	29.97	48.60	1:08.90	1:15.47	58.28	2:03.68	4:40.76	620
14.51	17.91	29.99	48.63	1:08.94	1:15.52	58.31	2:03.76	4:40.93	619
-	17.92	30.01	48.66	1:08.97	1:15.56	58.34	2:03.83	4:41.09	618
14.52	17.94	30.02	48.68	1:09.01	1:15.60	58.37	2:03.90	4:41.25	617
14.53	17.95	30.04	48.71	1:09.05	1:15.65	58.40	2:03.97	4:41.41	616
-	17.96	30.05	48.74	1:09.09	1:15.69	58.44	2:04.04	4:41.57	615
14.54	17.97	30.07	48.76	1:09.13	1:15.74	58.47	2:04.11	4:41.73	614
14.55	17.98	30.08	48.79	1:09.17	1:15.78	58.50	2:04.18	4:41.89	613
14.56	17.99	30.10	48.82	1:09.21	1:15.83	58.53	2:04.26	4:42.05	612
-	18.00	30.12	48.85	1:09.25	1:15.87	58.57	2:04.33	4:42.22	611
14.57	18.01	30.13	48.87	1:09.29	1:15.91	58.60	2:04.40	4:42.38	610
14.58	18.02	30.15	48.90	1:09.33	1:15.96	58.63	2:04.47	4:42.54	609
14.59	18.03	30.16	48.93	1:09.36	1:16.00	58.66	2:04.54	4:42.70	608
-	18.05	30.18	48.95	1:09.40	1:16.05	58.69	2:04.62	4:42.86	607
14.60	18.06	30.20	48.98	1:09.44	1:16.09	58.73	2:04.69	4:43.03	606
14.61	18.07	30.21	49.01	1:09.48	1:16.14	58.76	2:04.76	4:43.19	605
14.62	18.08	30.23	49.04	1:09.52	1:16.18	58.79	2:04.83	4:43.35	604
-	18.09	30.24	49.06	1:09.56	1:16.23	58.82	2:04.90	4:43.52	603
14.63	18.10	30.26	49.09	1:09.60	1:16.27	58.86	2:04.98	4:43.68	602
14.64	18.11	30.28	49.12	1:09.64	1:16.31	58.89	2:05.05	4:43.84	601

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
600	-	18.12	30.29	49.14	1:09.68	1:16.36	58.92	2:05.12	4:44.00
599	14.65	18.13	30.31	49.17	1:09.72	1:16.40	58.95	2:05.19	4:44.17
598	14.66	18.14	30.32	49.20	1:09.76	1:16.45	58.99	2:05.27	4:44.33
597	14.67	18.16	30.34	49.23	1:09.80	1:16.49	59.02	2:05.34	4:44.50
596	-	18.17	30.36	49.25	1:09.84	1:16.54	59.05	2:05.41	4:44.66
595	14.68	18.18	30.37	49.28	1:09.88	1:16.58	59.08	2:05.48	4:44.82
594	14.69	18.19	30.39	49.31	1:09.92	1:16.63	59.12	2:05.56	4:44.99
593	14.70	18.20	30.40	49.34	1:09.96	1:16.67	59.15	2:05.63	4:45.15
592	-	18.21	30.42	49.36	1:10.00	1:16.72	59.18	2:05.70	4:45.32
591	14.71	18.22	30.44	49.39	1:10.04	1:16.76	59.22	2:05.77	4:45.48
590	14.72	18.23	30.45	49.42	1:10.07	1:16.81	59.25	2:05.85	4:45.64
589	14.73	18.24	30.47	49.45	1:10.11	1:16.85	59.28	2:05.92	4:45.81
588	-	18.26	30.48	49.47	1:10.15	1:16.90	59.31	2:05.99	4:45.97
587	14.74	18.27	30.50	49.50	1:10.19	1:16.94	59.35	2:06.07	4:46.14
586	14.75	18.28	30.52	49.53	1:10.23	1:16.99	59.38	2:06.14	4:46.30
585	14.76	18.29	30.53	49.56	1:10.27	1:17.03	59.41	2:06.21	4:46.47
584	-	18.30	30.55	49.59	1:10.31	1:17.08	59.45	2:06.29	4:46.64
583	14.77	18.31	30.57	49.61	1:10.35	1:17.12	59.48	2:06.36	4:46.80
582	14.78	18.32	30.58	49.64	1:10.39	1:17.17	59.51	2:06.43	4:46.97
581	14.79	18.33	30.60	49.67	1:10.43	1:17.22	59.55	2:06.51	4:47.13
580	-	18.35	30.61	49.70	1:10.47	1:17.26	59.58	2:06.58	4:47.30
579	14.80	18.36	30.63	49.72	1:10.51	1:17.31	59.61	2:06.65	4:47.46
578	14.81	18.37	30.65	49.75	1:10.55	1:17.35	59.64	2:06.73	4:47.63
577	14.82	18.38	30.66	49.78	1:10.59	1:17.40	59.68	2:06.80	4:47.80
576	-	18.39	30.68	49.81	1:10.63	1:17.44	59.71	2:06.88	4:47.96
575	14.83	18.40	30.70	49.84	1:10.68	1:17.49	59.74	2:06.95	4:48.13
574	14.84	18.41	30.71	49.86	1:10.72	1:17.53	59.78	2:07.02	4:48.30
573	14.85	18.42	30.73	49.89	1:10.76	1:17.58	59.81	2:07.10	4:48.47
572	-	18.44	30.74	49.92	1:10.80	1:17.63	59.84	2:07.17	4:48.63
571	14.86	18.45	30.76	49.95	1:10.84	1:17.67	59.88	2:07.25	4:48.80
570	14.87	18.46	30.78	49.98	1:10.88	1:17.72	59.91	2:07.32	4:48.97
569	14.88	18.47	30.79	50.00	1:10.92	1:17.76	59.94	2:07.39	4:49.13
568	-	18.48	30.81	50.03	1:10.96	1:17.81	59.98	2:07.47	4:49.30
567	14.89	18.49	30.83	50.06	1:11.00	1:17.86	1:00.01	2:07.54	4:49.47
566	14.90	18.50	30.84	50.09	1:11.04	1:17.90	1:00.04	2:07.62	4:49.64
565	14.91	18.52	30.86	50.12	1:11.08	1:17.95	1:00.08	2:07.69	4:49.81
564	-	18.53	30.88	50.15	1:11.12	1:17.99	1:00.11	2:07.77	4:49.98
563	14.92	18.54	30.89	50.17	1:11.16	1:18.04	1:00.15	2:07.84	4:50.14
562	14.93	18.55	30.91	50.20	1:11.20	1:18.09	1:00.18	2:07.92	4:50.31
561	14.94	18.56	30.93	50.23	1:11.24	1:18.13	1:00.21	2:07.99	4:50.48
560	-	18.57	30.94	50.26	1:11.28	1:18.18	1:00.25	2:08.07	4:50.65
559	14.95	18.58	30.96	50.29	1:11.32	1:18.22	1:00.28	2:08.14	4:50.82
558	14.96	18.60	30.98	50.32	1:11.37	1:18.27	1:00.31	2:08.22	4:50.99
557	14.97	18.61	30.99	50.34	1:11.41	1:18.32	1:00.35	2:08.29	4:51.16
556	14.98	18.62	31.01	50.37	1:11.45	1:18.36	1:00.38	2:08.37	4:51.33
555	-	18.63	31.03	50.40	1:11.49	1:18.41	1:00.42	2:08.44	4:51.50
554	14.99	18.64	31.04	50.43	1:11.53	1:18.46	1:00.45	2:08.52	4:51.67
553	15.00	18.65	31.06	50.46	1:11.57	1:18.50	1:00.48	2:08.59	4:51.84
552	15.01	18.66	31.08	50.49	1:11.61	1:18.55	1:00.52	2:08.67	4:52.01
551	-	18.68	31.09	50.51	1:11.65	1:18.60	1:00.55	2:08.74	4:52.18

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
15.02	18.69	31.11	50.54	1:11.69	1:18.64	1:00.59	2:08.82	4:52.35	550
15.03	18.70	31.13	50.57	1:11.73	1:18.69	1:00.62	2:08.89	4:52.52	549
15.04	18.71	31.14	50.60	1:11.78	1:18.74	1:00.65	2:08.97	4:52.69	548
-	18.72	31.16	50.63	1:11.82	1:18.78	1:00.69	2:09.05	4:52.86	547
15.05	18.73	31.18	50.66	1:11.86	1:18.83	1:00.72	2:09.12	4:53.03	546
15.06	18.75	31.19	50.69	1:11.90	1:18.88	1:00.76	2:09.20	4:53.20	545
15.07	18.76	31.21	50.72	1:11.94	1:18.92	1:00.79	2:09.27	4:53.37	544
15.08	18.77	31.23	50.74	1:11.98	1:18.97	1:00.82	2:09.35	4:53.55	543
-	18.78	31.24	50.77	1:12.02	1:19.02	1:00.86	2:09.43	4:53.72	542
15.09	18.79	31.26	50.80	1:12.07	1:19.06	1:00.89	2:09.50	4:53.89	541
15.10	18.80	31.28	50.83	1:12.11	1:19.11	1:00.93	2:09.58	4:54.06	540
15.11	18.82	31.29	50.86	1:12.15	1:19.16	1:00.96	2:09.66	4:54.23	539
-	18.83	31.31	50.89	1:12.19	1:19.21	1:01.00	2:09.73	4:54.41	538
15.12	18.84	31.33	50.92	1:12.23	1:19.25	1:01.03	2:09.81	4:54.58	537
15.13	18.85	31.34	50.95	1:12.27	1:19.30	1:01.06	2:09.88	4:54.75	536
15.14	18.86	31.36	50.98	1:12.32	1:19.35	1:01.10	2:09.96	4:54.92	535
15.15	18.87	31.38	51.00	1:12.36	1:19.40	1:01.13	2:10.04	4:55.10	534
-	18.89	31.40	51.03	1:12.40	1:19.44	1:01.17	2:10.11	4:55.27	533
15.16	18.90	31.41	51.06	1:12.44	1:19.49	1:01.20	2:10.19	4:55.44	532
15.17	18.91	31.43	51.09	1:12.48	1:19.54	1:01.24	2:10.27	4:55.62	531
15.18	18.92	31.45	51.12	1:12.52	1:19.59	1:01.27	2:10.35	4:55.79	530
-	18.93	31.46	51.15	1:12.57	1:19.63	1:01.31	2:10.42	4:55.97	529
15.19	18.94	31.48	51.18	1:12.61	1:19.68	1:01.34	2:10.50	4:56.14	528
15.20	18.96	31.50	51.21	1:12.65	1:19.73	1:01.38	2:10.58	4:56.31	527
15.21	18.97	31.51	51.24	1:12.69	1:19.78	1:01.41	2:10.65	4:56.49	526
15.22	18.98	31.53	51.27	1:12.73	1:19.82	1:01.45	2:10.73	4:56.66	525
-	18.99	31.55	51.30	1:12.78	1:19.87	1:01.48	2:10.81	4:56.84	524
15.23	19.00	31.57	51.33	1:12.82	1:19.92	1:01.52	2:10.89	4:57.01	523
15.24	19.02	31.58	51.35	1:12.86	1:19.97	1:01.55	2:10.96	4:57.19	522
15.25	19.03	31.60	51.38	1:12.90	1:20.02	1:01.58	2:11.04	4:57.36	521
15.26	19.04	31.62	51.41	1:12.95	1:20.06	1:01.62	2:11.12	4:57.54	520
-	19.05	31.63	51.44	1:12.99	1:20.11	1:01.65	2:11.20	4:57.71	519
15.27	19.06	31.65	51.47	1:13.03	1:20.16	1:01.69	2:11.27	4:57.89	518
15.28	19.07	31.67	51.50	1:13.07	1:20.21	1:01.72	2:11.35	4:58.06	517
15.29	19.09	31.69	51.53	1:13.12	1:20.26	1:01.76	2:11.43	4:58.24	516
15.30	19.10	31.70	51.56	1:13.16	1:20.30	1:01.80	2:11.51	4:58.42	515
-	19.11	31.72	51.59	1:13.20	1:20.35	1:01.83	2:11.59	4:58.59	514
15.31	19.12	31.74	51.62	1:13.24	1:20.40	1:01.87	2:11.67	4:58.77	513
15.32	19.13	31.76	51.65	1:13.29	1:20.45	1:01.90	2:11.74	4:58.95	512
15.33	19.15	31.77	51.68	1:13.33	1:20.50	1:01.94	2:11.82	4:59.12	511
15.34	19.16	31.79	51.71	1:13.37	1:20.55	1:01.97	2:11.90	4:59.30	510
-	19.17	31.81	51.74	1:13.41	1:20.59	1:02.01	2:11.98	4:59.48	509
15.35	19.18	31.82	51.77	1:13.46	1:20.64	1:02.04	2:12.06	4:59.66	508
15.36	19.19	31.84	51.80	1:13.50	1:20.69	1:02.08	2:12.14	4:59.83	507
15.37	19.21	31.86	51.83	1:13.54	1:20.74	1:02.11	2:12.22	5:00.01	506
15.38	19.22	31.88	51.86	1:13.59	1:20.79	1:02.15	2:12.29	5:00.19	505
-	19.23	31.89	51.89	1:13.63	1:20.84	1:02.18	2:12.37	5:00.37	504
15.39	19.24	31.91	51.92	1:13.67	1:20.89	1:02.22	2:12.45	5:00.54	503
15.40	19.25	31.93	51.95	1:13.72	1:20.93	1:02.25	2:12.53	5:00.72	502
15.41	19.27	31.95	51.98	1:13.76	1:20.98	1:02.29	2:12.61	5:00.90	501

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
500	15.42	19.28	31.96	52.01	1:13.80	1:21.03	1:02.33	2:12.69	5:01.08
499	-	19.29	31.98	52.04	1:13.84	1:21.08	1:02.36	2:12.77	5:01.26
498	15.43	19.30	32.00	52.07	1:13.89	1:21.13	1:02.40	2:12.85	5:01.44
497	15.44	19.32	32.02	52.10	1:13.93	1:21.18	1:02.43	2:12.93	5:01.62
496	15.45	19.33	32.03	52.13	1:13.97	1:21.23	1:02.47	2:13.01	5:01.80
495	15.46	19.34	32.05	52.16	1:14.02	1:21.28	1:02.50	2:13.09	5:01.98
494	-	19.35	32.07	52.19	1:14.06	1:21.33	1:02.54	2:13.17	5:02.16
493	15.47	19.36	32.09	52.22	1:14.10	1:21.38	1:02.58	2:13.25	5:02.34
492	15.48	19.38	32.11	52.25	1:14.15	1:21.43	1:02.61	2:13.33	5:02.52
491	15.49	19.39	32.12	52.28	1:14.19	1:21.48	1:02.65	2:13.41	5:02.70
490	15.50	19.40	32.14	52.31	1:14.24	1:21.52	1:02.68	2:13.49	5:02.88
489	15.51	19.41	32.16	52.34	1:14.28	1:21.57	1:02.72	2:13.57	5:03.06
488	-	19.43	32.18	52.37	1:14.32	1:21.62	1:02.76	2:13.65	5:03.24
487	15.52	19.44	32.19	52.40	1:14.37	1:21.67	1:02.79	2:13.73	5:03.42
486	15.53	19.45	32.21	52.43	1:14.41	1:21.72	1:02.83	2:13.81	5:03.60
485	15.54	19.46	32.23	52.46	1:14.45	1:21.77	1:02.87	2:13.89	5:03.79
484	15.55	19.47	32.25	52.49	1:14.50	1:21.82	1:02.90	2:13.97	5:03.97
483	-	19.49	32.27	52.52	1:14.54	1:21.87	1:02.94	2:14.05	5:04.15
482	15.56	19.50	32.28	52.55	1:14.59	1:21.92	1:02.97	2:14.13	5:04.33
481	15.57	19.51	32.30	52.58	1:14.63	1:21.97	1:03.01	2:14.21	5:04.51
480	15.58	19.52	32.32	52.61	1:14.67	1:22.02	1:03.05	2:14.29	5:04.70
479	15.59	19.54	32.34	52.64	1:14.72	1:22.07	1:03.08	2:14.37	5:04.88
478	15.60	19.55	32.35	52.67	1:14.76	1:22.12	1:03.12	2:14.45	5:05.06
477	-	19.56	32.37	52.70	1:14.81	1:22.17	1:03.16	2:14.54	5:05.24
476	15.61	19.57	32.39	52.74	1:14.85	1:22.22	1:03.19	2:14.62	5:05.43
475	15.62	19.59	32.41	52.77	1:14.90	1:22.27	1:03.23	2:14.70	5:05.61
474	15.63	19.60	32.43	52.80	1:14.94	1:22.32	1:03.27	2:14.78	5:05.79
473	15.64	19.61	32.44	52.83	1:14.98	1:22.37	1:03.30	2:14.86	5:05.98
472	15.65	19.62	32.46	52.86	1:15.03	1:22.42	1:03.34	2:14.94	5:06.16
471	-	19.64	32.48	52.89	1:15.07	1:22.47	1:03.38	2:15.02	5:06.35
470	15.66	19.65	32.50	52.92	1:15.12	1:22.52	1:03.41	2:15.11	5:06.53
469	15.67	19.66	32.52	52.95	1:15.16	1:22.57	1:03.45	2:15.19	5:06.72
468	15.68	19.67	32.53	52.98	1:15.21	1:22.63	1:03.49	2:15.27	5:06.90
467	15.69	19.69	32.55	53.01	1:15.25	1:22.68	1:03.52	2:15.35	5:07.09
466	15.70	19.70	32.57	53.04	1:15.30	1:22.73	1:03.56	2:15.43	5:07.27
465	-	19.71	32.59	53.08	1:15.34	1:22.78	1:03.60	2:15.52	5:07.46
464	15.71	19.72	32.61	53.11	1:15.39	1:22.83	1:03.63	2:15.60	5:07.64
463	15.72	19.74	32.63	53.14	1:15.43	1:22.88	1:03.67	2:15.68	5:07.83
462	15.73	19.75	32.64	53.17	1:15.48	1:22.93	1:03.71	2:15.76	5:08.01
461	15.74	19.76	32.66	53.20	1:15.52	1:22.98	1:03.75	2:15.85	5:08.20
460	15.75	19.77	32.68	53.23	1:15.57	1:23.03	1:03.78	2:15.93	5:08.39
459	-	19.79	32.70	53.26	1:15.61	1:23.08	1:03.82	2:16.01	5:08.57
458	15.76	19.80	32.72	53.29	1:15.66	1:23.13	1:03.86	2:16.09	5:08.76
457	15.77	19.81	32.74	53.33	1:15.70	1:23.19	1:03.89	2:16.18	5:08.95
456	15.78	19.82	32.75	53.36	1:15.75	1:23.24	1:03.93	2:16.26	5:09.13
455	15.79	19.84	32.77	53.39	1:15.79	1:23.29	1:03.97	2:16.34	5:09.32
454	15.80	19.85	32.79	53.42	1:15.84	1:23.34	1:04.01	2:16.43	5:09.51
453	-	19.86	32.81	53.45	1:15.88	1:23.39	1:04.04	2:16.51	5:09.70
452	15.81	19.88	32.83	53.48	1:15.93	1:23.44	1:04.08	2:16.59	5:09.89
451	15.82	19.89	32.85	53.51	1:15.97	1:23.49	1:04.12	2:16.68	5:10.07



100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
15.83	19.90	32.86	53.55	1:16.02	1:23.55	1:04.16	2:16.76	5:10.26	450
15.84	19.91	32.88	53.58	1:16.06	1:23.60	1:04.19	2:16.84	5:10.45	449
15.85	19.93	32.90	53.61	1:16.11	1:23.65	1:04.23	2:16.93	5:10.64	448
15.86	19.94	32.92	53.64	1:16.15	1:23.70	1:04.27	2:17.01	5:10.83	447
-	19.95	32.94	53.67	1:16.20	1:23.75	1:04.31	2:17.09	5:11.02	446
15.87	19.96	32.96	53.70	1:16.25	1:23.80	1:04.35	2:17.18	5:11.21	445
15.88	19.98	32.98	53.74	1:16.29	1:23.86	1:04.38	2:17.26	5:11.40	444
15.89	19.99	32.99	53.77	1:16.34	1:23.91	1:04.42	2:17.35	5:11.59	443
15.90	20.00	33.01	53.80	1:16.38	1:23.96	1:04.46	2:17.43	5:11.78	442
15.91	20.02	33.03	53.83	1:16.43	1:24.01	1:04.50	2:17.52	5:11.97	441
15.92	20.03	33.05	53.86	1:16.48	1:24.06	1:04.53	2:17.60	5:12.16	440
-	20.04	33.07	53.90	1:16.52	1:24.12	1:04.57	2:17.68	5:12.35	439
15.93	20.05	33.09	53.93	1:16.57	1:24.17	1:04.61	2:17.77	5:12.54	438
15.94	20.07	33.11	53.96	1:16.61	1:24.22	1:04.65	2:17.85	5:12.73	437
15.95	20.08	33.12	53.99	1:16.66	1:24.27	1:04.69	2:17.94	5:12.92	436
15.96	20.09	33.14	54.02	1:16.71	1:24.33	1:04.73	2:18.02	5:13.12	435
15.97	20.11	33.16	54.06	1:16.75	1:24.38	1:04.76	2:18.11	5:13.31	434
15.98	20.12	33.18	54.09	1:16.80	1:24.43	1:04.80	2:18.19	5:13.50	433
15.99	20.13	33.20	54.12	1:16.85	1:24.48	1:04.84	2:18.28	5:13.69	432
-	20.15	33.22	54.15	1:16.89	1:24.54	1:04.88	2:18.36	5:13.88	431
16.00	20.16	33.24	54.19	1:16.94	1:24.59	1:04.92	2:18.45	5:14.08	430
16.01	20.17	33.26	54.22	1:16.99	1:24.64	1:04.96	2:18.54	5:14.27	429
16.02	20.19	33.28	54.25	1:17.03	1:24.69	1:04.99	2:18.62	5:14.46	428
16.03	20.20	33.29	54.28	1:17.08	1:24.75	1:05.03	2:18.71	5:14.66	427
16.04	20.21	33.31	54.31	1:17.13	1:24.80	1:05.07	2:18.79	5:14.85	426
16.05	20.22	33.33	54.35	1:17.17	1:24.85	1:05.11	2:18.88	5:15.04	425
16.06	20.24	33.35	54.38	1:17.22	1:24.91	1:05.15	2:18.97	5:15.24	424
-	20.25	33.37	54.41	1:17.27	1:24.96	1:05.19	2:19.05	5:15.43	423
16.07	20.26	33.39	54.45	1:17.31	1:25.01	1:05.23	2:19.14	5:15.63	422
16.08	20.28	33.41	54.48	1:17.36	1:25.07	1:05.27	2:19.22	5:15.82	421
16.09	20.29	33.43	54.51	1:17.41	1:25.12	1:05.30	2:19.31	5:16.02	420
16.10	20.30	33.45	54.54	1:17.45	1:25.17	1:05.34	2:19.40	5:16.21	419
16.11	20.32	33.47	54.58	1:17.50	1:25.23	1:05.38	2:19.48	5:16.41	418
16.12	20.33	33.49	54.61	1:17.55	1:25.28	1:05.42	2:19.57	5:16.60	417
16.13	20.34	33.50	54.64	1:17.60	1:25.33	1:05.46	2:19.66	5:16.80	416
-	20.36	33.52	54.67	1:17.64	1:25.39	1:05.50	2:19.74	5:17.00	415
16.14	20.37	33.54	54.71	1:17.69	1:25.44	1:05.54	2:19.83	5:17.19	414
16.15	20.38	33.56	54.74	1:17.74	1:25.50	1:05.58	2:19.92	5:17.39	413
16.16	20.40	33.58	54.77	1:17.79	1:25.55	1:05.62	2:20.01	5:17.59	412
16.17	20.41	33.60	54.81	1:17.83	1:25.60	1:05.66	2:20.09	5:17.78	411
16.18	20.42	33.62	54.84	1:17.88	1:25.66	1:05.70	2:20.18	5:17.98	410
16.19	20.44	33.64	54.87	1:17.93	1:25.71	1:05.73	2:20.27	5:18.18	409
16.20	20.45	33.66	54.91	1:17.98	1:25.77	1:05.77	2:20.36	5:18.38	408
16.21	20.46	33.68	54.94	1:18.03	1:25.82	1:05.81	2:20.44	5:18.58	407
-	20.48	33.70	54.97	1:18.07	1:25.87	1:05.85	2:20.53	5:18.77	406
16.22	20.49	33.72	55.01	1:18.12	1:25.93	1:05.89	2:20.62	5:18.97	405
16.23	20.50	33.74	55.04	1:18.17	1:25.98	1:05.93	2:20.71	5:19.17	404
16.24	20.52	33.76	55.07	1:18.22	1:26.04	1:05.97	2:20.80	5:19.37	403
16.25	20.53	33.78	55.11	1:18.27	1:26.09	1:06.01	2:20.89	5:19.57	402
16.26	20.54	33.80	55.14	1:18.31	1:26.15	1:06.05	2:20.97	5:19.77	401

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
400	16.27	20.56	33.82	55.17	1:18.36	1:26.20	1:06.09	2:21.06	5:19.97
399	16.28	20.57	33.83	55.21	1:18.41	1:26.26	1:06.13	2:21.15	5:20.17
398	16.29	20.59	33.85	55.24	1:18.46	1:26.31	1:06.17	2:21.24	5:20.37
397	16.30	20.60	33.87	55.27	1:18.51	1:26.37	1:06.21	2:21.33	5:20.57
396	-	20.61	33.89	55.31	1:18.56	1:26.42	1:06.25	2:21.42	5:20.77
395	16.31	20.63	33.91	55.34	1:18.60	1:26.48	1:06.29	2:21.51	5:20.97
394	16.32	20.64	33.93	55.37	1:18.65	1:26.53	1:06.33	2:21.60	5:21.17
393	16.33	20.65	33.95	55.41	1:18.70	1:26.59	1:06.37	2:21.69	5:21.38
392	16.34	20.67	33.97	55.44	1:18.75	1:26.64	1:06.41	2:21.78	5:21.58
391	16.35	20.68	33.99	55.48	1:18.80	1:26.70	1:06.45	2:21.86	5:21.78
390	16.36	20.69	34.01	55.51	1:18.85	1:26.75	1:06.49	2:21.95	5:21.98
389	16.37	20.71	34.03	55.54	1:18.90	1:26.81	1:06.53	2:22.04	5:22.19
388	16.38	20.72	34.05	55.58	1:18.95	1:26.86	1:06.57	2:22.13	5:22.39
387	16.39	20.74	34.07	55.61	1:18.99	1:26.92	1:06.61	2:22.22	5:22.59
386	16.40	20.75	34.09	55.65	1:19.04	1:26.97	1:06.66	2:22.31	5:22.79
385	16.41	20.76	34.11	55.68	1:19.09	1:27.03	1:06.70	2:22.41	5:23.00
384	-	20.78	34.13	55.71	1:19.14	1:27.09	1:06.74	2:22.50	5:23.20
383	16.42	20.79	34.15	55.75	1:19.19	1:27.14	1:06.78	2:22.59	5:23.41
382	16.43	20.80	34.17	55.78	1:19.24	1:27.20	1:06.82	2:22.68	5:23.61
381	16.44	20.82	34.19	55.82	1:19.29	1:27.25	1:06.86	2:22.77	5:23.82
380	16.45	20.83	34.21	55.85	1:19.34	1:27.31	1:06.90	2:22.86	5:24.02
379	16.46	20.85	34.23	55.89	1:19.39	1:27.37	1:06.94	2:22.95	5:24.23
378	16.47	20.86	34.25	55.92	1:19.44	1:27.42	1:06.98	2:23.04	5:24.43
377	16.48	20.87	34.27	55.96	1:19.49	1:27.48	1:07.02	2:23.13	5:24.64
376	16.49	20.89	34.29	55.99	1:19.54	1:27.54	1:07.06	2:23.22	5:24.84
375	16.50	20.90	34.31	56.02	1:19.59	1:27.59	1:07.10	2:23.31	5:25.05
374	16.51	20.92	34.33	56.06	1:19.64	1:27.65	1:07.15	2:23.41	5:25.26
373	16.52	20.93	34.35	56.09	1:19.69	1:27.71	1:07.19	2:23.50	5:25.46
372	16.53	20.94	34.37	56.13	1:19.74	1:27.76	1:07.23	2:23.59	5:25.67
371	16.54	20.96	34.39	56.16	1:19.79	1:27.82	1:07.27	2:23.68	5:25.88
370	-	20.97	34.41	56.20	1:19.84	1:27.88	1:07.31	2:23.77	5:26.09
369	16.55	20.99	34.44	56.23	1:19.89	1:27.93	1:07.35	2:23.87	5:26.30
368	16.56	21.00	34.46	56.27	1:19.94	1:27.99	1:07.39	2:23.96	5:26.50
367	16.57	21.01	34.48	56.30	1:19.99	1:28.05	1:07.44	2:24.05	5:26.71
366	16.58	21.03	34.50	56.34	1:20.04	1:28.10	1:07.48	2:24.14	5:26.92
365	16.59	21.04	34.52	56.37	1:20.09	1:28.16	1:07.52	2:24.24	5:27.13
364	16.60	21.06	34.54	56.41	1:20.14	1:28.22	1:07.56	2:24.33	5:27.34
363	16.61	21.07	34.56	56.44	1:20.19	1:28.28	1:07.60	2:24.42	5:27.55
362	16.62	21.09	34.58	56.48	1:20.24	1:28.33	1:07.65	2:24.52	5:27.76
361	16.63	21.10	34.60	56.51	1:20.29	1:28.39	1:07.69	2:24.61	5:27.97
360	16.64	21.11	34.62	56.55	1:20.34	1:28.45	1:07.73	2:24.70	5:28.18
359	16.65	21.13	34.64	56.58	1:20.40	1:28.51	1:07.77	2:24.80	5:28.39
358	16.66	21.14	34.66	56.62	1:20.45	1:28.56	1:07.81	2:24.89	5:28.60
357	16.67	21.16	34.68	56.66	1:20.50	1:28.62	1:07.86	2:24.98	5:28.82
356	16.68	21.17	34.70	56.69	1:20.55	1:28.68	1:07.90	2:25.08	5:29.03
355	16.69	21.19	34.72	56.73	1:20.60	1:28.74	1:07.94	2:25.17	5:29.24
354	16.70	21.20	34.74	56.76	1:20.65	1:28.80	1:07.98	2:25.27	5:29.45
353	16.71	21.21	34.77	56.80	1:20.70	1:28.85	1:08.02	2:25.36	5:29.66
352	16.72	21.23	34.79	56.83	1:20.75	1:28.91	1:08.07	2:25.45	5:29.88
351	16.73	21.24	34.81	56.87	1:20.81	1:28.97	1:08.11	2:25.55	5:30.09

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
16.74	21.26	34.83	56.91	1:20.86	1:29.03	1:08.15	2:25.64	5:30.30	350
16.75	21.27	34.85	56.94	1:20.91	1:29.09	1:08.19	2:25.74	5:30.52	349
-	21.29	34.87	56.98	1:20.96	1:29.15	1:08.24	2:25.83	5:30.73	348
16.76	21.30	34.89	57.01	1:21.01	1:29.21	1:08.28	2:25.93	5:30.95	347
16.77	21.32	34.91	57.05	1:21.06	1:29.26	1:08.32	2:26.02	5:31.16	346
16.78	21.33	34.93	57.09	1:21.12	1:29.32	1:08.37	2:26.12	5:31.38	345
16.79	21.35	34.95	57.12	1:21.17	1:29.38	1:08.41	2:26.21	5:31.59	344
16.80	21.36	34.98	57.16	1:21.22	1:29.44	1:08.45	2:26.31	5:31.81	343
16.81	21.37	35.00	57.19	1:21.27	1:29.50	1:08.50	2:26.41	5:32.03	342
16.82	21.39	35.02	57.23	1:21.32	1:29.56	1:08.54	2:26.50	5:32.24	341
16.83	21.40	35.04	57.27	1:21.38	1:29.62	1:08.58	2:26.60	5:32.46	340
16.84	21.42	35.06	57.30	1:21.43	1:29.68	1:08.63	2:26.69	5:32.68	339
16.85	21.43	35.08	57.34	1:21.48	1:29.74	1:08.67	2:26.79	5:32.89	338
16.86	21.45	35.10	57.38	1:21.53	1:29.80	1:08.71	2:26.89	5:33.11	337
16.87	21.46	35.12	57.41	1:21.59	1:29.86	1:08.76	2:26.98	5:33.33	336
16.88	21.48	35.15	57.45	1:21.64	1:29.92	1:08.80	2:27.08	5:33.55	335
16.89	21.49	35.17	57.49	1:21.69	1:29.98	1:08.84	2:27.18	5:33.77	334
16.90	21.51	35.19	57.52	1:21.75	1:30.04	1:08.89	2:27.27	5:33.99	333
16.91	21.52	35.21	57.56	1:21.80	1:30.10	1:08.93	2:27.37	5:34.20	332
16.92	21.54	35.23	57.60	1:21.85	1:30.16	1:08.97	2:27.47	5:34.42	331
16.93	21.55	35.25	57.63	1:21.90	1:30.22	1:09.02	2:27.57	5:34.64	330
16.94	21.57	35.27	57.67	1:21.96	1:30.28	1:09.06	2:27.66	5:34.86	329
16.95	21.58	35.30	57.71	1:22.01	1:30.34	1:09.11	2:27.76	5:35.09	328
16.96	21.60	35.32	57.74	1:22.06	1:30.40	1:09.15	2:27.86	5:35.31	327
16.97	21.61	35.34	57.78	1:22.12	1:30.46	1:09.19	2:27.96	5:35.53	326
16.98	21.63	35.36	57.82	1:22.17	1:30.52	1:09.24	2:28.06	5:35.75	325
16.99	21.64	35.38	57.86	1:22.22	1:30.58	1:09.28	2:28.16	5:35.97	324
17.00	21.66	35.41	57.89	1:22.28	1:30.64	1:09.33	2:28.25	5:36.19	323
17.01	21.67	35.43	57.93	1:22.33	1:30.70	1:09.37	2:28.35	5:36.42	322
17.02	21.69	35.45	57.97	1:22.39	1:30.76	1:09.42	2:28.45	5:36.64	321
17.03	21.70	35.47	58.00	1:22.44	1:30.83	1:09.46	2:28.55	5:36.86	320
17.04	21.72	35.49	58.04	1:22.49	1:30.89	1:09.50	2:28.65	5:37.09	319
17.05	21.73	35.51	58.08	1:22.55	1:30.95	1:09.55	2:28.75	5:37.31	318
17.06	21.75	35.54	58.12	1:22.60	1:31.01	1:09.59	2:28.85	5:37.54	317
17.07	21.76	35.56	58.16	1:22.66	1:31.07	1:09.64	2:28.95	5:37.76	316
17.08	21.78	35.58	58.19	1:22.71	1:31.13	1:09.68	2:29.05	5:37.99	315
17.09	21.79	35.60	58.23	1:22.77	1:31.19	1:09.73	2:29.15	5:38.21	314
17.10	21.81	35.62	58.27	1:22.82	1:31.26	1:09.77	2:29.25	5:38.44	313
17.11	21.82	35.65	58.31	1:22.87	1:31.32	1:09.82	2:29.35	5:38.66	312
17.12	21.84	35.67	58.34	1:22.93	1:31.38	1:09.86	2:29.45	5:38.89	311
17.13	21.85	35.69	58.38	1:22.98	1:31.44	1:09.91	2:29.55	5:39.12	310
17.14	21.87	35.71	58.42	1:23.04	1:31.50	1:09.95	2:29.65	5:39.35	309
17.15	21.89	35.74	58.46	1:23.09	1:31.57	1:10.00	2:29.75	5:39.57	308
17.16	21.90	35.76	58.50	1:23.15	1:31.63	1:10.05	2:29.85	5:39.80	307
17.17	21.92	35.78	58.54	1:23.20	1:31.69	1:10.09	2:29.95	5:40.03	306
17.18	21.93	35.80	58.57	1:23.26	1:31.75	1:10.14	2:30.06	5:40.26	305
17.20	21.95	35.83	58.61	1:23.32	1:31.82	1:10.18	2:30.16	5:40.49	304
17.21	21.96	35.85	58.65	1:23.37	1:31.88	1:10.23	2:30.26	5:40.72	303
17.22	21.98	35.87	58.69	1:23.43	1:31.94	1:10.27	2:30.36	5:40.95	302
17.23	21.99	35.89	58.73	1:23.48	1:32.01	1:10.32	2:30.46	5:41.18	301

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
300	17.24	22.01	35.92	58.77	1:23.54	1:32.07	1:10.37	2:30.57	5:41.41
299	17.25	22.03	35.94	58.81	1:23.59	1:32.13	1:10.41	2:30.67	5:41.64
298	17.26	22.04	35.96	58.84	1:23.65	1:32.20	1:10.46	2:30.77	5:41.87
297	17.27	22.06	35.98	58.88	1:23.71	1:32.26	1:10.50	2:30.87	5:42.10
296	17.28	22.07	36.01	58.92	1:23.76	1:32.32	1:10.55	2:30.98	5:42.34
295	17.29	22.09	36.03	58.96	1:23.82	1:32.39	1:10.60	2:31.08	5:42.57
294	17.30	22.10	36.05	59.00	1:23.87	1:32.45	1:10.64	2:31.18	5:42.80
293	17.31	22.12	36.08	59.04	1:23.93	1:32.51	1:10.69	2:31.29	5:43.04
292	17.32	22.14	36.10	59.08	1:23.99	1:32.58	1:10.74	2:31.39	5:43.27
291	17.33	22.15	36.12	59.12	1:24.04	1:32.64	1:10.78	2:31.49	5:43.50
290	17.34	22.17	36.14	59.16	1:24.10	1:32.71	1:10.83	2:31.60	5:43.74
289	17.35	22.18	36.17	59.20	1:24.16	1:32.77	1:10.88	2:31.70	5:43.97
288	17.36	22.20	36.19	59.24	1:24.21	1:32.84	1:10.92	2:31.81	5:44.21
287	17.37	22.22	36.21	59.28	1:24.27	1:32.90	1:10.97	2:31.91	5:44.44
286	17.38	22.23	36.24	59.31	1:24.33	1:32.96	1:11.02	2:32.02	5:44.68
285	17.40	22.25	36.26	59.35	1:24.38	1:33.03	1:11.07	2:32.12	5:44.92
284	17.41	22.26	36.28	59.39	1:24.44	1:33.09	1:11.11	2:32.23	5:45.16
283	17.42	22.28	36.31	59.43	1:24.50	1:33.16	1:11.16	2:32.33	5:45.39
282	17.43	22.30	36.33	59.47	1:24.56	1:33.22	1:11.21	2:32.44	5:45.63
281	17.44	22.31	36.35	59.51	1:24.61	1:33.29	1:11.26	2:32.54	5:45.87
280	17.45	22.33	36.38	59.55	1:24.67	1:33.35	1:11.30	2:32.65	5:46.11
279	17.46	22.34	36.40	59.59	1:24.73	1:33.42	1:11.35	2:32.75	5:46.35
278	17.47	22.36	36.42	59.63	1:24.79	1:33.49	1:11.40	2:32.86	5:46.59
277	17.48	22.38	36.45	59.67	1:24.85	1:33.55	1:11.45	2:32.97	5:46.83
276	17.49	22.39	36.47	59.71	1:24.90	1:33.62	1:11.49	2:33.07	5:47.07
275	17.50	22.41	36.49	59.76	1:24.96	1:33.68	1:11.54	2:33.18	5:47.31
274	17.51	22.43	36.52	59.80	1:25.02	1:33.75	1:11.59	2:33.29	5:47.55
273	17.53	22.44	36.54	59.84	1:25.08	1:33.82	1:11.64	2:33.39	5:47.79
272	17.54	22.46	36.57	59.88	1:25.14	1:33.88	1:11.69	2:33.50	5:48.03
271	17.55	22.48	36.59	59.92	1:25.20	1:33.95	1:11.74	2:33.61	5:48.28
270	17.56	22.49	36.61	59.96	1:25.25	1:34.02	1:11.78	2:33.72	5:48.52
269	17.57	22.51	36.64	1:00.00	1:25.31	1:34.08	1:11.83	2:33.83	5:48.76
268	17.58	22.52	36.66	1:00.04	1:25.37	1:34.15	1:11.88	2:33.93	5:49.01
267	17.59	22.54	36.68	1:00.08	1:25.43	1:34.22	1:11.93	2:34.04	5:49.25
266	17.60	22.56	36.71	1:00.12	1:25.49	1:34.28	1:11.98	2:34.15	5:49.50
265	17.61	22.57	36.73	1:00.16	1:25.55	1:34.35	1:12.03	2:34.26	5:49.74
264	17.62	22.59	36.76	1:00.20	1:25.61	1:34.42	1:12.08	2:34.37	5:49.99
263	17.64	22.61	36.78	1:00.25	1:25.67	1:34.48	1:12.13	2:34.48	5:50.24
262	17.65	22.62	36.81	1:00.29	1:25.73	1:34.55	1:12.18	2:34.59	5:50.48
261	17.66	22.64	36.83	1:00.33	1:25.79	1:34.62	1:12.22	2:34.70	5:50.73
260	17.67	22.66	36.85	1:00.37	1:25.85	1:34.69	1:12.27	2:34.81	5:50.98
259	17.68	22.67	36.88	1:00.41	1:25.91	1:34.76	1:12.32	2:34.92	5:51.23
258	17.69	22.69	36.90	1:00.45	1:25.97	1:34.82	1:12.37	2:35.03	5:51.48
257	17.70	22.71	36.93	1:00.50	1:26.03	1:34.89	1:12.42	2:35.14	5:51.72
256	17.71	22.73	36.95	1:00.54	1:26.09	1:34.96	1:12.47	2:35.25	5:51.97
255	17.73	22.74	36.98	1:00.58	1:26.15	1:35.03	1:12.52	2:35.36	5:52.22
254	17.74	22.76	37.00	1:00.62	1:26.21	1:35.10	1:12.57	2:35.47	5:52.48
253	17.75	22.78	37.02	1:00.66	1:26.27	1:35.17	1:12.62	2:35.58	5:52.73
252	17.76	22.79	37.05	1:00.71	1:26.33	1:35.24	1:12.67	2:35.69	5:52.98
251	17.77	22.81	37.07	1:00.75	1:26.39	1:35.30	1:12.72	2:35.81	5:53.23

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
17.78	22.83	37.10	1:00.79	1:26.45	1:35.37	1:12.77	2:35.92	5:53.48	250
17.79	22.84	37.12	1:00.83	1:26.51	1:35.44	1:12.82	2:36.03	5:53.74	249
17.81	22.86	37.15	1:00.88	1:26.58	1:35.51	1:12.87	2:36.14	5:53.99	248
17.82	22.88	37.17	1:00.92	1:26.64	1:35.58	1:12.93	2:36.26	5:54.25	247
17.83	22.90	37.20	1:00.96	1:26.70	1:35.65	1:12.98	2:36.37	5:54.50	246
17.84	22.91	37.22	1:01.00	1:26.76	1:35.72	1:13.03	2:36.48	5:54.76	245
17.85	22.93	37.25	1:01.05	1:26.82	1:35.79	1:13.08	2:36.59	5:55.01	244
17.86	22.95	37.27	1:01.09	1:26.88	1:35.86	1:13.13	2:36.71	5:55.27	243
17.87	22.97	37.30	1:01.13	1:26.95	1:35.93	1:13.18	2:36.82	5:55.52	242
17.89	22.98	37.32	1:01.18	1:27.01	1:36.00	1:13.23	2:36.94	5:55.78	241
17.90	23.00	37.35	1:01.22	1:27.07	1:36.07	1:13.28	2:37.05	5:56.04	240
17.91	23.02	37.37	1:01.26	1:27.13	1:36.14	1:13.33	2:37.17	5:56.30	239
17.92	23.04	37.40	1:01.31	1:27.19	1:36.21	1:13.39	2:37.28	5:56.56	238
17.93	23.05	37.43	1:01.35	1:27.26	1:36.29	1:13.44	2:37.40	5:56.82	237
17.94	23.07	37.45	1:01.39	1:27.32	1:36.36	1:13.49	2:37.51	5:57.08	236
17.96	23.09	37.48	1:01.44	1:27.38	1:36.43	1:13.54	2:37.63	5:57.34	235
17.97	23.11	37.50	1:01.48	1:27.45	1:36.50	1:13.59	2:37.74	5:57.60	234
17.98	23.12	37.53	1:01.52	1:27.51	1:36.57	1:13.65	2:37.86	5:57.86	233
17.99	23.14	37.55	1:01.57	1:27.57	1:36.64	1:13.70	2:37.97	5:58.12	232
18.00	23.16	37.58	1:01.61	1:27.64	1:36.72	1:13.75	2:38.09	5:58.39	231
18.02	23.18	37.61	1:01.66	1:27.70	1:36.79	1:13.80	2:38.21	5:58.65	230
18.03	23.20	37.63	1:01.70	1:27.76	1:36.86	1:13.86	2:38.32	5:58.91	229
18.04	23.21	37.66	1:01.74	1:27.83	1:36.93	1:13.91	2:38.44	5:59.18	228
18.05	23.23	37.68	1:01.79	1:27.89	1:37.00	1:13.96	2:38.56	5:59.44	227
18.06	23.25	37.71	1:01.83	1:27.96	1:37.08	1:14.01	2:38.68	5:59.71	226
18.08	23.27	37.74	1:01.88	1:28.02	1:37.15	1:14.07	2:38.80	5:59.98	225
18.09	23.29	37.76	1:01.92	1:28.08	1:37.22	1:14.12	2:38.91	6:00.24	224
18.10	23.30	37.79	1:01.97	1:28.15	1:37.30	1:14.17	2:39.03	6:00.51	223
18.11	23.32	37.81	1:02.01	1:28.21	1:37.37	1:14.23	2:39.15	6:00.78	222
18.12	23.34	37.84	1:02.06	1:28.28	1:37.44	1:14.28	2:39.27	6:01.05	221
18.14	23.36	37.87	1:02.10	1:28.34	1:37.52	1:14.33	2:39.39	6:01.32	220
18.15	23.38	37.89	1:02.15	1:28.41	1:37.59	1:14.39	2:39.51	6:01.59	219
18.16	23.39	37.92	1:02.19	1:28.47	1:37.67	1:14.44	2:39.63	6:01.86	218
18.17	23.41	37.95	1:02.24	1:28.54	1:37.74	1:14.50	2:39.75	6:02.13	217
18.18	23.43	37.97	1:02.28	1:28.61	1:37.81	1:14.55	2:39.87	6:02.40	216
18.20	23.45	38.00	1:02.33	1:28.67	1:37.89	1:14.61	2:39.99	6:02.67	215
18.21	23.47	38.03	1:02.38	1:28.74	1:37.96	1:14.66	2:40.11	6:02.95	214
18.22	23.49	38.05	1:02.42	1:28.80	1:38.04	1:14.71	2:40.23	6:03.22	213
18.23	23.51	38.08	1:02.47	1:28.87	1:38.11	1:14.77	2:40.36	6:03.49	212
18.25	23.52	38.11	1:02.51	1:28.94	1:38.19	1:14.82	2:40.48	6:03.77	211
18.26	23.54	38.13	1:02.56	1:29.00	1:38.26	1:14.88	2:40.60	6:04.05	210
18.27	23.56	38.16	1:02.61	1:29.07	1:38.34	1:14.93	2:40.72	6:04.32	209
18.28	23.58	38.19	1:02.65	1:29.14	1:38.42	1:14.99	2:40.84	6:04.60	208
18.30	23.60	38.22	1:02.70	1:29.20	1:38.49	1:15.04	2:40.97	6:04.88	207
18.31	23.62	38.24	1:02.75	1:29.27	1:38.57	1:15.10	2:41.09	6:05.16	206
18.32	23.64	38.27	1:02.79	1:29.34	1:38.64	1:15.16	2:41.21	6:05.43	205
18.33	23.66	38.30	1:02.84	1:29.41	1:38.72	1:15.21	2:41.34	6:05.71	204
18.35	23.67	38.32	1:02.89	1:29.47	1:38.80	1:15.27	2:41.46	6:05.99	203
18.36	23.69	38.35	1:02.93	1:29.54	1:38.87	1:15.32	2:41.59	6:06.28	202
18.37	23.71	38.38	1:02.98	1:29.61	1:38.95	1:15.38	2:41.71	6:06.56	201

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
200	18.39	23.73	38.41	1:03.03	1:29.68	1:39.03	1:15.44	2:41.84	6:06.84
199	18.40	23.75	38.44	1:03.08	1:29.75	1:39.11	1:15.49	2:41.96	6:07.12
198	18.41	23.77	38.46	1:03.12	1:29.81	1:39.18	1:15.55	2:42.09	6:07.41
197	18.42	23.79	38.49	1:03.17	1:29.88	1:39.26	1:15.61	2:42.22	6:07.69
196	18.44	23.81	38.52	1:03.22	1:29.95	1:39.34	1:15.66	2:42.34	6:07.98
195	18.45	23.83	38.55	1:03.27	1:30.02	1:39.42	1:15.72	2:42.47	6:08.26
194	18.46	23.85	38.58	1:03.32	1:30.09	1:39.50	1:15.78	2:42.60	6:08.55
193	18.48	23.87	38.60	1:03.36	1:30.16	1:39.58	1:15.83	2:42.72	6:08.84
192	18.49	23.89	38.63	1:03.41	1:30.23	1:39.65	1:15.89	2:42.85	6:09.13
191	18.50	23.91	38.66	1:03.46	1:30.30	1:39.73	1:15.95	2:42.98	6:09.42
190	18.51	23.93	38.69	1:03.51	1:30.37	1:39.81	1:16.01	2:43.11	6:09.70
189	18.53	23.95	38.72	1:03.56	1:30.44	1:39.89	1:16.07	2:43.24	6:10.00
188	18.54	23.97	38.75	1:03.61	1:30.51	1:39.97	1:16.12	2:43.37	6:10.29
187	18.55	23.99	38.77	1:03.66	1:30.58	1:40.05	1:16.18	2:43.50	6:10.58
186	18.57	24.01	38.80	1:03.70	1:30.65	1:40.13	1:16.24	2:43.63	6:10.87
185	18.58	24.03	38.83	1:03.75	1:30.72	1:40.21	1:16.30	2:43.76	6:11.17
184	18.59	24.05	38.86	1:03.80	1:30.79	1:40.29	1:16.36	2:43.89	6:11.46
183	18.61	24.07	38.89	1:03.85	1:30.86	1:40.37	1:16.42	2:44.02	6:11.76
182	18.62	24.09	38.92	1:03.90	1:30.94	1:40.45	1:16.48	2:44.15	6:12.05
181	18.63	24.11	38.95	1:03.95	1:31.01	1:40.54	1:16.53	2:44.28	6:12.35
180	18.65	24.13	38.98	1:04.00	1:31.08	1:40.62	1:16.59	2:44.41	6:12.65
179	18.66	24.15	39.01	1:04.05	1:31.15	1:40.70	1:16.65	2:44.54	6:12.95
178	18.67	24.17	39.04	1:04.10	1:31.22	1:40.78	1:16.71	2:44.68	6:13.24
177	18.69	24.19	39.06	1:04.15	1:31.30	1:40.86	1:16.77	2:44.81	6:13.54
176	18.70	24.21	39.09	1:04.20	1:31.37	1:40.95	1:16.83	2:44.94	6:13.85
175	18.72	24.23	39.12	1:04.25	1:31.44	1:41.03	1:16.89	2:45.08	6:14.15
174	18.73	24.25	39.15	1:04.30	1:31.51	1:41.11	1:16.95	2:45.21	6:14.45
173	18.74	24.27	39.18	1:04.36	1:31.59	1:41.19	1:17.01	2:45.35	6:14.75
172	18.76	24.29	39.21	1:04.41	1:31.66	1:41.28	1:17.07	2:45.48	6:15.06
171	18.77	24.31	39.24	1:04.46	1:31.74	1:41.36	1:17.14	2:45.62	6:15.36
170	18.78	24.33	39.27	1:04.51	1:31.81	1:41.45	1:17.20	2:45.75	6:15.67
169	18.80	24.35	39.30	1:04.56	1:31.88	1:41.53	1:17.26	2:45.89	6:15.98
168	18.81	24.37	39.33	1:04.61	1:31.96	1:41.61	1:17.32	2:46.03	6:16.29
167	18.83	24.39	39.36	1:04.66	1:32.03	1:41.70	1:17.38	2:46.16	6:16.60
166	18.84	24.41	39.39	1:04.72	1:32.11	1:41.78	1:17.44	2:46.30	6:16.91
165	18.85	24.43	39.42	1:04.77	1:32.18	1:41.87	1:17.50	2:46.44	6:17.22
164	18.87	24.46	39.46	1:04.82	1:32.26	1:41.95	1:17.57	2:46.58	6:17.53
163	18.88	24.48	39.49	1:04.87	1:32.33	1:42.04	1:17.63	2:46.71	6:17.84
162	18.90	24.50	39.52	1:04.93	1:32.41	1:42.13	1:17.69	2:46.85	6:18.16
161	18.91	24.52	39.55	1:04.98	1:32.48	1:42.21	1:17.75	2:46.99	6:18.47
160	18.92	24.54	39.58	1:05.03	1:32.56	1:42.30	1:17.82	2:47.13	6:18.79
159	18.94	24.56	39.61	1:05.08	1:32.64	1:42.38	1:17.88	2:47.27	6:19.10
158	18.95	24.58	39.64	1:05.14	1:32.71	1:42.47	1:17.94	2:47.41	6:19.42
157	18.97	24.61	39.67	1:05.19	1:32.79	1:42.56	1:18.01	2:47.56	6:19.74
156	18.98	24.63	39.70	1:05.24	1:32.87	1:42.65	1:18.07	2:47.70	6:20.06
155	19.00	24.65	39.73	1:05.30	1:32.95	1:42.73	1:18.14	2:47.84	6:20.38
154	19.01	24.67	39.77	1:05.35	1:33.02	1:42.82	1:18.20	2:47.98	6:20.70
153	19.03	24.69	39.80	1:05.41	1:33.10	1:42.91	1:18.26	2:48.13	6:21.02
152	19.04	24.71	39.83	1:05.46	1:33.18	1:43.00	1:18.33	2:48.27	6:21.35
151	19.06	24.74	39.86	1:05.52	1:33.26	1:43.09	1:18.39	2:48.41	6:21.67

100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
19.07	24.76	39.89	1:05.57	1:33.34	1:43.18	1:18.46	2:48.56	6:22.00	150
19.08	24.78	39.93	1:05.62	1:33.42	1:43.27	1:18.52	2:48.70	6:22.33	149
19.10	24.80	39.96	1:05.68	1:33.50	1:43.36	1:18.59	2:48.85	6:22.66	148
19.11	24.83	39.99	1:05.73	1:33.57	1:43.45	1:18.65	2:48.99	6:22.98	147
19.13	24.85	40.02	1:05.79	1:33.65	1:43.54	1:18.72	2:49.14	6:23.32	146
19.14	24.87	40.05	1:05.85	1:33.73	1:43.63	1:18.79	2:49.29	6:23.65	145
19.16	24.89	40.09	1:05.90	1:33.81	1:43.72	1:18.85	2:49.44	6:23.98	144
19.17	24.92	40.12	1:05.96	1:33.90	1:43.81	1:18.92	2:49.58	6:24.31	143
19.19	24.94	40.15	1:06.01	1:33.98	1:43.90	1:18.99	2:49.73	6:24.65	142
19.20	24.96	40.19	1:06.07	1:34.06	1:43.99	1:19.05	2:49.88	6:24.99	141
19.22	24.98	40.22	1:06.13	1:34.14	1:44.09	1:19.12	2:50.03	6:25.32	140
19.24	25.01	40.25	1:06.18	1:34.22	1:44.18	1:19.19	2:50.18	6:25.66	139
19.25	25.03	40.29	1:06.24	1:34.30	1:44.27	1:19.26	2:50.33	6:26.00	138
19.27	25.05	40.32	1:06.30	1:34.39	1:44.37	1:19.32	2:50.48	6:26.34	137
19.28	25.08	40.35	1:06.36	1:34.47	1:44.46	1:19.39	2:50.63	6:26.68	136
19.30	25.10	40.39	1:06.41	1:34.55	1:44.55	1:19.46	2:50.79	6:27.03	135
19.31	25.12	40.42	1:06.47	1:34.63	1:44.65	1:19.53	2:50.94	6:27.37	134
19.33	25.15	40.45	1:06.53	1:34.72	1:44.74	1:19.60	2:51.09	6:27.72	133
19.34	25.17	40.49	1:06.59	1:34.80	1:44.84	1:19.67	2:51.25	6:28.07	132
19.36	25.19	40.52	1:06.65	1:34.89	1:44.93	1:19.74	2:51.40	6:28.42	131
19.38	25.22	40.56	1:06.70	1:34.97	1:45.03	1:19.81	2:51.56	6:28.77	130
19.39	25.24	40.59	1:06.76	1:35.06	1:45.13	1:19.88	2:51.71	6:29.12	129
19.41	25.26	40.63	1:06.82	1:35.14	1:45.22	1:19.95	2:51.87	6:29.47	128
19.42	25.29	40.66	1:06.88	1:35.23	1:45.32	1:20.02	2:52.03	6:29.83	127
19.44	25.31	40.69	1:06.94	1:35.31	1:45.42	1:20.09	2:52.18	6:30.18	126
19.46	25.34	40.73	1:07.00	1:35.40	1:45.51	1:20.16	2:52.34	6:30.54	125
19.47	25.36	40.76	1:07.06	1:35.48	1:45.61	1:20.23	2:52.50	6:30.90	124
19.49	25.39	40.80	1:07.12	1:35.57	1:45.71	1:20.30	2:52.66	6:31.26	123
19.50	25.41	40.84	1:07.18	1:35.66	1:45.81	1:20.38	2:52.82	6:31.62	122
19.52	25.43	40.87	1:07.24	1:35.75	1:45.91	1:20.45	2:52.98	6:31.98	121
19.54	25.46	40.91	1:07.30	1:35.83	1:46.01	1:20.52	2:53.14	6:32.35	120
19.55	25.48	40.94	1:07.37	1:35.92	1:46.11	1:20.59	2:53.31	6:32.71	119
19.57	25.51	40.98	1:07.43	1:36.01	1:46.21	1:20.67	2:53.47	6:33.08	118
19.59	25.53	41.01	1:07.49	1:36.10	1:46.31	1:20.74	2:53.63	6:33.45	117
19.60	25.56	41.05	1:07.55	1:36.19	1:46.41	1:20.81	2:53.80	6:33.82	116
19.62	25.58	41.09	1:07.61	1:36.28	1:46.51	1:20.89	2:53.96	6:34.19	115
19.64	25.61	41.12	1:07.68	1:36.37	1:46.62	1:20.96	2:54.13	6:34.56	114
19.65	25.64	41.16	1:07.74	1:36.46	1:46.72	1:21.04	2:54.29	6:34.94	113
19.67	25.66	41.20	1:07.80	1:36.55	1:46.82	1:21.11	2:54.46	6:35.32	112
19.69	25.69	41.24	1:07.87	1:36.64	1:46.93	1:21.19	2:54.63	6:35.70	111
19.71	25.71	41.27	1:07.93	1:36.74	1:47.03	1:21.26	2:54.80	6:36.08	110
19.72	25.74	41.31	1:07.99	1:36.83	1:47.13	1:21.34	2:54.97	6:36.46	109
19.74	25.76	41.35	1:08.06	1:36.92	1:47.24	1:21.42	2:55.14	6:36.84	108
19.76	25.79	41.39	1:08.12	1:37.01	1:47.34	1:21.49	2:55.31	6:37.23	107
19.78	25.82	41.42	1:08.19	1:37.11	1:47.45	1:21.57	2:55.48	6:37.62	106
19.79	25.84	41.46	1:08.25	1:37.20	1:47.56	1:21.65	2:55.65	6:38.01	105
19.81	25.87	41.50	1:08.32	1:37.30	1:47.66	1:21.73	2:55.83	6:38.40	104
19.83	25.90	41.54	1:08.38	1:37.39	1:47.77	1:21.81	2:56.00	6:38.79	103
19.85	25.92	41.58	1:08.45	1:37.49	1:47.88	1:21.88	2:56.18	6:39.19	102
19.86	25.95	41.62	1:08.52	1:37.58	1:47.99	1:21.96	2:56.35	6:39.58	101

Points	100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m
100	19.88	25.98	41.66	1:08.58	1:37.68	1:48.10	1:22.04	2:56.53	6:39.98
99	19.90	26.00	41.69	1:08.65	1:37.78	1:48.21	1:22.12	2:56.71	6:40.38
98	19.92	26.03	41.73	1:08.72	1:37.87	1:48.32	1:22.20	2:56.89	6:40.79
97	19.94	26.06	41.77	1:08.79	1:37.97	1:48.43	1:22.28	2:57.06	6:41.19
96	19.95	26.09	41.81	1:08.85	1:38.07	1:48.54	1:22.37	2:57.25	6:41.60
95	19.97	26.11	41.85	1:08.92	1:38.17	1:48.65	1:22.45	2:57.43	6:42.01
94	19.99	26.14	41.89	1:08.99	1:38.27	1:48.77	1:22.53	2:57.61	6:42.42
93	20.01	26.17	41.93	1:09.06	1:38.37	1:48.88	1:22.61	2:57.79	6:42.83
92	20.03	26.20	41.98	1:09.13	1:38.47	1:48.99	1:22.69	2:57.98	6:43.25
91	20.05	26.23	42.02	1:09.20	1:38.57	1:49.11	1:22.78	2:58.16	6:43.67
90	20.07	26.25	42.06	1:09.27	1:38.67	1:49.22	1:22.86	2:58.35	6:44.09
89	20.09	26.28	42.10	1:09.34	1:38.77	1:49.34	1:22.95	2:58.54	6:44.51
88	20.11	26.31	42.14	1:09.41	1:38.87	1:49.45	1:23.03	2:58.72	6:44.94
87	20.12	26.34	42.18	1:09.49	1:38.98	1:49.57	1:23.12	2:58.91	6:45.36
86	20.14	26.37	42.22	1:09.56	1:39.08	1:49.69	1:23.20	2:59.10	6:45.79
85	20.16	26.40	42.27	1:09.63	1:39.19	1:49.81	1:23.29	2:59.30	6:46.23
84	20.18	26.43	42.31	1:09.70	1:39.29	1:49.93	1:23.38	2:59.49	6:46.66
83	20.20	26.46	42.35	1:09.78	1:39.40	1:50.05	1:23.46	2:59.68	6:47.10
82	20.22	26.49	42.40	1:09.85	1:39.50	1:50.17	1:23.55	2:59.88	6:47.54
81	20.24	26.52	42.44	1:09.93	1:39.61	1:50.29	1:23.64	3:00.08	6:47.98
80	20.26	26.55	42.48	1:10.00	1:39.72	1:50.41	1:23.73	3:00.27	6:48.43
79	20.28	26.58	42.53	1:10.08	1:39.83	1:50.53	1:23.82	3:00.47	6:48.88
78	20.30	26.61	42.57	1:10.15	1:39.93	1:50.66	1:23.91	3:00.67	6:49.33
77	20.32	26.64	42.62	1:10.23	1:40.04	1:50.78	1:24.00	3:00.87	6:49.78
76	20.35	26.67	42.66	1:10.30	1:40.16	1:50.91	1:24.09	3:01.08	6:50.24
75	20.37	26.70	42.71	1:10.38	1:40.27	1:51.03	1:24.18	3:01.28	6:50.70
74	20.39	26.73	42.75	1:10.46	1:40.38	1:51.16	1:24.27	3:01.49	6:51.17
73	20.41	26.77	42.80	1:10.54	1:40.49	1:51.29	1:24.37	3:01.69	6:51.63
72	20.43	26.80	42.84	1:10.62	1:40.60	1:51.42	1:24.46	3:01.90	6:52.10
71	20.45	26.83	42.89	1:10.69	1:40.72	1:51.54	1:24.55	3:02.11	6:52.58
70	20.47	26.86	42.94	1:10.77	1:40.83	1:51.67	1:24.65	3:02.32	6:53.05
69	20.49	26.89	42.98	1:10.85	1:40.95	1:51.81	1:24.74	3:02.53	6:53.53
68	20.52	26.93	43.03	1:10.94	1:41.07	1:51.94	1:24.84	3:02.75	6:54.01
67	20.54	26.96	43.08	1:11.02	1:41.18	1:52.07	1:24.94	3:02.96	6:54.50
66	20.56	26.99	43.13	1:11.10	1:41.30	1:52.21	1:25.04	3:03.18	6:54.99
65	20.58	27.03	43.17	1:11.18	1:41.42	1:52.34	1:25.13	3:03.40	6:55.49
64	20.60	27.06	43.22	1:11.27	1:41.54	1:52.48	1:25.23	3:03.62	6:55.98
63	20.63	27.09	43.27	1:11.35	1:41.66	1:52.62	1:25.33	3:03.84	6:56.49
62	20.65	27.13	43.32	1:11.44	1:41.79	1:52.75	1:25.43	3:04.07	6:56.99
61	20.67	27.16	43.37	1:11.52	1:41.91	1:52.89	1:25.54	3:04.29	6:57.50
60	20.70	27.20	43.42	1:11.61	1:42.03	1:53.03	1:25.64	3:04.52	6:58.02
59	20.72	27.23	43.47	1:11.69	1:42.16	1:53.18	1:25.74	3:04.75	6:58.54
58	20.74	27.27	43.52	1:11.78	1:42.28	1:53.32	1:25.85	3:04.98	6:59.06
57	20.77	27.30	43.58	1:11.87	1:42.41	1:53.46	1:25.95	3:05.22	6:59.59
56	20.79	27.34	43.63	1:11.96	1:42.54	1:53.61	1:26.06	3:05.45	7:00.12
55	20.82	27.38	43.68	1:12.05	1:42.67	1:53.76	1:26.16	3:05.69	7:00.66
54	20.84	27.41	43.73	1:12.14	1:42.80	1:53.90	1:26.27	3:05.93	7:01.20
53	20.86	27.45	43.79	1:12.23	1:42.93	1:54.05	1:26.38	3:06.18	7:01.74
52	20.89	27.49	43.84	1:12.32	1:43.07	1:54.21	1:26.49	3:06.42	7:02.30
51	20.91	27.53	43.90	1:12.42	1:43.20	1:54.36	1:26.60	3:06.67	7:02.85



100m	100mH	200m	300m	400m	400mH	4x100m	4x200m	4x400m	Points
20.94	27.56	43.95	1:12.51	1:43.34	1:54.51	1:26.72	3:06.92	7:03.42	50
20.97	27.60	44.01	1:12.61	1:43.47	1:54.67	1:26.83	3:07.17	7:03.99	49
20.99	27.64	44.06	1:12.70	1:43.61	1:54.82	1:26.94	3:07.42	7:04.56	48
21.02	27.68	44.12	1:12.80	1:43.75	1:54.98	1:27.06	3:07.68	7:05.14	47
21.04	27.72	44.18	1:12.90	1:43.89	1:55.14	1:27.18	3:07.94	7:05.73	46
21.07	27.76	44.24	1:13.00	1:44.04	1:55.31	1:27.29	3:08.20	7:06.32	45
21.10	27.80	44.29	1:13.10	1:44.18	1:55.47	1:27.41	3:08.47	7:06.92	44
21.13	27.84	44.35	1:13.20	1:44.33	1:55.64	1:27.53	3:08.74	7:07.53	43
21.15	27.88	44.41	1:13.30	1:44.48	1:55.80	1:27.66	3:09.01	7:08.14	42
21.18	27.93	44.48	1:13.41	1:44.63	1:55.97	1:27.78	3:09.29	7:08.76	41
21.21	27.97	44.54	1:13.51	1:44.78	1:56.15	1:27.91	3:09.56	7:09.39	40
21.24	28.01	44.60	1:13.62	1:44.93	1:56.32	1:28.03	3:09.85	7:10.03	39
21.27	28.05	44.66	1:13.73	1:45.09	1:56.50	1:28.16	3:10.13	7:10.67	38
21.30	28.10	44.73	1:13.84	1:45.25	1:56.68	1:28.29	3:10.42	7:11.33	37
21.33	28.14	44.79	1:13.95	1:45.40	1:56.86	1:28.42	3:10.72	7:11.99	36
21.36	28.19	44.86	1:14.06	1:45.57	1:57.04	1:28.56	3:11.01	7:12.66	35
21.39	28.24	44.92	1:14.18	1:45.73	1:57.23	1:28.69	3:11.31	7:13.34	34
21.42	28.28	44.99	1:14.29	1:45.90	1:57.42	1:28.83	3:11.62	7:14.03	33
21.45	28.33	45.06	1:14.41	1:46.07	1:57.61	1:28.97	3:11.93	7:14.73	32
21.48	28.38	45.13	1:14.53	1:46.24	1:57.80	1:29.11	3:12.25	7:15.45	31
21.52	28.43	45.20	1:14.65	1:46.41	1:58.00	1:29.26	3:12.57	7:16.17	30
21.55	28.48	45.27	1:14.77	1:46.59	1:58.20	1:29.40	3:12.90	7:16.91	29
21.58	28.53	45.35	1:14.90	1:46.77	1:58.41	1:29.55	3:13.23	7:17.66	28
21.62	28.58	45.42	1:15.03	1:46.96	1:58.62	1:29.71	3:13.57	7:18.42	27
21.65	28.63	45.50	1:15.16	1:47.15	1:58.83	1:29.86	3:13.91	7:19.20	26
21.69	28.69	45.58	1:15.29	1:47.34	1:59.05	1:30.02	3:14.26	7:19.99	25
21.72	28.74	45.65	1:15.42	1:47.53	1:59.27	1:30.18	3:14.62	7:20.80	24
21.76	28.80	45.74	1:15.56	1:47.73	1:59.49	1:30.34	3:14.99	7:21.62	23
21.80	28.85	45.82	1:15.70	1:47.93	1:59.72	1:30.51	3:15.36	7:22.47	22
21.84	28.91	45.90	1:15.85	1:48.14	1:59.96	1:30.69	3:15.74	7:23.33	21
21.88	28.97	45.99	1:16.00	1:48.36	2:00.20	1:30.86	3:16.13	7:24.21	20
21.92	29.03	46.08	1:16.15	1:48.58	2:00.45	1:31.04	3:16.54	7:25.12	19
21.96	29.10	46.17	1:16.31	1:48.80	2:00.71	1:31.23	3:16.95	7:26.05	18
22.01	29.16	46.26	1:16.47	1:49.03	2:00.97	1:31.42	3:17.37	7:27.00	17
22.05	29.23	46.36	1:16.63	1:49.27	2:01.24	1:31.61	3:17.81	7:27.99	16
22.10	29.30	46.46	1:16.80	1:49.51	2:01.51	1:31.82	3:18.26	7:29.01	15
22.14	29.37	46.56	1:16.98	1:49.77	2:01.80	1:32.03	3:18.72	7:30.06	14
22.19	29.44	46.67	1:17.16	1:50.03	2:02.10	1:32.24	3:19.21	7:31.15	13
22.24	29.52	46.78	1:17.35	1:50.30	2:02.41	1:32.47	3:19.71	7:32.28	12
22.30	29.60	46.89	1:17.55	1:50.59	2:02.73	1:32.70	3:20.23	7:33.46	11
22.35	29.68	47.02	1:17.75	1:50.89	2:03.07	1:32.95	3:20.78	7:34.69	10
22.41	29.77	47.14	1:17.97	1:51.20	2:03.43	1:33.21	3:21.36	7:35.99	9
22.47	29.86	47.28	1:18.20	1:51.53	2:03.80	1:33.48	3:21.96	7:37.36	8
22.54	29.96	47.42	1:18.45	1:51.88	2:04.20	1:33.77	3:22.61	7:38.83	7
22.61	30.07	47.57	1:18.71	1:52.26	2:04.63	1:34.09	3:23.31	7:40.40	6
22.69	30.18	47.74	1:19.00	1:52.68	2:05.10	1:34.43	3:24.06	7:42.10	5
22.77	30.31	47.93	1:19.31	1:53.13	2:05.62	1:34.80	3:24.90	7:43.99	4
22.87	30.46	48.14	1:19.67	1:53.65	2:06.20	1:35.23	3:25.85	7:46.14	3
22.98	30.63	48.39	1:20.10	1:54.26	2:06.90	1:35.74	3:26.98	7:48.68	2
23.13	30.85	48.71	1:20.65	1:55.06	2:07.81	1:36.40	3:28.45	7:51.99	1



# **Women's Middle Distances Femmes Courses de Demi-Fond**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	600m	800m	1000m	1500m	Mile	2000m
1400	1:15.62	1:46.78	2:18.56	3:36.77	3:53.34	4:55.11
1399	1:15.66	1:46.83	2:18.62	3:36.88	3:53.46	4:55.28
1398	1:15.70	1:46.88	2:18.69	3:37.00	3:53.58	4:55.44
1397	1:15.74	1:46.94	2:18.76	3:37.11	3:53.71	4:55.60
1396	1:15.78	1:46.99	2:18.83	3:37.23	3:53.83	4:55.76
1395	1:15.81	1:47.04	2:18.90	3:37.34	3:53.96	4:55.93
1394	1:15.85	1:47.09	2:18.97	3:37.46	3:54.08	4:56.09
1393	1:15.89	1:47.14	2:19.03	3:37.57	3:54.20	4:56.25
1392	1:15.93	1:47.19	2:19.10	3:37.69	3:54.33	4:56.42
1391	1:15.97	1:47.24	2:19.17	3:37.81	3:54.45	4:56.58
1390	1:16.01	1:47.29	2:19.24	3:37.92	3:54.58	4:56.74
1389	1:16.05	1:47.35	2:19.31	3:38.04	3:54.70	4:56.90
1388	1:16.09	1:47.40	2:19.38	3:38.15	3:54.83	4:57.07
1387	1:16.13	1:47.45	2:19.45	3:38.27	3:54.95	4:57.23
1386	1:16.16	1:47.50	2:19.51	3:38.39	3:55.07	4:57.39
1385	1:16.20	1:47.55	2:19.58	3:38.50	3:55.20	4:57.56
1384	1:16.24	1:47.60	2:19.65	3:38.62	3:55.32	4:57.72
1383	1:16.28	1:47.65	2:19.72	3:38.73	3:55.45	4:57.88
1382	1:16.32	1:47.71	2:19.79	3:38.85	3:55.57	4:58.05
1381	1:16.36	1:47.76	2:19.86	3:38.97	3:55.70	4:58.21
1380	1:16.40	1:47.81	2:19.93	3:39.08	3:55.82	4:58.37
1379	1:16.44	1:47.86	2:20.00	3:39.20	3:55.95	4:58.54
1378	1:16.48	1:47.91	2:20.07	3:39.31	3:56.07	4:58.70
1377	1:16.51	1:47.96	2:20.13	3:39.43	3:56.20	4:58.87
1376	1:16.55	1:48.02	2:20.20	3:39.55	3:56.32	4:59.03
1375	1:16.59	1:48.07	2:20.27	3:39.66	3:56.45	4:59.19
1374	1:16.63	1:48.12	2:20.34	3:39.78	3:56.57	4:59.36
1373	1:16.67	1:48.17	2:20.41	3:39.90	3:56.70	4:59.52
1372	1:16.71	1:48.22	2:20.48	3:40.01	3:56.82	4:59.69
1371	1:16.75	1:48.27	2:20.55	3:40.13	3:56.95	4:59.85
1370	1:16.79	1:48.33	2:20.62	3:40.25	3:57.07	5:00.01
1369	1:16.83	1:48.38	2:20.69	3:40.36	3:57.20	5:00.18
1368	1:16.87	1:48.43	2:20.76	3:40.48	3:57.32	5:00.34
1367	1:16.91	1:48.48	2:20.82	3:40.60	3:57.45	5:00.51
1366	1:16.94	1:48.53	2:20.89	3:40.71	3:57.57	5:00.67
1365	1:16.98	1:48.58	2:20.96	3:40.83	3:57.70	5:00.84
1364	1:17.02	1:48.64	2:21.03	3:40.95	3:57.82	5:01.00
1363	1:17.06	1:48.69	2:21.10	3:41.06	3:57.95	5:01.16
1362	1:17.10	1:48.74	2:21.17	3:41.18	3:58.07	5:01.33
1361	1:17.14	1:48.79	2:21.24	3:41.30	3:58.20	5:01.49
1360	1:17.18	1:48.84	2:21.31	3:41.42	3:58.33	5:01.66
1359	1:17.22	1:48.90	2:21.38	3:41.53	3:58.45	5:01.82
1358	1:17.26	1:48.95	2:21.45	3:41.65	3:58.58	5:01.99
1357	1:17.30	1:49.00	2:21.52	3:41.77	3:58.70	5:02.15
1356	1:17.34	1:49.05	2:21.59	3:41.88	3:58.83	5:02.32
1355	1:17.38	1:49.10	2:21.66	3:42.00	3:58.95	5:02.48
1354	1:17.42	1:49.15	2:21.73	3:42.12	3:59.08	5:02.65
1353	1:17.46	1:49.21	2:21.80	3:42.24	3:59.21	5:02.81
1352	1:17.49	1:49.26	2:21.87	3:42.35	3:59.33	5:02.98
1351	1:17.53	1:49.31	2:21.94	3:42.47	3:59.46	5:03.15

600m	800m	1000m	1500m	Mile	2000m	Points
1:17.57	1:49.36	2:22.00	3:42.59	3:59.58	5:03.31	1350
1:17.61	1:49.42	2:22.07	3:42.71	3:59.71	5:03.48	1349
1:17.65	1:49.47	2:22.14	3:42.82	3:59.84	5:03.64	1348
1:17.69	1:49.52	2:22.21	3:42.94	3:59.96	5:03.81	1347
1:17.73	1:49.57	2:22.28	3:43.06	4:00.09	5:03.97	1346
1:17.77	1:49.62	2:22.35	3:43.18	4:00.21	5:04.14	1345
1:17.81	1:49.68	2:22.42	3:43.30	4:00.34	5:04.30	1344
1:17.85	1:49.73	2:22.49	3:43.41	4:00.47	5:04.47	1343
1:17.89	1:49.78	2:22.56	3:43.53	4:00.59	5:04.64	1342
1:17.93	1:49.83	2:22.63	3:43.65	4:00.72	5:04.80	1341
1:17.97	1:49.88	2:22.70	3:43.77	4:00.85	5:04.97	1340
1:18.01	1:49.94	2:22.77	3:43.89	4:00.97	5:05.13	1339
1:18.05	1:49.99	2:22.84	3:44.00	4:01.10	5:05.30	1338
1:18.09	1:50.04	2:22.91	3:44.12	4:01.23	5:05.47	1337
1:18.13	1:50.09	2:22.98	3:44.24	4:01.35	5:05.63	1336
1:18.17	1:50.15	2:23.05	3:44.36	4:01.48	5:05.80	1335
1:18.21	1:50.20	2:23.12	3:44.48	4:01.61	5:05.97	1334
1:18.25	1:50.25	2:23.19	3:44.59	4:01.73	5:06.13	1333
1:18.29	1:50.30	2:23.26	3:44.71	4:01.86	5:06.30	1332
1:18.33	1:50.36	2:23.33	3:44.83	4:01.99	5:06.46	1331
1:18.36	1:50.41	2:23.40	3:44.95	4:02.11	5:06.63	1330
1:18.40	1:50.46	2:23.47	3:45.07	4:02.24	5:06.80	1329
1:18.44	1:50.51	2:23.54	3:45.19	4:02.37	5:06.97	1328
1:18.48	1:50.57	2:23.61	3:45.30	4:02.50	5:07.13	1327
1:18.52	1:50.62	2:23.68	3:45.42	4:02.62	5:07.30	1326
1:18.56	1:50.67	2:23.75	3:45.54	4:02.75	5:07.47	1325
1:18.60	1:50.72	2:23.82	3:45.66	4:02.88	5:07.63	1324
1:18.64	1:50.78	2:23.89	3:45.78	4:03.01	5:07.80	1323
1:18.68	1:50.83	2:23.96	3:45.90	4:03.13	5:07.97	1322
1:18.72	1:50.88	2:24.03	3:46.02	4:03.26	5:08.13	1321
1:18.76	1:50.93	2:24.11	3:46.14	4:03.39	5:08.30	1320
1:18.80	1:50.99	2:24.18	3:46.25	4:03.51	5:08.47	1319
1:18.84	1:51.04	2:24.25	3:46.37	4:03.64	5:08.64	1318
1:18.88	1:51.09	2:24.32	3:46.49	4:03.77	5:08.80	1317
1:18.92	1:51.15	2:24.39	3:46.61	4:03.90	5:08.97	1316
1:18.96	1:51.20	2:24.46	3:46.73	4:04.03	5:09.14	1315
1:19.00	1:51.25	2:24.53	3:46.85	4:04.15	5:09.31	1314
1:19.04	1:51.30	2:24.60	3:46.97	4:04.28	5:09.47	1313
1:19.08	1:51.36	2:24.67	3:47.09	4:04.41	5:09.64	1312
1:19.12	1:51.41	2:24.74	3:47.21	4:04.54	5:09.81	1311
1:19.16	1:51.46	2:24.81	3:47.33	4:04.66	5:09.98	1310
1:19.20	1:51.52	2:24.88	3:47.45	4:04.79	5:10.15	1309
1:19.24	1:51.57	2:24.95	3:47.57	4:04.92	5:10.31	1308
1:19.28	1:51.62	2:25.02	3:47.69	4:05.05	5:10.48	1307
1:19.32	1:51.67	2:25.09	3:47.80	4:05.18	5:10.65	1306
1:19.36	1:51.73	2:25.16	3:47.92	4:05.31	5:10.82	1305
1:19.40	1:51.78	2:25.24	3:48.04	4:05.43	5:10.99	1304
1:19.44	1:51.83	2:25.31	3:48.16	4:05.56	5:11.15	1303
1:19.48	1:51.89	2:25.38	3:48.28	4:05.69	5:11.32	1302
1:19.52	1:51.94	2:25.45	3:48.40	4:05.82	5:11.49	1301

Points	600m	800m	1000m	1500m	Mile	2000m
1300	1:19.56	1:51.99	2:25.52	3:48.52	4:05.95	5:11.66
1299	1:19.60	1:52.05	2:25.59	3:48.64	4:06.08	5:11.83
1298	1:19.64	1:52.10	2:25.66	3:48.76	4:06.20	5:12.00
1297	1:19.68	1:52.15	2:25.73	3:48.88	4:06.33	5:12.17
1296	1:19.72	1:52.20	2:25.80	3:49.00	4:06.46	5:12.34
1295	1:19.76	1:52.26	2:25.87	3:49.12	4:06.59	5:12.50
1294	1:19.80	1:52.31	2:25.95	3:49.24	4:06.72	5:12.67
1293	1:19.84	1:52.36	2:26.02	3:49.36	4:06.85	5:12.84
1292	1:19.88	1:52.42	2:26.09	3:49.48	4:06.98	5:13.01
1291	1:19.93	1:52.47	2:26.16	3:49.60	4:07.11	5:13.18
1290	1:19.97	1:52.52	2:26.23	3:49.72	4:07.23	5:13.35
1289	1:20.01	1:52.58	2:26.30	3:49.84	4:07.36	5:13.52
1288	1:20.05	1:52.63	2:26.37	3:49.96	4:07.49	5:13.69
1287	1:20.09	1:52.68	2:26.44	3:50.08	4:07.62	5:13.86
1286	1:20.13	1:52.74	2:26.51	3:50.20	4:07.75	5:14.03
1285	1:20.17	1:52.79	2:26.59	3:50.32	4:07.88	5:14.20
1284	1:20.21	1:52.84	2:26.66	3:50.45	4:08.01	5:14.37
1283	1:20.25	1:52.90	2:26.73	3:50.57	4:08.14	5:14.54
1282	1:20.29	1:52.95	2:26.80	3:50.69	4:08.27	5:14.71
1281	1:20.33	1:53.00	2:26.87	3:50.81	4:08.40	5:14.88
1280	1:20.37	1:53.06	2:26.94	3:50.93	4:08.53	5:15.05
1279	1:20.41	1:53.11	2:27.02	3:51.05	4:08.66	5:15.22
1278	1:20.45	1:53.16	2:27.09	3:51.17	4:08.79	5:15.39
1277	1:20.49	1:53.22	2:27.16	3:51.29	4:08.92	5:15.56
1276	1:20.53	1:53.27	2:27.23	3:51.41	4:09.05	5:15.73
1275	1:20.57	1:53.33	2:27.30	3:51.53	4:09.17	5:15.90
1274	1:20.61	1:53.38	2:27.37	3:51.65	4:09.30	5:16.07
1273	1:20.65	1:53.43	2:27.44	3:51.77	4:09.43	5:16.24
1272	1:20.69	1:53.49	2:27.52	3:51.90	4:09.56	5:16.41
1271	1:20.73	1:53.54	2:27.59	3:52.02	4:09.69	5:16.58
1270	1:20.78	1:53.59	2:27.66	3:52.14	4:09.82	5:16.75
1269	1:20.82	1:53.65	2:27.73	3:52.26	4:09.95	5:16.92
1268	1:20.86	1:53.70	2:27.80	3:52.38	4:10.08	5:17.09
1267	1:20.90	1:53.75	2:27.88	3:52.50	4:10.21	5:17.26
1266	1:20.94	1:53.81	2:27.95	3:52.62	4:10.34	5:17.43
1265	1:20.98	1:53.86	2:28.02	3:52.74	4:10.47	5:17.60
1264	1:21.02	1:53.92	2:28.09	3:52.87	4:10.60	5:17.77
1263	1:21.06	1:53.97	2:28.16	3:52.99	4:10.74	5:17.94
1262	1:21.10	1:54.02	2:28.24	3:53.11	4:10.87	5:18.11
1261	1:21.14	1:54.08	2:28.31	3:53.23	4:11.00	5:18.29
1260	1:21.18	1:54.13	2:28.38	3:53.35	4:11.13	5:18.46
1259	1:21.22	1:54.19	2:28.45	3:53.47	4:11.26	5:18.63
1258	1:21.26	1:54.24	2:28.52	3:53.60	4:11.39	5:18.80
1257	1:21.30	1:54.29	2:28.60	3:53.72	4:11.52	5:18.97
1256	1:21.35	1:54.35	2:28.67	3:53.84	4:11.65	5:19.14
1255	1:21.39	1:54.40	2:28.74	3:53.96	4:11.78	5:19.31
1254	1:21.43	1:54.46	2:28.81	3:54.08	4:11.91	5:19.49
1253	1:21.47	1:54.51	2:28.88	3:54.21	4:12.04	5:19.66
1252	1:21.51	1:54.56	2:28.96	3:54.33	4:12.17	5:19.83
1251	1:21.55	1:54.62	2:29.03	3:54.45	4:12.30	5:20.00

600m	800m	1000m	1500m	Mile	2000m	Points
1:21.59	1:54.67	2:29.10	3:54.57	4:12.43	5:20.17	1250
1:21.63	1:54.73	2:29.17	3:54.69	4:12.57	5:20.34	1249
1:21.67	1:54.78	2:29.25	3:54.82	4:12.70	5:20.52	1248
1:21.71	1:54.83	2:29.32	3:54.94	4:12.83	5:20.69	1247
1:21.75	1:54.89	2:29.39	3:55.06	4:12.96	5:20.86	1246
1:21.80	1:54.94	2:29.46	3:55.18	4:13.09	5:21.03	1245
1:21.84	1:55.00	2:29.54	3:55.31	4:13.22	5:21.21	1244
1:21.88	1:55.05	2:29.61	3:55.43	4:13.35	5:21.38	1243
1:21.92	1:55.11	2:29.68	3:55.55	4:13.48	5:21.55	1242
1:21.96	1:55.16	2:29.75	3:55.67	4:13.62	5:21.72	1241
1:22.00	1:55.21	2:29.83	3:55.80	4:13.75	5:21.90	1240
1:22.04	1:55.27	2:29.90	3:55.92	4:13.88	5:22.07	1239
1:22.08	1:55.32	2:29.97	3:56.04	4:14.01	5:22.24	1238
1:22.12	1:55.38	2:30.04	3:56.16	4:14.14	5:22.41	1237
1:22.17	1:55.43	2:30.12	3:56.29	4:14.27	5:22.59	1236
1:22.21	1:55.49	2:30.19	3:56.41	4:14.41	5:22.76	1235
1:22.25	1:55.54	2:30.26	3:56.53	4:14.54	5:22.93	1234
1:22.29	1:55.60	2:30.34	3:56.66	4:14.67	5:23.11	1233
1:22.33	1:55.65	2:30.41	3:56.78	4:14.80	5:23.28	1232
1:22.37	1:55.70	2:30.48	3:56.90	4:14.93	5:23.45	1231
1:22.41	1:55.76	2:30.55	3:57.02	4:15.07	5:23.63	1230
1:22.45	1:55.81	2:30.63	3:57.15	4:15.20	5:23.80	1229
1:22.50	1:55.87	2:30.70	3:57.27	4:15.33	5:23.97	1228
1:22.54	1:55.92	2:30.77	3:57.39	4:15.46	5:24.15	1227
1:22.58	1:55.98	2:30.85	3:57.52	4:15.59	5:24.32	1226
1:22.62	1:56.03	2:30.92	3:57.64	4:15.73	5:24.49	1225
1:22.66	1:56.09	2:30.99	3:57.76	4:15.86	5:24.67	1224
1:22.70	1:56.14	2:31.07	3:57.89	4:15.99	5:24.84	1223
1:22.74	1:56.20	2:31.14	3:58.01	4:16.12	5:25.01	1222
1:22.79	1:56.25	2:31.21	3:58.14	4:16.26	5:25.19	1221
1:22.83	1:56.31	2:31.29	3:58.26	4:16.39	5:25.36	1220
1:22.87	1:56.36	2:31.36	3:58.38	4:16.52	5:25.54	1219
1:22.91	1:56.42	2:31.43	3:58.51	4:16.65	5:25.71	1218
1:22.95	1:56.47	2:31.51	3:58.63	4:16.79	5:25.88	1217
1:22.99	1:56.53	2:31.58	3:58.75	4:16.92	5:26.06	1216
1:23.03	1:56.58	2:31.65	3:58.88	4:17.05	5:26.23	1215
1:23.08	1:56.63	2:31.73	3:59.00	4:17.19	5:26.41	1214
1:23.12	1:56.69	2:31.80	3:59.13	4:17.32	5:26.58	1213
1:23.16	1:56.74	2:31.87	3:59.25	4:17.45	5:26.76	1212
1:23.20	1:56.80	2:31.95	3:59.37	4:17.58	5:26.93	1211
1:23.24	1:56.85	2:32.02	3:59.50	4:17.72	5:27.11	1210
1:23.28	1:56.91	2:32.09	3:59.62	4:17.85	5:27.28	1209
1:23.33	1:56.96	2:32.17	3:59.75	4:17.98	5:27.46	1208
1:23.37	1:57.02	2:32.24	3:59.87	4:18.12	5:27.63	1207
1:23.41	1:57.07	2:32.31	4:00.00	4:18.25	5:27.81	1206
1:23.45	1:57.13	2:32.39	4:00.12	4:18.38	5:27.98	1205
1:23.49	1:57.19	2:32.46	4:00.24	4:18.52	5:28.16	1204
1:23.53	1:57.24	2:32.53	4:00.37	4:18.65	5:28.33	1203
1:23.58	1:57.30	2:32.61	4:00.49	4:18.78	5:28.51	1202
1:23.62	1:57.35	2:32.68	4:00.62	4:18.92	5:28.68	1201

Points	600m	800m	1000m	1500m	Mile	2000m
1200	1:23.66	1:57.41	2:32.76	4:00.74	4:19.05	5:28.86
1199	1:23.70	1:57.46	2:32.83	4:00.87	4:19.19	5:29.03
1198	1:23.74	1:57.52	2:32.90	4:00.99	4:19.32	5:29.21
1197	1:23.79	1:57.57	2:32.98	4:01.12	4:19.45	5:29.38
1196	1:23.83	1:57.63	2:33.05	4:01.24	4:19.59	5:29.56
1195	1:23.87	1:57.68	2:33.13	4:01.37	4:19.72	5:29.74
1194	1:23.91	1:57.74	2:33.20	4:01.49	4:19.86	5:29.91
1193	1:23.95	1:57.79	2:33.27	4:01.62	4:19.99	5:30.09
1192	1:24.00	1:57.85	2:33.35	4:01.74	4:20.12	5:30.26
1191	1:24.04	1:57.90	2:33.42	4:01.87	4:20.26	5:30.44
1190	1:24.08	1:57.96	2:33.50	4:01.99	4:20.39	5:30.62
1189	1:24.12	1:58.02	2:33.57	4:02.12	4:20.53	5:30.79
1188	1:24.16	1:58.07	2:33.64	4:02.24	4:20.66	5:30.97
1187	1:24.20	1:58.13	2:33.72	4:02.37	4:20.80	5:31.14
1186	1:24.25	1:58.18	2:33.79	4:02.49	4:20.93	5:31.32
1185	1:24.29	1:58.24	2:33.87	4:02.62	4:21.06	5:31.50
1184	1:24.33	1:58.29	2:33.94	4:02.74	4:21.20	5:31.67
1183	1:24.37	1:58.35	2:34.02	4:02.87	4:21.33	5:31.85
1182	1:24.42	1:58.40	2:34.09	4:03.00	4:21.47	5:32.03
1181	1:24.46	1:58.46	2:34.16	4:03.12	4:21.60	5:32.20
1180	1:24.50	1:58.52	2:34.24	4:03.25	4:21.74	5:32.38
1179	1:24.54	1:58.57	2:34.31	4:03.37	4:21.87	5:32.56
1178	1:24.58	1:58.63	2:34.39	4:03.50	4:22.01	5:32.74
1177	1:24.63	1:58.68	2:34.46	4:03.62	4:22.14	5:32.91
1176	1:24.67	1:58.74	2:34.54	4:03.75	4:22.28	5:33.09
1175	1:24.71	1:58.79	2:34.61	4:03.88	4:22.41	5:33.27
1174	1:24.75	1:58.85	2:34.69	4:04.00	4:22.55	5:33.44
1173	1:24.80	1:58.91	2:34.76	4:04.13	4:22.68	5:33.62
1172	1:24.84	1:58.96	2:34.84	4:04.25	4:22.82	5:33.80
1171	1:24.88	1:59.02	2:34.91	4:04.38	4:22.95	5:33.98
1170	1:24.92	1:59.07	2:34.99	4:04.51	4:23.09	5:34.15
1169	1:24.96	1:59.13	2:35.06	4:04.63	4:23.22	5:34.33
1168	1:25.01	1:59.19	2:35.14	4:04.76	4:23.36	5:34.51
1167	1:25.05	1:59.24	2:35.21	4:04.89	4:23.50	5:34.69
1166	1:25.09	1:59.30	2:35.29	4:05.01	4:23.63	5:34.87
1165	1:25.13	1:59.35	2:35.36	4:05.14	4:23.77	5:35.04
1164	1:25.18	1:59.41	2:35.43	4:05.27	4:23.90	5:35.22
1163	1:25.22	1:59.47	2:35.51	4:05.39	4:24.04	5:35.40
1162	1:25.26	1:59.52	2:35.58	4:05.52	4:24.17	5:35.58
1161	1:25.30	1:59.58	2:35.66	4:05.65	4:24.31	5:35.76
1160	1:25.35	1:59.63	2:35.74	4:05.77	4:24.45	5:35.94
1159	1:25.39	1:59.69	2:35.81	4:05.90	4:24.58	5:36.11
1158	1:25.43	1:59.75	2:35.89	4:06.03	4:24.72	5:36.29
1157	1:25.47	1:59.80	2:35.96	4:06.15	4:24.85	5:36.47
1156	1:25.52	1:59.86	2:36.04	4:06.28	4:24.99	5:36.65
1155	1:25.56	1:59.92	2:36.11	4:06.41	4:25.13	5:36.83
1154	1:25.60	1:59.97	2:36.19	4:06.53	4:25.26	5:37.01
1153	1:25.64	2:00.03	2:36.26	4:06.66	4:25.40	5:37.19
1152	1:25.69	2:00.08	2:36.34	4:06.79	4:25.54	5:37.37
1151	1:25.73	2:00.14	2:36.41	4:06.92	4:25.67	5:37.54



600m	800m	1000m	1500m	Mile	2000m	Points
1:25.77	2:00.20	2:36.49	4:07.04	4:25.81	5:37.72	1150
1:25.82	2:00.25	2:36.56	4:07.17	4:25.95	5:37.90	1149
1:25.86	2:00.31	2:36.64	4:07.30	4:26.08	5:38.08	1148
1:25.90	2:00.37	2:36.71	4:07.43	4:26.22	5:38.26	1147
1:25.94	2:00.42	2:36.79	4:07.55	4:26.36	5:38.44	1146
1:25.99	2:00.48	2:36.87	4:07.68	4:26.49	5:38.62	1145
1:26.03	2:00.54	2:36.94	4:07.81	4:26.63	5:38.80	1144
1:26.07	2:00.59	2:37.02	4:07.94	4:26.77	5:38.98	1143
1:26.11	2:00.65	2:37.09	4:08.06	4:26.90	5:39.16	1142
1:26.16	2:00.71	2:37.17	4:08.19	4:27.04	5:39.34	1141
1:26.20	2:00.76	2:37.24	4:08.32	4:27.18	5:39.52	1140
1:26.24	2:00.82	2:37.32	4:08.45	4:27.32	5:39.70	1139
1:26.29	2:00.88	2:37.40	4:08.58	4:27.45	5:39.88	1138
1:26.33	2:00.93	2:37.47	4:08.70	4:27.59	5:40.06	1137
1:26.37	2:00.99	2:37.55	4:08.83	4:27.73	5:40.24	1136
1:26.42	2:01.05	2:37.62	4:08.96	4:27.87	5:40.42	1135
1:26.46	2:01.10	2:37.70	4:09.09	4:28.00	5:40.60	1134
1:26.50	2:01.16	2:37.78	4:09.22	4:28.14	5:40.78	1133
1:26.54	2:01.22	2:37.85	4:09.34	4:28.28	5:40.96	1132
1:26.59	2:01.27	2:37.93	4:09.47	4:28.42	5:41.14	1131
1:26.63	2:01.33	2:38.00	4:09.60	4:28.55	5:41.32	1130
1:26.67	2:01.39	2:38.08	4:09.73	4:28.69	5:41.51	1129
1:26.72	2:01.45	2:38.16	4:09.86	4:28.83	5:41.69	1128
1:26.76	2:01.50	2:38.23	4:09.99	4:28.97	5:41.87	1127
1:26.80	2:01.56	2:38.31	4:10.12	4:29.11	5:42.05	1126
1:26.85	2:01.62	2:38.38	4:10.24	4:29.24	5:42.23	1125
1:26.89	2:01.67	2:38.46	4:10.37	4:29.38	5:42.41	1124
1:26.93	2:01.73	2:38.54	4:10.50	4:29.52	5:42.59	1123
1:26.98	2:01.79	2:38.61	4:10.63	4:29.66	5:42.77	1122
1:27.02	2:01.84	2:38.69	4:10.76	4:29.80	5:42.96	1121
1:27.06	2:01.90	2:38.77	4:10.89	4:29.93	5:43.14	1120
1:27.11	2:01.96	2:38.84	4:11.02	4:30.07	5:43.32	1119
1:27.15	2:02.02	2:38.92	4:11.15	4:30.21	5:43.50	1118
1:27.19	2:02.07	2:39.00	4:11.28	4:30.35	5:43.68	1117
1:27.24	2:02.13	2:39.07	4:11.41	4:30.49	5:43.86	1116
1:27.28	2:02.19	2:39.15	4:11.54	4:30.63	5:44.05	1115
1:27.32	2:02.25	2:39.23	4:11.66	4:30.77	5:44.23	1114
1:27.37	2:02.30	2:39.30	4:11.79	4:30.91	5:44.41	1113
1:27.41	2:02.36	2:39.38	4:11.92	4:31.04	5:44.59	1112
1:27.45	2:02.42	2:39.46	4:12.05	4:31.18	5:44.77	1111
1:27.50	2:02.47	2:39.53	4:12.18	4:31.32	5:44.96	1110
1:27.54	2:02.53	2:39.61	4:12.31	4:31.46	5:45.14	1109
1:27.58	2:02.59	2:39.69	4:12.44	4:31.60	5:45.32	1108
1:27.63	2:02.65	2:39.76	4:12.57	4:31.74	5:45.50	1107
1:27.67	2:02.70	2:39.84	4:12.70	4:31.88	5:45.69	1106
1:27.71	2:02.76	2:39.92	4:12.83	4:32.02	5:45.87	1105
1:27.76	2:02.82	2:39.99	4:12.96	4:32.16	5:46.05	1104
1:27.80	2:02.88	2:40.07	4:13.09	4:32.30	5:46.24	1103
1:27.84	2:02.94	2:40.15	4:13.22	4:32.44	5:46.42	1102
1:27.89	2:02.99	2:40.22	4:13.35	4:32.58	5:46.60	1101

Points	600m	800m	1000m	1500m	Mile	2000m
1100	1:27.93	2:03.05	2:40.30	4:13.48	4:32.72	5:46.79
1099	1:27.98	2:03.11	2:40.38	4:13.61	4:32.86	5:46.97
1098	1:28.02	2:03.17	2:40.46	4:13.74	4:33.00	5:47.15
1097	1:28.06	2:03.22	2:40.53	4:13.87	4:33.13	5:47.34
1096	1:28.11	2:03.28	2:40.61	4:14.00	4:33.27	5:47.52
1095	1:28.15	2:03.34	2:40.69	4:14.13	4:33.41	5:47.70
1094	1:28.19	2:03.40	2:40.77	4:14.26	4:33.55	5:47.89
1093	1:28.24	2:03.46	2:40.84	4:14.40	4:33.69	5:48.07
1092	1:28.28	2:03.51	2:40.92	4:14.53	4:33.84	5:48.25
1091	1:28.33	2:03.57	2:41.00	4:14.66	4:33.98	5:48.44
1090	1:28.37	2:03.63	2:41.07	4:14.79	4:34.12	5:48.62
1089	1:28.41	2:03.69	2:41.15	4:14.92	4:34.26	5:48.81
1088	1:28.46	2:03.75	2:41.23	4:15.05	4:34.40	5:48.99
1087	1:28.50	2:03.80	2:41.31	4:15.18	4:34.54	5:49.18
1086	1:28.54	2:03.86	2:41.39	4:15.31	4:34.68	5:49.36
1085	1:28.59	2:03.92	2:41.46	4:15.44	4:34.82	5:49.54
1084	1:28.63	2:03.98	2:41.54	4:15.57	4:34.96	5:49.73
1083	1:28.68	2:04.04	2:41.62	4:15.70	4:35.10	5:49.91
1082	1:28.72	2:04.09	2:41.70	4:15.84	4:35.24	5:50.10
1081	1:28.76	2:04.15	2:41.77	4:15.97	4:35.38	5:50.28
1080	1:28.81	2:04.21	2:41.85	4:16.10	4:35.52	5:50.47
1079	1:28.85	2:04.27	2:41.93	4:16.23	4:35.66	5:50.65
1078	1:28.90	2:04.33	2:42.01	4:16.36	4:35.80	5:50.84
1077	1:28.94	2:04.38	2:42.09	4:16.49	4:35.95	5:51.02
1076	1:28.99	2:04.44	2:42.16	4:16.63	4:36.09	5:51.21
1075	1:29.03	2:04.50	2:42.24	4:16.76	4:36.23	5:51.39
1074	1:29.07	2:04.56	2:42.32	4:16.89	4:36.37	5:51.58
1073	1:29.12	2:04.62	2:42.40	4:17.02	4:36.51	5:51.77
1072	1:29.16	2:04.68	2:42.48	4:17.15	4:36.65	5:51.95
1071	1:29.21	2:04.74	2:42.55	4:17.28	4:36.79	5:52.14
1070	1:29.25	2:04.79	2:42.63	4:17.42	4:36.93	5:52.32
1069	1:29.29	2:04.85	2:42.71	4:17.55	4:37.08	5:52.51
1068	1:29.34	2:04.91	2:42.79	4:17.68	4:37.22	5:52.69
1067	1:29.38	2:04.97	2:42.87	4:17.81	4:37.36	5:52.88
1066	1:29.43	2:05.03	2:42.94	4:17.94	4:37.50	5:53.07
1065	1:29.47	2:05.09	2:43.02	4:18.08	4:37.64	5:53.25
1064	1:29.52	2:05.15	2:43.10	4:18.21	4:37.79	5:53.44
1063	1:29.56	2:05.20	2:43.18	4:18.34	4:37.93	5:53.63
1062	1:29.61	2:05.26	2:43.26	4:18.47	4:38.07	5:53.81
1061	1:29.65	2:05.32	2:43.34	4:18.61	4:38.21	5:54.00
1060	1:29.69	2:05.38	2:43.42	4:18.74	4:38.35	5:54.18
1059	1:29.74	2:05.44	2:43.49	4:18.87	4:38.50	5:54.37
1058	1:29.78	2:05.50	2:43.57	4:19.01	4:38.64	5:54.56
1057	1:29.83	2:05.56	2:43.65	4:19.14	4:38.78	5:54.75
1056	1:29.87	2:05.62	2:43.73	4:19.27	4:38.92	5:54.93
1055	1:29.92	2:05.67	2:43.81	4:19.40	4:39.07	5:55.12
1054	1:29.96	2:05.73	2:43.89	4:19.54	4:39.21	5:55.31
1053	1:30.01	2:05.79	2:43.97	4:19.67	4:39.35	5:55.49
1052	1:30.05	2:05.85	2:44.05	4:19.80	4:39.49	5:55.68
1051	1:30.10	2:05.91	2:44.12	4:19.94	4:39.64	5:55.87

600m	800m	1000m	1500m	Mile	2000m	Points
1:30.14	2:05.97	2:44.20	4:20.07	4:39.78	5:56.06	1050
1:30.18	2:06.03	2:44.28	4:20.20	4:39.92	5:56.24	1049
1:30.23	2:06.09	2:44.36	4:20.34	4:40.07	5:56.43	1048
1:30.27	2:06.15	2:44.44	4:20.47	4:40.21	5:56.62	1047
1:30.32	2:06.21	2:44.52	4:20.60	4:40.35	5:56.81	1046
1:30.36	2:06.27	2:44.60	4:20.74	4:40.50	5:57.00	1045
1:30.41	2:06.32	2:44.68	4:20.87	4:40.64	5:57.18	1044
1:30.45	2:06.38	2:44.76	4:21.00	4:40.78	5:57.37	1043
1:30.50	2:06.44	2:44.84	4:21.14	4:40.93	5:57.56	1042
1:30.54	2:06.50	2:44.92	4:21.27	4:41.07	5:57.75	1041
1:30.59	2:06.56	2:44.99	4:21.41	4:41.21	5:57.94	1040
1:30.63	2:06.62	2:45.07	4:21.54	4:41.36	5:58.13	1039
1:30.68	2:06.68	2:45.15	4:21.67	4:41.50	5:58.31	1038
1:30.72	2:06.74	2:45.23	4:21.81	4:41.64	5:58.50	1037
1:30.77	2:06.80	2:45.31	4:21.94	4:41.79	5:58.69	1036
1:30.81	2:06.86	2:45.39	4:22.08	4:41.93	5:58.88	1035
1:30.86	2:06.92	2:45.47	4:22.21	4:42.08	5:59.07	1034
1:30.90	2:06.98	2:45.55	4:22.34	4:42.22	5:59.26	1033
1:30.95	2:07.04	2:45.63	4:22.48	4:42.36	5:59.45	1032
1:30.99	2:07.10	2:45.71	4:22.61	4:42.51	5:59.64	1031
1:31.04	2:07.16	2:45.79	4:22.75	4:42.65	5:59.83	1030
1:31.08	2:07.22	2:45.87	4:22.88	4:42.80	6:00.02	1029
1:31.13	2:07.28	2:45.95	4:23.02	4:42.94	6:00.21	1028
1:31.17	2:07.34	2:46.03	4:23.15	4:43.09	6:00.39	1027
1:31.22	2:07.39	2:46.11	4:23.29	4:43.23	6:00.58	1026
1:31.26	2:07.45	2:46.19	4:23.42	4:43.38	6:00.77	1025
1:31.31	2:07.51	2:46.27	4:23.56	4:43.52	6:00.96	1024
1:31.35	2:07.57	2:46.35	4:23.69	4:43.67	6:01.15	1023
1:31.40	2:07.63	2:46.43	4:23.83	4:43.81	6:01.34	1022
1:31.45	2:07.69	2:46.51	4:23.96	4:43.96	6:01.53	1021
1:31.49	2:07.75	2:46.59	4:24.10	4:44.10	6:01.72	1020
1:31.54	2:07.81	2:46.67	4:24.23	4:44.25	6:01.92	1019
1:31.58	2:07.87	2:46.75	4:24.37	4:44.39	6:02.11	1018
1:31.63	2:07.93	2:46.83	4:24.50	4:44.54	6:02.30	1017
1:31.67	2:07.99	2:46.91	4:24.64	4:44.68	6:02.49	1016
1:31.72	2:08.05	2:46.99	4:24.77	4:44.83	6:02.68	1015
1:31.76	2:08.11	2:47.07	4:24.91	4:44.97	6:02.87	1014
1:31.81	2:08.17	2:47.15	4:25.05	4:45.12	6:03.06	1013
1:31.85	2:08.23	2:47.23	4:25.18	4:45.26	6:03.25	1012
1:31.90	2:08.29	2:47.31	4:25.32	4:45.41	6:03.44	1011
1:31.95	2:08.35	2:47.39	4:25.45	4:45.55	6:03.63	1010
1:31.99	2:08.41	2:47.47	4:25.59	4:45.70	6:03.82	1009
1:32.04	2:08.48	2:47.55	4:25.73	4:45.85	6:04.02	1008
1:32.08	2:08.54	2:47.63	4:25.86	4:45.99	6:04.21	1007
1:32.13	2:08.60	2:47.71	4:26.00	4:46.14	6:04.40	1006
1:32.17	2:08.66	2:47.79	4:26.13	4:46.28	6:04.59	1005
1:32.22	2:08.72	2:47.88	4:26.27	4:46.43	6:04.78	1004
1:32.26	2:08.78	2:47.96	4:26.41	4:46.58	6:04.97	1003
1:32.31	2:08.84	2:48.04	4:26.54	4:46.72	6:05.17	1002
1:32.36	2:08.90	2:48.12	4:26.68	4:46.87	6:05.36	1001

Points	600m	800m	1000m	1500m	Mile	2000m
1000	1:32.40	2:08.96	2:48.20	4:26.82	4:47.02	6:05.55
999	1:32.45	2:09.02	2:48.28	4:26.95	4:47.16	6:05.74
998	1:32.49	2:09.08	2:48.36	4:27.09	4:47.31	6:05.93
997	1:32.54	2:09.14	2:48.44	4:27.23	4:47.46	6:06.13
996	1:32.59	2:09.20	2:48.52	4:27.36	4:47.60	6:06.32
995	1:32.63	2:09.26	2:48.60	4:27.50	4:47.75	6:06.51
994	1:32.68	2:09.32	2:48.68	4:27.64	4:47.90	6:06.71
993	1:32.72	2:09.38	2:48.77	4:27.77	4:48.04	6:06.90
992	1:32.77	2:09.44	2:48.85	4:27.91	4:48.19	6:07.09
991	1:32.82	2:09.50	2:48.93	4:28.05	4:48.34	6:07.28
990	1:32.86	2:09.57	2:49.01	4:28.19	4:48.48	6:07.48
989	1:32.91	2:09.63	2:49.09	4:28.32	4:48.63	6:07.67
988	1:32.95	2:09.69	2:49.17	4:28.46	4:48.78	6:07.86
987	1:33.00	2:09.75	2:49.25	4:28.60	4:48.93	6:08.06
986	1:33.05	2:09.81	2:49.34	4:28.73	4:49.07	6:08.25
985	1:33.09	2:09.87	2:49.42	4:28.87	4:49.22	6:08.44
984	1:33.14	2:09.93	2:49.50	4:29.01	4:49.37	6:08.64
983	1:33.18	2:09.99	2:49.58	4:29.15	4:49.52	6:08.83
982	1:33.23	2:10.05	2:49.66	4:29.29	4:49.66	6:09.03
981	1:33.28	2:10.11	2:49.74	4:29.42	4:49.81	6:09.22
980	1:33.32	2:10.17	2:49.82	4:29.56	4:49.96	6:09.41
979	1:33.37	2:10.24	2:49.91	4:29.70	4:50.11	6:09.61
978	1:33.42	2:10.30	2:49.99	4:29.84	4:50.26	6:09.80
977	1:33.46	2:10.36	2:50.07	4:29.98	4:50.40	6:10.00
976	1:33.51	2:10.42	2:50.15	4:30.11	4:50.55	6:10.19
975	1:33.55	2:10.48	2:50.23	4:30.25	4:50.70	6:10.39
974	1:33.60	2:10.54	2:50.32	4:30.39	4:50.85	6:10.58
973	1:33.65	2:10.60	2:50.40	4:30.53	4:51.00	6:10.78
972	1:33.69	2:10.66	2:50.48	4:30.67	4:51.15	6:10.97
971	1:33.74	2:10.73	2:50.56	4:30.81	4:51.30	6:11.17
970	1:33.79	2:10.79	2:50.64	4:30.94	4:51.44	6:11.36
969	1:33.83	2:10.85	2:50.73	4:31.08	4:51.59	6:11.56
968	1:33.88	2:10.91	2:50.81	4:31.22	4:51.74	6:11.75
967	1:33.93	2:10.97	2:50.89	4:31.36	4:51.89	6:11.95
966	1:33.97	2:11.03	2:50.97	4:31.50	4:52.04	6:12.14
965	1:34.02	2:11.10	2:51.06	4:31.64	4:52.19	6:12.34
964	1:34.07	2:11.16	2:51.14	4:31.78	4:52.34	6:12.53
963	1:34.11	2:11.22	2:51.22	4:31.92	4:52.49	6:12.73
962	1:34.16	2:11.28	2:51.30	4:32.06	4:52.64	6:12.93
961	1:34.21	2:11.34	2:51.39	4:32.20	4:52.79	6:13.12
960	1:34.25	2:11.40	2:51.47	4:32.34	4:52.94	6:13.32
959	1:34.30	2:11.47	2:51.55	4:32.47	4:53.08	6:13.51
958	1:34.35	2:11.53	2:51.63	4:32.61	4:53.23	6:13.71
957	1:34.39	2:11.59	2:51.72	4:32.75	4:53.38	6:13.91
956	1:34.44	2:11.65	2:51.80	4:32.89	4:53.53	6:14.10
955	1:34.49	2:11.71	2:51.88	4:33.03	4:53.68	6:14.30
954	1:34.53	2:11.77	2:51.96	4:33.17	4:53.83	6:14.50
953	1:34.58	2:11.84	2:52.05	4:33.31	4:53.98	6:14.69
952	1:34.63	2:11.90	2:52.13	4:33.45	4:54.13	6:14.89
951	1:34.67	2:11.96	2:52.21	4:33.59	4:54.28	6:15.09

600m	800m	1000m	1500m	Mile	2000m	Points
1:34.72	2:12.02	2:52.30	4:33.73	4:54.43	6:15.28	950
1:34.77	2:12.09	2:52.38	4:33.87	4:54.58	6:15.48	949
1:34.82	2:12.15	2:52.46	4:34.01	4:54.73	6:15.68	948
1:34.86	2:12.21	2:52.54	4:34.15	4:54.89	6:15.88	947
1:34.91	2:12.27	2:52.63	4:34.29	4:55.04	6:16.07	946
1:34.96	2:12.33	2:52.71	4:34.43	4:55.19	6:16.27	945
1:35.00	2:12.40	2:52.79	4:34.58	4:55.34	6:16.47	944
1:35.05	2:12.46	2:52.88	4:34.72	4:55.49	6:16.67	943
1:35.10	2:12.52	2:52.96	4:34.86	4:55.64	6:16.87	942
1:35.15	2:12.58	2:53.04	4:35.00	4:55.79	6:17.06	941
1:35.19	2:12.65	2:53.13	4:35.14	4:55.94	6:17.26	940
1:35.24	2:12.71	2:53.21	4:35.28	4:56.09	6:17.46	939
1:35.29	2:12.77	2:53.29	4:35.42	4:56.24	6:17.66	938
1:35.33	2:12.83	2:53.38	4:35.56	4:56.39	6:17.86	937
1:35.38	2:12.90	2:53.46	4:35.70	4:56.55	6:18.06	936
1:35.43	2:12.96	2:53.55	4:35.84	4:56.70	6:18.25	935
1:35.48	2:13.02	2:53.63	4:35.98	4:56.85	6:18.45	934
1:35.52	2:13.08	2:53.71	4:36.13	4:57.00	6:18.65	933
1:35.57	2:13.15	2:53.80	4:36.27	4:57.15	6:18.85	932
1:35.62	2:13.21	2:53.88	4:36.41	4:57.30	6:19.05	931
1:35.67	2:13.27	2:53.96	4:36.55	4:57.46	6:19.25	930
1:35.71	2:13.33	2:54.05	4:36.69	4:57.61	6:19.45	929
1:35.76	2:13.40	2:54.13	4:36.83	4:57.76	6:19.65	928
1:35.81	2:13.46	2:54.22	4:36.98	4:57.91	6:19.85	927
1:35.86	2:13.52	2:54.30	4:37.12	4:58.06	6:20.05	926
1:35.90	2:13.59	2:54.38	4:37.26	4:58.22	6:20.25	925
1:35.95	2:13.65	2:54.47	4:37.40	4:58.37	6:20.45	924
1:36.00	2:13.71	2:54.55	4:37.54	4:58.52	6:20.65	923
1:36.05	2:13.77	2:54.64	4:37.69	4:58.67	6:20.85	922
1:36.09	2:13.84	2:54.72	4:37.83	4:58.83	6:21.05	921
1:36.14	2:13.90	2:54.81	4:37.97	4:58.98	6:21.25	920
1:36.19	2:13.96	2:54.89	4:38.11	4:59.13	6:21.45	919
1:36.24	2:14.03	2:54.97	4:38.26	4:59.28	6:21.65	918
1:36.29	2:14.09	2:55.06	4:38.40	4:59.44	6:21.85	917
1:36.33	2:14.15	2:55.14	4:38.54	4:59.59	6:22.05	916
1:36.38	2:14.22	2:55.23	4:38.68	4:59.74	6:22.25	915
1:36.43	2:14.28	2:55.31	4:38.83	4:59.90	6:22.45	914
1:36.48	2:14.34	2:55.40	4:38.97	5:00.05	6:22.65	913
1:36.52	2:14.41	2:55.48	4:39.11	5:00.20	6:22.86	912
1:36.57	2:14.47	2:55.57	4:39.26	5:00.36	6:23.06	911
1:36.62	2:14.53	2:55.65	4:39.40	5:00.51	6:23.26	910
1:36.67	2:14.60	2:55.74	4:39.54	5:00.66	6:23.46	909
1:36.72	2:14.66	2:55.82	4:39.69	5:00.82	6:23.66	908
1:36.77	2:14.72	2:55.91	4:39.83	5:00.97	6:23.86	907
1:36.81	2:14.79	2:55.99	4:39.97	5:01.13	6:24.06	906
1:36.86	2:14.85	2:56.08	4:40.12	5:01.28	6:24.27	905
1:36.91	2:14.91	2:56.16	4:40.26	5:01.43	6:24.47	904
1:36.96	2:14.98	2:56.25	4:40.40	5:01.59	6:24.67	903
1:37.01	2:15.04	2:56.33	4:40.55	5:01.74	6:24.87	902
1:37.05	2:15.11	2:56.42	4:40.69	5:01.90	6:25.08	901

Points	600m	800m	1000m	1500m	Mile	2000m
900	1:37.10	2:15.17	2:56.50	4:40.83	5:02.05	6:25.28
899	1:37.15	2:15.23	2:56.59	4:40.98	5:02.20	6:25.48
898	1:37.20	2:15.30	2:56.67	4:41.12	5:02.36	6:25.68
897	1:37.25	2:15.36	2:56.76	4:41.27	5:02.51	6:25.89
896	1:37.30	2:15.43	2:56.84	4:41.41	5:02.67	6:26.09
895	1:37.34	2:15.49	2:56.93	4:41.56	5:02.82	6:26.29
894	1:37.39	2:15.55	2:57.01	4:41.70	5:02.98	6:26.50
893	1:37.44	2:15.62	2:57.10	4:41.84	5:03.13	6:26.70
892	1:37.49	2:15.68	2:57.19	4:41.99	5:03.29	6:26.90
891	1:37.54	2:15.75	2:57.27	4:42.13	5:03.44	6:27.11
890	1:37.59	2:15.81	2:57.36	4:42.28	5:03.60	6:27.31
889	1:37.63	2:15.87	2:57.44	4:42.42	5:03.75	6:27.51
888	1:37.68	2:15.94	2:57.53	4:42.57	5:03.91	6:27.72
887	1:37.73	2:16.00	2:57.61	4:42.71	5:04.07	6:27.92
886	1:37.78	2:16.07	2:57.70	4:42.86	5:04.22	6:28.13
885	1:37.83	2:16.13	2:57.79	4:43.00	5:04.38	6:28.33
884	1:37.88	2:16.19	2:57.87	4:43.15	5:04.53	6:28.54
883	1:37.93	2:16.26	2:57.96	4:43.29	5:04.69	6:28.74
882	1:37.98	2:16.32	2:58.04	4:43.44	5:04.84	6:28.94
881	1:38.02	2:16.39	2:58.13	4:43.58	5:05.00	6:29.15
880	1:38.07	2:16.45	2:58.22	4:43.73	5:05.16	6:29.35
879	1:38.12	2:16.52	2:58.30	4:43.88	5:05.31	6:29.56
878	1:38.17	2:16.58	2:58.39	4:44.02	5:05.47	6:29.76
877	1:38.22	2:16.65	2:58.48	4:44.17	5:05.62	6:29.97
876	1:38.27	2:16.71	2:58.56	4:44.31	5:05.78	6:30.17
875	1:38.32	2:16.78	2:58.65	4:44.46	5:05.94	6:30.38
874	1:38.37	2:16.84	2:58.74	4:44.61	5:06.09	6:30.59
873	1:38.42	2:16.91	2:58.82	4:44.75	5:06.25	6:30.79
872	1:38.46	2:16.97	2:58.91	4:44.90	5:06.41	6:31.00
871	1:38.51	2:17.03	2:58.99	4:45.04	5:06.57	6:31.20
870	1:38.56	2:17.10	2:59.08	4:45.19	5:06.72	6:31.41
869	1:38.61	2:17.16	2:59.17	4:45.34	5:06.88	6:31.61
868	1:38.66	2:17.23	2:59.26	4:45.48	5:07.04	6:31.82
867	1:38.71	2:17.29	2:59.34	4:45.63	5:07.19	6:32.03
866	1:38.76	2:17.36	2:59.43	4:45.78	5:07.35	6:32.23
865	1:38.81	2:17.42	2:59.52	4:45.92	5:07.51	6:32.44
864	1:38.86	2:17.49	2:59.60	4:46.07	5:07.67	6:32.65
863	1:38.91	2:17.55	2:59.69	4:46.22	5:07.82	6:32.85
862	1:38.96	2:17.62	2:59.78	4:46.36	5:07.98	6:33.06
861	1:39.01	2:17.68	2:59.86	4:46.51	5:08.14	6:33.27
860	1:39.06	2:17.75	2:59.95	4:46.66	5:08.30	6:33.48
859	1:39.10	2:17.82	3:00.04	4:46.81	5:08.46	6:33.68
858	1:39.15	2:17.88	3:00.13	4:46.95	5:08.61	6:33.89
857	1:39.20	2:17.95	3:00.21	4:47.10	5:08.77	6:34.10
856	1:39.25	2:18.01	3:00.30	4:47.25	5:08.93	6:34.31
855	1:39.30	2:18.08	3:00.39	4:47.40	5:09.09	6:34.51
854	1:39.35	2:18.14	3:00.48	4:47.54	5:09.25	6:34.72
853	1:39.40	2:18.21	3:00.56	4:47.69	5:09.41	6:34.93
852	1:39.45	2:18.27	3:00.65	4:47.84	5:09.56	6:35.14
851	1:39.50	2:18.34	3:00.74	4:47.99	5:09.72	6:35.35

600m	800m	1000m	1500m	Mile	2000m	Points
1:39.55	2:18.40	3:00.83	4:48.14	5:09.88	6:35.55	850
1:39.60	2:18.47	3:00.91	4:48.28	5:10.04	6:35.76	849
1:39.65	2:18.54	3:01.00	4:48.43	5:10.20	6:35.97	848
1:39.70	2:18.60	3:01.09	4:48.58	5:10.36	6:36.18	847
1:39.75	2:18.67	3:01.18	4:48.73	5:10.52	6:36.39	846
1:39.80	2:18.73	3:01.27	4:48.88	5:10.68	6:36.60	845
1:39.85	2:18.80	3:01.35	4:49.03	5:10.84	6:36.81	844
1:39.90	2:18.87	3:01.44	4:49.18	5:11.00	6:37.02	843
1:39.95	2:18.93	3:01.53	4:49.32	5:11.16	6:37.23	842
1:40.00	2:19.00	3:01.62	4:49.47	5:11.32	6:37.44	841
1:40.05	2:19.06	3:01.71	4:49.62	5:11.47	6:37.65	840
1:40.10	2:19.13	3:01.79	4:49.77	5:11.63	6:37.86	839
1:40.15	2:19.20	3:01.88	4:49.92	5:11.79	6:38.07	838
1:40.20	2:19.26	3:01.97	4:50.07	5:11.95	6:38.28	837
1:40.25	2:19.33	3:02.06	4:50.22	5:12.12	6:38.49	836
1:40.30	2:19.39	3:02.15	4:50.37	5:12.28	6:38.70	835
1:40.35	2:19.46	3:02.24	4:50.52	5:12.44	6:38.91	834
1:40.40	2:19.53	3:02.33	4:50.67	5:12.60	6:39.12	833
1:40.45	2:19.59	3:02.41	4:50.82	5:12.76	6:39.33	832
1:40.50	2:19.66	3:02.50	4:50.97	5:12.92	6:39.54	831
1:40.55	2:19.73	3:02.59	4:51.12	5:13.08	6:39.75	830
1:40.60	2:19.79	3:02.68	4:51.27	5:13.24	6:39.96	829
1:40.65	2:19.86	3:02.77	4:51.42	5:13.40	6:40.17	828
1:40.70	2:19.92	3:02.86	4:51.57	5:13.56	6:40.38	827
1:40.75	2:19.99	3:02.95	4:51.72	5:13.72	6:40.59	826
1:40.80	2:20.06	3:03.04	4:51.87	5:13.88	6:40.81	825
1:40.85	2:20.12	3:03.13	4:52.02	5:14.04	6:41.02	824
1:40.90	2:20.19	3:03.21	4:52.17	5:14.21	6:41.23	823
1:40.95	2:20.26	3:03.30	4:52.32	5:14.37	6:41.44	822
1:41.00	2:20.32	3:03.39	4:52.47	5:14.53	6:41.65	821
1:41.05	2:20.39	3:03.48	4:52.62	5:14.69	6:41.87	820
1:41.10	2:20.46	3:03.57	4:52.77	5:14.85	6:42.08	819
1:41.16	2:20.53	3:03.66	4:52.92	5:15.01	6:42.29	818
1:41.21	2:20.59	3:03.75	4:53.07	5:15.18	6:42.50	817
1:41.26	2:20.66	3:03.84	4:53.22	5:15.34	6:42.72	816
1:41.31	2:20.73	3:03.93	4:53.38	5:15.50	6:42.93	815
1:41.36	2:20.79	3:04.02	4:53.53	5:15.66	6:43.14	814
1:41.41	2:20.86	3:04.11	4:53.68	5:15.83	6:43.35	813
1:41.46	2:20.93	3:04.20	4:53.83	5:15.99	6:43.57	812
1:41.51	2:20.99	3:04.29	4:53.98	5:16.15	6:43.78	811
1:41.56	2:21.06	3:04.38	4:54.13	5:16.31	6:43.99	810
1:41.61	2:21.13	3:04.47	4:54.29	5:16.48	6:44.21	809
1:41.66	2:21.20	3:04.56	4:54.44	5:16.64	6:44.42	808
1:41.71	2:21.26	3:04.65	4:54.59	5:16.80	6:44.64	807
1:41.77	2:21.33	3:04.74	4:54.74	5:16.97	6:44.85	806
1:41.82	2:21.40	3:04.83	4:54.89	5:17.13	6:45.06	805
1:41.87	2:21.47	3:04.92	4:55.05	5:17.29	6:45.28	804
1:41.92	2:21.53	3:05.01	4:55.20	5:17.46	6:45.49	803
1:41.97	2:21.60	3:05.10	4:55.35	5:17.62	6:45.71	802
1:42.02	2:21.67	3:05.19	4:55.50	5:17.78	6:45.92	801

Points	600m	800m	1000m	1500m	Mile	2000m
800	1:42.07	2:21.74	3:05.28	4:55.66	5:17.95	6:46.14
799	1:42.12	2:21.80	3:05.37	4:55.81	5:18.11	6:46.35
798	1:42.17	2:21.87	3:05.46	4:55.96	5:18.27	6:46.57
797	1:42.23	2:21.94	3:05.55	4:56.11	5:18.44	6:46.78
796	1:42.28	2:22.01	3:05.64	4:56.27	5:18.60	6:47.00
795	1:42.33	2:22.08	3:05.73	4:56.42	5:18.77	6:47.21
794	1:42.38	2:22.14	3:05.82	4:56.57	5:18.93	6:47.43
793	1:42.43	2:22.21	3:05.91	4:56.73	5:19.10	6:47.64
792	1:42.48	2:22.28	3:06.01	4:56.88	5:19.26	6:47.86
791	1:42.53	2:22.35	3:06.10	4:57.03	5:19.42	6:48.08
790	1:42.59	2:22.42	3:06.19	4:57.19	5:19.59	6:48.29
789	1:42.64	2:22.48	3:06.28	4:57.34	5:19.75	6:48.51
788	1:42.69	2:22.55	3:06.37	4:57.50	5:19.92	6:48.73
787	1:42.74	2:22.62	3:06.46	4:57.65	5:20.08	6:48.94
786	1:42.79	2:22.69	3:06.55	4:57.80	5:20.25	6:49.16
785	1:42.84	2:22.76	3:06.64	4:57.96	5:20.41	6:49.38
784	1:42.90	2:22.82	3:06.73	4:58.11	5:20.58	6:49.59
783	1:42.95	2:22.89	3:06.83	4:58.27	5:20.75	6:49.81
782	1:43.00	2:22.96	3:06.92	4:58.42	5:20.91	6:50.03
781	1:43.05	2:23.03	3:07.01	4:58.58	5:21.08	6:50.24
780	1:43.10	2:23.10	3:07.10	4:58.73	5:21.24	6:50.46
779	1:43.15	2:23.17	3:07.19	4:58.88	5:21.41	6:50.68
778	1:43.21	2:23.24	3:07.28	4:59.04	5:21.57	6:50.90
777	1:43.26	2:23.30	3:07.38	4:59.19	5:21.74	6:51.12
776	1:43.31	2:23.37	3:07.47	4:59.35	5:21.91	6:51.33
775	1:43.36	2:23.44	3:07.56	4:59.50	5:22.07	6:51.55
774	1:43.41	2:23.51	3:07.65	4:59.66	5:22.24	6:51.77
773	1:43.47	2:23.58	3:07.74	4:59.81	5:22.41	6:51.99
772	1:43.52	2:23.65	3:07.84	4:59.97	5:22.57	6:52.21
771	1:43.57	2:23.72	3:07.93	5:00.13	5:22.74	6:52.43
770	1:43.62	2:23.79	3:08.02	5:00.28	5:22.91	6:52.65
769	1:43.67	2:23.85	3:08.11	5:00.44	5:23.07	6:52.87
768	1:43.73	2:23.92	3:08.20	5:00.59	5:23.24	6:53.08
767	1:43.78	2:23.99	3:08.30	5:00.75	5:23.41	6:53.30
766	1:43.83	2:24.06	3:08.39	5:00.90	5:23.58	6:53.52
765	1:43.88	2:24.13	3:08.48	5:01.06	5:23.74	6:53.74
764	1:43.94	2:24.20	3:08.57	5:01.22	5:23.91	6:53.96
763	1:43.99	2:24.27	3:08.67	5:01.37	5:24.08	6:54.18
762	1:44.04	2:24.34	3:08.76	5:01.53	5:24.25	6:54.40
761	1:44.09	2:24.41	3:08.85	5:01.69	5:24.41	6:54.62
760	1:44.15	2:24.48	3:08.94	5:01.84	5:24.58	6:54.84
759	1:44.20	2:24.55	3:09.04	5:02.00	5:24.75	6:55.06
758	1:44.25	2:24.62	3:09.13	5:02.16	5:24.92	6:55.29
757	1:44.30	2:24.69	3:09.22	5:02.31	5:25.09	6:55.51
756	1:44.36	2:24.76	3:09.32	5:02.47	5:25.25	6:55.73
755	1:44.41	2:24.83	3:09.41	5:02.63	5:25.42	6:55.95
754	1:44.46	2:24.90	3:09.50	5:02.78	5:25.59	6:56.17
753	1:44.51	2:24.96	3:09.60	5:02.94	5:25.76	6:56.39
752	1:44.57	2:25.03	3:09.69	5:03.10	5:25.93	6:56.61
751	1:44.62	2:25.10	3:09.78	5:03.26	5:26.10	6:56.83



600m	800m	1000m	1500m	Mile	2000m	Points
1:44.67	2:25.17	3:09.88	5:03.41	5:26.27	6:57.06	750
1:44.73	2:25.24	3:09.97	5:03.57	5:26.44	6:57.28	749
1:44.78	2:25.31	3:10.06	5:03.73	5:26.61	6:57.50	748
1:44.83	2:25.38	3:10.16	5:03.89	5:26.78	6:57.72	747
1:44.89	2:25.45	3:10.25	5:04.05	5:26.94	6:57.95	746
1:44.94	2:25.52	3:10.34	5:04.20	5:27.11	6:58.17	745
1:44.99	2:25.59	3:10.44	5:04.36	5:27.28	6:58.39	744
1:45.04	2:25.66	3:10.53	5:04.52	5:27.45	6:58.61	743
1:45.10	2:25.73	3:10.62	5:04.68	5:27.62	6:58.84	742
1:45.15	2:25.81	3:10.72	5:04.84	5:27.79	6:59.06	741
1:45.20	2:25.88	3:10.81	5:05.00	5:27.96	6:59.28	740
1:45.26	2:25.95	3:10.91	5:05.16	5:28.13	6:59.51	739
1:45.31	2:26.02	3:11.00	5:05.32	5:28.31	6:59.73	738
1:45.36	2:26.09	3:11.10	5:05.47	5:28.48	6:59.95	737
1:45.42	2:26.16	3:11.19	5:05.63	5:28.65	7:00.18	736
1:45.47	2:26.23	3:11.28	5:05.79	5:28.82	7:00.40	735
1:45.52	2:26.30	3:11.38	5:05.95	5:28.99	7:00.63	734
1:45.58	2:26.37	3:11.47	5:06.11	5:29.16	7:00.85	733
1:45.63	2:26.44	3:11.57	5:06.27	5:29.33	7:01.08	732
1:45.68	2:26.51	3:11.66	5:06.43	5:29.50	7:01.30	731
1:45.74	2:26.58	3:11.76	5:06.59	5:29.67	7:01.53	730
1:45.79	2:26.65	3:11.85	5:06.75	5:29.84	7:01.75	729
1:45.85	2:26.72	3:11.95	5:06.91	5:30.02	7:01.98	728
1:45.90	2:26.79	3:12.04	5:07.07	5:30.19	7:02.20	727
1:45.95	2:26.86	3:12.14	5:07.23	5:30.36	7:02.43	726
1:46.01	2:26.94	3:12.23	5:07.39	5:30.53	7:02.65	725
1:46.06	2:27.01	3:12.33	5:07.55	5:30.70	7:02.88	724
1:46.11	2:27.08	3:12.42	5:07.71	5:30.88	7:03.10	723
1:46.17	2:27.15	3:12.52	5:07.87	5:31.05	7:03.33	722
1:46.22	2:27.22	3:12.61	5:08.03	5:31.22	7:03.56	721
1:46.28	2:27.29	3:12.71	5:08.19	5:31.39	7:03.78	720
1:46.33	2:27.36	3:12.80	5:08.36	5:31.57	7:04.01	719
1:46.38	2:27.43	3:12.90	5:08.52	5:31.74	7:04.24	718
1:46.44	2:27.51	3:12.99	5:08.68	5:31.91	7:04.46	717
1:46.49	2:27.58	3:13.09	5:08.84	5:32.09	7:04.69	716
1:46.55	2:27.65	3:13.18	5:09.00	5:32.26	7:04.92	715
1:46.60	2:27.72	3:13.28	5:09.16	5:32.43	7:05.14	714
1:46.65	2:27.79	3:13.38	5:09.32	5:32.61	7:05.37	713
1:46.71	2:27.86	3:13.47	5:09.49	5:32.78	7:05.60	712
1:46.76	2:27.94	3:13.57	5:09.65	5:32.95	7:05.83	711
1:46.82	2:28.01	3:13.66	5:09.81	5:33.13	7:06.06	710
1:46.87	2:28.08	3:13.76	5:09.97	5:33.30	7:06.28	709
1:46.93	2:28.15	3:13.86	5:10.13	5:33.47	7:06.51	708
1:46.98	2:28.22	3:13.95	5:10.30	5:33.65	7:06.74	707
1:47.04	2:28.30	3:14.05	5:10.46	5:33.82	7:06.97	706
1:47.09	2:28.37	3:14.14	5:10.62	5:34.00	7:07.20	705
1:47.14	2:28.44	3:14.24	5:10.78	5:34.17	7:07.43	704
1:47.20	2:28.51	3:14.34	5:10.95	5:34.35	7:07.66	703
1:47.25	2:28.58	3:14.43	5:11.11	5:34.52	7:07.89	702
1:47.31	2:28.66	3:14.53	5:11.27	5:34.70	7:08.12	701

Points	600m	800m	1000m	1500m	Mile	2000m
700	1:47.36	2:28.73	3:14.63	5:11.44	5:34.87	7:08.35
699	1:47.42	2:28.80	3:14.72	5:11.60	5:35.05	7:08.58
698	1:47.47	2:28.87	3:14.82	5:11.76	5:35.22	7:08.81
697	1:47.53	2:28.95	3:14.92	5:11.93	5:35.40	7:09.04
696	1:47.58	2:29.02	3:15.01	5:12.09	5:35.57	7:09.27
695	1:47.64	2:29.09	3:15.11	5:12.25	5:35.75	7:09.50
694	1:47.69	2:29.16	3:15.21	5:12.42	5:35.92	7:09.73
693	1:47.75	2:29.24	3:15.31	5:12.58	5:36.10	7:09.96
692	1:47.80	2:29.31	3:15.40	5:12.75	5:36.28	7:10.19
691	1:47.86	2:29.38	3:15.50	5:12.91	5:36.45	7:10.42
690	1:47.91	2:29.45	3:15.60	5:13.08	5:36.63	7:10.65
689	1:47.97	2:29.53	3:15.69	5:13.24	5:36.80	7:10.88
688	1:48.02	2:29.60	3:15.79	5:13.40	5:36.98	7:11.11
687	1:48.08	2:29.67	3:15.89	5:13.57	5:37.16	7:11.35
686	1:48.13	2:29.75	3:15.99	5:13.73	5:37.33	7:11.58
685	1:48.19	2:29.82	3:16.08	5:13.90	5:37.51	7:11.81
684	1:48.24	2:29.89	3:16.18	5:14.06	5:37.69	7:12.04
683	1:48.30	2:29.97	3:16.28	5:14.23	5:37.87	7:12.28
682	1:48.35	2:30.04	3:16.38	5:14.39	5:38.04	7:12.51
681	1:48.41	2:30.11	3:16.48	5:14.56	5:38.22	7:12.74
680	1:48.47	2:30.19	3:16.57	5:14.73	5:38.40	7:12.97
679	1:48.52	2:30.26	3:16.67	5:14.89	5:38.58	7:13.21
678	1:48.58	2:30.33	3:16.77	5:15.06	5:38.75	7:13.44
677	1:48.63	2:30.41	3:16.87	5:15.22	5:38.93	7:13.67
676	1:48.69	2:30.48	3:16.97	5:15.39	5:39.11	7:13.91
675	1:48.74	2:30.55	3:17.07	5:15.56	5:39.29	7:14.14
674	1:48.80	2:30.63	3:17.16	5:15.72	5:39.47	7:14.38
673	1:48.86	2:30.70	3:17.26	5:15.89	5:39.64	7:14.61
672	1:48.91	2:30.77	3:17.36	5:16.05	5:39.82	7:14.84
671	1:48.97	2:30.85	3:17.46	5:16.22	5:40.00	7:15.08
670	1:49.02	2:30.92	3:17.56	5:16.39	5:40.18	7:15.31
669	1:49.08	2:31.00	3:17.66	5:16.56	5:40.36	7:15.55
668	1:49.13	2:31.07	3:17.76	5:16.72	5:40.54	7:15.78
667	1:49.19	2:31.14	3:17.86	5:16.89	5:40.72	7:16.02
666	1:49.25	2:31.22	3:17.96	5:17.06	5:40.90	7:16.25
665	1:49.30	2:31.29	3:18.05	5:17.22	5:41.08	7:16.49
664	1:49.36	2:31.37	3:18.15	5:17.39	5:41.26	7:16.73
663	1:49.42	2:31.44	3:18.25	5:17.56	5:41.44	7:16.96
662	1:49.47	2:31.52	3:18.35	5:17.73	5:41.62	7:17.20
661	1:49.53	2:31.59	3:18.45	5:17.90	5:41.80	7:17.43
660	1:49.58	2:31.66	3:18.55	5:18.06	5:41.98	7:17.67
659	1:49.64	2:31.74	3:18.65	5:18.23	5:42.16	7:17.91
658	1:49.70	2:31.81	3:18.75	5:18.40	5:42.34	7:18.14
657	1:49.75	2:31.89	3:18.85	5:18.57	5:42.52	7:18.38
656	1:49.81	2:31.96	3:18.95	5:18.74	5:42.70	7:18.62
655	1:49.87	2:32.04	3:19.05	5:18.91	5:42.88	7:18.86
654	1:49.92	2:32.11	3:19.15	5:19.07	5:43.06	7:19.09
653	1:49.98	2:32.19	3:19.25	5:19.24	5:43.24	7:19.33
652	1:50.04	2:32.26	3:19.35	5:19.41	5:43.42	7:19.57
651	1:50.09	2:32.34	3:19.45	5:19.58	5:43.61	7:19.81

600m	800m	1000m	1500m	Mile	2000m	Points
1:50.15	2:32.41	3:19.55	5:19.75	5:43.79	7:20.05	650
1:50.21	2:32.49	3:19.65	5:19.92	5:43.97	7:20.28	649
1:50.26	2:32.56	3:19.75	5:20.09	5:44.15	7:20.52	648
1:50.32	2:32.64	3:19.85	5:20.26	5:44.33	7:20.76	647
1:50.38	2:32.71	3:19.95	5:20.43	5:44.52	7:21.00	646
1:50.43	2:32.79	3:20.05	5:20.60	5:44.70	7:21.24	645
1:50.49	2:32.86	3:20.15	5:20.77	5:44.88	7:21.48	644
1:50.55	2:32.94	3:20.26	5:20.94	5:45.06	7:21.72	643
1:50.61	2:33.01	3:20.36	5:21.11	5:45.25	7:21.96	642
1:50.66	2:33.09	3:20.46	5:21.28	5:45.43	7:22.20	641
1:50.72	2:33.17	3:20.56	5:21.45	5:45.61	7:22.44	640
1:50.78	2:33.24	3:20.66	5:21.62	5:45.79	7:22.68	639
1:50.84	2:33.32	3:20.76	5:21.79	5:45.98	7:22.92	638
1:50.89	2:33.39	3:20.86	5:21.96	5:46.16	7:23.16	637
1:50.95	2:33.47	3:20.96	5:22.14	5:46.35	7:23.40	636
1:51.01	2:33.54	3:21.06	5:22.31	5:46.53	7:23.64	635
1:51.06	2:33.62	3:21.17	5:22.48	5:46.71	7:23.88	634
1:51.12	2:33.70	3:21.27	5:22.65	5:46.90	7:24.13	633
1:51.18	2:33.77	3:21.37	5:22.82	5:47.08	7:24.37	632
1:51.24	2:33.85	3:21.47	5:22.99	5:47.27	7:24.61	631
1:51.30	2:33.93	3:21.57	5:23.17	5:47.45	7:24.85	630
1:51.35	2:34.00	3:21.68	5:23.34	5:47.63	7:25.09	629
1:51.41	2:34.08	3:21.78	5:23.51	5:47.82	7:25.34	628
1:51.47	2:34.15	3:21.88	5:23.68	5:48.00	7:25.58	627
1:51.53	2:34.23	3:21.98	5:23.86	5:48.19	7:25.82	626
1:51.58	2:34.31	3:22.08	5:24.03	5:48.37	7:26.06	625
1:51.64	2:34.38	3:22.19	5:24.20	5:48.56	7:26.31	624
1:51.70	2:34.46	3:22.29	5:24.37	5:48.75	7:26.55	623
1:51.76	2:34.54	3:22.39	5:24.55	5:48.93	7:26.80	622
1:51.82	2:34.61	3:22.49	5:24.72	5:49.12	7:27.04	621
1:51.87	2:34.69	3:22.60	5:24.89	5:49.30	7:27.28	620
1:51.93	2:34.77	3:22.70	5:25.07	5:49.49	7:27.53	619
1:51.99	2:34.84	3:22.80	5:25.24	5:49.68	7:27.77	618
1:52.05	2:34.92	3:22.91	5:25.41	5:49.86	7:28.02	617
1:52.11	2:35.00	3:23.01	5:25.59	5:50.05	7:28.26	616
1:52.17	2:35.08	3:23.11	5:25.76	5:50.23	7:28.51	615
1:52.22	2:35.15	3:23.21	5:25.94	5:50.42	7:28.75	614
1:52.28	2:35.23	3:23.32	5:26.11	5:50.61	7:29.00	613
1:52.34	2:35.31	3:23.42	5:26.29	5:50.80	7:29.24	612
1:52.40	2:35.38	3:23.52	5:26.46	5:50.98	7:29.49	611
1:52.46	2:35.46	3:23.63	5:26.64	5:51.17	7:29.73	610
1:52.52	2:35.54	3:23.73	5:26.81	5:51.36	7:29.98	609
1:52.58	2:35.62	3:23.84	5:26.99	5:51.55	7:30.23	608
1:52.63	2:35.70	3:23.94	5:27.16	5:51.73	7:30.47	607
1:52.69	2:35.77	3:24.04	5:27.34	5:51.92	7:30.72	606
1:52.75	2:35.85	3:24.15	5:27.51	5:52.11	7:30.97	605
1:52.81	2:35.93	3:24.25	5:27.69	5:52.30	7:31.21	604
1:52.87	2:36.01	3:24.36	5:27.86	5:52.49	7:31.46	603
1:52.93	2:36.08	3:24.46	5:28.04	5:52.68	7:31.71	602
1:52.99	2:36.16	3:24.56	5:28.22	5:52.87	7:31.96	601

Points	600m	800m	1000m	1500m	Mile	2000m
600	1:53.05	2:36.24	3:24.67	5:28.39	5:53.05	7:32.21
599	1:53.11	2:36.32	3:24.77	5:28.57	5:53.24	7:32.45
598	1:53.17	2:36.40	3:24.88	5:28.74	5:53.43	7:32.70
597	1:53.23	2:36.48	3:24.98	5:28.92	5:53.62	7:32.95
596	1:53.28	2:36.55	3:25.09	5:29.10	5:53.81	7:33.20
595	1:53.34	2:36.63	3:25.19	5:29.27	5:54.00	7:33.45
594	1:53.40	2:36.71	3:25.30	5:29.45	5:54.19	7:33.70
593	1:53.46	2:36.79	3:25.40	5:29.63	5:54.38	7:33.95
592	1:53.52	2:36.87	3:25.51	5:29.81	5:54.57	7:34.20
591	1:53.58	2:36.95	3:25.61	5:29.98	5:54.76	7:34.45
590	1:53.64	2:37.02	3:25.72	5:30.16	5:54.95	7:34.70
589	1:53.70	2:37.10	3:25.82	5:30.34	5:55.14	7:34.95
588	1:53.76	2:37.18	3:25.93	5:30.52	5:55.34	7:35.20
587	1:53.82	2:37.26	3:26.03	5:30.70	5:55.53	7:35.45
586	1:53.88	2:37.34	3:26.14	5:30.87	5:55.72	7:35.70
585	1:53.94	2:37.42	3:26.24	5:31.05	5:55.91	7:35.95
584	1:54.00	2:37.50	3:26.35	5:31.23	5:56.10	7:36.20
583	1:54.06	2:37.58	3:26.46	5:31.41	5:56.29	7:36.45
582	1:54.12	2:37.66	3:26.56	5:31.59	5:56.48	7:36.71
581	1:54.18	2:37.74	3:26.67	5:31.77	5:56.68	7:36.96
580	1:54.24	2:37.82	3:26.77	5:31.95	5:56.87	7:37.21
579	1:54.30	2:37.90	3:26.88	5:32.13	5:57.06	7:37.46
578	1:54.36	2:37.98	3:26.99	5:32.31	5:57.25	7:37.72
577	1:54.42	2:38.05	3:27.09	5:32.49	5:57.45	7:37.97
576	1:54.48	2:38.13	3:27.20	5:32.67	5:57.64	7:38.22
575	1:54.54	2:38.21	3:27.31	5:32.85	5:57.83	7:38.48
574	1:54.60	2:38.29	3:27.41	5:33.03	5:58.03	7:38.73
573	1:54.66	2:38.37	3:27.52	5:33.21	5:58.22	7:38.98
572	1:54.72	2:38.45	3:27.63	5:33.39	5:58.41	7:39.24
571	1:54.78	2:38.53	3:27.73	5:33.57	5:58.61	7:39.49
570	1:54.84	2:38.61	3:27.84	5:33.75	5:58.80	7:39.75
569	1:54.90	2:38.69	3:27.95	5:33.93	5:58.99	7:40.00
568	1:54.97	2:38.77	3:28.06	5:34.11	5:59.19	7:40.26
567	1:55.03	2:38.86	3:28.16	5:34.29	5:59.38	7:40.51
566	1:55.09	2:38.94	3:28.27	5:34.47	5:59.58	7:40.77
565	1:55.15	2:39.02	3:28.38	5:34.66	5:59.77	7:41.02
564	1:55.21	2:39.10	3:28.49	5:34.84	5:59.97	7:41.28
563	1:55.27	2:39.18	3:28.59	5:35.02	6:00.16	7:41.53
562	1:55.33	2:39.26	3:28.70	5:35.20	6:00.36	7:41.79
561	1:55.39	2:39.34	3:28.81	5:35.38	6:00.55	7:42.05
560	1:55.45	2:39.42	3:28.92	5:35.57	6:00.75	7:42.30
559	1:55.51	2:39.50	3:29.03	5:35.75	6:00.95	7:42.56
558	1:55.58	2:39.58	3:29.13	5:35.93	6:01.14	7:42.82
557	1:55.64	2:39.66	3:29.24	5:36.11	6:01.34	7:43.07
556	1:55.70	2:39.74	3:29.35	5:36.30	6:01.53	7:43.33
555	1:55.76	2:39.82	3:29.46	5:36.48	6:01.73	7:43.59
554	1:55.82	2:39.91	3:29.57	5:36.66	6:01.93	7:43.85
553	1:55.88	2:39.99	3:29.68	5:36.85	6:02.12	7:44.11
552	1:55.94	2:40.07	3:29.79	5:37.03	6:02.32	7:44.37
551	1:56.01	2:40.15	3:29.89	5:37.22	6:02.52	7:44.62

600m	800m	1000m	1500m	Mile	2000m	Points
1:56.07	2:40.23	3:30.00	5:37.40	6:02.72	7:44.88	550
1:56.13	2:40.31	3:30.11	5:37.58	6:02.91	7:45.14	549
1:56.19	2:40.40	3:30.22	5:37.77	6:03.11	7:45.40	548
1:56.25	2:40.48	3:30.33	5:37.95	6:03.31	7:45.66	547
1:56.32	2:40.56	3:30.44	5:38.14	6:03.51	7:45.92	546
1:56.38	2:40.64	3:30.55	5:38.32	6:03.71	7:46.18	545
1:56.44	2:40.72	3:30.66	5:38.51	6:03.90	7:46.44	544
1:56.50	2:40.80	3:30.77	5:38.69	6:04.10	7:46.70	543
1:56.56	2:40.89	3:30.88	5:38.88	6:04.30	7:46.96	542
1:56.63	2:40.97	3:30.99	5:39.06	6:04.50	7:47.23	541
1:56.69	2:41.05	3:31.10	5:39.25	6:04.70	7:47.49	540
1:56.75	2:41.13	3:31.21	5:39.44	6:04.90	7:47.75	539
1:56.81	2:41.22	3:31.32	5:39.62	6:05.10	7:48.01	538
1:56.88	2:41.30	3:31.43	5:39.81	6:05.30	7:48.27	537
1:56.94	2:41.38	3:31.54	5:40.00	6:05.50	7:48.54	536
1:57.00	2:41.46	3:31.65	5:40.18	6:05.70	7:48.80	535
1:57.06	2:41.55	3:31.76	5:40.37	6:05.90	7:49.06	534
1:57.13	2:41.63	3:31.87	5:40.56	6:06.10	7:49.32	533
1:57.19	2:41.71	3:31.98	5:40.74	6:06.30	7:49.59	532
1:57.25	2:41.80	3:32.09	5:40.93	6:06.50	7:49.85	531
1:57.31	2:41.88	3:32.21	5:41.12	6:06.70	7:50.11	530
1:57.38	2:41.96	3:32.32	5:41.31	6:06.90	7:50.38	529
1:57.44	2:42.05	3:32.43	5:41.49	6:07.11	7:50.64	528
1:57.50	2:42.13	3:32.54	5:41.68	6:07.31	7:50.91	527
1:57.57	2:42.21	3:32.65	5:41.87	6:07.51	7:51.17	526
1:57.63	2:42.30	3:32.76	5:42.06	6:07.71	7:51.44	525
1:57.69	2:42.38	3:32.87	5:42.25	6:07.91	7:51.70	524
1:57.76	2:42.46	3:32.99	5:42.44	6:08.12	7:51.97	523
1:57.82	2:42.55	3:33.10	5:42.62	6:08.32	7:52.24	522
1:57.88	2:42.63	3:33.21	5:42.81	6:08.52	7:52.50	521
1:57.95	2:42.71	3:33.32	5:43.00	6:08.72	7:52.77	520
1:58.01	2:42.80	3:33.43	5:43.19	6:08.93	7:53.03	519
1:58.07	2:42.88	3:33.55	5:43.38	6:09.13	7:53.30	518
1:58.14	2:42.97	3:33.66	5:43.57	6:09.33	7:53.57	517
1:58.20	2:43.05	3:33.77	5:43.76	6:09.54	7:53.84	516
1:58.26	2:43.13	3:33.88	5:43.95	6:09.74	7:54.10	515
1:58.33	2:43.22	3:34.00	5:44.14	6:09.95	7:54.37	514
1:58.39	2:43.30	3:34.11	5:44.33	6:10.15	7:54.64	513
1:58.46	2:43.39	3:34.22	5:44.52	6:10.36	7:54.91	512
1:58.52	2:43.47	3:34.34	5:44.71	6:10.56	7:55.18	511
1:58.58	2:43.56	3:34.45	5:44.91	6:10.77	7:55.45	510
1:58.65	2:43.64	3:34.56	5:45.10	6:10.97	7:55.72	509
1:58.71	2:43.73	3:34.68	5:45.29	6:11.18	7:55.99	508
1:58.78	2:43.81	3:34.79	5:45.48	6:11.38	7:56.26	507
1:58.84	2:43.90	3:34.90	5:45.67	6:11.59	7:56.53	506
1:58.91	2:43.98	3:35.02	5:45.86	6:11.79	7:56.80	505
1:58.97	2:44.07	3:35.13	5:46.06	6:12.00	7:57.07	504
1:59.04	2:44.15	3:35.25	5:46.25	6:12.21	7:57.34	503
1:59.10	2:44.24	3:35.36	5:46.44	6:12.41	7:57.61	502
1:59.16	2:44.32	3:35.47	5:46.64	6:12.62	7:57.88	501

WOMEN'S MIDDLE DISTANCES / FEMMES COURSES DE DEMI-FOND

Points	600m	800m	1000m	1500m	Mile	2000m
500	1:59.23	2:44.41	3:35.59	5:46.83	6:12.83	7:58.15
499	1:59.29	2:44.49	3:35.70	5:47.02	6:13.03	7:58.42
498	1:59.36	2:44.58	3:35.82	5:47.21	6:13.24	7:58.70
497	1:59.42	2:44.67	3:35.93	5:47.41	6:13.45	7:58.97
496	1:59.49	2:44.75	3:36.05	5:47.60	6:13.66	7:59.24
495	1:59.55	2:44.84	3:36.16	5:47.80	6:13.87	7:59.51
494	1:59.62	2:44.92	3:36.28	5:47.99	6:14.07	7:59.79
493	1:59.68	2:45.01	3:36.39	5:48.19	6:14.28	8:00.06
492	1:59.75	2:45.10	3:36.51	5:48.38	6:14.49	8:00.33
491	1:59.81	2:45.18	3:36.62	5:48.57	6:14.70	8:00.61
490	1:59.88	2:45.27	3:36.74	5:48.77	6:14.91	8:00.88
489	1:59.95	2:45.36	3:36.85	5:48.96	6:15.12	8:01.16
488	2:00.01	2:45.44	3:36.97	5:49.16	6:15.33	8:01.43
487	2:00.08	2:45.53	3:37.08	5:49.36	6:15.54	8:01.71
486	2:00.14	2:45.62	3:37.20	5:49.55	6:15.75	8:01.98
485	2:00.21	2:45.70	3:37.32	5:49.75	6:15.96	8:02.26
484	2:00.27	2:45.79	3:37.43	5:49.94	6:16.17	8:02.54
483	2:00.34	2:45.88	3:37.55	5:50.14	6:16.38	8:02.81
482	2:00.41	2:45.96	3:37.67	5:50.34	6:16.59	8:03.09
481	2:00.47	2:46.05	3:37.78	5:50.53	6:16.80	8:03.37
480	2:00.54	2:46.14	3:37.90	5:50.73	6:17.01	8:03.64
479	2:00.60	2:46.23	3:38.02	5:50.93	6:17.22	8:03.92
478	2:00.67	2:46.31	3:38.13	5:51.13	6:17.44	8:04.20
477	2:00.74	2:46.40	3:38.25	5:51.32	6:17.65	8:04.48
476	2:00.80	2:46.49	3:38.37	5:51.52	6:17.86	8:04.76
475	2:00.87	2:46.58	3:38.48	5:51.72	6:18.07	8:05.03
474	2:00.94	2:46.66	3:38.60	5:51.92	6:18.29	8:05.31
473	2:01.00	2:46.75	3:38.72	5:52.12	6:18.50	8:05.59
472	2:01.07	2:46.84	3:38.84	5:52.31	6:18.71	8:05.87
471	2:01.14	2:46.93	3:38.96	5:52.51	6:18.92	8:06.15
470	2:01.20	2:47.02	3:39.07	5:52.71	6:19.14	8:06.43
469	2:01.27	2:47.10	3:39.19	5:52.91	6:19.35	8:06.71
468	2:01.34	2:47.19	3:39.31	5:53.11	6:19.57	8:06.99
467	2:01.40	2:47.28	3:39.43	5:53.31	6:19.78	8:07.28
466	2:01.47	2:47.37	3:39.55	5:53.51	6:20.00	8:07.56
465	2:01.54	2:47.46	3:39.66	5:53.71	6:20.21	8:07.84
464	2:01.60	2:47.55	3:39.78	5:53.91	6:20.42	8:08.12
463	2:01.67	2:47.64	3:39.90	5:54.11	6:20.64	8:08.40
462	2:01.74	2:47.73	3:40.02	5:54.31	6:20.86	8:08.69
461	2:01.81	2:47.81	3:40.14	5:54.51	6:21.07	8:08.97
460	2:01.87	2:47.90	3:40.26	5:54.72	6:21.29	8:09.25
459	2:01.94	2:47.99	3:40.38	5:54.92	6:21.50	8:09.54
458	2:02.01	2:48.08	3:40.50	5:55.12	6:21.72	8:09.82
457	2:02.08	2:48.17	3:40.62	5:55.32	6:21.94	8:10.10
456	2:02.14	2:48.26	3:40.74	5:55.52	6:22.15	8:10.39
455	2:02.21	2:48.35	3:40.86	5:55.73	6:22.37	8:10.67
454	2:02.28	2:48.44	3:40.98	5:55.93	6:22.59	8:10.96
453	2:02.35	2:48.53	3:41.10	5:56.13	6:22.80	8:11.24
452	2:02.42	2:48.62	3:41.22	5:56.33	6:23.02	8:11.53
451	2:02.48	2:48.71	3:41.34	5:56.54	6:23.24	8:11.82

600m	800m	1000m	1500m	Mile	2000m	Points
2:02.55	2:48.80	3:41.46	5:56.74	6:23.46	8:12.10	450
2:02.62	2:48.89	3:41.58	5:56.94	6:23.68	8:12.39	449
2:02.69	2:48.98	3:41.70	5:57.15	6:23.90	8:12.68	448
2:02.76	2:49.07	3:41.82	5:57.35	6:24.11	8:12.96	447
2:02.83	2:49.16	3:41.94	5:57.56	6:24.33	8:13.25	446
2:02.89	2:49.25	3:42.06	5:57.76	6:24.55	8:13.54	445
2:02.96	2:49.34	3:42.18	5:57.97	6:24.77	8:13.83	444
2:03.03	2:49.44	3:42.31	5:58.17	6:24.99	8:14.12	443
2:03.10	2:49.53	3:42.43	5:58.38	6:25.21	8:14.40	442
2:03.17	2:49.62	3:42.55	5:58.58	6:25.43	8:14.69	441
2:03.24	2:49.71	3:42.67	5:58.79	6:25.65	8:14.98	440
2:03.31	2:49.80	3:42.79	5:58.99	6:25.88	8:15.27	439
2:03.38	2:49.89	3:42.92	5:59.20	6:26.10	8:15.56	438
2:03.45	2:49.98	3:43.04	5:59.41	6:26.32	8:15.85	437
2:03.52	2:50.07	3:43.16	5:59.61	6:26.54	8:16.14	436
2:03.59	2:50.17	3:43.28	5:59.82	6:26.76	8:16.44	435
2:03.65	2:50.26	3:43.41	6:00.03	6:26.98	8:16.73	434
2:03.72	2:50.35	3:43.53	6:00.24	6:27.21	8:17.02	433
2:03.79	2:50.44	3:43.65	6:00.44	6:27.43	8:17.31	432
2:03.86	2:50.53	3:43.77	6:00.65	6:27.65	8:17.60	431
2:03.93	2:50.63	3:43.90	6:00.86	6:27.88	8:17.90	430
2:04.00	2:50.72	3:44.02	6:01.07	6:28.10	8:18.19	429
2:04.07	2:50.81	3:44.15	6:01.28	6:28.32	8:18.48	428
2:04.14	2:50.90	3:44.27	6:01.49	6:28.55	8:18.78	427
2:04.21	2:51.00	3:44.39	6:01.69	6:28.77	8:19.07	426
2:04.28	2:51.09	3:44.52	6:01.90	6:29.00	8:19.37	425
2:04.35	2:51.18	3:44.64	6:02.11	6:29.22	8:19.66	424
2:04.42	2:51.27	3:44.77	6:02.32	6:29.45	8:19.96	423
2:04.49	2:51.37	3:44.89	6:02.53	6:29.67	8:20.25	422
2:04.57	2:51.46	3:45.01	6:02.74	6:29.90	8:20.55	421
2:04.64	2:51.55	3:45.14	6:02.95	6:30.12	8:20.85	420
2:04.71	2:51.65	3:45.26	6:03.17	6:30.35	8:21.14	419
2:04.78	2:51.74	3:45.39	6:03.38	6:30.58	8:21.44	418
2:04.85	2:51.83	3:45.51	6:03.59	6:30.80	8:21.74	417
2:04.92	2:51.93	3:45.64	6:03.80	6:31.03	8:22.04	416
2:04.99	2:52.02	3:45.77	6:04.01	6:31.26	8:22.33	415
2:05.06	2:52.12	3:45.89	6:04.22	6:31.48	8:22.63	414
2:05.13	2:52.21	3:46.02	6:04.44	6:31.71	8:22.93	413
2:05.20	2:52.30	3:46.14	6:04.65	6:31.94	8:23.23	412
2:05.28	2:52.40	3:46.27	6:04.86	6:32.17	8:23.53	411
2:05.35	2:52.49	3:46.39	6:05.07	6:32.40	8:23.83	410
2:05.42	2:52.59	3:46.52	6:05.29	6:32.63	8:24.13	409
2:05.49	2:52.68	3:46.65	6:05.50	6:32.85	8:24.43	408
2:05.56	2:52.78	3:46.77	6:05.72	6:33.08	8:24.73	407
2:05.63	2:52.87	3:46.90	6:05.93	6:33.31	8:25.03	406
2:05.71	2:52.97	3:47.03	6:06.14	6:33.54	8:25.34	405
2:05.78	2:53.06	3:47.16	6:06.36	6:33.77	8:25.64	404
2:05.85	2:53.16	3:47.28	6:06.57	6:34.01	8:25.94	403
2:05.92	2:53.25	3:47.41	6:06.79	6:34.24	8:26.24	402
2:05.99	2:53.35	3:47.54	6:07.01	6:34.47	8:26.55	401

Points	600m	800m	1000m	1500m	Mile	2000m
400	2:06.07	2:53.44	3:47.67	6:07.22	6:34.70	8:26.85
399	2:06.14	2:53.54	3:47.79	6:07.44	6:34.93	8:27.15
398	2:06.21	2:53.64	3:47.92	6:07.65	6:35.16	8:27.46
397	2:06.28	2:53.73	3:48.05	6:07.87	6:35.39	8:27.76
396	2:06.36	2:53.83	3:48.18	6:08.09	6:35.63	8:28.07
395	2:06.43	2:53.92	3:48.31	6:08.30	6:35.86	8:28.38
394	2:06.50	2:54.02	3:48.44	6:08.52	6:36.09	8:28.68
393	2:06.58	2:54.12	3:48.57	6:08.74	6:36.33	8:28.99
392	2:06.65	2:54.21	3:48.69	6:08.96	6:36.56	8:29.29
391	2:06.72	2:54.31	3:48.82	6:09.18	6:36.80	8:29.60
390	2:06.80	2:54.41	3:48.95	6:09.39	6:37.03	8:29.91
389	2:06.87	2:54.50	3:49.08	6:09.61	6:37.26	8:30.22
388	2:06.94	2:54.60	3:49.21	6:09.83	6:37.50	8:30.53
387	2:07.02	2:54.70	3:49.34	6:10.05	6:37.73	8:30.83
386	2:07.09	2:54.80	3:49.47	6:10.27	6:37.97	8:31.14
385	2:07.16	2:54.89	3:49.60	6:10.49	6:38.21	8:31.45
384	2:07.24	2:54.99	3:49.73	6:10.71	6:38.44	8:31.76
383	2:07.31	2:55.09	3:49.86	6:10.93	6:38.68	8:32.07
382	2:07.38	2:55.19	3:50.00	6:11.15	6:38.92	8:32.38
381	2:07.46	2:55.28	3:50.13	6:11.37	6:39.15	8:32.70
380	2:07.53	2:55.38	3:50.26	6:11.60	6:39.39	8:33.01
379	2:07.61	2:55.48	3:50.39	6:11.82	6:39.63	8:33.32
378	2:07.68	2:55.58	3:50.52	6:12.04	6:39.87	8:33.63
377	2:07.76	2:55.68	3:50.65	6:12.26	6:40.10	8:33.94
376	2:07.83	2:55.78	3:50.78	6:12.48	6:40.34	8:34.26
375	2:07.91	2:55.88	3:50.92	6:12.71	6:40.58	8:34.57
374	2:07.98	2:55.97	3:51.05	6:12.93	6:40.82	8:34.89
373	2:08.06	2:56.07	3:51.18	6:13.15	6:41.06	8:35.20
372	2:08.13	2:56.17	3:51.31	6:13.38	6:41.30	8:35.52
371	2:08.21	2:56.27	3:51.45	6:13.60	6:41.54	8:35.83
370	2:08.28	2:56.37	3:51.58	6:13.83	6:41.78	8:36.15
369	2:08.36	2:56.47	3:51.71	6:14.05	6:42.02	8:36.46
368	2:08.43	2:56.57	3:51.84	6:14.28	6:42.26	8:36.78
367	2:08.51	2:56.67	3:51.98	6:14.50	6:42.51	8:37.10
366	2:08.58	2:56.77	3:52.11	6:14.73	6:42.75	8:37.41
365	2:08.66	2:56.87	3:52.25	6:14.95	6:42.99	8:37.73
364	2:08.73	2:56.97	3:52.38	6:15.18	6:43.23	8:38.05
363	2:08.81	2:57.07	3:52.51	6:15.41	6:43.48	8:38.37
362	2:08.89	2:57.17	3:52.65	6:15.63	6:43.72	8:38.69
361	2:08.96	2:57.27	3:52.78	6:15.86	6:43.96	8:39.01
360	2:09.04	2:57.37	3:52.92	6:16.09	6:44.21	8:39.33
359	2:09.12	2:57.47	3:53.05	6:16.32	6:44.45	8:39.65
358	2:09.19	2:57.58	3:53.19	6:16.54	6:44.70	8:39.97
357	2:09.27	2:57.68	3:53.32	6:16.77	6:44.94	8:40.29
356	2:09.35	2:57.78	3:53.46	6:17.00	6:45.19	8:40.61
355	2:09.42	2:57.88	3:53.59	6:17.23	6:45.43	8:40.94
354	2:09.50	2:57.98	3:53.73	6:17.46	6:45.68	8:41.26
353	2:09.58	2:58.08	3:53.87	6:17.69	6:45.92	8:41.58
352	2:09.65	2:58.18	3:54.00	6:17.92	6:46.17	8:41.91
351	2:09.73	2:58.29	3:54.14	6:18.15	6:46.42	8:42.23



600m	800m	1000m	1500m	Mile	2000m	Points
2:09.81	2:58.39	3:54.28	6:18.38	6:46.67	8:42.55	350
2:09.89	2:58.49	3:54.41	6:18.61	6:46.91	8:42.88	349
2:09.96	2:58.59	3:54.55	6:18.84	6:47.16	8:43.21	348
2:10.04	2:58.70	3:54.69	6:19.07	6:47.41	8:43.53	347
2:10.12	2:58.80	3:54.82	6:19.31	6:47.66	8:43.86	346
2:10.20	2:58.90	3:54.96	6:19.54	6:47.91	8:44.18	345
2:10.27	2:59.01	3:55.10	6:19.77	6:48.16	8:44.51	344
2:10.35	2:59.11	3:55.24	6:20.00	6:48.41	8:44.84	343
2:10.43	2:59.21	3:55.38	6:20.24	6:48.66	8:45.17	342
2:10.51	2:59.32	3:55.51	6:20.47	6:48.91	8:45.50	341
2:10.59	2:59.42	3:55.65	6:20.71	6:49.16	8:45.83	340
2:10.67	2:59.52	3:55.79	6:20.94	6:49.41	8:46.16	339
2:10.74	2:59.63	3:55.93	6:21.17	6:49.66	8:46.49	338
2:10.82	2:59.73	3:56.07	6:21.41	6:49.92	8:46.82	337
2:10.90	2:59.84	3:56.21	6:21.65	6:50.17	8:47.15	336
2:10.98	2:59.94	3:56.35	6:21.88	6:50.42	8:47.48	335
2:11.06	3:00.04	3:56.49	6:22.12	6:50.67	8:47.81	334
2:11.14	3:00.15	3:56.63	6:22.35	6:50.93	8:48.15	333
2:11.22	3:00.25	3:56.77	6:22.59	6:51.18	8:48.48	332
2:11.30	3:00.36	3:56.91	6:22.83	6:51.44	8:48.81	331
2:11.38	3:00.46	3:57.05	6:23.07	6:51.69	8:49.15	330
2:11.46	3:00.57	3:57.19	6:23.30	6:51.95	8:49.48	329
2:11.54	3:00.68	3:57.33	6:23.54	6:52.20	8:49.82	328
2:11.62	3:00.78	3:57.47	6:23.78	6:52.46	8:50.15	327
2:11.70	3:00.89	3:57.62	6:24.02	6:52.71	8:50.49	326
2:11.78	3:00.99	3:57.76	6:24.26	6:52.97	8:50.83	325
2:11.86	3:01.10	3:57.90	6:24.50	6:53.23	8:51.17	324
2:11.94	3:01.21	3:58.04	6:24.74	6:53.49	8:51.50	323
2:12.02	3:01.31	3:58.18	6:24.98	6:53.74	8:51.84	322
2:12.10	3:01.42	3:58.33	6:25.22	6:54.00	8:52.18	321
2:12.18	3:01.53	3:58.47	6:25.46	6:54.26	8:52.52	320
2:12.26	3:01.63	3:58.61	6:25.70	6:54.52	8:52.86	319
2:12.34	3:01.74	3:58.76	6:25.95	6:54.78	8:53.20	318
2:12.43	3:01.85	3:58.90	6:26.19	6:55.04	8:53.54	317
2:12.51	3:01.96	3:59.04	6:26.43	6:55.30	8:53.88	316
2:12.59	3:02.06	3:59.19	6:26.67	6:55.56	8:54.23	315
2:12.67	3:02.17	3:59.33	6:26.92	6:55.82	8:54.57	314
2:12.75	3:02.28	3:59.48	6:27.16	6:56.08	8:54.91	313
2:12.83	3:02.39	3:59.62	6:27.41	6:56.35	8:55.26	312
2:12.92	3:02.50	3:59.77	6:27.65	6:56.61	8:55.60	311
2:13.00	3:02.60	3:59.91	6:27.90	6:56.87	8:55.95	310
2:13.08	3:02.71	4:00.06	6:28.14	6:57.13	8:56.29	309
2:13.16	3:02.82	4:00.20	6:28.39	6:57.40	8:56.64	308
2:13.25	3:02.93	4:00.35	6:28.63	6:57.66	8:56.98	307
2:13.33	3:03.04	4:00.49	6:28.88	6:57.93	8:57.33	306
2:13.41	3:03.15	4:00.64	6:29.13	6:58.19	8:57.68	305
2:13.49	3:03.26	4:00.79	6:29.37	6:58.46	8:58.03	304
2:13.58	3:03.37	4:00.93	6:29.62	6:58.72	8:58.38	303
2:13.66	3:03.48	4:01.08	6:29.87	6:58.99	8:58.73	302
2:13.74	3:03.59	4:01.23	6:30.12	6:59.26	8:59.08	301

WOMEN'S MIDDLE DISTANCES / FEMMES COURSES DE DEMI-FOND

Points	600m	800m	1000m	1500m	Mile	2000m
300	2:13.83	3:03.70	4:01.38	6:30.37	6:59.52	8:59.43
299	2:13.91	3:03.81	4:01.52	6:30.62	6:59.79	8:59.78
298	2:14.00	3:03.92	4:01.67	6:30.87	7:00.06	9:00.13
297	2:14.08	3:04.03	4:01.82	6:31.12	7:00.33	9:00.48
296	2:14.16	3:04.14	4:01.97	6:31.37	7:00.60	9:00.83
295	2:14.25	3:04.26	4:02.12	6:31.62	7:00.87	9:01.19
294	2:14.33	3:04.37	4:02.27	6:31.87	7:01.14	9:01.54
293	2:14.42	3:04.48	4:02.42	6:32.12	7:01.41	9:01.90
292	2:14.50	3:04.59	4:02.57	6:32.38	7:01.68	9:02.25
291	2:14.59	3:04.70	4:02.71	6:32.63	7:01.95	9:02.61
290	2:14.67	3:04.81	4:02.87	6:32.88	7:02.22	9:02.97
289	2:14.76	3:04.93	4:03.02	6:33.14	7:02.49	9:03.32
288	2:14.84	3:05.04	4:03.17	6:33.39	7:02.77	9:03.68
287	2:14.93	3:05.15	4:03.32	6:33.65	7:03.04	9:04.04
286	2:15.01	3:05.27	4:03.47	6:33.90	7:03.31	9:04.40
285	2:15.10	3:05.38	4:03.62	6:34.16	7:03.59	9:04.76
284	2:15.18	3:05.49	4:03.77	6:34.41	7:03.86	9:05.12
283	2:15.27	3:05.61	4:03.92	6:34.67	7:04.14	9:05.48
282	2:15.36	3:05.72	4:04.08	6:34.93	7:04.41	9:05.84
281	2:15.44	3:05.83	4:04.23	6:35.18	7:04.69	9:06.20
280	2:15.53	3:05.95	4:04.38	6:35.44	7:04.96	9:06.57
279	2:15.62	3:06.06	4:04.53	6:35.70	7:05.24	9:06.93
278	2:15.70	3:06.18	4:04.69	6:35.96	7:05.52	9:07.29
277	2:15.79	3:06.29	4:04.84	6:36.22	7:05.80	9:07.66
276	2:15.88	3:06.41	4:04.99	6:36.48	7:06.08	9:08.02
275	2:15.96	3:06.52	4:05.15	6:36.74	7:06.36	9:08.39
274	2:16.05	3:06.64	4:05.30	6:37.00	7:06.63	9:08.76
273	2:16.14	3:06.75	4:05.46	6:37.26	7:06.92	9:09.12
272	2:16.23	3:06.87	4:05.61	6:37.52	7:07.20	9:09.49
271	2:16.31	3:06.99	4:05.77	6:37.78	7:07.48	9:09.86
270	2:16.40	3:07.10	4:05.92	6:38.05	7:07.76	9:10.23
269	2:16.49	3:07.22	4:06.08	6:38.31	7:08.04	9:10.60
268	2:16.58	3:07.34	4:06.24	6:38.57	7:08.32	9:10.97
267	2:16.67	3:07.45	4:06.39	6:38.84	7:08.61	9:11.34
266	2:16.76	3:07.57	4:06.55	6:39.10	7:08.89	9:11.72
265	2:16.84	3:07.69	4:06.71	6:39.37	7:09.17	9:12.09
264	2:16.93	3:07.81	4:06.86	6:39.63	7:09.46	9:12.46
263	2:17.02	3:07.92	4:07.02	6:39.90	7:09.74	9:12.84
262	2:17.11	3:08.04	4:07.18	6:40.17	7:10.03	9:13.21
261	2:17.20	3:08.16	4:07.34	6:40.43	7:10.32	9:13.59
260	2:17.29	3:08.28	4:07.49	6:40.70	7:10.60	9:13.97
259	2:17.38	3:08.40	4:07.65	6:40.97	7:10.89	9:14.34
258	2:17.47	3:08.52	4:07.81	6:41.24	7:11.18	9:14.72
257	2:17.56	3:08.64	4:07.97	6:41.51	7:11.47	9:15.10
256	2:17.65	3:08.75	4:08.13	6:41.78	7:11.76	9:15.48
255	2:17.74	3:08.87	4:08.29	6:42.05	7:12.05	9:15.86
254	2:17.83	3:08.99	4:08.45	6:42.32	7:12.34	9:16.24
253	2:17.92	3:09.11	4:08.61	6:42.59	7:12.63	9:16.62
252	2:18.02	3:09.24	4:08.77	6:42.86	7:12.92	9:17.01
251	2:18.11	3:09.36	4:08.94	6:43.13	7:13.21	9:17.39

600m	800m	1000m	1500m	Mile	2000m	Points
2:18.20	3:09.48	4:09.10	6:43.41	7:13.51	9:17.77	250
2:18.29	3:09.60	4:09.26	6:43.68	7:13.80	9:18.16	249
2:18.38	3:09.72	4:09.42	6:43.95	7:14.09	9:18.54	248
2:18.47	3:09.84	4:09.58	6:44.23	7:14.39	9:18.93	247
2:18.57	3:09.96	4:09.75	6:44.50	7:14.68	9:19.32	246
2:18.66	3:10.08	4:09.91	6:44.78	7:14.98	9:19.70	245
2:18.75	3:10.21	4:10.07	6:45.05	7:15.27	9:20.09	244
2:18.84	3:10.33	4:10.24	6:45.33	7:15.57	9:20.48	243
2:18.94	3:10.45	4:10.40	6:45.61	7:15.87	9:20.87	242
2:19.03	3:10.58	4:10.57	6:45.89	7:16.17	9:21.26	241
2:19.12	3:10.70	4:10.73	6:46.17	7:16.47	9:21.66	240
2:19.22	3:10.82	4:10.90	6:46.44	7:16.76	9:22.05	239
2:19.31	3:10.95	4:11.06	6:46.72	7:17.06	9:22.44	238
2:19.41	3:11.07	4:11.23	6:47.00	7:17.36	9:22.84	237
2:19.50	3:11.20	4:11.39	6:47.29	7:17.67	9:23.23	236
2:19.59	3:11.32	4:11.56	6:47.57	7:17.97	9:23.63	235
2:19.69	3:11.45	4:11.73	6:47.85	7:18.27	9:24.03	234
2:19.78	3:11.57	4:11.90	6:48.13	7:18.57	9:24.42	233
2:19.88	3:11.70	4:12.06	6:48.41	7:18.88	9:24.82	232
2:19.97	3:11.82	4:12.23	6:48.70	7:19.18	9:25.22	231
2:20.07	3:11.95	4:12.40	6:48.98	7:19.49	9:25.62	230
2:20.16	3:12.07	4:12.57	6:49.27	7:19.79	9:26.02	229
2:20.26	3:12.20	4:12.74	6:49.55	7:20.10	9:26.43	228
2:20.36	3:12.33	4:12.91	6:49.84	7:20.41	9:26.83	227
2:20.45	3:12.45	4:13.08	6:50.13	7:20.71	9:27.23	226
2:20.55	3:12.58	4:13.25	6:50.41	7:21.02	9:27.64	225
2:20.65	3:12.71	4:13.42	6:50.70	7:21.33	9:28.04	224
2:20.74	3:12.84	4:13.59	6:50.99	7:21.64	9:28.45	223
2:20.84	3:12.97	4:13.76	6:51.28	7:21.95	9:28.86	222
2:20.94	3:13.09	4:13.93	6:51.57	7:22.26	9:29.27	221
2:21.03	3:13.22	4:14.11	6:51.86	7:22.58	9:29.67	220
2:21.13	3:13.35	4:14.28	6:52.15	7:22.89	9:30.08	219
2:21.23	3:13.48	4:14.45	6:52.45	7:23.20	9:30.50	218
2:21.33	3:13.61	4:14.63	6:52.74	7:23.52	9:30.91	217
2:21.43	3:13.74	4:14.80	6:53.03	7:23.83	9:31.32	216
2:21.53	3:13.87	4:14.97	6:53.33	7:24.15	9:31.74	215
2:21.62	3:14.00	4:15.15	6:53.62	7:24.46	9:32.15	214
2:21.72	3:14.13	4:15.32	6:53.92	7:24.78	9:32.57	213
2:21.82	3:14.27	4:15.50	6:54.21	7:25.10	9:32.98	212
2:21.92	3:14.40	4:15.67	6:54.51	7:25.42	9:33.40	211
2:22.02	3:14.53	4:15.85	6:54.81	7:25.73	9:33.82	210
2:22.12	3:14.66	4:16.03	6:55.11	7:26.06	9:34.24	209
2:22.22	3:14.79	4:16.20	6:55.41	7:26.38	9:34.66	208
2:22.32	3:14.93	4:16.38	6:55.71	7:26.70	9:35.08	207
2:22.42	3:15.06	4:16.56	6:56.01	7:27.02	9:35.51	206
2:22.52	3:15.19	4:16.74	6:56.31	7:27.34	9:35.93	205
2:22.63	3:15.33	4:16.92	6:56.61	7:27.67	9:36.36	204
2:22.73	3:15.46	4:17.10	6:56.91	7:27.99	9:36.78	203
2:22.83	3:15.60	4:17.28	6:57.22	7:28.32	9:37.21	202
2:22.93	3:15.73	4:17.46	6:57.52	7:28.64	9:37.64	201

Points	600m	800m	1000m	1500m	Mile	2000m
200	2:23.03	3:15.87	4:17.64	6:57.83	7:28.97	9:38.07
199	2:23.14	3:16.00	4:17.82	6:58.13	7:29.30	9:38.50
198	2:23.24	3:16.14	4:18.00	6:58.44	7:29.63	9:38.93
197	2:23.34	3:16.27	4:18.18	6:58.75	7:29.96	9:39.36
196	2:23.45	3:16.41	4:18.36	6:59.05	7:30.29	9:39.79
195	2:23.55	3:16.55	4:18.55	6:59.36	7:30.62	9:40.23
194	2:23.65	3:16.68	4:18.73	6:59.67	7:30.95	9:40.66
193	2:23.76	3:16.82	4:18.92	6:59.98	7:31.28	9:41.10
192	2:23.86	3:16.96	4:19.10	7:00.29	7:31.62	9:41.54
191	2:23.97	3:17.10	4:19.28	7:00.61	7:31.95	9:41.98
190	2:24.07	3:17.24	4:19.47	7:00.92	7:32.29	9:42.42
189	2:24.18	3:17.38	4:19.66	7:01.23	7:32.62	9:42.86
188	2:24.28	3:17.51	4:19.84	7:01.55	7:32.96	9:43.30
187	2:24.39	3:17.65	4:20.03	7:01.86	7:33.30	9:43.75
186	2:24.49	3:17.79	4:20.22	7:02.18	7:33.64	9:44.19
185	2:24.60	3:17.94	4:20.40	7:02.50	7:33.98	9:44.64
184	2:24.71	3:18.08	4:20.59	7:02.81	7:34.32	9:45.09
183	2:24.81	3:18.22	4:20.78	7:03.13	7:34.66	9:45.54
182	2:24.92	3:18.36	4:20.97	7:03.45	7:35.01	9:45.99
181	2:25.03	3:18.50	4:21.16	7:03.77	7:35.35	9:46.44
180	2:25.14	3:18.64	4:21.35	7:04.09	7:35.69	9:46.89
179	2:25.24	3:18.79	4:21.54	7:04.42	7:36.04	9:47.34
178	2:25.35	3:18.93	4:21.73	7:04.74	7:36.39	9:47.80
177	2:25.46	3:19.07	4:21.93	7:05.06	7:36.73	9:48.25
176	2:25.57	3:19.22	4:22.12	7:05.39	7:37.08	9:48.71
175	2:25.68	3:19.36	4:22.31	7:05.72	7:37.43	9:49.17
174	2:25.79	3:19.51	4:22.50	7:06.04	7:37.78	9:49.63
173	2:25.90	3:19.65	4:22.70	7:06.37	7:38.14	9:50.09
172	2:26.01	3:19.80	4:22.89	7:06.70	7:38.49	9:50.55
171	2:26.12	3:19.94	4:23.09	7:07.03	7:38.84	9:51.02
170	2:26.23	3:20.09	4:23.28	7:07.36	7:39.20	9:51.48
169	2:26.34	3:20.24	4:23.48	7:07.69	7:39.55	9:51.95
168	2:26.45	3:20.38	4:23.68	7:08.02	7:39.91	9:52.42
167	2:26.56	3:20.53	4:23.88	7:08.36	7:40.27	9:52.89
166	2:26.68	3:20.68	4:24.07	7:08.69	7:40.63	9:53.36
165	2:26.79	3:20.83	4:24.27	7:09.03	7:40.99	9:53.83
164	2:26.90	3:20.98	4:24.47	7:09.37	7:41.35	9:54.31
163	2:27.02	3:21.13	4:24.67	7:09.70	7:41.71	9:54.78
162	2:27.13	3:21.28	4:24.87	7:10.04	7:42.07	9:55.26
161	2:27.24	3:21.43	4:25.07	7:10.38	7:42.44	9:55.74
160	2:27.36	3:21.58	4:25.28	7:10.72	7:42.80	9:56.22
159	2:27.47	3:21.73	4:25.48	7:11.07	7:43.17	9:56.70
158	2:27.59	3:21.88	4:25.68	7:11.41	7:43.54	9:57.18
157	2:27.70	3:22.04	4:25.89	7:11.75	7:43.91	9:57.67
156	2:27.82	3:22.19	4:26.09	7:12.10	7:44.28	9:58.15
155	2:27.93	3:22.34	4:26.30	7:12.44	7:44.65	9:58.64
154	2:28.05	3:22.50	4:26.50	7:12.79	7:45.02	9:59.13
153	2:28.17	3:22.65	4:26.71	7:13.14	7:45.40	9:59.62
152	2:28.29	3:22.81	4:26.92	7:13.49	7:45.77	10:00.11
151	2:28.40	3:22.96	4:27.12	7:13.84	7:46.15	10:00.60

600m	800m	1000m	1500m	Mile	2000m	Points
2:28.52	3:23.12	4:27.33	7:14.19	7:46.52	10:01.10	150
2:28.64	3:23.27	4:27.54	7:14.55	7:46.90	10:01.60	149
2:28.76	3:23.43	4:27.75	7:14.90	7:47.28	10:02.10	148
2:28.88	3:23.59	4:27.96	7:15.26	7:47.67	10:02.60	147
2:29.00	3:23.75	4:28.17	7:15.61	7:48.05	10:03.10	146
2:29.12	3:23.91	4:28.38	7:15.97	7:48.43	10:03.60	145
2:29.24	3:24.06	4:28.60	7:16.33	7:48.82	10:04.11	144
2:29.36	3:24.22	4:28.81	7:16.69	7:49.20	10:04.62	143
2:29.48	3:24.38	4:29.03	7:17.05	7:49.59	10:05.13	142
2:29.60	3:24.55	4:29.24	7:17.42	7:49.98	10:05.64	141
2:29.72	3:24.71	4:29.46	7:17.78	7:50.37	10:06.15	140
2:29.85	3:24.87	4:29.67	7:18.15	7:50.76	10:06.66	139
2:29.97	3:25.03	4:29.89	7:18.51	7:51.16	10:07.18	138
2:30.09	3:25.20	4:30.11	7:18.88	7:51.55	10:07.70	137
2:30.22	3:25.36	4:30.33	7:19.25	7:51.95	10:08.22	136
2:30.34	3:25.52	4:30.55	7:19.62	7:52.35	10:08.74	135
2:30.47	3:25.69	4:30.77	7:20.00	7:52.75	10:09.27	134
2:30.59	3:25.85	4:30.99	7:20.37	7:53.15	10:09.79	133
2:30.72	3:26.02	4:31.21	7:20.74	7:53.55	10:10.32	132
2:30.84	3:26.19	4:31.43	7:21.12	7:53.95	10:10.85	131
2:30.97	3:26.35	4:31.66	7:21.50	7:54.36	10:11.38	130
2:31.10	3:26.52	4:31.88	7:21.88	7:54.77	10:11.92	129
2:31.23	3:26.69	4:32.11	7:22.26	7:55.18	10:12.45	128
2:31.35	3:26.86	4:32.34	7:22.64	7:55.59	10:12.99	127
2:31.48	3:27.03	4:32.56	7:23.03	7:56.00	10:13.53	126
2:31.61	3:27.20	4:32.79	7:23.41	7:56.41	10:14.07	125
2:31.74	3:27.37	4:33.02	7:23.80	7:56.83	10:14.62	124
2:31.87	3:27.55	4:33.25	7:24.19	7:57.24	10:15.16	123
2:32.00	3:27.72	4:33.48	7:24.58	7:57.66	10:15.71	122
2:32.13	3:27.89	4:33.71	7:24.97	7:58.08	10:16.27	121
2:32.27	3:28.07	4:33.95	7:25.36	7:58.50	10:16.82	120
2:32.40	3:28.24	4:34.18	7:25.76	7:58.93	10:17.38	119
2:32.53	3:28.42	4:34.42	7:26.15	7:59.35	10:17.93	118
2:32.67	3:28.59	4:34.65	7:26.55	7:59.78	10:18.49	117
2:32.80	3:28.77	4:34.89	7:26.95	8:00.21	10:19.06	116
2:32.93	3:28.95	4:35.13	7:27.36	8:00.64	10:19.62	115
2:33.07	3:29.13	4:35.37	7:27.76	8:01.07	10:20.19	114
2:33.21	3:29.31	4:35.61	7:28.16	8:01.51	10:20.76	113
2:33.34	3:29.49	4:35.85	7:28.57	8:01.95	10:21.34	112
2:33.48	3:29.67	4:36.09	7:28.98	8:02.38	10:21.91	111
2:33.62	3:29.85	4:36.33	7:29.39	8:02.82	10:22.49	110
2:33.76	3:30.03	4:36.58	7:29.80	8:03.27	10:23.07	109
2:33.89	3:30.22	4:36.82	7:30.22	8:03.71	10:23.65	108
2:34.03	3:30.40	4:37.07	7:30.64	8:04.16	10:24.24	107
2:34.17	3:30.59	4:37.32	7:31.05	8:04.61	10:24.83	106
2:34.32	3:30.77	4:37.57	7:31.47	8:05.06	10:25.42	105
2:34.46	3:30.96	4:37.82	7:31.90	8:05.51	10:26.02	104
2:34.60	3:31.15	4:38.07	7:32.32	8:05.97	10:26.61	103
2:34.74	3:31.34	4:38.32	7:32.75	8:06.42	10:27.21	102
2:34.89	3:31.53	4:38.58	7:33.18	8:06.88	10:27.82	101

Points	600m	800m	1000m	1500m	Mile	2000m
100	2:35.03	3:31.72	4:38.83	7:33.61	8:07.35	10:28.42
99	2:35.18	3:31.91	4:39.09	7:34.04	8:07.81	10:29.03
98	2:35.32	3:32.10	4:39.34	7:34.48	8:08.28	10:29.64
97	2:35.47	3:32.30	4:39.60	7:34.91	8:08.75	10:30.26
96	2:35.62	3:32.49	4:39.86	7:35.35	8:09.22	10:30.88
95	2:35.76	3:32.69	4:40.13	7:35.80	8:09.69	10:31.50
94	2:35.91	3:32.89	4:40.39	7:36.24	8:10.17	10:32.13
93	2:36.06	3:33.08	4:40.65	7:36.69	8:10.65	10:32.76
92	2:36.21	3:33.28	4:40.92	7:37.14	8:11.13	10:33.39
91	2:36.36	3:33.48	4:41.19	7:37.59	8:11.61	10:34.02
90	2:36.52	3:33.68	4:41.46	7:38.04	8:12.10	10:34.66
89	2:36.67	3:33.89	4:41.73	7:38.50	8:12.59	10:35.30
88	2:36.82	3:34.09	4:42.00	7:38.96	8:13.08	10:35.95
87	2:36.98	3:34.29	4:42.27	7:39.42	8:13.58	10:36.60
86	2:37.13	3:34.50	4:42.55	7:39.88	8:14.08	10:37.25
85	2:37.29	3:34.71	4:42.82	7:40.35	8:14.58	10:37.91
84	2:37.45	3:34.92	4:43.10	7:40.82	8:15.08	10:38.57
83	2:37.61	3:35.12	4:43.38	7:41.29	8:15.59	10:39.24
82	2:37.77	3:35.34	4:43.66	7:41.77	8:16.10	10:39.91
81	2:37.93	3:35.55	4:43.95	7:42.25	8:16.61	10:40.58
80	2:38.09	3:35.76	4:44.23	7:42.73	8:17.13	10:41.26
79	2:38.25	3:35.98	4:44.52	7:43.21	8:17.65	10:41.94
78	2:38.41	3:36.19	4:44.81	7:43.70	8:18.17	10:42.63
77	2:38.58	3:36.41	4:45.10	7:44.19	8:18.70	10:43.32
76	2:38.74	3:36.63	4:45.39	7:44.68	8:19.23	10:44.01
75	2:38.91	3:36.85	4:45.69	7:45.18	8:19.76	10:44.71
74	2:39.08	3:37.07	4:45.98	7:45.68	8:20.30	10:45.41
73	2:39.25	3:37.29	4:46.28	7:46.19	8:20.84	10:46.12
72	2:39.42	3:37.52	4:46.58	7:46.69	8:21.38	10:46.84
71	2:39.59	3:37.74	4:46.88	7:47.20	8:21.93	10:47.56
70	2:39.76	3:37.97	4:47.19	7:47.72	8:22.48	10:48.28
69	2:39.94	3:38.20	4:47.49	7:48.24	8:23.04	10:49.01
68	2:40.11	3:38.43	4:47.80	7:48.76	8:23.60	10:49.74
67	2:40.29	3:38.67	4:48.12	7:49.28	8:24.16	10:50.48
66	2:40.46	3:38.90	4:48.43	7:49.81	8:24.73	10:51.23
65	2:40.64	3:39.14	4:48.74	7:50.35	8:25.30	10:51.98
64	2:40.82	3:39.37	4:49.06	7:50.89	8:25.88	10:52.74
63	2:41.01	3:39.62	4:49.38	7:51.43	8:26.46	10:53.50
62	2:41.19	3:39.86	4:49.71	7:51.97	8:27.04	10:54.27
61	2:41.37	3:40.10	4:50.03	7:52.52	8:27.63	10:55.04
60	2:41.56	3:40.35	4:50.36	7:53.08	8:28.23	10:55.83
59	2:41.75	3:40.60	4:50.69	7:53.64	8:28.83	10:56.61
58	2:41.94	3:40.85	4:51.03	7:54.20	8:29.44	10:57.41
57	2:42.13	3:41.10	4:51.37	7:54.77	8:30.05	10:58.21
56	2:42.32	3:41.35	4:51.71	7:55.35	8:30.66	10:59.02
55	2:42.51	3:41.61	4:52.05	7:55.93	8:31.29	10:59.83
54	2:42.71	3:41.87	4:52.40	7:56.51	8:31.91	11:00.66
53	2:42.91	3:42.13	4:52.75	7:57.10	8:32.55	11:01.49
52	2:43.11	3:42.39	4:53.10	7:57.70	8:33.19	11:02.33
51	2:43.31	3:42.66	4:53.46	7:58.30	8:33.83	11:03.18

600m	800m	1000m	1500m	Mile	2000m	Points
2:43.51	3:42.93	4:53.82	7:58.91	8:34.48	11:04.03	50
2:43.72	3:43.20	4:54.18	7:59.52	8:35.14	11:04.89	49
2:43.93	3:43.48	4:54.55	8:00.14	8:35.81	11:05.77	48
2:44.14	3:43.75	4:54.92	8:00.77	8:36.48	11:06.65	47
2:44.35	3:44.04	4:55.29	8:01.40	8:37.16	11:07.54	46
2:44.57	3:44.32	4:55.67	8:02.04	8:37.84	11:08.44	45
2:44.78	3:44.61	4:56.06	8:02.69	8:38.54	11:09.35	44
2:45.00	3:44.90	4:56.44	8:03.35	8:39.24	11:10.27	43
2:45.22	3:45.19	4:56.84	8:04.01	8:39.95	11:11.21	42
2:45.45	3:45.49	4:57.23	8:04.68	8:40.67	11:12.15	41
2:45.68	3:45.79	4:57.64	8:05.36	8:41.40	11:13.11	40
2:45.91	3:46.09	4:58.04	8:06.05	8:42.14	11:14.07	39
2:46.14	3:46.40	4:58.46	8:06.74	8:42.88	11:15.05	38
2:46.38	3:46.71	4:58.87	8:07.45	8:43.64	11:16.05	37
2:46.62	3:47.03	4:59.30	8:08.16	8:44.41	11:17.05	36
2:46.86	3:47.35	4:59.73	8:08.89	8:45.18	11:18.07	35
2:47.11	3:47.68	5:00.16	8:09.62	8:45.97	11:19.11	34
2:47.36	3:48.01	5:00.60	8:10.37	8:46.77	11:20.16	33
2:47.61	3:48.34	5:01.05	8:11.13	8:47.59	11:21.22	32
2:47.87	3:48.68	5:01.51	8:11.90	8:48.41	11:22.31	31
2:48.13	3:49.03	5:01.97	8:12.68	8:49.25	11:23.41	30
2:48.40	3:49.38	5:02.44	8:13.47	8:50.10	11:24.53	29
2:48.67	3:49.74	5:02.92	8:14.28	8:50.97	11:25.67	28
2:48.94	3:50.11	5:03.41	8:15.11	8:51.85	11:26.82	27
2:49.23	3:50.48	5:03.91	8:15.95	8:52.75	11:28.01	26
2:49.51	3:50.86	5:04.41	8:16.80	8:53.67	11:29.21	25
2:49.81	3:51.24	5:04.93	8:17.67	8:54.61	11:30.44	24
2:50.10	3:51.64	5:05.46	8:18.57	8:55.56	11:31.69	23
2:50.41	3:52.04	5:06.00	8:19.48	8:56.54	11:32.97	22
2:50.72	3:52.46	5:06.55	8:20.41	8:57.54	11:34.28	21
2:51.04	3:52.88	5:07.11	8:21.36	8:58.56	11:35.63	20
2:51.37	3:53.31	5:07.69	8:22.34	8:59.61	11:37.00	19
2:51.71	3:53.76	5:08.29	8:23.34	9:00.69	11:38.42	18
2:52.05	3:54.21	5:08.90	8:24.38	9:01.80	11:39.87	17
2:52.41	3:54.68	5:09.53	8:25.44	9:02.94	11:41.37	16
2:52.78	3:55.17	5:10.18	8:26.54	9:04.11	11:42.91	15
2:53.16	3:55.67	5:10.85	8:27.67	9:05.33	11:44.51	14
2:53.55	3:56.19	5:11.55	8:28.85	9:06.59	11:46.16	13
2:53.96	3:56.74	5:12.27	8:30.07	9:07.90	11:47.88	12
2:54.39	3:57.30	5:13.03	8:31.34	9:09.27	11:49.67	11
2:54.84	3:57.89	5:13.82	8:32.68	9:10.70	11:51.55	10
2:55.31	3:58.51	5:14.65	8:34.08	9:12.20	11:53.52	9
2:55.80	3:59.17	5:15.52	8:35.56	9:13.79	11:55.61	8
2:56.33	3:59.87	5:16.46	8:37.14	9:15.48	11:57.83	7
2:56.90	4:00.62	5:17.46	8:38.83	9:17.30	12:00.22	6
2:57.52	4:01.44	5:18.55	8:40.68	9:19.28	12:02.81	5
2:58.20	4:02.34	5:19.76	8:42.72	9:21.47	12:05.68	4
2:58.98	4:03.37	5:21.13	8:45.03	9:23.95	12:08.94	3
2:59.90	4:04.58	5:22.76	8:47.78	9:26.89	12:12.80	2
3:01.10	4:06.17	5:24.88	8:51.36	9:30.73	12:17.84	1





# **Women's Long Distances and Steeplechase** **Femmes Courses de Longue Distance et de Steeple**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1400	5:22.22	7:37.43	8:01.31	8:10.66	13:03.68	27:20.35
1399	5:22.42	7:37.70	8:01.67	8:10.95	13:04.15	27:21.37
1398	5:22.62	7:37.96	8:02.04	8:11.23	13:04.63	27:22.39
1397	5:22.82	7:38.23	8:02.41	8:11.52	13:05.10	27:23.42
1396	5:23.02	7:38.49	8:02.78	8:11.81	13:05.57	27:24.44
1395	5:23.22	7:38.76	8:03.14	8:12.10	13:06.04	27:25.46
1394	5:23.42	7:39.03	8:03.51	8:12.39	13:06.51	27:26.48
1393	5:23.62	7:39.29	8:03.88	8:12.68	13:06.98	27:27.51
1392	5:23.82	7:39.56	8:04.25	8:12.96	13:07.45	27:28.53
1391	5:24.02	7:39.82	8:04.62	8:13.25	13:07.92	27:29.56
1390	5:24.22	7:40.09	8:04.99	8:13.54	13:08.39	27:30.58
1389	5:24.42	7:40.36	8:05.36	8:13.83	13:08.87	27:31.61
1388	5:24.62	7:40.62	8:05.72	8:14.12	13:09.34	27:32.63
1387	5:24.82	7:40.89	8:06.09	8:14.41	13:09.81	27:33.66
1386	5:25.02	7:41.16	8:06.46	8:14.70	13:10.28	27:34.68
1385	5:25.22	7:41.42	8:06.83	8:14.99	13:10.76	27:35.71
1384	5:25.42	7:41.69	8:07.20	8:15.28	13:11.23	27:36.74
1383	5:25.62	7:41.96	8:07.57	8:15.57	13:11.70	27:37.77
1382	5:25.82	7:42.22	8:07.94	8:15.85	13:12.17	27:38.79
1381	5:26.02	7:42.49	8:08.31	8:16.14	13:12.65	27:39.82
1380	5:26.22	7:42.76	8:08.68	8:16.43	13:13.12	27:40.85
1379	5:26.42	7:43.02	8:09.05	8:16.72	13:13.59	27:41.88
1378	5:26.62	7:43.29	8:09.42	8:17.01	13:14.07	27:42.91
1377	5:26.82	7:43.56	8:09.79	8:17.30	13:14.54	27:43.94
1376	5:27.02	7:43.83	8:10.16	8:17.59	13:15.02	27:44.97
1375	5:27.22	7:44.09	8:10.53	8:17.88	13:15.49	27:46.00
1374	5:27.43	7:44.36	8:10.90	8:18.17	13:15.96	27:47.03
1373	5:27.63	7:44.63	8:11.27	8:18.47	13:16.44	27:48.06
1372	5:27.83	7:44.90	8:11.64	8:18.76	13:16.91	27:49.09
1371	5:28.03	7:45.16	8:12.02	8:19.05	13:17.39	27:50.12
1370	5:28.23	7:45.43	8:12.39	8:19.34	13:17.86	27:51.15
1369	5:28.43	7:45.70	8:12.76	8:19.63	13:18.34	27:52.19
1368	5:28.63	7:45.97	8:13.13	8:19.92	13:18.82	27:53.22
1367	5:28.83	7:46.24	8:13.50	8:20.21	13:19.29	27:54.25
1366	5:29.04	7:46.51	8:13.87	8:20.50	13:19.77	27:55.29
1365	5:29.24	7:46.77	8:14.25	8:20.79	13:20.24	27:56.32
1364	5:29.44	7:47.04	8:14.62	8:21.08	13:20.72	27:57.36
1363	5:29.64	7:47.31	8:14.99	8:21.38	13:21.20	27:58.39
1362	5:29.84	7:47.58	8:15.36	8:21.67	13:21.67	27:59.43
1361	5:30.05	7:47.85	8:15.74	8:21.96	13:22.15	28:00.46
1360	5:30.25	7:48.12	8:16.11	8:22.25	13:22.63	28:01.50
1359	5:30.45	7:48.39	8:16.48	8:22.54	13:23.10	28:02.53
1358	5:30.65	7:48.66	8:16.85	8:22.84	13:23.58	28:03.57
1357	5:30.85	7:48.93	8:17.23	8:23.13	13:24.06	28:04.61
1356	5:31.06	7:49.20	8:17.60	8:23.42	13:24.53	28:05.65
1355	5:31.26	7:49.46	8:17.97	8:23.71	13:25.01	28:06.68
1354	5:31.46	7:49.73	8:18.35	8:24.00	13:25.49	28:07.72
1353	5:31.66	7:50.00	8:18.72	8:24.30	13:25.97	28:08.76
1352	5:31.87	7:50.27	8:19.09	8:24.59	13:26.45	28:09.80
1351	5:32.07	7:50.54	8:19.47	8:24.88	13:26.93	28:10.84

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:32.27	7:50.81	8:19.84	8:25.18	13:27.40	28:11.88	1350
5:32.48	7:51.08	8:20.22	8:25.47	13:27.88	28:12.92	1349
5:32.68	7:51.35	8:20.59	8:25.76	13:28.36	28:13.96	1348
5:32.88	7:51.62	8:20.97	8:26.06	13:28.84	28:15.00	1347
5:33.08	7:51.89	8:21.34	8:26.35	13:29.32	28:16.04	1346
5:33.29	7:52.17	8:21.71	8:26.64	13:29.80	28:17.08	1345
5:33.49	7:52.44	8:22.09	8:26.94	13:30.28	28:18.13	1344
5:33.69	7:52.71	8:22.46	8:27.23	13:30.76	28:19.17	1343
5:33.90	7:52.98	8:22.84	8:27.52	13:31.24	28:20.21	1342
5:34.10	7:53.25	8:23.22	8:27.82	13:31.72	28:21.26	1341
5:34.30	7:53.52	8:23.59	8:28.11	13:32.20	28:22.30	1340
5:34.51	7:53.79	8:23.97	8:28.41	13:32.68	28:23.34	1339
5:34.71	7:54.06	8:24.34	8:28.70	13:33.16	28:24.39	1338
5:34.92	7:54.33	8:24.72	8:28.99	13:33.64	28:25.43	1337
5:35.12	7:54.60	8:25.09	8:29.29	13:34.12	28:26.48	1336
5:35.32	7:54.88	8:25.47	8:29.58	13:34.60	28:27.52	1335
5:35.53	7:55.15	8:25.85	8:29.88	13:35.09	28:28.57	1334
5:35.73	7:55.42	8:26.22	8:30.17	13:35.57	28:29.62	1333
5:35.94	7:55.69	8:26.60	8:30.47	13:36.05	28:30.66	1332
5:36.14	7:55.96	8:26.98	8:30.76	13:36.53	28:31.71	1331
5:36.34	7:56.24	8:27.35	8:31.06	13:37.01	28:32.76	1330
5:36.55	7:56.51	8:27.73	8:31.35	13:37.50	28:33.81	1329
5:36.75	7:56.78	8:28.11	8:31.65	13:37.98	28:34.85	1328
5:36.96	7:57.05	8:28.48	8:31.94	13:38.46	28:35.90	1327
5:37.16	7:57.32	8:28.86	8:32.24	13:38.94	28:36.95	1326
5:37.37	7:57.60	8:29.24	8:32.54	13:39.43	28:38.00	1325
5:37.57	7:57.87	8:29.62	8:32.83	13:39.91	28:39.05	1324
5:37.78	7:58.14	8:30.00	8:33.13	13:40.39	28:40.10	1323
5:37.98	7:58.42	8:30.37	8:33.42	13:40.88	28:41.15	1322
5:38.19	7:58.69	8:30.75	8:33.72	13:41.36	28:42.20	1321
5:38.39	7:58.96	8:31.13	8:34.02	13:41.85	28:43.26	1320
5:38.60	7:59.23	8:31.51	8:34.31	13:42.33	28:44.31	1319
5:38.80	7:59.51	8:31.89	8:34.61	13:42.82	28:45.36	1318
5:39.01	7:59.78	8:32.27	8:34.91	13:43.30	28:46.41	1317
5:39.21	8:00.05	8:32.64	8:35.20	13:43.78	28:47.47	1316
5:39.42	8:00.33	8:33.02	8:35.50	13:44.27	28:48.52	1315
5:39.62	8:00.60	8:33.40	8:35.80	13:44.75	28:49.57	1314
5:39.83	8:00.88	8:33.78	8:36.09	13:45.24	28:50.63	1313
5:40.04	8:01.15	8:34.16	8:36.39	13:45.73	28:51.68	1312
5:40.24	8:01.42	8:34.54	8:36.69	13:46.21	28:52.74	1311
5:40.45	8:01.70	8:34.92	8:36.98	13:46.70	28:53.79	1310
5:40.65	8:01.97	8:35.30	8:37.28	13:47.18	28:54.85	1309
5:40.86	8:02.25	8:35.68	8:37.58	13:47.67	28:55.91	1308
5:41.07	8:02.52	8:36.06	8:37.88	13:48.16	28:56.96	1307
5:41.27	8:02.80	8:36.44	8:38.18	13:48.64	28:58.02	1306
5:41.48	8:03.07	8:36.82	8:38.47	13:49.13	28:59.08	1305
5:41.68	8:03.34	8:37.20	8:38.77	13:49.62	29:00.14	1304
5:41.89	8:03.62	8:37.58	8:39.07	13:50.10	29:01.19	1303
5:42.10	8:03.89	8:37.96	8:39.37	13:50.59	29:02.25	1302
5:42.30	8:04.17	8:38.34	8:39.67	13:51.08	29:03.31	1301

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1300	5:42.51	8:04.44	8:38.73	8:39.96	13:51.57	29:04.37
1299	5:42.72	8:04.72	8:39.11	8:40.26	13:52.05	29:05.43
1298	5:42.92	8:05.00	8:39.49	8:40.56	13:52.54	29:06.49
1297	5:43.13	8:05.27	8:39.87	8:40.86	13:53.03	29:07.55
1296	5:43.34	8:05.55	8:40.25	8:41.16	13:53.52	29:08.61
1295	5:43.55	8:05.82	8:40.63	8:41.46	13:54.01	29:09.68
1294	5:43.75	8:06.10	8:41.02	8:41.76	13:54.50	29:10.74
1293	5:43.96	8:06.37	8:41.40	8:42.06	13:54.99	29:11.80
1292	5:44.17	8:06.65	8:41.78	8:42.36	13:55.48	29:12.86
1291	5:44.37	8:06.93	8:42.16	8:42.66	13:55.96	29:13.93
1290	5:44.58	8:07.20	8:42.55	8:42.96	13:56.45	29:14.99
1289	5:44.79	8:07.48	8:42.93	8:43.26	13:56.94	29:16.06
1288	5:45.00	8:07.75	8:43.31	8:43.56	13:57.43	29:17.12
1287	5:45.21	8:08.03	8:43.69	8:43.86	13:57.92	29:18.18
1286	5:45.41	8:08.31	8:44.08	8:44.16	13:58.41	29:19.25
1285	5:45.62	8:08.58	8:44.46	8:44.46	13:58.91	29:20.32
1284	5:45.83	8:08.86	8:44.84	8:44.76	13:59.40	29:21.38
1283	5:46.04	8:09.14	8:45.23	8:45.06	13:59.89	29:22.45
1282	5:46.25	8:09.42	8:45.61	8:45.36	14:00.38	29:23.52
1281	5:46.45	8:09.69	8:46.00	8:45.66	14:00.87	29:24.58
1280	5:46.66	8:09.97	8:46.38	8:45.96	14:01.36	29:25.65
1279	5:46.87	8:10.25	8:46.76	8:46.26	14:01.85	29:26.72
1278	5:47.08	8:10.52	8:47.15	8:46.56	14:02.35	29:27.79
1277	5:47.29	8:10.80	8:47.53	8:46.86	14:02.84	29:28.86
1276	5:47.50	8:11.08	8:47.92	8:47.16	14:03.33	29:29.93
1275	5:47.70	8:11.36	8:48.30	8:47.47	14:03.82	29:31.00
1274	5:47.91	8:11.64	8:48.69	8:47.77	14:04.31	29:32.07
1273	5:48.12	8:11.91	8:49.07	8:48.07	14:04.81	29:33.14
1272	5:48.33	8:12.19	8:49.46	8:48.37	14:05.30	29:34.21
1271	5:48.54	8:12.47	8:49.84	8:48.67	14:05.79	29:35.28
1270	5:48.75	8:12.75	8:50.23	8:48.97	14:06.29	29:36.35
1269	5:48.96	8:13.03	8:50.62	8:49.28	14:06.78	29:37.43
1268	5:49.17	8:13.31	8:51.00	8:49.58	14:07.28	29:38.50
1267	5:49.38	8:13.58	8:51.39	8:49.88	14:07.77	29:39.57
1266	5:49.59	8:13.86	8:51.77	8:50.18	14:08.26	29:40.65
1265	5:49.80	8:14.14	8:52.16	8:50.49	14:08.76	29:41.72
1264	5:50.01	8:14.42	8:52.55	8:50.79	14:09.25	29:42.79
1263	5:50.22	8:14.70	8:52.93	8:51.09	14:09.75	29:43.87
1262	5:50.42	8:14.98	8:53.32	8:51.40	14:10.24	29:44.95
1261	5:50.63	8:15.26	8:53.71	8:51.70	14:10.74	29:46.02
1260	5:50.84	8:15.54	8:54.09	8:52.00	14:11.23	29:47.10
1259	5:51.05	8:15.82	8:54.48	8:52.30	14:11.73	29:48.17
1258	5:51.26	8:16.10	8:54.87	8:52.61	14:12.22	29:49.25
1257	5:51.48	8:16.38	8:55.26	8:52.91	14:12.72	29:50.33
1256	5:51.69	8:16.66	8:55.65	8:53.22	14:13.22	29:51.41
1255	5:51.90	8:16.94	8:56.03	8:53.52	14:13.71	29:52.49
1254	5:52.11	8:17.22	8:56.42	8:53.82	14:14.21	29:53.56
1253	5:52.32	8:17.50	8:56.81	8:54.13	14:14.71	29:54.64
1252	5:52.53	8:17.78	8:57.20	8:54.43	14:15.20	29:55.72
1251	5:52.74	8:18.06	8:57.59	8:54.74	14:15.70	29:56.80

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
5:52.95	8:18.34	8:57.98	8:55.04	14:16.20	29:57.88	1250
5:53.16	8:18.62	8:58.36	8:55.34	14:16.70	29:58.97	1249
5:53.37	8:18.90	8:58.75	8:55.65	14:17.19	30:00.05	1248
5:53.58	8:19.18	8:59.14	8:55.95	14:17.69	30:01.13	1247
5:53.79	8:19.46	8:59.53	8:56.26	14:18.19	30:02.21	1246
5:54.00	8:19.74	8:59.92	8:56.56	14:18.69	30:03.29	1245
5:54.22	8:20.03	9:00.31	8:56.87	14:19.19	30:04.38	1244
5:54.43	8:20.31	9:00.70	8:57.17	14:19.69	30:05.46	1243
5:54.64	8:20.59	9:01.09	8:57.48	14:20.19	30:06.55	1242
5:54.85	8:20.87	9:01.48	8:57.79	14:20.68	30:07.63	1241
5:55.06	8:21.15	9:01.87	8:58.09	14:21.18	30:08.71	1240
5:55.27	8:21.43	9:02.26	8:58.40	14:21.68	30:09.80	1239
5:55.48	8:21.72	9:02.65	8:58.70	14:22.18	30:10.89	1238
5:55.70	8:22.00	9:03.04	8:59.01	14:22.68	30:11.97	1237
5:55.91	8:22.28	9:03.43	8:59.32	14:23.18	30:13.06	1236
5:56.12	8:22.56	9:03.82	8:59.62	14:23.68	30:14.15	1235
5:56.33	8:22.85	9:04.22	8:59.93	14:24.18	30:15.23	1234
5:56.54	8:23.13	9:04.61	9:00.23	14:24.69	30:16.32	1233
5:56.76	8:23.41	9:05.00	9:00.54	14:25.19	30:17.41	1232
5:56.97	8:23.69	9:05.39	9:00.85	14:25.69	30:18.50	1231
5:57.18	8:23.98	9:05.78	9:01.15	14:26.19	30:19.59	1230
5:57.39	8:24.26	9:06.17	9:01.46	14:26.69	30:20.68	1229
5:57.61	8:24.54	9:06.57	9:01.77	14:27.19	30:21.77	1228
5:57.82	8:24.83	9:06.96	9:02.08	14:27.69	30:22.86	1227
5:58.03	8:25.11	9:07.35	9:02.38	14:28.20	30:23.95	1226
5:58.25	8:25.39	9:07.74	9:02.69	14:28.70	30:25.04	1225
5:58.46	8:25.68	9:08.14	9:03.00	14:29.20	30:26.13	1224
5:58.67	8:25.96	9:08.53	9:03.31	14:29.70	30:27.23	1223
5:58.89	8:26.24	9:08.92	9:03.61	14:30.21	30:28.32	1222
5:59.10	8:26.53	9:09.32	9:03.92	14:30.71	30:29.41	1221
5:59.31	8:26.81	9:09.71	9:04.23	14:31.21	30:30.51	1220
5:59.53	8:27.10	9:10.10	9:04.54	14:31.72	30:31.60	1219
5:59.74	8:27.38	9:10.50	9:04.85	14:32.22	30:32.70	1218
5:59.95	8:27.66	9:10.89	9:05.16	14:32.73	30:33.79	1217
6:00.17	8:27.95	9:11.29	9:05.46	14:33.23	30:34.89	1216
6:00.38	8:28.23	9:11.68	9:05.77	14:33.74	30:35.98	1215
6:00.59	8:28.52	9:12.07	9:06.08	14:34.24	30:37.08	1214
6:00.81	8:28.80	9:12.47	9:06.39	14:34.74	30:38.18	1213
6:01.02	8:29.09	9:12.86	9:06.70	14:35.25	30:39.27	1212
6:01.24	8:29.37	9:13.26	9:07.01	14:35.76	30:40.37	1211
6:01.45	8:29.66	9:13.65	9:07.32	14:36.26	30:41.47	1210
6:01.66	8:29.94	9:14.05	9:07.63	14:36.77	30:42.57	1209
6:01.88	8:30.23	9:14.44	9:07.94	14:37.27	30:43.67	1208
6:02.09	8:30.51	9:14.84	9:08.25	14:37.78	30:44.77	1207
6:02.31	8:30.80	9:15.24	9:08.56	14:38.29	30:45.87	1206
6:02.52	8:31.09	9:15.63	9:08.87	14:38.79	30:46.97	1205
6:02.74	8:31.37	9:16.03	9:09.18	14:39.30	30:48.07	1204
6:02.95	8:31.66	9:16.42	9:09.49	14:39.81	30:49.17	1203
6:03.17	8:31.94	9:16.82	9:09.80	14:40.31	30:50.27	1202
6:03.38	8:32.23	9:17.22	9:10.11	14:40.82	30:51.38	1201

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1200	6:03.60	8:32.52	9:17.61	9:10.42	14:41.33	30:52.48
1199	6:03.81	8:32.80	9:18.01	9:10.73	14:41.84	30:53.58
1198	6:04.03	8:33.09	9:18.41	9:11.04	14:42.34	30:54.69
1197	6:04.24	8:33.38	9:18.81	9:11.35	14:42.85	30:55.79
1196	6:04.46	8:33.66	9:19.20	9:11.67	14:43.36	30:56.89
1195	6:04.67	8:33.95	9:19.60	9:11.98	14:43.87	30:58.00
1194	6:04.89	8:34.24	9:20.00	9:12.29	14:44.38	30:59.11
1193	6:05.11	8:34.52	9:20.40	9:12.60	14:44.89	31:00.21
1192	6:05.32	8:34.81	9:20.79	9:12.91	14:45.40	31:01.32
1191	6:05.54	8:35.10	9:21.19	9:13.22	14:45.91	31:02.42
1190	6:05.75	8:35.39	9:21.59	9:13.54	14:46.42	31:03.53
1189	6:05.97	8:35.67	9:21.99	9:13.85	14:46.93	31:04.64
1188	6:06.19	8:35.96	9:22.39	9:14.16	14:47.44	31:05.75
1187	6:06.40	8:36.25	9:22.79	9:14.47	14:47.95	31:06.86
1186	6:06.62	8:36.54	9:23.19	9:14.78	14:48.46	31:07.97
1185	6:06.83	8:36.83	9:23.59	9:15.10	14:48.97	31:09.08
1184	6:07.05	8:37.11	9:23.98	9:15.41	14:49.48	31:10.19
1183	6:07.27	8:37.40	9:24.38	9:15.72	14:49.99	31:11.30
1182	6:07.48	8:37.69	9:24.78	9:16.04	14:50.50	31:12.41
1181	6:07.70	8:37.98	9:25.18	9:16.35	14:51.01	31:13.52
1180	6:07.92	8:38.27	9:25.58	9:16.66	14:51.53	31:14.63
1179	6:08.14	8:38.56	9:25.98	9:16.98	14:52.04	31:15.75
1178	6:08.35	8:38.85	9:26.38	9:17.29	14:52.55	31:16.86
1177	6:08.57	8:39.14	9:26.79	9:17.60	14:53.06	31:17.97
1176	6:08.79	8:39.43	9:27.19	9:17.92	14:53.58	31:19.09
1175	6:09.00	8:39.72	9:27.59	9:18.23	14:54.09	31:20.20
1174	6:09.22	8:40.00	9:27.99	9:18.55	14:54.60	31:21.32
1173	6:09.44	8:40.29	9:28.39	9:18.86	14:55.12	31:22.43
1172	6:09.66	8:40.58	9:28.79	9:19.17	14:55.63	31:23.55
1171	6:09.88	8:40.87	9:29.19	9:19.49	14:56.14	31:24.66
1170	6:10.09	8:41.16	9:29.59	9:19.80	14:56.66	31:25.78
1169	6:10.31	8:41.45	9:30.00	9:20.12	14:57.17	31:26.90
1168	6:10.53	8:41.74	9:30.40	9:20.43	14:57.69	31:28.02
1167	6:10.75	8:42.03	9:30.80	9:20.75	14:58.20	31:29.14
1166	6:10.97	8:42.33	9:31.20	9:21.06	14:58.72	31:30.25
1165	6:11.18	8:42.62	9:31.61	9:21.38	14:59.23	31:31.37
1164	6:11.40	8:42.91	9:32.01	9:21.69	14:59.75	31:32.49
1163	6:11.62	8:43.20	9:32.41	9:22.01	15:00.26	31:33.61
1162	6:11.84	8:43.49	9:32.81	9:22.33	15:00.78	31:34.73
1161	6:12.06	8:43.78	9:33.22	9:22.64	15:01.30	31:35.86
1160	6:12.28	8:44.07	9:33.62	9:22.96	15:01.81	31:36.98
1159	6:12.50	8:44.36	9:34.03	9:23.27	15:02.33	31:38.10
1158	6:12.71	8:44.65	9:34.43	9:23.59	15:02.84	31:39.22
1157	6:12.93	8:44.95	9:34.83	9:23.91	15:03.36	31:40.35
1156	6:13.15	8:45.24	9:35.24	9:24.22	15:03.88	31:41.47
1155	6:13.37	8:45.53	9:35.64	9:24.54	15:04.40	31:42.59
1154	6:13.59	8:45.82	9:36.05	9:24.86	15:04.91	31:43.72
1153	6:13.81	8:46.11	9:36.45	9:25.17	15:05.43	31:44.84
1152	6:14.03	8:46.41	9:36.86	9:25.49	15:05.95	31:45.97
1151	6:14.25	8:46.70	9:37.26	9:25.81	15:06.47	31:47.09

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:14.47	8:46.99	9:37.67	9:26.13	15:06.99	31:48.22	1150
6:14.69	8:47.28	9:38.07	9:26.44	15:07.51	31:49.35	1149
6:14.91	8:47.58	9:38.48	9:26.76	15:08.03	31:50.48	1148
6:15.13	8:47.87	9:38.88	9:27.08	15:08.54	31:51.60	1147
6:15.35	8:48.16	9:39.29	9:27.40	15:09.06	31:52.73	1146
6:15.57	8:48.46	9:39.70	9:27.71	15:09.58	31:53.86	1145
6:15.79	8:48.75	9:40.10	9:28.03	15:10.10	31:54.99	1144
6:16.01	8:49.04	9:40.51	9:28.35	15:10.62	31:56.12	1143
6:16.23	8:49.34	9:40.91	9:28.67	15:11.14	31:57.25	1142
6:16.45	8:49.63	9:41.32	9:28.99	15:11.66	31:58.38	1141
6:16.67	8:49.92	9:41.73	9:29.31	15:12.19	31:59.51	1140
6:16.89	8:50.22	9:42.14	9:29.63	15:12.71	32:00.65	1139
6:17.11	8:50.51	9:42.54	9:29.94	15:13.23	32:01.78	1138
6:17.34	8:50.81	9:42.95	9:30.26	15:13.75	32:02.91	1137
6:17.56	8:51.10	9:43.36	9:30.58	15:14.27	32:04.05	1136
6:17.78	8:51.39	9:43.77	9:30.90	15:14.79	32:05.18	1135
6:18.00	8:51.69	9:44.17	9:31.22	15:15.32	32:06.31	1134
6:18.22	8:51.98	9:44.58	9:31.54	15:15.84	32:07.45	1133
6:18.44	8:52.28	9:44.99	9:31.86	15:16.36	32:08.58	1132
6:18.66	8:52.57	9:45.40	9:32.18	15:16.88	32:09.72	1131
6:18.89	8:52.87	9:45.81	9:32.50	15:17.41	32:10.86	1130
6:19.11	8:53.16	9:46.22	9:32.82	15:17.93	32:11.99	1129
6:19.33	8:53.46	9:46.63	9:33.14	15:18.45	32:13.13	1128
6:19.55	8:53.76	9:47.04	9:33.46	15:18.98	32:14.27	1127
6:19.77	8:54.05	9:47.45	9:33.78	15:19.50	32:15.41	1126
6:19.99	8:54.35	9:47.86	9:34.11	15:20.03	32:16.55	1125
6:20.22	8:54.64	9:48.27	9:34.43	15:20.55	32:17.69	1124
6:20.44	8:54.94	9:48.68	9:34.75	15:21.08	32:18.83	1123
6:20.66	8:55.23	9:49.09	9:35.07	15:21.60	32:19.97	1122
6:20.88	8:55.53	9:49.50	9:35.39	15:22.13	32:21.11	1121
6:21.11	8:55.83	9:49.91	9:35.71	15:22.65	32:22.25	1120
6:21.33	8:56.12	9:50.32	9:36.03	15:23.18	32:23.39	1119
6:21.55	8:56.42	9:50.73	9:36.36	15:23.70	32:24.54	1118
6:21.78	8:56.72	9:51.14	9:36.68	15:24.23	32:25.68	1117
6:22.00	8:57.01	9:51.55	9:37.00	15:24.76	32:26.82	1116
6:22.22	8:57.31	9:51.96	9:37.32	15:25.28	32:27.97	1115
6:22.45	8:57.61	9:52.38	9:37.64	15:25.81	32:29.11	1114
6:22.67	8:57.91	9:52.79	9:37.97	15:26.34	32:30.26	1113
6:22.89	8:58.20	9:53.20	9:38.29	15:26.86	32:31.40	1112
6:23.12	8:58.50	9:53.61	9:38.61	15:27.39	32:32.55	1111
6:23.34	8:58.80	9:54.02	9:38.94	15:27.92	32:33.69	1110
6:23.56	8:59.10	9:54.44	9:39.26	15:28.45	32:34.84	1109
6:23.79	8:59.40	9:54.85	9:39.58	15:28.98	32:35.99	1108
6:24.01	8:59.69	9:55.26	9:39.91	15:29.50	32:37.14	1107
6:24.24	8:59.99	9:55.68	9:40.23	15:30.03	32:38.29	1106
6:24.46	9:00.29	9:56.09	9:40.55	15:30.56	32:39.44	1105
6:24.68	9:00.59	9:56.50	9:40.88	15:31.09	32:40.59	1104
6:24.91	9:00.89	9:56.92	9:41.20	15:31.62	32:41.74	1103
6:25.13	9:01.19	9:57.33	9:41.53	15:32.15	32:42.89	1102
6:25.36	9:01.49	9:57.75	9:41.85	15:32.68	32:44.04	1101

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1100	6:25.58	9:01.78	9:58.16	9:42.17	15:33.21	32:45.19
1099	6:25.81	9:02.08	9:58.57	9:42.50	15:33.74	32:46.34
1098	6:26.03	9:02.38	9:58.99	9:42.82	15:34.27	32:47.50
1097	6:26.26	9:02.68	9:59.40	9:43.15	15:34.80	32:48.65
1096	6:26.48	9:02.98	9:59.82	9:43.47	15:35.33	32:49.80
1095	6:26.71	9:03.28	10:00.23	9:43.80	15:35.87	32:50.96
1094	6:26.93	9:03.58	10:00.65	9:44.13	15:36.40	32:52.11
1093	6:27.16	9:03.88	10:01.07	9:44.45	15:36.93	32:53.27
1092	6:27.38	9:04.18	10:01.48	9:44.78	15:37.46	32:54.42
1091	6:27.61	9:04.48	10:01.90	9:45.10	15:37.99	32:55.58
1090	6:27.83	9:04.78	10:02.31	9:45.43	15:38.53	32:56.74
1089	6:28.06	9:05.08	10:02.73	9:45.75	15:39.06	32:57.90
1088	6:28.29	9:05.38	10:03.15	9:46.08	15:39.59	32:59.05
1087	6:28.51	9:05.69	10:03.56	9:46.41	15:40.13	33:00.21
1086	6:28.74	9:05.99	10:03.98	9:46.73	15:40.66	33:01.37
1085	6:28.96	9:06.29	10:04.40	9:47.06	15:41.19	33:02.53
1084	6:29.19	9:06.59	10:04.82	9:47.39	15:41.73	33:03.69
1083	6:29.42	9:06.89	10:05.23	9:47.71	15:42.26	33:04.85
1082	6:29.64	9:07.19	10:05.65	9:48.04	15:42.80	33:06.02
1081	6:29.87	9:07.49	10:06.07	9:48.37	15:43.33	33:07.18
1080	6:30.10	9:07.80	10:06.49	9:48.70	15:43.87	33:08.34
1079	6:30.32	9:08.10	10:06.91	9:49.02	15:44.40	33:09.50
1078	6:30.55	9:08.40	10:07.32	9:49.35	15:44.94	33:10.67
1077	6:30.78	9:08.70	10:07.74	9:49.68	15:45.47	33:11.83
1076	6:31.01	9:09.00	10:08.16	9:50.01	15:46.01	33:13.00
1075	6:31.23	9:09.31	10:08.58	9:50.34	15:46.55	33:14.16
1074	6:31.46	9:09.61	10:09.00	9:50.66	15:47.08	33:15.33
1073	6:31.69	9:09.91	10:09.42	9:50.99	15:47.62	33:16.49
1072	6:31.91	9:10.22	10:09.84	9:51.32	15:48.16	33:17.66
1071	6:32.14	9:10.52	10:10.26	9:51.65	15:48.69	33:18.83
1070	6:32.37	9:10.82	10:10.68	9:51.98	15:49.23	33:19.99
1069	6:32.60	9:11.13	10:11.10	9:52.31	15:49.77	33:21.16
1068	6:32.83	9:11.43	10:11.52	9:52.64	15:50.31	33:22.33
1067	6:33.05	9:11.73	10:11.94	9:52.97	15:50.85	33:23.50
1066	6:33.28	9:12.04	10:12.36	9:53.30	15:51.38	33:24.67
1065	6:33.51	9:12.34	10:12.78	9:53.63	15:51.92	33:25.84
1064	6:33.74	9:12.64	10:13.20	9:53.96	15:52.46	33:27.01
1063	6:33.97	9:12.95	10:13.63	9:54.29	15:53.00	33:28.19
1062	6:34.20	9:13.25	10:14.05	9:54.62	15:53.54	33:29.36
1061	6:34.43	9:13.56	10:14.47	9:54.95	15:54.08	33:30.53
1060	6:34.65	9:13.86	10:14.89	9:55.28	15:54.62	33:31.70
1059	6:34.88	9:14.17	10:15.31	9:55.61	15:55.16	33:32.88
1058	6:35.11	9:14.47	10:15.74	9:55.94	15:55.70	33:34.05
1057	6:35.34	9:14.78	10:16.16	9:56.27	15:56.24	33:35.23
1056	6:35.57	9:15.08	10:16.58	9:56.60	15:56.78	33:36.40
1055	6:35.80	9:15.39	10:17.01	9:56.93	15:57.33	33:37.58
1054	6:36.03	9:15.69	10:17.43	9:57.27	15:57.87	33:38.76
1053	6:36.26	9:16.00	10:17.85	9:57.60	15:58.41	33:39.93
1052	6:36.49	9:16.31	10:18.28	9:57.93	15:58.95	33:41.11
1051	6:36.72	9:16.61	10:18.70	9:58.26	15:59.49	33:42.29



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
6:36.95	9:16.92	10:19.12	9:58.59	16:00.04	33:43.47	1050
6:37.18	9:17.22	10:19.55	9:58.93	16:00.58	33:44.65	1049
6:37.41	9:17.53	10:19.97	9:59.26	16:01.12	33:45.83	1048
6:37.64	9:17.84	10:20.40	9:59.59	16:01.67	33:47.01	1047
6:37.87	9:18.14	10:20.82	9:59.92	16:02.21	33:48.19	1046
6:38.10	9:18.45	10:21.25	10:00.26	16:02.75	33:49.37	1045
6:38.33	9:18.76	10:21.67	10:00.59	16:03.30	33:50.56	1044
6:38.56	9:19.06	10:22.10	10:00.92	16:03.84	33:51.74	1043
6:38.79	9:19.37	10:22.52	10:01.26	16:04.39	33:52.92	1042
6:39.02	9:19.68	10:22.95	10:01.59	16:04.93	33:54.11	1041
6:39.25	9:19.99	10:23.38	10:01.92	16:05.48	33:55.29	1040
6:39.49	9:20.29	10:23.80	10:02.26	16:06.02	33:56.48	1039
6:39.72	9:20.60	10:24.23	10:02.59	16:06.57	33:57.66	1038
6:39.95	9:20.91	10:24.66	10:02.93	16:07.12	33:58.85	1037
6:40.18	9:21.22	10:25.08	10:03.26	16:07.66	34:00.04	1036
6:40.41	9:21.53	10:25.51	10:03.60	16:08.21	34:01.22	1035
6:40.64	9:21.84	10:25.94	10:03.93	16:08.76	34:02.41	1034
6:40.88	9:22.14	10:26.37	10:04.26	16:09.30	34:03.60	1033
6:41.11	9:22.45	10:26.79	10:04.60	16:09.85	34:04.79	1032
6:41.34	9:22.76	10:27.22	10:04.93	16:10.40	34:05.98	1031
6:41.57	9:23.07	10:27.65	10:05.27	16:10.95	34:07.17	1030
6:41.80	9:23.38	10:28.08	10:05.61	16:11.49	34:08.36	1029
6:42.04	9:23.69	10:28.51	10:05.94	16:12.04	34:09.55	1028
6:42.27	9:24.00	10:28.94	10:06.28	16:12.59	34:10.74	1027
6:42.50	9:24.31	10:29.36	10:06.61	16:13.14	34:11.94	1026
6:42.73	9:24.62	10:29.79	10:06.95	16:13.69	34:13.13	1025
6:42.97	9:24.93	10:30.22	10:07.29	16:14.24	34:14.32	1024
6:43.20	9:25.24	10:30.65	10:07.62	16:14.79	34:15.52	1023
6:43.43	9:25.55	10:31.08	10:07.96	16:15.34	34:16.71	1022
6:43.67	9:25.86	10:31.51	10:08.30	16:15.89	34:17.91	1021
6:43.90	9:26.17	10:31.94	10:08.63	16:16.44	34:19.11	1020
6:44.13	9:26.48	10:32.37	10:08.97	16:16.99	34:20.30	1019
6:44.37	9:26.79	10:32.80	10:09.31	16:17.54	34:21.50	1018
6:44.60	9:27.10	10:33.24	10:09.65	16:18.09	34:22.70	1017
6:44.83	9:27.41	10:33.67	10:09.98	16:18.65	34:23.90	1016
6:45.07	9:27.73	10:34.10	10:10.32	16:19.20	34:25.09	1015
6:45.30	9:28.04	10:34.53	10:10.66	16:19.75	34:26.29	1014
6:45.54	9:28.35	10:34.96	10:11.00	16:20.30	34:27.50	1013
6:45.77	9:28.66	10:35.39	10:11.34	16:20.85	34:28.70	1012
6:46.00	9:28.97	10:35.83	10:11.67	16:21.41	34:29.90	1011
6:46.24	9:29.29	10:36.26	10:12.01	16:21.96	34:31.10	1010
6:46.47	9:29.60	10:36.69	10:12.35	16:22.51	34:32.30	1009
6:46.71	9:29.91	10:37.12	10:12.69	16:23.07	34:33.51	1008
6:46.94	9:30.22	10:37.56	10:13.03	16:23.62	34:34.71	1007
6:47.18	9:30.54	10:37.99	10:13.37	16:24.18	34:35.91	1006
6:47.41	9:30.85	10:38.42	10:13.71	16:24.73	34:37.12	1005
6:47.65	9:31.16	10:38.86	10:14.05	16:25.29	34:38.32	1004
6:47.88	9:31.47	10:39.29	10:14.39	16:25.84	34:39.53	1003
6:48.12	9:31.79	10:39.73	10:14.73	16:26.40	34:40.74	1002
6:48.35	9:32.10	10:40.16	10:15.07	16:26.95	34:41.95	1001

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
1000	6:48.59	9:32.42	10:40.59	10:15.41	16:27.51	34:43.15
999	6:48.83	9:32.73	10:41.03	10:15.75	16:28.07	34:44.36
998	6:49.06	9:33.04	10:41.46	10:16.09	16:28.62	34:45.57
997	6:49.30	9:33.36	10:41.90	10:16.43	16:29.18	34:46.78
996	6:49.53	9:33.67	10:42.33	10:16.77	16:29.74	34:47.99
995	6:49.77	9:33.99	10:42.77	10:17.11	16:30.29	34:49.20
994	6:50.01	9:34.30	10:43.21	10:17.45	16:30.85	34:50.42
993	6:50.24	9:34.62	10:43.64	10:17.80	16:31.41	34:51.63
992	6:50.48	9:34.93	10:44.08	10:18.14	16:31.97	34:52.84
991	6:50.72	9:35.25	10:44.52	10:18.48	16:32.53	34:54.05
990	6:50.95	9:35.56	10:44.95	10:18.82	16:33.09	34:55.27
989	6:51.19	9:35.88	10:45.39	10:19.16	16:33.65	34:56.48
988	6:51.43	9:36.19	10:45.83	10:19.51	16:34.20	34:57.70
987	6:51.66	9:36.51	10:46.26	10:19.85	16:34.76	34:58.91
986	6:51.90	9:36.82	10:46.70	10:20.19	16:35.32	35:00.13
985	6:52.14	9:37.14	10:47.14	10:20.53	16:35.88	35:01.35
984	6:52.38	9:37.46	10:47.58	10:20.88	16:36.45	35:02.57
983	6:52.61	9:37.77	10:48.02	10:21.22	16:37.01	35:03.78
982	6:52.85	9:38.09	10:48.45	10:21.56	16:37.57	35:05.00
981	6:53.09	9:38.41	10:48.89	10:21.91	16:38.13	35:06.22
980	6:53.33	9:38.72	10:49.33	10:22.25	16:38.69	35:07.44
979	6:53.57	9:39.04	10:49.77	10:22.60	16:39.25	35:08.67
978	6:53.80	9:39.36	10:50.21	10:22.94	16:39.81	35:09.89
977	6:54.04	9:39.67	10:50.65	10:23.28	16:40.38	35:11.11
976	6:54.28	9:39.99	10:51.09	10:23.63	16:40.94	35:12.33
975	6:54.52	9:40.31	10:51.53	10:23.97	16:41.50	35:13.56
974	6:54.76	9:40.63	10:51.97	10:24.32	16:42.07	35:14.78
973	6:55.00	9:40.95	10:52.41	10:24.66	16:42.63	35:16.00
972	6:55.24	9:41.26	10:52.85	10:25.01	16:43.19	35:17.23
971	6:55.48	9:41.58	10:53.29	10:25.35	16:43.76	35:18.46
970	6:55.72	9:41.90	10:53.73	10:25.70	16:44.32	35:19.68
969	6:55.95	9:42.22	10:54.18	10:26.05	16:44.89	35:20.91
968	6:56.19	9:42.54	10:54.62	10:26.39	16:45.45	35:22.14
967	6:56.43	9:42.86	10:55.06	10:26.74	16:46.02	35:23.37
966	6:56.67	9:43.18	10:55.50	10:27.08	16:46.59	35:24.60
965	6:56.91	9:43.50	10:55.94	10:27.43	16:47.15	35:25.83
964	6:57.15	9:43.82	10:56.39	10:27.78	16:47.72	35:27.06
963	6:57.39	9:44.14	10:56.83	10:28.12	16:48.28	35:28.29
962	6:57.63	9:44.46	10:57.27	10:28.47	16:48.85	35:29.52
961	6:57.87	9:44.78	10:57.72	10:28.82	16:49.42	35:30.75
960	6:58.11	9:45.10	10:58.16	10:29.16	16:49.99	35:31.98
959	6:58.36	9:45.42	10:58.60	10:29.51	16:50.55	35:33.22
958	6:58.60	9:45.74	10:59.05	10:29.86	16:51.12	35:34.45
957	6:58.84	9:46.06	10:59.49	10:30.21	16:51.69	35:35.69
956	6:59.08	9:46.38	10:59.94	10:30.56	16:52.26	35:36.92
955	6:59.32	9:46.70	11:00.38	10:30.90	16:52.83	35:38.16
954	6:59.56	9:47.02	11:00.83	10:31.25	16:53.40	35:39.40
953	6:59.80	9:47.34	11:01.27	10:31.60	16:53.97	35:40.63
952	7:00.04	9:47.66	11:01.72	10:31.95	16:54.54	35:41.87
951	7:00.28	9:47.98	11:02.16	10:32.30	16:55.11	35:43.11

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:00.53	9:48.31	11:02.61	10:32.65	16:55.68	35:44.35	950
7:00.77	9:48.63	11:03.05	10:33.00	16:56.25	35:45.59	949
7:01.01	9:48.95	11:03.50	10:33.35	16:56.82	35:46.83	948
7:01.25	9:49.27	11:03.95	10:33.70	16:57.39	35:48.07	947
7:01.50	9:49.60	11:04.39	10:34.05	16:57.96	35:49.31	946
7:01.74	9:49.92	11:04.84	10:34.40	16:58.54	35:50.56	945
7:01.98	9:50.24	11:05.29	10:34.75	16:59.11	35:51.80	944
7:02.22	9:50.56	11:05.74	10:35.10	16:59.68	35:53.04	943
7:02.47	9:50.89	11:06.18	10:35.45	17:00.25	35:54.29	942
7:02.71	9:51.21	11:06.63	10:35.80	17:00.83	35:55.53	941
7:02.95	9:51.53	11:07.08	10:36.15	17:01.40	35:56.78	940
7:03.19	9:51.86	11:07.53	10:36.50	17:01.97	35:58.03	939
7:03.44	9:52.18	11:07.98	10:36.85	17:02.55	35:59.27	938
7:03.68	9:52.51	11:08.43	10:37.20	17:03.12	36:00.52	937
7:03.92	9:52.83	11:08.87	10:37.56	17:03.70	36:01.77	936
7:04.17	9:53.15	11:09.32	10:37.91	17:04.27	36:03.02	935
7:04.41	9:53.48	11:09.77	10:38.26	17:04.85	36:04.27	934
7:04.66	9:53.80	11:10.22	10:38.61	17:05.42	36:05.52	933
7:04.90	9:54.13	11:10.67	10:38.97	17:06.00	36:06.77	932
7:05.14	9:54.45	11:11.12	10:39.32	17:06.58	36:08.02	931
7:05.39	9:54.78	11:11.58	10:39.67	17:07.15	36:09.28	930
7:05.63	9:55.10	11:12.03	10:40.02	17:07.73	36:10.53	929
7:05.88	9:55.43	11:12.48	10:40.38	17:08.31	36:11.79	928
7:06.12	9:55.76	11:12.93	10:40.73	17:08.88	36:13.04	927
7:06.37	9:56.08	11:13.38	10:41.09	17:09.46	36:14.30	926
7:06.61	9:56.41	11:13.83	10:41.44	17:10.04	36:15.55	925
7:06.86	9:56.73	11:14.28	10:41.79	17:10.62	36:16.81	924
7:07.10	9:57.06	11:14.74	10:42.15	17:11.20	36:18.07	923
7:07.35	9:57.39	11:15.19	10:42.50	17:11.78	36:19.32	922
7:07.59	9:57.71	11:15.64	10:42.86	17:12.36	36:20.58	921
7:07.84	9:58.04	11:16.09	10:43.21	17:12.94	36:21.84	920
7:08.09	9:58.37	11:16.55	10:43.57	17:13.52	36:23.10	919
7:08.33	9:58.70	11:17.00	10:43.92	17:14.10	36:24.36	918
7:08.58	9:59.02	11:17.46	10:44.28	17:14.68	36:25.63	917
7:08.82	9:59.35	11:17.91	10:44.63	17:15.26	36:26.89	916
7:09.07	9:59.68	11:18.36	10:44.99	17:15.84	36:28.15	915
7:09.32	10:00.01	11:18.82	10:45.34	17:16.42	36:29.41	914
7:09.56	10:00.34	11:19.27	10:45.70	17:17.00	36:30.68	913
7:09.81	10:00.66	11:19.73	10:46.06	17:17.59	36:31.94	912
7:10.06	10:00.99	11:20.18	10:46.41	17:18.17	36:33.21	911
7:10.30	10:01.32	11:20.64	10:46.77	17:18.75	36:34.48	910
7:10.55	10:01.65	11:21.10	10:47.13	17:19.33	36:35.74	909
7:10.80	10:01.98	11:21.55	10:47.48	17:19.92	36:37.01	908
7:11.05	10:02.31	11:22.01	10:47.84	17:20.50	36:38.28	907
7:11.29	10:02.64	11:22.46	10:48.20	17:21.09	36:39.55	906
7:11.54	10:02.97	11:22.92	10:48.56	17:21.67	36:40.82	905
7:11.79	10:03.30	11:23.38	10:48.92	17:22.26	36:42.09	904
7:12.04	10:03.63	11:23.84	10:49.27	17:22.84	36:43.36	903
7:12.28	10:03.96	11:24.29	10:49.63	17:23.43	36:44.63	902
7:12.53	10:04.29	11:24.75	10:49.99	17:24.01	36:45.90	901

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
900	7:12.78	10:04.62	11:25.21	10:50.35	17:24.60	36:47.18
899	7:13.03	10:04.95	11:25.67	10:50.71	17:25.19	36:48.45
898	7:13.28	10:05.28	11:26.13	10:51.07	17:25.77	36:49.73
897	7:13.53	10:05.61	11:26.58	10:51.43	17:26.36	36:51.00
896	7:13.78	10:05.95	11:27.04	10:51.79	17:26.95	36:52.28
895	7:14.03	10:06.28	11:27.50	10:52.15	17:27.53	36:53.56
894	7:14.27	10:06.61	11:27.96	10:52.51	17:28.12	36:54.83
893	7:14.52	10:06.94	11:28.42	10:52.87	17:28.71	36:56.11
892	7:14.77	10:07.27	11:28.88	10:53.23	17:29.30	36:57.39
891	7:15.02	10:07.61	11:29.34	10:53.59	17:29.89	36:58.67
890	7:15.27	10:07.94	11:29.80	10:53.95	17:30.48	36:59.95
889	7:15.52	10:08.27	11:30.26	10:54.31	17:31.07	37:01.23
888	7:15.77	10:08.60	11:30.73	10:54.67	17:31.66	37:02.51
887	7:16.02	10:08.94	11:31.19	10:55.03	17:32.25	37:03.80
886	7:16.27	10:09.27	11:31.65	10:55.39	17:32.84	37:05.08
885	7:16.52	10:09.60	11:32.11	10:55.75	17:33.43	37:06.37
884	7:16.77	10:09.94	11:32.57	10:56.12	17:34.02	37:07.65
883	7:17.03	10:10.27	11:33.04	10:56.48	17:34.61	37:08.94
882	7:17.28	10:10.60	11:33.50	10:56.84	17:35.21	37:10.22
881	7:17.53	10:10.94	11:33.96	10:57.20	17:35.80	37:11.51
880	7:17.78	10:11.27	11:34.42	10:57.57	17:36.39	37:12.80
879	7:18.03	10:11.61	11:34.89	10:57.93	17:36.98	37:14.09
878	7:18.28	10:11.94	11:35.35	10:58.29	17:37.58	37:15.37
877	7:18.53	10:12.28	11:35.82	10:58.66	17:38.17	37:16.66
876	7:18.78	10:12.61	11:36.28	10:59.02	17:38.77	37:17.96
875	7:19.04	10:12.95	11:36.74	10:59.38	17:39.36	37:19.25
874	7:19.29	10:13.28	11:37.21	10:59.75	17:39.96	37:20.54
873	7:19.54	10:13.62	11:37.67	11:00.11	17:40.55	37:21.83
872	7:19.79	10:13.96	11:38.14	11:00.48	17:41.15	37:23.13
871	7:20.05	10:14.29	11:38.61	11:00.84	17:41.74	37:24.42
870	7:20.30	10:14.63	11:39.07	11:01.21	17:42.34	37:25.72
869	7:20.55	10:14.96	11:39.54	11:01.57	17:42.93	37:27.01
868	7:20.80	10:15.30	11:40.00	11:01.94	17:43.53	37:28.31
867	7:21.06	10:15.64	11:40.47	11:02.30	17:44.13	37:29.61
866	7:21.31	10:15.98	11:40.94	11:02.67	17:44.73	37:30.90
865	7:21.56	10:16.31	11:41.41	11:03.03	17:45.32	37:32.20
864	7:21.82	10:16.65	11:41.87	11:03.40	17:45.92	37:33.50
863	7:22.07	10:16.99	11:42.34	11:03.77	17:46.52	37:34.80
862	7:22.32	10:17.33	11:42.81	11:04.13	17:47.12	37:36.10
861	7:22.58	10:17.66	11:43.28	11:04.50	17:47.72	37:37.41
860	7:22.83	10:18.00	11:43.75	11:04.87	17:48.32	37:38.71
859	7:23.09	10:18.34	11:44.21	11:05.23	17:48.92	37:40.01
858	7:23.34	10:18.68	11:44.68	11:05.60	17:49.52	37:41.32
857	7:23.60	10:19.02	11:45.15	11:05.97	17:50.12	37:42.62
856	7:23.85	10:19.36	11:45.62	11:06.34	17:50.72	37:43.93
855	7:24.11	10:19.70	11:46.09	11:06.70	17:51.32	37:45.23
854	7:24.36	10:20.04	11:46.56	11:07.07	17:51.92	37:46.54
853	7:24.62	10:20.38	11:47.03	11:07.44	17:52.53	37:47.85
852	7:24.87	10:20.72	11:47.50	11:07.81	17:53.13	37:49.16
851	7:25.13	10:21.06	11:47.98	11:08.18	17:53.73	37:50.47

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:25.38	10:21.40	11:48.45	11:08.55	17:54.33	37:51.78	850
7:25.64	10:21.74	11:48.92	11:08.92	17:54.94	37:53.09	849
7:25.89	10:22.08	11:49.39	11:09.29	17:55.54	37:54.40	848
7:26.15	10:22.42	11:49.86	11:09.66	17:56.15	37:55.71	847
7:26.41	10:22.76	11:50.34	11:10.03	17:56.75	37:57.03	846
7:26.66	10:23.10	11:50.81	11:10.40	17:57.36	37:58.34	845
7:26.92	10:23.44	11:51.28	11:10.77	17:57.96	37:59.66	844
7:27.17	10:23.78	11:51.75	11:11.14	17:58.57	38:00.97	843
7:27.43	10:24.12	11:52.23	11:11.51	17:59.17	38:02.29	842
7:27.69	10:24.47	11:52.70	11:11.88	17:59.78	38:03.61	841
7:27.95	10:24.81	11:53.18	11:12.25	18:00.39	38:04.92	840
7:28.20	10:25.15	11:53.65	11:12.62	18:00.99	38:06.24	839
7:28.46	10:25.49	11:54.13	11:13.00	18:01.60	38:07.56	838
7:28.72	10:25.84	11:54.60	11:13.37	18:02.21	38:08.88	837
7:28.98	10:26.18	11:55.08	11:13.74	18:02.82	38:10.20	836
7:29.23	10:26.52	11:55.55	11:14.11	18:03.42	38:11.53	835
7:29.49	10:26.87	11:56.03	11:14.48	18:04.03	38:12.85	834
7:29.75	10:27.21	11:56.50	11:14.86	18:04.64	38:14.17	833
7:30.01	10:27.55	11:56.98	11:15.23	18:05.25	38:15.50	832
7:30.27	10:27.90	11:57.46	11:15.60	18:05.86	38:16.82	831
7:30.53	10:28.24	11:57.93	11:15.98	18:06.47	38:18.15	830
7:30.78	10:28.59	11:58.41	11:16.35	18:07.08	38:19.47	829
7:31.04	10:28.93	11:58.89	11:16.73	18:07.69	38:20.80	828
7:31.30	10:29.28	11:59.37	11:17.10	18:08.31	38:22.13	827
7:31.56	10:29.62	11:59.84	11:17.47	18:08.92	38:23.46	826
7:31.82	10:29.97	12:00.32	11:17.85	18:09.53	38:24.79	825
7:32.08	10:30.31	12:00.80	11:18.22	18:10.14	38:26.12	824
7:32.34	10:30.66	12:01.28	11:18.60	18:10.76	38:27.45	823
7:32.60	10:31.01	12:01.76	11:18.97	18:11.37	38:28.78	822
7:32.86	10:31.35	12:02.24	11:19.35	18:11.98	38:30.12	821
7:33.12	10:31.70	12:02.72	11:19.73	18:12.60	38:31.45	820
7:33.38	10:32.04	12:03.20	11:20.10	18:13.21	38:32.79	819
7:33.64	10:32.39	12:03.68	11:20.48	18:13.83	38:34.12	818
7:33.90	10:32.74	12:04.16	11:20.85	18:14.44	38:35.46	817
7:34.16	10:33.09	12:04.64	11:21.23	18:15.06	38:36.80	816
7:34.42	10:33.43	12:05.12	11:21.61	18:15.67	38:38.13	815
7:34.68	10:33.78	12:05.60	11:21.99	18:16.29	38:39.47	814
7:34.95	10:34.13	12:06.09	11:22.36	18:16.91	38:40.81	813
7:35.21	10:34.48	12:06.57	11:22.74	18:17.52	38:42.15	812
7:35.47	10:34.83	12:07.05	11:23.12	18:18.14	38:43.50	811
7:35.73	10:35.17	12:07.53	11:23.50	18:18.76	38:44.84	810
7:35.99	10:35.52	12:08.02	11:23.88	18:19.38	38:46.18	809
7:36.26	10:35.87	12:08.50	11:24.25	18:19.99	38:47.52	808
7:36.52	10:36.22	12:08.98	11:24.63	18:20.61	38:48.87	807
7:36.78	10:36.57	12:09.47	11:25.01	18:21.23	38:50.22	806
7:37.04	10:36.92	12:09.95	11:25.39	18:21.85	38:51.56	805
7:37.31	10:37.27	12:10.44	11:25.77	18:22.47	38:52.91	804
7:37.57	10:37.62	12:10.92	11:26.15	18:23.09	38:54.26	803
7:37.83	10:37.97	12:11.41	11:26.53	18:23.71	38:55.61	802
7:38.09	10:38.32	12:11.89	11:26.91	18:24.34	38:56.96	801

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
800	7:38.36	10:38.67	12:12.38	11:27.29	18:24.96	38:58.31
799	7:38.62	10:39.02	12:12.87	11:27.67	18:25.58	38:59.66
798	7:38.89	10:39.37	12:13.35	11:28.05	18:26.20	39:01.01
797	7:39.15	10:39.72	12:13.84	11:28.43	18:26.83	39:02.36
796	7:39.41	10:40.08	12:14.33	11:28.82	18:27.45	39:03.72
795	7:39.68	10:40.43	12:14.81	11:29.20	18:28.07	39:05.07
794	7:39.94	10:40.78	12:15.30	11:29.58	18:28.70	39:06.43
793	7:40.21	10:41.13	12:15.79	11:29.96	18:29.32	39:07.78
792	7:40.47	10:41.48	12:16.28	11:30.34	18:29.95	39:09.14
791	7:40.74	10:41.84	12:16.77	11:30.73	18:30.57	39:10.50
790	7:41.00	10:42.19	12:17.25	11:31.11	18:31.20	39:11.86
789	7:41.27	10:42.54	12:17.74	11:31.49	18:31.82	39:13.22
788	7:41.53	10:42.90	12:18.23	11:31.88	18:32.45	39:14.58
787	7:41.80	10:43.25	12:18.72	11:32.26	18:33.08	39:15.94
786	7:42.06	10:43.60	12:19.21	11:32.64	18:33.70	39:17.30
785	7:42.33	10:43.96	12:19.70	11:33.03	18:34.33	39:18.67
784	7:42.60	10:44.31	12:20.19	11:33.41	18:34.96	39:20.03
783	7:42.86	10:44.67	12:20.69	11:33.80	18:35.59	39:21.40
782	7:43.13	10:45.02	12:21.18	11:34.18	18:36.22	39:22.76
781	7:43.40	10:45.38	12:21.67	11:34.57	18:36.84	39:24.13
780	7:43.66	10:45.73	12:22.16	11:34.95	18:37.47	39:25.50
779	7:43.93	10:46.09	12:22.65	11:35.34	18:38.10	39:26.87
778	7:44.20	10:46.44	12:23.15	11:35.72	18:38.73	39:28.24
777	7:44.46	10:46.80	12:23.64	11:36.11	18:39.37	39:29.61
776	7:44.73	10:47.15	12:24.13	11:36.50	18:40.00	39:30.98
775	7:45.00	10:47.51	12:24.63	11:36.88	18:40.63	39:32.35
774	7:45.27	10:47.87	12:25.12	11:37.27	18:41.26	39:33.72
773	7:45.53	10:48.22	12:25.61	11:37.66	18:41.89	39:35.10
772	7:45.80	10:48.58	12:26.11	11:38.04	18:42.53	39:36.47
771	7:46.07	10:48.94	12:26.60	11:38.43	18:43.16	39:37.85
770	7:46.34	10:49.30	12:27.10	11:38.82	18:43.79	39:39.23
769	7:46.61	10:49.65	12:27.59	11:39.21	18:44.43	39:40.60
768	7:46.88	10:50.01	12:28.09	11:39.60	18:45.06	39:41.98
767	7:47.15	10:50.37	12:28.59	11:39.98	18:45.70	39:43.36
766	7:47.42	10:50.73	12:29.08	11:40.37	18:46.33	39:44.74
765	7:47.68	10:51.09	12:29.58	11:40.76	18:46.97	39:46.12
764	7:47.95	10:51.45	12:30.08	11:41.15	18:47.60	39:47.50
763	7:48.22	10:51.81	12:30.57	11:41.54	18:48.24	39:48.89
762	7:48.49	10:52.16	12:31.07	11:41.93	18:48.88	39:50.27
761	7:48.76	10:52.52	12:31.57	11:42.32	18:49.51	39:51.66
760	7:49.03	10:52.88	12:32.07	11:42.71	18:50.15	39:53.04
759	7:49.30	10:53.24	12:32.57	11:43.10	18:50.79	39:54.43
758	7:49.58	10:53.60	12:33.07	11:43.49	18:51.43	39:55.82
757	7:49.85	10:53.96	12:33.57	11:43.88	18:52.07	39:57.20
756	7:50.12	10:54.33	12:34.07	11:44.28	18:52.71	39:58.59
755	7:50.39	10:54.69	12:34.57	11:44.67	18:53.35	39:59.98
754	7:50.66	10:55.05	12:35.07	11:45.06	18:53.99	40:01.38
753	7:50.93	10:55.41	12:35.57	11:45.45	18:54.63	40:02.77
752	7:51.20	10:55.77	12:36.07	11:45.84	18:55.27	40:04.16
751	7:51.47	10:56.13	12:36.57	11:46.24	18:55.91	40:05.55

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
7:51.75	10:56.50	12:37.07	11:46.63	18:56.55	40:06.95	750
7:52.02	10:56.86	12:37.57	11:47.02	18:57.20	40:08.34	749
7:52.29	10:57.22	12:38.08	11:47.42	18:57.84	40:09.74	748
7:52.56	10:57.58	12:38.58	11:47.81	18:58.48	40:11.14	747
7:52.84	10:57.95	12:39.08	11:48.20	18:59.13	40:12.54	746
7:53.11	10:58.31	12:39.59	11:48.60	18:59.77	40:13.94	745
7:53.38	10:58.67	12:40.09	11:48.99	19:00.42	40:15.34	744
7:53.66	10:59.04	12:40.59	11:49.39	19:01.06	40:16.74	743
7:53.93	10:59.40	12:41.10	11:49.78	19:01.71	40:18.14	742
7:54.20	10:59.77	12:41.60	11:50.18	19:02.35	40:19.55	741
7:54.48	11:00.13	12:42.11	11:50.57	19:03.00	40:20.95	740
7:54.75	11:00.50	12:42.61	11:50.97	19:03.65	40:22.35	739
7:55.03	11:00.86	12:43.12	11:51.37	19:04.29	40:23.76	738
7:55.30	11:01.23	12:43.63	11:51.76	19:04.94	40:25.17	737
7:55.57	11:01.59	12:44.13	11:52.16	19:05.59	40:26.58	736
7:55.85	11:01.96	12:44.64	11:52.56	19:06.24	40:27.99	735
7:56.12	11:02.32	12:45.15	11:52.95	19:06.89	40:29.40	734
7:56.40	11:02.69	12:45.65	11:53.35	19:07.54	40:30.81	733
7:56.68	11:03.06	12:46.16	11:53.75	19:08.19	40:32.22	732
7:56.95	11:03.42	12:46.67	11:54.15	19:08.84	40:33.63	731
7:57.23	11:03.79	12:47.18	11:54.55	19:09.49	40:35.04	730
7:57.50	11:04.16	12:47.69	11:54.94	19:10.14	40:36.46	729
7:57.78	11:04.53	12:48.20	11:55.34	19:10.79	40:37.88	728
7:58.06	11:04.89	12:48.71	11:55.74	19:11.44	40:39.29	727
7:58.33	11:05.26	12:49.22	11:56.14	19:12.09	40:40.71	726
7:58.61	11:05.63	12:49.73	11:56.54	19:12.75	40:42.13	725
7:58.89	11:06.00	12:50.24	11:56.94	19:13.40	40:43.55	724
7:59.16	11:06.37	12:50.75	11:57.34	19:14.06	40:44.97	723
7:59.44	11:06.74	12:51.26	11:57.74	19:14.71	40:46.39	722
7:59.72	11:07.11	12:51.77	11:58.14	19:15.36	40:47.81	721
8:00.00	11:07.48	12:52.28	11:58.54	19:16.02	40:49.24	720
8:00.27	11:07.85	12:52.80	11:58.94	19:16.68	40:50.66	719
8:00.55	11:08.22	12:53.31	11:59.35	19:17.33	40:52.09	718
8:00.83	11:08.59	12:53.82	11:59.75	19:17.99	40:53.51	717
8:01.11	11:08.96	12:54.34	12:00.15	19:18.65	40:54.94	716
8:01.39	11:09.33	12:54.85	12:00.55	19:19.30	40:56.37	715
8:01.67	11:09.70	12:55.36	12:00.96	19:19.96	40:57.80	714
8:01.94	11:10.07	12:55.88	12:01.36	19:20.62	40:59.23	713
8:02.22	11:10.44	12:56.39	12:01.76	19:21.28	41:00.66	712
8:02.50	11:10.81	12:56.91	12:02.17	19:21.94	41:02.09	711
8:02.78	11:11.19	12:57.42	12:02.57	19:22.60	41:03.53	710
8:03.06	11:11.56	12:57.94	12:02.97	19:23.26	41:04.96	709
8:03.34	11:11.93	12:58.46	12:03.38	19:23.92	41:06.40	708
8:03.62	11:12.31	12:58.97	12:03.78	19:24.58	41:07.84	707
8:03.90	11:12.68	12:59.49	12:04.19	19:25.24	41:09.27	706
8:04.18	11:13.05	13:00.01	12:04.59	19:25.90	41:10.71	705
8:04.46	11:13.43	13:00.53	12:05.00	19:26.57	41:12.15	704
8:04.75	11:13.80	13:01.04	12:05.40	19:27.23	41:13.59	703
8:05.03	11:14.17	13:01.56	12:05.81	19:27.89	41:15.03	702
8:05.31	11:14.55	13:02.08	12:06.22	19:28.56	41:16.48	701

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
700	8:05.59	11:14.92	13:02.60	12:06.62	19:29.22	41:17.92
699	8:05.87	11:15.30	13:03.12	12:07.03	19:29.89	41:19.37
698	8:06.15	11:15.68	13:03.64	12:07.44	19:30.55	41:20.81
697	8:06.44	11:16.05	13:04.16	12:07.85	19:31.22	41:22.26
696	8:06.72	11:16.43	13:04.68	12:08.25	19:31.89	41:23.71
695	8:07.00	11:16.80	13:05.20	12:08.66	19:32.55	41:25.16
694	8:07.28	11:17.18	13:05.73	12:09.07	19:33.22	41:26.61
693	8:07.57	11:17.56	13:06.25	12:09.48	19:33.89	41:28.06
692	8:07.85	11:17.93	13:06.77	12:09.89	19:34.56	41:29.51
691	8:08.13	11:18.31	13:07.29	12:10.30	19:35.23	41:30.96
690	8:08.42	11:18.69	13:07.82	12:10.71	19:35.90	41:32.42
689	8:08.70	11:19.07	13:08.34	12:11.12	19:36.57	41:33.87
688	8:08.98	11:19.44	13:08.86	12:11.53	19:37.24	41:35.33
687	8:09.27	11:19.82	13:09.39	12:11.94	19:37.91	41:36.78
686	8:09.55	11:20.20	13:09.91	12:12.35	19:38.58	41:38.24
685	8:09.84	11:20.58	13:10.44	12:12.76	19:39.25	41:39.70
684	8:10.12	11:20.96	13:10.96	12:13.17	19:39.92	41:41.16
683	8:10.41	11:21.34	13:11.49	12:13.58	19:40.59	41:42.63
682	8:10.69	11:21.72	13:12.02	12:14.00	19:41.27	41:44.09
681	8:10.98	11:22.10	13:12.54	12:14.41	19:41.94	41:45.55
680	8:11.26	11:22.48	13:13.07	12:14.82	19:42.62	41:47.02
679	8:11.55	11:22.86	13:13.60	12:15.23	19:43.29	41:48.48
678	8:11.84	11:23.24	13:14.12	12:15.65	19:43.97	41:49.95
677	8:12.12	11:23.62	13:14.65	12:16.06	19:44.64	41:51.42
676	8:12.41	11:24.00	13:15.18	12:16.48	19:45.32	41:52.89
675	8:12.70	11:24.39	13:15.71	12:16.89	19:45.99	41:54.36
674	8:12.98	11:24.77	13:16.24	12:17.30	19:46.67	41:55.83
673	8:13.27	11:25.15	13:16.77	12:17.72	19:47.35	41:57.30
672	8:13.56	11:25.53	13:17.30	12:18.13	19:48.03	41:58.77
671	8:13.85	11:25.92	13:17.83	12:18.55	19:48.71	42:00.25
670	8:14.13	11:26.30	13:18.36	12:18.97	19:49.39	42:01.73
669	8:14.42	11:26.68	13:18.89	12:19.38	19:50.07	42:03.20
668	8:14.71	11:27.07	13:19.42	12:19.80	19:50.75	42:04.68
667	8:15.00	11:27.45	13:19.95	12:20.21	19:51.43	42:06.16
666	8:15.29	11:27.83	13:20.49	12:20.63	19:52.11	42:07.64
665	8:15.58	11:28.22	13:21.02	12:21.05	19:52.79	42:09.12
664	8:15.87	11:28.60	13:21.55	12:21.47	19:53.47	42:10.60
663	8:16.15	11:28.99	13:22.09	12:21.88	19:54.16	42:12.09
662	8:16.44	11:29.38	13:22.62	12:22.30	19:54.84	42:13.57
661	8:16.73	11:29.76	13:23.16	12:22.72	19:55.52	42:15.06
660	8:17.02	11:30.15	13:23.69	12:23.14	19:56.21	42:16.54
659	8:17.31	11:30.53	13:24.23	12:23.56	19:56.89	42:18.03
658	8:17.60	11:30.92	13:24.76	12:23.98	19:57.58	42:19.52
657	8:17.90	11:31.31	13:25.30	12:24.40	19:58.26	42:21.01
656	8:18.19	11:31.69	13:25.83	12:24.82	19:58.95	42:22.50
655	8:18.48	11:32.08	13:26.37	12:25.24	19:59.64	42:24.00
654	8:18.77	11:32.47	13:26.91	12:25.66	20:00.33	42:25.49
653	8:19.06	11:32.86	13:27.45	12:26.08	20:01.01	42:26.98
652	8:19.35	11:33.25	13:27.98	12:26.50	20:01.70	42:28.48
651	8:19.64	11:33.64	13:28.52	12:26.92	20:02.39	42:29.98



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
8:19.94	11:34.02	13:29.06	12:27.35	20:03.08	42:31.48	650
8:20.23	11:34.41	13:29.60	12:27.77	20:03.77	42:32.97	649
8:20.52	11:34.80	13:30.14	12:28.19	20:04.46	42:34.48	648
8:20.81	11:35.19	13:30.68	12:28.61	20:05.15	42:35.98	647
8:21.11	11:35.58	13:31.22	12:29.04	20:05.84	42:37.48	646
8:21.40	11:35.97	13:31.76	12:29.46	20:06.54	42:38.98	645
8:21.69	11:36.37	13:32.30	12:29.89	20:07.23	42:40.49	644
8:21.99	11:36.76	13:32.85	12:30.31	20:07.92	42:42.00	643
8:22.28	11:37.15	13:33.39	12:30.74	20:08.62	42:43.50	642
8:22.58	11:37.54	13:33.93	12:31.16	20:09.31	42:45.01	641
8:22.87	11:37.93	13:34.47	12:31.59	20:10.01	42:46.52	640
8:23.17	11:38.32	13:35.02	12:32.01	20:10.70	42:48.03	639
8:23.46	11:38.72	13:35.56	12:32.44	20:11.40	42:49.55	638
8:23.76	11:39.11	13:36.11	12:32.86	20:12.10	42:51.06	637
8:24.05	11:39.50	13:36.65	12:33.29	20:12.79	42:52.57	636
8:24.35	11:39.90	13:37.20	12:33.72	20:13.49	42:54.09	635
8:24.64	11:40.29	13:37.74	12:34.14	20:14.19	42:55.61	634
8:24.94	11:40.68	13:38.29	12:34.57	20:14.89	42:57.12	633
8:25.24	11:41.08	13:38.83	12:35.00	20:15.59	42:58.64	632
8:25.53	11:41.47	13:39.38	12:35.43	20:16.29	43:00.16	631
8:25.83	11:41.87	13:39.93	12:35.86	20:16.99	43:01.69	630
8:26.13	11:42.26	13:40.48	12:36.29	20:17.69	43:03.21	629
8:26.42	11:42.66	13:41.03	12:36.72	20:18.39	43:04.73	628
8:26.72	11:43.06	13:41.57	12:37.15	20:19.09	43:06.26	627
8:27.02	11:43.45	13:42.12	12:37.58	20:19.79	43:07.79	626
8:27.32	11:43.85	13:42.67	12:38.01	20:20.50	43:09.31	625
8:27.62	11:44.25	13:43.22	12:38.44	20:21.20	43:10.84	624
8:27.91	11:44.64	13:43.77	12:38.87	20:21.91	43:12.37	623
8:28.21	11:45.04	13:44.32	12:39.30	20:22.61	43:13.91	622
8:28.51	11:45.44	13:44.88	12:39.73	20:23.32	43:15.44	621
8:28.81	11:45.84	13:45.43	12:40.16	20:24.02	43:16.97	620
8:29.11	11:46.24	13:45.98	12:40.60	20:24.73	43:18.51	619
8:29.41	11:46.64	13:46.53	12:41.03	20:25.44	43:20.04	618
8:29.71	11:47.04	13:47.09	12:41.46	20:26.14	43:21.58	617
8:30.01	11:47.44	13:47.64	12:41.90	20:26.85	43:23.12	616
8:30.31	11:47.84	13:48.19	12:42.33	20:27.56	43:24.66	615
8:30.61	11:48.24	13:48.75	12:42.76	20:28.27	43:26.20	614
8:30.91	11:48.64	13:49.30	12:43.20	20:28.98	43:27.75	613
8:31.21	11:49.04	13:49.86	12:43.63	20:29.69	43:29.29	612
8:31.51	11:49.44	13:50.41	12:44.07	20:30.40	43:30.84	611
8:31.82	11:49.84	13:50.97	12:44.51	20:31.12	43:32.38	610
8:32.12	11:50.24	13:51.53	12:44.94	20:31.83	43:33.93	609
8:32.42	11:50.64	13:52.09	12:45.38	20:32.54	43:35.48	608
8:32.72	11:51.05	13:52.64	12:45.81	20:33.26	43:37.03	607
8:33.03	11:51.45	13:53.20	12:46.25	20:33.97	43:38.58	606
8:33.33	11:51.85	13:53.76	12:46.69	20:34.68	43:40.13	605
8:33.63	11:52.26	13:54.32	12:47.13	20:35.40	43:41.69	604
8:33.93	11:52.66	13:54.88	12:47.57	20:36.12	43:43.24	603
8:34.24	11:53.06	13:55.44	12:48.00	20:36.83	43:44.80	602
8:34.54	11:53.47	13:56.00	12:48.44	20:37.55	43:46.36	601

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
600	8:34.85	11:53.87	13:56.56	12:48.88	20:38.27	43:47.92
599	8:35.15	11:54.28	13:57.12	12:49.32	20:38.99	43:49.48
598	8:35.46	11:54.68	13:57.68	12:49.76	20:39.70	43:51.04
597	8:35.76	11:55.09	13:58.25	12:50.20	20:40.42	43:52.60
596	8:36.07	11:55.50	13:58.81	12:50.64	20:41.14	43:54.17
595	8:36.37	11:55.90	13:59.37	12:51.08	20:41.87	43:55.73
594	8:36.68	11:56.31	13:59.94	12:51.53	20:42.59	43:57.30
593	8:36.98	11:56.72	14:00.50	12:51.97	20:43.31	43:58.87
592	8:37.29	11:57.13	14:01.06	12:52.41	20:44.03	44:00.44
591	8:37.60	11:57.53	14:01.63	12:52.85	20:44.75	44:02.01
590	8:37.90	11:57.94	14:02.20	12:53.30	20:45.48	44:03.58
589	8:38.21	11:58.35	14:02.76	12:53.74	20:46.20	44:05.16
588	8:38.52	11:58.76	14:03.33	12:54.18	20:46.93	44:06.73
587	8:38.82	11:59.17	14:03.90	12:54.63	20:47.65	44:08.31
586	8:39.13	11:59.58	14:04.46	12:55.07	20:48.38	44:09.89
585	8:39.44	11:59.99	14:05.03	12:55.52	20:49.11	44:11.47
584	8:39.75	12:00.40	14:05.60	12:55.96	20:49.83	44:13.05
583	8:40.06	12:00.81	14:06.17	12:56.41	20:50.56	44:14.63
582	8:40.37	12:01.22	14:06.74	12:56.85	20:51.29	44:16.21
581	8:40.67	12:01.63	14:07.31	12:57.30	20:52.02	44:17.80
580	8:40.98	12:02.04	14:07.88	12:57.75	20:52.75	44:19.38
579	8:41.29	12:02.46	14:08.45	12:58.19	20:53.48	44:20.97
578	8:41.60	12:02.87	14:09.02	12:58.64	20:54.21	44:22.56
577	8:41.91	12:03.28	14:09.59	12:59.09	20:54.95	44:24.15
576	8:42.22	12:03.70	14:10.17	12:59.54	20:55.68	44:25.74
575	8:42.53	12:04.11	14:10.74	12:59.99	20:56.41	44:27.33
574	8:42.85	12:04.52	14:11.31	13:00.44	20:57.15	44:28.93
573	8:43.16	12:04.94	14:11.89	13:00.89	20:57.88	44:30.52
572	8:43.47	12:05.35	14:12.46	13:01.34	20:58.61	44:32.12
571	8:43.78	12:05.77	14:13.04	13:01.79	20:59.35	44:33.72
570	8:44.09	12:06.18	14:13.61	13:02.24	21:00.09	44:35.32
569	8:44.40	12:06.60	14:14.19	13:02.69	21:00.82	44:36.92
568	8:44.72	12:07.01	14:14.76	13:03.14	21:01.56	44:38.52
567	8:45.03	12:07.43	14:15.34	13:03.59	21:02.30	44:40.13
566	8:45.34	12:07.85	14:15.92	13:04.04	21:03.04	44:41.73
565	8:45.66	12:08.27	14:16.50	13:04.50	21:03.78	44:43.34
564	8:45.97	12:08.68	14:17.08	13:04.95	21:04.52	44:44.95
563	8:46.28	12:09.10	14:17.65	13:05.40	21:05.26	44:46.56
562	8:46.60	12:09.52	14:18.23	13:05.86	21:06.00	44:48.17
561	8:46.91	12:09.94	14:18.81	13:06.31	21:06.74	44:49.78
560	8:47.23	12:10.36	14:19.39	13:06.77	21:07.49	44:51.40
559	8:47.54	12:10.78	14:19.98	13:07.22	21:08.23	44:53.01
558	8:47.86	12:11.20	14:20.56	13:07.68	21:08.98	44:54.63
557	8:48.17	12:11.62	14:21.14	13:08.13	21:09.72	44:56.25
556	8:48.49	12:12.04	14:21.72	13:08.59	21:10.47	44:57.87
555	8:48.81	12:12.46	14:22.31	13:09.05	21:11.21	44:59.49
554	8:49.12	12:12.88	14:22.89	13:09.50	21:11.96	45:01.11
553	8:49.44	12:13.30	14:23.47	13:09.96	21:12.71	45:02.74
552	8:49.76	12:13.72	14:24.06	13:10.42	21:13.46	45:04.36
551	8:50.07	12:14.15	14:24.64	13:10.88	21:14.20	45:05.99

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
8:50.39	12:14.57	14:25.23	13:11.34	21:14.95	45:07.62	550
8:50.71	12:14.99	14:25.82	13:11.80	21:15.70	45:09.25	549
8:51.03	12:15.42	14:26.40	13:12.25	21:16.46	45:10.88	548
8:51.35	12:15.84	14:26.99	13:12.71	21:17.21	45:12.51	547
8:51.67	12:16.27	14:27.58	13:13.18	21:17.96	45:14.15	546
8:51.98	12:16.69	14:28.17	13:13.64	21:18.71	45:15.78	545
8:52.30	12:17.12	14:28.76	13:14.10	21:19.47	45:17.42	544
8:52.62	12:17.54	14:29.35	13:14.56	21:20.22	45:19.06	543
8:52.94	12:17.97	14:29.94	13:15.02	21:20.98	45:20.70	542
8:53.26	12:18.39	14:30.53	13:15.48	21:21.73	45:22.34	541
8:53.58	12:18.82	14:31.12	13:15.95	21:22.49	45:23.99	540
8:53.91	12:19.25	14:31.71	13:16.41	21:23.25	45:25.63	539
8:54.23	12:19.68	14:32.30	13:16.87	21:24.00	45:27.28	538
8:54.55	12:20.10	14:32.90	13:17.34	21:24.76	45:28.93	537
8:54.87	12:20.53	14:33.49	13:17.80	21:25.52	45:30.58	536
8:55.19	12:20.96	14:34.08	13:18.27	21:26.28	45:32.23	535
8:55.51	12:21.39	14:34.68	13:18.73	21:27.04	45:33.88	534
8:55.84	12:21.82	14:35.27	13:19.20	21:27.80	45:35.54	533
8:56.16	12:22.25	14:35.87	13:19.67	21:28.57	45:37.19	532
8:56.48	12:22.68	14:36.46	13:20.13	21:29.33	45:38.85	531
8:56.81	12:23.11	14:37.06	13:20.60	21:30.09	45:40.51	530
8:57.13	12:23.54	14:37.66	13:21.07	21:30.86	45:42.17	529
8:57.46	12:23.97	14:38.26	13:21.54	21:31.62	45:43.83	528
8:57.78	12:24.41	14:38.86	13:22.01	21:32.39	45:45.49	527
8:58.10	12:24.84	14:39.45	13:22.48	21:33.16	45:47.16	526
8:58.43	12:25.27	14:40.05	13:22.95	21:33.92	45:48.83	525
8:58.76	12:25.70	14:40.65	13:23.42	21:34.69	45:50.50	524
8:59.08	12:26.14	14:41.26	13:23.89	21:35.46	45:52.17	523
8:59.41	12:26.57	14:41.86	13:24.36	21:36.23	45:53.84	522
8:59.73	12:27.01	14:42.46	13:24.83	21:37.00	45:55.51	521
9:00.06	12:27.44	14:43.06	13:25.30	21:37.77	45:57.19	520
9:00.39	12:27.88	14:43.66	13:25.77	21:38.54	45:58.86	519
9:00.71	12:28.31	14:44.27	13:26.25	21:39.31	46:00.54	518
9:01.04	12:28.75	14:44.87	13:26.72	21:40.09	46:02.22	517
9:01.37	12:29.19	14:45.48	13:27.19	21:40.86	46:03.90	516
9:01.70	12:29.62	14:46.08	13:27.67	21:41.64	46:05.59	515
9:02.03	12:30.06	14:46.69	13:28.14	21:42.41	46:07.27	514
9:02.36	12:30.50	14:47.30	13:28.62	21:43.19	46:08.96	513
9:02.69	12:30.94	14:47.90	13:29.09	21:43.97	46:10.64	512
9:03.01	12:31.37	14:48.51	13:29.57	21:44.74	46:12.33	511
9:03.34	12:31.81	14:49.12	13:30.04	21:45.52	46:14.03	510
9:03.68	12:32.25	14:49.73	13:30.52	21:46.30	46:15.72	509
9:04.01	12:32.69	14:50.34	13:31.00	21:47.08	46:17.41	508
9:04.34	12:33.13	14:50.95	13:31.48	21:47.86	46:19.11	507
9:04.67	12:33.57	14:51.56	13:31.96	21:48.64	46:20.81	506
9:05.00	12:34.02	14:52.17	13:32.43	21:49.43	46:22.51	505
9:05.33	12:34.46	14:52.78	13:32.91	21:50.21	46:24.21	504
9:05.66	12:34.90	14:53.39	13:33.39	21:50.99	46:25.91	503
9:06.00	12:35.34	14:54.01	13:33.87	21:51.78	46:27.62	502
9:06.33	12:35.79	14:54.62	13:34.35	21:52.56	46:29.32	501

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
500	9:06.66	12:36.23	14:55.24	13:34.84	21:53.35	46:31.03
499	9:07.00	12:36.67	14:55.85	13:35.32	21:54.14	46:32.74
498	9:07.33	12:37.12	14:56.47	13:35.80	21:54.92	46:34.45
497	9:07.66	12:37.56	14:57.08	13:36.28	21:55.71	46:36.16
496	9:08.00	12:38.01	14:57.70	13:36.77	21:56.50	46:37.88
495	9:08.33	12:38.45	14:58.32	13:37.25	21:57.29	46:39.60
494	9:08.67	12:38.90	14:58.94	13:37.73	21:58.08	46:41.31
493	9:09.00	12:39.35	14:59.55	13:38.22	21:58.87	46:43.04
492	9:09.34	12:39.79	15:00.17	13:38.70	21:59.67	46:44.76
491	9:09.68	12:40.24	15:00.79	13:39.19	22:00.46	46:46.48
490	9:10.01	12:40.69	15:01.41	13:39.67	22:01.26	46:48.21
489	9:10.35	12:41.14	15:02.04	13:40.16	22:02.05	46:49.93
488	9:10.69	12:41.59	15:02.66	13:40.65	22:02.85	46:51.66
487	9:11.02	12:42.04	15:03.28	13:41.14	22:03.64	46:53.39
486	9:11.36	12:42.49	15:03.90	13:41.62	22:04.44	46:55.13
485	9:11.70	12:42.94	15:04.53	13:42.11	22:05.24	46:56.86
484	9:12.04	12:43.39	15:05.15	13:42.60	22:06.04	46:58.60
483	9:12.38	12:43.84	15:05.78	13:43.09	22:06.84	47:00.33
482	9:12.72	12:44.29	15:06.40	13:43.58	22:07.64	47:02.07
481	9:13.06	12:44.74	15:07.03	13:44.07	22:08.44	47:03.81
480	9:13.40	12:45.20	15:07.66	13:44.56	22:09.24	47:05.56
479	9:13.74	12:45.65	15:08.28	13:45.05	22:10.05	47:07.30
478	9:14.08	12:46.10	15:08.91	13:45.55	22:10.85	47:09.05
477	9:14.42	12:46.56	15:09.54	13:46.04	22:11.65	47:10.80
476	9:14.76	12:47.01	15:10.17	13:46.53	22:12.46	47:12.55
475	9:15.10	12:47.47	15:10.80	13:47.03	22:13.27	47:14.30
474	9:15.44	12:47.92	15:11.43	13:47.52	22:14.07	47:16.06
473	9:15.79	12:48.38	15:12.06	13:48.02	22:14.88	47:17.81
472	9:16.13	12:48.83	15:12.70	13:48.51	22:15.69	47:19.57
471	9:16.47	12:49.29	15:13.33	13:49.01	22:16.50	47:21.33
470	9:16.82	12:49.75	15:13.96	13:49.50	22:17.31	47:23.09
469	9:17.16	12:50.21	15:14.60	13:50.00	22:18.13	47:24.86
468	9:17.50	12:50.66	15:15.23	13:50.50	22:18.94	47:26.62
467	9:17.85	12:51.12	15:15.87	13:50.99	22:19.75	47:28.39
466	9:18.19	12:51.58	15:16.51	13:51.49	22:20.57	47:30.16
465	9:18.54	12:52.04	15:17.14	13:51.99	22:21.38	47:31.93
464	9:18.89	12:52.50	15:17.78	13:52.49	22:22.20	47:33.70
463	9:19.23	12:52.96	15:18.42	13:52.99	22:23.01	47:35.48
462	9:19.58	12:53.43	15:19.06	13:53.49	22:23.83	47:37.25
461	9:19.93	12:53.89	15:19.70	13:53.99	22:24.65	47:39.03
460	9:20.27	12:54.35	15:20.34	13:54.50	22:25.47	47:40.81
459	9:20.62	12:54.81	15:20.98	13:55.00	22:26.29	47:42.60
458	9:20.97	12:55.28	15:21.62	13:55.50	22:27.11	47:44.38
457	9:21.32	12:55.74	15:22.26	13:56.00	22:27.94	47:46.17
456	9:21.67	12:56.20	15:22.91	13:56.51	22:28.76	47:47.96
455	9:22.02	12:56.67	15:23.55	13:57.01	22:29.58	47:49.75
454	9:22.36	12:57.14	15:24.20	13:57.52	22:30.41	47:51.54
453	9:22.71	12:57.60	15:24.84	13:58.02	22:31.23	47:53.33
452	9:23.07	12:58.07	15:25.49	13:58.53	22:32.06	47:55.13
451	9:23.42	12:58.53	15:26.14	13:59.04	22:32.89	47:56.93

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
9:23.77	12:59.00	15:26.78	13:59.54	22:33.72	47:58.73	450
9:24.12	12:59.47	15:27.43	14:00.05	22:34.55	48:00.53	449
9:24.47	12:59.94	15:28.08	14:00.56	22:35.38	48:02.34	448
9:24.82	13:00.41	15:28.73	14:01.07	22:36.21	48:04.14	447
9:25.18	13:00.88	15:29.38	14:01.58	22:37.04	48:05.95	446
9:25.53	13:01.35	15:30.03	14:02.09	22:37.87	48:07.76	445
9:25.88	13:01.82	15:30.68	14:02.60	22:38.71	48:09.57	444
9:26.24	13:02.29	15:31.34	14:03.11	22:39.54	48:11.39	443
9:26.59	13:02.76	15:31.99	14:03.62	22:40.38	48:13.20	442
9:26.95	13:03.23	15:32.64	14:04.13	22:41.22	48:15.02	441
9:27.30	13:03.71	15:33.30	14:04.65	22:42.06	48:16.84	440
9:27.66	13:04.18	15:33.96	14:05.16	22:42.89	48:18.67	439
9:28.01	13:04.65	15:34.61	14:05.67	22:43.73	48:20.49	438
9:28.37	13:05.13	15:35.27	14:06.19	22:44.58	48:22.32	437
9:28.73	13:05.60	15:35.93	14:06.70	22:45.42	48:24.15	436
9:29.08	13:06.08	15:36.59	14:07.22	22:46.26	48:25.98	435
9:29.44	13:06.55	15:37.25	14:07.74	22:47.10	48:27.81	434
9:29.80	13:07.03	15:37.91	14:08.25	22:47.95	48:29.65	433
9:30.16	13:07.51	15:38.57	14:08.77	22:48.79	48:31.48	432
9:30.52	13:07.99	15:39.23	14:09.29	22:49.64	48:33.32	431
9:30.87	13:08.46	15:39.89	14:09.81	22:50.49	48:35.17	430
9:31.23	13:08.94	15:40.55	14:10.33	22:51.34	48:37.01	429
9:31.59	13:09.42	15:41.22	14:10.85	22:52.19	48:38.86	428
9:31.95	13:09.90	15:41.88	14:11.37	22:53.04	48:40.70	427
9:32.32	13:10.38	15:42.55	14:11.89	22:53.89	48:42.55	426
9:32.68	13:10.86	15:43.21	14:12.41	22:54.74	48:44.41	425
9:33.04	13:11.34	15:43.88	14:12.93	22:55.60	48:46.26	424
9:33.40	13:11.83	15:44.55	14:13.46	22:56.45	48:48.12	423
9:33.76	13:12.31	15:45.22	14:13.98	22:57.31	48:49.98	422
9:34.13	13:12.79	15:45.89	14:14.50	22:58.16	48:51.84	421
9:34.49	13:13.28	15:46.56	14:15.03	22:59.02	48:53.70	420
9:34.85	13:13.76	15:47.23	14:15.56	22:59.88	48:55.57	419
9:35.22	13:14.25	15:47.90	14:16.08	23:00.74	48:57.44	418
9:35.58	13:14.73	15:48.57	14:16.61	23:01.60	48:59.31	417
9:35.95	13:15.22	15:49.25	14:17.14	23:02.46	49:01.18	416
9:36.31	13:15.71	15:49.92	14:17.66	23:03.33	49:03.05	415
9:36.68	13:16.19	15:50.60	14:18.19	23:04.19	49:04.93	414
9:37.05	13:16.68	15:51.27	14:18.72	23:05.06	49:06.81	413
9:37.41	13:17.17	15:51.95	14:19.25	23:05.92	49:08.69	412
9:37.78	13:17.66	15:52.63	14:19.78	23:06.79	49:10.58	411
9:38.15	13:18.15	15:53.31	14:20.31	23:07.66	49:12.46	410
9:38.52	13:18.64	15:53.99	14:20.85	23:08.53	49:14.35	409
9:38.89	13:19.13	15:54.67	14:21.38	23:09.40	49:16.24	408
9:39.26	13:19.62	15:55.35	14:21.91	23:10.27	49:18.13	407
9:39.62	13:20.11	15:56.03	14:22.45	23:11.14	49:20.03	406
9:40.00	13:20.61	15:56.71	14:22.98	23:12.01	49:21.93	405
9:40.37	13:21.10	15:57.40	14:23.52	23:12.89	49:23.83	404
9:40.74	13:21.59	15:58.08	14:24.05	23:13.76	49:25.73	403
9:41.11	13:22.09	15:58.76	14:24.59	23:14.64	49:27.63	402
9:41.48	13:22.58	15:59.45	14:25.13	23:15.52	49:29.54	401

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
400	9:41.85	13:23.08	16:00.14	14:25.66	23:16.40	49:31.45
399	9:42.23	13:23.58	16:00.83	14:26.20	23:17.28	49:33.36
398	9:42.60	13:24.07	16:01.51	14:26.74	23:18.16	49:35.28
397	9:42.97	13:24.57	16:02.20	14:27.28	23:19.04	49:37.19
396	9:43.35	13:25.07	16:02.89	14:27.82	23:19.92	49:39.11
395	9:43.72	13:25.57	16:03.59	14:28.36	23:20.81	49:41.03
394	9:44.10	13:26.07	16:04.28	14:28.91	23:21.69	49:42.96
393	9:44.47	13:26.57	16:04.97	14:29.45	23:22.58	49:44.88
392	9:44.85	13:27.07	16:05.66	14:29.99	23:23.47	49:46.81
391	9:45.23	13:27.57	16:06.36	14:30.54	23:24.36	49:48.74
390	9:45.60	13:28.07	16:07.05	14:31.08	23:25.25	49:50.68
389	9:45.98	13:28.57	16:07.75	14:31.63	23:26.14	49:52.61
388	9:46.36	13:29.08	16:08.45	14:32.17	23:27.03	49:54.55
387	9:46.74	13:29.58	16:09.15	14:32.72	23:27.93	49:56.49
386	9:47.12	13:30.09	16:09.85	14:33.27	23:28.82	49:58.44
385	9:47.50	13:30.59	16:10.55	14:33.82	23:29.72	50:00.38
384	9:47.88	13:31.10	16:11.25	14:34.36	23:30.61	50:02.33
383	9:48.26	13:31.61	16:11.95	14:34.91	23:31.51	50:04.28
382	9:48.64	13:32.11	16:12.65	14:35.47	23:32.41	50:06.24
381	9:49.02	13:32.62	16:13.36	14:36.02	23:33.31	50:08.19
380	9:49.40	13:33.13	16:14.06	14:36.57	23:34.21	50:10.15
379	9:49.78	13:33.64	16:14.77	14:37.12	23:35.12	50:12.12
378	9:50.17	13:34.15	16:15.47	14:37.67	23:36.02	50:14.08
377	9:50.55	13:34.66	16:16.18	14:38.23	23:36.93	50:16.05
376	9:50.94	13:35.17	16:16.89	14:38.78	23:37.83	50:18.02
375	9:51.32	13:35.68	16:17.60	14:39.34	23:38.74	50:19.99
374	9:51.71	13:36.20	16:18.31	14:39.89	23:39.65	50:21.96
373	9:52.09	13:36.71	16:19.02	14:40.45	23:40.56	50:23.94
372	9:52.48	13:37.22	16:19.73	14:41.01	23:41.47	50:25.92
371	9:52.86	13:37.74	16:20.44	14:41.57	23:42.38	50:27.90
370	9:53.25	13:38.25	16:21.16	14:42.13	23:43.30	50:29.89
369	9:53.64	13:38.77	16:21.87	14:42.69	23:44.21	50:31.88
368	9:54.03	13:39.29	16:22.59	14:43.25	23:45.13	50:33.87
367	9:54.42	13:39.80	16:23.31	14:43.81	23:46.05	50:35.86
366	9:54.81	13:40.32	16:24.03	14:44.37	23:46.96	50:37.86
365	9:55.19	13:40.84	16:24.74	14:44.94	23:47.88	50:39.85
364	9:55.59	13:41.36	16:25.46	14:45.50	23:48.81	50:41.86
363	9:55.98	13:41.88	16:26.19	14:46.06	23:49.73	50:43.86
362	9:56.37	13:42.40	16:26.91	14:46.63	23:50.65	50:45.87
361	9:56.76	13:42.92	16:27.63	14:47.20	23:51.58	50:47.88
360	9:57.15	13:43.45	16:28.35	14:47.76	23:52.50	50:49.89
359	9:57.55	13:43.97	16:29.08	14:48.33	23:53.43	50:51.91
358	9:57.94	13:44.49	16:29.81	14:48.90	23:54.36	50:53.92
357	9:58.33	13:45.02	16:30.53	14:49.47	23:55.29	50:55.95
356	9:58.73	13:45.55	16:31.26	14:50.04	23:56.22	50:57.97
355	9:59.12	13:46.07	16:31.99	14:50.61	23:57.16	51:00.00
354	9:59.52	13:46.60	16:32.72	14:51.18	23:58.09	51:02.03
353	9:59.92	13:47.13	16:33.45	14:51.75	23:59.03	51:04.06
352	10:00.31	13:47.65	16:34.18	14:52.33	23:59.96	51:06.09
351	10:00.71	13:48.18	16:34.92	14:52.90	24:00.90	51:08.13

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
10:01.11	13:48.71	16:35.65	14:53.48	24:01.84	51:10.17	350
10:01.51	13:49.24	16:36.39	14:54.05	24:02.78	51:12.22	349
10:01.91	13:49.78	16:37.12	14:54.63	24:03.72	51:14.26	348
10:02.31	13:50.31	16:37.86	14:55.21	24:04.67	51:16.31	347
10:02.71	13:50.84	16:38.60	14:55.79	24:05.61	51:18.37	346
10:03.11	13:51.38	16:39.34	14:56.36	24:06.56	51:20.42	345
10:03.51	13:51.91	16:40.08	14:56.94	24:07.51	51:22.48	344
10:03.91	13:52.45	16:40.82	14:57.53	24:08.45	51:24.54	343
10:04.31	13:52.98	16:41.56	14:58.11	24:09.41	51:26.61	342
10:04.72	13:53.52	16:42.31	14:58.69	24:10.36	51:28.68	341
10:05.12	13:54.06	16:43.05	14:59.27	24:11.31	51:30.75	340
10:05.53	13:54.60	16:43.80	14:59.86	24:12.26	51:32.82	339
10:05.93	13:55.13	16:44.54	15:00.44	24:13.22	51:34.90	338
10:06.34	13:55.67	16:45.29	15:01.03	24:14.18	51:36.98	337
10:06.74	13:56.22	16:46.04	15:01.62	24:15.14	51:39.06	336
10:07.15	13:56.76	16:46.79	15:02.20	24:16.10	51:41.15	335
10:07.56	13:57.30	16:47.54	15:02.79	24:17.06	51:43.24	334
10:07.97	13:57.84	16:48.30	15:03.38	24:18.02	51:45.33	333
10:08.37	13:58.39	16:49.05	15:03.97	24:18.99	51:47.42	332
10:08.78	13:58.93	16:49.81	15:04.56	24:19.95	51:49.52	331
10:09.19	13:59.48	16:50.56	15:05.16	24:20.92	51:51.63	330
10:09.60	14:00.02	16:51.32	15:05.75	24:21.89	51:53.73	329
10:10.02	14:00.57	16:52.08	15:06.34	24:22.86	51:55.84	328
10:10.43	14:01.12	16:52.84	15:06.94	24:23.83	51:57.95	327
10:10.84	14:01.67	16:53.60	15:07.53	24:24.81	52:00.07	326
10:11.25	14:02.22	16:54.36	15:08.13	24:25.78	52:02.18	325
10:11.67	14:02.77	16:55.12	15:08.73	24:26.76	52:04.30	324
10:12.08	14:03.32	16:55.89	15:09.33	24:27.74	52:06.43	323
10:12.50	14:03.87	16:56.65	15:09.93	24:28.71	52:08.56	322
10:12.91	14:04.43	16:57.42	15:10.53	24:29.70	52:10.69	321
10:13.33	14:04.98	16:58.19	15:11.13	24:30.68	52:12.82	320
10:13.75	14:05.54	16:58.96	15:11.73	24:31.66	52:14.96	319
10:14.16	14:06.09	16:59.73	15:12.33	24:32.65	52:17.10	318
10:14.58	14:06.65	17:00.50	15:12.94	24:33.64	52:19.25	317
10:15.00	14:07.21	17:01.27	15:13.54	24:34.62	52:21.39	316
10:15.42	14:07.77	17:02.04	15:14.15	24:35.61	52:23.55	315
10:15.84	14:08.33	17:02.82	15:14.76	24:36.61	52:25.70	314
10:16.26	14:08.89	17:03.60	15:15.36	24:37.60	52:27.86	313
10:16.68	14:09.45	17:04.37	15:15.97	24:38.59	52:30.02	312
10:17.11	14:10.01	17:05.15	15:16.58	24:39.59	52:32.19	311
10:17.53	14:10.57	17:05.93	15:17.19	24:40.59	52:34.35	310
10:17.95	14:11.14	17:06.71	15:17.81	24:41.59	52:36.53	309
10:18.38	14:11.70	17:07.50	15:18.42	24:42.59	52:38.70	308
10:18.80	14:12.27	17:08.28	15:19.03	24:43.59	52:40.88	307
10:19.23	14:12.84	17:09.07	15:19.65	24:44.60	52:43.06	306
10:19.65	14:13.40	17:09.85	15:20.26	24:45.60	52:45.25	305
10:20.08	14:13.97	17:10.64	15:20.88	24:46.61	52:47.44	304
10:20.51	14:14.54	17:11.43	15:21.50	24:47.62	52:49.63	303
10:20.94	14:15.11	17:12.22	15:22.12	24:48.63	52:51.83	302
10:21.37	14:15.68	17:13.01	15:22.74	24:49.65	52:54.03	301

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
300	10:21.80	14:16.26	17:13.80	15:23.36	24:50.66	52:56.24
299	10:22.23	14:16.83	17:14.60	15:23.98	24:51.68	52:58.44
298	10:22.66	14:17.40	17:15.39	15:24.60	24:52.70	53:00.66
297	10:23.09	14:17.98	17:16.19	15:25.23	24:53.72	53:02.87
296	10:23.52	14:18.55	17:16.99	15:25.85	24:54.74	53:05.09
295	10:23.96	14:19.13	17:17.79	15:26.48	24:55.76	53:07.31
294	10:24.39	14:19.71	17:18.59	15:27.11	24:56.79	53:09.54
293	10:24.83	14:20.29	17:19.39	15:27.73	24:57.81	53:11.77
292	10:25.26	14:20.87	17:20.20	15:28.36	24:58.84	53:14.01
291	10:25.70	14:21.45	17:21.00	15:28.99	24:59.87	53:16.24
290	10:26.14	14:22.03	17:21.81	15:29.63	25:00.90	53:18.49
289	10:26.57	14:22.62	17:22.62	15:30.26	25:01.94	53:20.73
288	10:27.01	14:23.20	17:23.43	15:30.89	25:02.97	53:22.98
287	10:27.45	14:23.79	17:24.24	15:31.53	25:04.01	53:25.24
286	10:27.89	14:24.37	17:25.05	15:32.16	25:05.05	53:27.49
285	10:28.33	14:24.96	17:25.86	15:32.80	25:06.09	53:29.75
284	10:28.78	14:25.55	17:26.68	15:33.44	25:07.13	53:32.02
283	10:29.22	14:26.14	17:27.49	15:34.08	25:08.18	53:34.29
282	10:29.66	14:26.73	17:28.31	15:34.72	25:09.22	53:36.56
281	10:30.11	14:27.32	17:29.13	15:35.36	25:10.27	53:38.84
280	10:30.55	14:27.91	17:29.95	15:36.00	25:11.32	53:41.12
279	10:31.00	14:28.50	17:30.77	15:36.65	25:12.38	53:43.41
278	10:31.44	14:29.10	17:31.60	15:37.29	25:13.43	53:45.70
277	10:31.89	14:29.70	17:32.42	15:37.94	25:14.49	53:47.99
276	10:32.34	14:30.29	17:33.25	15:38.59	25:15.54	53:50.29
275	10:32.79	14:30.89	17:34.08	15:39.23	25:16.60	53:52.59
274	10:33.24	14:31.49	17:34.91	15:39.88	25:17.66	53:54.90
273	10:33.69	14:32.09	17:35.74	15:40.54	25:18.73	53:57.21
272	10:34.14	14:32.69	17:36.57	15:41.19	25:19.79	53:59.52
271	10:34.59	14:33.29	17:37.41	15:41.84	25:20.86	54:01.84
270	10:35.05	14:33.90	17:38.24	15:42.50	25:21.93	54:04.17
269	10:35.50	14:34.50	17:39.08	15:43.15	25:23.00	54:06.50
268	10:35.95	14:35.11	17:39.92	15:43.81	25:24.08	54:08.83
267	10:36.41	14:35.71	17:40.76	15:44.47	25:25.15	54:11.16
266	10:36.87	14:36.32	17:41.60	15:45.13	25:26.23	54:13.50
265	10:37.32	14:36.93	17:42.44	15:45.79	25:27.31	54:15.85
264	10:37.78	14:37.54	17:43.29	15:46.45	25:28.39	54:18.20
263	10:38.24	14:38.15	17:44.14	15:47.11	25:29.47	54:20.55
262	10:38.70	14:38.76	17:44.98	15:47.78	25:30.56	54:22.91
261	10:39.16	14:39.38	17:45.83	15:48.44	25:31.65	54:25.28
260	10:39.62	14:39.99	17:46.69	15:49.11	25:32.74	54:27.64
259	10:40.09	14:40.61	17:47.54	15:49.78	25:33.83	54:30.02
258	10:40.55	14:41.22	17:48.39	15:50.45	25:34.92	54:32.39
257	10:41.02	14:41.84	17:49.25	15:51.12	25:36.02	54:34.77
256	10:41.48	14:42.46	17:50.11	15:51.79	25:37.12	54:37.16
255	10:41.95	14:43.08	17:50.97	15:52.46	25:38.22	54:39.55
254	10:42.41	14:43.70	17:51.83	15:53.14	25:39.32	54:41.95
253	10:42.88	14:44.33	17:52.69	15:53.82	25:40.42	54:44.35
252	10:43.35	14:44.95	17:53.56	15:54.49	25:41.53	54:46.75
251	10:43.82	14:45.58	17:54.43	15:55.17	25:42.64	54:49.16



2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
10:44.29	14:46.21	17:55.29	15:55.85	25:43.75	54:51.57	250
10:44.76	14:46.83	17:56.16	15:56.53	25:44.87	54:53.99	249
10:45.24	14:47.46	17:57.04	15:57.22	25:45.98	54:56.42	248
10:45.71	14:48.09	17:57.91	15:57.90	25:47.10	54:58.85	247
10:46.19	14:48.73	17:58.79	15:58.59	25:48.22	55:01.28	246
10:46.66	14:49.36	17:59.66	15:59.27	25:49.34	55:03.72	245
10:47.14	14:49.99	18:00.54	15:59.96	25:50.47	55:06.16	244
10:47.62	14:50.63	18:01.42	16:00.65	25:51.59	55:08.61	243
10:48.09	14:51.27	18:02.31	16:01.34	25:52.72	55:11.07	242
10:48.57	14:51.91	18:03.19	16:02.04	25:53.86	55:13.53	241
10:49.05	14:52.55	18:04.08	16:02.73	25:54.99	55:15.99	240
10:49.54	14:53.19	18:04.97	16:03.43	25:56.13	55:18.46	239
10:50.02	14:53.83	18:05.86	16:04.12	25:57.27	55:20.93	238
10:50.50	14:54.47	18:06.75	16:04.82	25:58.41	55:23.41	237
10:50.99	14:55.12	18:07.64	16:05.52	25:59.55	55:25.90	236
10:51.47	14:55.76	18:08.54	16:06.22	26:00.70	55:28.39	235
10:51.96	14:56.41	18:09.43	16:06.93	26:01.85	55:30.88	234
10:52.45	14:57.06	18:10.33	16:07.63	26:03.00	55:33.38	233
10:52.94	14:57.71	18:11.24	16:08.34	26:04.15	55:35.89	232
10:53.43	14:58.36	18:12.14	16:09.04	26:05.31	55:38.40	231
10:53.92	14:59.02	18:13.04	16:09.75	26:06.47	55:40.92	230
10:54.41	14:59.67	18:13.95	16:10.46	26:07.63	55:43.44	229
10:54.90	15:00.33	18:14.86	16:11.18	26:08.79	55:45.97	228
10:55.40	15:00.99	18:15.77	16:11.89	26:09.96	55:48.50	227
10:55.89	15:01.65	18:16.69	16:12.61	26:11.13	55:51.04	226
10:56.39	15:02.31	18:17.60	16:13.32	26:12.30	55:53.59	225
10:56.89	15:02.97	18:18.52	16:14.04	26:13.47	55:56.14	224
10:57.38	15:03.63	18:19.44	16:14.76	26:14.65	55:58.69	223
10:57.88	15:04.30	18:20.36	16:15.48	26:15.83	56:01.25	222
10:58.38	15:04.97	18:21.28	16:16.21	26:17.01	56:03.82	221
10:58.89	15:05.63	18:22.21	16:16.93	26:18.19	56:06.40	220
10:59.39	15:06.30	18:23.14	16:17.66	26:19.38	56:08.98	219
10:59.89	15:06.98	18:24.07	16:18.39	26:20.57	56:11.56	218
11:00.40	15:07.65	18:25.00	16:19.12	26:21.76	56:14.15	217
11:00.91	15:08.32	18:25.93	16:19.85	26:22.96	56:16.75	216
11:01.41	15:09.00	18:26.87	16:20.58	26:24.16	56:19.35	215
11:01.92	15:09.68	18:27.81	16:21.32	26:25.36	56:21.96	214
11:02.43	15:10.36	18:28.75	16:22.05	26:26.56	56:24.58	213
11:02.94	15:11.04	18:29.69	16:22.79	26:27.77	56:27.20	212
11:03.46	15:11.72	18:30.64	16:23.53	26:28.98	56:29.83	211
11:03.97	15:12.40	18:31.59	16:24.27	26:30.19	56:32.46	210
11:04.49	15:13.09	18:32.54	16:25.02	26:31.41	56:35.10	209
11:05.00	15:13.77	18:33.49	16:25.76	26:32.62	56:37.75	208
11:05.52	15:14.46	18:34.44	16:26.51	26:33.84	56:40.40	207
11:06.04	15:15.15	18:35.40	16:27.26	26:35.07	56:43.06	206
11:06.56	15:15.85	18:36.36	16:28.01	26:36.30	56:45.72	205
11:07.08	15:16.54	18:37.32	16:28.76	26:37.53	56:48.40	204
11:07.60	15:17.24	18:38.28	16:29.52	26:38.76	56:51.07	203
11:08.13	15:17.93	18:39.25	16:30.27	26:39.99	56:53.76	202
11:08.65	15:18.63	18:40.22	16:31.03	26:41.23	56:56.45	201

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
200	11:09.18	15:19.33	18:41.19	16:31.79	26:42.48	56:59.15
199	11:09.70	15:20.04	18:42.16	16:32.56	26:43.72	57:01.86
198	11:10.23	15:20.74	18:43.14	16:33.32	26:44.97	57:04.57
197	11:10.76	15:21.45	18:44.11	16:34.09	26:46.22	57:07.29
196	11:11.30	15:22.15	18:45.09	16:34.85	26:47.48	57:10.01
195	11:11.83	15:22.86	18:46.08	16:35.62	26:48.73	57:12.75
194	11:12.36	15:23.57	18:47.06	16:36.40	26:50.00	57:15.49
193	11:12.90	15:24.29	18:48.05	16:37.17	26:51.26	57:18.23
192	11:13.44	15:25.00	18:49.04	16:37.95	26:52.53	57:20.99
191	11:13.97	15:25.72	18:50.04	16:38.72	26:53.80	57:23.75
190	11:14.51	15:26.44	18:51.03	16:39.50	26:55.07	57:26.52
189	11:15.06	15:27.16	18:52.03	16:40.29	26:56.35	57:29.29
188	11:15.60	15:27.88	18:53.03	16:41.07	26:57.63	57:32.08
187	11:16.14	15:28.61	18:54.04	16:41.86	26:58.92	57:34.87
186	11:16.69	15:29.33	18:55.04	16:42.64	27:00.21	57:37.67
185	11:17.24	15:30.06	18:56.05	16:43.43	27:01.50	57:40.47
184	11:17.78	15:30.79	18:57.06	16:44.23	27:02.79	57:43.29
183	11:18.34	15:31.53	18:58.08	16:45.02	27:04.09	57:46.11
182	11:18.89	15:32.26	18:59.10	16:45.82	27:05.39	57:48.94
181	11:19.44	15:33.00	19:00.12	16:46.62	27:06.70	57:51.77
180	11:20.00	15:33.74	19:01.14	16:47.42	27:08.01	57:54.62
179	11:20.55	15:34.48	19:02.17	16:48.22	27:09.32	57:57.47
178	11:21.11	15:35.22	19:03.19	16:49.03	27:10.64	58:00.33
177	11:21.67	15:35.96	19:04.23	16:49.84	27:11.96	58:03.20
176	11:22.23	15:36.71	19:05.26	16:50.65	27:13.28	58:06.07
175	11:22.79	15:37.46	19:06.30	16:51.46	27:14.61	58:08.96
174	11:23.36	15:38.21	19:07.34	16:52.27	27:15.94	58:11.85
173	11:23.92	15:38.96	19:08.38	16:53.09	27:17.28	58:14.75
172	11:24.49	15:39.72	19:09.43	16:53.91	27:18.62	58:17.66
171	11:25.06	15:40.48	19:10.48	16:54.73	27:19.96	58:20.58
170	11:25.63	15:41.24	19:11.53	16:55.56	27:21.31	58:23.51
169	11:26.20	15:42.00	19:12.59	16:56.39	27:22.66	58:26.44
168	11:26.78	15:42.76	19:13.65	16:57.21	27:24.01	58:29.38
167	11:27.35	15:43.53	19:14.71	16:58.05	27:25.37	58:32.34
166	11:27.93	15:44.30	19:15.77	16:58.88	27:26.73	58:35.30
165	11:28.51	15:45.07	19:16.84	16:59.72	27:28.10	58:38.27
164	11:29.09	15:45.84	19:17.91	17:00.56	27:29.47	58:41.25
163	11:29.67	15:46.62	19:18.99	17:01.40	27:30.85	58:44.24
162	11:30.26	15:47.40	19:20.07	17:02.24	27:32.23	58:47.24
161	11:30.84	15:48.18	19:21.15	17:03.09	27:33.61	58:50.24
160	11:31.43	15:48.96	19:22.23	17:03.94	27:35.00	58:53.26
159	11:32.02	15:49.75	19:23.32	17:04.79	27:36.39	58:56.28
158	11:32.62	15:50.54	19:24.41	17:05.65	27:37.79	58:59.32
157	11:33.21	15:51.33	19:25.51	17:06.51	27:39.19	59:02.36
156	11:33.81	15:52.12	19:26.61	17:07.37	27:40.60	59:05.42
155	11:34.40	15:52.92	19:27.71	17:08.23	27:42.01	59:08.48
154	11:35.00	15:53.72	19:28.82	17:09.10	27:43.42	59:11.56
153	11:35.60	15:54.52	19:29.93	17:09.96	27:44.84	59:14.64
152	11:36.21	15:55.32	19:31.04	17:10.84	27:46.27	59:17.74
151	11:36.81	15:56.13	19:32.16	17:11.71	27:47.70	59:20.84

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
11:37.42	15:56.93	19:33.28	17:12.59	27:49.13	59:23.96	150
11:38.03	15:57.75	19:34.40	17:13.47	27:50.57	59:27.08	149
11:38.64	15:58.56	19:35.53	17:14.35	27:52.01	59:30.22	148
11:39.26	15:59.38	19:36.66	17:15.24	27:53.46	59:33.36	147
11:39.87	16:00.20	19:37.80	17:16.13	27:54.91	59:36.52	146
11:40.49	16:01.02	19:38.94	17:17.02	27:56.37	59:39.69	145
11:41.11	16:01.85	19:40.08	17:17.92	27:57.84	59:42.87	144
11:41.73	16:02.67	19:41.23	17:18.82	27:59.30	59:46.06	143
11:42.36	16:03.50	19:42.38	17:19.72	28:00.78	59:49.26	142
11:42.98	16:04.34	19:43.54	17:20.62	28:02.26	59:52.47	141
11:43.61	16:05.18	19:44.69	17:21.53	28:03.74	59:55.70	140
11:44.24	16:06.02	19:45.86	17:22.44	28:05.23	59:58.93	139
11:44.88	16:06.86	19:47.03	17:23.36	28:06.73	1:00:02.18	138
11:45.51	16:07.71	19:48.20	17:24.27	28:08.23	1:00:05.44	137
11:46.15	16:08.56	19:49.38	17:25.20	28:09.73	1:00:08.71	136
11:46.79	16:09.41	19:50.56	17:26.12	28:11.24	1:00:11.99	135
11:47.43	16:10.26	19:51.74	17:27.05	28:12.76	1:00:15.29	134
11:48.08	16:11.12	19:52.93	17:27.98	28:14.28	1:00:18.59	133
11:48.73	16:11.98	19:54.13	17:28.92	28:15.81	1:00:21.91	132
11:49.38	16:12.85	19:55.32	17:29.86	28:17.34	1:00:25.25	131
11:50.03	16:13.72	19:56.53	17:30.80	28:18.88	1:00:28.59	130
11:50.68	16:14.59	19:57.74	17:31.74	28:20.43	1:00:31.95	129
11:51.34	16:15.47	19:58.95	17:32.69	28:21.98	1:00:35.32	128
11:52.00	16:16.34	20:00.17	17:33.65	28:23.54	1:00:38.70	127
11:52.66	16:17.23	20:01.39	17:34.60	28:25.10	1:00:42.10	126
11:53.33	16:18.11	20:02.62	17:35.57	28:26.67	1:00:45.51	125
11:54.00	16:19.00	20:03.85	17:36.53	28:28.25	1:00:48.94	124
11:54.67	16:19.89	20:05.08	17:37.50	28:29.83	1:00:52.38	123
11:55.34	16:20.79	20:06.33	17:38.47	28:31.42	1:00:55.83	122
11:56.02	16:21.69	20:07.57	17:39.45	28:33.02	1:00:59.30	121
11:56.70	16:22.60	20:08.83	17:40.43	28:34.62	1:01:02.78	120
11:57.38	16:23.50	20:10.08	17:41.41	28:36.23	1:01:06.27	119
11:58.06	16:24.41	20:11.35	17:42.40	28:37.84	1:01:09.78	118
11:58.75	16:25.33	20:12.61	17:43.40	28:39.47	1:01:13.31	117
11:59.44	16:26.25	20:13.89	17:44.39	28:41.10	1:01:16.85	116
12:00.13	16:27.17	20:15.17	17:45.40	28:42.73	1:01:20.40	115
12:00.83	16:28.10	20:16.45	17:46.40	28:44.38	1:01:23.98	114
12:01.53	16:29.03	20:17.74	17:47.41	28:46.03	1:01:27.56	113
12:02.23	16:29.97	20:19.04	17:48.43	28:47.69	1:01:31.17	112
12:02.94	16:30.91	20:20.34	17:49.45	28:49.35	1:01:34.78	111
12:03.65	16:31.85	20:21.65	17:50.47	28:51.03	1:01:38.42	110
12:04.36	16:32.80	20:22.96	17:51.50	28:52.71	1:01:42.07	109
12:05.08	16:33.75	20:24.28	17:52.53	28:54.39	1:01:45.74	108
12:05.79	16:34.71	20:25.61	17:53.57	28:56.09	1:01:49.43	107
12:06.52	16:35.67	20:26.94	17:54.61	28:57.80	1:01:53.13	106
12:07.24	16:36.64	20:28.28	17:55.66	28:59.51	1:01:56.85	105
12:07.97	16:37.61	20:29.62	17:56.72	29:01.23	1:02:00.59	104
12:08.70	16:38.58	20:30.97	17:57.77	29:02.96	1:02:04.34	103
12:09.44	16:39.56	20:32.33	17:58.84	29:04.70	1:02:08.12	102
12:10.18	16:40.55	20:33.70	17:59.91	29:06.44	1:02:11.91	101

Points	2000m SC	3000m	3000m SC	2 Miles	5000m	10000m
100	12:10.92	16:41.54	20:35.07	18:00.98	29:08.20	1:02:15.72
99	12:11.67	16:42.53	20:36.44	18:02.06	29:09.96	1:02:19.55
98	12:12.42	16:43.53	20:37.83	18:03.14	29:11.73	1:02:23.40
97	12:13.18	16:44.54	20:39.22	18:04.23	29:13.51	1:02:27.27
96	12:13.94	16:45.55	20:40.62	18:05.33	29:15.30	1:02:31.16
95	12:14.70	16:46.56	20:42.03	18:06.43	29:17.10	1:02:35.07
94	12:15.47	16:47.58	20:43.44	18:07.54	29:18.91	1:02:39.01
93	12:16.24	16:48.61	20:44.86	18:08.65	29:20.73	1:02:42.96
92	12:17.01	16:49.64	20:46.29	18:09.77	29:22.56	1:02:46.93
91	12:17.79	16:50.68	20:47.73	18:10.90	29:24.40	1:02:50.93
90	12:18.57	16:51.72	20:49.17	18:12.03	29:26.25	1:02:54.94
89	12:19.36	16:52.77	20:50.63	18:13.17	29:28.11	1:02:58.98
88	12:20.15	16:53.82	20:52.09	18:14.31	29:29.98	1:03:03.04
87	12:20.95	16:54.89	20:53.56	18:15.46	29:31.86	1:03:07.13
86	12:21.75	16:55.95	20:55.04	18:16.62	29:33.75	1:03:11.24
85	12:22.56	16:57.03	20:56.52	18:17.78	29:35.65	1:03:15.37
84	12:23.37	16:58.11	20:58.02	18:18.96	29:37.57	1:03:19.53
83	12:24.18	16:59.19	20:59.52	18:20.13	29:39.49	1:03:23.71
82	12:25.01	17:00.28	21:01.04	18:21.32	29:41.43	1:03:27.92
81	12:25.83	17:01.38	21:02.56	18:22.51	29:43.38	1:03:32.15
80	12:26.66	17:02.49	21:04.09	18:23.71	29:45.34	1:03:36.41
79	12:27.50	17:03.60	21:05.63	18:24.92	29:47.31	1:03:40.69
78	12:28.34	17:04.72	21:07.18	18:26.13	29:49.29	1:03:45.01
77	12:29.19	17:05.85	21:08.75	18:27.36	29:51.29	1:03:49.35
76	12:30.04	17:06.98	21:10.32	18:28.59	29:53.30	1:03:53.72
75	12:30.90	17:08.13	21:11.90	18:29.83	29:55.33	1:03:58.12
74	12:31.76	17:09.27	21:13.49	18:31.07	29:57.37	1:04:02.54
73	12:32.63	17:10.43	21:15.10	18:32.33	29:59.42	1:04:07.00
72	12:33.50	17:11.60	21:16.71	18:33.59	30:01.48	1:04:11.49
71	12:34.39	17:12.77	21:18.34	18:34.87	30:03.56	1:04:16.01
70	12:35.27	17:13.95	21:19.97	18:36.15	30:05.66	1:04:20.56
69	12:36.17	17:15.14	21:21.62	18:37.44	30:07.77	1:04:25.14
68	12:37.07	17:16.34	21:23.28	18:38.74	30:09.89	1:04:29.76
67	12:37.97	17:17.55	21:24.96	18:40.05	30:12.04	1:04:34.41
66	12:38.89	17:18.77	21:26.64	18:41.37	30:14.19	1:04:39.10
65	12:39.81	17:19.99	21:28.34	18:42.70	30:16.37	1:04:43.82
64	12:40.74	17:21.23	21:30.05	18:44.04	30:18.56	1:04:48.58
63	12:41.67	17:22.47	21:31.78	18:45.39	30:20.76	1:04:53.37
62	12:42.62	17:23.73	21:33.52	18:46.76	30:22.99	1:04:58.21
61	12:43.57	17:24.99	21:35.27	18:48.13	30:25.23	1:05:03.08
60	12:44.52	17:26.27	21:37.04	18:49.51	30:27.49	1:05:07.99
59	12:45.49	17:27.56	21:38.82	18:50.91	30:29.77	1:05:12.95
58	12:46.47	17:28.85	21:40.62	18:52.32	30:32.07	1:05:17.94
57	12:47.45	17:30.16	21:42.43	18:53.74	30:34.39	1:05:22.98
56	12:48.44	17:31.48	21:44.26	18:55.17	30:36.73	1:05:28.07
55	12:49.44	17:32.81	21:46.10	18:56.61	30:39.09	1:05:33.20
54	12:50.45	17:34.16	21:47.96	18:58.07	30:41.48	1:05:38.37
53	12:51.47	17:35.52	21:49.84	18:59.54	30:43.88	1:05:43.60
52	12:52.50	17:36.88	21:51.74	19:01.03	30:46.31	1:05:48.87
51	12:53.54	17:38.27	21:53.66	19:02.53	30:48.76	1:05:54.20

2000m SC	3000m	3000m SC	2 Miles	5000m	10000m	Points
12:54.59	17:39.66	21:55.59	19:04.04	30:51.24	1:05:59.57	50
12:55.65	17:41.07	21:57.54	19:05.57	30:53.74	1:06:05.00	49
12:56.72	17:42.50	21:59.52	19:07.12	30:56.26	1:06:10.49	48
12:57.80	17:43.94	22:01.51	19:08.68	30:58.81	1:06:16.04	47
12:58.89	17:45.39	22:03.53	19:10.26	31:01.39	1:06:21.64	46
13:00.00	17:46.87	22:05.57	19:11.86	31:04.00	1:06:27.31	45
13:01.11	17:48.35	22:07.63	19:13.47	31:06.64	1:06:33.03	44
13:02.24	17:49.86	22:09.71	19:15.10	31:09.31	1:06:38.83	43
13:03.39	17:51.38	22:11.82	19:16.75	31:12.00	1:06:44.69	42
13:04.54	17:52.92	22:13.95	19:18.43	31:14.73	1:06:50.62	41
13:05.71	17:54.48	22:16.11	19:20.12	31:17.50	1:06:56.63	40
13:06.90	17:56.06	22:18.30	19:21.83	31:20.30	1:07:02.71	39
13:08.10	17:57.66	22:20.52	19:23.57	31:23.13	1:07:08.87	38
13:09.32	17:59.28	22:22.76	19:25.32	31:26.00	1:07:15.11	37
13:10.55	18:00.92	22:25.04	19:27.11	31:28.92	1:07:21.43	36
13:11.80	18:02.59	22:27.34	19:28.91	31:31.87	1:07:27.85	35
13:13.07	18:04.28	22:29.69	19:30.75	31:34.86	1:07:34.35	34
13:14.36	18:05.99	22:32.06	19:32.61	31:37.90	1:07:40.95	33
13:15.67	18:07.73	22:34.47	19:34.49	31:40.99	1:07:47.66	32
13:17.00	18:09.50	22:36.92	19:36.41	31:44.12	1:07:54.47	31
13:18.35	18:11.30	22:39.41	19:38.36	31:47.31	1:08:01.39	30
13:19.72	18:13.12	22:41.94	19:40.34	31:50.55	1:08:08.42	29
13:21.11	18:14.98	22:44.52	19:42.36	31:53.84	1:08:15.58	28
13:22.54	18:16.87	22:47.14	19:44.41	31:57.19	1:08:22.87	27
13:23.98	18:18.80	22:49.81	19:46.51	32:00.61	1:08:30.29	26
13:25.46	18:20.77	22:52.53	19:48.64	32:04.10	1:08:37.86	25
13:26.97	18:22.77	22:55.31	19:50.81	32:07.65	1:08:45.58	24
13:28.50	18:24.82	22:58.14	19:53.03	32:11.28	1:08:53.46	23
13:30.07	18:26.91	23:01.04	19:55.30	32:14.99	1:09:01.52	22
13:31.68	18:29.05	23:04.01	19:57.63	32:18.78	1:09:09.76	21
13:33.33	18:31.24	23:07.04	20:00.00	32:22.67	1:09:18.20	20
13:35.02	18:33.49	23:10.16	20:02.44	32:26.65	1:09:26.86	19
13:36.75	18:35.80	23:13.35	20:04.94	32:30.74	1:09:35.74	18
13:38.53	18:38.17	23:16.64	20:07.52	32:34.94	1:09:44.88	17
13:40.37	18:40.61	23:20.02	20:10.17	32:39.28	1:09:54.29	16
13:42.26	18:43.13	23:23.52	20:12.90	32:43.74	1:10:03.99	15
13:44.22	18:45.74	23:27.13	20:15.73	32:48.36	1:10:14.03	14
13:46.25	18:48.44	23:30.87	20:18.66	32:53.15	1:10:24.43	13
13:48.36	18:51.25	23:34.76	20:21.71	32:58.13	1:10:35.24	12
13:50.55	18:54.17	23:38.81	20:24.88	33:03.32	1:10:46.51	11
13:52.85	18:57.24	23:43.05	20:28.21	33:08.75	1:10:58.31	10
13:55.27	19:00.46	23:47.52	20:31.70	33:14.46	1:11:10.71	9
13:57.83	19:03.86	23:52.23	20:35.39	33:20.49	1:11:23.83	8
14:00.55	19:07.49	23:57.26	20:39.33	33:26.92	1:11:37.79	7
14:03.48	19:11.38	24:02.65	20:43.55	33:33.82	1:11:52.79	6
14:06.66	19:15.62	24:08.52	20:48.15	33:41.33	1:12:09.10	5
14:10.18	19:20.30	24:15.01	20:53.23	33:49.64	1:12:27.14	4
14:14.18	19:25.62	24:22.38	20:59.00	33:59.06	1:12:47.62	3
14:18.91	19:31.93	24:31.11	21:05.84	34:10.24	1:13:11.91	2
14:25.09	19:40.15	24:42.50	21:14.76	34:24.82	1:13:43.57	1



# **Women's Road Running**

## **Femmes Courses sur Route**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1400	27:45	42:11	45:23	56:51	1:00:02	1:11:47	1:26:54	2:04:20	5:52:57
1399	27:46	42:13	45:25	56:53	1:00:04	1:11:50	1:26:58	2:04:26	5:53:11
1398	27:47	42:14	45:27	56:55	1:00:06	1:11:53	1:27:01	2:04:31	5:53:25
1397	27:48	42:16	45:29	56:57	1:00:09	1:11:56	1:27:05	2:04:37	5:53:40
1396	27:49	42:17	45:30	56:59	1:00:11	1:11:59	1:27:08	2:04:42	5:53:54
1395	27:50	42:19	45:32	57:01	1:00:13	1:12:01	1:27:12	2:04:48	5:54:08
1394	27:51	42:21	45:34	57:03	1:00:15	1:12:04	1:27:15	2:04:53	5:54:22
1393	27:52	42:22	45:35	57:05	1:00:18	1:12:07	1:27:19	2:04:59	5:54:37
1392	27:53	42:24	45:37	57:08	1:00:20	1:12:10	1:27:22	2:05:04	5:54:51
1391	27:54	42:25	45:39	57:10	1:00:22	1:12:13	1:27:26	2:05:10	5:55:05
1390	27:55	42:27	45:40	57:12	1:00:24	1:12:15	1:27:30	2:05:15	5:55:20
1389	27:56	42:28	45:42	57:14	1:00:27	1:12:18	1:27:33	2:05:21	5:55:34
1388	27:57	42:30	45:44	57:16	1:00:29	1:12:21	1:27:37	2:05:26	5:55:49
1387	27:58	42:32	45:45	57:18	1:00:31	1:12:24	1:27:40	2:05:32	5:56:03
1386	27:59	42:33	45:47	57:20	1:00:33	1:12:27	1:27:44	2:05:37	5:56:17
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1300	29:28	44:50	48:15	1:00:27	1:03:51	1:16:33	1:32:55	2:13:38	6:17:12
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1100	33:07	50:28	54:19	1:08:06	1:11:57	1:26:38	1:45:40	2:33:23	7:08:43
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1052	34:02	51:54	55:51	1:10:02	1:14:00	1:29:11	1:48:53	2:38:23	7:21:46
1051	34:03	51:55	55:53	1:10:05	1:14:03	1:29:14	1:48:57	2:38:29	7:22:02

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
34:04	51:57	55:55	1:10:07	1:14:06	1:29:17	1:49:02	2:38:35	7:22:19	1050
34:06	51:59	55:57	1:10:10	1:14:08	1:29:21	1:49:06	2:38:42	7:22:35	1049
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
1000	35:04	53:28	57:33	1:12:11	1:16:17	1:32:01	1:52:28	2:43:55	7:36:14
999	35:05	53:30	57:35	1:12:14	1:16:20	1:32:04	1:52:33	2:44:02	7:36:31
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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37:04	56:34	1:00:54	1:16:24	1:20:45	1:37:34	1:59:29	2:54:47	8:04:34	902
37:05	56:36	1:00:56	1:16:27	1:20:47	1:37:37	1:59:34	2:54:54	8:04:52	901

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
900	37:07	56:38	1:00:58	1:16:29	1:20:50	1:37:41	1:59:38	2:55:01	8:05:10
899	37:08	56:40	1:01:00	1:16:32	1:20:53	1:37:44	1:59:43	2:55:08	8:05:28
898	37:09	56:42	1:01:02	1:16:34	1:20:56	1:37:48	1:59:47	2:55:14	8:05:45
897	37:10	56:44	1:01:04	1:16:37	1:20:59	1:37:51	1:59:51	2:55:21	8:06:03
896	37:12	56:46	1:01:06	1:16:40	1:21:01	1:37:55	1:59:56	2:55:28	8:06:21
895	37:13	56:48	1:01:08	1:16:42	1:21:04	1:37:58	2:00:00	2:55:35	8:06:39
894	37:14	56:50	1:01:10	1:16:45	1:21:07	1:38:02	2:00:05	2:55:42	8:06:57
893	37:15	56:52	1:01:13	1:16:48	1:21:10	1:38:05	2:00:09	2:55:49	8:07:15
892	37:17	56:54	1:01:15	1:16:50	1:21:13	1:38:09	2:00:13	2:55:55	8:07:33
891	37:18	56:56	1:01:17	1:16:53	1:21:15	1:38:12	2:00:18	2:56:02	8:07:51
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888	37:22	57:02	1:01:23	1:17:01	1:21:24	1:38:23	2:00:31	2:56:23	8:08:44
887	37:23	57:03	1:01:25	1:17:04	1:21:27	1:38:26	2:00:36	2:56:30	8:09:02
886	37:24	57:05	1:01:27	1:17:06	1:21:30	1:38:30	2:00:40	2:56:37	8:09:20
885	37:26	57:07	1:01:29	1:17:09	1:21:32	1:38:33	2:00:45	2:56:44	8:09:38
884	37:27	57:09	1:01:32	1:17:12	1:21:35	1:38:37	2:00:49	2:56:51	8:09:56
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855	38:04	58:07	1:02:34	1:18:30	1:22:58	1:40:20	2:02:59	3:00:12	8:18:42
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853	38:07	58:11	1:02:38	1:18:35	1:23:04	1:40:27	2:03:08	3:00:26	8:19:19
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851	38:09	58:15	1:02:42	1:18:41	1:23:10	1:40:34	2:03:17	3:00:40	8:19:56

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
38:11	58:17	1:02:44	1:18:44	1:23:12	1:40:38	2:03:22	3:00:47	8:20:14	850
38:12	58:19	1:02:47	1:18:46	1:23:15	1:40:41	2:03:26	3:00:54	8:20:32	849
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38:16	58:25	1:02:53	1:18:54	1:23:24	1:40:52	2:03:40	3:01:15	8:21:27	846
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38:54	59:24	1:03:56	1:20:14	1:24:49	1:42:37	2:05:53	3:04:42	8:30:25	817
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38:59	59:32	1:04:05	1:20:25	1:25:00	1:42:52	2:06:12	3:05:10	8:31:40	813
39:00	59:34	1:04:07	1:20:28	1:25:03	1:42:56	2:06:16	3:05:17	8:31:59	812
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39:15	59:57	1:04:32	1:20:59	1:25:36	1:43:36	2:07:08	3:06:37	8:35:26	801

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
800	39:17	59:59	1:04:34	1:21:02	1:25:39	1:43:40	2:07:12	3:06:44	8:35:45
799	39:18	1:00:01	1:04:36	1:21:05	1:25:42	1:43:44	2:07:17	3:06:51	8:36:04
798	39:19	1:00:03	1:04:38	1:21:07	1:25:45	1:43:47	2:07:22	3:06:59	8:36:23
797	39:21	1:00:05	1:04:41	1:21:10	1:25:48	1:43:51	2:07:26	3:07:06	8:36:42
796	39:22	1:00:07	1:04:43	1:21:13	1:25:51	1:43:55	2:07:31	3:07:13	8:37:01
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793	39:26	1:00:13	1:04:50	1:21:22	1:26:00	1:44:06	2:07:45	3:07:35	8:37:58
792	39:27	1:00:15	1:04:52	1:21:24	1:26:03	1:44:10	2:07:50	3:07:42	8:38:17
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774	39:52	1:00:53	1:05:32	1:22:15	1:26:57	1:45:17	2:09:15	3:09:54	8:44:01
773	39:53	1:00:55	1:05:35	1:22:18	1:27:00	1:45:21	2:09:20	3:10:01	8:44:20
772	39:54	1:00:57	1:05:37	1:22:21	1:27:03	1:45:25	2:09:25	3:10:09	8:44:39
771	39:56	1:00:59	1:05:39	1:22:24	1:27:06	1:45:28	2:09:29	3:10:16	8:44:58
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763	40:07	1:01:16	1:05:57	1:22:47	1:27:30	1:45:59	2:10:08	3:11:15	8:47:33
762	40:08	1:01:18	1:06:00	1:22:50	1:27:33	1:46:02	2:10:12	3:11:23	8:47:52
761	40:09	1:01:20	1:06:02	1:22:53	1:27:36	1:46:06	2:10:17	3:11:30	8:48:12
760	40:11	1:01:22	1:06:04	1:22:56	1:27:39	1:46:10	2:10:22	3:11:38	8:48:31
759	40:12	1:01:24	1:06:07	1:22:59	1:27:43	1:46:14	2:10:27	3:11:45	8:48:51
758	40:14	1:01:27	1:06:09	1:23:01	1:27:46	1:46:18	2:10:32	3:11:53	8:49:10
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751	40:23	1:01:41	1:06:25	1:23:22	1:28:07	1:46:44	2:11:05	3:12:45	8:51:26

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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40:26	1:01:46	1:06:29	1:23:27	1:28:13	1:46:52	2:11:15	3:13:00	8:52:05	749
40:27	1:01:48	1:06:32	1:23:30	1:28:16	1:46:56	2:11:20	3:13:07	8:52:25	748
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40:33	1:01:56	1:06:41	1:23:42	1:28:29	1:47:11	2:11:39	3:13:37	8:53:43	744
40:34	1:01:59	1:06:43	1:23:45	1:28:32	1:47:15	2:11:44	3:13:45	8:54:03	743
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40:54	1:02:29	1:07:16	1:24:26	1:29:15	1:48:09	2:12:53	3:15:31	8:58:39	729
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
700	41:35	1:03:32	1:08:24	1:25:52	1:30:46	1:50:03	2:15:16	3:19:13	9:08:19
699	41:36	1:03:34	1:08:27	1:25:55	1:30:50	1:50:07	2:15:21	3:19:21	9:08:39
698	41:38	1:03:37	1:08:29	1:25:58	1:30:53	1:50:11	2:15:26	3:19:28	9:09:00
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687	41:54	1:04:01	1:08:55	1:26:31	1:31:28	1:50:54	2:16:22	3:20:54	9:12:43
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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43:16	1:06:08	1:11:13	1:29:25	1:34:32	1:54:43	2:21:10	3:28:21	9:32:10	631
43:18	1:06:11	1:11:15	1:29:28	1:34:35	1:54:47	2:21:16	3:28:30	9:32:31	630
43:19	1:06:13	1:11:18	1:29:31	1:34:38	1:54:51	2:21:21	3:28:38	9:32:53	629
43:21	1:06:15	1:11:20	1:29:34	1:34:42	1:54:55	2:21:26	3:28:46	9:33:14	628
43:22	1:06:18	1:11:23	1:29:37	1:34:45	1:54:59	2:21:32	3:28:54	9:33:35	627
43:24	1:06:20	1:11:25	1:29:41	1:34:48	1:55:04	2:21:37	3:29:02	9:33:57	626
43:25	1:06:22	1:11:28	1:29:44	1:34:52	1:55:08	2:21:42	3:29:10	9:34:18	625
43:27	1:06:25	1:11:30	1:29:47	1:34:55	1:55:12	2:21:47	3:29:19	9:34:39	624
43:28	1:06:27	1:11:33	1:29:50	1:34:58	1:55:16	2:21:53	3:29:27	9:35:01	623
43:30	1:06:29	1:11:35	1:29:53	1:35:02	1:55:20	2:21:58	3:29:35	9:35:22	622
43:31	1:06:32	1:11:38	1:29:56	1:35:05	1:55:25	2:22:03	3:29:43	9:35:44	621
43:33	1:06:34	1:11:40	1:30:00	1:35:09	1:55:29	2:22:09	3:29:52	9:36:05	620
43:34	1:06:37	1:11:43	1:30:03	1:35:12	1:55:33	2:22:14	3:30:00	9:36:27	619
43:36	1:06:39	1:11:45	1:30:06	1:35:15	1:55:37	2:22:19	3:30:08	9:36:48	618
43:38	1:06:41	1:11:48	1:30:09	1:35:19	1:55:41	2:22:25	3:30:16	9:37:10	617
43:39	1:06:44	1:11:51	1:30:12	1:35:22	1:55:46	2:22:30	3:30:25	9:37:31	616
43:41	1:06:46	1:11:53	1:30:16	1:35:26	1:55:50	2:22:35	3:30:33	9:37:53	615
43:42	1:06:48	1:11:56	1:30:19	1:35:29	1:55:54	2:22:41	3:30:41	9:38:14	614
43:44	1:06:51	1:11:58	1:30:22	1:35:32	1:55:58	2:22:46	3:30:49	9:38:36	613
43:45	1:06:53	1:12:01	1:30:25	1:35:36	1:56:03	2:22:51	3:30:58	9:38:58	612
43:47	1:06:55	1:12:03	1:30:28	1:35:39	1:56:07	2:22:57	3:31:06	9:39:19	611
43:48	1:06:58	1:12:06	1:30:32	1:35:43	1:56:11	2:23:02	3:31:14	9:39:41	610
43:50	1:07:00	1:12:08	1:30:35	1:35:46	1:56:15	2:23:07	3:31:23	9:40:03	609
43:51	1:07:02	1:12:11	1:30:38	1:35:49	1:56:20	2:23:13	3:31:31	9:40:24	608
43:53	1:07:05	1:12:13	1:30:41	1:35:53	1:56:24	2:23:18	3:31:39	9:40:46	607
43:54	1:07:07	1:12:16	1:30:45	1:35:56	1:56:28	2:23:24	3:31:47	9:41:08	606
43:56	1:07:10	1:12:19	1:30:48	1:36:00	1:56:32	2:23:29	3:31:56	9:41:29	605
43:57	1:07:12	1:12:21	1:30:51	1:36:03	1:56:37	2:23:34	3:32:04	9:41:51	604
43:59	1:07:14	1:12:24	1:30:54	1:36:06	1:56:41	2:23:40	3:32:12	9:42:13	603
44:01	1:07:17	1:12:26	1:30:58	1:36:10	1:56:45	2:23:45	3:32:21	9:42:35	602
44:02	1:07:19	1:12:29	1:31:01	1:36:13	1:56:49	2:23:51	3:32:29	9:42:57	601

WOMEN'S ROAD RUNNING / FEMMES COURSES SUR ROUTE

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
600	44:04	1:07:22	1:12:31	1:31:04	1:36:17	1:56:54	2:23:56	3:32:38	9:43:18
599	44:05	1:07:24	1:12:34	1:31:07	1:36:20	1:56:58	2:24:01	3:32:46	9:43:40
598	44:07	1:07:26	1:12:37	1:31:10	1:36:24	1:57:02	2:24:07	3:32:54	9:44:02
597	44:08	1:07:29	1:12:39	1:31:14	1:36:27	1:57:06	2:24:12	3:33:03	9:44:24
596	44:10	1:07:31	1:12:42	1:31:17	1:36:31	1:57:11	2:24:18	3:33:11	9:44:46
595	44:11	1:07:33	1:12:44	1:31:20	1:36:34	1:57:15	2:24:23	3:33:20	9:45:08
594	44:13	1:07:36	1:12:47	1:31:24	1:36:37	1:57:19	2:24:28	3:33:28	9:45:30
593	44:14	1:07:38	1:12:49	1:31:27	1:36:41	1:57:24	2:24:34	3:33:36	9:45:52
592	44:16	1:07:41	1:12:52	1:31:30	1:36:44	1:57:28	2:24:39	3:33:45	9:46:14
591	44:18	1:07:43	1:12:55	1:31:33	1:36:48	1:57:32	2:24:45	3:33:53	9:46:36
590	44:19	1:07:45	1:12:57	1:31:37	1:36:51	1:57:37	2:24:50	3:34:02	9:46:58
589	44:21	1:07:48	1:13:00	1:31:40	1:36:55	1:57:41	2:24:56	3:34:10	9:47:20
588	44:22	1:07:50	1:13:02	1:31:43	1:36:58	1:57:45	2:25:01	3:34:18	9:47:42
587	44:24	1:07:53	1:13:05	1:31:46	1:37:02	1:57:49	2:25:07	3:34:27	9:48:04
586	44:25	1:07:55	1:13:08	1:31:50	1:37:05	1:57:54	2:25:12	3:34:35	9:48:26
585	44:27	1:07:58	1:13:10	1:31:53	1:37:09	1:57:58	2:25:18	3:34:44	9:48:48
584	44:29	1:08:00	1:13:13	1:31:56	1:37:12	1:58:02	2:25:23	3:34:52	9:49:10
583	44:30	1:08:02	1:13:15	1:32:00	1:37:16	1:58:07	2:25:28	3:35:01	9:49:32
582	44:32	1:08:05	1:13:18	1:32:03	1:37:19	1:58:11	2:25:34	3:35:09	9:49:54
581	44:33	1:08:07	1:13:21	1:32:06	1:37:23	1:58:15	2:25:39	3:35:18	9:50:17
580	44:35	1:08:10	1:13:23	1:32:09	1:37:26	1:58:20	2:25:45	3:35:26	9:50:39
579	44:36	1:08:12	1:13:26	1:32:13	1:37:30	1:58:24	2:25:50	3:35:35	9:51:01
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577	44:40	1:08:17	1:13:31	1:32:19	1:37:37	1:58:33	2:26:01	3:35:52	9:51:45
576	44:41	1:08:19	1:13:34	1:32:23	1:37:40	1:58:37	2:26:07	3:36:00	9:52:08
575	44:43	1:08:22	1:13:36	1:32:26	1:37:44	1:58:42	2:26:12	3:36:09	9:52:30
574	44:44	1:08:24	1:13:39	1:32:29	1:37:47	1:58:46	2:26:18	3:36:18	9:52:52
573	44:46	1:08:27	1:13:42	1:32:33	1:37:51	1:58:50	2:26:24	3:36:26	9:53:15
572	44:47	1:08:29	1:13:44	1:32:36	1:37:54	1:58:55	2:26:29	3:36:35	9:53:37
571	44:49	1:08:32	1:13:47	1:32:39	1:37:58	1:58:59	2:26:35	3:36:43	9:53:59
570	44:51	1:08:34	1:13:50	1:32:43	1:38:01	1:59:04	2:26:40	3:36:52	9:54:22
569	44:52	1:08:36	1:13:52	1:32:46	1:38:05	1:59:08	2:26:46	3:37:00	9:54:44
568	44:54	1:08:39	1:13:55	1:32:49	1:38:08	1:59:12	2:26:51	3:37:09	9:55:07
567	44:55	1:08:41	1:13:58	1:32:53	1:38:12	1:59:17	2:26:57	3:37:18	9:55:29
566	44:57	1:08:44	1:14:00	1:32:56	1:38:15	1:59:21	2:27:02	3:37:26	9:55:52
565	44:59	1:08:46	1:14:03	1:32:59	1:38:19	1:59:25	2:27:08	3:37:35	9:56:14
564	45:00	1:08:49	1:14:05	1:33:03	1:38:22	1:59:30	2:27:14	3:37:43	9:56:37
563	45:02	1:08:51	1:14:08	1:33:06	1:38:26	1:59:34	2:27:19	3:37:52	9:56:59
562	45:03	1:08:54	1:14:11	1:33:09	1:38:29	1:59:39	2:27:25	3:38:01	9:57:22
561	45:05	1:08:56	1:14:13	1:33:13	1:38:33	1:59:43	2:27:30	3:38:09	9:57:44
560	45:07	1:08:59	1:14:16	1:33:16	1:38:37	1:59:48	2:27:36	3:38:18	9:58:07
559	45:08	1:09:01	1:14:19	1:33:19	1:38:40	1:59:52	2:27:41	3:38:27	9:58:29
558	45:10	1:09:04	1:14:21	1:33:23	1:38:44	1:59:56	2:27:47	3:38:35	9:58:52
557	45:11	1:09:06	1:14:24	1:33:26	1:38:47	2:00:01	2:27:53	3:38:44	9:59:15
556	45:13	1:09:08	1:14:27	1:33:29	1:38:51	2:00:05	2:27:58	3:38:53	9:59:37
555	45:15	1:09:11	1:14:29	1:33:33	1:38:54	2:00:10	2:28:04	3:39:01	10:00:00
554	45:16	1:09:13	1:14:32	1:33:36	1:38:58	2:00:14	2:28:10	3:39:10	10:00:23
553	45:18	1:09:16	1:14:35	1:33:40	1:39:02	2:00:19	2:28:15	3:39:19	10:00:46
552	45:19	1:09:18	1:14:37	1:33:43	1:39:05	2:00:23	2:28:21	3:39:28	10:01:08
551	45:21	1:09:21	1:14:40	1:33:46	1:39:09	2:00:28	2:28:26	3:39:36	10:01:31



10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
45:23	1:09:23	1:14:43	1:33:50	1:39:12	2:00:32	2:28:32	3:39:45	10:01:54	550
45:24	1:09:26	1:14:46	1:33:53	1:39:16	2:00:36	2:28:38	3:39:54	10:02:17	549
45:26	1:09:28	1:14:48	1:33:57	1:39:19	2:00:41	2:28:43	3:40:03	10:02:39	548
45:27	1:09:31	1:14:51	1:34:00	1:39:23	2:00:45	2:28:49	3:40:11	10:03:02	547
45:29	1:09:33	1:14:54	1:34:03	1:39:27	2:00:50	2:28:55	3:40:20	10:03:25	546
45:31	1:09:36	1:14:56	1:34:07	1:39:30	2:00:54	2:29:00	3:40:29	10:03:48	545
45:32	1:09:38	1:14:59	1:34:10	1:39:34	2:00:59	2:29:06	3:40:38	10:04:11	544
45:34	1:09:41	1:15:02	1:34:14	1:39:37	2:01:03	2:29:12	3:40:46	10:04:34	543
45:36	1:09:43	1:15:04	1:34:17	1:39:41	2:01:08	2:29:17	3:40:55	10:04:57	542
45:37	1:09:46	1:15:07	1:34:20	1:39:45	2:01:12	2:29:23	3:41:04	10:05:20	541
45:39	1:09:48	1:15:10	1:34:24	1:39:48	2:01:17	2:29:29	3:41:13	10:05:43	540
45:40	1:09:51	1:15:13	1:34:27	1:39:52	2:01:21	2:29:34	3:41:22	10:06:06	539
45:42	1:09:53	1:15:15	1:34:31	1:39:56	2:01:26	2:29:40	3:41:31	10:06:29	538
45:44	1:09:56	1:15:18	1:34:34	1:39:59	2:01:30	2:29:46	3:41:39	10:06:52	537
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45:47	1:10:01	1:15:23	1:34:41	1:40:06	2:01:39	2:29:57	3:41:57	10:07:38	535
45:49	1:10:04	1:15:26	1:34:44	1:40:10	2:01:44	2:30:03	3:42:06	10:08:01	534
45:50	1:10:06	1:15:29	1:34:48	1:40:14	2:01:49	2:30:09	3:42:15	10:08:25	533
45:52	1:10:09	1:15:32	1:34:51	1:40:17	2:01:53	2:30:15	3:42:24	10:08:48	532
45:54	1:10:11	1:15:34	1:34:55	1:40:21	2:01:58	2:30:20	3:42:33	10:09:11	531
45:55	1:10:14	1:15:37	1:34:58	1:40:25	2:02:02	2:30:26	3:42:42	10:09:34	530
45:57	1:10:16	1:15:40	1:35:02	1:40:28	2:02:07	2:30:32	3:42:50	10:09:57	529
45:59	1:10:19	1:15:43	1:35:05	1:40:32	2:02:11	2:30:38	3:42:59	10:10:21	528
46:00	1:10:21	1:15:45	1:35:08	1:40:36	2:02:16	2:30:43	3:43:08	10:10:44	527
46:02	1:10:24	1:15:48	1:35:12	1:40:39	2:02:20	2:30:49	3:43:17	10:11:07	526
46:03	1:10:26	1:15:51	1:35:15	1:40:43	2:02:25	2:30:55	3:43:26	10:11:31	525
46:05	1:10:29	1:15:53	1:35:19	1:40:47	2:02:29	2:31:01	3:43:35	10:11:54	524
46:07	1:10:32	1:15:56	1:35:22	1:40:50	2:02:34	2:31:06	3:43:44	10:12:17	523
46:08	1:10:34	1:15:59	1:35:26	1:40:54	2:02:39	2:31:12	3:43:53	10:12:41	522
46:10	1:10:37	1:16:02	1:35:29	1:40:58	2:02:43	2:31:18	3:44:02	10:13:04	521
46:12	1:10:39	1:16:05	1:35:33	1:41:01	2:02:48	2:31:24	3:44:11	10:13:28	520
46:13	1:10:42	1:16:07	1:35:36	1:41:05	2:02:52	2:31:30	3:44:20	10:13:51	519
46:15	1:10:44	1:16:10	1:35:40	1:41:09	2:02:57	2:31:35	3:44:29	10:14:15	518
46:17	1:10:47	1:16:13	1:35:43	1:41:13	2:03:02	2:31:41	3:44:38	10:14:38	517
46:18	1:10:49	1:16:16	1:35:47	1:41:16	2:03:06	2:31:47	3:44:47	10:15:02	516
46:20	1:10:52	1:16:18	1:35:50	1:41:20	2:03:11	2:31:53	3:44:56	10:15:25	515
46:22	1:10:55	1:16:21	1:35:54	1:41:24	2:03:15	2:31:59	3:45:05	10:15:49	514
46:23	1:10:57	1:16:24	1:35:57	1:41:27	2:03:20	2:32:05	3:45:14	10:16:12	513
46:25	1:11:00	1:16:27	1:36:01	1:41:31	2:03:25	2:32:10	3:45:23	10:16:36	512
46:27	1:11:02	1:16:29	1:36:04	1:41:35	2:03:29	2:32:16	3:45:32	10:17:00	511
46:28	1:11:05	1:16:32	1:36:08	1:41:39	2:03:34	2:32:22	3:45:41	10:17:23	510
46:30	1:11:08	1:16:35	1:36:11	1:41:42	2:03:39	2:32:28	3:45:50	10:17:47	509
46:32	1:11:10	1:16:38	1:36:15	1:41:46	2:03:43	2:32:34	3:45:59	10:18:11	508
46:33	1:11:13	1:16:41	1:36:18	1:41:50	2:03:48	2:32:40	3:46:09	10:18:34	507
46:35	1:11:15	1:16:43	1:36:22	1:41:53	2:03:53	2:32:46	3:46:18	10:18:58	506
46:37	1:11:18	1:16:46	1:36:25	1:41:57	2:03:57	2:32:52	3:46:27	10:19:22	505
46:39	1:11:21	1:16:49	1:36:29	1:42:01	2:04:02	2:32:57	3:46:36	10:19:46	504
46:40	1:11:23	1:16:52	1:36:33	1:42:05	2:04:07	2:33:03	3:46:45	10:20:10	503
46:42	1:11:26	1:16:55	1:36:36	1:42:08	2:04:11	2:33:09	3:46:54	10:20:33	502
46:44	1:11:28	1:16:58	1:36:40	1:42:12	2:04:16	2:33:15	3:47:03	10:20:57	501

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
500	46:45	1:11:31	1:17:00	1:36:43	1:42:16	2:04:21	2:33:21	3:47:13	10:21:21
499	46:47	1:11:34	1:17:03	1:36:47	1:42:20	2:04:25	2:33:27	3:47:22	10:21:45
498	46:49	1:11:36	1:17:06	1:36:50	1:42:23	2:04:30	2:33:33	3:47:31	10:22:09
497	46:50	1:11:39	1:17:09	1:36:54	1:42:27	2:04:35	2:33:39	3:47:40	10:22:33
496	46:52	1:11:41	1:17:12	1:36:57	1:42:31	2:04:39	2:33:45	3:47:49	10:22:57
495	46:54	1:11:44	1:17:14	1:37:01	1:42:35	2:04:44	2:33:51	3:47:58	10:23:21
494	46:56	1:11:47	1:17:17	1:37:05	1:42:39	2:04:49	2:33:57	3:48:08	10:23:45
493	46:57	1:11:49	1:17:20	1:37:08	1:42:42	2:04:53	2:34:03	3:48:17	10:24:09
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491	47:01	1:11:55	1:17:26	1:37:15	1:42:50	2:05:03	2:34:15	3:48:35	10:24:57
490	47:02	1:11:57	1:17:29	1:37:19	1:42:54	2:05:08	2:34:21	3:48:45	10:25:22
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486	47:09	1:12:08	1:17:40	1:37:33	1:43:09	2:05:27	2:34:45	3:49:22	10:26:58
485	47:11	1:12:10	1:17:43	1:37:37	1:43:13	2:05:31	2:34:51	3:49:31	10:27:23
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451	48:10	1:13:42	1:19:22	1:39:42	1:45:25	2:08:16	2:38:19	3:54:53	10:41:23

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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48:21	1:13:59	1:19:40	1:40:04	1:45:49	2:08:46	2:38:56	3:55:51	10:43:55	445
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Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
400	49:44	1:16:07	1:21:58	1:42:58	1:48:53	2:12:35	2:43:46	4:03:20	11:03:26
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51:42	1:19:09	1:25:14	1:47:06	1:53:16	2:18:02	2:50:40	4:14:00	11:31:16	340
51:44	1:19:12	1:25:18	1:47:11	1:53:21	2:18:08	2:50:47	4:14:11	11:31:45	339
51:47	1:19:16	1:25:21	1:47:15	1:53:25	2:18:13	2:50:54	4:14:22	11:32:14	338
51:49	1:19:19	1:25:25	1:47:19	1:53:30	2:18:19	2:51:01	4:14:34	11:32:43	337
51:51	1:19:22	1:25:28	1:47:24	1:53:34	2:18:25	2:51:08	4:14:45	11:33:12	336
51:53	1:19:25	1:25:32	1:47:28	1:53:39	2:18:30	2:51:16	4:14:56	11:33:42	335
51:55	1:19:28	1:25:35	1:47:32	1:53:44	2:18:36	2:51:23	4:15:07	11:34:11	334
51:57	1:19:32	1:25:38	1:47:37	1:53:48	2:18:42	2:51:30	4:15:18	11:34:40	333
51:59	1:19:35	1:25:42	1:47:41	1:53:53	2:18:48	2:51:37	4:15:30	11:35:09	332
52:01	1:19:38	1:25:45	1:47:45	1:53:57	2:18:53	2:51:45	4:15:41	11:35:39	331
52:03	1:19:41	1:25:49	1:47:50	1:54:02	2:18:59	2:51:52	4:15:52	11:36:08	330
52:05	1:19:44	1:25:52	1:47:54	1:54:07	2:19:05	2:51:59	4:16:03	11:36:38	329
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52:09	1:19:51	1:25:59	1:48:03	1:54:16	2:19:16	2:52:14	4:16:26	11:37:37	327
52:12	1:19:54	1:26:03	1:48:07	1:54:21	2:19:22	2:52:21	4:16:37	11:38:06	326
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52:20	1:20:07	1:26:17	1:48:25	1:54:39	2:19:45	2:52:51	4:17:23	11:40:05	322
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52:24	1:20:14	1:26:24	1:48:34	1:54:49	2:19:57	2:53:05	4:17:46	11:41:05	320
52:26	1:20:17	1:26:27	1:48:38	1:54:53	2:20:03	2:53:13	4:17:57	11:41:35	319
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52:31	1:20:23	1:26:34	1:48:47	1:55:03	2:20:15	2:53:28	4:18:20	11:42:35	317
52:33	1:20:27	1:26:38	1:48:52	1:55:08	2:20:21	2:53:35	4:18:32	11:43:05	316
52:35	1:20:30	1:26:41	1:48:56	1:55:12	2:20:27	2:53:43	4:18:43	11:43:35	315
52:37	1:20:33	1:26:45	1:49:01	1:55:17	2:20:32	2:53:50	4:18:55	11:44:05	314
52:39	1:20:37	1:26:49	1:49:05	1:55:22	2:20:38	2:53:57	4:19:07	11:44:35	313
52:41	1:20:40	1:26:52	1:49:10	1:55:27	2:20:44	2:54:05	4:19:18	11:45:06	312
52:43	1:20:43	1:26:56	1:49:14	1:55:31	2:20:50	2:54:12	4:19:30	11:45:36	311
52:45	1:20:47	1:26:59	1:49:19	1:55:36	2:20:56	2:54:20	4:19:41	11:46:06	310
52:48	1:20:50	1:27:03	1:49:23	1:55:41	2:21:02	2:54:28	4:19:53	11:46:37	309
52:50	1:20:53	1:27:06	1:49:28	1:55:46	2:21:08	2:54:35	4:20:05	11:47:07	308
52:52	1:20:57	1:27:10	1:49:32	1:55:50	2:21:14	2:54:43	4:20:16	11:47:38	307
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52:56	1:21:03	1:27:17	1:49:41	1:56:00	2:21:26	2:54:58	4:20:40	11:48:39	305
52:58	1:21:07	1:27:21	1:49:46	1:56:05	2:21:32	2:55:05	4:20:52	11:49:09	304
53:01	1:21:10	1:27:24	1:49:50	1:56:10	2:21:38	2:55:13	4:21:03	11:49:40	303
53:03	1:21:13	1:27:28	1:49:55	1:56:15	2:21:44	2:55:21	4:21:15	11:50:11	302
53:05	1:21:17	1:27:32	1:50:00	1:56:19	2:21:50	2:55:28	4:21:27	11:50:42	301

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
300	53:07	1:21:20	1:27:35	1:50:04	1:56:24	2:21:56	2:55:36	4:21:39	11:51:13
299	53:09	1:21:23	1:27:39	1:50:09	1:56:29	2:22:02	2:55:43	4:21:51	11:51:43
298	53:12	1:21:27	1:27:43	1:50:13	1:56:34	2:22:08	2:55:51	4:22:02	11:52:14
297	53:14	1:21:30	1:27:46	1:50:18	1:56:39	2:22:14	2:55:59	4:22:14	11:52:45
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254	54:52	1:24:02	1:30:30	1:53:44	2:00:17	2:26:46	3:01:42	4:31:06	12:15:52
253	54:54	1:24:05	1:30:34	1:53:49	2:00:22	2:26:52	3:01:50	4:31:19	12:16:26
252	54:57	1:24:09	1:30:38	1:53:54	2:00:28	2:26:59	3:01:59	4:31:32	12:16:59
251	54:59	1:24:13	1:30:41	1:53:59	2:00:33	2:27:06	3:02:07	4:31:45	12:17:33

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
55:02	1:24:16	1:30:45	1:54:04	2:00:38	2:27:12	3:02:15	4:31:57	12:18:07	250
55:04	1:24:20	1:30:49	1:54:09	2:00:44	2:27:19	3:02:24	4:32:10	12:18:41	249
55:06	1:24:24	1:30:53	1:54:14	2:00:49	2:27:25	3:02:32	4:32:23	12:19:15	248
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55:11	1:24:31	1:31:01	1:54:24	2:01:00	2:27:39	3:02:49	4:32:50	12:20:23	246
55:14	1:24:35	1:31:05	1:54:29	2:01:05	2:27:45	3:02:58	4:33:03	12:20:57	245
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55:23	1:24:50	1:31:22	1:54:50	2:01:27	2:28:12	3:03:31	4:33:55	12:23:14	241
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56:31	1:26:35	1:33:14	1:57:12	2:03:57	2:31:20	3:07:29	4:40:02	12:39:12	214
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56:36	1:26:43	1:33:23	1:57:23	2:04:09	2:31:34	3:07:47	4:40:30	12:40:25	212
56:39	1:26:47	1:33:27	1:57:28	2:04:15	2:31:41	3:07:56	4:40:44	12:41:02	211
56:42	1:26:51	1:33:32	1:57:34	2:04:20	2:31:49	3:08:05	4:40:59	12:41:39	210
56:44	1:26:55	1:33:36	1:57:39	2:04:26	2:31:56	3:08:14	4:41:13	12:42:16	209
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56:49	1:27:03	1:33:45	1:57:50	2:04:38	2:32:10	3:08:32	4:41:41	12:43:30	207
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56:55	1:27:11	1:33:54	1:58:01	2:04:50	2:32:25	3:08:51	4:42:10	12:44:44	205
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57:03	1:27:23	1:34:07	1:58:18	2:05:07	2:32:47	3:09:19	4:42:53	12:46:37	202
57:05	1:27:27	1:34:11	1:58:24	2:05:13	2:32:54	3:09:28	4:43:07	12:47:15	201

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
200	57:08	1:27:32	1:34:16	1:58:29	2:05:19	2:33:02	3:09:37	4:43:22	12:47:52
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10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
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59:35	1:31:18	1:38:20	2:03:37	2:10:45	2:39:47	3:18:10	4:56:35	13:22:23	149
59:38	1:31:23	1:38:25	2:03:43	2:10:52	2:39:56	3:18:21	4:56:52	13:23:07	148
59:41	1:31:27	1:38:30	2:03:50	2:10:59	2:40:04	3:18:32	4:57:09	13:23:51	147
59:44	1:31:32	1:38:35	2:03:56	2:11:06	2:40:13	3:18:43	4:57:26	13:24:35	146
59:47	1:31:37	1:38:40	2:04:03	2:11:13	2:40:22	3:18:54	4:57:43	13:25:19	145
59:50	1:31:42	1:38:46	2:04:10	2:11:20	2:40:30	3:19:05	4:58:00	13:26:04	144
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1:00:19	1:32:26	1:39:34	2:05:10	2:12:24	2:41:50	3:20:46	5:00:36	13:32:51	135
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1:02:03	1:35:07	1:42:27	2:08:48	2:16:15	2:46:38	3:26:49	5:09:59	13:57:19	105
1:02:07	1:35:13	1:42:33	2:08:56	2:16:23	2:46:48	3:27:02	5:10:19	13:58:11	104
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1:02:18	1:35:30	1:42:51	2:09:19	2:16:48	2:47:19	3:27:41	5:11:19	14:00:50	101

Points	10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km
100	1:02:22	1:35:36	1:42:58	2:09:27	2:16:56	2:47:29	3:27:54	5:11:40	14:01:43
99	1:02:26	1:35:42	1:43:04	2:09:35	2:17:05	2:47:40	3:28:08	5:12:00	14:02:37
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55	1:05:38	1:40:38	1:48:23	2:16:18	2:24:11	2:56:30	3:39:19	5:29:19	14:47:47
54	1:05:43	1:40:46	1:48:32	2:16:29	2:24:23	2:56:45	3:39:37	5:29:47	14:48:59
53	1:05:48	1:40:54	1:48:40	2:16:40	2:24:34	2:56:59	3:39:55	5:30:15	14:50:12
52	1:05:53	1:41:02	1:48:49	2:16:51	2:24:46	2:57:13	3:40:13	5:30:43	14:51:26
51	1:05:58	1:41:10	1:48:58	2:17:02	2:24:58	2:57:28	3:40:31	5:31:12	14:52:41

10 km	15 km	10 Miles	20 km	HM	25 km	30 km	Marathon	100 km	Points
1:06:04	1:41:18	1:49:07	2:17:13	2:25:09	2:57:43	3:40:50	5:31:41	14:53:56	50
1:06:09	1:41:26	1:49:16	2:17:24	2:25:21	2:57:58	3:41:09	5:32:10	14:55:12	49
1:06:15	1:41:35	1:49:25	2:17:36	2:25:33	2:58:13	3:41:28	5:32:39	14:56:29	48
1:06:20	1:41:43	1:49:34	2:17:47	2:25:46	2:58:28	3:41:47	5:33:09	14:57:46	47
1:06:26	1:41:52	1:49:43	2:17:59	2:25:58	2:58:43	3:42:06	5:33:39	14:59:05	46
1:06:31	1:42:00	1:49:52	2:18:10	2:26:10	2:58:59	3:42:26	5:34:09	15:00:24	45
1:06:37	1:42:09	1:50:02	2:18:22	2:26:23	2:59:14	3:42:46	5:34:40	15:01:44	44
1:06:43	1:42:18	1:50:11	2:18:34	2:26:36	2:59:30	3:43:06	5:35:11	15:03:05	43
1:06:48	1:42:27	1:50:21	2:18:47	2:26:49	2:59:46	3:43:26	5:35:43	15:04:27	42
1:06:54	1:42:36	1:50:31	2:18:59	2:27:02	3:00:03	3:43:47	5:36:14	15:05:50	41
1:07:00	1:42:45	1:50:41	2:19:11	2:27:15	3:00:19	3:44:08	5:36:47	15:07:14	40
1:07:06	1:42:55	1:50:51	2:19:24	2:27:28	3:00:36	3:44:29	5:37:19	15:08:39	39
1:07:12	1:43:04	1:51:01	2:19:37	2:27:42	3:00:53	3:44:50	5:37:52	15:10:06	38
1:07:19	1:43:14	1:51:11	2:19:50	2:27:56	3:01:10	3:45:12	5:38:26	15:11:33	37
1:07:25	1:43:23	1:51:22	2:20:03	2:28:10	3:01:27	3:45:34	5:39:00	15:13:02	36
1:07:31	1:43:33	1:51:32	2:20:16	2:28:24	3:01:45	3:45:56	5:39:34	15:14:31	35
1:07:38	1:43:43	1:51:43	2:20:30	2:28:38	3:02:02	3:46:18	5:40:09	15:16:02	34
1:07:44	1:43:53	1:51:54	2:20:44	2:28:53	3:02:20	3:46:41	5:40:44	15:17:35	33
1:07:51	1:44:03	1:52:05	2:20:58	2:29:07	3:02:39	3:47:04	5:41:20	15:19:09	32
1:07:58	1:44:14	1:52:16	2:21:12	2:29:22	3:02:57	3:47:28	5:41:57	15:20:44	31
1:08:05	1:44:24	1:52:27	2:21:26	2:29:38	3:03:16	3:47:52	5:42:34	15:22:21	30
1:08:11	1:44:35	1:52:39	2:21:41	2:29:53	3:03:36	3:48:16	5:43:12	15:23:59	29
1:08:19	1:44:46	1:52:51	2:21:56	2:30:09	3:03:55	3:48:41	5:43:50	15:25:39	28
1:08:26	1:44:57	1:53:03	2:22:11	2:30:25	3:04:15	3:49:06	5:44:29	15:27:21	27
1:08:33	1:45:09	1:53:15	2:22:26	2:30:41	3:04:36	3:49:32	5:45:09	15:29:05	26
1:08:41	1:45:20	1:53:28	2:22:42	2:30:58	3:04:56	3:49:58	5:45:50	15:30:51	25
1:08:48	1:45:32	1:53:40	2:22:58	2:31:15	3:05:18	3:50:25	5:46:31	15:32:39	24
1:08:56	1:45:44	1:53:53	2:23:14	2:31:32	3:05:39	3:50:52	5:47:13	15:34:30	23
1:09:04	1:45:56	1:54:07	2:23:31	2:31:50	3:06:01	3:51:20	5:47:57	15:36:22	22
1:09:12	1:46:09	1:54:20	2:23:48	2:32:08	3:06:24	3:51:49	5:48:41	15:38:18	21
1:09:21	1:46:22	1:54:34	2:24:06	2:32:27	3:06:47	3:52:18	5:49:26	15:40:16	20
1:09:29	1:46:35	1:54:48	2:24:24	2:32:46	3:07:11	3:52:48	5:50:13	15:42:17	19
1:09:38	1:46:49	1:55:03	2:24:42	2:33:05	3:07:35	3:53:19	5:51:00	15:44:21	18
1:09:47	1:47:03	1:55:18	2:25:01	2:33:26	3:08:00	3:53:51	5:51:49	15:46:29	17
1:09:56	1:47:17	1:55:34	2:25:21	2:33:46	3:08:26	3:54:23	5:52:40	15:48:41	16
1:10:06	1:47:32	1:55:50	2:25:41	2:34:08	3:08:52	3:54:57	5:53:32	15:50:57	15
1:10:16	1:47:47	1:56:06	2:26:02	2:34:30	3:09:20	3:55:32	5:54:26	15:53:17	14
1:10:26	1:48:03	1:56:23	2:26:24	2:34:53	3:09:48	3:56:08	5:55:21	15:55:43	13
1:10:37	1:48:20	1:56:41	2:26:46	2:35:16	3:10:18	3:56:45	5:56:19	15:58:14	12
1:10:48	1:48:37	1:57:00	2:27:09	2:35:41	3:10:49	3:57:24	5:57:20	16:00:52	11
1:11:00	1:48:55	1:57:19	2:27:34	2:36:07	3:11:21	3:58:05	5:58:23	16:03:37	10
1:11:12	1:49:14	1:57:40	2:28:00	2:36:35	3:11:55	3:58:48	5:59:30	16:06:31	9
1:11:25	1:49:34	1:58:01	2:28:27	2:37:03	3:12:31	3:59:33	6:00:40	16:09:34	8
1:11:39	1:49:55	1:58:24	2:28:56	2:37:34	3:13:09	4:00:22	6:01:55	16:12:49	7
1:11:54	1:50:18	1:58:49	2:29:27	2:38:07	3:13:51	4:01:14	6:03:15	16:16:19	6
1:12:10	1:50:43	1:59:16	2:30:01	2:38:43	3:14:35	4:02:10	6:04:43	16:20:08	5
1:12:28	1:51:11	1:59:46	2:30:39	2:39:23	3:15:25	4:03:13	6:06:20	16:24:20	4
1:12:48	1:51:42	2:00:19	2:31:21	2:40:08	3:16:21	4:04:24	6:08:09	16:29:07	3
1:13:12	1:52:19	2:00:59	2:32:12	2:41:01	3:17:27	4:05:48	6:10:20	16:34:47	2
1:13:44	1:53:08	2:01:52	2:33:18	2:42:11	3:18:54	4:07:38	6:13:10	16:42:10	1



# **Women's Race Walking Femmes Epreuves de Marche**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	3km W	5km W	10km W	20km W	30km W	50km W
1400	9:47	17:04	35:19	1:13:04	1:57:11	3:31:59
1399	-	17:05	35:21	1:13:08	1:57:17	3:32:11
1398	9:48	17:06	35:23	1:13:12	1:57:24	3:32:24
1397	-	17:07	35:25	1:13:16	1:57:31	3:32:36
1396	9:49	17:08	35:26	1:13:20	1:57:37	3:32:48
1395	-	17:09	35:28	1:13:24	1:57:44	3:33:01
1394	9:50	17:10	35:30	1:13:28	1:57:50	3:33:13
1393	9:51	17:11	35:32	1:13:32	1:57:57	3:33:26
1392	-	17:12	35:34	1:13:36	1:58:04	3:33:38
1391	9:52	17:13	35:36	1:13:40	1:58:10	3:33:50
1390	-	17:14	35:38	1:13:44	1:58:17	3:34:03
1389	9:53	17:15	35:40	1:13:48	1:58:24	3:34:15
1388	9:54	17:16	35:42	1:13:52	1:58:30	3:34:28
1387	-	17:17	35:44	1:13:56	1:58:37	3:34:40
1386	9:55	17:18	35:46	1:14:00	1:58:43	3:34:53
1385	-	17:19	35:48	1:14:04	1:58:50	3:35:05
1384	9:56	17:20	35:50	1:14:08	1:58:57	3:35:18
1383	-	17:21	35:52	1:14:12	1:59:03	3:35:30
1382	9:57	-	35:54	1:14:16	1:59:10	3:35:42
1381	9:58	17:22	35:56	1:14:20	1:59:17	3:35:55
1380	-	17:23	35:58	1:14:24	1:59:23	3:36:07
1379	9:59	17:24	36:00	1:14:28	1:59:30	3:36:20
1378	-	17:25	36:02	1:14:33	1:59:37	3:36:32
1377	10:00	17:26	36:04	1:14:37	1:59:43	3:36:45
1376	10:01	17:27	36:06	1:14:41	1:59:50	3:36:57
1375	-	17:28	36:08	1:14:45	1:59:57	3:37:10
1374	10:02	17:29	36:10	1:14:49	2:00:03	3:37:22
1373	-	17:30	36:12	1:14:53	2:00:10	3:37:35
1372	10:03	17:31	36:14	1:14:57	2:00:16	3:37:47
1371	10:04	17:32	36:16	1:15:01	2:00:23	3:38:00
1370	-	17:33	36:18	1:15:05	2:00:30	3:38:12
1369	10:05	17:34	36:20	1:15:09	2:00:37	3:38:25
1368	-	17:35	36:22	1:15:13	2:00:43	3:38:37
1367	10:06	17:36	36:24	1:15:17	2:00:50	3:38:50
1366	-	17:37	36:26	1:15:21	2:00:57	3:39:03
1365	10:07	17:38	36:28	1:15:25	2:01:03	3:39:15
1364	10:08	17:39	36:30	1:15:29	2:01:10	3:39:28
1363	-	17:40	36:32	1:15:33	2:01:17	3:39:40
1362	10:09	17:41	36:34	1:15:37	2:01:23	3:39:53
1361	-	17:42	36:36	1:15:41	2:01:30	3:40:05
1360	10:10	17:43	36:38	1:15:45	2:01:37	3:40:18
1359	10:11	17:44	36:40	1:15:50	2:01:43	3:40:30
1358	-	17:45	36:42	1:15:54	2:01:50	3:40:43
1357	10:12	17:46	36:44	1:15:58	2:01:57	3:40:56
1356	-	17:47	36:46	1:16:02	2:02:03	3:41:08
1355	10:13	17:48	36:48	1:16:06	2:02:10	3:41:21
1354	10:14	17:49	36:50	1:16:10	2:02:17	3:41:33
1353	-	17:50	36:52	1:16:14	2:02:24	3:41:46
1352	10:15	17:51	36:54	1:16:18	2:02:30	3:41:59
1351	-	17:52	36:56	1:16:22	2:02:37	3:42:11

3km W	5km W	10km W	20km W	30km W	50km W	Points
10:16	17:53	36:58	1:16:26	2:02:44	3:42:24	1350
10:17	17:54	37:00	1:16:30	2:02:50	3:42:36	1349
-	17:55	37:02	1:16:34	2:02:57	3:42:49	1348
10:18	17:56	37:04	1:16:38	2:03:04	3:43:02	1347
-	17:57	37:06	1:16:42	2:03:11	3:43:14	1346
10:19	17:58	37:08	1:16:47	2:03:17	3:43:27	1345
10:20	17:59	37:10	1:16:51	2:03:24	3:43:40	1344
-	18:00	37:12	1:16:55	2:03:31	3:43:52	1343
10:21	18:01	37:14	1:16:59	2:03:38	3:44:05	1342
-	18:02	37:16	1:17:03	2:03:44	3:44:17	1341
10:22	-	37:18	1:17:07	2:03:51	3:44:30	1340
-	18:03	37:20	1:17:11	2:03:58	3:44:43	1339
10:23	18:04	37:22	1:17:15	2:04:05	3:44:55	1338
10:24	18:05	37:24	1:17:19	2:04:11	3:45:08	1337
-	18:06	37:26	1:17:23	2:04:18	3:45:21	1336
10:25	18:07	37:28	1:17:28	2:04:25	3:45:33	1335
-	18:08	37:30	1:17:32	2:04:32	3:45:46	1334
10:26	18:09	37:32	1:17:36	2:04:38	3:45:59	1333
10:27	18:10	37:34	1:17:40	2:04:45	3:46:12	1332
-	18:11	37:36	1:17:44	2:04:52	3:46:24	1331
10:28	18:12	37:38	1:17:48	2:04:59	3:46:37	1330
-	18:13	37:40	1:17:52	2:05:05	3:46:50	1329
10:29	18:14	37:42	1:17:56	2:05:12	3:47:02	1328
10:30	18:15	37:44	1:18:00	2:05:19	3:47:15	1327
-	18:16	37:46	1:18:04	2:05:26	3:47:28	1326
10:31	18:17	37:48	1:18:09	2:05:33	3:47:41	1325
-	18:18	37:50	1:18:13	2:05:39	3:47:53	1324
10:32	18:19	37:52	1:18:17	2:05:46	3:48:06	1323
10:33	18:20	37:54	1:18:21	2:05:53	3:48:19	1322
-	18:21	37:56	1:18:25	2:06:00	3:48:32	1321
10:34	18:22	37:58	1:18:29	2:06:07	3:48:44	1320
-	18:23	38:00	1:18:33	2:06:13	3:48:57	1319
10:35	18:24	38:02	1:18:37	2:06:20	3:49:10	1318
10:36	18:25	38:04	1:18:42	2:06:27	3:49:23	1317
-	18:26	38:06	1:18:46	2:06:34	3:49:35	1316
10:37	18:27	38:08	1:18:50	2:06:41	3:49:48	1315
-	18:28	38:10	1:18:54	2:06:47	3:50:01	1314
10:38	18:29	38:12	1:18:58	2:06:54	3:50:14	1313
10:39	18:30	38:14	1:19:02	2:07:01	3:50:26	1312
-	18:31	38:16	1:19:06	2:07:08	3:50:39	1311
10:40	18:32	38:18	1:19:11	2:07:15	3:50:52	1310
-	18:33	38:20	1:19:15	2:07:21	3:51:05	1309
10:41	18:34	38:22	1:19:19	2:07:28	3:51:18	1308
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-	18:36	38:26	1:19:27	2:07:42	3:51:43	1306
10:43	18:37	38:28	1:19:31	2:07:49	3:51:56	1305
-	18:38	38:31	1:19:35	2:07:56	3:52:09	1304
10:44	18:39	38:33	1:19:40	2:08:02	3:52:22	1303
10:45	18:40	38:35	1:19:44	2:08:09	3:52:35	1302
-	18:41	38:37	1:19:48	2:08:16	3:52:48	1301

Points	3km W	5km W	10km W	20km W	30km W	50km W
1300	10:46	18:42	38:39	1:19:52	2:08:23	3:53:00
1299	10:47	18:43	38:41	1:19:56	2:08:30	3:53:13
1298	-	18:44	38:43	1:20:00	2:08:37	3:53:26
1297	10:48	18:45	38:45	1:20:05	2:08:44	3:53:39
1296	-	18:46	38:47	1:20:09	2:08:50	3:53:52
1295	10:49	18:47	38:49	1:20:13	2:08:57	3:54:05
1294	10:50	18:48	38:51	1:20:17	2:09:04	3:54:18
1293	-	18:49	38:53	1:20:21	2:09:11	3:54:30
1292	10:51	18:50	38:55	1:20:25	2:09:18	3:54:43
1291	-	18:51	38:57	1:20:30	2:09:25	3:54:56
1290	10:52	18:52	38:59	1:20:34	2:09:32	3:55:09
1289	10:53	18:53	39:01	1:20:38	2:09:38	3:55:22
1288	-	18:54	39:03	1:20:42	2:09:45	3:55:35
1287	10:54	18:55	39:05	1:20:46	2:09:52	3:55:48
1286	-	18:56	39:07	1:20:50	2:09:59	3:56:01
1285	10:55	18:57	39:09	1:20:55	2:10:06	3:56:14
1284	10:56	18:58	39:11	1:20:59	2:10:13	3:56:27
1283	-	18:59	39:13	1:21:03	2:10:20	3:56:40
1282	10:57	19:00	39:15	1:21:07	2:10:27	3:56:53
1281	-	19:01	39:18	1:21:11	2:10:34	3:57:05
1280	10:58	19:02	39:20	1:21:15	2:10:40	3:57:18
1279	10:59	19:03	39:22	1:21:20	2:10:47	3:57:31
1278	-	19:04	39:24	1:21:24	2:10:54	3:57:44
1277	11:00	19:05	39:26	1:21:28	2:11:01	3:57:57
1276	11:01	19:06	39:28	1:21:32	2:11:08	3:58:10
1275	-	19:07	39:30	1:21:36	2:11:15	3:58:23
1274	11:02	19:08	39:32	1:21:41	2:11:22	3:58:36
1273	-	19:09	39:34	1:21:45	2:11:29	3:58:49
1272	11:03	19:10	39:36	1:21:49	2:11:36	3:59:02
1271	11:04	19:11	39:38	1:21:53	2:11:43	3:59:15
1270	-	19:12	39:40	1:21:57	2:11:50	3:59:28
1269	11:05	19:13	39:42	1:22:02	2:11:57	3:59:41
1268	-	19:14	39:44	1:22:06	2:12:03	3:59:54
1267	11:06	19:15	39:46	1:22:10	2:12:10	4:00:07
1266	11:07	19:16	39:48	1:22:14	2:12:17	4:00:20
1265	-	19:17	39:50	1:22:19	2:12:24	4:00:33
1264	11:08	19:18	39:53	1:22:23	2:12:31	4:00:46
1263	-	19:19	39:55	1:22:27	2:12:38	4:00:59
1262	11:09	19:20	39:57	1:22:31	2:12:45	4:01:12
1261	11:10	19:21	39:59	1:22:35	2:12:52	4:01:25
1260	-	19:22	40:01	1:22:40	2:12:59	4:01:39
1259	11:11	19:23	40:03	1:22:44	2:13:06	4:01:52
1258	11:12	19:24	40:05	1:22:48	2:13:13	4:02:05
1257	-	19:25	40:07	1:22:52	2:13:20	4:02:18
1256	11:13	19:26	40:09	1:22:56	2:13:27	4:02:31
1255	-	19:27	40:11	1:23:01	2:13:34	4:02:44
1254	11:14	19:29	40:13	1:23:05	2:13:41	4:02:57
1253	11:15	19:30	40:15	1:23:09	2:13:48	4:03:10
1252	-	19:31	40:17	1:23:13	2:13:55	4:03:23
1251	11:16	19:32	40:19	1:23:18	2:14:02	4:03:36



3km W	5km W	10km W	20km W	30km W	50km W	Points
-	19:33	40:22	1:23:22	2:14:09	4:03:49	1250
11:17	19:34	40:24	1:23:26	2:14:16	4:04:02	1249
11:18	19:35	40:26	1:23:30	2:14:23	4:04:16	1248
-	19:36	40:28	1:23:35	2:14:30	4:04:29	1247
11:19	19:37	40:30	1:23:39	2:14:37	4:04:42	1246
11:20	19:38	40:32	1:23:43	2:14:44	4:04:55	1245
-	19:39	40:34	1:23:47	2:14:51	4:05:08	1244
11:21	19:40	40:36	1:23:52	2:14:58	4:05:21	1243
-	19:41	40:38	1:23:56	2:15:05	4:05:34	1242
11:22	19:42	40:40	1:24:00	2:15:12	4:05:48	1241
11:23	19:43	40:42	1:24:04	2:15:19	4:06:01	1240
-	19:44	40:44	1:24:09	2:15:26	4:06:14	1239
11:24	19:45	40:47	1:24:13	2:15:33	4:06:27	1238
11:25	19:46	40:49	1:24:17	2:15:40	4:06:40	1237
-	19:47	40:51	1:24:21	2:15:47	4:06:53	1236
11:26	19:48	40:53	1:24:26	2:15:54	4:07:07	1235
-	19:49	40:55	1:24:30	2:16:01	4:07:20	1234
11:27	19:50	40:57	1:24:34	2:16:08	4:07:33	1233
11:28	19:51	40:59	1:24:38	2:16:15	4:07:46	1232
-	19:52	41:01	1:24:43	2:16:22	4:07:59	1231
11:29	19:53	41:03	1:24:47	2:16:29	4:08:13	1230
-	19:54	41:05	1:24:51	2:16:36	4:08:26	1229
11:30	19:55	41:07	1:24:56	2:16:43	4:08:39	1228
11:31	19:56	41:10	1:25:00	2:16:50	4:08:52	1227
-	19:57	41:12	1:25:04	2:16:57	4:09:05	1226
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11:33	19:59	41:16	1:25:13	2:17:11	4:09:32	1224
-	20:00	41:18	1:25:17	2:17:18	4:09:45	1223
11:34	20:01	41:20	1:25:21	2:17:25	4:09:58	1222
-	20:02	41:22	1:25:26	2:17:32	4:10:12	1221
11:35	20:03	41:24	1:25:30	2:17:40	4:10:25	1220
11:36	20:04	41:26	1:25:34	2:17:47	4:10:38	1219
-	20:05	41:28	1:25:38	2:17:54	4:10:52	1218
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11:38	20:07	41:33	1:25:47	2:18:08	4:11:18	1216
-	20:08	41:35	1:25:51	2:18:15	4:11:31	1215
11:39	20:10	41:37	1:25:56	2:18:22	4:11:45	1214
-	20:11	41:39	1:26:00	2:18:29	4:11:58	1213
11:40	20:12	41:41	1:26:04	2:18:36	4:12:11	1212
11:41	20:13	41:43	1:26:09	2:18:43	4:12:25	1211
-	20:14	41:45	1:26:13	2:18:50	4:12:38	1210
11:42	20:15	41:47	1:26:17	2:18:57	4:12:51	1209
11:43	20:16	41:50	1:26:21	2:19:05	4:13:05	1208
-	20:17	41:52	1:26:26	2:19:12	4:13:18	1207
11:44	20:18	41:54	1:26:30	2:19:19	4:13:31	1206
-	20:19	41:56	1:26:34	2:19:26	4:13:45	1205
11:45	20:20	41:58	1:26:39	2:19:33	4:13:58	1204
11:46	20:21	42:00	1:26:43	2:19:40	4:14:11	1203
-	20:22	42:02	1:26:47	2:19:47	4:14:25	1202
11:47	20:23	42:04	1:26:52	2:19:54	4:14:38	1201

Points	3km W	5km W	10km W	20km W	30km W	50km W
1200	11:48	20:24	42:07	1:26:56	2:20:02	4:14:51
1199	-	20:25	42:09	1:27:00	2:20:09	4:15:05
1198	11:49	20:26	42:11	1:27:05	2:20:16	4:15:18
1197	11:50	20:27	42:13	1:27:09	2:20:23	4:15:32
1196	-	20:28	42:15	1:27:13	2:20:30	4:15:45
1195	11:51	20:29	42:17	1:27:18	2:20:37	4:15:58
1194	-	20:30	42:19	1:27:22	2:20:44	4:16:12
1193	11:52	20:31	42:21	1:27:26	2:20:51	4:16:25
1192	11:53	20:32	42:24	1:27:31	2:20:59	4:16:39
1191	-	20:33	42:26	1:27:35	2:21:06	4:16:52
1190	11:54	20:34	42:28	1:27:39	2:21:13	4:17:05
1189	11:55	20:36	42:30	1:27:44	2:21:20	4:17:19
1188	-	20:37	42:32	1:27:48	2:21:27	4:17:32
1187	11:56	20:38	42:34	1:27:52	2:21:34	4:17:46
1186	-	20:39	42:36	1:27:57	2:21:42	4:17:59
1185	11:57	20:40	42:38	1:28:01	2:21:49	4:18:13
1184	11:58	20:41	42:41	1:28:05	2:21:56	4:18:26
1183	-	20:42	42:43	1:28:10	2:22:03	4:18:40
1182	11:59	20:43	42:45	1:28:14	2:22:10	4:18:53
1181	12:00	20:44	42:47	1:28:19	2:22:18	4:19:07
1180	-	20:45	42:49	1:28:23	2:22:25	4:19:20
1179	12:01	20:46	42:51	1:28:27	2:22:32	4:19:34
1178	12:02	20:47	42:53	1:28:32	2:22:39	4:19:47
1177	-	20:48	42:56	1:28:36	2:22:46	4:20:01
1176	12:03	20:49	42:58	1:28:40	2:22:53	4:20:14
1175	-	20:50	43:00	1:28:45	2:23:01	4:20:28
1174	12:04	20:51	43:02	1:28:49	2:23:08	4:20:41
1173	12:05	20:52	43:04	1:28:53	2:23:15	4:20:55
1172	-	20:53	43:06	1:28:58	2:23:22	4:21:08
1171	12:06	20:54	43:08	1:29:02	2:23:30	4:21:22
1170	12:07	20:55	43:11	1:29:07	2:23:37	4:21:35
1169	-	20:56	43:13	1:29:11	2:23:44	4:21:49
1168	12:08	20:58	43:15	1:29:15	2:23:51	4:22:02
1167	12:09	20:59	43:17	1:29:20	2:23:58	4:22:16
1166	-	21:00	43:19	1:29:24	2:24:06	4:22:30
1165	12:10	21:01	43:21	1:29:29	2:24:13	4:22:43
1164	-	21:02	43:23	1:29:33	2:24:20	4:22:57
1163	12:11	21:03	43:26	1:29:37	2:24:27	4:23:10
1162	12:12	21:04	43:28	1:29:42	2:24:35	4:23:24
1161	-	21:05	43:30	1:29:46	2:24:42	4:23:38
1160	12:13	21:06	43:32	1:29:51	2:24:49	4:23:51
1159	12:14	21:07	43:34	1:29:55	2:24:56	4:24:05
1158	-	21:08	43:36	1:29:59	2:25:04	4:24:18
1157	12:15	21:09	43:39	1:30:04	2:25:11	4:24:32
1156	12:16	21:10	43:41	1:30:08	2:25:18	4:24:46
1155	-	21:11	43:43	1:30:13	2:25:25	4:24:59
1154	12:17	21:12	43:45	1:30:17	2:25:33	4:25:13
1153	12:18	21:13	43:47	1:30:21	2:25:40	4:25:26
1152	-	21:14	43:49	1:30:26	2:25:47	4:25:40
1151	12:19	21:16	43:52	1:30:30	2:25:54	4:25:54

3km W	5km W	10km W	20km W	30km W	50km W	Points
-	21:17	43:54	1:30:35	2:26:02	4:26:07	1150
12:20	21:18	43:56	1:30:39	2:26:09	4:26:21	1149
12:21	21:19	43:58	1:30:43	2:26:16	4:26:35	1148
-	21:20	44:00	1:30:48	2:26:24	4:26:48	1147
12:22	21:21	44:02	1:30:52	2:26:31	4:27:02	1146
12:23	21:22	44:05	1:30:57	2:26:38	4:27:16	1145
-	21:23	44:07	1:31:01	2:26:45	4:27:30	1144
12:24	21:24	44:09	1:31:06	2:26:53	4:27:43	1143
12:25	21:25	44:11	1:31:10	2:27:00	4:27:57	1142
-	21:26	44:13	1:31:14	2:27:07	4:28:11	1141
12:26	21:27	44:15	1:31:19	2:27:15	4:28:24	1140
12:27	21:28	44:18	1:31:23	2:27:22	4:28:38	1139
-	21:29	44:20	1:31:28	2:27:29	4:28:52	1138
12:28	21:30	44:22	1:31:32	2:27:37	4:29:06	1137
12:29	21:32	44:24	1:31:37	2:27:44	4:29:19	1136
-	21:33	44:26	1:31:41	2:27:51	4:29:33	1135
12:30	21:34	44:29	1:31:46	2:27:59	4:29:47	1134
-	21:35	44:31	1:31:50	2:28:06	4:30:01	1133
12:31	21:36	44:33	1:31:55	2:28:13	4:30:14	1132
12:32	21:37	44:35	1:31:59	2:28:21	4:30:28	1131
-	21:38	44:37	1:32:03	2:28:28	4:30:42	1130
12:33	21:39	44:39	1:32:08	2:28:35	4:30:56	1129
12:34	21:40	44:42	1:32:12	2:28:43	4:31:10	1128
-	21:41	44:44	1:32:17	2:28:50	4:31:23	1127
12:35	21:42	44:46	1:32:21	2:28:57	4:31:37	1126
12:36	21:43	44:48	1:32:26	2:29:05	4:31:51	1125
-	21:44	44:50	1:32:30	2:29:12	4:32:05	1124
12:37	21:45	44:53	1:32:35	2:29:20	4:32:19	1123
12:38	21:47	44:55	1:32:39	2:29:27	4:32:32	1122
-	21:48	44:57	1:32:44	2:29:34	4:32:46	1121
12:39	21:49	44:59	1:32:48	2:29:42	4:33:00	1120
12:40	21:50	45:01	1:32:53	2:29:49	4:33:14	1119
-	21:51	45:04	1:32:57	2:29:56	4:33:28	1118
12:41	21:52	45:06	1:33:02	2:30:04	4:33:42	1117
12:42	21:53	45:08	1:33:06	2:30:11	4:33:56	1116
-	21:54	45:10	1:33:11	2:30:19	4:34:09	1115
12:43	21:55	45:12	1:33:15	2:30:26	4:34:23	1114
-	21:56	45:15	1:33:20	2:30:33	4:34:37	1113
12:44	21:57	45:17	1:33:24	2:30:41	4:34:51	1112
12:45	21:58	45:19	1:33:28	2:30:48	4:35:05	1111
-	21:59	45:21	1:33:33	2:30:56	4:35:19	1110
12:46	22:01	45:23	1:33:37	2:31:03	4:35:33	1109
12:47	22:02	45:26	1:33:42	2:31:10	4:35:47	1108
-	22:03	45:28	1:33:46	2:31:18	4:36:01	1107
12:48	22:04	45:30	1:33:51	2:31:25	4:36:15	1106
12:49	22:05	45:32	1:33:56	2:31:33	4:36:29	1105
-	22:06	45:34	1:34:00	2:31:40	4:36:43	1104
12:50	22:07	45:37	1:34:05	2:31:48	4:36:56	1103
12:51	22:08	45:39	1:34:09	2:31:55	4:37:10	1102
-	22:09	45:41	1:34:14	2:32:02	4:37:24	1101

Points	3km W	5km W	10km W	20km W	30km W	50km W
1100	12:52	22:10	45:43	1:34:18	2:32:10	4:37:38
1099	12:53	22:11	45:45	1:34:23	2:32:17	4:37:52
1098	-	22:12	45:48	1:34:27	2:32:25	4:38:06
1097	12:54	22:14	45:50	1:34:32	2:32:32	4:38:20
1096	12:55	22:15	45:52	1:34:36	2:32:40	4:38:34
1095	-	22:16	45:54	1:34:41	2:32:47	4:38:48
1094	12:56	22:17	45:57	1:34:45	2:32:55	4:39:02
1093	12:57	22:18	45:59	1:34:50	2:33:02	4:39:16
1092	-	22:19	46:01	1:34:54	2:33:10	4:39:30
1091	12:58	22:20	46:03	1:34:59	2:33:17	4:39:44
1090	12:59	22:21	46:05	1:35:03	2:33:24	4:39:58
1089	-	22:22	46:08	1:35:08	2:33:32	4:40:12
1088	13:00	22:23	46:10	1:35:12	2:33:39	4:40:27
1087	13:01	22:24	46:12	1:35:17	2:33:47	4:40:41
1086	-	22:26	46:14	1:35:22	2:33:54	4:40:55
1085	13:02	22:27	46:17	1:35:26	2:34:02	4:41:09
1084	13:03	22:28	46:19	1:35:31	2:34:09	4:41:23
1083	-	22:29	46:21	1:35:35	2:34:17	4:41:37
1082	13:04	22:30	46:23	1:35:40	2:34:24	4:41:51
1081	13:05	22:31	46:26	1:35:44	2:34:32	4:42:05
1080	-	22:32	46:28	1:35:49	2:34:39	4:42:19
1079	13:06	22:33	46:30	1:35:53	2:34:47	4:42:33
1078	13:07	22:34	46:32	1:35:58	2:34:54	4:42:47
1077	-	22:35	46:34	1:36:03	2:35:02	4:43:01
1076	13:08	22:36	46:37	1:36:07	2:35:10	4:43:16
1075	13:09	22:38	46:39	1:36:12	2:35:17	4:43:30
1074	-	22:39	46:41	1:36:16	2:35:25	4:43:44
1073	13:10	22:40	46:43	1:36:21	2:35:32	4:43:58
1072	13:11	22:41	46:46	1:36:25	2:35:40	4:44:12
1071	-	22:42	46:48	1:36:30	2:35:47	4:44:26
1070	13:12	22:43	46:50	1:36:35	2:35:55	4:44:40
1069	13:13	22:44	46:52	1:36:39	2:36:02	4:44:55
1068	-	22:45	46:55	1:36:44	2:36:10	4:45:09
1067	13:14	22:46	46:57	1:36:48	2:36:17	4:45:23
1066	13:15	22:47	46:59	1:36:53	2:36:25	4:45:37
1065	-	22:49	47:01	1:36:58	2:36:33	4:45:51
1064	13:16	22:50	47:04	1:37:02	2:36:40	4:46:06
1063	13:17	22:51	47:06	1:37:07	2:36:48	4:46:20
1062	-	22:52	47:08	1:37:11	2:36:55	4:46:34
1061	13:18	22:53	47:10	1:37:16	2:37:03	4:46:48
1060	13:19	22:54	47:13	1:37:20	2:37:10	4:47:02
1059	-	22:55	47:15	1:37:25	2:37:18	4:47:17
1058	13:20	22:56	47:17	1:37:30	2:37:26	4:47:31
1057	13:21	22:57	47:19	1:37:34	2:37:33	4:47:45
1056	-	22:59	47:22	1:37:39	2:37:41	4:47:59
1055	13:22	23:00	47:24	1:37:44	2:37:48	4:48:14
1054	13:23	23:01	47:26	1:37:48	2:37:56	4:48:28
1053	-	23:02	47:29	1:37:53	2:38:04	4:48:42
1052	13:24	23:03	47:31	1:37:57	2:38:11	4:48:57
1051	13:25	23:04	47:33	1:38:02	2:38:19	4:49:11

3km W	5km W	10km W	20km W	30km W	50km W	Points
-	23:05	47:35	1:38:07	2:38:26	4:49:25	1050
13:26	23:06	47:38	1:38:11	2:38:34	4:49:39	1049
13:27	23:07	47:40	1:38:16	2:38:42	4:49:54	1048
-	23:09	47:42	1:38:21	2:38:49	4:50:08	1047
13:28	23:10	47:44	1:38:25	2:38:57	4:50:22	1046
13:29	23:11	47:47	1:38:30	2:39:05	4:50:37	1045
-	23:12	47:49	1:38:34	2:39:12	4:50:51	1044
13:30	23:13	47:51	1:38:39	2:39:20	4:51:05	1043
13:31	23:14	47:54	1:38:44	2:39:28	4:51:20	1042
-	23:15	47:56	1:38:48	2:39:35	4:51:34	1041
13:32	23:16	47:58	1:38:53	2:39:43	4:51:49	1040
13:33	23:17	48:00	1:38:58	2:39:50	4:52:03	1039
-	23:19	48:03	1:39:02	2:39:58	4:52:17	1038
13:34	23:20	48:05	1:39:07	2:40:06	4:52:32	1037
13:35	23:21	48:07	1:39:12	2:40:13	4:52:46	1036
-	23:22	48:09	1:39:16	2:40:21	4:53:00	1035
13:36	23:23	48:12	1:39:21	2:40:29	4:53:15	1034
13:37	23:24	48:14	1:39:26	2:40:37	4:53:29	1033
-	23:25	48:16	1:39:30	2:40:44	4:53:44	1032
13:38	23:26	48:19	1:39:35	2:40:52	4:53:58	1031
13:39	23:28	48:21	1:39:40	2:41:00	4:54:13	1030
-	23:29	48:23	1:39:44	2:41:07	4:54:27	1029
-	23:30	48:25	1:39:49	2:41:15	4:54:41	1028
13:41	23:31	48:28	1:39:54	2:41:23	4:54:56	1027
13:42	23:32	48:30	1:39:58	2:41:30	4:55:10	1026
-	23:33	48:32	1:40:03	2:41:38	4:55:25	1025
13:43	23:34	48:35	1:40:08	2:41:46	4:55:39	1024
13:44	23:35	48:37	1:40:12	2:41:54	4:55:54	1023
-	23:37	48:39	1:40:17	2:42:01	4:56:08	1022
13:45	23:38	48:42	1:40:22	2:42:09	4:56:23	1021
13:46	23:39	48:44	1:40:26	2:42:17	4:56:37	1020
-	23:40	48:46	1:40:31	2:42:24	4:56:52	1019
13:47	23:41	48:48	1:40:36	2:42:32	4:57:06	1018
13:48	23:42	48:51	1:40:40	2:42:40	4:57:21	1017
-	23:43	48:53	1:40:45	2:42:48	4:57:35	1016
13:49	23:44	48:55	1:40:50	2:42:55	4:57:50	1015
13:50	23:46	48:58	1:40:55	2:43:03	4:58:05	1014
-	23:47	49:00	1:40:59	2:43:11	4:58:19	1013
13:51	23:48	49:02	1:41:04	2:43:19	4:58:34	1012
13:52	23:49	49:05	1:41:09	2:43:26	4:58:48	1011
-	23:50	49:07	1:41:13	2:43:34	4:59:03	1010
13:53	23:51	49:09	1:41:18	2:43:42	4:59:17	1009
13:54	23:52	49:12	1:41:23	2:43:50	4:59:32	1008
13:55	23:54	49:14	1:41:28	2:43:58	4:59:47	1007
-	23:55	49:16	1:41:32	2:44:05	5:00:01	1006
13:56	23:56	49:19	1:41:37	2:44:13	5:00:16	1005
13:57	23:57	49:21	1:41:42	2:44:21	5:00:30	1004
-	23:58	49:23	1:41:47	2:44:29	5:00:45	1003
13:58	23:59	49:25	1:41:51	2:44:37	5:01:00	1002
13:59	24:00	49:28	1:41:56	2:44:44	5:01:14	1001

Points	3km W	5km W	10km W	20km W	30km W	50km W
1000	-	24:01	49:30	1:42:01	2:44:52	5:01:29
999	14:00	24:03	49:32	1:42:05	2:45:00	5:01:44
998	14:01	24:04	49:35	1:42:10	2:45:08	5:01:58
997	-	24:05	49:37	1:42:15	2:45:16	5:02:13
996	14:02	24:06	49:39	1:42:20	2:45:23	5:02:28
995	14:03	24:07	49:42	1:42:24	2:45:31	5:02:42
994	14:04	24:08	49:44	1:42:29	2:45:39	5:02:57
993	-	24:09	49:46	1:42:34	2:45:47	5:03:12
992	14:05	24:11	49:49	1:42:39	2:45:55	5:03:26
991	14:06	24:12	49:51	1:42:43	2:46:03	5:03:41
990	-	24:13	49:53	1:42:48	2:46:10	5:03:56
989	14:07	24:14	49:56	1:42:53	2:46:18	5:04:11
988	14:08	24:15	49:58	1:42:58	2:46:26	5:04:25
987	-	24:16	50:00	1:43:03	2:46:34	5:04:40
986	14:09	24:17	50:03	1:43:07	2:46:42	5:04:55
985	14:10	24:19	50:05	1:43:12	2:46:50	5:05:10
984	-	24:20	50:07	1:43:17	2:46:58	5:05:24
983	14:11	24:21	50:10	1:43:22	2:47:05	5:05:39
982	14:12	24:22	50:12	1:43:26	2:47:13	5:05:54
981	14:13	24:23	50:14	1:43:31	2:47:21	5:06:09
980	-	24:24	50:17	1:43:36	2:47:29	5:06:24
979	14:14	24:26	50:19	1:43:41	2:47:37	5:06:38
978	14:15	24:27	50:22	1:43:46	2:47:45	5:06:53
977	-	24:28	50:24	1:43:50	2:47:53	5:07:08
976	14:16	24:29	50:26	1:43:55	2:48:01	5:07:23
975	14:17	24:30	50:29	1:44:00	2:48:09	5:07:38
974	-	24:31	50:31	1:44:05	2:48:16	5:07:53
973	14:18	24:32	50:33	1:44:10	2:48:24	5:08:07
972	14:19	24:34	50:36	1:44:14	2:48:32	5:08:22
971	14:20	24:35	50:38	1:44:19	2:48:40	5:08:37
970	-	24:36	50:40	1:44:24	2:48:48	5:08:52
969	14:21	24:37	50:43	1:44:29	2:48:56	5:09:07
968	14:22	24:38	50:45	1:44:34	2:49:04	5:09:22
967	-	24:39	50:47	1:44:38	2:49:12	5:09:37
966	14:23	24:41	50:50	1:44:43	2:49:20	5:09:52
965	14:24	24:42	50:52	1:44:48	2:49:28	5:10:06
964	-	24:43	50:55	1:44:53	2:49:36	5:10:21
963	14:25	24:44	50:57	1:44:58	2:49:44	5:10:36
962	14:26	24:45	50:59	1:45:03	2:49:52	5:10:51
961	14:27	24:46	51:02	1:45:07	2:50:00	5:11:06
960	-	24:47	51:04	1:45:12	2:50:08	5:11:21
959	14:28	24:49	51:06	1:45:17	2:50:16	5:11:36
958	14:29	24:50	51:09	1:45:22	2:50:24	5:11:51
957	-	24:51	51:11	1:45:27	2:50:32	5:12:06
956	14:30	24:52	51:13	1:45:32	2:50:40	5:12:21
955	14:31	24:53	51:16	1:45:36	2:50:48	5:12:36
954	-	24:54	51:18	1:45:41	2:50:56	5:12:51
953	14:32	24:56	51:21	1:45:46	2:51:04	5:13:06
952	14:33	24:57	51:23	1:45:51	2:51:12	5:13:21
951	14:34	24:58	51:25	1:45:56	2:51:20	5:13:36

3km W	5km W	10km W	20km W	30km W	50km W	Points
-	24:59	51:28	1:46:01	2:51:28	5:13:51	950
14:35	25:00	51:30	1:46:06	2:51:36	5:14:06	949
14:36	25:01	51:33	1:46:10	2:51:44	5:14:21	948
-	25:03	51:35	1:46:15	2:51:52	5:14:36	947
14:37	25:04	51:37	1:46:20	2:52:00	5:14:51	946
14:38	25:05	51:40	1:46:25	2:52:08	5:15:06	945
14:39	25:06	51:42	1:46:30	2:52:16	5:15:21	944
-	25:07	51:44	1:46:35	2:52:24	5:15:37	943
14:40	25:09	51:47	1:46:40	2:52:32	5:15:52	942
14:41	25:10	51:49	1:46:45	2:52:40	5:16:07	941
-	25:11	51:52	1:46:49	2:52:48	5:16:22	940
14:42	25:12	51:54	1:46:54	2:52:56	5:16:37	939
14:43	25:13	51:56	1:46:59	2:53:04	5:16:52	938
14:44	25:14	51:59	1:47:04	2:53:12	5:17:07	937
-	25:16	52:01	1:47:09	2:53:20	5:17:22	936
14:45	25:17	52:04	1:47:14	2:53:28	5:17:38	935
14:46	25:18	52:06	1:47:19	2:53:36	5:17:53	934
-	25:19	52:08	1:47:24	2:53:44	5:18:08	933
14:47	25:20	52:11	1:47:29	2:53:52	5:18:23	932
14:48	25:21	52:13	1:47:34	2:54:01	5:18:38	931
14:49	25:23	52:16	1:47:38	2:54:09	5:18:53	930
-	25:24	52:18	1:47:43	2:54:17	5:19:09	929
14:50	25:25	52:21	1:47:48	2:54:25	5:19:24	928
14:51	25:26	52:23	1:47:53	2:54:33	5:19:39	927
-	25:27	52:25	1:47:58	2:54:41	5:19:54	926
14:52	25:29	52:28	1:48:03	2:54:49	5:20:10	925
14:53	25:30	52:30	1:48:08	2:54:57	5:20:25	924
14:54	25:31	52:33	1:48:13	2:55:05	5:20:40	923
-	25:32	52:35	1:48:18	2:55:14	5:20:55	922
14:55	25:33	52:37	1:48:23	2:55:22	5:21:11	921
14:56	25:34	52:40	1:48:28	2:55:30	5:21:26	920
-	25:36	52:42	1:48:33	2:55:38	5:21:41	919
14:57	25:37	52:45	1:48:38	2:55:46	5:21:56	918
14:58	25:38	52:47	1:48:43	2:55:54	5:22:12	917
14:59	25:39	52:50	1:48:48	2:56:02	5:22:27	916
-	25:40	52:52	1:48:53	2:56:11	5:22:42	915
15:00	25:42	52:54	1:48:57	2:56:19	5:22:58	914
15:01	25:43	52:57	1:49:02	2:56:27	5:23:13	913
-	25:44	52:59	1:49:07	2:56:35	5:23:28	912
15:02	25:45	53:02	1:49:12	2:56:43	5:23:44	911
15:03	25:46	53:04	1:49:17	2:56:51	5:23:59	910
15:04	25:48	53:07	1:49:22	2:57:00	5:24:14	909
-	25:49	53:09	1:49:27	2:57:08	5:24:30	908
15:05	25:50	53:11	1:49:32	2:57:16	5:24:45	907
15:06	25:51	53:14	1:49:37	2:57:24	5:25:01	906
15:07	25:52	53:16	1:49:42	2:57:32	5:25:16	905
-	25:54	53:19	1:49:47	2:57:41	5:25:31	904
15:08	25:55	53:21	1:49:52	2:57:49	5:25:47	903
15:09	25:56	53:24	1:49:57	2:57:57	5:26:02	902
-	25:57	53:26	1:50:02	2:58:05	5:26:18	901

Points	3km W	5km W	10km W	20km W	30km W	50km W
900	15:10	25:58	53:29	1:50:07	2:58:14	5:26:33
899	15:11	26:00	53:31	1:50:12	2:58:22	5:26:49
898	15:12	26:01	53:33	1:50:17	2:58:30	5:27:04
897	-	26:02	53:36	1:50:22	2:58:38	5:27:19
896	15:13	26:03	53:38	1:50:27	2:58:47	5:27:35
895	15:14	26:04	53:41	1:50:32	2:58:55	5:27:50
894	15:15	26:06	53:43	1:50:37	2:59:03	5:28:06
893	-	26:07	53:46	1:50:42	2:59:11	5:28:21
892	15:16	26:08	53:48	1:50:47	2:59:20	5:28:37
891	15:17	26:09	53:51	1:50:52	2:59:28	5:28:52
890	-	26:10	53:53	1:50:57	2:59:36	5:29:08
889	15:18	26:12	53:56	1:51:02	2:59:44	5:29:24
888	15:19	26:13	53:58	1:51:07	2:59:53	5:29:39
887	15:20	26:14	54:01	1:51:12	3:00:01	5:29:55
886	-	26:15	54:03	1:51:17	3:00:09	5:30:10
885	15:21	26:16	54:05	1:51:22	3:00:18	5:30:26
884	15:22	26:18	54:08	1:51:27	3:00:26	5:30:41
883	15:23	26:19	54:10	1:51:32	3:00:34	5:30:57
882	-	26:20	54:13	1:51:38	3:00:42	5:31:13
881	15:24	26:21	54:15	1:51:43	3:00:51	5:31:28
880	15:25	26:23	54:18	1:51:48	3:00:59	5:31:44
879	15:26	26:24	54:20	1:51:53	3:01:07	5:31:59
878	-	26:25	54:23	1:51:58	3:01:16	5:32:15
877	15:27	26:26	54:25	1:52:03	3:01:24	5:32:31
876	15:28	26:27	54:28	1:52:08	3:01:32	5:32:46
875	15:29	26:29	54:30	1:52:13	3:01:41	5:33:02
874	-	26:30	54:33	1:52:18	3:01:49	5:33:18
873	15:30	26:31	54:35	1:52:23	3:01:57	5:33:33
872	15:31	26:32	54:38	1:52:28	3:02:06	5:33:49
871	-	26:33	54:40	1:52:33	3:02:14	5:34:05
870	15:32	26:35	54:43	1:52:38	3:02:23	5:34:20
869	15:33	26:36	54:45	1:52:43	3:02:31	5:34:36
868	15:34	26:37	54:48	1:52:48	3:02:39	5:34:52
867	-	26:38	54:50	1:52:54	3:02:48	5:35:08
866	15:35	26:40	54:53	1:52:59	3:02:56	5:35:23
865	15:36	26:41	54:55	1:53:04	3:03:05	5:35:39
864	15:37	26:42	54:58	1:53:09	3:03:13	5:35:55
863	-	26:43	55:00	1:53:14	3:03:21	5:36:11
862	15:38	26:44	55:03	1:53:19	3:03:30	5:36:26
861	15:39	26:46	55:05	1:53:24	3:03:38	5:36:42
860	15:40	26:47	55:08	1:53:29	3:03:47	5:36:58
859	-	26:48	55:10	1:53:34	3:03:55	5:37:14
858	15:41	26:49	55:13	1:53:39	3:04:03	5:37:30
857	15:42	26:51	55:15	1:53:45	3:04:12	5:37:45
856	15:43	26:52	55:18	1:53:50	3:04:20	5:38:01
855	-	26:53	55:20	1:53:55	3:04:29	5:38:17
854	15:44	26:54	55:23	1:54:00	3:04:37	5:38:33
853	15:45	26:56	55:25	1:54:05	3:04:46	5:38:49
852	15:46	26:57	55:28	1:54:10	3:04:54	5:39:05
851	-	26:58	55:30	1:54:15	3:05:03	5:39:21



3km W	5km W	10km W	20km W	30km W	50km W	Points
15:47	26:59	55:33	1:54:20	3:05:11	5:39:37	850
15:48	27:00	55:35	1:54:26	3:05:19	5:39:52	849
15:49	27:02	55:38	1:54:31	3:05:28	5:40:08	848
-	27:03	55:40	1:54:36	3:05:36	5:40:24	847
15:50	27:04	55:43	1:54:41	3:05:45	5:40:40	846
15:51	27:05	55:45	1:54:46	3:05:53	5:40:56	845
15:52	27:07	55:48	1:54:51	3:06:02	5:41:12	844
-	27:08	55:50	1:54:57	3:06:10	5:41:28	843
15:53	27:09	55:53	1:55:02	3:06:19	5:41:44	842
15:54	27:10	55:56	1:55:07	3:06:27	5:42:00	841
15:55	27:12	55:58	1:55:12	3:06:36	5:42:16	840
-	27:13	56:01	1:55:17	3:06:44	5:42:32	839
15:56	27:14	56:03	1:55:22	3:06:53	5:42:48	838
15:57	27:15	56:06	1:55:28	3:07:02	5:43:04	837
15:58	27:17	56:08	1:55:33	3:07:10	5:43:20	836
-	27:18	56:11	1:55:38	3:07:19	5:43:36	835
15:59	27:19	56:13	1:55:43	3:07:27	5:43:52	834
16:00	27:20	56:16	1:55:48	3:07:36	5:44:08	833
16:01	27:22	56:18	1:55:54	3:07:44	5:44:24	832
-	27:23	56:21	1:55:59	3:07:53	5:44:40	831
16:02	27:24	56:24	1:56:04	3:08:01	5:44:56	830
16:03	27:25	56:26	1:56:09	3:08:10	5:45:12	829
16:04	27:27	56:29	1:56:14	3:08:19	5:45:29	828
-	27:28	56:31	1:56:20	3:08:27	5:45:45	827
16:05	27:29	56:34	1:56:25	3:08:36	5:46:01	826
16:06	27:30	56:36	1:56:30	3:08:44	5:46:17	825
16:07	27:32	56:39	1:56:35	3:08:53	5:46:33	824
-	27:33	56:41	1:56:40	3:09:02	5:46:49	823
16:08	27:34	56:44	1:56:46	3:09:10	5:47:05	822
16:09	27:35	56:47	1:56:51	3:09:19	5:47:22	821
16:10	27:37	56:49	1:56:56	3:09:27	5:47:38	820
16:11	27:38	56:52	1:57:01	3:09:36	5:47:54	819
-	27:39	56:54	1:57:07	3:09:45	5:48:10	818
16:12	27:40	56:57	1:57:12	3:09:53	5:48:26	817
16:13	27:42	56:59	1:57:17	3:10:02	5:48:43	816
16:14	27:43	57:02	1:57:22	3:10:11	5:48:59	815
-	27:44	57:05	1:57:28	3:10:19	5:49:15	814
16:15	27:45	57:07	1:57:33	3:10:28	5:49:31	813
16:16	27:47	57:10	1:57:38	3:10:37	5:49:47	812
16:17	27:48	57:12	1:57:43	3:10:45	5:50:04	811
-	27:49	57:15	1:57:49	3:10:54	5:50:20	810
16:18	27:51	57:17	1:57:54	3:11:03	5:50:36	809
16:19	27:52	57:20	1:57:59	3:11:11	5:50:53	808
16:20	27:53	57:23	1:58:04	3:11:20	5:51:09	807
-	27:54	57:25	1:58:10	3:11:29	5:51:25	806
16:21	27:56	57:28	1:58:15	3:11:37	5:51:42	805
16:22	27:57	57:30	1:58:20	3:11:46	5:51:58	804
16:23	27:58	57:33	1:58:26	3:11:55	5:52:14	803
16:24	27:59	57:36	1:58:31	3:12:03	5:52:31	802
-	28:01	57:38	1:58:36	3:12:12	5:52:47	801

Points	3km W	5km W	10km W	20km W	30km W	50km W
800	16:25	28:02	57:41	1:58:41	3:12:21	5:53:03
799	16:26	28:03	57:43	1:58:47	3:12:30	5:53:20
798	16:27	28:05	57:46	1:58:52	3:12:38	5:53:36
797	-	28:06	57:49	1:58:57	3:12:47	5:53:53
796	16:28	28:07	57:51	1:59:03	3:12:56	5:54:09
795	16:29	28:08	57:54	1:59:08	3:13:05	5:54:25
794	16:30	28:10	57:56	1:59:13	3:13:13	5:54:42
793	-	28:11	57:59	1:59:19	3:13:22	5:54:58
792	16:31	28:12	58:02	1:59:24	3:13:31	5:55:15
791	16:32	28:13	58:04	1:59:29	3:13:40	5:55:31
790	16:33	28:15	58:07	1:59:35	3:13:48	5:55:48
789	16:34	28:16	58:09	1:59:40	3:13:57	5:56:04
788	-	28:17	58:12	1:59:45	3:14:06	5:56:21
787	16:35	28:19	58:15	1:59:51	3:14:15	5:56:37
786	16:36	28:20	58:17	1:59:56	3:14:24	5:56:54
785	16:37	28:21	58:20	2:00:01	3:14:32	5:57:10
784	-	28:22	58:23	2:00:07	3:14:41	5:57:27
783	16:38	28:24	58:25	2:00:12	3:14:50	5:57:43
782	16:39	28:25	58:28	2:00:17	3:14:59	5:58:00
781	16:40	28:26	58:30	2:00:23	3:15:08	5:58:17
780	16:41	28:28	58:33	2:00:28	3:15:17	5:58:33
779	-	28:29	58:36	2:00:33	3:15:25	5:58:50
778	16:42	28:30	58:38	2:00:39	3:15:34	5:59:06
777	16:43	28:31	58:41	2:00:44	3:15:43	5:59:23
776	16:44	28:33	58:44	2:00:50	3:15:52	5:59:40
775	16:45	28:34	58:46	2:00:55	3:16:01	5:59:56
774	-	28:35	58:49	2:01:00	3:16:10	6:00:13
773	16:46	28:37	58:51	2:01:06	3:16:19	6:00:30
772	16:47	28:38	58:54	2:01:11	3:16:28	6:00:46
771	16:48	28:39	58:57	2:01:17	3:16:36	6:01:03
770	-	28:41	58:59	2:01:22	3:16:45	6:01:20
769	16:49	28:42	59:02	2:01:27	3:16:54	6:01:36
768	16:50	28:43	59:05	2:01:33	3:17:03	6:01:53
767	16:51	28:44	59:07	2:01:38	3:17:12	6:02:10
766	16:52	28:46	59:10	2:01:44	3:17:21	6:02:27
765	-	28:47	59:13	2:01:49	3:17:30	6:02:43
764	16:53	28:48	59:15	2:01:54	3:17:39	6:03:00
763	16:54	28:50	59:18	2:02:00	3:17:48	6:03:17
762	16:55	28:51	59:21	2:02:05	3:17:57	6:03:34
761	16:56	28:52	59:23	2:02:11	3:18:06	6:03:50
760	-	28:54	59:26	2:02:16	3:18:15	6:04:07
759	16:57	28:55	59:29	2:02:22	3:18:24	6:04:24
758	16:58	28:56	59:31	2:02:27	3:18:33	6:04:41
757	16:59	28:57	59:34	2:02:32	3:18:41	6:04:58
756	17:00	28:59	59:37	2:02:38	3:18:50	6:05:15
755	-	29:00	59:39	2:02:43	3:18:59	6:05:31
754	17:01	29:01	59:42	2:02:49	3:19:08	6:05:48
753	17:02	29:03	59:45	2:02:54	3:19:17	6:06:05
752	17:03	29:04	59:47	2:03:00	3:19:26	6:06:22
751	-	29:05	59:50	2:03:05	3:19:35	6:06:39

3km W	5km W	10km W	20km W	30km W	50km W	Points
17:04	29:07	59:53	2:03:11	3:19:44	6:06:56	750
17:05	29:08	59:55	2:03:16	3:19:53	6:07:13	749
17:06	29:09	59:58	2:03:22	3:20:03	6:07:30	748
17:07	29:11	1:00:01	2:03:27	3:20:12	6:07:47	747
-	29:12	1:00:03	2:03:33	3:20:21	6:08:04	746
17:08	29:13	1:00:06	2:03:38	3:20:30	6:08:21	745
17:09	29:15	1:00:09	2:03:44	3:20:39	6:08:38	744
17:10	29:16	1:00:12	2:03:49	3:20:48	6:08:55	743
17:11	29:17	1:00:14	2:03:55	3:20:57	6:09:12	742
-	29:19	1:00:17	2:04:00	3:21:06	6:09:29	741
17:12	29:20	1:00:20	2:04:06	3:21:15	6:09:46	740
17:13	29:21	1:00:22	2:04:11	3:21:24	6:10:03	739
17:14	29:23	1:00:25	2:04:17	3:21:33	6:10:20	738
17:15	29:24	1:00:28	2:04:22	3:21:42	6:10:37	737
-	29:25	1:00:30	2:04:28	3:21:51	6:10:54	736
17:16	29:26	1:00:33	2:04:33	3:22:00	6:11:11	735
17:17	29:28	1:00:36	2:04:39	3:22:10	6:11:28	734
17:18	29:29	1:00:39	2:04:44	3:22:19	6:11:45	733
17:19	29:30	1:00:41	2:04:50	3:22:28	6:12:02	732
17:20	29:32	1:00:44	2:04:55	3:22:37	6:12:19	731
-	29:33	1:00:47	2:05:01	3:22:46	6:12:37	730
17:21	29:34	1:00:49	2:05:06	3:22:55	6:12:54	729
17:22	29:36	1:00:52	2:05:12	3:23:04	6:13:11	728
17:23	29:37	1:00:55	2:05:17	3:23:13	6:13:28	727
17:24	29:38	1:00:58	2:05:23	3:23:23	6:13:45	726
-	29:40	1:01:00	2:05:29	3:23:32	6:14:02	725
17:25	29:41	1:01:03	2:05:34	3:23:41	6:14:20	724
17:26	29:43	1:01:06	2:05:40	3:23:50	6:14:37	723
17:27	29:44	1:01:09	2:05:45	3:23:59	6:14:54	722
17:28	29:45	1:01:11	2:05:51	3:24:09	6:15:11	721
-	29:47	1:01:14	2:05:56	3:24:18	6:15:29	720
17:29	29:48	1:01:17	2:06:02	3:24:27	6:15:46	719
17:30	29:49	1:01:20	2:06:08	3:24:36	6:16:03	718
17:31	29:51	1:01:22	2:06:13	3:24:45	6:16:21	717
17:32	29:52	1:01:25	2:06:19	3:24:55	6:16:38	716
-	29:53	1:01:28	2:06:24	3:25:04	6:16:55	715
17:33	29:55	1:01:31	2:06:30	3:25:13	6:17:13	714
17:34	29:56	1:01:33	2:06:36	3:25:22	6:17:30	713
17:35	29:57	1:01:36	2:06:41	3:25:32	6:17:47	712
17:36	29:59	1:01:39	2:06:47	3:25:41	6:18:05	711
17:37	30:00	1:01:42	2:06:53	3:25:50	6:18:22	710
-	30:01	1:01:44	2:06:58	3:25:59	6:18:39	709
17:38	30:03	1:01:47	2:07:04	3:26:09	6:18:57	708
17:39	30:04	1:01:50	2:07:09	3:26:18	6:19:14	707
17:40	30:05	1:01:53	2:07:15	3:26:27	6:19:32	706
17:41	30:07	1:01:55	2:07:21	3:26:36	6:19:49	705
17:42	30:08	1:01:58	2:07:26	3:26:46	6:20:07	704
-	30:09	1:02:01	2:07:32	3:26:55	6:20:24	703
17:43	30:11	1:02:04	2:07:38	3:27:04	6:20:42	702
17:44	30:12	1:02:06	2:07:43	3:27:14	6:20:59	701

Points	3km W	5km W	10km W	20km W	30km W	50km W
700	17:45	30:14	1:02:09	2:07:49	3:27:23	6:21:17
699	17:46	30:15	1:02:12	2:07:55	3:27:32	6:21:34
698	-	30:16	1:02:15	2:08:00	3:27:42	6:21:52
697	17:47	30:18	1:02:18	2:08:06	3:27:51	6:22:09
696	17:48	30:19	1:02:20	2:08:12	3:28:00	6:22:27
695	17:49	30:20	1:02:23	2:08:17	3:28:10	6:22:44
694	17:50	30:22	1:02:26	2:08:23	3:28:19	6:23:02
693	17:51	30:23	1:02:29	2:08:29	3:28:29	6:23:19
692	-	30:24	1:02:31	2:08:34	3:28:38	6:23:37
691	17:52	30:26	1:02:34	2:08:40	3:28:47	6:23:55
690	17:53	30:27	1:02:37	2:08:46	3:28:57	6:24:12
689	17:54	30:29	1:02:40	2:08:52	3:29:06	6:24:30
688	17:55	30:30	1:02:43	2:08:57	3:29:16	6:24:48
687	17:56	30:31	1:02:45	2:09:03	3:29:25	6:25:05
686	-	30:33	1:02:48	2:09:09	3:29:34	6:25:23
685	17:57	30:34	1:02:51	2:09:14	3:29:44	6:25:41
684	17:58	30:35	1:02:54	2:09:20	3:29:53	6:25:58
683	17:59	30:37	1:02:57	2:09:26	3:30:03	6:26:16
682	18:00	30:38	1:03:00	2:09:32	3:30:12	6:26:34
681	18:01	30:40	1:03:02	2:09:37	3:30:22	6:26:52
680	-	30:41	1:03:05	2:09:43	3:30:31	6:27:09
679	18:02	30:42	1:03:08	2:09:49	3:30:41	6:27:27
678	18:03	30:44	1:03:11	2:09:55	3:30:50	6:27:45
677	18:04	30:45	1:03:14	2:10:00	3:31:00	6:28:03
676	18:05	30:47	1:03:16	2:10:06	3:31:09	6:28:21
675	18:06	30:48	1:03:19	2:10:12	3:31:19	6:28:38
674	-	30:49	1:03:22	2:10:18	3:31:28	6:28:56
673	18:07	30:51	1:03:25	2:10:23	3:31:38	6:29:14
672	18:08	30:52	1:03:28	2:10:29	3:31:47	6:29:32
671	18:09	30:53	1:03:31	2:10:35	3:31:57	6:29:50
670	18:10	30:55	1:03:33	2:10:41	3:32:06	6:30:08
669	18:11	30:56	1:03:36	2:10:47	3:32:16	6:30:26
668	18:12	30:58	1:03:39	2:10:52	3:32:25	6:30:44
667	-	30:59	1:03:42	2:10:58	3:32:35	6:31:02
666	18:13	31:00	1:03:45	2:11:04	3:32:44	6:31:20
665	18:14	31:02	1:03:48	2:11:10	3:32:54	6:31:37
664	18:15	31:03	1:03:51	2:11:16	3:33:03	6:31:55
663	18:16	31:05	1:03:53	2:11:21	3:33:13	6:32:13
662	18:17	31:06	1:03:56	2:11:27	3:33:23	6:32:31
661	-	31:07	1:03:59	2:11:33	3:33:32	6:32:49
660	18:18	31:09	1:04:02	2:11:39	3:33:42	6:33:08
659	18:19	31:10	1:04:05	2:11:45	3:33:51	6:33:26
658	18:20	31:12	1:04:08	2:11:51	3:34:01	6:33:44
657	18:21	31:13	1:04:11	2:11:56	3:34:11	6:34:02
656	18:22	31:14	1:04:13	2:12:02	3:34:20	6:34:20
655	18:23	31:16	1:04:16	2:12:08	3:34:30	6:34:38
654	-	31:17	1:04:19	2:12:14	3:34:40	6:34:56
653	18:24	31:19	1:04:22	2:12:20	3:34:49	6:35:14
652	18:25	31:20	1:04:25	2:12:26	3:34:59	6:35:32
651	18:26	31:21	1:04:28	2:12:32	3:35:09	6:35:50

3km W	5km W	10km W	20km W	30km W	50km W	Points
18:27	31:23	1:04:31	2:12:37	3:35:18	6:36:09	650
18:28	31:24	1:04:34	2:12:43	3:35:28	6:36:27	649
18:29	31:26	1:04:36	2:12:49	3:35:38	6:36:45	648
-	31:27	1:04:39	2:12:55	3:35:47	6:37:03	647
18:30	31:29	1:04:42	2:13:01	3:35:57	6:37:21	646
18:31	31:30	1:04:45	2:13:07	3:36:07	6:37:40	645
18:32	31:31	1:04:48	2:13:13	3:36:17	6:37:58	644
18:33	31:33	1:04:51	2:13:19	3:36:26	6:38:16	643
18:34	31:34	1:04:54	2:13:25	3:36:36	6:38:34	642
18:35	31:36	1:04:57	2:13:31	3:36:46	6:38:53	641
-	31:37	1:05:00	2:13:36	3:36:56	6:39:11	640
18:36	31:39	1:05:02	2:13:42	3:37:05	6:39:29	639
18:37	31:40	1:05:05	2:13:48	3:37:15	6:39:48	638
18:38	31:41	1:05:08	2:13:54	3:37:25	6:40:06	637
18:39	31:43	1:05:11	2:14:00	3:37:35	6:40:24	636
18:40	31:44	1:05:14	2:14:06	3:37:44	6:40:43	635
18:41	31:46	1:05:17	2:14:12	3:37:54	6:41:01	634
-	31:47	1:05:20	2:14:18	3:38:04	6:41:20	633
18:42	31:49	1:05:23	2:14:24	3:38:14	6:41:38	632
18:43	31:50	1:05:26	2:14:30	3:38:24	6:41:57	631
18:44	31:51	1:05:29	2:14:36	3:38:34	6:42:15	630
18:45	31:53	1:05:32	2:14:42	3:38:43	6:42:33	629
18:46	31:54	1:05:35	2:14:48	3:38:53	6:42:52	628
18:47	31:56	1:05:38	2:14:54	3:39:03	6:43:10	627
18:48	31:57	1:05:40	2:15:00	3:39:13	6:43:29	626
-	31:59	1:05:43	2:15:06	3:39:23	6:43:48	625
18:49	32:00	1:05:46	2:15:12	3:39:33	6:44:06	624
18:50	32:01	1:05:49	2:15:18	3:39:43	6:44:25	623
18:51	32:03	1:05:52	2:15:24	3:39:53	6:44:43	622
18:52	32:04	1:05:55	2:15:30	3:40:02	6:45:02	621
18:53	32:06	1:05:58	2:15:36	3:40:12	6:45:20	620
18:54	32:07	1:06:01	2:15:42	3:40:22	6:45:39	619
18:55	32:09	1:06:04	2:15:48	3:40:32	6:45:58	618
-	32:10	1:06:07	2:15:54	3:40:42	6:46:16	617
18:56	32:12	1:06:10	2:16:00	3:40:52	6:46:35	616
18:57	32:13	1:06:13	2:16:06	3:41:02	6:46:54	615
18:58	32:14	1:06:16	2:16:12	3:41:12	6:47:12	614
18:59	32:16	1:06:19	2:16:18	3:41:22	6:47:31	613
19:00	32:17	1:06:22	2:16:24	3:41:32	6:47:50	612
19:01	32:19	1:06:25	2:16:30	3:41:42	6:48:08	611
19:02	32:20	1:06:28	2:16:36	3:41:52	6:48:27	610
-	32:22	1:06:31	2:16:42	3:42:02	6:48:46	609
19:03	32:23	1:06:34	2:16:48	3:42:12	6:49:05	608
19:04	32:25	1:06:37	2:16:55	3:42:22	6:49:24	607
19:05	32:26	1:06:40	2:17:01	3:42:32	6:49:42	606
19:06	32:28	1:06:43	2:17:07	3:42:42	6:50:01	605
19:07	32:29	1:06:46	2:17:13	3:42:52	6:50:20	604
19:08	32:31	1:06:49	2:17:19	3:43:02	6:50:39	603
19:09	32:32	1:06:52	2:17:25	3:43:12	6:50:58	602
19:10	32:33	1:06:55	2:17:31	3:43:22	6:51:17	601

Points	3km W	5km W	10km W	20km W	30km W	50km W
600	-	32:35	1:06:58	2:17:37	3:43:32	6:51:36
599	19:11	32:36	1:07:01	2:17:43	3:43:42	6:51:55
598	19:12	32:38	1:07:04	2:17:50	3:43:53	6:52:14
597	19:13	32:39	1:07:07	2:17:56	3:44:03	6:52:33
596	19:14	32:41	1:07:10	2:18:02	3:44:13	6:52:51
595	19:15	32:42	1:07:13	2:18:08	3:44:23	6:53:10
594	19:16	32:44	1:07:16	2:18:14	3:44:33	6:53:29
593	19:17	32:45	1:07:19	2:18:20	3:44:43	6:53:48
592	19:18	32:47	1:07:22	2:18:26	3:44:53	6:54:08
591	19:19	32:48	1:07:25	2:18:33	3:45:03	6:54:27
590	-	32:50	1:07:28	2:18:39	3:45:14	6:54:46
589	19:20	32:51	1:07:31	2:18:45	3:45:24	6:55:05
588	19:21	32:53	1:07:34	2:18:51	3:45:34	6:55:24
587	19:22	32:54	1:07:37	2:18:57	3:45:44	6:55:43
586	19:23	32:56	1:07:40	2:19:03	3:45:54	6:56:02
585	19:24	32:57	1:07:43	2:19:10	3:46:05	6:56:21
584	19:25	32:59	1:07:46	2:19:16	3:46:15	6:56:40
583	19:26	33:00	1:07:49	2:19:22	3:46:25	6:57:00
582	19:27	33:02	1:07:52	2:19:28	3:46:35	6:57:19
581	19:28	33:03	1:07:55	2:19:34	3:46:45	6:57:38
580	-	33:05	1:07:58	2:19:41	3:46:56	6:57:57
579	19:29	33:06	1:08:01	2:19:47	3:47:06	6:58:17
578	19:30	33:08	1:08:04	2:19:53	3:47:16	6:58:36
577	19:31	33:09	1:08:07	2:19:59	3:47:26	6:58:55
576	19:32	33:11	1:08:10	2:20:06	3:47:37	6:59:14
575	19:33	33:12	1:08:13	2:20:12	3:47:47	6:59:34
574	19:34	33:14	1:08:17	2:20:18	3:47:57	6:59:53
573	19:35	33:15	1:08:20	2:20:24	3:48:08	7:00:12
572	19:36	33:17	1:08:23	2:20:31	3:48:18	7:00:32
571	19:37	33:18	1:08:26	2:20:37	3:48:28	7:00:51
570	19:38	33:20	1:08:29	2:20:43	3:48:39	7:01:11
569	-	33:21	1:08:32	2:20:49	3:48:49	7:01:30
568	19:39	33:23	1:08:35	2:20:56	3:48:59	7:01:49
567	19:40	33:24	1:08:38	2:21:02	3:49:10	7:02:09
566	19:41	33:26	1:08:41	2:21:08	3:49:20	7:02:28
565	19:42	33:27	1:08:44	2:21:15	3:49:30	7:02:48
564	19:43	33:29	1:08:47	2:21:21	3:49:41	7:03:07
563	19:44	33:30	1:08:50	2:21:27	3:49:51	7:03:27
562	19:45	33:32	1:08:54	2:21:34	3:50:02	7:03:46
561	19:46	33:33	1:08:57	2:21:40	3:50:12	7:04:06
560	19:47	33:35	1:09:00	2:21:46	3:50:23	7:04:26
559	19:48	33:36	1:09:03	2:21:53	3:50:33	7:04:45
558	19:49	33:38	1:09:06	2:21:59	3:50:43	7:05:05
557	-	33:39	1:09:09	2:22:05	3:50:54	7:05:24
556	19:50	33:41	1:09:12	2:22:12	3:51:04	7:05:44
555	19:51	33:42	1:09:15	2:22:18	3:51:15	7:06:04
554	19:52	33:44	1:09:18	2:22:24	3:51:25	7:06:23
553	19:53	33:45	1:09:22	2:22:31	3:51:36	7:06:43
552	19:54	33:47	1:09:25	2:22:37	3:51:46	7:07:03
551	19:55	33:49	1:09:28	2:22:43	3:51:57	7:07:22

3km W	5km W	10km W	20km W	30km W	50km W	Points
19:56	33:50	1:09:31	2:22:50	3:52:07	7:07:42	550
19:57	33:52	1:09:34	2:22:56	3:52:18	7:08:02	549
19:58	33:53	1:09:37	2:23:03	3:52:28	7:08:22	548
19:59	33:55	1:09:40	2:23:09	3:52:39	7:08:42	547
20:00	33:56	1:09:43	2:23:15	3:52:50	7:09:01	546
20:01	33:58	1:09:47	2:23:22	3:53:00	7:09:21	545
20:02	33:59	1:09:50	2:23:28	3:53:11	7:09:41	544
20:03	34:01	1:09:53	2:23:35	3:53:21	7:10:01	543
-	34:02	1:09:56	2:23:41	3:53:32	7:10:21	542
20:04	34:04	1:09:59	2:23:48	3:53:42	7:10:41	541
20:05	34:05	1:10:02	2:23:54	3:53:53	7:11:01	540
20:06	34:07	1:10:06	2:24:01	3:54:04	7:11:21	539
20:07	34:09	1:10:09	2:24:07	3:54:14	7:11:41	538
20:08	34:10	1:10:12	2:24:13	3:54:25	7:12:01	537
20:09	34:12	1:10:15	2:24:20	3:54:36	7:12:21	536
20:10	34:13	1:10:18	2:24:26	3:54:46	7:12:41	535
20:11	34:15	1:10:21	2:24:33	3:54:57	7:13:01	534
20:12	34:16	1:10:25	2:24:39	3:55:08	7:13:21	533
20:13	34:18	1:10:28	2:24:46	3:55:18	7:13:41	532
20:14	34:20	1:10:31	2:24:52	3:55:29	7:14:01	531
20:15	34:21	1:10:34	2:24:59	3:55:40	7:14:21	530
20:16	34:23	1:10:37	2:25:05	3:55:51	7:14:41	529
20:17	34:24	1:10:41	2:25:12	3:56:01	7:15:01	528
20:18	34:26	1:10:44	2:25:18	3:56:12	7:15:22	527
20:19	34:27	1:10:47	2:25:25	3:56:23	7:15:42	526
20:20	34:29	1:10:50	2:25:31	3:56:34	7:16:02	525
-	34:30	1:10:53	2:25:38	3:56:44	7:16:22	524
20:21	34:32	1:10:57	2:25:45	3:56:55	7:16:43	523
20:22	34:34	1:11:00	2:25:51	3:57:06	7:17:03	522
20:23	34:35	1:11:03	2:25:58	3:57:17	7:17:23	521
20:24	34:37	1:11:06	2:26:04	3:57:28	7:17:43	520
20:25	34:38	1:11:09	2:26:11	3:57:38	7:18:04	519
20:26	34:40	1:11:13	2:26:17	3:57:49	7:18:24	518
20:27	34:42	1:11:16	2:26:24	3:58:00	7:18:44	517
20:28	34:43	1:11:19	2:26:31	3:58:11	7:19:05	516
20:29	34:45	1:11:22	2:26:37	3:58:22	7:19:25	515
20:30	34:46	1:11:26	2:26:44	3:58:33	7:19:46	514
20:31	34:48	1:11:29	2:26:50	3:58:44	7:20:06	513
20:32	34:49	1:11:32	2:26:57	3:58:55	7:20:27	512
20:33	34:51	1:11:35	2:27:04	3:59:06	7:20:47	511
20:34	34:53	1:11:39	2:27:10	3:59:16	7:21:08	510
20:35	34:54	1:11:42	2:27:17	3:59:27	7:21:28	509
20:36	34:56	1:11:45	2:27:24	3:59:38	7:21:49	508
20:37	34:57	1:11:48	2:27:30	3:59:49	7:22:09	507
20:38	34:59	1:11:52	2:27:37	4:00:00	7:22:30	506
20:39	35:01	1:11:55	2:27:44	4:00:11	7:22:50	505
20:40	35:02	1:11:58	2:27:50	4:00:22	7:23:11	504
20:41	35:04	1:12:01	2:27:57	4:00:33	7:23:32	503
20:42	35:05	1:12:05	2:28:04	4:00:44	7:23:52	502
20:43	35:07	1:12:08	2:28:10	4:00:55	7:24:13	501

Points	3km W	5km W	10km W	20km W	30km W	50km W
500	20:44	35:09	1:12:11	2:28:17	4:01:06	7:24:34
499	20:45	35:10	1:12:15	2:28:24	4:01:17	7:24:55
498	20:46	35:12	1:12:18	2:28:30	4:01:28	7:25:15
497	20:47	35:14	1:12:21	2:28:37	4:01:40	7:25:36
496	20:48	35:15	1:12:24	2:28:44	4:01:51	7:25:57
495	-	35:17	1:12:28	2:28:51	4:02:02	7:26:18
494	20:49	35:18	1:12:31	2:28:57	4:02:13	7:26:39
493	20:50	35:20	1:12:34	2:29:04	4:02:24	7:26:59
492	20:51	35:22	1:12:38	2:29:11	4:02:35	7:27:20
491	20:52	35:23	1:12:41	2:29:18	4:02:46	7:27:41
490	20:53	35:25	1:12:44	2:29:24	4:02:57	7:28:02
489	20:54	35:27	1:12:48	2:29:31	4:03:08	7:28:23
488	20:55	35:28	1:12:51	2:29:38	4:03:20	7:28:44
487	20:56	35:30	1:12:54	2:29:45	4:03:31	7:29:05
486	20:57	35:31	1:12:58	2:29:51	4:03:42	7:29:26
485	20:58	35:33	1:13:01	2:29:58	4:03:53	7:29:47
484	20:59	35:35	1:13:04	2:30:05	4:04:04	7:30:08
483	21:00	35:36	1:13:08	2:30:12	4:04:16	7:30:29
482	21:01	35:38	1:13:11	2:30:19	4:04:27	7:30:50
481	21:02	35:40	1:13:14	2:30:26	4:04:38	7:31:11
480	21:03	35:41	1:13:18	2:30:32	4:04:49	7:31:33
479	21:04	35:43	1:13:21	2:30:39	4:05:01	7:31:54
478	21:05	35:45	1:13:24	2:30:46	4:05:12	7:32:15
477	21:06	35:46	1:13:28	2:30:53	4:05:23	7:32:36
476	21:07	35:48	1:13:31	2:31:00	4:05:35	7:32:57
475	21:08	35:49	1:13:35	2:31:07	4:05:46	7:33:19
474	21:09	35:51	1:13:38	2:31:14	4:05:57	7:33:40
473	21:10	35:53	1:13:41	2:31:20	4:06:09	7:34:01
472	21:11	35:54	1:13:45	2:31:27	4:06:20	7:34:23
471	21:12	35:56	1:13:48	2:31:34	4:06:31	7:34:44
470	21:13	35:58	1:13:51	2:31:41	4:06:43	7:35:05
469	21:14	35:59	1:13:55	2:31:48	4:06:54	7:35:27
468	21:15	36:01	1:13:58	2:31:55	4:07:06	7:35:48
467	21:16	36:03	1:14:02	2:32:02	4:07:17	7:36:09
466	21:17	36:04	1:14:05	2:32:09	4:07:28	7:36:31
465	21:18	36:06	1:14:08	2:32:16	4:07:40	7:36:52
464	21:19	36:08	1:14:12	2:32:23	4:07:51	7:37:14
463	21:20	36:09	1:14:15	2:32:30	4:08:03	7:37:35
462	21:21	36:11	1:14:19	2:32:37	4:08:14	7:37:57
461	21:22	36:13	1:14:22	2:32:44	4:08:26	7:38:19
460	21:23	36:14	1:14:25	2:32:51	4:08:37	7:38:40
459	21:24	36:16	1:14:29	2:32:58	4:08:49	7:39:02
458	21:25	36:18	1:14:32	2:33:05	4:09:00	7:39:23
457	21:27	36:20	1:14:36	2:33:12	4:09:12	7:39:45
456	21:28	36:21	1:14:39	2:33:19	4:09:23	7:40:07
455	21:29	36:23	1:14:43	2:33:26	4:09:35	7:40:28
454	21:30	36:25	1:14:46	2:33:33	4:09:47	7:40:50
453	21:31	36:26	1:14:50	2:33:40	4:09:58	7:41:12
452	21:32	36:28	1:14:53	2:33:47	4:10:10	7:41:34
451	21:33	36:30	1:14:56	2:33:54	4:10:21	7:41:56



3km W	5km W	10km W	20km W	30km W	50km W	Points
21:34	36:31	1:15:00	2:34:01	4:10:33	7:42:17	450
21:35	36:33	1:15:03	2:34:08	4:10:45	7:42:39	449
21:36	36:35	1:15:07	2:34:15	4:10:56	7:43:01	448
21:37	36:36	1:15:10	2:34:22	4:11:08	7:43:23	447
21:38	36:38	1:15:14	2:34:29	4:11:20	7:43:45	446
21:39	36:40	1:15:17	2:34:36	4:11:31	7:44:07	445
21:40	36:42	1:15:21	2:34:43	4:11:43	7:44:29	444
21:41	36:43	1:15:24	2:34:51	4:11:55	7:44:51	443
21:42	36:45	1:15:28	2:34:58	4:12:07	7:45:13	442
21:43	36:47	1:15:31	2:35:05	4:12:18	7:45:35	441
21:44	36:48	1:15:35	2:35:12	4:12:30	7:45:57	440
21:45	36:50	1:15:38	2:35:19	4:12:42	7:46:19	439
21:46	36:52	1:15:42	2:35:26	4:12:54	7:46:41	438
21:47	36:54	1:15:45	2:35:33	4:13:05	7:47:03	437
21:48	36:55	1:15:49	2:35:41	4:13:17	7:47:26	436
21:49	36:57	1:15:52	2:35:48	4:13:29	7:47:48	435
21:50	36:59	1:15:56	2:35:55	4:13:41	7:48:10	434
21:51	37:00	1:15:59	2:36:02	4:13:53	7:48:32	433
21:52	37:02	1:16:03	2:36:09	4:14:05	7:48:55	432
21:53	37:04	1:16:06	2:36:17	4:14:17	7:49:17	431
21:54	37:06	1:16:10	2:36:24	4:14:29	7:49:39	430
21:56	37:07	1:16:14	2:36:31	4:14:40	7:50:02	429
21:57	37:09	1:16:17	2:36:38	4:14:52	7:50:24	428
21:58	37:11	1:16:21	2:36:46	4:15:04	7:50:46	427
21:59	37:13	1:16:24	2:36:53	4:15:16	7:51:09	426
22:00	37:14	1:16:28	2:37:00	4:15:28	7:51:31	425
22:01	37:16	1:16:31	2:37:07	4:15:40	7:51:54	424
22:02	37:18	1:16:35	2:37:15	4:15:52	7:52:16	423
22:03	37:20	1:16:38	2:37:22	4:16:04	7:52:39	422
22:04	37:21	1:16:42	2:37:29	4:16:16	7:53:02	421
22:05	37:23	1:16:46	2:37:37	4:16:28	7:53:24	420
22:06	37:25	1:16:49	2:37:44	4:16:40	7:53:47	419
22:07	37:27	1:16:53	2:37:51	4:16:52	7:54:09	418
22:08	37:28	1:16:56	2:37:59	4:17:04	7:54:32	417
22:09	37:30	1:17:00	2:38:06	4:17:17	7:54:55	416
22:10	37:32	1:17:04	2:38:13	4:17:29	7:55:18	415
22:11	37:34	1:17:07	2:38:21	4:17:41	7:55:40	414
22:13	37:36	1:17:11	2:38:28	4:17:53	7:56:03	413
22:14	37:37	1:17:14	2:38:35	4:18:05	7:56:26	412
22:15	37:39	1:17:18	2:38:43	4:18:17	7:56:49	411
22:16	37:41	1:17:22	2:38:50	4:18:30	7:57:12	410
22:17	37:43	1:17:25	2:38:58	4:18:42	7:57:35	409
22:18	37:44	1:17:29	2:39:05	4:18:54	7:57:57	408
22:19	37:46	1:17:33	2:39:12	4:19:06	7:58:20	407
22:20	37:48	1:17:36	2:39:20	4:19:18	7:58:43	406
22:21	37:50	1:17:40	2:39:27	4:19:31	7:59:06	405
22:22	37:52	1:17:44	2:39:35	4:19:43	7:59:29	404
22:23	37:53	1:17:47	2:39:42	4:19:55	7:59:53	403
22:24	37:55	1:17:51	2:39:50	4:20:08	8:00:16	402
22:26	37:57	1:17:55	2:39:57	4:20:20	8:00:39	401

Points	3km W	5km W	10km W	20km W	30km W	50km W
400	22:27	37:59	1:17:58	2:40:05	4:20:32	8:01:02
399	22:28	38:01	1:18:02	2:40:12	4:20:45	8:01:25
398	22:29	38:02	1:18:06	2:40:20	4:20:57	8:01:48
397	22:30	38:04	1:18:09	2:40:27	4:21:09	8:02:12
396	22:31	38:06	1:18:13	2:40:35	4:21:22	8:02:35
395	22:32	38:08	1:18:17	2:40:42	4:21:34	8:02:58
394	22:33	38:10	1:18:20	2:40:50	4:21:47	8:03:21
393	22:34	38:11	1:18:24	2:40:57	4:21:59	8:03:45
392	22:35	38:13	1:18:28	2:41:05	4:22:11	8:04:08
391	22:37	38:15	1:18:31	2:41:12	4:22:24	8:04:32
390	22:38	38:17	1:18:35	2:41:20	4:22:36	8:04:55
389	22:39	38:19	1:18:39	2:41:28	4:22:49	8:05:19
388	22:40	38:21	1:18:43	2:41:35	4:23:01	8:05:42
387	22:41	38:22	1:18:46	2:41:43	4:23:14	8:06:06
386	22:42	38:24	1:18:50	2:41:50	4:23:27	8:06:29
385	22:43	38:26	1:18:54	2:41:58	4:23:39	8:06:53
384	22:44	38:28	1:18:58	2:42:06	4:23:52	8:07:16
383	22:45	38:30	1:19:01	2:42:13	4:24:04	8:07:40
382	22:46	38:32	1:19:05	2:42:21	4:24:17	8:08:04
381	22:48	38:33	1:19:09	2:42:29	4:24:30	8:08:28
380	22:49	38:35	1:19:13	2:42:36	4:24:42	8:08:51
379	22:50	38:37	1:19:16	2:42:44	4:24:55	8:09:15
378	22:51	38:39	1:19:20	2:42:52	4:25:08	8:09:39
377	22:52	38:41	1:19:24	2:42:59	4:25:20	8:10:03
376	22:53	38:43	1:19:28	2:43:07	4:25:33	8:10:27
375	22:54	38:44	1:19:32	2:43:15	4:25:46	8:10:51
374	22:55	38:46	1:19:35	2:43:23	4:25:59	8:11:14
373	22:57	38:48	1:19:39	2:43:30	4:26:11	8:11:38
372	22:58	38:50	1:19:43	2:43:38	4:26:24	8:12:02
371	22:59	38:52	1:19:47	2:43:46	4:26:37	8:12:27
370	23:00	38:54	1:19:51	2:43:54	4:26:50	8:12:51
369	23:01	38:56	1:19:54	2:44:02	4:27:03	8:13:15
368	23:02	38:58	1:19:58	2:44:09	4:27:16	8:13:39
367	23:03	38:59	1:20:02	2:44:17	4:27:28	8:14:03
366	23:05	39:01	1:20:06	2:44:25	4:27:41	8:14:27
365	23:06	39:03	1:20:10	2:44:33	4:27:54	8:14:51
364	23:07	39:05	1:20:14	2:44:41	4:28:07	8:15:16
363	23:08	39:07	1:20:17	2:44:49	4:28:20	8:15:40
362	23:09	39:09	1:20:21	2:44:56	4:28:33	8:16:04
361	23:10	39:11	1:20:25	2:45:04	4:28:46	8:16:29
360	23:11	39:13	1:20:29	2:45:12	4:28:59	8:16:53
359	23:13	39:15	1:20:33	2:45:20	4:29:12	8:17:18
358	23:14	39:16	1:20:37	2:45:28	4:29:25	8:17:42
357	23:15	39:18	1:20:41	2:45:36	4:29:38	8:18:07
356	23:16	39:20	1:20:45	2:45:44	4:29:51	8:18:31
355	23:17	39:22	1:20:48	2:45:52	4:30:04	8:18:56
354	23:18	39:24	1:20:52	2:46:00	4:30:17	8:19:20
353	23:20	39:26	1:20:56	2:46:08	4:30:31	8:19:45
352	23:21	39:28	1:21:00	2:46:16	4:30:44	8:20:10
351	23:22	39:30	1:21:04	2:46:24	4:30:57	8:20:34

3km W	5km W	10km W	20km W	30km W	50km W	Points
23:23	39:32	1:21:08	2:46:32	4:31:10	8:20:59	350
23:24	39:34	1:21:12	2:46:40	4:31:23	8:21:24	349
23:25	39:36	1:21:16	2:46:48	4:31:37	8:21:49	348
23:27	39:38	1:21:20	2:46:56	4:31:50	8:22:14	347
23:28	39:40	1:21:24	2:47:04	4:32:03	8:22:39	346
23:29	39:41	1:21:28	2:47:12	4:32:16	8:23:03	345
23:30	39:43	1:21:32	2:47:20	4:32:30	8:23:28	344
23:31	39:45	1:21:36	2:47:28	4:32:43	8:23:53	343
23:32	39:47	1:21:40	2:47:36	4:32:56	8:24:18	342
23:34	39:49	1:21:44	2:47:44	4:33:10	8:24:44	341
23:35	39:51	1:21:48	2:47:52	4:33:23	8:25:09	340
23:36	39:53	1:21:52	2:48:01	4:33:36	8:25:34	339
23:37	39:55	1:21:56	2:48:09	4:33:50	8:25:59	338
23:38	39:57	1:22:00	2:48:17	4:34:03	8:26:24	337
23:40	39:59	1:22:04	2:48:25	4:34:17	8:26:50	336
23:41	40:01	1:22:08	2:48:33	4:34:30	8:27:15	335
23:42	40:03	1:22:12	2:48:41	4:34:44	8:27:40	334
23:43	40:05	1:22:16	2:48:50	4:34:57	8:28:06	333
23:44	40:07	1:22:20	2:48:58	4:35:11	8:28:31	332
23:45	40:09	1:22:24	2:49:06	4:35:24	8:28:56	331
23:47	40:11	1:22:28	2:49:14	4:35:38	8:29:22	330
23:48	40:13	1:22:32	2:49:23	4:35:52	8:29:47	329
23:49	40:15	1:22:36	2:49:31	4:36:05	8:30:13	328
23:50	40:17	1:22:40	2:49:39	4:36:19	8:30:39	327
23:51	40:19	1:22:44	2:49:47	4:36:33	8:31:04	326
23:53	40:21	1:22:48	2:49:56	4:36:46	8:31:30	325
23:54	40:23	1:22:52	2:50:04	4:37:00	8:31:56	324
23:55	40:25	1:22:56	2:50:12	4:37:14	8:32:21	323
23:56	40:27	1:23:00	2:50:21	4:37:27	8:32:47	322
23:58	40:29	1:23:04	2:50:29	4:37:41	8:33:13	321
23:59	40:31	1:23:09	2:50:37	4:37:55	8:33:39	320
24:00	40:33	1:23:13	2:50:46	4:38:09	8:34:05	319
24:01	40:35	1:23:17	2:50:54	4:38:23	8:34:31	318
24:02	40:37	1:23:21	2:51:03	4:38:36	8:34:57	317
24:04	40:39	1:23:25	2:51:11	4:38:50	8:35:23	316
24:05	40:41	1:23:29	2:51:20	4:39:04	8:35:49	315
24:06	40:43	1:23:33	2:51:28	4:39:18	8:36:15	314
24:07	40:45	1:23:37	2:51:36	4:39:32	8:36:41	313
24:09	40:47	1:23:42	2:51:45	4:39:46	8:37:08	312
24:10	40:49	1:23:46	2:51:53	4:40:00	8:37:34	311
24:11	40:51	1:23:50	2:52:02	4:40:14	8:38:00	310
24:12	40:53	1:23:54	2:52:10	4:40:28	8:38:26	309
24:14	40:55	1:23:58	2:52:19	4:40:42	8:38:53	308
24:15	40:57	1:24:02	2:52:28	4:40:56	8:39:19	307
24:16	40:59	1:24:07	2:52:36	4:41:10	8:39:46	306
24:17	41:01	1:24:11	2:52:45	4:41:25	8:40:12	305
24:19	41:03	1:24:15	2:52:53	4:41:39	8:40:39	304
24:20	41:06	1:24:19	2:53:02	4:41:53	8:41:05	303
24:21	41:08	1:24:24	2:53:10	4:42:07	8:41:32	302
24:22	41:10	1:24:28	2:53:19	4:42:21	8:41:59	301

Points	3km W	5km W	10km W	20km W	30km W	50km W
300	24:24	41:12	1:24:32	2:53:28	4:42:36	8:42:25
299	24:25	41:14	1:24:36	2:53:36	4:42:50	8:42:52
298	24:26	41:16	1:24:41	2:53:45	4:43:04	8:43:19
297	24:27	41:18	1:24:45	2:53:54	4:43:18	8:43:46
296	24:29	41:20	1:24:49	2:54:02	4:43:33	8:44:13
295	24:30	41:22	1:24:53	2:54:11	4:43:47	8:44:40
294	24:31	41:24	1:24:58	2:54:20	4:44:01	8:45:07
293	24:32	41:26	1:25:02	2:54:29	4:44:16	8:45:34
292	24:34	41:29	1:25:06	2:54:37	4:44:30	8:46:01
291	24:35	41:31	1:25:10	2:54:46	4:44:45	8:46:28
290	24:36	41:33	1:25:15	2:54:55	4:44:59	8:46:55
289	24:38	41:35	1:25:19	2:55:04	4:45:14	8:47:23
288	24:39	41:37	1:25:23	2:55:13	4:45:28	8:47:50
287	24:40	41:39	1:25:28	2:55:21	4:45:43	8:48:17
286	24:41	41:41	1:25:32	2:55:30	4:45:57	8:48:45
285	24:43	41:43	1:25:36	2:55:39	4:46:12	8:49:12
284	24:44	41:46	1:25:41	2:55:48	4:46:27	8:49:39
283	24:45	41:48	1:25:45	2:55:57	4:46:41	8:50:07
282	24:47	41:50	1:25:50	2:56:06	4:46:56	8:50:35
281	24:48	41:52	1:25:54	2:56:15	4:47:11	8:51:02
280	24:49	41:54	1:25:58	2:56:24	4:47:26	8:51:30
279	24:51	41:56	1:26:03	2:56:33	4:47:40	8:51:58
278	24:52	41:58	1:26:07	2:56:42	4:47:55	8:52:25
277	24:53	42:01	1:26:12	2:56:51	4:48:10	8:52:53
276	24:54	42:03	1:26:16	2:57:00	4:48:25	8:53:21
275	24:56	42:05	1:26:20	2:57:09	4:48:40	8:53:49
274	24:57	42:07	1:26:25	2:57:18	4:48:55	8:54:17
273	24:58	42:09	1:26:29	2:57:27	4:49:10	8:54:45
272	25:00	42:11	1:26:34	2:57:36	4:49:24	8:55:13
271	25:01	42:14	1:26:38	2:57:45	4:49:39	8:55:41
270	25:02	42:16	1:26:43	2:57:54	4:49:54	8:56:09
269	25:04	42:18	1:26:47	2:58:03	4:50:10	8:56:38
268	25:05	42:20	1:26:52	2:58:12	4:50:25	8:57:06
267	25:06	42:22	1:26:56	2:58:22	4:50:40	8:57:34
266	25:08	42:25	1:27:01	2:58:31	4:50:55	8:58:03
265	25:09	42:27	1:27:05	2:58:40	4:51:10	8:58:31
264	25:10	42:29	1:27:10	2:58:49	4:51:25	8:58:59
263	25:12	42:31	1:27:14	2:58:58	4:51:40	8:59:28
262	25:13	42:33	1:27:19	2:59:08	4:51:56	8:59:57
261	25:14	42:36	1:27:23	2:59:17	4:52:11	9:00:25
260	25:16	42:38	1:27:28	2:59:26	4:52:26	9:00:54
259	25:17	42:40	1:27:32	2:59:36	4:52:41	9:01:23
258	25:18	42:42	1:27:37	2:59:45	4:52:57	9:01:52
257	25:20	42:45	1:27:41	2:59:54	4:53:12	9:02:20
256	25:21	42:47	1:27:46	3:00:04	4:53:28	9:02:49
255	25:23	42:49	1:27:51	3:00:13	4:53:43	9:03:18
254	25:24	42:51	1:27:55	3:00:22	4:53:59	9:03:47
253	25:25	42:54	1:28:00	3:00:32	4:54:14	9:04:17
252	25:27	42:56	1:28:05	3:00:41	4:54:30	9:04:46
251	25:28	42:58	1:28:09	3:00:51	4:54:45	9:05:15

3km W	5km W	10km W	20km W	30km W	50km W	Points
25:29	43:00	1:28:14	3:01:00	4:55:01	9:05:44	250
25:31	43:03	1:28:18	3:01:10	4:55:16	9:06:14	249
25:32	43:05	1:28:23	3:01:19	4:55:32	9:06:43	248
25:34	43:07	1:28:28	3:01:29	4:55:48	9:07:12	247
25:35	43:10	1:28:32	3:01:38	4:56:04	9:07:42	246
25:36	43:12	1:28:37	3:01:48	4:56:19	9:08:12	245
25:38	43:14	1:28:42	3:01:57	4:56:35	9:08:41	244
25:39	43:17	1:28:47	3:02:07	4:56:51	9:09:11	243
25:41	43:19	1:28:51	3:02:17	4:57:07	9:09:41	242
25:42	43:21	1:28:56	3:02:26	4:57:23	9:10:10	241
25:43	43:23	1:29:01	3:02:36	4:57:39	9:10:40	240
25:45	43:26	1:29:05	3:02:46	4:57:55	9:11:10	239
25:46	43:28	1:29:10	3:02:55	4:58:11	9:11:40	238
25:48	43:30	1:29:15	3:03:05	4:58:27	9:12:10	237
25:49	43:33	1:29:20	3:03:15	4:58:43	9:12:40	236
25:50	43:35	1:29:25	3:03:24	4:58:59	9:13:11	235
25:52	43:38	1:29:29	3:03:34	4:59:15	9:13:41	234
25:53	43:40	1:29:34	3:03:44	4:59:31	9:14:11	233
25:55	43:42	1:29:39	3:03:54	4:59:47	9:14:42	232
25:56	43:45	1:29:44	3:04:04	5:00:03	9:15:12	231
25:58	43:47	1:29:49	3:04:14	5:00:20	9:15:43	230
25:59	43:49	1:29:54	3:04:24	5:00:36	9:16:13	229
26:00	43:52	1:29:58	3:04:33	5:00:52	9:16:44	228
26:02	43:54	1:30:03	3:04:43	5:01:09	9:17:15	227
26:03	43:57	1:30:08	3:04:53	5:01:25	9:17:45	226
26:05	43:59	1:30:13	3:05:03	5:01:42	9:18:16	225
26:06	44:01	1:30:18	3:05:13	5:01:58	9:18:47	224
26:08	44:04	1:30:23	3:05:23	5:02:15	9:19:18	223
26:09	44:06	1:30:28	3:05:33	5:02:31	9:19:49	222
26:11	44:09	1:30:33	3:05:43	5:02:48	9:20:20	221
26:12	44:11	1:30:38	3:05:54	5:03:04	9:20:52	220
26:14	44:13	1:30:43	3:06:04	5:03:21	9:21:23	219
26:15	44:16	1:30:48	3:06:14	5:03:38	9:21:54	218
26:17	44:18	1:30:53	3:06:24	5:03:54	9:22:26	217
26:18	44:21	1:30:58	3:06:34	5:04:11	9:22:57	216
26:20	44:23	1:31:03	3:06:44	5:04:28	9:23:29	215
26:21	44:26	1:31:08	3:06:55	5:04:45	9:24:00	214
26:23	44:28	1:31:13	3:07:05	5:05:02	9:24:32	213
26:24	44:31	1:31:18	3:07:15	5:05:19	9:25:04	212
26:26	44:33	1:31:23	3:07:25	5:05:36	9:25:36	211
26:27	44:36	1:31:28	3:07:36	5:05:53	9:26:08	210
26:29	44:38	1:31:33	3:07:46	5:06:10	9:26:40	209
26:30	44:41	1:31:38	3:07:57	5:06:27	9:27:12	208
26:32	44:43	1:31:43	3:08:07	5:06:44	9:27:44	207
26:33	44:46	1:31:48	3:08:17	5:07:01	9:28:16	206
26:35	44:48	1:31:53	3:08:28	5:07:18	9:28:49	205
26:36	44:51	1:31:58	3:08:38	5:07:36	9:29:21	204
26:38	44:53	1:32:04	3:08:49	5:07:53	9:29:53	203
26:39	44:56	1:32:09	3:08:59	5:08:10	9:30:26	202
26:41	44:58	1:32:14	3:09:10	5:08:28	9:30:59	201

Points	3km W	5km W	10km W	20km W	30km W	50km W
200	26:42	45:01	1:32:19	3:09:20	5:08:45	9:31:31
199	26:44	45:03	1:32:24	3:09:31	5:09:03	9:32:04
198	26:45	45:06	1:32:30	3:09:42	5:09:20	9:32:37
197	26:47	45:08	1:32:35	3:09:52	5:09:38	9:33:10
196	26:48	45:11	1:32:40	3:10:03	5:09:55	9:33:43
195	26:50	45:14	1:32:45	3:10:14	5:10:13	9:34:16
194	26:52	45:16	1:32:51	3:10:25	5:10:31	9:34:50
193	26:53	45:19	1:32:56	3:10:35	5:10:49	9:35:23
192	26:55	45:21	1:33:01	3:10:46	5:11:06	9:35:56
191	26:56	45:24	1:33:06	3:10:57	5:11:24	9:36:30
190	26:58	45:27	1:33:12	3:11:08	5:11:42	9:37:03
189	27:00	45:29	1:33:17	3:11:19	5:12:00	9:37:37
188	27:01	45:32	1:33:22	3:11:30	5:12:18	9:38:11
187	27:03	45:34	1:33:28	3:11:41	5:12:36	9:38:45
186	27:04	45:37	1:33:33	3:11:52	5:12:54	9:39:19
185	27:06	45:40	1:33:39	3:12:03	5:13:12	9:39:53
184	27:07	45:42	1:33:44	3:12:14	5:13:30	9:40:27
183	27:09	45:45	1:33:49	3:12:25	5:13:49	9:41:01
182	27:11	45:48	1:33:55	3:12:36	5:14:07	9:41:35
181	27:12	45:50	1:34:00	3:12:47	5:14:25	9:42:10
180	27:14	45:53	1:34:06	3:12:58	5:14:44	9:42:44
179	27:16	45:56	1:34:11	3:13:09	5:15:02	9:43:19
178	27:17	45:58	1:34:17	3:13:20	5:15:21	9:43:53
177	27:19	46:01	1:34:22	3:13:32	5:15:39	9:44:28
176	27:21	46:04	1:34:28	3:13:43	5:15:58	9:45:03
175	27:22	46:07	1:34:33	3:13:54	5:16:16	9:45:38
174	27:24	46:09	1:34:39	3:14:06	5:16:35	9:46:13
173	27:25	46:12	1:34:44	3:14:17	5:16:54	9:46:48
172	27:27	46:15	1:34:50	3:14:28	5:17:13	9:47:24
171	27:29	46:17	1:34:56	3:14:40	5:17:31	9:47:59
170	27:30	46:20	1:35:01	3:14:51	5:17:50	9:48:34
169	27:32	46:23	1:35:07	3:15:03	5:18:09	9:49:10
168	27:34	46:26	1:35:13	3:15:14	5:18:28	9:49:46
167	27:36	46:29	1:35:18	3:15:26	5:18:47	9:50:22
166	27:37	46:31	1:35:24	3:15:38	5:19:06	9:50:57
165	27:39	46:34	1:35:30	3:15:49	5:19:26	9:51:34
164	27:41	46:37	1:35:35	3:16:01	5:19:45	9:52:10
163	27:42	46:40	1:35:41	3:16:13	5:20:04	9:52:46
162	27:44	46:43	1:35:47	3:16:24	5:20:24	9:53:22
161	27:46	46:45	1:35:53	3:16:36	5:20:43	9:53:59
160	27:47	46:48	1:35:59	3:16:48	5:21:03	9:54:35
159	27:49	46:51	1:36:04	3:17:00	5:21:22	9:55:12
158	27:51	46:54	1:36:10	3:17:12	5:21:42	9:55:49
157	27:53	46:57	1:36:16	3:17:24	5:22:01	9:56:26
156	27:54	47:00	1:36:22	3:17:36	5:22:21	9:57:03
155	27:56	47:03	1:36:28	3:17:48	5:22:41	9:57:40
154	27:58	47:06	1:36:34	3:18:00	5:23:01	9:58:17
153	28:00	47:08	1:36:40	3:18:12	5:23:21	9:58:55
152	28:01	47:11	1:36:46	3:18:24	5:23:41	9:59:32
151	28:03	47:14	1:36:52	3:18:36	5:24:01	10:00:10

3km W	5km W	10km W	20km W	30km W	50km W	Points
28:05	47:17	1:36:58	3:18:48	5:24:21	10:00:48	150
28:07	47:20	1:37:04	3:19:01	5:24:41	10:01:25	149
28:09	47:23	1:37:10	3:19:13	5:25:01	10:02:04	148
28:10	47:26	1:37:16	3:19:25	5:25:22	10:02:42	147
28:12	47:29	1:37:22	3:19:38	5:25:42	10:03:20	146
28:14	47:32	1:37:28	3:19:50	5:26:03	10:03:58	145
28:16	47:35	1:37:34	3:20:03	5:26:23	10:04:37	144
28:18	47:38	1:37:40	3:20:15	5:26:44	10:05:16	143
28:19	47:41	1:37:46	3:20:28	5:27:04	10:05:54	142
28:21	47:44	1:37:52	3:20:40	5:27:25	10:06:33	141
28:23	47:47	1:37:59	3:20:53	5:27:46	10:07:13	140
28:25	47:50	1:38:05	3:21:06	5:28:07	10:07:52	139
28:27	47:53	1:38:11	3:21:18	5:28:28	10:08:31	138
28:29	47:56	1:38:17	3:21:31	5:28:49	10:09:11	137
28:31	47:59	1:38:24	3:21:44	5:29:10	10:09:50	136
28:32	48:02	1:38:30	3:21:57	5:29:31	10:10:30	135
28:34	48:06	1:38:36	3:22:10	5:29:53	10:11:10	134
28:36	48:09	1:38:43	3:22:23	5:30:14	10:11:50	133
28:38	48:12	1:38:49	3:22:36	5:30:35	10:12:30	132
28:40	48:15	1:38:55	3:22:49	5:30:57	10:13:11	131
28:42	48:18	1:39:02	3:23:02	5:31:19	10:13:51	130
28:44	48:21	1:39:08	3:23:15	5:31:40	10:14:32	129
28:46	48:24	1:39:15	3:23:28	5:32:02	10:15:13	128
28:48	48:28	1:39:21	3:23:42	5:32:24	10:15:54	127
28:50	48:31	1:39:28	3:23:55	5:32:46	10:16:35	126
28:52	48:34	1:39:34	3:24:08	5:33:08	10:17:17	125
28:54	48:37	1:39:41	3:24:22	5:33:30	10:17:58	124
28:55	48:41	1:39:48	3:24:35	5:33:52	10:18:40	123
28:57	48:44	1:39:54	3:24:49	5:34:15	10:19:22	122
28:59	48:47	1:40:01	3:25:02	5:34:37	10:20:04	121
29:01	48:50	1:40:08	3:25:16	5:34:59	10:20:46	120
29:03	48:54	1:40:14	3:25:30	5:35:22	10:21:28	119
29:05	48:57	1:40:21	3:25:43	5:35:45	10:22:11	118
29:07	49:00	1:40:28	3:25:57	5:36:08	10:22:54	117
29:09	49:04	1:40:35	3:26:11	5:36:30	10:23:37	116
29:11	49:07	1:40:41	3:26:25	5:36:53	10:24:20	115
29:14	49:10	1:40:48	3:26:39	5:37:16	10:25:03	114
29:16	49:14	1:40:55	3:26:53	5:37:40	10:25:47	113
29:18	49:17	1:41:02	3:27:07	5:38:03	10:26:30	112
29:20	49:21	1:41:09	3:27:21	5:38:26	10:27:14	111
29:22	49:24	1:41:16	3:27:36	5:38:50	10:27:58	110
29:24	49:27	1:41:23	3:27:50	5:39:13	10:28:43	109
29:26	49:31	1:41:30	3:28:04	5:39:37	10:29:27	108
29:28	49:34	1:41:37	3:28:19	5:40:01	10:30:12	107
29:30	49:38	1:41:44	3:28:33	5:40:25	10:30:57	106
29:32	49:41	1:41:52	3:28:48	5:40:49	10:31:42	105
29:34	49:45	1:41:59	3:29:03	5:41:13	10:32:27	104
29:37	49:48	1:42:06	3:29:17	5:41:37	10:33:13	103
29:39	49:52	1:42:13	3:29:32	5:42:02	10:33:58	102
29:41	49:56	1:42:21	3:29:47	5:42:26	10:34:44	101

Points	3km W	5km W	10km W	20km W	30km W	50km W
100	29:43	49:59	1:42:28	3:30:02	5:42:51	10:35:31
99	29:45	50:03	1:42:35	3:30:17	5:43:16	10:36:17
98	29:47	50:06	1:42:43	3:30:32	5:43:40	10:37:04
97	29:50	50:10	1:42:50	3:30:47	5:44:05	10:37:51
96	29:52	50:14	1:42:58	3:31:03	5:44:31	10:38:38
95	29:54	50:17	1:43:05	3:31:18	5:44:56	10:39:25
94	29:56	50:21	1:43:13	3:31:33	5:45:21	10:40:13
93	29:59	50:25	1:43:20	3:31:49	5:45:47	10:41:01
92	30:01	50:29	1:43:28	3:32:04	5:46:13	10:41:49
91	30:03	50:32	1:43:36	3:32:20	5:46:38	10:42:38
90	30:05	50:36	1:43:43	3:32:36	5:47:04	10:43:26
89	30:08	50:40	1:43:51	3:32:52	5:47:30	10:44:15
88	30:10	50:44	1:43:59	3:33:08	5:47:57	10:45:05
87	30:12	50:48	1:44:07	3:33:24	5:48:23	10:45:54
86	30:15	50:51	1:44:15	3:33:40	5:48:50	10:46:44
85	30:17	50:55	1:44:23	3:33:56	5:49:16	10:47:34
84	30:20	50:59	1:44:31	3:34:12	5:49:43	10:48:25
83	30:22	51:03	1:44:39	3:34:29	5:50:10	10:49:15
82	30:24	51:07	1:44:47	3:34:45	5:50:37	10:50:06
81	30:27	51:11	1:44:55	3:35:02	5:51:05	10:50:58
80	30:29	51:15	1:45:03	3:35:18	5:51:32	10:51:49
79	30:32	51:19	1:45:11	3:35:35	5:52:00	10:52:41
78	30:34	51:23	1:45:20	3:35:52	5:52:28	10:53:34
77	30:37	51:27	1:45:28	3:36:09	5:52:56	10:54:26
76	30:39	51:31	1:45:36	3:36:26	5:53:24	10:55:19
75	30:42	51:36	1:45:45	3:36:44	5:53:53	10:56:12
74	30:44	51:40	1:45:53	3:37:01	5:54:21	10:57:06
73	30:47	51:44	1:46:02	3:37:18	5:54:50	10:58:00
72	30:49	51:48	1:46:10	3:37:36	5:55:19	10:58:55
71	30:52	51:53	1:46:19	3:37:54	5:55:48	10:59:49
70	30:54	51:57	1:46:28	3:38:12	5:56:18	11:00:45
69	30:57	52:01	1:46:37	3:38:30	5:56:47	11:01:40
68	31:00	52:05	1:46:46	3:38:48	5:57:17	11:02:36
67	31:02	52:10	1:46:55	3:39:06	5:57:47	11:03:33
66	31:05	52:14	1:47:04	3:39:24	5:58:17	11:04:29
65	31:08	52:19	1:47:13	3:39:43	5:58:48	11:05:27
64	31:10	52:23	1:47:22	3:40:02	5:59:19	11:06:24
63	31:13	52:28	1:47:31	3:40:20	5:59:50	11:07:23
62	31:16	52:32	1:47:40	3:40:39	6:00:21	11:08:21
61	31:19	52:37	1:47:50	3:40:58	6:00:52	11:09:20
60	31:21	52:41	1:47:59	3:41:18	6:01:24	11:10:20
59	31:24	52:46	1:48:09	3:41:37	6:01:56	11:11:20
58	31:27	52:51	1:48:18	3:41:57	6:02:28	11:12:21
57	31:30	52:56	1:48:28	3:42:16	6:03:01	11:13:22
56	31:33	53:00	1:48:38	3:42:36	6:03:34	11:14:23
55	31:36	53:05	1:48:48	3:42:57	6:04:07	11:15:26
54	31:39	53:10	1:48:58	3:43:17	6:04:40	11:16:28
53	31:42	53:15	1:49:08	3:43:37	6:05:14	11:17:32
52	31:45	53:20	1:49:18	3:43:58	6:05:48	11:18:36
51	31:48	53:25	1:49:28	3:44:19	6:06:23	11:19:40



3km W	5km W	10km W	20km W	30km W	50km W	Points
31:51	53:30	1:49:38	3:44:40	6:06:57	11:20:45	50
31:54	53:35	1:49:49	3:45:01	6:07:32	11:21:51	49
31:57	53:40	1:49:59	3:45:23	6:08:08	11:22:58	48
32:00	53:46	1:50:10	3:45:45	6:08:44	11:24:05	47
32:03	53:51	1:50:21	3:46:07	6:09:20	11:25:13	46
32:07	53:56	1:50:32	3:46:29	6:09:57	11:26:22	45
32:10	54:02	1:50:43	3:46:51	6:10:34	11:27:31	44
32:13	54:07	1:50:54	3:47:14	6:11:11	11:28:42	43
32:17	54:13	1:51:05	3:47:37	6:11:49	11:29:53	42
32:20	54:18	1:51:16	3:48:00	6:12:27	11:31:05	41
32:23	54:24	1:51:28	3:48:24	6:13:06	11:32:17	40
32:27	54:30	1:51:40	3:48:48	6:13:45	11:33:31	39
32:30	54:35	1:51:52	3:49:12	6:14:25	11:34:46	38
32:34	54:41	1:52:04	3:49:36	6:15:05	11:36:02	37
32:38	54:47	1:52:16	3:50:01	6:15:46	11:37:18	36
32:41	54:53	1:52:28	3:50:26	6:16:28	11:38:36	35
32:45	54:59	1:52:41	3:50:52	6:17:10	11:39:55	34
32:49	55:06	1:52:53	3:51:18	6:17:52	11:41:15	33
32:53	55:12	1:53:06	3:51:44	6:18:36	11:42:36	32
32:57	55:18	1:53:19	3:52:11	6:19:20	11:43:59	31
33:00	55:25	1:53:33	3:52:38	6:20:04	11:45:23	30
33:04	55:32	1:53:46	3:53:05	6:20:50	11:46:48	29
33:09	55:38	1:54:00	3:53:33	6:21:36	11:48:15	28
33:13	55:45	1:54:14	3:54:02	6:22:23	11:49:43	27
33:17	55:52	1:54:28	3:54:31	6:23:11	11:51:13	26
33:21	55:59	1:54:43	3:55:01	6:24:00	11:52:45	25
33:26	56:07	1:54:58	3:55:31	6:24:50	11:54:19	24
33:30	56:14	1:55:13	3:56:02	6:25:41	11:55:54	23
33:35	56:22	1:55:28	3:56:34	6:26:33	11:57:32	22
33:40	56:29	1:55:44	3:57:06	6:27:26	11:59:12	21
33:44	56:37	1:56:00	3:57:39	6:28:21	12:00:54	20
33:49	56:45	1:56:17	3:58:13	6:29:17	12:02:39	19
33:54	56:54	1:56:34	3:58:48	6:30:14	12:04:27	18
34:00	57:02	1:56:52	3:59:24	6:31:13	12:06:18	17
34:05	57:11	1:57:10	4:00:01	6:32:14	12:08:12	16
34:10	57:20	1:57:28	4:00:39	6:33:17	12:10:10	15
34:16	57:30	1:57:48	4:01:18	6:34:22	12:12:11	14
34:22	57:40	1:58:08	4:01:59	6:35:29	12:14:18	13
34:28	57:50	1:58:28	4:02:41	6:36:39	12:16:29	12
34:35	58:01	1:58:50	4:03:25	6:37:52	12:18:45	11
34:41	58:12	1:59:13	4:04:12	6:39:08	12:21:08	10
34:49	58:23	1:59:37	4:05:00	6:40:28	12:23:39	9
34:56	58:36	2:00:02	4:05:52	6:41:53	12:26:18	8
35:04	58:49	2:00:29	4:06:46	6:43:23	12:29:07	7
35:13	59:03	2:00:58	4:07:45	6:45:00	12:32:09	6
35:22	59:18	2:01:29	4:08:49	6:46:45	12:35:27	5
35:32	59:35	2:02:04	4:10:00	6:48:42	12:39:06	4
35:44	59:55	2:02:43	4:11:20	6:50:54	12:43:14	3
35:58	1:00:18	2:03:30	4:12:56	6:53:31	12:48:09	2
36:16	1:00:47	2:04:31	4:15:00	6:56:56	12:54:33	1



# **Women's Jumps, Throws and Heptathlon**

## **Femmes Epreuves de Saut, Lancer et Heptathlon**

**by Dr. Bojidar Spiriev**  
updated by Attila Spiriev

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
1400	-	-	7.89	16.86	23.67	77.74	88.89	78.75	7547
1399	-	-	-	16.85	23.66	77.69	88.83	78.69	7542
1398	-	5.45	7.88	-	23.64	77.64	88.77	78.64	7537
1397	-	-	-	16.84	23.63	77.58	88.70	78.58	7532
1396	-	-	7.87	16.83	23.61	77.53	88.64	78.53	7527
1395	2.19	5.44	-	16.82	23.59	77.47	88.58	78.47	7522
1394	-	-	-	16.81	23.58	77.42	88.52	78.42	7517
1393	-	-	7.86	16.80	23.56	77.37	88.46	78.36	7512
1392	-	-	-	16.79	23.54	77.31	88.40	78.31	7507
1391	-	5.43	7.85	16.78	23.53	77.26	88.34	78.26	7502
1390	-	-	-	16.77	23.51	77.21	88.27	78.20	7497
1389	-	-	7.84	16.76	23.49	77.15	88.21	78.15	7492
1388	-	5.42	-	16.75	23.48	77.10	88.15	78.09	7487
1387	-	-	7.83	16.74	23.46	77.04	88.09	78.04	7482
1386	-	-	-	16.73	23.45	76.99	88.03	77.98	7477
1385	2.18	5.41	7.82	16.72	23.43	76.94	87.97	77.93	7472
1384	-	-	-	16.71	23.41	76.88	87.91	77.87	7466
1383	-	-	-	-	23.40	76.83	87.84	77.82	7461
1382	-	5.40	7.81	16.70	23.38	76.77	87.78	77.76	7456
1381	-	-	-	16.69	23.36	76.72	87.72	77.71	7451
1380	-	-	7.80	16.68	23.35	76.67	87.66	77.66	7446
1379	-	5.39	-	16.67	23.33	76.61	87.60	77.60	7441
1378	-	-	7.79	16.66	23.32	76.56	87.54	77.55	7436
1377	-	-	-	16.65	23.30	76.51	87.48	77.49	7431
1376	-	-	7.78	16.64	23.28	76.45	87.41	77.44	7426
1375	-	5.38	-	16.63	23.27	76.40	87.35	77.38	7421
1374	2.17	-	-	16.62	23.25	76.34	87.29	77.33	7416
1373	-	-	7.77	16.61	23.23	76.29	87.23	77.27	7411
1372	-	5.37	-	16.60	23.22	76.24	87.17	77.22	7406
1371	-	-	7.76	16.59	23.20	76.18	87.11	77.16	7401
1370	-	-	-	16.58	23.18	76.13	87.05	77.11	7396
1369	-	5.36	7.75	16.57	23.17	76.07	86.98	77.05	7391
1368	-	-	-	-	23.15	76.02	86.92	77.00	7386
1367	-	-	7.74	16.56	23.14	75.97	86.86	76.95	7381
1366	-	5.35	-	16.55	23.12	75.91	86.80	76.89	7375
1365	-	-	7.73	16.54	23.10	75.86	86.74	76.84	7370
1364	2.16	-	-	16.53	23.09	75.80	86.68	76.78	7365
1363	-	5.34	-	16.52	23.07	75.75	86.61	76.73	7360
1362	-	-	7.72	16.51	23.05	75.70	86.55	76.67	7355
1361	-	-	-	16.50	23.04	75.64	86.49	76.62	7350
1360	-	5.33	7.71	16.49	23.02	75.59	86.43	76.56	7345
1359	-	-	-	16.48	23.00	75.54	86.37	76.51	7340
1358	-	-	7.70	16.47	22.99	75.48	86.31	76.45	7335
1357	-	-	-	16.46	22.97	75.43	86.25	76.40	7330
1356	-	5.32	7.69	16.45	22.96	75.37	86.18	76.34	7325
1355	-	-	-	16.44	22.94	75.32	86.12	76.29	7320
1354	2.15	-	-	16.43	22.92	75.27	86.06	76.24	7315
1353	-	5.31	7.68	16.42	22.91	75.21	86.00	76.18	7310
1352	-	-	-	-	22.89	75.16	85.94	76.13	7305
1351	-	-	7.67	16.41	22.87	75.10	85.88	76.07	7300

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	5.30	-	16.40	22.86	75.05	85.82	76.02	7294	1350
-	-	7.66	16.39	22.84	75.00	85.75	75.96	7289	1349
-	-	-	16.38	22.82	74.94	85.69	75.91	7284	1348
-	5.29	7.65	16.37	22.81	74.89	85.63	75.85	7279	1347
-	-	-	16.36	22.79	74.83	85.57	75.80	7274	1346
-	-	7.64	16.35	22.78	74.78	85.51	75.74	7269	1345
2.14	5.28	-	16.34	22.76	74.73	85.45	75.69	7264	1344
-	-	-	16.33	22.74	74.67	85.39	75.63	7259	1343
-	-	7.63	16.32	22.73	74.62	85.32	75.58	7254	1342
-	-	-	16.31	22.71	74.56	85.26	75.53	7249	1341
-	5.27	7.62	16.30	22.69	74.51	85.20	75.47	7244	1340
-	-	-	16.29	22.68	74.46	85.14	75.42	7239	1339
-	-	7.61	16.28	22.66	74.40	85.08	75.36	7234	1338
-	5.26	-	-	22.65	74.35	85.02	75.31	7229	1337
-	-	7.60	16.27	22.63	74.29	84.95	75.25	7224	1336
-	-	-	16.26	22.61	74.24	84.89	75.20	7218	1335
-	5.25	7.59	16.25	22.60	74.19	84.83	75.14	7213	1334
2.13	-	-	16.24	22.58	74.13	84.77	75.09	7208	1333
-	-	-	16.23	22.56	74.08	84.71	75.03	7203	1332
-	5.24	7.58	16.22	22.55	74.03	84.65	74.98	7198	1331
-	-	-	16.21	22.53	73.97	84.59	74.92	7193	1330
-	-	7.57	16.20	22.51	73.92	84.52	74.87	7188	1329
-	5.23	-	16.19	22.50	73.86	84.46	74.82	7183	1328
-	-	7.56	16.18	22.48	73.81	84.40	74.76	7178	1327
-	-	-	16.17	22.47	73.76	84.34	74.71	7173	1326
-	5.22	7.55	16.16	22.45	73.70	84.28	74.65	7168	1325
-	-	-	16.15	22.43	73.65	84.22	74.60	7163	1324
2.12	-	7.54	16.14	22.42	73.59	84.15	74.54	7158	1323
-	-	-	16.13	22.40	73.54	84.09	74.49	7152	1322
-	5.21	-	-	22.38	73.49	84.03	74.43	7147	1321
-	-	7.53	16.12	22.37	73.43	83.97	74.38	7142	1320
-	-	-	16.11	22.35	73.38	83.91	74.32	7137	1319
-	5.20	7.52	16.10	22.33	73.32	83.85	74.27	7132	1318
-	-	-	16.09	22.32	73.27	83.79	74.21	7127	1317
-	-	7.51	16.08	22.30	73.22	83.72	74.16	7122	1316
-	5.19	-	16.07	22.29	73.16	83.66	74.10	7117	1315
-	-	7.50	16.06	22.27	73.11	83.60	74.05	7112	1314
2.11	-	-	16.05	22.25	73.05	83.54	74.00	7107	1313
-	5.18	7.49	16.04	22.24	73.00	83.48	73.94	7102	1312
-	-	-	16.03	22.22	72.95	83.42	73.89	7097	1311
-	-	-	16.02	22.20	72.89	83.35	73.83	7092	1310
-	5.17	7.48	16.01	22.19	72.84	83.29	73.78	7086	1309
-	-	-	16.00	22.17	72.78	83.23	73.72	7081	1308
-	-	7.47	15.99	22.15	72.73	83.17	73.67	7076	1307
-	5.16	-	15.98	22.14	72.68	83.11	73.61	7071	1306
-	-	7.46	15.97	22.12	72.62	83.05	73.56	7066	1305
-	-	-	-	22.11	72.57	82.99	73.50	7061	1304
2.10	-	7.45	15.96	22.09	72.51	82.92	73.45	7056	1303
-	5.15	-	15.95	22.07	72.46	82.86	73.39	7051	1302
-	-	-	15.94	22.06	72.41	82.80	73.34	7046	1301

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
1300	-	-	7.44	15.93	22.04	72.35	82.74	73.28	7041
1299	-	5.14	-	15.92	22.02	72.30	82.68	73.23	7036
1298	-	-	7.43	15.91	22.01	72.24	82.62	73.18	7031
1297	-	-	-	15.90	21.99	72.19	82.55	73.12	7025
1296	-	5.13	7.42	15.89	21.97	72.14	82.49	73.07	7020
1295	-	-	-	15.88	21.96	72.08	82.43	73.01	7015
1294	-	-	7.41	15.87	21.94	72.03	82.37	72.96	7010
1293	2.09	5.12	-	15.86	21.93	71.97	82.31	72.90	7005
1292	-	-	7.40	15.85	21.91	71.92	82.25	72.85	7000
1291	-	-	-	15.84	21.89	71.87	82.18	72.79	6995
1290	-	5.11	-	15.83	21.88	71.81	82.12	72.74	6990
1289	-	-	7.39	15.82	21.86	71.76	82.06	72.68	6985
1288	-	-	-	-	21.84	71.70	82.00	72.63	6980
1287	-	5.10	7.38	15.81	21.83	71.65	81.94	72.57	6975
1286	-	-	-	15.80	21.81	71.60	81.88	72.52	6969
1285	-	-	7.37	15.79	21.79	71.54	81.82	72.46	6964
1284	-	-	-	15.78	21.78	71.49	81.75	72.41	6959
1283	-	5.09	7.36	15.77	21.76	71.43	81.69	72.35	6954
1282	2.08	-	-	15.76	21.75	71.38	81.63	72.30	6949
1281	-	-	7.35	15.75	21.73	71.33	81.57	72.25	6944
1280	-	5.08	-	15.74	21.71	71.27	81.51	72.19	6939
1279	-	-	-	15.73	21.70	71.22	81.45	72.14	6934
1278	-	-	7.34	15.72	21.68	71.16	81.38	72.08	6929
1277	-	5.07	-	15.71	21.66	71.11	81.32	72.03	6924
1276	-	-	7.33	15.70	21.65	71.06	81.26	71.97	6918
1275	-	-	-	15.69	21.63	71.00	81.20	71.92	6913
1274	-	5.06	7.32	15.68	21.61	70.95	81.14	71.86	6908
1273	-	-	-	15.67	21.60	70.89	81.08	71.81	6903
1272	2.07	-	7.31	15.66	21.58	70.84	81.01	71.75	6898
1271	-	5.05	-	-	21.57	70.79	80.95	71.70	6893
1270	-	-	7.30	15.65	21.55	70.73	80.89	71.64	6888
1269	-	-	-	15.64	21.53	70.68	80.83	71.59	6883
1268	-	5.04	-	15.63	21.52	70.62	80.77	71.53	6878
1267	-	-	7.29	15.62	21.50	70.57	80.71	71.48	6873
1266	-	-	-	15.61	21.48	70.52	80.64	71.42	6868
1265	-	-	7.28	15.60	21.47	70.46	80.58	71.37	6862
1264	-	5.03	-	15.59	21.45	70.41	80.52	71.32	6857
1263	-	-	7.27	15.58	21.43	70.35	80.46	71.26	6852
1262	2.06	-	-	15.57	21.42	70.30	80.40	71.21	6847
1261	-	5.02	7.26	15.56	21.40	70.25	80.34	71.15	6842
1260	-	-	-	15.55	21.39	70.19	80.28	71.10	6837
1259	-	-	7.25	15.54	21.37	70.14	80.21	71.04	6832
1258	-	5.01	-	15.53	21.35	70.08	80.15	70.99	6827
1257	-	-	7.24	15.52	21.34	70.03	80.09	70.93	6822
1256	-	-	-	15.51	21.32	69.98	80.03	70.88	6816
1255	-	5.00	-	15.50	21.30	69.92	79.97	70.82	6811
1254	-	-	7.23	15.49	21.29	69.87	79.91	70.77	6806
1253	-	-	-	-	21.27	69.81	79.84	70.71	6801
1252	2.05	4.99	7.22	15.48	21.25	69.76	79.78	70.66	6796
1251	-	-	-	15.47	21.24	69.71	79.72	70.60	6791

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	7.21	15.46	21.22	69.65	79.66	70.55	6786	1250
-	4.98	-	15.45	21.20	69.60	79.60	70.49	6781	1249
-	-	7.20	15.44	21.19	69.54	79.54	70.44	6776	1248
-	-	-	15.43	21.17	69.49	79.47	70.38	6771	1247
-	-	7.19	15.42	21.16	69.44	79.41	70.33	6765	1246
-	4.97	-	15.41	21.14	69.38	79.35	70.28	6760	1245
-	-	-	15.40	21.12	69.33	79.29	70.22	6755	1244
-	-	7.18	15.39	21.11	69.27	79.23	70.17	6750	1243
2.04	4.96	-	15.38	21.09	69.22	79.17	70.11	6745	1242
-	-	7.17	15.37	21.07	69.17	79.10	70.06	6740	1241
-	-	-	15.36	21.06	69.11	79.04	70.00	6735	1240
-	4.95	7.16	15.35	21.04	69.06	78.98	69.95	6730	1239
-	-	-	15.34	21.02	69.00	78.92	69.89	6725	1238
-	-	7.15	15.33	21.01	68.95	78.86	69.84	6719	1237
-	4.94	-	15.32	20.99	68.89	78.80	69.78	6714	1236
-	-	7.14	-	20.98	68.84	78.73	69.73	6709	1235
-	-	-	15.31	20.96	68.79	78.67	69.67	6704	1234
-	4.93	-	15.30	20.94	68.73	78.61	69.62	6699	1233
-	-	7.13	15.29	20.93	68.68	78.55	69.56	6694	1232
2.03	-	-	15.28	20.91	68.62	78.49	69.51	6689	1231
-	4.92	7.12	15.27	20.89	68.57	78.43	69.45	6684	1230
-	-	-	15.26	20.88	68.52	78.36	69.40	6679	1229
-	-	7.11	15.25	20.86	68.46	78.30	69.34	6673	1228
-	4.91	-	15.24	20.84	68.41	78.24	69.29	6668	1227
-	-	7.10	15.23	20.83	68.35	78.18	69.23	6663	1226
-	-	-	15.22	20.81	68.30	78.12	69.18	6658	1225
-	-	7.09	15.21	20.80	68.25	78.06	69.12	6653	1224
-	4.90	-	15.20	20.78	68.19	77.99	69.07	6648	1223
-	-	-	15.19	20.76	68.14	77.93	69.02	6643	1222
2.02	-	7.08	15.18	20.75	68.08	77.87	68.96	6638	1221
-	4.89	-	15.17	20.73	68.03	77.81	68.91	6632	1220
-	-	7.07	15.16	20.71	67.98	77.75	68.85	6627	1219
-	-	-	15.15	20.70	67.92	77.69	68.80	6622	1218
-	4.88	7.06	-	20.68	67.87	77.62	68.74	6617	1217
-	-	-	15.14	20.66	67.81	77.56	68.69	6612	1216
-	-	7.05	15.13	20.65	67.76	77.50	68.63	6607	1215
-	4.87	-	15.12	20.63	67.71	77.44	68.58	6602	1214
-	-	7.04	15.11	20.61	67.65	77.38	68.52	6597	1213
-	-	-	15.10	20.60	67.60	77.32	68.47	6592	1212
2.01	4.86	-	15.09	20.58	67.54	77.25	68.41	6586	1211
-	-	7.03	15.08	20.57	67.49	77.19	68.36	6581	1210
-	-	-	15.07	20.55	67.43	77.13	68.30	6576	1209
-	4.85	7.02	15.06	20.53	67.38	77.07	68.25	6571	1208
-	-	-	15.05	20.52	67.33	77.01	68.19	6566	1207
-	-	7.01	15.04	20.50	67.27	76.95	68.14	6561	1206
-	4.84	-	15.03	20.48	67.22	76.88	68.08	6556	1205
-	-	7.00	15.02	20.47	67.16	76.82	68.03	6551	1204
-	-	-	15.01	20.45	67.11	76.76	67.97	6545	1203
-	-	6.99	15.00	20.43	67.06	76.70	67.92	6540	1202
2.00	4.83	-	14.99	20.42	67.00	76.64	67.86	6535	1201

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
1200	-	-	6.98	14.98	20.40	66.95	76.58	67.81	6530
1199	-	-	-	14.97	20.39	66.89	76.51	67.76	6525
1198	-	4.82	-	-	20.37	66.84	76.45	67.70	6520
1197	-	-	6.97	14.96	20.35	66.79	76.39	67.65	6515
1196	-	-	-	14.95	20.34	66.73	76.33	67.59	6510
1195	-	4.81	6.96	14.94	20.32	66.68	76.27	67.54	6504
1194	-	-	-	14.93	20.30	66.62	76.20	67.48	6499
1193	-	-	6.95	14.92	20.29	66.57	76.14	67.43	6494
1192	-	4.80	-	14.91	20.27	66.51	76.08	67.37	6489
1191	1.99	-	6.94	14.90	20.25	66.46	76.02	67.32	6484
1190	-	-	-	14.89	20.24	66.41	75.96	67.26	6479
1189	-	4.79	6.93	14.88	20.22	66.35	75.90	67.21	6474
1188	-	-	-	14.87	20.20	66.30	75.83	67.15	6468
1187	-	-	-	14.86	20.19	66.24	75.77	67.10	6463
1186	-	4.78	6.92	14.85	20.17	66.19	75.71	67.04	6458
1185	-	-	-	14.84	20.16	66.14	75.65	66.99	6453
1184	-	-	6.91	14.83	20.14	66.08	75.59	66.93	6448
1183	-	4.77	-	14.82	20.12	66.03	75.53	66.88	6443
1182	-	-	6.90	14.81	20.11	65.97	75.46	66.82	6438
1181	1.98	-	-	14.80	20.09	65.92	75.40	66.77	6433
1180	-	-	6.89	14.79	20.07	65.87	75.34	66.71	6427
1179	-	4.76	-	-	20.06	65.81	75.28	66.66	6422
1178	-	-	6.88	14.78	20.04	65.76	75.22	66.60	6417
1177	-	-	-	14.77	20.02	65.70	75.16	66.55	6412
1176	-	4.75	6.87	14.76	20.01	65.65	75.09	66.49	6407
1175	-	-	-	14.75	19.99	65.59	75.03	66.44	6402
1174	-	-	-	14.74	19.98	65.54	74.97	66.38	6397
1173	-	4.74	6.86	14.73	19.96	65.49	74.91	66.33	6391
1172	-	-	-	14.72	19.94	65.43	74.85	66.27	6386
1171	1.97	-	6.85	14.71	19.93	65.38	74.78	66.22	6381
1170	-	4.73	-	14.70	19.91	65.32	74.72	66.16	6376
1169	-	-	6.84	14.69	19.89	65.27	74.66	66.11	6371
1168	-	-	-	14.68	19.88	65.22	74.60	66.06	6366
1167	-	4.72	6.83	14.67	19.86	65.16	74.54	66.00	6361
1166	-	-	-	14.66	19.84	65.11	74.48	65.95	6355
1165	-	-	6.82	14.65	19.83	65.05	74.41	65.89	6350
1164	-	4.71	-	14.64	19.81	65.00	74.35	65.84	6345
1163	-	-	-	14.63	19.79	64.94	74.29	65.78	6340
1162	-	-	6.81	14.62	19.78	64.89	74.23	65.73	6335
1161	1.96	4.70	-	14.61	19.76	64.84	74.17	65.67	6330
1160	-	-	6.80	14.60	19.75	64.78	74.11	65.62	6325
1159	-	-	-	-	19.73	64.73	74.04	65.56	6319
1158	-	4.69	6.79	14.59	19.71	64.67	73.98	65.51	6314
1157	-	-	-	14.58	19.70	64.62	73.92	65.45	6309
1156	-	-	6.78	14.57	19.68	64.57	73.86	65.40	6304
1155	-	-	-	14.56	19.66	64.51	73.80	65.34	6299
1154	-	4.68	6.77	14.55	19.65	64.46	73.73	65.29	6294
1153	-	-	-	14.54	19.63	64.40	73.67	65.23	6289
1152	-	-	6.76	14.53	19.61	64.35	73.61	65.18	6283
1151	1.95	4.67	-	14.52	19.60	64.29	73.55	65.12	6278



HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	-	14.51	19.58	64.24	73.49	65.07	6273	1150
-	-	6.75	14.50	19.56	64.19	73.43	65.01	6268	1149
-	4.66	-	14.49	19.55	64.13	73.36	64.96	6263	1148
-	-	6.74	14.48	19.53	64.08	73.30	64.90	6258	1147
-	-	-	14.47	19.52	64.02	73.24	64.85	6253	1146
-	4.65	6.73	14.46	19.50	63.97	73.18	64.79	6247	1145
-	-	-	14.45	19.48	63.92	73.12	64.74	6242	1144
-	-	6.72	14.44	19.47	63.86	73.06	64.68	6237	1143
-	4.64	-	14.43	19.45	63.81	72.99	64.63	6232	1142
-	-	6.71	14.42	19.43	63.75	72.93	64.57	6227	1141
1.94	-	-	14.41	19.42	63.70	72.87	64.52	6222	1140
-	4.63	-	14.40	19.40	63.64	72.81	64.46	6217	1139
-	-	6.70	-	19.38	63.59	72.75	64.41	6211	1138
-	-	-	14.39	19.37	63.54	72.68	64.35	6206	1137
-	4.62	6.69	14.38	19.35	63.48	72.62	64.30	6201	1136
-	-	-	14.37	19.33	63.43	72.56	64.24	6196	1135
-	-	6.68	14.36	19.32	63.37	72.50	64.19	6191	1134
-	-	-	14.35	19.30	63.32	72.44	64.13	6186	1133
-	4.61	6.67	14.34	19.29	63.27	72.38	64.08	6180	1132
-	-	-	14.33	19.27	63.21	72.31	64.02	6175	1131
1.93	-	6.66	14.32	19.25	63.16	72.25	63.97	6170	1130
-	4.60	-	14.31	19.24	63.10	72.19	63.92	6165	1129
-	-	6.65	14.30	19.22	63.05	72.13	63.86	6160	1128
-	-	-	14.29	19.20	62.99	72.07	63.81	6155	1127
-	4.59	-	14.28	19.19	62.94	72.00	63.75	6149	1126
-	-	6.64	14.27	19.17	62.89	71.94	63.70	6144	1125
-	-	-	14.26	19.15	62.83	71.88	63.64	6139	1124
-	4.58	6.63	14.25	19.14	62.78	71.82	63.59	6134	1123
-	-	-	14.24	19.12	62.72	71.76	63.53	6129	1122
-	-	6.62	14.23	19.10	62.67	71.70	63.48	6124	1121
1.92	4.57	-	14.22	19.09	62.61	71.63	63.42	6119	1120
-	-	6.61	14.21	19.07	62.56	71.57	63.37	6113	1119
-	-	-	14.20	19.06	62.51	71.51	63.31	6108	1118
-	4.56	6.60	-	19.04	62.45	71.45	63.26	6103	1117
-	-	-	14.19	19.02	62.40	71.39	63.20	6098	1116
-	-	6.59	14.18	19.01	62.34	71.32	63.15	6093	1115
-	4.55	-	14.17	18.99	62.29	71.26	63.09	6088	1114
-	-	-	14.16	18.97	62.24	71.20	63.04	6082	1113
-	-	6.58	14.15	18.96	62.18	71.14	62.98	6077	1112
-	4.54	-	14.14	18.94	62.13	71.08	62.93	6072	1111
1.91	-	6.57	14.13	18.92	62.07	71.02	62.87	6067	1110
-	-	-	14.12	18.91	62.02	70.95	62.82	6062	1109
-	4.53	6.56	14.11	18.89	61.96	70.89	62.76	6057	1108
-	-	-	14.10	18.87	61.91	70.83	62.71	6051	1107
-	-	6.55	14.09	18.86	61.86	70.77	62.65	6046	1106
-	-	-	14.08	18.84	61.80	70.71	62.60	6041	1105
-	4.52	6.54	14.07	18.83	61.75	70.64	62.54	6036	1104
-	-	-	14.06	18.81	61.69	70.58	62.49	6031	1103
-	-	6.53	14.05	18.79	61.64	70.52	62.43	6026	1102
-	4.51	-	14.04	18.78	61.58	70.46	62.38	6020	1101

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
1100	1.90	-	-	14.03	18.76	61.53	70.40	62.32	6015
1099	-	-	6.52	14.02	18.74	61.48	70.33	62.27	6010
1098	-	4.50	-	14.01	18.73	61.42	70.27	62.21	6005
1097	-	-	6.51	14.00	18.71	61.37	70.21	62.16	6000
1096	-	-	-	13.99	18.69	61.31	70.15	62.10	5995
1095	-	4.49	6.50	-	18.68	61.26	70.09	62.05	5989
1094	-	-	-	13.98	18.66	61.20	70.03	61.99	5984
1093	-	-	6.49	13.97	18.64	61.15	69.96	61.94	5979
1092	-	4.48	-	13.96	18.63	61.10	69.90	61.88	5974
1091	-	-	6.48	13.95	18.61	61.04	69.84	61.83	5969
1090	1.89	-	-	13.94	18.60	60.99	69.78	61.77	5964
1089	-	4.47	6.47	13.93	18.58	60.93	69.72	61.72	5958
1088	-	-	-	13.92	18.56	60.88	69.65	61.66	5953
1087	-	-	-	13.91	18.55	60.83	69.59	61.61	5948
1086	-	4.46	6.46	13.90	18.53	60.77	69.53	61.55	5943
1085	-	-	-	13.89	18.51	60.72	69.47	61.50	5938
1084	-	-	6.45	13.88	18.50	60.66	69.41	61.44	5932
1083	-	4.45	-	13.87	18.48	60.61	69.34	61.39	5927
1082	-	-	6.44	13.86	18.46	60.55	69.28	61.33	5922
1081	-	-	-	13.85	18.45	60.50	69.22	61.28	5917
1080	1.88	-	6.43	13.84	18.43	60.45	69.16	61.22	5912
1079	-	4.44	-	13.83	18.41	60.39	69.10	61.17	5907
1078	-	-	6.42	13.82	18.40	60.34	69.04	61.11	5901
1077	-	-	-	13.81	18.38	60.28	68.97	61.06	5896
1076	-	4.43	6.41	13.80	18.37	60.23	68.91	61.00	5891
1075	-	-	-	13.79	18.35	60.17	68.85	60.95	5886
1074	-	-	-	13.78	18.33	60.12	68.79	60.89	5881
1073	-	4.42	6.40	13.77	18.32	60.07	68.73	60.84	5876
1072	-	-	-	-	18.30	60.01	68.66	60.78	5870
1071	-	-	6.39	13.76	18.28	59.96	68.60	60.73	5865
1070	1.87	4.41	-	13.75	18.27	59.90	68.54	60.67	5860
1069	-	-	6.38	13.74	18.25	59.85	68.48	60.62	5855
1068	-	-	-	13.73	18.23	59.79	68.42	60.56	5850
1067	-	4.40	6.37	13.72	18.22	59.74	68.35	60.51	5844
1066	-	-	-	13.71	18.20	59.69	68.29	60.45	5839
1065	-	-	6.36	13.70	18.18	59.63	68.23	60.40	5834
1064	-	4.39	-	13.69	18.17	59.58	68.17	60.34	5829
1063	-	-	6.35	13.68	18.15	59.52	68.11	60.29	5824
1062	-	-	-	13.67	18.13	59.47	68.05	60.23	5819
1061	-	4.38	-	13.66	18.12	59.41	67.98	60.18	5813
1060	1.86	-	6.34	13.65	18.10	59.36	67.92	60.12	5808
1059	-	-	-	13.64	18.09	59.31	67.86	60.07	5803
1058	-	4.37	6.33	13.63	18.07	59.25	67.80	60.01	5798
1057	-	-	-	13.62	18.05	59.20	67.74	59.96	5793
1056	-	-	6.32	13.61	18.04	59.14	67.67	59.90	5787
1055	-	4.36	-	13.60	18.02	59.09	67.61	59.85	5782
1054	-	-	6.31	13.59	18.00	59.03	67.55	59.79	5777
1053	-	-	-	13.58	17.99	58.98	67.49	59.74	5772
1052	-	-	6.30	13.57	17.97	58.93	67.43	59.68	5767
1051	-	4.35	-	13.56	17.95	58.87	67.36	59.63	5761

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
1.85	-	6.29	13.55	17.94	58.82	67.30	59.57	5756	1050
-	-	-	13.54	17.92	58.76	67.24	59.52	5751	1049
-	4.34	-	-	17.90	58.71	67.18	59.46	5746	1048
-	-	6.28	13.53	17.89	58.65	67.12	59.41	5741	1047
-	-	-	13.52	17.87	58.60	67.05	59.35	5736	1046
-	4.33	6.27	13.51	17.85	58.55	66.99	59.30	5730	1045
-	-	-	13.50	17.84	58.49	66.93	59.24	5725	1044
-	-	6.26	13.49	17.82	58.44	66.87	59.19	5720	1043
-	4.32	-	13.48	17.81	58.38	66.81	59.13	5715	1042
-	-	6.25	13.47	17.79	58.33	66.74	59.08	5710	1041
1.84	-	-	13.46	17.77	58.27	66.68	59.02	5704	1040
-	4.31	6.24	13.45	17.76	58.22	66.62	58.97	5699	1039
-	-	-	13.44	17.74	58.17	66.56	58.91	5694	1038
-	-	6.23	13.43	17.72	58.11	66.50	58.86	5689	1037
-	4.30	-	13.42	17.71	58.06	66.43	58.80	5684	1036
-	-	6.22	13.41	17.69	58.00	66.37	58.75	5678	1035
-	-	-	13.40	17.67	57.95	66.31	58.69	5673	1034
-	4.29	-	13.39	17.66	57.89	66.25	58.64	5668	1033
-	-	6.21	13.38	17.64	57.84	66.19	58.58	5663	1032
-	-	-	13.37	17.62	57.78	66.13	58.53	5658	1031
1.83	4.28	6.20	13.36	17.61	57.73	66.06	58.47	5652	1030
-	-	-	13.35	17.59	57.68	66.00	58.42	5647	1029
-	-	6.19	13.34	17.58	57.62	65.94	58.36	5642	1028
-	4.27	-	13.33	17.56	57.57	65.88	58.31	5637	1027
-	-	6.18	13.32	17.54	57.51	65.82	58.25	5632	1026
-	-	-	13.31	17.53	57.46	65.75	58.20	5626	1025
-	4.26	6.17	13.30	17.51	57.40	65.69	58.14	5621	1024
-	-	-	-	17.49	57.35	65.63	58.09	5616	1023
-	-	6.16	13.29	17.48	57.30	65.57	58.03	5611	1022
-	-	-	13.28	17.46	57.24	65.51	57.98	5606	1021
1.82	4.25	-	13.27	17.44	57.19	65.44	57.92	5600	1020
-	-	6.15	13.26	17.43	57.13	65.38	57.87	5595	1019
-	-	-	13.25	17.41	57.08	65.32	57.81	5590	1018
-	4.24	6.14	13.24	17.39	57.02	65.26	57.76	5585	1017
-	-	-	13.23	17.38	56.97	65.20	57.70	5580	1016
-	-	6.13	13.22	17.36	56.92	65.13	57.65	5574	1015
-	4.23	-	13.21	17.34	56.86	65.07	57.59	5569	1014
-	-	6.12	13.20	17.33	56.81	65.01	57.54	5564	1013
-	-	-	13.19	17.31	56.75	64.95	57.48	5559	1012
-	4.22	6.11	13.18	17.30	56.70	64.89	57.43	5554	1011
1.81	-	-	13.17	17.28	56.64	64.82	57.37	5548	1010
-	-	6.10	13.16	17.26	56.59	64.76	57.32	5543	1009
-	4.21	-	13.15	17.25	56.54	64.70	57.26	5538	1008
-	-	6.09	13.14	17.23	56.48	64.64	57.21	5533	1007
-	-	-	13.13	17.21	56.43	64.58	57.15	5527	1006
-	4.20	-	13.12	17.20	56.37	64.51	57.10	5522	1005
-	-	6.08	13.11	17.18	56.32	64.45	57.04	5517	1004
-	-	-	13.10	17.16	56.26	64.39	56.99	5512	1003
-	4.19	6.07	13.09	17.15	56.21	64.33	56.93	5507	1002
-	-	-	13.08	17.13	56.15	64.27	56.88	5501	1001

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
1000	1.80	-	6.06	13.07	17.11	56.10	64.20	56.82	5496
999	-	4.18	-	13.06	17.10	56.05	64.14	56.77	5491
998	-	-	6.05	13.05	17.08	55.99	64.08	56.71	5486
997	-	-	-	-	17.06	55.94	64.02	56.66	5481
996	-	4.17	6.04	13.04	17.05	55.88	63.96	56.60	5475
995	-	-	-	13.03	17.03	55.83	63.89	56.55	5470
994	-	-	6.03	13.02	17.01	55.77	63.83	56.49	5465
993	-	4.16	-	13.01	17.00	55.72	63.77	56.44	5460
992	-	-	-	13.00	16.98	55.67	63.71	56.38	5455
991	-	-	6.02	12.99	16.97	55.61	63.65	56.33	5449
990	1.79	4.15	-	12.98	16.95	55.56	63.58	56.27	5444
989	-	-	6.01	12.97	16.93	55.50	63.52	56.22	5439
988	-	-	-	12.96	16.92	55.45	63.46	56.16	5434
987	-	-	6.00	12.95	16.90	55.39	63.40	56.11	5428
986	-	4.14	-	12.94	16.88	55.34	63.34	56.05	5423
985	-	-	5.99	12.93	16.87	55.28	63.27	56.00	5418
984	-	-	-	12.92	16.85	55.23	63.21	55.94	5413
983	-	4.13	5.98	12.91	16.83	55.18	63.15	55.89	5408
982	-	-	-	12.90	16.82	55.12	63.09	55.83	5402
981	-	-	5.97	12.89	16.80	55.07	63.03	55.78	5397
980	1.78	4.12	-	12.88	16.78	55.01	62.96	55.72	5392
979	-	-	5.96	12.87	16.77	54.96	62.90	55.66	5387
978	-	-	-	12.86	16.75	54.90	62.84	55.61	5381
977	-	4.11	-	12.85	16.73	54.85	62.78	55.55	5376
976	-	-	5.95	12.84	16.72	54.80	62.72	55.50	5371
975	-	-	-	12.83	16.70	54.74	62.65	55.44	5366
974	-	4.10	5.94	12.82	16.69	54.69	62.59	55.39	5361
973	-	-	-	12.81	16.67	54.63	62.53	55.33	5355
972	-	-	5.93	12.80	16.65	54.58	62.47	55.28	5350
971	-	4.09	-	12.79	16.64	54.52	62.40	55.22	5345
970	1.77	-	5.92	12.78	16.62	54.47	62.34	55.17	5340
969	-	-	-	-	16.60	54.41	62.28	55.11	5334
968	-	4.08	5.91	12.77	16.59	54.36	62.22	55.06	5329
967	-	-	-	12.76	16.57	54.31	62.16	55.00	5324
966	-	-	5.90	12.75	16.55	54.25	62.09	54.95	5319
965	-	4.07	-	12.74	16.54	54.20	62.03	54.89	5314
964	-	-	5.89	12.73	16.52	54.14	61.97	54.84	5308
963	-	-	-	12.72	16.50	54.09	61.91	54.78	5303
962	-	4.06	-	12.71	16.49	54.03	61.85	54.73	5298
961	-	-	5.88	12.70	16.47	53.98	61.78	54.67	5293
960	1.76	-	-	12.69	16.45	53.92	61.72	54.62	5287
959	-	4.05	5.87	12.68	16.44	53.87	61.66	54.56	5282
958	-	-	-	12.67	16.42	53.82	61.60	54.51	5277
957	-	-	5.86	12.66	16.40	53.76	61.54	54.45	5272
956	-	4.04	-	12.65	16.39	53.71	61.47	54.40	5266
955	-	-	5.85	12.64	16.37	53.65	61.41	54.34	5261
954	-	-	-	12.63	16.36	53.60	61.35	54.29	5256
953	-	4.03	5.84	12.62	16.34	53.54	61.29	54.23	5251
952	-	-	-	12.61	16.32	53.49	61.23	54.18	5246
951	-	-	5.83	12.60	16.31	53.43	61.16	54.12	5240

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
1.75	-	-	12.59	16.29	53.38	61.10	54.07	5235	950
-	4.02	5.82	12.58	16.27	53.33	61.04	54.01	5230	949
-	-	-	12.57	16.26	53.27	60.98	53.96	5225	948
-	-	-	12.56	16.24	53.22	60.92	53.90	5219	947
-	4.01	5.81	12.55	16.22	53.16	60.85	53.85	5214	946
-	-	-	12.54	16.21	53.11	60.79	53.79	5209	945
-	-	5.80	12.53	16.19	53.05	60.73	53.74	5204	944
-	4.00	-	12.52	16.17	53.00	60.67	53.68	5198	943
-	-	5.79	12.51	16.16	52.94	60.60	53.63	5193	942
1.74	-	-	12.50	16.14	52.89	60.54	53.57	5188	941
-	3.99	5.78	12.49	16.12	52.84	60.48	53.51	5183	940
-	-	-	-	16.11	52.78	60.42	53.46	5178	939
-	-	5.77	12.48	16.09	52.73	60.36	53.40	5172	938
-	3.98	-	12.47	16.07	52.67	60.29	53.35	5167	937
-	-	5.76	12.46	16.06	52.62	60.23	53.29	5162	936
-	-	-	12.45	16.04	52.56	60.17	53.24	5157	935
-	3.97	5.75	12.44	16.03	52.51	60.11	53.18	5151	934
-	-	-	12.43	16.01	52.45	60.05	53.13	5146	933
-	-	-	12.42	15.99	52.40	59.98	53.07	5141	932
1.73	3.96	5.74	12.41	15.98	52.35	59.92	53.02	5136	931
-	-	-	12.40	15.96	52.29	59.86	52.96	5130	930
-	-	5.73	12.39	15.94	52.24	59.80	52.91	5125	929
-	3.95	-	12.38	15.93	52.18	59.74	52.85	5120	928
-	-	5.72	12.37	15.91	52.13	59.67	52.80	5115	927
-	-	-	12.36	15.89	52.07	59.61	52.74	5109	926
-	3.94	5.71	12.35	15.88	52.02	59.55	52.69	5104	925
-	-	-	12.34	15.86	51.96	59.49	52.63	5099	924
-	-	5.70	12.33	15.84	51.91	59.42	52.58	5094	923
-	3.93	-	12.32	15.83	51.86	59.36	52.52	5088	922
1.72	-	5.69	12.31	15.81	51.80	59.30	52.47	5083	921
-	-	-	12.30	15.79	51.75	59.24	52.41	5078	920
-	3.92	5.68	12.29	15.78	51.69	59.18	52.36	5073	919
-	-	-	12.28	15.76	51.64	59.11	52.30	5067	918
-	-	5.67	12.27	15.74	51.58	59.05	52.25	5062	917
-	3.91	-	12.26	15.73	51.53	58.99	52.19	5057	916
-	-	-	12.25	15.71	51.47	58.93	52.14	5052	915
-	-	5.66	12.24	15.70	51.42	58.87	52.08	5046	914
-	3.90	-	12.23	15.68	51.37	58.80	52.03	5041	913
-	-	5.65	12.22	15.66	51.31	58.74	51.97	5036	912
1.71	-	-	12.21	15.65	51.26	58.68	51.92	5031	911
-	3.89	5.64	12.20	15.63	51.20	58.62	51.86	5025	910
-	-	-	12.19	15.61	51.15	58.56	51.80	5020	909
-	-	5.63	12.18	15.60	51.09	58.49	51.75	5015	908
-	-	-	12.17	15.58	51.04	58.43	51.69	5010	907
-	3.88	5.62	-	15.56	50.98	58.37	51.64	5004	906
-	-	-	12.16	15.55	50.93	58.31	51.58	4999	905
-	-	5.61	12.15	15.53	50.88	58.24	51.53	4994	904
-	3.87	-	12.14	15.51	50.82	58.18	51.47	4989	903
-	-	5.60	12.13	15.50	50.77	58.12	51.42	4983	902
1.70	-	-	12.12	15.48	50.71	58.06	51.36	4978	901

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
900	-	3.86	-	12.11	15.46	50.66	58.00	51.31	4973
899	-	-	5.59	12.10	15.45	50.60	57.93	51.25	4968
898	-	-	-	12.09	15.43	50.55	57.87	51.20	4962
897	-	3.85	5.58	12.08	15.41	50.49	57.81	51.14	4957
896	-	-	-	12.07	15.40	50.44	57.75	51.09	4952
895	-	-	5.57	12.06	15.38	50.38	57.68	51.03	4947
894	-	3.84	-	12.05	15.36	50.33	57.62	50.98	4941
893	-	-	5.56	12.04	15.35	50.28	57.56	50.92	4936
892	-	-	-	12.03	15.33	50.22	57.50	50.87	4931
891	1.69	3.83	5.55	12.02	15.32	50.17	57.44	50.81	4926
890	-	-	-	12.01	15.30	50.11	57.37	50.76	4920
889	-	-	5.54	12.00	15.28	50.06	57.31	50.70	4915
888	-	3.82	-	11.99	15.27	50.00	57.25	50.65	4910
887	-	-	5.53	11.98	15.25	49.95	57.19	50.59	4905
886	-	-	-	11.97	15.23	49.89	57.13	50.53	4899
885	-	3.81	5.52	11.96	15.22	49.84	57.06	50.48	4894
884	-	-	-	11.95	15.20	49.78	57.00	50.42	4889
883	-	-	-	11.94	15.18	49.73	56.94	50.37	4883
882	-	3.80	5.51	11.93	15.17	49.68	56.88	50.31	4878
881	1.68	-	-	11.92	15.15	49.62	56.81	50.26	4873
880	-	-	5.50	11.91	15.13	49.57	56.75	50.20	4868
879	-	3.79	-	11.90	15.12	49.51	56.69	50.15	4862
878	-	-	5.49	11.89	15.10	49.46	56.63	50.09	4857
877	-	-	-	11.88	15.08	49.40	56.57	50.04	4852
876	-	3.78	5.48	11.87	15.07	49.35	56.50	49.98	4847
875	-	-	-	11.86	15.05	49.29	56.44	49.93	4841
874	-	-	5.47	11.85	15.03	49.24	56.38	49.87	4836
873	-	3.77	-	11.84	15.02	49.19	56.32	49.82	4831
872	-	-	5.46	11.83	15.00	49.13	56.25	49.76	4826
871	1.67	-	-	11.82	14.98	49.08	56.19	49.71	4820
870	-	3.76	5.45	-	14.97	49.02	56.13	49.65	4815
869	-	-	-	11.81	14.95	48.97	56.07	49.60	4810
868	-	-	-	11.80	14.94	48.91	56.01	49.54	4804
867	-	3.75	5.44	11.79	14.92	48.86	55.94	49.49	4799
866	-	-	-	11.78	14.90	48.80	55.88	49.43	4794
865	-	-	5.43	11.77	14.89	48.75	55.82	49.37	4789
864	-	3.74	-	11.76	14.87	48.69	55.76	49.32	4783
863	-	-	5.42	11.75	14.85	48.64	55.70	49.26	4778
862	1.66	-	-	11.74	14.84	48.59	55.63	49.21	4773
861	-	3.73	5.41	11.73	14.82	48.53	55.57	49.15	4768
860	-	-	-	11.72	14.80	48.48	55.51	49.10	4762
859	-	-	5.40	11.71	14.79	48.42	55.45	49.04	4757
858	-	3.72	-	11.70	14.77	48.37	55.38	48.99	4752
857	-	-	5.39	11.69	14.75	48.31	55.32	48.93	4746
856	-	-	-	11.68	14.74	48.26	55.26	48.88	4741
855	-	-	5.38	11.67	14.72	48.20	55.20	48.82	4736
854	-	3.71	-	11.66	14.70	48.15	55.14	48.77	4731
853	-	-	5.37	11.65	14.69	48.09	55.07	48.71	4725
852	1.65	-	-	11.64	14.67	48.04	55.01	48.66	4720
851	-	3.70	-	11.63	14.65	47.99	54.95	48.60	4715

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	5.36	11.62	14.64	47.93	54.89	48.55	4710	850
-	-	-	11.61	14.62	47.88	54.82	48.49	4704	849
-	3.69	5.35	11.60	14.60	47.82	54.76	48.44	4699	848
-	-	-	11.59	14.59	47.77	54.70	48.38	4694	847
-	-	5.34	11.58	14.57	47.71	54.64	48.32	4688	846
-	3.68	-	11.57	14.55	47.66	54.58	48.27	4683	845
-	-	5.33	11.56	14.54	47.60	54.51	48.21	4678	844
-	-	-	11.55	14.52	47.55	54.45	48.16	4673	843
1.64	3.67	5.32	11.54	14.51	47.49	54.39	48.10	4667	842
-	-	-	11.53	14.49	47.44	54.33	48.05	4662	841
-	-	5.31	11.52	14.47	47.38	54.26	47.99	4657	840
-	3.66	-	11.51	14.46	47.33	54.20	47.94	4651	839
-	-	5.30	11.50	14.44	47.28	54.14	47.88	4646	838
-	-	-	11.49	14.42	47.22	54.08	47.83	4641	837
-	3.65	5.29	11.48	14.41	47.17	54.01	47.77	4636	836
-	-	-	11.47	14.39	47.11	53.95	47.72	4630	835
-	-	5.28	11.46	14.37	47.06	53.89	47.66	4625	834
-	3.64	-	11.45	14.36	47.00	53.83	47.61	4620	833
1.63	-	-	11.44	14.34	46.95	53.77	47.55	4614	832
-	-	5.27	11.43	14.32	46.89	53.70	47.50	4609	831
-	3.63	-	-	14.31	46.84	53.64	47.44	4604	830
-	-	5.26	11.42	14.29	46.78	53.58	47.39	4599	829
-	-	-	11.41	14.27	46.73	53.52	47.33	4593	828
-	3.62	5.25	11.40	14.26	46.68	53.45	47.27	4588	827
-	-	-	11.39	14.24	46.62	53.39	47.22	4583	826
-	-	5.24	11.38	14.22	46.57	53.33	47.16	4577	825
-	3.61	-	11.37	14.21	46.51	53.27	47.11	4572	824
-	-	5.23	11.36	14.19	46.46	53.21	47.05	4567	823
1.62	-	-	11.35	14.17	46.40	53.14	47.00	4562	822
-	3.60	5.22	11.34	14.16	46.35	53.08	46.94	4556	821
-	-	-	11.33	14.14	46.29	53.02	46.89	4551	820
-	-	5.21	11.32	14.12	46.24	52.96	46.83	4546	819
-	3.59	-	11.31	14.11	46.18	52.89	46.78	4540	818
-	-	5.20	11.30	14.09	46.13	52.83	46.72	4535	817
-	-	-	11.29	14.08	46.07	52.77	46.67	4530	816
-	3.58	-	11.28	14.06	46.02	52.71	46.61	4525	815
-	-	5.19	11.27	14.04	45.97	52.65	46.56	4519	814
-	-	-	11.26	14.03	45.91	52.58	46.50	4514	813
1.61	3.57	5.18	11.25	14.01	45.86	52.52	46.44	4509	812
-	-	-	11.24	13.99	45.80	52.46	46.39	4503	811
-	-	5.17	11.23	13.98	45.75	52.40	46.33	4498	810
-	3.56	-	11.22	13.96	45.69	52.33	46.28	4493	809
-	-	5.16	11.21	13.94	45.64	52.27	46.22	4487	808
-	-	-	11.20	13.93	45.58	52.21	46.17	4482	807
-	3.55	5.15	11.19	13.91	45.53	52.15	46.11	4477	806
-	-	-	11.18	13.89	45.47	52.08	46.06	4472	805
-	-	5.14	11.17	13.88	45.42	52.02	46.00	4466	804
1.60	3.54	-	11.16	13.86	45.36	51.96	45.95	4461	803
-	-	5.13	11.15	13.84	45.31	51.90	45.89	4456	802
-	-	-	11.14	13.83	45.26	51.84	45.84	4450	801

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
800	-	3.53	5.12	11.13	13.81	45.20	51.77	45.78	4445
799	-	-	-	11.12	13.79	45.15	51.71	45.73	4440
798	-	-	5.11	11.11	13.78	45.09	51.65	45.67	4434
797	-	3.52	-	11.10	13.76	45.04	51.59	45.61	4429
796	-	-	-	11.09	13.74	44.98	51.52	45.56	4424
795	-	-	5.10	11.08	13.73	44.93	51.46	45.50	4419
794	-	3.51	-	11.07	13.71	44.87	51.40	45.45	4413
793	1.59	-	5.09	11.06	13.69	44.82	51.34	45.39	4408
792	-	-	-	11.05	13.68	44.76	51.27	45.34	4403
791	-	-	5.08	11.04	13.66	44.71	51.21	45.28	4397
790	-	3.50	-	11.03	13.64	44.65	51.15	45.23	4392
789	-	-	5.07	11.02	13.63	44.60	51.09	45.17	4387
788	-	-	-	11.01	13.61	44.55	51.03	45.12	4381
787	-	3.49	5.06	11.00	13.59	44.49	50.96	45.06	4376
786	-	-	-	10.99	13.58	44.44	50.90	45.01	4371
785	-	-	5.05	10.98	13.56	44.38	50.84	44.95	4365
784	-	3.48	-	10.97	13.55	44.33	50.78	44.90	4360
783	1.58	-	5.04	10.96	13.53	44.27	50.71	44.84	4355
782	-	-	-	-	13.51	44.22	50.65	44.78	4350
781	-	3.47	5.03	10.95	13.50	44.16	50.59	44.73	4344
780	-	-	-	10.94	13.48	44.11	50.53	44.67	4339
779	-	-	5.02	10.93	13.46	44.05	50.46	44.62	4334
778	-	3.46	-	10.92	13.45	44.00	50.40	44.56	4328
777	-	-	-	10.91	13.43	43.94	50.34	44.51	4323
776	-	-	5.01	10.90	13.41	43.89	50.28	44.45	4318
775	-	3.45	-	10.89	13.40	43.83	50.21	44.40	4312
774	-	-	5.00	10.88	13.38	43.78	50.15	44.34	4307
773	1.57	-	-	10.87	13.36	43.73	50.09	44.29	4302
772	-	3.44	4.99	10.86	13.35	43.67	50.03	44.23	4296
771	-	-	-	10.85	13.33	43.62	49.97	44.18	4291
770	-	-	4.98	10.84	13.31	43.56	49.90	44.12	4286
769	-	3.43	-	10.83	13.30	43.51	49.84	44.06	4281
768	-	-	4.97	10.82	13.28	43.45	49.78	44.01	4275
767	-	-	-	10.81	13.26	43.40	49.72	43.95	4270
766	-	3.42	4.96	10.80	13.25	43.34	49.65	43.90	4265
765	-	-	-	10.79	13.23	43.29	49.59	43.84	4259
764	-	-	4.95	10.78	13.21	43.23	49.53	43.79	4254
763	1.56	3.41	-	10.77	13.20	43.18	49.47	43.73	4249
762	-	-	4.94	10.76	13.18	43.12	49.40	43.68	4243
761	-	-	-	10.75	13.16	43.07	49.34	43.62	4238
760	-	3.40	4.93	10.74	13.15	43.01	49.28	43.57	4233
759	-	-	-	10.73	13.13	42.96	49.22	43.51	4227
758	-	-	-	10.72	13.11	42.91	49.16	43.46	4222
757	-	3.39	4.92	10.71	13.10	42.85	49.09	43.40	4217
756	-	-	-	10.70	13.08	42.80	49.03	43.34	4211
755	-	-	4.91	10.69	13.06	42.74	48.97	43.29	4206
754	1.55	3.38	-	10.68	13.05	42.69	48.91	43.23	4201
753	-	-	4.90	10.67	13.03	42.63	48.84	43.18	4195
752	-	-	-	10.66	13.01	42.58	48.78	43.12	4190
751	-	3.37	4.89	10.65	13.00	42.52	48.72	43.07	4185



HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	-	10.64	12.98	42.47	48.66	43.01	4179	750
-	-	4.88	10.63	12.97	42.41	48.59	42.96	4174	749
-	3.36	-	10.62	12.95	42.36	48.53	42.90	4169	748
-	-	4.87	10.61	12.93	42.30	48.47	42.85	4163	747
-	-	-	10.60	12.92	42.25	48.41	42.79	4158	746
-	3.35	4.86	10.59	12.90	42.19	48.34	42.74	4153	745
1.54	-	-	10.58	12.88	42.14	48.28	42.68	4147	744
-	-	4.85	10.57	12.87	42.09	48.22	42.62	4142	743
-	3.34	-	10.56	12.85	42.03	48.16	42.57	4137	742
-	-	4.84	10.55	12.83	41.98	48.09	42.51	4132	741
-	-	-	10.54	12.82	41.92	48.03	42.46	4126	740
-	3.33	-	10.53	12.80	41.87	47.97	42.40	4121	739
-	-	4.83	10.52	12.78	41.81	47.91	42.35	4116	738
-	-	-	10.51	12.77	41.76	47.85	42.29	4110	737
-	3.32	4.82	10.50	12.75	41.70	47.78	42.24	4105	736
-	-	-	10.49	12.73	41.65	47.72	42.18	4100	735
1.53	-	4.81	10.48	12.72	41.59	47.66	42.13	4094	734
-	3.31	-	10.47	12.70	41.54	47.60	42.07	4089	733
-	-	4.80	10.46	12.68	41.48	47.53	42.01	4084	732
-	-	-	10.45	12.67	41.43	47.47	41.96	4078	731
-	3.30	4.79	10.44	12.65	41.37	47.41	41.90	4073	730
-	-	-	10.43	12.63	41.32	47.35	41.85	4068	729
-	-	4.78	10.42	12.62	41.26	47.28	41.79	4062	728
-	3.29	-	10.41	12.60	41.21	47.22	41.74	4057	727
-	-	4.77	10.40	12.58	41.15	47.16	41.68	4052	726
1.52	-	-	10.39	12.57	41.10	47.10	41.63	4046	725
-	3.28	4.76	10.38	12.55	41.05	47.03	41.57	4041	724
-	-	-	10.37	12.53	40.99	46.97	41.52	4036	723
-	-	4.75	-	12.52	40.94	46.91	41.46	4030	722
-	3.27	-	10.36	12.50	40.88	46.85	41.41	4025	721
-	-	4.74	10.35	12.48	40.83	46.78	41.35	4020	720
-	-	-	10.34	12.47	40.77	46.72	41.29	4014	719
-	3.26	-	10.33	12.45	40.72	46.66	41.24	4009	718
-	-	4.73	10.32	12.43	40.66	46.60	41.18	4003	717
-	-	-	10.31	12.42	40.61	46.53	41.13	3998	716
1.51	3.25	4.72	10.30	12.40	40.55	46.47	41.07	3993	715
-	-	-	10.29	12.38	40.50	46.41	41.02	3987	714
-	-	4.71	10.28	12.37	40.44	46.35	40.96	3982	713
-	3.24	-	10.27	12.35	40.39	46.28	40.91	3977	712
-	-	4.70	10.26	12.33	40.33	46.22	40.85	3971	711
-	-	-	10.25	12.32	40.28	46.16	40.80	3966	710
-	3.23	4.69	10.24	12.30	40.22	46.10	40.74	3961	709
-	-	-	10.23	12.29	40.17	46.03	40.68	3955	708
-	-	4.68	10.22	12.27	40.11	45.97	40.63	3950	707
-	3.22	-	10.21	12.25	40.06	45.91	40.57	3945	706
1.50	-	4.67	10.20	12.24	40.01	45.85	40.52	3939	705
-	-	-	10.19	12.22	39.95	45.79	40.46	3934	704
-	3.21	4.66	10.18	12.20	39.90	45.72	40.41	3929	703
-	-	-	10.17	12.19	39.84	45.66	40.35	3923	702
-	-	4.65	10.16	12.17	39.79	45.60	40.30	3918	701

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
700	-	3.20	-	10.15	12.15	39.73	45.54	40.24	3913
699	-	-	4.64	10.14	12.14	39.68	45.47	40.19	3907
698	-	-	-	10.13	12.12	39.62	45.41	40.13	3902
697	-	3.19	4.63	10.12	12.10	39.57	45.35	40.07	3897
696	-	-	-	10.11	12.09	39.51	45.29	40.02	3891
695	1.49	-	-	10.10	12.07	39.46	45.22	39.96	3886
694	-	3.18	4.62	10.09	12.05	39.40	45.16	39.91	3881
693	-	-	-	10.08	12.04	39.35	45.10	39.85	3875
692	-	-	4.61	10.07	12.02	39.29	45.04	39.80	3870
691	-	3.17	-	10.06	12.00	39.24	44.97	39.74	3865
690	-	-	4.60	10.05	11.99	39.18	44.91	39.69	3859
689	-	-	-	10.04	11.97	39.13	44.85	39.63	3854
688	-	3.16	4.59	10.03	11.95	39.07	44.79	39.57	3848
687	-	-	-	10.02	11.94	39.02	44.72	39.52	3843
686	1.48	-	4.58	10.01	11.92	38.96	44.66	39.46	3838
685	-	3.15	-	10.00	11.90	38.91	44.60	39.41	3832
684	-	-	4.57	9.99	11.89	38.86	44.54	39.35	3827
683	-	-	-	9.98	11.87	38.80	44.47	39.30	3822
682	-	3.14	4.56	9.97	11.85	38.75	44.41	39.24	3816
681	-	-	-	9.96	11.84	38.69	44.35	39.19	3811
680	-	-	4.55	9.95	11.82	38.64	44.29	39.13	3806
679	-	3.13	-	9.94	11.80	38.58	44.22	39.08	3800
678	-	-	4.54	9.93	11.79	38.53	44.16	39.02	3795
677	-	-	-	9.92	11.77	38.47	44.10	38.96	3790
676	1.47	3.12	4.53	9.91	11.75	38.42	44.04	38.91	3784
675	-	-	-	9.90	11.74	38.36	43.97	38.85	3779
674	-	-	-	9.89	11.72	38.31	43.91	38.80	3773
673	-	3.11	4.52	9.88	11.70	38.25	43.85	38.74	3768
672	-	-	-	9.87	11.69	38.20	43.79	38.69	3763
671	-	-	4.51	9.86	11.67	38.14	43.72	38.63	3757
670	-	3.10	-	9.85	11.65	38.09	43.66	38.58	3752
669	-	-	4.50	9.84	11.64	38.03	43.60	38.52	3747
668	-	-	-	9.83	11.62	37.98	43.54	38.46	3741
667	-	3.09	4.49	9.82	11.60	37.92	43.47	38.41	3736
666	1.46	-	-	9.81	11.59	37.87	43.41	38.35	3731
665	-	-	4.48	9.80	11.57	37.81	43.35	38.30	3725
664	-	3.08	-	9.79	11.55	37.76	43.29	38.24	3720
663	-	-	4.47	9.78	11.54	37.70	43.22	38.19	3714
662	-	-	-	9.77	11.52	37.65	43.16	38.13	3709
661	-	3.07	4.46	9.76	11.50	37.59	43.10	38.08	3704
660	-	-	-	9.75	11.49	37.54	43.04	38.02	3698
659	-	-	4.45	9.74	11.47	37.49	42.97	37.97	3693
658	-	3.06	-	9.73	11.45	37.43	42.91	37.91	3688
657	1.45	-	4.44	9.72	11.44	37.38	42.85	37.85	3682
656	-	-	-	9.71	11.42	37.32	42.79	37.80	3677
655	-	3.05	4.43	9.70	11.41	37.27	42.72	37.74	3672
654	-	-	-	9.69	11.39	37.21	42.66	37.69	3666
653	-	-	4.42	9.68	11.37	37.16	42.60	37.63	3661
652	-	3.04	-	9.67	11.36	37.10	42.54	37.58	3655
651	-	-	4.41	9.66	11.34	37.05	42.47	37.52	3650

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	-	9.65	11.32	36.99	42.41	37.47	3645	650
-	3.03	-	9.64	11.31	36.94	42.35	37.41	3639	649
-	-	4.40	9.63	11.29	36.88	42.29	37.35	3634	648
1.44	-	-	9.62	11.27	36.83	42.22	37.30	3629	647
-	3.02	4.39	9.61	11.26	36.77	42.16	37.24	3623	646
-	-	-	9.60	11.24	36.72	42.10	37.19	3618	645
-	-	4.38	9.59	11.22	36.66	42.04	37.13	3612	644
-	3.01	-	9.58	11.21	36.61	41.97	37.08	3607	643
-	-	4.37	9.57	11.19	36.55	41.91	37.02	3602	642
-	-	-	9.56	11.17	36.50	41.85	36.97	3596	641
-	3.00	4.36	9.55	11.16	36.44	41.79	36.91	3591	640
-	-	-	9.54	11.14	36.39	41.72	36.85	3586	639
-	-	4.35	9.53	11.12	36.33	41.66	36.80	3580	638
1.43	2.99	-	9.52	11.11	36.28	41.60	36.74	3575	637
-	-	4.34	9.51	11.09	36.22	41.54	36.69	3569	636
-	-	-	9.50	11.07	36.17	41.47	36.63	3564	635
-	2.98	4.33	9.49	11.06	36.11	41.41	36.58	3559	634
-	-	-	9.48	11.04	36.06	41.35	36.52	3553	633
-	-	4.32	9.47	11.02	36.00	41.29	36.47	3548	632
-	2.97	-	9.46	11.01	35.95	41.22	36.41	3543	631
-	-	4.31	9.45	10.99	35.90	41.16	36.35	3537	630
-	-	-	9.44	10.97	35.84	41.10	36.30	3532	629
1.42	2.96	4.30	9.43	10.96	35.79	41.03	36.24	3526	628
-	-	-	9.42	10.94	35.73	40.97	36.19	3521	627
-	-	-	9.41	10.92	35.68	40.91	36.13	3516	626
-	2.95	4.29	9.40	10.91	35.62	40.85	36.08	3510	625
-	-	-	9.39	10.89	35.57	40.78	36.02	3505	624
-	-	4.28	9.38	10.87	35.51	40.72	35.97	3500	623
-	2.94	-	9.37	10.86	35.46	40.66	35.91	3494	622
-	-	4.27	9.36	10.84	35.40	40.60	35.85	3489	621
-	-	-	9.35	10.82	35.35	40.53	35.80	3483	620
-	2.93	4.26	9.34	10.81	35.29	40.47	35.74	3478	619
1.41	-	-	9.33	10.79	35.24	40.41	35.69	3473	618
-	-	4.25	9.32	10.77	35.18	40.35	35.63	3467	617
-	2.92	-	9.31	10.76	35.13	40.28	35.58	3462	616
-	-	4.24	9.30	10.74	35.07	40.22	35.52	3456	615
-	-	-	9.29	10.72	35.02	40.16	35.47	3451	614
-	2.91	4.23	9.28	10.71	34.96	40.10	35.41	3446	613
-	-	-	9.27	10.69	34.91	40.03	35.35	3440	612
-	-	4.22	-	10.67	34.85	39.97	35.30	3435	611
-	2.90	-	9.26	10.66	34.80	39.91	35.24	3430	610
-	-	4.21	9.25	10.64	34.74	39.85	35.19	3424	609
1.40	-	-	9.24	10.62	34.69	39.78	35.13	3419	608
-	2.89	4.20	9.23	10.61	34.63	39.72	35.08	3413	607
-	-	-	9.22	10.59	34.58	39.66	35.02	3408	606
-	-	4.19	9.21	10.57	34.52	39.60	34.96	3403	605
-	2.88	-	9.20	10.56	34.47	39.53	34.91	3397	604
-	-	4.18	9.19	10.54	34.41	39.47	34.85	3392	603
-	-	-	9.18	10.52	34.36	39.41	34.80	3386	602
-	2.87	4.17	9.17	10.51	34.30	39.35	34.74	3381	601

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
600	-	-	-	9.16	10.49	34.25	39.28	34.69	3376
599	1.39	-	-	9.15	10.47	34.19	39.22	34.63	3370
598	-	2.86	4.16	9.14	10.46	34.14	39.16	34.58	3365
597	-	-	-	9.13	10.44	34.08	39.09	34.52	3359
596	-	-	4.15	9.12	10.42	34.03	39.03	34.46	3354
595	-	2.85	-	9.11	10.41	33.97	38.97	34.41	3349
594	-	-	4.14	9.10	10.39	33.92	38.91	34.35	3343
593	-	-	-	9.09	10.37	33.86	38.84	34.30	3338
592	-	2.84	4.13	9.08	10.36	33.81	38.78	34.24	3332
591	-	-	-	9.07	10.34	33.75	38.72	34.19	3327
590	-	-	4.12	9.06	10.32	33.70	38.66	34.13	3322
589	1.38	2.83	-	9.05	10.31	33.65	38.59	34.08	3316
588	-	-	4.11	9.04	10.29	33.59	38.53	34.02	3311
587	-	-	-	9.03	10.27	33.54	38.47	33.96	3305
586	-	2.82	4.10	9.02	10.26	33.48	38.41	33.91	3300
585	-	-	-	9.01	10.24	33.43	38.34	33.85	3295
584	-	-	4.09	9.00	10.22	33.37	38.28	33.80	3289
583	-	2.81	-	8.99	10.21	33.32	38.22	33.74	3284
582	-	-	4.08	8.98	10.19	33.26	38.16	33.69	3278
581	-	-	-	8.97	10.17	33.21	38.09	33.63	3273
580	-	2.80	4.07	8.96	10.16	33.15	38.03	33.57	3268
579	1.37	-	-	8.95	10.14	33.10	37.97	33.52	3262
578	-	-	4.06	8.94	10.12	33.04	37.90	33.46	3257
577	-	2.79	-	8.93	10.11	32.99	37.84	33.41	3251
576	-	-	4.05	8.92	10.09	32.93	37.78	33.35	3246
575	-	-	-	8.91	10.07	32.88	37.72	33.30	3241
574	-	2.78	4.04	8.90	10.06	32.82	37.65	33.24	3235
573	-	-	-	8.89	10.04	32.77	37.59	33.19	3230
572	-	-	-	8.88	10.02	32.71	37.53	33.13	3224
571	-	2.77	4.03	8.87	10.01	32.66	37.47	33.07	3219
570	1.36	-	-	8.86	9.99	32.60	37.40	33.02	3214
569	-	-	4.02	8.85	9.97	32.55	37.34	32.96	3208
568	-	2.76	-	8.84	9.96	32.49	37.28	32.91	3203
567	-	-	4.01	8.83	9.94	32.44	37.22	32.85	3197
566	-	-	-	8.82	9.92	32.38	37.15	32.80	3192
565	-	2.75	4.00	8.81	9.91	32.33	37.09	32.74	3186
564	-	-	-	8.80	9.89	32.27	37.03	32.68	3181
563	-	-	3.99	8.79	9.87	32.22	36.97	32.63	3176
562	-	2.74	-	8.78	9.86	32.16	36.90	32.57	3170
561	-	-	3.98	8.77	9.84	32.11	36.84	32.52	3165
560	1.35	-	-	8.76	9.82	32.05	36.78	32.46	3159
559	-	2.73	3.97	8.75	9.81	32.00	36.71	32.41	3154
558	-	-	-	8.74	9.79	31.94	36.65	32.35	3149
557	-	-	3.96	8.73	9.77	31.89	36.59	32.29	3143
556	-	2.72	-	8.72	9.76	31.83	36.53	32.24	3138
555	-	-	3.95	8.71	9.74	31.78	36.46	32.18	3132
554	-	-	-	8.70	9.72	31.72	36.40	32.13	3127
553	-	2.71	3.94	8.69	9.71	31.67	36.34	32.07	3122
552	-	-	-	8.68	9.69	31.61	36.28	32.02	3116
551	1.34	-	3.93	8.67	9.67	31.56	36.21	31.96	3111

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	2.70	-	8.66	9.66	31.50	36.15	31.91	3105	550
-	-	3.92	8.65	9.64	31.45	36.09	31.85	3100	549
-	-	-	8.64	9.62	31.39	36.03	31.79	3094	548
-	2.69	3.91	8.63	9.61	31.34	35.96	31.74	3089	547
-	-	-	8.62	9.59	31.28	35.90	31.68	3084	546
-	-	3.90	8.61	9.57	31.23	35.84	31.63	3078	545
-	2.68	-	8.60	9.56	31.17	35.77	31.57	3073	544
-	-	3.89	8.59	9.54	31.12	35.71	31.52	3067	543
-	-	-	8.58	9.52	31.06	35.65	31.46	3062	542
1.33	2.67	-	8.57	9.51	31.01	35.59	31.40	3056	541
-	-	3.88	8.56	9.49	30.95	35.52	31.35	3051	540
-	-	-	8.55	9.47	30.90	35.46	31.29	3046	539
-	2.66	3.87	8.54	9.46	30.84	35.40	31.24	3040	538
-	-	-	8.53	9.44	30.79	35.34	31.18	3035	537
-	-	3.86	8.52	9.42	30.73	35.27	31.13	3029	536
-	2.65	-	8.51	9.41	30.68	35.21	31.07	3024	535
-	-	3.85	8.50	9.39	30.62	35.15	31.01	3018	534
-	-	-	8.49	9.37	30.57	35.08	30.96	3013	533
1.32	2.64	3.84	8.48	9.36	30.51	35.02	30.90	3008	532
-	-	-	8.47	9.34	30.46	34.96	30.85	3002	531
-	-	3.83	8.46	9.32	30.40	34.90	30.79	2997	530
-	2.63	-	8.45	9.31	30.35	34.83	30.74	2991	529
-	-	3.82	8.44	9.29	30.29	34.77	30.68	2986	528
-	-	-	8.43	9.27	30.24	34.71	30.62	2980	527
-	2.62	3.81	8.42	9.26	30.18	34.65	30.57	2975	526
-	-	-	8.41	9.24	30.13	34.58	30.51	2970	525
-	-	3.80	8.40	9.22	30.07	34.52	30.46	2964	524
-	2.61	-	8.39	9.21	30.02	34.46	30.40	2959	523
1.31	-	3.79	8.38	9.19	29.96	34.39	30.35	2953	522
-	-	-	8.37	9.17	29.91	34.33	30.29	2948	521
-	2.60	3.78	8.36	9.16	29.85	34.27	30.23	2942	520
-	-	-	8.35	9.14	29.80	34.21	30.18	2937	519
-	-	3.77	8.33	9.12	29.74	34.14	30.12	2932	518
-	2.59	-	8.32	9.11	29.69	34.08	30.07	2926	517
-	-	3.76	8.31	9.09	29.63	34.02	30.01	2921	516
-	-	-	8.30	9.07	29.58	33.96	29.96	2915	515
-	2.58	3.75	8.29	9.06	29.52	33.89	29.90	2910	514
-	-	-	8.28	9.04	29.47	33.83	29.84	2904	513
1.30	2.57	3.74	8.27	9.02	29.41	33.77	29.79	2899	512
-	-	-	8.26	9.01	29.36	33.70	29.73	2894	511
-	-	3.73	8.25	8.99	29.30	33.64	29.68	2888	510
-	2.56	-	8.24	8.97	29.25	33.58	29.62	2883	509
-	-	-	8.23	8.96	29.19	33.52	29.57	2877	508
-	-	3.72	8.22	8.94	29.14	33.45	29.51	2872	507
-	2.55	-	8.21	8.92	29.08	33.39	29.45	2866	506
-	-	3.71	8.20	8.91	29.03	33.33	29.40	2861	505
-	-	-	8.19	8.89	28.97	33.27	29.34	2855	504
1.29	2.54	3.70	8.18	8.87	28.92	33.20	29.29	2850	503
-	-	-	8.17	8.86	28.86	33.14	29.23	2845	502
-	-	3.69	8.16	8.84	28.81	33.08	29.18	2839	501

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
500	-	2.53	-	8.15	8.82	28.75	33.01	29.12	2834
499	-	-	3.68	8.14	8.81	28.70	32.95	29.06	2828
498	-	-	-	8.13	8.79	28.64	32.89	29.01	2823
497	-	2.52	3.67	8.12	8.77	28.59	32.83	28.95	2817
496	-	-	-	8.11	8.76	28.53	32.76	28.90	2812
495	-	-	3.66	8.10	8.74	28.48	32.70	28.84	2806
494	-	2.51	-	8.09	8.72	28.42	32.64	28.79	2801
493	1.28	-	3.65	8.08	8.71	28.37	32.58	28.73	2796
492	-	-	-	8.07	8.69	28.31	32.51	28.67	2790
491	-	2.50	3.64	8.06	8.67	28.26	32.45	28.62	2785
490	-	-	-	8.05	8.66	28.20	32.39	28.56	2779
489	-	-	3.63	8.04	8.64	28.15	32.32	28.51	2774
488	-	2.49	-	8.03	8.62	28.09	32.26	28.45	2768
487	-	-	3.62	8.02	8.61	28.04	32.20	28.40	2763
486	-	-	-	8.01	8.59	27.98	32.14	28.34	2757
485	-	2.48	3.61	8.00	8.57	27.93	32.07	28.28	2752
484	1.27	-	-	7.99	8.56	27.87	32.01	28.23	2747
483	-	-	3.60	7.98	8.54	27.82	31.95	28.17	2741
482	-	2.47	-	7.97	8.52	27.76	31.88	28.12	2736
481	-	-	3.59	7.96	8.51	27.71	31.82	28.06	2730
480	-	-	-	7.95	8.49	27.65	31.76	28.00	2725
479	-	2.46	3.58	7.94	8.47	27.60	31.70	27.95	2719
478	-	-	-	7.93	8.46	27.54	31.63	27.89	2714
477	-	-	3.57	7.92	8.44	27.49	31.57	27.84	2708
476	-	2.45	-	7.91	8.42	27.43	31.51	27.78	2703
475	-	-	3.56	7.90	8.41	27.38	31.45	27.73	2697
474	1.26	-	-	7.89	8.39	27.32	31.38	27.67	2692
473	-	2.44	-	7.88	8.37	27.27	31.32	27.61	2687
472	-	-	3.55	7.87	8.36	27.21	31.26	27.56	2681
471	-	-	-	7.86	8.34	27.16	31.19	27.50	2676
470	-	2.43	3.54	7.85	8.32	27.10	31.13	27.45	2670
469	-	-	-	7.84	8.31	27.05	31.07	27.39	2665
468	-	-	3.53	7.83	8.29	26.99	31.01	27.34	2659
467	-	2.42	-	7.82	8.27	26.94	30.94	27.28	2654
466	-	-	3.52	7.81	8.26	26.88	30.88	27.22	2648
465	1.25	-	-	7.80	8.24	26.83	30.82	27.17	2643
464	-	2.41	3.51	7.79	8.22	26.77	30.75	27.11	2637
463	-	-	-	7.78	8.21	26.72	30.69	27.06	2632
462	-	-	3.50	7.77	8.19	26.66	30.63	27.00	2626
461	-	2.40	-	7.76	8.17	26.61	30.57	26.94	2621
460	-	-	3.49	7.75	8.16	26.55	30.50	26.89	2616
459	-	-	-	7.74	8.14	26.50	30.44	26.83	2610
458	-	2.39	3.48	7.73	8.12	26.44	30.38	26.78	2605
457	-	-	-	7.72	8.11	26.39	30.31	26.72	2599
456	-	-	3.47	7.71	8.09	26.33	30.25	26.67	2594
455	1.24	2.38	-	7.70	8.07	26.28	30.19	26.61	2588
454	-	-	3.46	7.69	8.06	26.22	30.13	26.55	2583
453	-	-	-	7.68	8.04	26.17	30.06	26.50	2577
452	-	2.37	3.45	7.67	8.02	26.11	30.00	26.44	2572
451	-	-	-	7.66	8.01	26.06	29.94	26.39	2566

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	3.44	7.65	7.99	26.00	29.87	26.33	2561	450
-	2.36	-	7.64	7.97	25.95	29.81	26.28	2555	449
-	-	3.43	7.63	7.96	25.89	29.75	26.22	2550	448
-	2.35	-	7.62	7.94	25.83	29.69	26.16	2544	447
1.23	-	3.42	7.61	7.92	25.78	29.62	26.11	2539	446
-	-	-	7.60	7.91	25.72	29.56	26.05	2534	445
-	2.34	3.41	7.59	7.89	25.67	29.50	26.00	2528	444
-	-	-	7.58	7.87	25.61	29.43	25.94	2523	443
-	-	3.40	7.57	7.86	25.56	29.37	25.88	2517	442
-	2.33	-	7.56	7.84	25.50	29.31	25.83	2512	441
-	-	3.39	7.55	7.82	25.45	29.25	25.77	2506	440
-	-	-	7.54	7.81	25.39	29.18	25.72	2501	439
-	2.32	3.38	7.53	7.79	25.34	29.12	25.66	2495	438
-	-	-	7.52	7.77	25.28	29.06	25.61	2490	437
1.22	-	3.37	7.51	7.76	25.23	28.99	25.55	2484	436
-	2.31	-	7.50	7.74	25.17	28.93	25.49	2479	435
-	-	3.36	7.49	7.72	25.12	28.87	25.44	2473	434
-	-	-	7.48	7.71	25.06	28.81	25.38	2468	433
-	2.30	-	7.47	7.69	25.01	28.74	25.33	2462	432
-	-	3.35	7.46	7.67	24.95	28.68	25.27	2457	431
-	-	-	7.45	7.66	24.90	28.62	25.21	2451	430
-	2.29	3.34	7.44	7.64	24.84	28.55	25.16	2446	429
-	-	-	7.43	7.62	24.79	28.49	25.10	2440	428
1.21	-	3.33	7.42	7.61	24.73	28.43	25.05	2435	427
-	2.28	-	7.41	7.59	24.68	28.37	24.99	2430	426
-	-	3.32	7.40	7.57	24.62	28.30	24.94	2424	425
-	-	-	7.39	7.56	24.57	28.24	24.88	2419	424
-	2.27	3.31	7.38	7.54	24.51	28.18	24.82	2413	423
-	-	-	7.37	7.52	24.46	28.11	24.77	2408	422
-	-	3.30	7.36	7.51	24.40	28.05	24.71	2402	421
-	2.26	-	7.35	7.49	24.35	27.99	24.66	2397	420
-	-	3.29	7.34	7.47	24.29	27.93	24.60	2391	419
-	-	-	7.33	7.46	24.24	27.86	24.54	2386	418
1.20	2.25	3.28	7.32	7.44	24.18	27.80	24.49	2380	417
-	-	-	7.31	7.42	24.13	27.74	24.43	2375	416
-	-	3.27	7.30	7.41	24.07	27.67	24.38	2369	415
-	2.24	-	7.29	7.39	24.02	27.61	24.32	2364	414
-	-	3.26	7.28	7.37	23.96	27.55	24.27	2358	413
-	-	-	7.27	7.36	23.91	27.49	24.21	2353	412
-	2.23	3.25	7.26	7.34	23.85	27.42	24.15	2347	411
-	-	-	7.25	7.32	23.80	27.36	24.10	2342	410
-	-	3.24	7.23	7.31	23.74	27.30	24.04	2336	409
1.19	2.22	-	7.22	7.29	23.69	27.23	23.99	2331	408
-	-	3.23	7.21	7.27	23.63	27.17	23.93	2325	407
-	-	-	7.20	7.26	23.57	27.11	23.87	2320	406
-	2.21	3.22	7.19	7.24	23.52	27.05	23.82	2314	405
-	-	-	7.18	7.22	23.46	26.98	23.76	2309	404
-	-	3.21	7.17	7.21	23.41	26.92	23.71	2303	403
-	2.20	-	7.16	7.19	23.35	26.86	23.65	2298	402
-	-	3.20	7.15	7.17	23.30	26.79	23.59	2292	401

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
400	-	2.19	-	7.14	7.15	23.24	26.73	23.54	2287
399	-	-	3.19	7.13	7.14	23.19	26.67	23.48	2281
398	1.18	-	-	7.12	7.12	23.13	26.61	23.43	2276
397	-	2.18	3.18	7.11	7.10	23.08	26.54	23.37	2270
396	-	-	-	7.10	7.09	23.02	26.48	23.32	2265
395	-	-	3.17	7.09	7.07	22.97	26.42	23.26	2259
394	-	2.17	-	7.08	7.05	22.91	26.35	23.20	2254
393	-	-	3.16	7.07	7.04	22.86	26.29	23.15	2248
392	-	-	-	7.06	7.02	22.80	26.23	23.09	2243
391	-	2.16	3.15	7.05	7.00	22.75	26.16	23.04	2237
390	-	-	-	7.04	6.99	22.69	26.10	22.98	2232
389	1.17	-	3.14	7.03	6.97	22.64	26.04	22.92	2226
388	-	2.15	-	7.02	6.95	22.58	25.98	22.87	2221
387	-	-	3.13	7.01	6.94	22.53	25.91	22.81	2215
386	-	-	-	7.00	6.92	22.47	25.85	22.76	2210
385	-	2.14	3.12	6.99	6.90	22.42	25.79	22.70	2204
384	-	-	-	6.98	6.89	22.36	25.72	22.64	2199
383	-	-	-	6.97	6.87	22.31	25.66	22.59	2193
382	-	2.13	3.11	6.96	6.85	22.25	25.60	22.53	2188
381	-	-	-	6.95	6.84	22.20	25.54	22.48	2182
380	1.16	-	3.10	6.94	6.82	22.14	25.47	22.42	2177
379	-	2.12	-	6.93	6.80	22.09	25.41	22.37	2171
378	-	-	3.09	6.92	6.79	22.03	25.35	22.31	2166
377	-	-	-	6.91	6.77	21.97	25.28	22.25	2160
376	-	2.11	3.08	6.90	6.75	21.92	25.22	22.20	2155
375	-	-	-	6.89	6.74	21.86	25.16	22.14	2149
374	-	-	3.07	6.88	6.72	21.81	25.10	22.09	2144
373	-	2.10	-	6.87	6.70	21.75	25.03	22.03	2138
372	-	-	3.06	6.86	6.69	21.70	24.97	21.97	2133
371	-	-	-	6.85	6.67	21.64	24.91	21.92	2127
370	1.15	2.09	3.05	6.84	6.65	21.59	24.84	21.86	2122
369	-	-	-	6.83	6.64	21.53	24.78	21.81	2116
368	-	-	3.04	6.82	6.62	21.48	24.72	21.75	2111
367	-	2.08	-	6.81	6.60	21.42	24.65	21.69	2105
366	-	-	3.03	6.80	6.59	21.37	24.59	21.64	2100
365	-	-	-	6.79	6.57	21.31	24.53	21.58	2094
364	-	2.07	3.02	6.78	6.55	21.26	24.47	21.53	2089
363	-	-	-	6.77	6.54	21.20	24.40	21.47	2083
362	-	-	3.01	6.76	6.52	21.15	24.34	21.41	2078
361	1.14	2.06	-	6.75	6.50	21.09	24.28	21.36	2072
360	-	-	3.00	6.74	6.49	21.04	24.21	21.30	2067
359	-	2.05	-	6.73	6.47	20.98	24.15	21.25	2061
358	-	-	2.99	6.72	6.45	20.93	24.09	21.19	2056
357	-	-	-	6.71	6.44	20.87	24.02	21.14	2050
356	-	2.04	2.98	6.70	6.42	20.82	23.96	21.08	2045
355	-	-	-	6.69	6.40	20.76	23.90	21.02	2039
354	-	-	2.97	6.68	6.39	20.71	23.84	20.97	2034
353	-	2.03	-	6.67	6.37	20.65	23.77	20.91	2028
352	-	-	2.96	6.66	6.35	20.59	23.71	20.86	2023
351	1.13	-	-	6.65	6.34	20.54	23.65	20.80	2017



HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	2.02	2.95	6.63	6.32	20.48	23.58	20.74	2012	350
-	-	-	6.62	6.30	20.43	23.52	20.69	2006	349
-	-	2.94	6.61	6.28	20.37	23.46	20.63	2000	348
-	2.01	-	6.60	6.27	20.32	23.39	20.58	1995	347
-	-	2.93	6.59	6.25	20.26	23.33	20.52	1989	346
-	-	-	6.58	6.23	20.21	23.27	20.46	1984	345
-	2.00	2.92	6.57	6.22	20.15	23.21	20.41	1978	344
-	-	-	6.56	6.20	20.10	23.14	20.35	1973	343
1.12	-	2.91	6.55	6.18	20.04	23.08	20.30	1967	342
-	1.99	-	6.54	6.17	19.99	23.02	20.24	1962	341
-	-	2.90	6.53	6.15	19.93	22.95	20.18	1956	340
-	-	-	6.52	6.13	19.88	22.89	20.13	1951	339
-	1.98	2.89	6.51	6.12	19.82	22.83	20.07	1945	338
-	-	-	6.50	6.10	19.77	22.76	20.02	1940	337
-	-	2.88	6.49	6.08	19.71	22.70	19.96	1934	336
-	1.97	-	6.48	6.07	19.66	22.64	19.90	1929	335
-	-	2.87	6.47	6.05	19.60	22.58	19.85	1923	334
1.11	-	-	6.46	6.03	19.55	22.51	19.79	1918	333
-	1.96	2.86	6.45	6.02	19.49	22.45	19.74	1912	332
-	-	-	6.44	6.00	19.43	22.39	19.68	1907	331
-	-	2.85	6.43	5.98	19.38	22.32	19.62	1901	330
-	1.95	-	6.42	5.97	19.32	22.26	19.57	1896	329
-	-	2.84	6.41	5.95	19.27	22.20	19.51	1890	328
-	-	-	6.40	5.93	19.21	22.13	19.46	1884	327
-	1.94	2.83	6.39	5.92	19.16	22.07	19.40	1879	326
-	-	-	6.38	5.90	19.10	22.01	19.34	1873	325
-	1.93	2.82	6.37	5.88	19.05	21.95	19.29	1868	324
1.10	-	-	6.36	5.87	18.99	21.88	19.23	1862	323
-	-	2.81	6.35	5.85	18.94	21.82	19.18	1857	322
-	1.92	-	6.34	5.83	18.88	21.76	19.12	1851	321
-	-	2.80	6.33	5.82	18.83	21.69	19.06	1846	320
-	-	-	6.32	5.80	18.77	21.63	19.01	1840	319
-	1.91	2.79	6.31	5.78	18.72	21.57	18.95	1835	318
-	-	-	6.30	5.77	18.66	21.50	18.90	1829	317
-	-	-	6.29	5.75	18.61	21.44	18.84	1824	316
-	1.90	2.78	6.28	5.73	18.55	21.38	18.78	1818	315
1.09	-	-	6.27	5.72	18.50	21.32	18.73	1812	314
-	-	2.77	6.26	5.70	18.44	21.25	18.67	1807	313
-	1.89	-	6.25	5.68	18.38	21.19	18.62	1801	312
-	-	2.76	6.24	5.67	18.33	21.13	18.56	1796	311
-	-	-	6.23	5.65	18.27	21.06	18.50	1790	310
-	1.88	2.75	6.22	5.63	18.22	21.00	18.45	1785	309
-	-	-	6.21	5.61	18.16	20.94	18.39	1779	308
-	-	2.74	6.20	5.60	18.11	20.87	18.34	1774	307
-	1.87	-	6.19	5.58	18.05	20.81	18.28	1768	306
-	-	2.73	6.17	5.56	18.00	20.75	18.22	1763	305
1.08	-	-	6.16	5.55	17.94	20.68	18.17	1757	304
-	1.86	2.72	6.15	5.53	17.89	20.62	18.11	1752	303
-	-	-	6.14	5.51	17.83	20.56	18.06	1746	302
-	-	2.71	6.13	5.50	17.78	20.50	18.00	1740	301

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
300	-	1.85	-	6.12	5.48	17.72	20.43	17.94	1735
299	-	-	2.70	6.11	5.46	17.67	20.37	17.89	1729
298	-	-	-	6.10	5.45	17.61	20.31	17.83	1724
297	-	1.84	2.69	6.09	5.43	17.56	20.24	17.78	1718
296	-	-	-	6.08	5.41	17.50	20.18	17.72	1713
295	1.07	-	2.68	6.07	5.40	17.44	20.12	17.66	1707
294	-	1.83	-	6.06	5.38	17.39	20.05	17.61	1702
293	-	-	2.67	6.05	5.36	17.33	19.99	17.55	1696
292	-	1.82	-	6.04	5.35	17.28	19.93	17.50	1691
291	-	-	2.66	6.03	5.33	17.22	19.86	17.44	1685
290	-	-	-	6.02	5.31	17.17	19.80	17.38	1679
289	-	1.81	2.65	6.01	5.30	17.11	19.74	17.33	1674
288	-	-	-	6.00	5.28	17.06	19.68	17.27	1668
287	-	-	2.64	5.99	5.26	17.00	19.61	17.22	1663
286	1.06	1.80	-	5.98	5.25	16.95	19.55	17.16	1657
285	-	-	2.63	5.97	5.23	16.89	19.49	17.10	1652
284	-	-	-	5.96	5.21	16.84	19.42	17.05	1646
283	-	1.79	2.62	5.95	5.20	16.78	19.36	16.99	1641
282	-	-	-	5.94	5.18	16.73	19.30	16.94	1635
281	-	-	2.61	5.93	5.16	16.67	19.23	16.88	1629
280	-	1.78	-	5.92	5.15	16.61	19.17	16.82	1624
279	-	-	2.60	5.91	5.13	16.56	19.11	16.77	1618
278	-	-	-	5.90	5.11	16.50	19.04	16.71	1613
277	-	1.77	2.59	5.89	5.10	16.45	18.98	16.66	1607
276	1.05	-	-	5.88	5.08	16.39	18.92	16.60	1602
275	-	-	2.58	5.87	5.06	16.34	18.86	16.54	1596
274	-	1.76	-	5.86	5.04	16.28	18.79	16.49	1591
273	-	-	2.57	5.85	5.03	16.23	18.73	16.43	1585
272	-	-	-	5.84	5.01	16.17	18.67	16.38	1579
271	-	1.75	2.56	5.83	4.99	16.12	18.60	16.32	1574
270	-	-	-	5.82	4.98	16.06	18.54	16.26	1568
269	-	-	2.55	5.81	4.96	16.01	18.48	16.21	1563
268	-	1.74	-	5.80	4.94	15.95	18.41	16.15	1557
267	1.04	-	2.54	5.79	4.93	15.90	18.35	16.10	1552
266	-	-	-	5.77	4.91	15.84	18.29	16.04	1546
265	-	1.73	2.53	5.76	4.89	15.78	18.22	15.98	1541
264	-	-	-	5.75	4.88	15.73	18.16	15.93	1535
263	-	1.72	2.52	5.74	4.86	15.67	18.10	15.87	1529
262	-	-	-	5.73	4.84	15.62	18.03	15.82	1524
261	-	-	2.51	5.72	4.83	15.56	17.97	15.76	1518
260	-	1.71	-	5.71	4.81	15.51	17.91	15.70	1513
259	-	-	2.50	5.70	4.79	15.45	17.85	15.65	1507
258	1.03	-	-	5.69	4.78	15.40	17.78	15.59	1502
257	-	1.70	2.49	5.68	4.76	15.34	17.72	15.53	1496
256	-	-	-	5.67	4.74	15.29	17.66	15.48	1490
255	-	-	2.48	5.66	4.73	15.23	17.59	15.42	1485
254	-	1.69	-	5.65	4.71	15.18	17.53	15.37	1479
253	-	-	2.47	5.64	4.69	15.12	17.47	15.31	1474
252	-	-	-	5.63	4.68	15.07	17.40	15.25	1468
251	-	1.68	2.46	5.62	4.66	15.01	17.34	15.20	1463

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	-	5.61	4.64	14.95	17.28	15.14	1457	250
-	-	2.45	5.60	4.63	14.90	17.21	15.09	1451	249
1.02	1.67	-	5.59	4.61	14.84	17.15	15.03	1446	248
-	-	2.44	5.58	4.59	14.79	17.09	14.97	1440	247
-	-	-	5.57	4.58	14.73	17.02	14.92	1435	246
-	1.66	2.43	5.56	4.56	14.68	16.96	14.86	1429	245
-	-	-	5.55	4.54	14.62	16.90	14.81	1424	244
-	-	2.42	5.54	4.52	14.57	16.84	14.75	1418	243
-	1.65	-	5.53	4.51	14.51	16.77	14.69	1412	242
-	-	2.41	5.52	4.49	14.46	16.71	14.64	1407	241
-	-	-	5.51	4.47	14.40	16.65	14.58	1401	240
1.01	1.64	2.40	5.50	4.46	14.35	16.58	14.53	1396	239
-	-	-	5.49	4.44	14.29	16.52	14.47	1390	238
-	1.63	2.39	5.48	4.42	14.23	16.46	14.41	1385	237
-	-	-	5.47	4.41	14.18	16.39	14.36	1379	236
-	-	2.38	5.46	4.39	14.12	16.33	14.30	1373	235
-	1.62	-	5.45	4.37	14.07	16.27	14.24	1368	234
-	-	2.37	5.44	4.36	14.01	16.20	14.19	1362	233
-	-	-	5.42	4.34	13.96	16.14	14.13	1357	232
-	1.61	2.36	5.41	4.32	13.90	16.08	14.08	1351	231
1.00	-	-	5.40	4.31	13.85	16.01	14.02	1345	230
-	-	2.35	5.39	4.29	13.79	15.95	13.96	1340	229
-	1.60	-	5.38	4.27	13.74	15.89	13.91	1334	228
-	-	2.34	5.37	4.26	13.68	15.82	13.85	1329	227
-	-	-	5.36	4.24	13.63	15.76	13.80	1323	226
-	1.59	2.33	5.35	4.22	13.57	15.70	13.74	1318	225
-	-	-	5.34	4.21	13.51	15.64	13.68	1312	224
-	-	2.32	5.33	4.19	13.46	15.57	13.63	1306	223
-	1.58	-	5.32	4.17	13.40	15.51	13.57	1301	222
-	-	2.31	5.31	4.16	13.35	15.45	13.52	1295	221
0.99	-	-	5.30	4.14	13.29	15.38	13.46	1290	220
-	1.57	2.30	5.29	4.12	13.24	15.32	13.40	1284	219
-	-	-	5.28	4.11	13.18	15.26	13.35	1278	218
-	-	2.29	5.27	4.09	13.13	15.19	13.29	1273	217
-	1.56	-	5.26	4.07	13.07	15.13	13.23	1267	216
-	-	2.28	5.25	4.05	13.02	15.07	13.18	1262	215
-	-	-	5.24	4.04	12.96	15.00	13.12	1256	214
-	1.55	2.27	5.23	4.02	12.91	14.94	13.07	1250	213
-	-	-	5.22	4.00	12.85	14.88	13.01	1245	212
0.98	1.54	2.26	5.21	3.99	12.79	14.81	12.95	1239	211
-	-	-	5.20	3.97	12.74	14.75	12.90	1234	210
-	-	2.25	5.19	3.95	12.68	14.69	12.84	1228	209
-	1.53	-	5.18	3.94	12.63	14.62	12.79	1223	208
-	-	2.24	5.17	3.92	12.57	14.56	12.73	1217	207
-	-	-	5.16	3.90	12.52	14.50	12.67	1211	206
-	1.52	2.23	5.15	3.89	12.46	14.43	12.62	1206	205
-	-	-	5.14	3.87	12.41	14.37	12.56	1200	204
-	-	2.22	5.13	3.85	12.35	14.31	12.50	1195	203
0.97	1.51	-	5.11	3.84	12.30	14.24	12.45	1189	202
-	-	2.21	5.10	3.82	12.24	14.18	12.39	1183	201

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
200	-	-	-	5.09	3.80	12.18	14.12	12.34	1178
199	-	1.50	2.20	5.08	3.79	12.13	14.05	12.28	1172
198	-	-	-	5.07	3.77	12.07	13.99	12.22	1167
197	-	-	2.19	5.06	3.75	12.02	13.93	12.17	1161
196	-	1.49	-	5.05	3.74	11.96	13.87	12.11	1155
195	-	-	2.18	5.04	3.72	11.91	13.80	12.06	1150
194	-	-	-	5.03	3.70	11.85	13.74	12.00	1144
193	0.96	1.48	2.17	5.02	3.69	11.80	13.68	11.94	1139
192	-	-	-	5.01	3.67	11.74	13.61	11.89	1133
191	-	-	2.16	5.00	3.65	11.69	13.55	11.83	1127
190	-	1.47	-	4.99	3.63	11.63	13.49	11.77	1122
189	-	-	2.15	4.98	3.62	11.57	13.42	11.72	1116
188	-	1.46	-	4.97	3.60	11.52	13.36	11.66	1111
187	-	-	2.14	4.96	3.58	11.46	13.30	11.61	1105
186	-	-	-	4.95	3.57	11.41	13.23	11.55	1099
185	-	1.45	2.13	4.94	3.55	11.35	13.17	11.49	1094
184	-	-	-	4.93	3.53	11.30	13.11	11.44	1088
183	0.95	-	2.12	4.92	3.52	11.24	13.04	11.38	1083
182	-	1.44	-	4.91	3.50	11.19	12.98	11.33	1077
181	-	-	2.11	4.90	3.48	11.13	12.92	11.27	1071
180	-	-	-	4.89	3.47	11.08	12.85	11.21	1066
179	-	1.43	2.10	4.88	3.45	11.02	12.79	11.16	1060
178	-	-	-	4.87	3.43	10.96	12.73	11.10	1054
177	-	-	2.09	4.86	3.42	10.91	12.66	11.04	1049
176	-	1.42	-	4.85	3.40	10.85	12.60	10.99	1043
175	-	-	2.08	4.84	3.38	10.80	12.54	10.93	1038
174	0.94	-	-	4.82	3.37	10.74	12.47	10.88	1032
173	-	1.41	2.07	4.81	3.35	10.69	12.41	10.82	1026
172	-	-	-	4.80	3.33	10.63	12.35	10.76	1021
171	-	-	2.06	4.79	3.32	10.58	12.28	10.71	1015
170	-	1.40	-	4.78	3.30	10.52	12.22	10.65	1010
169	-	-	2.05	4.77	3.28	10.47	12.16	10.59	1004
168	-	-	-	4.76	3.26	10.41	12.09	10.54	998
167	-	1.39	2.04	4.75	3.25	10.35	12.03	10.48	993
166	-	-	-	4.74	3.23	10.30	11.97	10.43	987
165	0.93	1.38	2.03	4.73	3.21	10.24	11.90	10.37	981
164	-	-	-	4.72	3.20	10.19	11.84	10.31	976
163	-	-	2.02	4.71	3.18	10.13	11.78	10.26	970
162	-	1.37	-	4.70	3.16	10.08	11.71	10.20	965
161	-	-	2.01	4.69	3.15	10.02	11.65	10.15	959
160	-	-	-	4.68	3.13	9.97	11.59	10.09	953
159	-	1.36	2.00	4.67	3.11	9.91	11.52	10.03	948
158	-	-	-	4.66	3.10	9.86	11.46	9.98	942
157	-	-	1.99	4.65	3.08	9.80	11.40	9.92	937
156	0.92	1.35	-	4.64	3.06	9.74	11.33	9.86	931
155	-	-	1.98	4.63	3.05	9.69	11.27	9.81	925
154	-	-	-	4.62	3.03	9.63	11.21	9.75	920
153	-	1.34	1.97	4.61	3.01	9.58	11.15	9.70	914
152	-	-	-	4.60	3.00	9.52	11.08	9.64	908
151	-	-	1.96	4.59	2.98	9.47	11.02	9.58	903

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	1.33	-	4.58	2.96	9.41	10.96	9.53	897	150
-	-	1.95	4.57	2.95	9.36	10.89	9.47	892	149
-	-	-	4.55	2.93	9.30	10.83	9.41	886	148
-	1.32	1.94	4.54	2.91	9.24	10.77	9.36	880	147
0.91	-	-	4.53	2.89	9.19	10.70	9.30	875	146
-	1.31	1.93	4.52	2.88	9.13	10.64	9.25	869	145
-	-	-	4.51	2.86	9.08	10.58	9.19	863	144
-	-	1.92	4.50	2.84	9.02	10.51	9.13	858	143
-	1.30	-	4.49	2.83	8.97	10.45	9.08	852	142
-	-	1.91	4.48	2.81	8.91	10.39	9.02	847	141
-	-	-	4.47	2.79	8.86	10.32	8.96	841	140
-	1.29	1.90	4.46	2.78	8.80	10.26	8.91	835	139
-	-	-	4.45	2.76	8.75	10.20	8.85	830	138
0.90	-	1.89	4.44	2.74	8.69	10.13	8.80	824	137
-	1.28	-	4.43	2.73	8.63	10.07	8.74	818	136
-	-	1.88	4.42	2.71	8.58	10.01	8.68	813	135
-	-	-	4.41	2.69	8.52	9.94	8.63	807	134
-	1.27	1.87	4.40	2.68	8.47	9.88	8.57	801	133
-	-	-	4.39	2.66	8.41	9.82	8.51	796	132
-	-	1.86	4.38	2.64	8.36	9.75	8.46	790	131
-	1.26	-	4.37	2.63	8.30	9.69	8.40	785	130
-	-	1.85	4.36	2.61	8.25	9.63	8.35	779	129
0.89	-	-	4.35	2.59	8.19	9.56	8.29	773	128
-	1.25	1.84	4.34	2.58	8.13	9.50	8.23	768	127
-	-	-	4.33	2.56	8.08	9.44	8.18	762	126
-	1.24	1.83	4.32	2.54	8.02	9.37	8.12	756	125
-	-	-	4.31	2.52	7.97	9.31	8.06	751	124
-	-	1.82	4.29	2.51	7.91	9.25	8.01	745	123
-	1.23	-	4.28	2.49	7.86	9.18	7.95	739	122
-	-	1.81	4.27	2.47	7.80	9.12	7.90	734	121
-	-	-	4.26	2.46	7.75	9.06	7.84	728	120
0.88	1.22	1.80	4.25	2.44	7.69	8.99	7.78	723	119
-	-	-	4.24	2.42	7.63	8.93	7.73	717	118
-	-	1.79	4.23	2.41	7.58	8.87	7.67	711	117
-	1.21	-	4.22	2.39	7.52	8.80	7.61	706	116
-	-	1.78	4.21	2.37	7.47	8.74	7.56	700	115
-	-	-	4.20	2.36	7.41	8.68	7.50	694	114
-	1.20	1.77	4.19	2.34	7.36	8.61	7.45	689	113
-	-	-	4.18	2.32	7.30	8.55	7.39	683	112
-	-	1.76	4.17	2.31	7.25	8.49	7.33	677	111
0.87	1.19	-	4.16	2.29	7.19	8.42	7.28	672	110
-	-	1.75	4.15	2.27	7.13	8.36	7.22	666	109
-	-	-	4.14	2.26	7.08	8.30	7.16	660	108
-	1.18	1.74	4.13	2.24	7.02	8.23	7.11	655	107
-	-	-	4.12	2.22	6.97	8.17	7.05	649	106
-	1.17	1.73	4.11	2.20	6.91	8.11	7.00	643	105
-	-	-	4.10	2.19	6.86	8.04	6.94	638	104
-	-	1.72	4.09	2.17	6.80	7.98	6.88	632	103
-	1.16	-	4.08	2.15	6.75	7.92	6.83	627	102
-	-	1.71	4.07	2.14	6.69	7.85	6.77	621	101

Points	HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon
100	0.86	-	-	4.05	2.12	6.63	7.79	6.71	615
99	-	1.15	1.70	4.04	2.10	6.58	7.72	6.66	610
98	-	-	-	4.03	2.09	6.52	7.66	6.60	604
97	-	-	1.69	4.02	2.07	6.47	7.60	6.55	598
96	-	1.14	-	4.01	2.05	6.41	7.53	6.49	593
95	-	-	1.68	4.00	2.04	6.36	7.47	6.43	587
94	-	-	-	3.99	2.02	6.30	7.41	6.38	581
93	-	1.13	1.67	3.98	2.00	6.25	7.34	6.32	576
92	-	-	-	3.97	1.99	6.19	7.28	6.26	570
91	0.85	-	1.66	3.96	1.97	6.13	7.22	6.21	564
90	-	1.12	-	3.95	1.95	6.08	7.15	6.15	559
89	-	-	1.65	3.94	1.94	6.02	7.09	6.09	553
88	-	-	-	3.93	1.92	5.97	7.03	6.04	547
87	-	1.11	1.64	3.92	1.90	5.91	6.96	5.98	542
86	-	-	-	3.91	1.88	5.86	6.90	5.93	536
85	-	1.10	1.63	3.90	1.87	5.80	6.84	5.87	530
84	-	-	-	3.89	1.85	5.75	6.77	5.81	525
83	-	-	1.62	3.88	1.83	5.69	6.71	5.76	519
82	0.84	1.09	-	3.87	1.82	5.63	6.65	5.70	513
81	-	-	1.61	3.86	1.80	5.58	6.58	5.64	508
80	-	-	-	3.85	1.78	5.52	6.52	5.59	502
79	-	1.08	1.60	3.84	1.77	5.47	6.46	5.53	496
78	-	-	-	3.82	1.75	5.41	6.39	5.48	491
77	-	-	1.59	3.81	1.73	5.36	6.33	5.42	485
76	-	1.07	-	3.80	1.72	5.30	6.27	5.36	479
75	-	-	1.58	3.79	1.70	5.24	6.20	5.31	474
74	-	-	-	3.78	1.68	5.19	6.14	5.25	468
73	0.83	1.06	1.57	3.77	1.67	5.13	6.08	5.19	462
72	-	-	-	3.76	1.65	5.08	6.01	5.14	457
71	-	-	1.56	3.75	1.63	5.02	5.95	5.08	451
70	-	1.05	-	3.74	1.62	4.97	5.89	5.02	445
69	-	-	1.55	3.73	1.60	4.91	5.82	4.97	440
68	-	1.04	-	3.72	1.58	4.86	5.76	4.91	434
67	-	-	1.54	3.71	1.56	4.80	5.70	4.86	428
66	-	-	-	3.70	1.55	4.74	5.63	4.80	423
65	-	1.03	1.53	3.69	1.53	4.69	5.57	4.74	417
64	0.82	-	1.52	3.68	1.51	4.63	5.51	4.69	411
63	-	-	-	3.67	1.50	4.58	5.44	4.63	406
62	-	1.02	1.51	3.66	1.48	4.52	5.38	4.57	400
61	-	-	-	3.65	1.46	4.47	5.32	4.52	394
60	-	-	1.50	3.64	1.45	4.41	5.25	4.46	389
59	-	1.01	-	3.63	1.43	4.35	5.19	4.41	383
58	-	-	1.49	3.62	1.41	4.30	5.13	4.35	377
57	-	-	-	3.60	1.40	4.24	5.06	4.29	372
56	-	1.00	1.48	3.59	1.38	4.19	5.00	4.24	366
55	0.81	-	-	3.58	1.36	4.13	4.93	4.18	360
54	-	-	1.47	3.57	1.35	4.08	4.87	4.12	355
53	-	0.99	-	3.56	1.33	4.02	4.81	4.07	349
52	-	-	1.46	3.55	1.31	3.97	4.74	4.01	343
51	-	0.98	-	3.54	1.29	3.91	4.68	3.95	338

HJ	PV	LJ	TJ	SP	DT	HT	JT	Heptathlon	Points
-	-	1.45	3.53	1.28	3.85	4.62	3.90	332	50
-	-	-	3.52	1.26	3.80	4.55	3.84	326	49
-	0.97	1.44	3.51	1.24	3.74	4.49	3.79	320	48
-	-	-	3.50	1.23	3.69	4.43	3.73	315	47
-	-	1.43	3.49	1.21	3.63	4.36	3.67	309	46
0.80	0.96	-	3.48	1.19	3.58	4.30	3.62	303	45
-	-	1.42	3.47	1.18	3.52	4.24	3.56	298	44
-	-	-	3.46	1.16	3.46	4.17	3.50	292	43
-	0.95	1.41	3.45	1.14	3.41	4.11	3.45	286	42
-	-	-	3.44	1.13	3.35	4.05	3.39	281	41
-	-	1.40	3.43	1.11	3.30	3.98	3.33	275	40
-	0.94	-	3.42	1.09	3.24	3.92	3.28	269	39
-	-	1.39	3.41	1.08	3.19	3.86	3.22	264	38
-	-	-	3.39	1.06	3.13	3.79	3.17	258	37
0.79	0.93	1.38	3.38	1.04	3.08	3.73	3.11	252	36
-	-	-	3.37	1.02	3.02	3.67	3.05	247	35
-	0.92	1.37	3.36	1.01	2.96	3.60	3.00	241	34
-	-	-	3.35	0.99	2.91	3.54	2.94	235	33
-	-	1.36	3.34	0.97	2.85	3.47	2.88	230	32
-	0.91	-	3.33	0.96	2.80	3.41	2.83	224	31
-	-	1.35	3.32	0.94	2.74	3.35	2.77	218	30
-	-	-	3.31	0.92	2.69	3.28	2.71	212	29
-	0.90	1.34	3.30	0.91	2.63	3.22	2.66	207	28
0.78	-	-	3.29	0.89	2.57	3.16	2.60	201	27
-	-	1.33	3.28	0.87	2.52	3.09	2.54	195	26
-	0.89	-	3.27	0.86	2.46	3.03	2.49	190	25
-	-	1.32	3.26	0.84	2.41	2.97	2.43	184	24
-	-	-	3.25	0.82	2.35	2.90	2.38	178	23
-	0.88	1.31	3.24	0.81	2.30	2.84	2.32	173	22
-	-	-	3.23	0.79	2.24	2.78	2.26	167	21
-	-	1.30	3.22	0.77	2.18	2.71	2.21	161	20
-	0.87	-	3.21	0.75	2.13	2.65	2.15	155	19
0.77	-	1.29	3.19	0.74	2.07	2.59	2.09	150	18
-	0.86	-	3.18	0.72	2.02	2.52	2.04	144	17
-	-	1.28	3.17	0.70	1.96	2.46	1.98	138	16
-	-	-	3.16	0.69	1.91	2.40	1.92	133	15
-	0.85	1.27	3.15	0.67	1.85	2.33	1.87	127	14
-	-	-	3.14	0.65	1.79	2.27	1.81	121	13
-	-	1.26	3.13	0.64	1.74	2.20	1.76	116	12
-	0.84	-	3.12	0.62	1.68	2.14	1.70	110	11
-	-	1.25	3.11	0.60	1.63	2.08	1.64	104	10
0.76	-	-	3.10	0.59	1.57	2.01	1.59	98	9
-	0.83	1.24	3.09	0.57	1.52	1.95	1.53	93	8
-	-	-	3.08	0.55	1.46	1.89	1.47	87	7
-	-	1.23	3.07	0.54	1.40	1.82	1.42	81	6
-	0.82	-	3.06	0.52	1.35	1.76	1.36	76	5
-	-	1.22	3.05	0.50	1.29	1.70	1.30	70	4
-	-	-	3.04	0.48	1.24	1.63	1.25	64	3
-	0.81	1.21	3.03	0.47	1.18	1.57	1.19	59	2
-	-	1.20	3.02	0.45	1.13	1.51	1.13	53	1

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